

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-04-2018 Morning

## Event 21 Girls 11 Year Olds 200 LC Meter Breaststroke

National: 2:52.69 2007		Lama Tarik Hassan Al Shahary		
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Finals</b>				
2	Haya Mohamed Samir	11	AHLY	NT
3	Nour Amr Abd Ullah Fekry	11	SHOOT	NT
4	Shahd Ahmed Abd ElBaky El	11	SHAMS	NT
5	Joumana Ahmed Abd Elmenii	11	SHROK	NT
6	Shahd Gamaleldin Mahmud A	11	6 OCT	NT
7	Jana Wael Mohamed	11	HLWAN	NT
8	Khadega Ahmed ali abd el Az	11	HELOP	NT
<b>Heat 2 of 11 Finals</b>				
1	Haneen Tamer Ahmed	11	DEGLA	NT
2	Marym Soulyman Badea	11	6 OCT	NT
3	Gnah Mohamed Seed Elgaret	11	6 OCT	NT
4	Aida Mohamed Saad Selim El	11	MAADI	NT
5	Nabila Hassan Ismail	11	MOSTA	NT
6	Lama Khaled Mohamed	11	Gezira El Ward	NT
7	Janah Ayman Abdelatief	11	Smouha	NT
8	Basant Mohamed Abdelftah	11	Bank Ahly Alex	NT
9	Aishaa Mohamed Yossef	11	GHABA	NT
10	Karma Tarek Mahmoud Elgar	11	SHOOT	NT
<b>Heat 3 of 11 Finals</b>				
1	Joudy Ahmed Ebrahim	11	Alexandria	NT
2	Zeina Waled Ahmed	11	SHOOT	NT
3	Habiba Mahmoud Shawky	11	El Obour	NT
4	Roaa Ahmed Darwish	11	DEGLA	NT
5	Nour Mohamed Abdelftah	11	Taleaa El Gish	NT
6	Jana Emad EL Gyoshy	11	DEGLA	NT
7	Nada Mohamed Ahmed Kafal	11	ZMALK	NT
8	Lena Hany Mohamed	11	AHLY	NT
9	Farah Emad Hamed	11	RWAD	NT
10	Rawdaa Mahmoud Hammad	11	Al Shehk Zaeid	NT
<b>Heat 4 of 11 Finals</b>				
1	Rawan Samer Abdelaleem	11	ENPPI	4:01.19
2	Haya Mostafa Husin Fathah	11	TANTA	3:57.42
3	Jana Amin Atef	11	DEGLA	3:53.59
4	Khadega abd el Azez Glal	11	HELOP	3:52.19
5	Hana Naseir Mohamed Ahme	11	ZMALK	3:47.26
6	Malak Amir Mohamed Eisa	11	GHABA	3:50.12
7	Malak Ahmed Abdallah	11	RWAD	3:52.26
8	Farah Ahmed Ezzat Yousef	11	Al Hawar	3:53.70
9	Layal Waled Sayd Hssn	11	6 OCT	4:00.18
10	Batool Wessam Gowan Gamil	11	RWAD	4:05.80
<b>Heat 5 of 11 Finals</b>				
1	Rawan Mostafa Gamal AL Din	11	RWAD	3:45.98
2	Jody Amr Mohamed Ghait	11	SHOOT	3:44.83
3	Hana Khaled Aglan	11	HELOP	3:42.98
4	Farida Tamer Mohamed	11	AHLY	3:42.59
5	Roaa Hossam Ali	11	DEGLA	3:41.30
6	Gana amr Magdy	11	ZMALK	3:41.89
7	Hana el Sayed Ahmed el Saeic	11	Al Hawar	3:42.85
8	Habeba Mohmed Bdr Nasser	11	6 OCT	3:43.10
9	Goody Hassan Mohamed	11	AHRAM	3:45.81
10	Nourhan Mahmoud Mohame	11	El Obour	3:46.60

## Heat 6 of 11 Finals

1	Jana Nabil Mohamed	11	GHABA	3:39.91
2	Aroua Karam Khaled Ahmed	11	SHAMS	3:38.19
3	Gana Ahmed Mohamed	11	M.ARB	3:37.31
4	Kenzy Mohamed Ahmed el Sf	11	Al Hawar	3:36.27
5	Jomana Hamdy Ameen	11	ZOHUR	3:35.80
6	Donia Ahmed Mohamed	11	TALBE	3:36.08
7	Gomana Abdelmonam Ghone	11	Taleaa El Gish	3:36.39
8	Jana Mahmoud Nabeh	11	GHABA	3:37.84
9	Jana Emad Eldin Abd Elrady	11	SHROK	3:39.05
10	Mera Ashraf Nazmy	11	Cairo	3:40.70

## Heat 7 of 11 Finals

1	Maria Ehab Sabet	11	HELOP	3:34.49
2	Salma Shwky Mahrous	11	SHOOT	3:33.69
3	Souhaila Ehab Mohamed	11	ZMALK	3:32.93
4	Judy Hesham Kamal	11	DEGLA	3:32.60
5	Shorok Ayman Abd Elfatah El	11	NASR	3:31.99
6	Ziena Gasser Gamil	11	Cairo	3:32.35
7	Sara Amro Moh. Abd Elfatah l	11	GEZIR	3:32.63
8	Kanzy Waled Hamad	11	Smouha	3:33.03
9	Jana Ahmed Saied	11	Cairo	3:33.89
10	Khadija Osama Zein Eldin	11	SHOOT	3:35.03

