

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-10-2018 Evening

## Event 54 Girls 12 Year Olds 50 LC Meter Freestyle

National:		27.39	2007		Fareda Hesham Ahmed Osman
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 42 Finals</b>					
4	Zeina Alamin Abdelmonem	12	6 OCT		NT
5	Shahinaz Moaataz Abdel Aziz	12	AHLY		NT
6	Minna Mohamed Yousry	12	ZMALK		NT
<b>Heat 2 of 42 Finals</b>					
1	Hayat Yaaser Azmy	12	ENPPI		NT
2	Judy Adel Mohammady	12	Taleaa El Gish		NT
3	Amanda Nasr Mohammed	12	SHOOT		NT
4	Marim Mahmoud Sayed Abba	12	Taleaa El Gish		NT
5	Fatma Mohamed Hamed	12	Canal El Suez		NT
6	Lojin Mohamed Moustafa	12	M.Askaria Alex		NT
7	Fatima Ibrahim Hussin	12	ZOHUR		NT
8	Kanzy Essam Saed	12	GHABA		NT
9	Haia Hassan Ali Zain EL Abed	12	HELOP		NT
<b>Heat 3 of 42 Finals</b>					
1	Hala Ahmed Abdel Tawab	12	Beni Suef Club		NT
2	Fatma Mahmoud Oraby Mahr	12	BNK.G		NT
3	Heaven Maged Zarif	12	DEGLA		NT
4	Fatma el Zahraa Mohmed	12	ZMALK		NT
5	Hoda Hany Mohamed	12	DEGLA		NT
6	Maya Kamal Mohamed Mhmc	12	Smouha		NT
7	Gamela Ahmed Sayed	12	HLWAN		NT
8	Malak Mohamed Abd el Rahn	12	DEGLA		NT
9	Rawan Sherif El Saied	12	TAGAM		NT
10	Khadiga Mohamed Rafaat	12	AHLY		NT
<b>Heat 4 of 42 Finals</b>					
1	Shahd Wafeek eid	12	Al Hawar		NT
2	Sara Mohamed Hassan	12	GHABA		NT
3	Sama Sayed Zaky	12	DEGLA		NT
4	Malalk Wael Kandil	12	DEGLA		NT
5	Shrouk Wael abd Elwahed	12	TRSAN		NT
6	Zeina Adel Hussine	12	SHOOT		NT
7	Nour Mohamed Abdelkarim	12	ZMALK		NT
8	Maya Ahmed Mohamed Abdc	12	6 OCT		NT
9	Nancy Mohamed El Sayed	12	M.Askaria Alex		NT
10	Zena Nader Galal Moh. Basha	12	GEZIR		NT
<b>Heat 5 of 42 Finals</b>					
1	Malak Mahmoud Ahmed Sha	12	DEGLA		NT
2	Elena Peter Samir	12	DEGLA		NT
3	Doha Motaz Essam Mohamec	12	SHAMS		NT
4	Farah Okasha Yousif	12	HLWAN		NT
5	Sama Tamer Araby	12	TAGAM		NT
6	Jumana Moataz Abu Bakre	12	Taleaa El Gish		NT
7	Sama Mohamed Elhady	12	HLWAN		NT
8	Nermin Mohamed Ahm. Mod	12	GEZIR		NT
9	Laila Mahmoud Abo Bakr	12	AHLY		NT
10	Malak Medhat Moustafa	12	M.S Tagamoa		NT

## Heat 6 of 42 Finals

1	Gana Mohamed Alseze	12	Raas El Bar Club		NT
2	Arwa ali	12	MAY15		NT
3	Haidy Abd Elaziz Shafeey	12	SHROK		NT
4	Jody Ramy Fathy	12	MRAC		NT
5	Maya Mohamed Alaaeldin Ab	12	SHOOT		NT
6	Sarah Hatem Mohamed Abda	12	DEGLA		NT
7	Aya Osama Ahmed	12	DEGLA		NT
8	Nour Ashraf Ali	12	Beni Suef Club		NT
9	Jana Nasser Farok Mostafa	12	NASR		NT
10	Shahd Ahmed Fakhreldin	12	TAGAM		NT

