

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-08-2018 Morning

Event 39 Girls 12 Year Olds 50 LC Meter Butterfly

National:		28.86	2007	Fareda Hesham Ahmed Osman	
Lane	Name	Age	Team	Seed	Time
Heat 1 of 18 Finals					
4	Haia Hatem Hussien Mohame	12	HELOP		NT
5	Malak Medhat Moustafa	12	M.S Tagamoa		NT
6	Khadija Mohamed Amr Abd E	12	SHOOT		NT
7	Roaa Hany Abdel Azim	12	DEGLA		NT
Heat 2 of 18 Finals					
1	Nermin Mohamed Ahm. Mod	12	GEZIR		NT
2	Sagod Ahmed Ramzy	12	GHABA		NT
3	Laila Mahmoud Abo Bakr	12	AHLY		NT
4	Jana Hussein Mohamed	12	DEGLA		NT
5	Sama Mohamed Helmy	12	Elethead		NT
6	Amal Mohamed Farouk	12	Al Hawar		NT
7	Maryam Ali Mohamed	12	AHRAM		NT
8	Gana Ahmed Gamal Elebyary	12	TANTA		NT
9	Anaan Mohamed Ahmed	12	Al Zaher		NT
10	Rawan Ahmed Abdou	12	DEGLA		NT
Heat 3 of 18 Finals					
1	Lojin Ebrahim Zayed	12	Al Hawar		NT
2	Gana Wael Youssef Mahmoud	12	DEGLA		NT
3	Jory Mohamed Hamed	12	TANTA		NT
4	Ritag Ehab Sayed Mohamed	12	SHAMS		NT
5	Zena Sherif Metwaly	12	HLWAN		NT
6	Toka Ahmed Nasr	12	MRAC		NT
7	Malak Ahmed El Sayed	12	DEGLA		NT
8	Jana Nasser Farok Mostafa	12	NASR		NT
9	Malak Mohamed Abd el Rahn	12	DEGLA		NT
10	Jana Tamer Mohamed EL Ref:	12	DEGLA		NT
Heat 4 of 18 Finals					
1	Nawal Mostafa Hatem Abd El	12	GEZIR		NT
2	Shaimaa Adel Mahmoud	12	Nasr City		NT
3	Goudy Mohamed Ahmed	12	AHLY		NT
4	Mariam Saber Ibrahim Moha	12	6 OCT		NT
5	Ghada abo Alaa abd Elnafa	12	ZMALK		NT
6	Maryem Ahmed Saed Mahmc	12	TANTA		NT
7	Gana Ebrahim Mohamed Han	12	HELOP		NT
8	Zeina Ayman Saad	12	ZMALK		NT
9	Farida Omer Khalil Mohamec	12	SHOOT		NT
10	Ahd Essam Eldin Fared	12	MRAC		NT
Heat 5 of 18 Finals					
1	Sama Hesham Fakery	12	AHRAM		NT
2	Jana Yaser Mostafa	12	ENPPI		NT
3	Malak Anas Abd El Fatah Elb:	12	DEGLA		NT
4	Alia Alzlaky	12	Raas El Bar Club		NT
5	Farida Mohmed Mohmed Mo	12	6 OCT		NT
6	Sandy Mohamed Salah Safoh	12	TANTA		NT
7	Tasneem Hesham Mostafa	12	Gezira El Ward		NT
8	Rahma Kareem Tahhawy	12	TALBE		NT
9	Kenzy Hazem Moneeb	12	Cairo		NT
10	Maya Hatem Fekry	12	AHLY		NT

Heat 6 of 18 Finals

1	Rawan Mohamed Awad	12	DEGLA		NT
2	Basmalah Mohsen Mohamme	12	Beni Suef Club		NT
3	Merna Waled Hamad Ghonen	12	Smouha		NT
4	Huda Mohamed Salah	12	Al Hawar		NT
5	Amira Ashraf Khalil	12	ZMALK		NT
6	Farida Sameh Salah	12	GHABA		NT
7	Basant Mostafa Fathy	12	TRSAN		NT
8	Habeba Omar Sobhi	12	HELOP		NT
9	Yasmine Ahmed el Sayed	12	DEGLA		NT
10	Zeina Alamin Abdelmonem	12	6 OCT		NT