## Heat 8 of 11 Finals

1	Maryam Sherif Fawzy	11	AHRAM	3:31.78
2	Serein Sherif Mahmoud	11	ZMALK	3:30.52
3	Salma Sherif Mohamed Sayed	11	SHAMS	3:29.56
4	Malak Mohamed Fayek Elsaw	11	Smouha	3:27.16
5	Mariam Mohamed Soliman A	11	DEGLA	3:25.61
6	Hana Ahmed Elsanhory	11	Smouha	3:26.00
7	Malak Yasser Mohamed Abde	11	Stad Mansoura	3:27.66
8	Hana Hany Elkholy	11	TANTA	3:30.16
9	Renad Tarek Ahmed Hamdy	11	HELDO	3:30.76
10	Hala Hisham Elsaad	11	ENPPI	3:31.78

## Heat 9 of 11 Finals

1	Sama Mohamed Abdelhamid	11	Olympic	3:24.51
2	Karma Mohamed Elwakiel	11	Smouha	3:24.07
3	Misk Mahmoud Mostafa	11	ZMALK	3:23.93
4	Malak Mostafa Mohamed	11	SHOOT	3:22.78
5	Rodina Sharif Salah Eddin	11	AHRAM	3:21.93
6	Jomana Ahmed Mohamed Ah	11	Olympic	3:22.07
7	Norhan Hisham Mohamed	11	DEGLA	3:22.82
8	Nour Mohamed aly el Sobky	11	DEGLA	3:24.04
9	Hanya Haitham Hassan	11	Gezira El Ward	3:24.30
10	Arwa Ayman Atif	11	AHLY	3:25.24

## Heat 10 of 11 Finals

1	Karma Ayman Abou Amera	11	Alexandria	3:20.83
2	Dana Mohamed Mosaad	11	AHLY	3:20.68
3	Habiba Ateif Ibrahim	11	FAROS	3:20.41
4	Natally Hany Samir	11	GHABA	3:19.17
5	Hoda Mohamed Ibrahim	11	AHLY	3:18.95
6	Hala Ahmed Ismael	11	SHOOT	3:19.08
7	Rawnaa Taher Mahmoud	11	ZMALK	3:19.36
8	Alaa Ahmed Mostafa	11	Elethead	3:20.65
9	Malak Ali Atia	11	Smouha	3:20.71
10	Sedra abd el aal Mohamed	11	ENPPI	3:21.30

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## Heat 11 Finals (#21 Girls 11 Year Olds 200 LC Meter Breaststroke)

1	Nada Hany Mohamed	11	HELDO	3:18.04
2	Menat Allah Medhat abd el A	11	Al Hawar	3:14.91
3	Basmala Ramdan Mostafa Mc	11	Bank Ahly Alex	3:13.51
4	Gana Khaled Abdel-Wahed	11	AHLY	3:13.06
5	Malak Mohamed Nagy	11	Alexandria	3:08.12
6	Mariam Hatem Anwar EL Sai	11	SHOOT	3:08.74
7	Marim aly Hasan Hegazy	11	TANTA	3:13.26
8	Hlla Khaled Diab	11	AHLY	3:13.62
9	Habiba Essam Abdelkarim	11	DEGLA	3:16.14
10	Farida Mohamed Tharwat	11	HELDO	3:18.47

## Event 22 Boys 11 Year Olds 100 LC Meter Backstroke

National: 1:12.20 2015

Marwan Ahmed Abdel Moeiz

Lane Name Age Team Seed Time

## Heat 1 of 31 Finals

4	Danyal Gozef Eshaq	11	AHLY	NT
5	Mohamed Ahmed Anas Moha	11	Stad Mansoura	NT
6	Mohamed Osama Abbas Solir	11	DEGLA	NT

## Heat 2 of 31 Finals

1	Mohab Mazen Maher	11	SHOOT	NT
2	Omar Ahmed Sobhy El Safty	11	DEGLA	NT
3	Abd Elrahman Ahmmed Elna	11	Canal El Suez	NT
4	Mahmoud Mohamed Shehata	11	HELDO	NT
5	Omar Ahmed Samir Eldawod	11	Gezira El Ward	NT
6	Youssef Hisham Mohamed	11	DEGLA	NT
7	Ibrahim Ehab Elkakas	11	AHLY	NT
8	Ahmed Kenawy Ahmed Ezz	11	DEGLA	NT
9	Marawan Mohamed Shaker	11	AHLY	NT

## Heat 3 of 31 Finals

1	Jan Nader Naroz Salama	11	GHABA	NT
2	Mahmoud Wesam Mohamed	11	ZMALK	NT
3	Ahmed Amr Ahmed	11	DEGLA	NT
4	Mohamed Ahmed Samih	11	DEGLA	NT
5	Ahmed Gad Ahmed Gad Hass	11	SHAMS	NT
6	Ahmed Mohamed Roshdy	11	TALBE	NT
7	Loay Yasser Mohamed	11	SHOOT	NT
8	Hasan Mohamed Abdelrazik	11	Raas El Bar Club	NT
9	Marawan Ahmed Anwar	11	AHLY	NT
10	Yazied Ayman Elsaid	11	SHOOT	NT

## Heat 4 of 31 Finals

1	Omar Ayman Zakaria	11	Smouha	NT
2	Ziad Hateem Foaad	11	Elethead	NT
3	Youssef Mohamed Sobhy	11	DEGLA	NT
4	Amar Ahmed Helmy	11	TWFIK	NT
5	Yosif Ahmed Mohsen	11	NASR	NT
6	Basem Aehab Mohamed	11	Canal El Suez	NT
7	Mohamed Abd Elwahed Moh	11	NASR	NT
8	Ahmed Sherif Osman Ahmed	11	GHABA	NT
9	Ali Mohamed Soliman	11	AHLY	NT
10	Hamza Mohamed Salah	11	MAY15	NT