## Heat 7 of 42 Finals

1	Nada Waleed MoheB Al Assut	12	SHOOT		NT
2	Jana Amr Mohamed	12	M.S Tagamoa		NT
3	Ganat Mohamed Eid	12	Fayoum Club		NT
4	Sarah Ehab Nathan	12	DEGLA		NT
5	Basmala Mohamed Ahmed M	12	NASR		NT
6	Tamara Mohamed Zaghlol M	12	NASR		NT
7	Mahinour Amgad Mohamed	12	MAY15		NT
8	Hana Hany Sobhy Abo EL Saa	12	HELOP		NT
9	Jana Ahmed Mohamed Abdo	12	NASR		NT
10	Naira Hany Mohamed	12	NASR		NT

## Heat 8 of 42 Finals

1	Shahd Abdel Naim Ramadan	12	Beni Suef Club		NT
2	Younna Wael Abdallah	12	ZMALK		NT
3	Naghham Mahmoud Kamel	12	TAGAM		NT
4	Malk Hassan Ubrahim Hassar	12	SHAMS		NT
5	Marim Ahmed Hassan	12	SHROK		NT
6	Aliaa Hossam Gaber	12	DEGLA		NT
7	Goudy Hossam Younes	12	HELOP		NT
8	Sama Khaled Mahmoud	12	ZMALK		NT
9	Shahd Tamer Taha	12	TAGAM		NT
10	Riham Ahmed Hasan	12	SHROK		NT

## Heat 9 of 42 Finals

1	Hager Mmdouh Mohamed	12	Al Zaher		NT
2	Nour Amr Mah. Fouad Elguin	12	GEZIR		NT
3	Malak Ahmed El Sayed	12	DEGLA		NT
4	Basmalah Mohsen Mohammed	12	Beni Suef Club		NT
5	Salma Maged Ahmed	12	DEGLA		NT
6	Malak Ibrahim Gomaa	12	DEGLA		NT
7	Laila Ahmed Emam	12	DEGLA		NT
8	Carol Tamer Ragaye	12	DEGLA		NT
9	Jana Mohamed Saad	12	ZMALK		NT
10	Hana Mahmoud Abdelmenaa	12	ROYAL		NT

## Heat 10 of 42 Finals

1	Malak Mohamed Mohsen	12	ZMALK		NT
2	Jana Yaser Mostafa	12	ENPPI		NT
3	Zenab Mohamed Gomaa	12	HLWAN		NT
4	Fareida Sherif Farouk	12	SHARK		NT
5	Mariam Mostafa Mohamed N	12	6 OCT		NT
6	Bakinam Mahmoud Abd el K	12	M.Askaria Alex		NT
7	Jana Mohamedf Helmy	12	6 OCT		NT
8	Malak Ahmed Mohmed Yahia	12	AHRAM		NT
9	Mariam Abdel Azzim Mahmo	12	SHARK		NT
10	Amira Hatem Ahmed Shawky	12	MAADI		NT

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## Heat 11 Finals (#54 Girls 12 Year Olds 50 LC Meter Freestyle)

1	Kariman Haitham Mahmoud	12	DEGLA	NT
2	Fatma Mohamedf abd el Sha	12	TRSAN	NT
3	Ghada abo Alaa abd Elnafa	12	ZMALK	NT
4	Shahd Ayman Esa	12	DEGLA	NT
5	Malak Ali Abdul Jawad	12	Beni Suef Club	NT
6	Bassant Mohamed Ahmed M	12	NASR	NT
7	Marim Mamdouh Shyeb	12	AHRAM	NT
8	Hend A. Eioun	12	DEGLA	NT
9	Merna Alaa Mohamed	12	DEGLA	NT
10	Hanin Hassan Said	12	DEGLA	NT