Heat 7 of 18 Finals

1	Zinab Essam Radee	12	Al Shehk Zaeid		54.92
2	Malak Ahmed Abdel Hamid	12	DEGLA		53.84
3	Farieda Ahmed Mohamed	12	Nasr City		49.88
4	Rawan Osama Mostafa	12	ZOHUR		49.10
5	Fayrouz Ashraf Mohamed Ab	12	DEGLA		47.67
6	Mariam Mohamed Hassan Ah	12	SHAMS		48.00
7	Gana Moustafa Ahmed	12	GHABA		49.37
8	Mariem Omar Abdelhalem	12	Nasr City		52.60
9	Malak Khaled Ahmed	12	DEGLA		54.48
10	Salma Hamed Abdel Hafiz	12	DEGLA		59.71

Heat 8 of 18 Finals

1	Hagar Hasan Mohamed	12	DEGLA		46.43
2	Lojien Ayman Ali	12	SHAMS		45.33
3	Janah Hany Galal Abdelmene	12	Smouha		44.92
4	Malak Samir Mahmoud Deso	12	MAY15		44.72
5	Maya Ahmed Mohamed Abdo	12	6 OCT		44.27
6	Gomana Mohamed Abd elKac	12	GHABA		44.69
7	Karma Islam Hazim	12	Alexandria		44.75
8	Carol Sameh Ezzat	12	DEGLA		45.13
9	Hana Mahmoud Abdelmenaa	12	ROYAL		45.94
10	Habiba Walid Abu Elwafa	12	Alexandria		47.32

Heat 9 of 18 Finals

1	Ahd Allah Eid Mohamed	12	DEGLA		43.99
2	Mana Alaa Ahmed Saad Kord	12	SHOOT		43.61
3	Tasabe Yousef Mohamed	12	TALBE		42.89
4	Khadija Anwar Sherif Ahmed	12	MAADI		42.71
5	Hania Hatem Mohamed	12	ZOHUR		42.27
6	Malak Mohamed Khamis	12	DEGLA		42.70
7	mai Abdelhamed Abdelghafa	12	Nasr City		42.83
8	Farah Ahmed Sadelden Raga	12	6 OCT		42.93
9	Mirolla Hany Samir	12	DEGLA		43.63
10	Kenzy Mohamed Fahmy	12	MAY15		44.04

Heat 10 of 18 Finals

1	Malak Ibrahim Mohamed	12	HELDO		41.98
2	Farah Ahmed Mourad	12	Alexandria		41.12
3	Hams Hisham Mohamed	12	Cairo		40.99
4	Jada Yaser Mostafa	12	ENPPI		40.78
5	Joumana Husien Anwar	12	Al Shehk Zaeid		40.48
6	Jana Ehap Yossef	12	GHABA		40.68
7	Gana Yasser Mohamed Samy	12	SHAMS		40.98
8	Sama Amr Samir Abd ElSama	12	SHAMS		41.04
9	Laila Alaa Abd ElFatah	12	SHAMS		41.88
10	Kariman Haitham Mahmoud	12	DEGLA		42.02

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Heat 11 Finals (#39 Girls 12 Year Olds 50 LC Meter Butterfly)

1	Nour Diaa Eldin Fathy	12	NASR	40.06
2	Sama Hany Mohamed	12	AHRAM	40.00
3	Marim Hatem Mohamed	12	AHRAM	39.41
4	Malk Mohamed Allam Mohan	12	SHAMS	38.96
5	Salma Wheed Sleem	12	Nasr City	38.90
6	Engy Mohamed Abd Elhamee	12	ZOHUR	38.91
7	Jana Ahmed Sadeek	12	ZMALK	38.99
8	Yomna Mohamed Abd Allah M	12	SHAMS	39.93
9	Malak Ehab Saaed Yassin	12	SHOOT	40.06
10	Ritchel Maikel Ebrahim	12	Taleaa El Gish	40.38

Heat 12 of 18 Finals

1	Hala Mohamed Ahmed Ibrahi	12	Taleaa El Gish	38.38
2	Rokaia Gamal Mohamed	12	AHLY	38.08
3	Belissia Mamdouh Gaber	12	HELDO	38.03
4	Gana Essam Sayed	12	BNKG	37.98
5	Sara Gorg Soleman Farg Solei	12	GEZIR	37.86
6	Madouna Hany Rabea	12	GHABA	37.92
7	Yassmin Ayman Abd ElHalim	12	SHAMS	38.01
8	Fareda Tamer Mahmed	12	TAGAM	38.06
9	Halla Alla Maher	12	DEGLA	38.23
10	Farah Same Mostafa Ahmed	12	M.ARB	38.76