## Heat 5 of 31 Finals

1	Mohamed Hattem Mohamed	11	DEGLA	NT
2	ali Naser Mohamed	11	M.ARB	NT
3	Ahmed Mostafa Mahmoud Al	11	DEGLA	NT
4	Fares Khaled Mohamed Abdo	11	MAY15	NT
5	abd Elrahman Ahmed Ramad	11	ZMALK	NT
6	Rameh Shady Mohamed Mou	11	Smouha	NT
7	Moataz Waled Abdel Salam	11	TALBE	NT
8	Yossef Osama Shokry Ahmed	11	GHABA	NT
9	Mohmed Husen Abdelrhman	11	6 OCT	NT
10	Taemor Khaled Elsaid Abd El	11	GEZIR	NT

## Heat 6 of 31 Finals

1	Ahmed Mohamed Ghoraba	11	TANTA	NT
2	Assem Mostafa Khalil	11	DEGLA	NT
3	Yossef Hossam Mohamed Elw	11	SHOOT	NT
4	Mohamed Emad Mohamed Sl	11	Taleaa El Gish	NT
5	Marwan Hany Ebrahim	11	GHABA	NT
6	Abd Elrahman Mostafa Mahr	11	ZOHUR	NT
7	Ewan Karam Okasha	11	DEGLA	NT
8	Mohmed Kamal Ebrahim	11	Cairo	NT
9	Adam Mohamed Abdelmenie	11	GHABA	NT
10	Yousef Ahmed Yousef	11	MAY15	NT

## Heat 7 of 31 Finals

1	Adam Ahmed Fouad Hab Elrc	11	DEGLA	NT
2	abd Elrahman Ahmed Mohan	11	TANTA	NT
3	Abdalla Ibrahim Eldisoqe	11	Canal El Suez	NT
4	Abdelrahman Maged Ahmed	11	DEGLA	NT
5	Uosef Abdltfah Abdltf	11	Canal El Suez	NT
6	Seif abd Wahab Salah	11	Nasr City	NT
7	Anas Ahmed al Sayed	11	MAY15	NT
8	Yosef Ashraf Ahmed m	11	TALBE	NT
9	Yasein Hossam ELDein Mohar	11	SHAMS	NT
10	Eyad Ahmed Elsaid Badwy	11	Stad Mansoura	NT

## Heat 8 of 31 Finals

1	Ali Mohamed Farouk	11	Cairo	NT
2	Karim Ibrahim Mohamed	11	DEGLA	NT
3	Omar Ahmed Sayed	11	AHLY	NT
4	Mazen Mohamed Yousef Elsa	11	ZMALK	NT
5	Adam Mohamed Goneam	11	TWFIK	NT
6	Yassen Haitham Ghazy	11	TWFIK	NT
7	Omar Ahmed Abd el Bassit	11	ZOHUR	NT
8	Karim Mostafa Ahmed	11	HLWAN	NT
9	Abdel Rahman Mohamed Mo	11	RWAD	NT
10	Hazam Ahmed Mohamed Hln	11	ZOHUR	NT

## Heat 9 of 31 Finals

1	Abdelfattah Ahmed Youssef A	11	Olympic	NT
2	Maikel Adel Sobhy	11	AHLY	NT
3	Shams Eldin Shady Amer	11	TANTA	NT
4	Mohamed Abdalla Al Basaty	11	Raas El Bar Club	NT
5	Yasin Ahmed Hassan	11	HELOP	NT
6	Omar Mohammed Abdul Sam	11	Taleaa El Gish	NT
7	Ammar Ahmed Abbas Basuny	11	MAY15	NT
8	Adam Mohamed Mohamed	11	DEGLA	NT
9	Ahmed Ehab Eldereny	11	TANTA	NT
10	Omar Mohamed Omar	11	AHLY	NT

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## Heat 10 Finals (#22 Boys 11 Year Olds 100 LC Meter Backstroke)

1	Ahmed Nader Mohamed Ami	11	RWAD	1:58.38
2	Mohamed Tarek Mohamed	11	HLWAN	1:53.54
3	Ismail Abdelrahman Ismail S	11	DEGLA	1:51.44
4	Ahmed Mohamed Elsayed	11	TALBE	1:49.49
5	Omar Hesham Yossef	11	Taleaa El Gish	1:47.33
6	Mostafa Ahmed Abdelkawy	11	MAY15	1:48.51
7	Omar Abdel Monem Samy	11	TALBE	1:49.64
8	Ahmed Hasan Mohamed	11	TALBE	1:51.79
9	Mohamed Baher Selim	11	HLWAN	1:54.18
10	Jonathan Amir Adib	11	DEGLA	1:58.71

## Heat 11 of 31 Finals

1	Mohamed Ahmed Salah	11	SHOOT	1:46.93
2	Zeyad Rami Ezzat	11	AHRAM	1:45.40
3	Adham Mohamed Farouk	11	AHRAM	1:44.80
4	Mohamed Tamir Kamal	11	GHABA	1:44.07
5	Ebrhim ali Rafaat	11	Cairo	1:43.63
6	Hussien Mohamed El Wakeel	11	Alexandria	1:43.96
7	Youssef Mohamed Awad	11	AHLY	1:44.31
8	Marc Michel Awad Elshahat	11	DEGLA	1:45.04
9	Hossam Eldin Ahmed Mohar	11	Al Shehk Zaeid	1:46.39
10	Seif Eldin Mohamed Mahmou	11	ZMALK	1:46.99