## Heat 12 of 42 Finals

1	Farida Walid El Sayed	12	AHLY	59.18
2	Joudy Wael Ahmed	12	DEGLA	51.62
3	Judi Wael Salah Negm	12	ZOHUR	50.38
4	Ganna Maged Zakaria	12	AHLY	48.78
5	Ann Girgis Meawad	12	DEGLA	48.35
6	Rola Samer Abd Elrahman	12	GOLDY	48.54
7	Rawan Ahmed Abdou	12	DEGLA	50.11
8	Maryam Khaled Hussein Aly	12	BNKG	50.64
9	Alaa Mohamed Fatehy	12	TALBE	52.40
10	Safia Samy Yousef	12	NASR	NT

## Heat 13 of 42 Finals

1	Salma Zeno Mohamed	12	DEGLA	47.98
2	Gana Kamel	12	ZMALK	47.20
3	Arwa Osama Abd Allah	12	SHROK	47.02
4	Toka Ashraf Mohamed	12	HLWAN	46.42
5	Rawan Mohamed Awad	12	DEGLA	45.78
6	Ghada Adel Elsayed	12	HLWAN	45.89
7	Habiba Eihab Mahmoud	12	Misr	46.55
8	Ziena Ayman Mohamed	12	Misr	47.19
9	Sama Wail Ismail	12	MAY15	47.88
10	Jana Hussein Mohamed	12	DEGLA	48.20

## Heat 14 of 42 Finals

1	Gana Esmail Adel Abd EL Kf	12	HELOP	45.04
2	Farah abd rab al Rasool	12	TALBE	44.64
3	Leliaa Ahmed Mohamed	12	SHOOT	44.46
4	Malak Hosam EL Den Moham	12	HELOP	44.29
5	Aisha Mohamed Abbas	12	DEGLA	43.96
6	Haidy Mohamed Mohamed T	12	SHOOT	44.05
7	Marim Mohamed Ahmed	12	BNKG	44.45
8	Jana Ahmed Hassan Mwafy	12	DEGLA	44.58
9	Safwa Hany Farag	12	MRAC	44.67
10	Aisel Mohamed Aly	12	AHLY	45.75

## Heat 15 of 42 Finals

1	Gody Alaa Said	12	SHROK	43.63
2	Reem Mohamed El Sayed	12	DEGLA	43.53
3	Nour Ayman eid Abdlehamid	12	HLWAN	43.23
4	Malak Ahmed Youssef	12	DEGLA	43.14
5	Alya Hatem Hassan	12	AHLY	42.90
6	Malak Ahmed Mosa	12	HLWAN	42.99
7	Farah Hazem Mohamed	12	SHAMS	43.19
8	Jody Samer Ibrahim	12	Alexandria	43.31
9	Youmna Amen Abdelazeem	12	Mansheit Naser	43.54
10	Shaza Abdallah Abraham	12	TALBE	43.68

## Heat 16 of 42 Finals

1	Joumana Walid Mounir	12	DEGLA	42.82
2	Lojain Wael Mohamed	12	MRAC	42.49
3	Rahma Mohamed Ebraheem	12	Cairo	42.38
4	Zinab Essam Radee	12	Al Shehk Zaeid	42.07
5	Sagda Amr Fekre	12	SHOOT	41.92
6	Rouwa Osama Fawzy Abdel A	12	M.SH	41.96
7	Habiba Ehab Hassan	12	AHRAM	42.30
8	Malak Khaled Ahmed	12	DEGLA	42.40
9	Yasmin Naser Saied	12	ZMALK	42.80
10	Mariam Moustafa Ebrahim	12	AHLY	42.88