Heat 13 of 18 Finals

1	Mariem Mohammed abd Elaz	12	MAY15	37.67
2	Hana Hany Sobhy Abo EL Saa	12	HELOP	37.65
3	Habeba Mostafa Gamal Eldee	12	Gezira El Ward	37.53
4	Nada Waleed MoheB Al Assut	12	SHOOT	37.07
5	Menatalla Khaled Mohamed	12	AHLY	36.79
6	Nour Sameh El Refae	12	DEGLA	36.88
7	Nada Ahmed Abdelmonem kl	12	TANTA	37.15
8	Malak Akram Ebrahim Hebes	12	GEZIR	37.65
9	Roaa Ahmed Salah	12	DEGLA	37.66
10	Dina Alaa Ibrahim Hussien	12	Smouha	37.80

Heat 14 of 18 Finals

1	Lana Sherif Mohamed Abo El	12	SHAMS	36.54
2	Menatalla Mohamed Azmy	12	Canal El Suez	36.35
3	Joudy Magdy Abbas	12	Olympic	36.20
4	Farida Haitham Nabil Ali Za	12	Smouha	36.03
5	Karma aly Elsheraee	12	HELOP	35.98
6	Malak Mohamed Awees	12	AHLY	36.02
7	Jessica Hany Nagah	12	GHABA	36.20
8	Joumana Mahmoud Karam	12	Cairo	36.24
9	Nadeen Ahmed Saed Dawood	12	6 OCT	36.51
10	Zina Yasser Ahmed	12	Alexandria	36.58

Heat 15 of 18 Finals

1	Jana Amer Mamon	12	TANTA	35.88
2	Farida Mohamed Ahmed El O	12	SHOOT	35.71
3	Farida Mohamed Adel Khatta	12	ZOHUR	35.61
4	Doreen Walid Fathy	12	TWFIK	35.45
5	Sandra ElGamal Moh. Sayd M	12	GEZIR	35.24
6	Salma Osama Mohamed	12	ENPPI	35.26
7	Malak Hassan Abdu	12	TRSAN	35.59
8	Jomana Wael Awadallah	12	DEGLA	35.69
9	Rana Mohamed Ramdan	12	DEGLA	35.85
10	Salma Adel Ahmed Khairy	12	Smouha	35.96

Heat 16 of 18 Finals

1	Yasmin Mohamed Alaa	12	AHLY	34.99
2	Minna Mohamed Yousry	12	ZMALK	34.83
3	Mariam Mohamed Harb	12	HELOP	34.56
4	Meya Mohamed Samer	12	ZOHUR	34.38
5	Sama Gehad Mohamed	12	TWFIK	34.30
6	Salma Ahmed Kamal Kamal E	12	6 OCT	34.31
7	Roqiya Motaaz Mohamed Fat	12	SHAMS	34.43
8	Nada Tamer Aamer Mohmed	12	6 OCT	34.62
9	Farida Moustafa Abd Elaziz	12	Alexandria	34.92
10	Malak Hussein Abd ElHalim /	12	HELDO	35.23

Heat 17 of 18 Finals

1	Judy Mohamed Nabil	12	DEGLA	34.08
2	Hana Wael Magdi Mah . Elsae	12	GEZIR	33.59
3	Jolin Hany Gamal	12	Alexandria	33.45
4	Nada Tamer Hany	12	MAADI	33.24
5	Hala Ahmed Khalf	12	AHLY	32.97
6	Salma Osama Mohamed Darv	12	TANTA	33.06
7	Malak Amr Mohamed	12	DEGLA	33.28
8	Dina Hamdy Mohmed Abolro	12	6 OCT	33.47
9	Retag Ahmed Abu El Fotoh	12	ZOHUR	33.96
10	Jana Sameh Mohamed	12	Canal El Suez	34.23

Heat 18 of 18 Finals

1	Malak Hesham Mohamed	12	AHLY	32.59
2	Elena Rogeh Hany	12	DEGLA	32.33
3	Lojin Mohamed Yousef	12	Al Hawar	32.24
4	Rofaida Mahmoud Mohamed	12	DEGLA	31.63
5	Aisha Ahmed Khaled	12	AHLY	31.23
6	Hanan Amr Mahmoud	12	NASR	31.25
7	Karin Elya Abd el Malak	12	AHRAM	31.88
8	Sara Mahmoud El Gendy	12	DEGLA	32.32
9	Jana Mohamed Omar Moham	12	SHAMS	32.41
10	Delara Khaled Ahmed Mohan	12	Olympic	32.81