## Heat 12 of 31 Finals

1	Abd Elrahman Ayman Ibrahim	11	NASR	1:42.63
2	Zeyad Alaa Eldin Ezzat	11	TALBE	1:42.10
3	Ahmed Waled Ibrahim	11	TALBE	1:41.74
4	Abd Elrahman Ismail Abd Elh	11	Police Club	1:41.31
5	Adam Walaa Ellethy	11	DEGLA	1:40.86
6	Siefallah Hany Bassiuny	11	Taleaa El Gish	1:40.88
7	Yassien Mahmoud Saad	11	DEGLA	1:41.66
8	Yossefyasser Ahmed ali	11	SHOOT	1:41.77
9	Youssef Asaad Saad Ya'koub	11	RWAD	1:42.31
10	Mahmoud Ahmed Labib el Sa	11	DEGLA	1:43.32

## Heat 13 of 31 Finals

1	ali Wael ali	11	MAY15	1:40.61
2	Hmza Ahmed Moktar Moham	11	6 OCT	1:40.35
3	Anas Hossam Abdelhamed	11	GHABA	1:39.88
4	Mohammed Khaled Mohamr	11	AHRAM	1:39.82
5	ans Osama Taha	11	M.ARB	1:39.76
6	Abdel Latif Sameh Abdel Lati	11	TALBE	1:39.76
7	Kress Nader abd Elsaid	11	Cairo	1:39.87
8	Marwan Mahmoud abd Alrah	11	MAY15	1:40.08
9	Abd Elrahman Yasser Zakaria	11	NASR	1:40.52
10	Ahmed Mohamed Taha	11	DEGLA	1:40.84

## Heat 14 of 31 Finals

1	Moustafa Mahmoud Ramada	11	DEGLA	1:39.70
2	abd Elrahman Ahmed Manso	11	TANTA	1:39.61
3	Mina Remoun Rafaat	11	DEGLA	1:39.03
4	Abdelrahman Hisham Abdels	11	DEGLA	1:38.73
5	Youssef Mahmoud Abd El Aal	11	DEGLA	1:38.30
6	Mohaned Mohamed Ramada	11	ZMALK	1:38.71
7	Nour Sherief Hassan	11	Cairo	1:38.82
8	Youssef Hany Zakria Ahmed	11	DEGLA	1:39.16
9	Mohamed Omar Awad Abdall	11	GHABA	1:39.70
10	Mohamed Mohamed Moham	11	DEGLA	1:39.74

## Heat 15 of 31 Finals

1	Eyad Ahmed Saleh	11	DEGLA	1:37.87
2	Belal Elsayed Ahmed	11	Al Shehk Zaeid	1:37.81
3	Ahmed Hesham Mohamed Ra	11	ZOHUR	1:37.32
4	Seif Mohamed Alsiedy	11	Raas El Bar Club	1:37.16
5	Mohamed Ahmed Mohamed	11	ZMALK	1:37.12
6	Mazaen Ebrahim Mohamed	11	MAY15	1:37.16
7	Yasin Tamer Mohamed Helal	11	HELOP	1:37.18
8	Yousif Hossam Medhat	11	ZMALK	1:37.78
9	Omar Tarek Abdel-Rahman	11	AHLY	1:37.86
10	Zeyad Ali Saad Yassin	11	GHABA	1:37.95

## Heat 16 of 31 Finals

1	Khaled Waled el Margany	11	TRSAN	1:36.89
2	Mohamed Sayed Abdelaziz	11	GHABA	1:36.43
3	Omar Ihab el Sayed	11	DEGLA	1:36.00
4	Youssef Ahmed HeLmy	11	RWAD	1:35.68
5	Youssef Hamza Mohamed	11	DEGLA	1:35.18
6	Amr Ahmed Abdel Malek	11	AHLY	1:35.54
7	Zeiad Karem Mohamed el Ad	11	HELOP	1:35.91
8	Omar Ehab Mhmoud Saber	11	Smouha	1:36.27
9	abd Elrahman Zahran Sliem	11	ZMALK	1:36.45
10	Yassien Hosam Mohamed	11	Nasr City	1:37.07

## Heat 17 of 31 Finals

1	Ahmed Ahmed Ibrahim Ibrah	11	DEGLA	1:34.81
2	Feras Ahmed Darwish	11	SHOOT	1:34.69
3	Ahmed Waled Ali	11	Smouha	1:34.56
4	Amir Khaled Shehata	11	AHRAM	1:34.30
5	ali Waled Said	11	M.ARB	1:33.91
6	Omar Ashraf Tawfik	11	ZMALK	1:34.08
7	Abdel Rahman Walid Abdel A	11	AHLY	1:34.43
8	Kamal Mohamed Ebrahim	11	Elethead	1:34.66
9	Hamza Ehab Elbatrik	11	HELDO	1:34.79
10	Yehya Khaled Kamal Said	11	SHOOT	1:35.09

## Heat 18 of 31 Finals

1	Ali Yassin Aref Kaoud	11	SHOOT	1:33.88
2	Omar abd Elrahman Hassan	11	ZMALK	1:33.37
3	abd Elrhman Mohamed Mahr	11	Elethead	1:33.19
4	Mohamed Soliman Abd Elhar	11	SHOOT	1:32.82
5	Mohmed Moneer Ibrahim Abc	11	6 OCT	1:32.67
6	Yassin Mohamed Nabil	11	Nasr City	1:32.68
7	Ryad Samy Abdel Haleem	11	TALBE	1:33.03
8	Marwan Mohamed El Khawaç	11	DEGLA	1:33.24
9	Mohamed Fatoth Abdelhamid	11	ENPPI	1:33.83
10	Abdelrahman Adel Fawzy	11	Smouha	1:33.89

## Heat 19 of 31 Finals

1	Belall Hesham Mohamed	11	AHLY	1:32.54
2	Yassin Ehab Hamed	11	DEGLA	1:32.24
3	Mohamed Hany Refat Mohar	11	Bank Ahly Alex	1:32.22
4	Hussein Hassan Mohamed Ka	11	AHLY	1:32.13
5	Amr Abdelmegeg Hassan	11	Smouha	1:31.98
6	Youssef Ahmed Abo Elhassan	11	DEGLA	1:32.05
7	Omar Zeyad Mohamed	11	Alexandria	1:32.14
8	Yossef Saied Abdelhamied	11	Taleaa El Gish	1:32.23
9	Seif Ahmed Saeed Mohamed	11	ZMALK	1:32.34
10	Mohamed Ahmed Mohamed	11	RWAD	1:32.61

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## Heat 20 Finals (#22 Boys 11 Year Olds 100 LC Meter Backstroke)

1	Adham Ahmed Abdelaziz Abc	11	Stad Mansoura	1:31.86
2	Nagy Ahmed Mohamed	11	TALBE	1:31.62
3	Moataz Mahmoud Abd el Azi	11	DEGLA	1:31.36
4	Omar Mohamed Fawzy Tawfe	11	TALBE	1:31.27
5	Aly Mohamed Hashem	11	AHLY	1:30.92
6	Yassin Ahmed Fouad	11	DEGLA	1:31.12
7	Mohamed Khaled Mohamed	11	Stad Mansoura	1:31.32
8	Marwan Ahmed Abd Elaal El	11	MAADI	1:31.62
9	Karim Ahmed Maher Elsayed	11	AHLY	1:31.64
10	ali Mohamed ali	11	HLWAN	1:31.95

## Heat 21 of 31 Finals

1	Abdallah Moahmed Abdelazi	11	Smouha	1:30.58
2	Youssef Ehab Elshimy	11	Alexandria	1:30.52
3	Mazen Ahmed Moustafa	11	ZOHUR	1:30.21
4	Ibrahim Khaled Ibrahim Awa	11	AHLY	1:30.20
5	Yassin Hany Mahmoud	11	HELDO	1:30.17
6	Yassein Ramy Alam El Din	11	DEGLA	1:30.18
7	Youssef Hussein Abdel Hame	11	DEGLA	1:30.20
8	Mohamed Elshazly	11	Baladia El Mahal	1:30.47
9	Omar Basim Mohamed	11	ZMALK	1:30.56
10	Mohamed Tamer Ahmed	11	Taleaa El Gish	1:30.80

## Heat 22 of 31 Finals

1	Marwan Mohamed Abdelmor	11	GHABA	1:30.06
2	Mohamed Amr Abdel Azeem	11	AHLY	1:29.85
3	Mohanad Mohamed Hassan	11	DEGLA	1:29.20
4	Marawan Baseem Elsayed Ha	11	DEGLA	1:28.89
5	Nour Mohamed Fawzy Abdel	11	Olympic	1:28.81
6	Fahd Mohamed Medhat	11	GHABA	1:28.89
7	Yousif Yehia Al Aeidy	11	Raas El Bar Club	1:28.93
8	Mostafa Ibrahim Mahrosr Ah	11	Smouha	1:29.36
9	Youssef Wala Mohamed Tawf	11	Smouha	1:29.90
10	Seif El din Sherif Abd Elfttah	11	ZOHUR	1:30.11

## Heat 23 of 31 Finals

1	Yehia Ahmed Aly El Din	11	AHLY	1:28.57
2	Zeid Mohamed Abdel-Azeem	11	AHLY	1:28.47
3	abd Elrahman Yaser Elnemr	11	TANTA	1:28.36
4	Ali Ahmed Mhmoud	11	Smouha	1:28.31
5	Mohamed Hamdy Mohamed	11	El Obour	1:28.26
6	Mahmoud Mohamed Mahmo	11	SHOOT	1:28.28
7	Mahmoud Mohamed Sayed	11	DEGLA	1:28.34
8	Aly Magdy Eid Shehata	11	NASR	1:28.40
9	Seif Elden Osama Darwesh	11	TANTA	1:28.51
10	Omar Mohamed Ibrahim	11	DEGLA	1:28.67

## Heat 24 of 31 Finals

1	Amro Ahmed Elshekh	11	TANTA	1:27.87
2	Yousef Mohamed Enan	11	DEGLA	1:27.53
3	Zeyad Ahmed Magdy	11	AHLY	1:27.12
4	Yassien Amr Adly Mohamed	11	Smouha	1:26.87
5	ali Ahmed Mohamed Ismail	11	DEGLA	1:26.77
6	Ziad Nabil Ahmed Mohamed	11	Smouha	1:26.79
7	Moahmed Ahmed Mohamed	11	Smouha	1:27.10
8	Abdullah Hany Mohamed EIS	11	SHAMS	1:27.47
9	Karim Sherif Saied	11	ZMALK	1:27.55
10	Ahmed Mohamed Elzawawy	11	TANTA	1:27.96

## Heat 25 of 31 Finals

1	Omar Tarek Saleh	11	Alexandria	1:26.30
2	Karem Ahmed Bdran	11	Canal El Suez	1:26.21
3	Marwan Mohamed Mamdoh	11	Stad Mansoura	1:26.06
4	Ahmed Mohamed Ahmed Mo	11	ENPPI	1:25.76
5	Youssef Ahmed Hassan	11	Elethad	1:25.74
6	Ahmed Osama Ahmed Elshah	11	ZMALK	1:25.74
7	Youssef Taher Mossa Youssef	11	DEGLA	1:25.80
8	Aly Eldin Ahmed Ibrahim	11	AHLY	1:26.09
9	Abdalla Sameh Aboud	11	SHOOT	1:26.28
10	Moaz Ayman Mohamed Ham	11	Stad Mansoura	1:26.38