Event 40 Boys 12 Year Olds 200 LC Meter Breaststroke

National: 2:42.32 2014 Abdel Rahman Mohamed

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Finals

1	Ayad Ahmed Abdalla Moham	12	SHAMS	NT
2	Mohmed Adham Mohmed Tai	12	6 OCT	NT
3	Youssef Mohamed Salah Mos	12	6 OCT	NT
4	Adam Mohamed Mamdouh	12	AHLY	NT
5	Ibrahim Hasan Maizal	12	Alexandria	NT
6	Marwan Mohamed Bakry Mo	12	Olympic	NT
7	Adam Yousry Bebars	12	AHLY	NT
8	Hamza Hammad Mohamed	12	DEGLA	NT
9	Seif Eldin Mazen	12	SHOOT	NT

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Heat 2 Finals (#40 Boys 12 Year Olds 200 LC Meter Breaststroke)

1	Amr Mohamed Mossad	12	ZOHUR	NT
2	Mahmoud Ahmed Abd Elshaf	12	SHAMS	NT
3	Omar Hatem Atya Abdelaty	12	Stad Tanta	NT
4	Omar Tamer Kamal	12	Gezira El Ward	NT
5	Omar Mohamed Galal	12	DEGLA	NT
6	Omar Ashraf Mohamed	12	MAY15	NT
7	Yousef Mohamed Salah	12	M.Askaria Alex	NT
8	Ahmed Youssef El Desoky Mo	12	DEGLA	NT
9	Omar Ahmed Ibrahim	12	Stad Mansoura	NT
10	Omar Adel Moaud Ali	12	SHOOT	NT

Heat 3 of 19 Finals

1	Serag el din Mamdouh Abdul	12	MAY15	NT
2	Yaseen Mohamed Helmy	12	ENPPI	NT
3	Youssef Yasser Ibrahim	12	AHLY	NT
4	Amar Diaa Nasar	12	Gezira El Ward	NT
5	Mohamed Wael Mohamed M	12	ZOHUR	NT
6	Ziad Wesam Hamid	12	AHRAM	NT
7	Youssef Shady Mohamed	12	Taleaa El Gish	NT
8	Aly Nehad Elham	12	AHLY	NT
9	Adhm Uosama Slahelden Sale	12	6 OCT	NT
10	Mohamed Hesham Mohamed	12	GHABA	NT

Heat 4 of 19 Finals

1	Moaz Amir Mohamed	12	GHABA	NT
2	Marwan Mohamed Fariad	12	Taleaa El Gish	NT
3	Omar Tamer Ahmed Elsayed	12	NASR	NT
4	Mahmoud Mohamed Ahmed	12	SHAMS	NT
5	Youssef Ahmed Ahmed Husse	12	AHLY	NT
6	Farouk Galal Ahmed	12	AHLY	NT
7	Aly Waseem Mesameh	12	SHOOT	NT
8	Ahmed Tamer Elhenawy	12	AHLY	NT
9	Abdelrahman Mohamed Abd	12	ZMALK	NT
10	Ahmed Tamer Tawfik	12	ZOHUR	NT

Heat 5 of 19 Finals

1	Youssef Essam abd Elkader	12	DEGLA	NT
2	Zeyad Mohamed Abdel-Hafiz	12	AHLY	NT
3	Zeyad Hesham Mohamed Hai	12	SHOOT	NT
4	Karim Waled Elsead	12	GHABA	NT
5	Mamdouh Hessin Abd Eldain	12	Alexandria	3:54.19
6	Moustafa Yasser Mohamed	12	Cairo	NT
7	Ahmed Shref Ahmed Elghaza	12	SHAMS	NT
8	Hamza Mohamed Abdelfatah	12	Nasr City	NT
9	Malek Haytham Mhamed	12	HLWAN	NT
10	Abdel Rahman Adel Mohame	12	AHLY	NT

Heat 6 of 19 Finals

1	Ziad Tamer Farouk Hassan	12	DEGLA	3:47.13
2	Mazen Hany Emar	12	ZOHUR	3:41.99
3	Abdullah Khaled Mohamed	12	ZOHUR	3:39.79
4	Abdelwahab Waled Abdelwal	12	GHABA	3:38.78
5	Ali Akram Ibrahim	12	SHOOT	3:37.49
6	Karim Tamer Mohsen	12	SHOOT	3:37.77
7	Ahmed Mohamed Ahmed Ela	12	MRAC	3:39.20
8	Mohamed Mohamed Abdelga	12	Taleaa El Gish	3:41.03
9	Mazen Ahmed Esmael	12	Cairo	3:42.77
10	Hamza Mohamed Abd Elhale	12	ZOHUR	3:54.03