## Heat 26 of 31 Finals

1	Yosuif Tamer Ebrahim	11	GHABA	1:25.52
2	abd Elrhmam Mohamed Ahm	11	Elethad	1:25.28
3	aly Saleeh aly	11	ZMALK	1:24.82
4	Youssef Sabry Mabrok	11	DEGLA	1:24.66
5	Amar Haitham Mohamed Sae	11	SHAMS	1:24.51
6	Amr Wael Shawky	11	RWAD	1:24.59
7	Marwan Mohmed Hamed	11	Cairo	1:24.68
8	AbdelRahman Ehab Elshimy	11	Alexandria	1:25.15
9	Taha Khaled Attwa Ahmed	11	MAADI	1:25.42
10	Omar Elbyaa	11	Baladia El Mahal	1:25.72

## Heat 27 of 31 Finals

1	Omar Mohamed Ahmed Fathy	11	SHOOT	1:24.26
2	Marwan Mohamed Ahmed	11	Nasr City	1:23.96
3	Adam Mohamed Abdeldayem	11	Olympic	1:23.91
4	Adam Sameh Elawany	11	TANTA	1:23.85
5	Salem Waled Ahmed	11	HELOP	1:23.79
6	Karim Ahmed Anwar	11	DEGLA	1:23.80
7	Abdel Rahman Mohamed Zak	11	AHLY	1:23.88
8	Yasein Hossam aly	11	ZMALK	1:23.95
9	Slem Waled Ahmed Fahem	11	HELOP	1:24.05
10	Ahmed Medhat Mohamed Ah	11	Bank Ahly Alex	1:24.30

## Heat 28 of 31 Finals

1	Awny Mohamed Awny Ezat	11	Bank Ahly Alex	1:23.37
2	Malek Maged Mohamed	11	ZOHUR	1:23.30
3	Loaay Mostafa Omar	11	DEGLA	1:23.17
4	Ahmed Medhat Ahmed Most	11	DEGLA	1:22.89
5	Moustafa Mohamed Amarah	11	Alexandria	1:22.57
6	abd el Rahman Waleed el Sha	11	HELOP	1:22.60
7	Adham Sherif Mahmoud	11	SHOOT	1:22.95
8	Momeen Emad aly Hassan	11	ZMALK	1:23.28
9	Kareem Mohamed Fawzy Mo	11	Nasr City	1:23.31
10	Hamza Mohamed Habib	11	AHLY	1:23.49

## Heat 29 of 31 Finals

1	Adam HossamEldin Mohame	11	Smouha	1:22.40
2	Karem Waleed ali	11	TALBE	1:22.29
3	Mohab Bdr Eldin Rady	11	SHAMS	1:22.15
4	Abdalla Mohamed Mhfoz Fr	11	6 OCT	1:21.97
5	Eyad Hossam Eldin Zakzouk	11	Alexandria	1:21.51
6	Mhmoud Tarik Ahmed Elgen	11	Smouha	1:21.65
7	Yosef Hatem ali Ahmed	11	Al Hawar	1:22.13
8	Marwan Allaa Eldin Ahmed	11	AHLY	1:22.25
9	Malek Hazem Shebl	11	TANTA	1:22.36
10	Youssef amr Mohamed	11	Elethad	1:22.53

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-04-2018 Morning

**Heat 30 Finals (#22 Boys 11 Year Olds 100 LC Meter Backstroke)**

1	Eyad Mohsen Ismail	11	NASR	1:21.08
2	Yousef Mohamed Ezzat Zaki I	11	Stad Mansoura	1:20.62
3	Mohamed Belal Ahmed Elshs	11	Bank Ahly Alex	1:19.86
4	Essam Ahmed Mohamed Ess:	11	MAADI	1:19.65
5	Omar Ayman Mahmoud Moh.	11	AHLY	1:18.98
6	Aly Ahmed Nagy	11	AHLY	1:19.10
7	Mohamed Ayman Abd Elsami	11	ZOHUR	1:19.73
8	Malek Waled Ibrahim Hussie	11	Smouha	1:19.99
9	Hatem Ashraf Kamel	11	Al Hawar	1:20.70
10	Eyad Alaa El Kholy	11	DEGLA	1:21.42

**Heat 31 of 31 Finals**

1	Mohamed Haytham Ahmed	11	AHLY	1:18.85
2	Khaled Wael Sabre Abdelhan	11	Smouha	1:18.82
3	Ziad Emad Atya	11	DEGLA	1:18.33
4	Hamza Moahmed Mhmoud	11	Smouha	1:17.83
5	Osama Medhat Samir	11	ZOHUR	1:17.58
6	Ahmed Marwan Fouad Elhad	11	DEGLA	1:17.67
7	Sohayb Nabel Abdelsalm Zak	11	Bank Ahly Alex	1:18.21
8	Karem Wael Elgendy	11	TANTA	1:18.69
9	Adam Mohamed Helmy	11	DEGLA	1:18.83
10	Malek Mohamed Bazan	11	MAADI	1:18.85

**Event 23 Girls 11 Year Olds 200 LC Meter Freestyle**

National: 2:20.09 2004 Menatalla Moaz Mohamed

Lane Name Age Team Seed Time

**Heat 1 of 15 Finals**

4	Salma Mohamed Omar Houss	11	SHAMS	NT
5	Zena Hesham Mahfoz	11	TANTA	NT
6	Mennatallah Mohamed Abdel	11	GHABA	NT

**Heat 2 of 15 Finals**

1	Malak Mohamed Abou Bakr	11	DEGLA	NT
2	Nada Mahmoud ElHabashy A	11	DEGLA	NT
3	Farah Ahmed Ezzat Yousef	11	Al Hawar	NT
4	Yasmin Wael Abdalaah	11	ZMALK	NT
5	Shams Atef Mohamed Awaad	11	GHABA	NT
6	Marly Magdy Nagy	11	DEGLA	NT
7	Zenia Ahmed Saied Kandil	11	HELOP	NT
8	Karouleen Mgedey Gaad Geyd	11	6 OCT	NT
9	Mariam Emad Gad Hossny	11	SHAMS	NT
10	Rania Mohamed Ibrahim	11	ENPPI	NT

**Heat 3 of 15 Finals**

1	Sara Amin Soliman Mabrouk	11	GHABA	NT
2	Rana Raeid El Shazly	11	C.POR	NT
3	Goudy Tarek Sayed Mohamec	11	GHABA	NT
4	Ingy Wael	11	DEGLA	NT
5	Rawan Tarek Esmat	11	AHLY	NT
6	Loujein Amr Kalel Ebrahim	11	6 OCT	NT
7	Nada Ahmed El Said Elbasyou	11	SHOOT	NT
8	Salma Tamer Ahmed	11	ZMALK	NT
9	Habeba Ahmed Zakareya	11	TANTA	NT
10	Sagda Hassan Mohamed	11	TALBE	NT

**Heat 4 of 15 Finals**

1	Maya Ahmed Ragheb	11	Alexandria	NT
2	Salma Ahmed Elawany	11	TANTA	NT
3	Habiba Abdelmoteleb Hanafy	11	Raas El Bar Club	NT
4	Lojein Ahmed Mohamed Abd	11	6 OCT	NT
5	Nada Tamer	11	Cairo	NT
6	Marim ali Ebrhim	11	Cairo	NT
7	Laila Ahmed Nagy	11	SHOOT	NT
8	Jana Ahmed Saied	11	Cairo	NT
9	Hana Rabea Ramadan Mohan	11	Olympic	NT
10	Rinad Ahmed Farouk	11	ZMALK	NT

**Heat 5 of 15 Finals**

1	Naly Fady Fakhry Nashed	11	Gezira El Ward	NT
2	Na'eela Wael Elagroudy	11	Alexandria	NT
3	Alaa Omar Abdel Rehim	11	AHLY	NT
4	Malak Yasser Mohamed Abde	11	Stad Mansoura	NT
5	Rawan Yasser Hanfy	11	HELDO	3:25.73
6	Youmna Hesham Ali	11	SHROK	NT
7	Shahd Nader Kadry	11	DEGLA	NT
8	Rozana Waleed Desoky	11	Nasr City	NT
9	Alaa Khaled Ahmed Hassan	11	Stad Mansoura	NT
10	Aysel Mohamed Abdelghany	11	GHABA	NT

**Heat 6 of 15 Finals**

1	Malak Ahmed El Kayal	11	Alexandria	3:18.70
2	Renad Amr Gad	11	Alexandria	3:17.86
3	Lojien Khaled Amin	11	ENPPI	3:14.45
4	Jana Tamer Ahmaed	11	ENPPI	3:10.98
5	Kenzy Mohamed Hamza	11	HELOP	3:08.49
6	Zina Amer abd el Fatah	11	SHOOT	3:08.65
7	Hana el Sayed Ahmed el Saeic	11	Al Hawar	3:11.80
8	Nda Haney Shokrey Ebrahim	11	6 OCT	3:14.65
9	Hana Mohamed Mohamed Sa	11	HELOP	3:18.25
10	Hajar Diaa Abdul Aziz	11	AHRAM	3:22.16

**Heat 7 of 15 Finals**

1	Saga Moahmed Samy	11	Smouha	3:05.33
2	Salma Saad Abdel Aziz	11	RWAD	3:03.56
3	Lili Ahm. Bahaa Eldin Farwez	11	GEZIR	3:02.68
4	Engy Ahmed ElMahdy	11	Alexandria	3:01.07
5	Malak Ahmed Abdallah	11	RWAD	2:59.76
6	Karma Mohamed AbdelHady	11	Alexandria	3:00.73
7	Eveline Hani Nabil Merham	11	HELDO	3:02.25
8	Gana Diaa Mohamed	11	ZMALK	3:03.50
9	Zainah Ahmed Hafez	11	Alexandria	3:03.93
10	Hagar Osama Mkhaimar	11	ZMALK	3:06.13

**Heat 8 of 15 Finals**

1	Hala Maoahmed Ali Taha	11	Smouha	2:59.21
2	Hana Walaa Mohamed	11	ENPPI	2:58.14
3	Kenzy Mohamed Ahmed el Sh	11	Al Hawar	2:57.74
4	Daren Ahmed Mohamed	11	HELOP	2:55.94
5	Nada Afify Abdelmaqsoud	11	ZMALK	2:55.67
6	Sara Rabeae Marzouq	11	El Obour	2:55.93
7	Shahesta Mohamed Gamal M	11	DEGLA	2:57.00
8	Salma Walid Mahmoud	11	ZMALK	2:58.00
9	Gana Mohamed Said	11	ZMALK	2:58.69
10	Farah Waled Ibrahim	11	TALBE	2:59.74