Heat 7 of 19 Finals

1	Ahmed Essam Hamdy	12	GHABA	3:36.66
2	Hussien Yasser Ezzat Hegazy	12	MAADI	3:35.76
3	Omar Ahmed Adel Smaha	12	HELOP	3:34.66
4	Omar Mohamed Mosad Mahr	12	HELOP	3:34.06
5	Nour Eldin Hesham Raafat M	12	SHOOT	3:33.56
6	Hazem Samir Abdelsattar Me	12	Taleaa El Gish	3:33.56
7	Nour Eldin Nady	12	TALBE	3:34.55
8	Felobater Hosam Saad Hana	12	GEZIR	3:35.02
9	Ahmed Tamer Mostafa EL Sai	12	RWAD	3:36.16
10	Mohamed Ahmed Ibraheem I	12	RWAD	3:37.44

Heat 8 of 19 Finals

1	Hassan Abd El Rahman Hassa	12	Alexandria	3:32.88
2	Eslam Mohamed El Sayed	12	AHRAM	3:31.75
3	Youssef Saaed	12	TALBE	3:31.36
4	Abdel Rahman Mohamed Sai	12	DEGLA	3:30.97
5	Adel Amr Kamal Alarosy	12	SHOOT	3:30.14
6	Yassen Mohmed Mhmoud Ho	12	6 OCT	3:30.93
7	Abd Elrahman Tamer Houssa	12	ZOHUR	3:31.24
8	Mahmoud Mostafa Darwesh	12	Nasr City	3:31.43
9	Yousef Amr Moustafa	12	SHROK	3:32.70
10	Seifalaah Waled Mohamed Fe	12	Smouha	3:33.49

Heat 9 of 19 Finals

1	Yossef Mohamed Madhet	12	GHABA	3:28.48
2	Marwan Hossam Mohamed	12	DEGLA	3:26.58
3	Youssef Essam Mohamed	12	AHLY	3:25.84
4	Marwan Ahmed Mohamed K	12	TRSAN	3:25.25
5	Omar Mohamed Mahmoud Al	12	SHOOT	3:24.84
6	Youssef Mohamed Abdelrehe	12	Olympic	3:25.23
7	Youssef Ahmed Mohamed Ra	12	SHOOT	3:25.28
8	Amr Hany Mahmoud Ahmed	12	AHLY	3:26.43
9	Fady Waled Mohamed Ali	12	Smouha	3:27.87
10	Ahmed Mohamed Fahmy	12	AHRAM	3:30.04

Heat 10 of 19 Finals

1	Baraa Bssam Hassan	12	HLWAN	3:24.73
2	Hamza Waled Mohamed	12	Alexandria	3:24.12
3	Abdelharman Hany Mohame	12	Smouha	3:22.89
4	Hanna Refaat Hanna Awadall	12	HELDO	3:22.05
5	Yosuif Ebrahim Zaky	12	GHABA	3:21.61
6	Selem Ebrahim Sayed Ebrahi	12	GEZIR	3:21.95
7	Mohamed Ahmed Al Said	12	Canal El Suez	3:22.19
8	Ali Ahmed Hessin	12	GHABA	3:23.44
9	ali Shrif ali	12	ZMALK	3:24.48
10	Mostafa Tarek Abdelfattah H	12	6 OCT	3:24.74

Heat 11 of 19 Finals

1	Marwan Ehab Abdelkader	12	ZMALK	3:21.36
2	Nour El Din Hassa	12	TALBE	3:21.02
3	Mohamed Wael Mohamed	12	MAADI	3:20.58
4	Ahmed Eslaam Ahmed	12	DEGLA	3:19.90
5	Yassin Ahmed Farahet Mohar	12	Taleaa El Gish	3:19.13
6	Omar Mosaad Rafaat Mosaad	12	MAY15	3:19.47
7	Abdullah Wael Abdellrazik	12	DEGLA	3:20.44
8	Abdelrhman Mohmed Mahm	12	6 OCT	3:20.64
9	Ahmed Tarek Ezzat Mohame	12	SHOOT	3:21.09
10	Karem Mahmoud Wahdan	12	Alexandria	3:21.54

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Heat 12 Finals (#40 Boys 12 Year Olds 200 LC Meter Breaststroke)

1	Karim Hamdy Mahmoud Bad	12	Taleaa El Gish	3:18.61
2	Hassan Tamer Mohammed G	12	SHOOT	3:18.38
3	Omar Hamada Ahmed	12	Canal El Suez	3:17.43
4	Yossef Ayman Hassan Safina	12	MAADI	3:17.09
5	Seif El din Mohamed Hamed	12	AHRAM	3:16.85
6	Amr Khaled Mohamed	12	AHLY	3:16.87
7	Ahmed Fakri Mohamed	12	M.Askaria Alex	3:17.37
8	Zein Eldein Hisham Mohame	12	SHOOT	3:17.93
9	Moaz Ahmed Ali Ahmed	12	RWAD	3:18.50
10	Hussen Mohamed EL Dsoky	12	HELOP	3:18.94

Heat 13 of 19 Finals

1	Karim Hany Abdalla	12	AHLY	3:16.58
2	Mostafa Moh. Ahm. Moh. Mol	12	GEZIR	3:16.44
3	Yassen Abdelwahab Mohame	12	Smouha	3:16.10
4	Omar Gawad Mohamed	12	Cairo	3:15.84
5	Ahmed Hessin Shaban	12	AHRAM	3:15.10
6	Ziad Moahmed Salaheldin M	12	Smouha	3:15.28
7	Adam Yasser Abdelmenem Al	12	Smouha	3:16.06
8	Mohamed Ayman Ibrahim	12	M.Askaria Alex	3:16.14
9	Mohamed Houssam Gamal El	12	Canal El Suez	3:16.50
10	Youssef Abdel Aziz Alaa	12	DEGLA	3:16.64

Heat 14 of 19 Finals

1	Mohamed Haytham Abd el M	12	SHOOT	3:14.25
2	Abd Elrahman Amr Abd Elfat	12	SHAMS	3:13.61
3	Hazem Waled Mostafa	12	ENPPI	3:13.30
4	Adel Mohamed Aly	12	AHLY	3:12.65
5	Mahmoud Ahmed Eltablawy	12	ZOHUR	3:12.48
6	Ziad Mohamed Mostafa Nasr	12	HELDO	3:12.53
7	Ziad Ayman Abd Elfatah	12	NASR	3:13.03
8	el Braaa Moamen	12	TALBE	3:13.57
9	Ahmed Tamer Hamdy Shwat:	12	TANTA	3:13.79
10	Mahmoud Abdelwahab Shab:	12	ENPPI	3:14.99

Heat 15 of 19 Finals

1	Mohammed Mostafa Mahmoi	12	SHOOT	3:12.45
2	Moaz Ahmed Abuzeid Mohan	12	Olympic	3:12.36
3	Mohamed Diaa Eldeen Moha	12	Nasr City	3:12.06
4	Mohamed Taher Allam	12	Stad Mansoura	3:11.60
5	Abd El Rahman Hisham Fath:	12	Alexandria	3:11.45
6	ali Mohamed Mostafa	12	ENPPI	3:11.54
7	Ahmed Mohamed Raafat	12	AHLY	3:11.94
8	Ahmed Osama Hassan Abdal:	12	Bank Ahly Alex	3:12.06
9	Mohamed Mahmoud Mostafa	12	NASR	3:12.41
10	Adham Magdi Mosaad	12	Gezira El Ward	3:12.46

Heat 16 of 19 Finals

1	Moustafa Walid Galal	12	M.Askaria Alex	3:11.24
2	Nadim Rami Mostafa	12	DEGLA	3:11.04
3	Omar Ahmed Elsharkawy	12	Alexandria	3:10.37
4	Abdallah Mahmoud Mohame	12	GHABA	3:09.71
5	Marawan Ashraf Abdel-Rahm	12	AHLY	3:09.34
6	Adam Hossamaldin Abdallah	12	ZMALK	3:09.38
7	Mahmod Mahmod Yasen esa	12	TANTA	3:09.89
8	Anas Yasser Abd El Ghany	12	DEGLA	3:10.40
9	Mohamed Amgad Ali Ragab	12	Smouha	3:11.17
10	Mahmoud Mohamed Mahmo	12	ZMALK	3:11.35