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-04-2018 Morning

**Heat 9 Finals (#23 Girls 11 Year Olds 200 LC Meter Freestyle)**

1	Goudy Tarek Faiz Mohamed	11	HELOP	2:55.16
2	Zahwa Wael Mohamed	11	TALBE	2:54.69
3	Sama Mohamed Makram Abd	11	Gezira El Ward	2:53.60
4	Lily Ashraf Mohammed Adel	11	ZOHUR	2:52.26
5	Lamar Maged Abdel Gawad	11	DEGLA	2:51.97
6	Mariam Ahmed Zahran	11	Alexandria	2:52.05
7	Farida Medhat Ibrahim Moha	11	Smouha	2:52.40
8	Passant Ahmed Farouk	11	ZOHUR	2:54.18
9	Menat Allah Ayman eid Moha	11	Al Hawar	2:54.93
10	Karin Nabil Adel	11	RWAD	2:55.31

**Heat 10 of 15 Finals**

1	Freda Hesham Mahmoud	11	HELOP	2:50.64
2	Yomna Hesham Mhmoud Hss	11	6 OCT	2:49.86
3	roh Ahmed Elshekh	11	TANTA	2:49.45
4	hla Mohamed Rateb	11	TANTA	2:49.20
5	Shahd Abdalla Mohamed Am	11	GHABA	2:48.95
6	Salma Mohamed Ibrahim	11	AHLY	2:49.16
7	Gana Mohamed abd el Aziz	11	Al Hawar	2:49.23
8	Yassmin Khaled Kaml ElSayer	11	SHAMS	2:49.76
9	Roza Louay Khalel	11	ENPPI	2:50.46
10	Nabila Hassan Ismail	11	MOSTA	2:51.37

**Heat 11 of 15 Finals**

1	Joudy Moahmed Khedr	11	Smouha	2:48.68
2	Khadiga Mohsen Abdel Waha	11	RWAD	2:48.26
3	Gomana Moataz Mohmed	11	Cairo	2:47.69
4	Basmla Reda Shaban	11	Canal El Suez	2:47.46
5	Mena Allah Wael Abdalla	11	Nasr City	2:47.24
6	Maryam Elqash	11	Baladia El Mahal	2:47.35
7	Habiba Ahmed Mohamed Osr	11	HELDO	2:47.69
8	Sama Mohamed Dahy	11	Nasr City	2:48.18
9	Sama Karm Nasr Mohamed	11	SHAMS	2:48.40
10	Maryam Hefida	11	Baladia El Mahal	2:48.91

**Heat 12 of 15 Finals**

1	Fareda Mohamed Rabie	11	TANTA	2:47.01
2	Yasmeha Ahmed Saad	11	Smouha	2:46.10
3	Habebe Tarek Asem	11	Nasr City	2:45.56
4	Mai Mohamed Ramadan	11	TALBE	2:45.38
5	Salma Atef Fayek Abdo	11	DEGLA	2:44.99
6	Jody Hany	11	DEGLA	2:45.13
7	Sara Mamdouh	11	Baladia El Mahal	2:45.55
8	Shahd Khaled Lotfy Abdelhar	11	Stad Mansoura	2:45.73
9	Ganna Ebrahim Abdallha	11	Cairo	2:46.37
10	Joudy Moahmed Hamdy	11	Smouha	2:47.14

**Heat 13 of 15 Finals**

1	Retaj Hany El Sayed	11	DEGLA	2:44.12
2	Farida Mohamed Soliman	11	ZMALK	2:43.76
3	Allaa Hazem Abd Elshkour	11	SHOOT	2:42.81
4	Sedra abd el aal Mohamed	11	ENPPI	2:40.50
5	Sama Mohamed Elsawah	11	Smouha	2:40.18
6	Hala Ahmed Ahmed Nooh	11	Gezira El Ward	2:40.43
7	Salma Sameh Wagdy Moham	11	Smouha	2:41.25
8	Gana aly Refaat aly	11	ZMALK	2:43.18
9	Ganna Waled Mohamed Mah	11	HELOP	2:44.02
10	Amira Ayman Ahmed	11	BNKG	2:44.43

**Heat 14 of 15 Finals**

1	Rofayda Mohamed Emam	11	ZMALK	2:39.34
2	Rodaina Ayman Mohamed	11	AHLY	2:38.26
3	Jna Mhmoud Hssn Mohmed	11	6 OCT	2:37.62
4	Hana Tarek Yehia	11	AHLY	2:36.35
5	Zeina Ahmed Mostafa	11	SHOOT	2:34.81
6	Judy Mostafa Reda Abd ELAze	11	SHAMS	2:35.76
7	Habiba Fawzy Mostafa	11	NASR	2:37.45
8	Malak Momtaz Mohamed	11	Canal El Suez	2:38.02
9	hla Mohamed Shalaby	11	TANTA	2:38.90
10	Lojain Abdel Megid Ahmed H	11	DEGLA	2:40.12

**Heat 15 of 15 Finals**

1	Habiba Mahmoud Moustafa	11	AHLY	2:33.88
2	Alyaa Ehab Abdelmounim	11	ZMALK	2:30.40
3	Mariam abd el Hakem Sharaf	11	HELOP	2:27.41
4	Yara Hussam Mohamed Saler	11	AHRAM	2:26.77
5	Laila Mohamed Hitham	11	SHOOT	2:24.89
6	Bassant Gamil Barakat	11	AHLY	2:26.01
7	Farida Wasim Mohamed Adly	11	GHABA	2:27.41
8	Lamees Amr Mhmoud Elsoka	11	6 OCT	2:29.63
9	Nourhan Hamdy Abdalaah	11	ZMALK	2:31.24
10	Malak Ahmed Anes Mahmoud	11	Al Hawar	2:34.00