Heat 17 of 19 Finals

1	Ebrahim Mohamed Abdelmol	12	TRSAN	3:08.76
2	Mohmed Haitham Mohmed	12	DEGLA	3:08.08
3	Tarek Tamer Ali Alettr	12	MAADI	3:07.61
4	Youssef Moatsem	12	DEGLA	3:07.03
5	Moaz Wael Gamal Ebrahim	12	SHAMS	3:07.01
6	Mohmed Mostafa Mohme Kh:	12	6 OCT	3:07.01
7	Ziad Hesham Mohamed Sayd	12	DEGLA	3:07.21
8	Belal Ayman Monier	12	AHRAM	3:08.00
9	Mostafa Waled Mostafa	12	ZMALK	3:08.30
10	Adham Maged Mohamed	12	HLWAN	3:08.88

Heat 18 of 19 Finals

1	Moustafa Ahmed Abdelmawg	12	6 OCT	3:06.23
2	Mohamed Ashraf Mostafa	12	TRSAN	3:05.64
3	Amr Waled Salah Mahmoud	12	Bank Ahly Alex	3:05.41
4	abd Elrahman Mohamed Foa:	12	TALBE	3:04.86
5	Abdel Rahman Ahmed Ali	12	DEGLA	3:03.23
6	Eslam Ahmed Mohamed	12	AHLY	3:04.76
7	Khaled Waled Yahia Omar Ta:	12	GEZIR	3:04.88
8	Osama Mahmoud Elbabky	12	Al Shehk Zaeid	3:05.59
9	Ahmed Alaa el din Ahmed	12	ENPPI	3:05.66
10	Seif Mohamed Seif el din	12	TRSAN	3:06.60

Heat 19 of 19 Finals

1	Amr Ossama Mohamed Zwiel	12	Smouha	3:01.07
2	Ziad Ahmed Ibrahim Abdelha	12	Taleaa El Gish	3:00.22
3	Rami Michel Artigaud	12	GEZIR	2:58.39
4	Yassin Mohamed Abdelgawac	12	Olympic	2:53.24
5	Ibrahim Yasser Farahat Abde	12	MAADI	2:49.63
6	Mohamed Amr Hussein	12	DEGLA	2:52.39
7	Basel Al Sayed Houssein	12	SENZO	2:56.66
8	Omar Ahmed Salah	12	AHLY	2:58.65
9	Yahia Mohamed Ahmed	12	Elethad	3:00.60
10	Mansour Sherif Mohamed Sal	12	DEGLA	3:02.51

Event 41 Girls 12 Year Olds 400 LC Meter Freestyle

National: 4:40.93 2008 Hanneia Mohamed Hany Mouro

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

1	Gana Hosney Kamal	12	TALBE	NT
2	Sandra Hany Said Fouad	12	Taleaa El Gish	NT
3	Malak Ahmed Mohamed	12	DEGLA	NT
4	Kenzy Hesham Abd EL Wahe	12	HELOP	NT
5	Norhan Mahmoud Gaber	12	Ezz El Dekhela	NT
6	Menatalla Mohamed Azmy	12	Canal El Suez	NT
7	Kenzy Mohamed el Sebaey	12	Cairo	NT
8	Retag Mohamed Ragab	12	ZMALK	NT
9	Joumanah Sherif Abdel Mana	12	DEGLA	NT
10	Alaa Abdelaziz Hasan	12	Nasr City	NT

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-08-2018 Morning

Heat 2 Finals (#41 Girls 12 Year Olds 400 LC Meter Freestyle)

1	Radwa Amr Mostafa	12	AHLY	NT
2	Nour Shady Mohamed	12	DEGLA	NT
3	Gana Yasser Mohamed Samy	12	SHAMS	NT
4	Basant Mohamed Mahros	12	Al Shehk Zaeid	NT
5	Joumana Haytham Mohassen	12	AHRAM	NT
6	Hana Ahmed Shaban	12	ZOHUR	NT
7	Mahinour Amgad Mohamed	12	MAY15	NT
8	Jana Sameh Mohamed	12	Canal El Suez	NT
9	Roqiya Motaaz Mohamed Fat	12	SHAMS	NT
10	Slma Ebrahim Ahmed Hamei	12	6 OCT	NT

Heat 3 of 8 Finals

1	Farida Khaled Mohamed El G	12	HELDO	NT
2	Shahd Wafeek eid	12	Al Hawar	6:00.15
3	Hams Hisham Mohamed	12	Cairo	5:55.23
4	Aliya Ahmed ElMostafa Monz	12	SHAMS	5:52.19
5	Nada Haatem Nagaty	12	HELOP	5:47.91
6	Mariam Mohamed Abdel Mor	12	DEGLA	5:49.13
7	Haidy Abd Elaziz Shafeey	12	SHROK	5:52.83
8	Malak Essam Ibrahim Ismail	12	Taleaa El Gish	5:58.39
9	Basant Ayman Mohamed Abc	12	6 OCT	6:02.06
10	Norhan Maged Fawzy Maged	12	DEGLA	NT

Heat 4 of 8 Finals

1	Habeba Amro Mah. Daba	12	GEZIR	5:47.48
2	Nour Mohamed Abdelkarim	12	ZMALK	5:41.84
3	Lojain Khaled Ibrahim Moha	12	Smouha	5:40.93
4	Farida Tamer Mohammed Sal	12	SHOOT	5:37.50
5	Marim Hatem Mohamed	12	AHRAM	5:36.50
6	Fatma Ahmed Fathey	12	Canal El Suez	5:37.26
7	Marim Mamdouh Shyeb	12	AHRAM	5:38.07
8	Sama Mohamed Helmy	12	Elethead	5:41.65
9	Lila Esam Mohammed	12	SHOOT	5:45.88
10	Hoda Gamal Kiwan	12	Raas El Bar Club	5:47.85

Heat 5 of 8 Finals

1	Doha Mohamed Salah Mohan	12	Smouha	5:33.11
2	Salma Mohamed Abd el Wah	12	DEGLA	5:31.26
3	Dema Tarek Abdelkhleq	12	Gezira El Ward	5:29.61
4	Yasmen Ahmed Basim	12	Alexandria	5:27.75
5	Roqaia Mostafa Al Feiqy	12	Canal El Suez	5:27.65
6	Kenzy Hazem Moneeb	12	Cairo	5:27.74
7	Reem Wael Salah Hassan	12	GHABA	5:28.80
8	Salma Mahmoud Abdo Mosa	12	Al Hawar	5:29.74
9	Mariam Mohamed abo Elnasi	12	Al Hawar	5:32.13
10	Malak Sameh Mostafa	12	Gezira El Ward	5:36.34

Heat 6 of 8 Finals

1	Zena Mohamed Abd EL Hame	12	HELOP	5:26.26
2	Hala Hany Abdelwahab	12	GHABA	5:24.09
3	Sara Tarek Abd El Aziz Ahme	12	HELDO	5:23.18
4	Lojin Ebrahim Zayed	12	Al Hawar	5:22.77
5	Shahd Khaled Elbarawy	12	AHLY	5:21.67
6	Yasmin Mohamed Alaa	12	AHLY	5:22.69
7	Gamila Mohamed Anwar	12	AHLY	5:22.77
8	Amira Hatem Ahmed Shawky	12	MAADI	5:23.80
9	Kenzy Tamer Ahmed Abdelha	12	Smouha	5:25.34
10	Anod Amr Abd El Aziz	12	DEGLA	5:26.43

Heat 7 of 8 Finals

1	Menatalla Khaled Abdel Hady	12	AHLY	5:20.80
2	Nour Adel Abdel Raof	12	ENPPI	5:19.54
3	Mariam Mohamed Ali Fekry	12	6 OCT	5:18.95
4	Menatalla Khaled Mohamed	12	AHLY	5:16.73
5	Sarah Mohamed Abd ElSalam	12	HELDO	5:15.52
6	Gana Ahmed Gamal Elebyary	12	TANTA	5:16.71
7	Sagod Ahmed Ramzy	12	GHABA	5:18.11
8	Nada Tamer Hany	12	MAADI	5:19.28
9	Maryam George Aziz	12	Stad Mansoura	5:19.60
10	Marim Sherif Mohamed Shaw	12	MAADI	5:20.81

Heat 8 of 8 Finals

1	Jolin Hany Gamal	12	Alexandria	5:14.31
2	Rokaia Hisham Ahmed	12	SHOOT	5:05.82
3	Hala Bassem Hesham	12	Stad Mansoura	5:04.44
4	Elena Rogeh Hany	12	DEGLA	5:02.75
5	Malak Hesham Mohamed	12	AHLY	4:55.21
6	Shimaa Mohamed Hussien	12	TALBE	5:01.19
7	Gana Salah Kamal ElDin	12	AHLY	5:03.68
8	Farah Tarek Fathy	12	Stad Mansoura	5:05.22
9	Nadine Karim Mansour Saleh	12	SHOOT	5:07.96
10	Maryem Ahmed Saed Mahmo	12	TANTA	5:15.39