## Heat 17 of 42 Finals

1	Marym Ahmed Mohamed	12	Taleaa El Gish	41.90
2	Yasmen Ayman Abd el Haleer	12	RWAD	41.49
3	Joudy Ayman Fathy	12	DEGLA	41.42
4	Shahd Ashraf Abdalla Ali	12	Taleaa El Gish	41.39
5	Gana Moustafa Ahmed	12	GHABA	41.31
6	Zena Sherif Metwaly	12	HLWAN	41.38
7	Rawan Mohamed Nasr	12	MAY15	41.40
8	Hoda Ahmed Salah	12	SHROK	41.45
9	Malak Ayman Ali Abd El Sata	12	DEGLA	41.66
10	Habiba Ibrahim Essa	12	DEGLA	41.90

## Heat 18 of 42 Finals

1	Salma Hamed Abdel Hafiz	12	DEGLA	41.26
2	Ruba Ehab Ahmed Mohamed	12	ZOHUR	41.09
3	Jana Tamer Mohamed EL Ref	12	DEGLA	41.01
4	Haidy Tarek Barakat	12	DEGLA	40.88
5	Habiba Ebrahim Mahmoud	12	Taleaa El Gish	40.84
6	Samar Salah Mostafa	12	ZOHUR	40.85
7	Ritchel Maikel Ebrahim	12	Taleaa El Gish	40.98
8	Login Walid Abo Elela	12	AHLY	41.03
9	Salma Waael Abdelmonem	12	ENPPI	41.19
10	Salma Mohamed Mamdoh	12	GOLDY	41.30

## Heat 19 of 42 Finals

1	Mariam Mohamed Hassan Ah	12	SHAMS	40.37
2	Jana Maged Teby Hassan	12	DEGLA	40.12
3	Hana Mohamed El Bermawy	12	DEGLA	39.97
4	Jana Shady Mohamed Said	12	ZOHUR	39.88
5	Login Omar Ezz Eldin	12	AHLY	39.76
6	Mariam Attia Abdelaziz Zalt	12	SHOOT	39.88
7	Mariam Saber Ibrahim Moha	12	6 OCT	39.94
8	Mariem Omar Abdelhalem	12	Nasr City	40.00
9	Malak Ahmed Abdel Hamid	12	DEGLA	40.24
10	Hana Rame Safwat	12	Al Shehk Zaeid	40.47

## Heat 20 of 42 Finals

1	Ahd Essam Eldin Fared	12	MRAC	39.66
2	Khadija Mohamed Amr Abd F	12	SHOOT	39.61
3	Mariem Ahmed Hamed	12	Cairo	39.53
4	Jana Hazem Dawood ali	12	DEGLA	39.49
5	Sulaf Wessam Ahmed	12	MAY15	39.43
6	Lojin Mohamedf Mostafa	12	SHOOT	39.48
7	Salma Ahmedd Ashraf Kogak	12	HELOP	39.53
8	Ronaz Mohamed Ahmed	12	DEGLA	39.60
9	Arwa Aiyman Darwish	12	TALBE	39.65
10	Waad Salah ELdin Waheed Sa	12	HELDO	39.66

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## Heat 21 Finals (#54 Girls 12 Year Olds 50 LC Meter Freestyle)

1	Roaa Abdelmonem Hmdy Ab	12	6 OCT	39.34
2	Jolie Ishack Fingary Youssef	12	Taleaa El Gish	39.24
3	Solaf Ahmed Abd el Moneim	12	BNK.G	39.09
4	Jumana Hussein Ramzy	12	TALBE	38.99
5	Maryam Ali Mohamed	12	AHRAM	38.96
6	Samaa Mohamed Bader	12	HLWAN	38.96
7	Jana Emad Mohamed	12	DEGLA	39.08
8	Mariam Said Habib	12	DEGLA	39.23
9	Gana Wael Youssef Mahmoud	12	DEGLA	39.29
10	Heba Said Mohamed	12	BNK.G	39.40

## Heat 22 of 42 Finals

1	Gana Ebrahim Mohamed Han	12	HELOP	38.84
2	Salma Khaled Shafek	12	DEGLA	38.74
3	Lojain Hosam Mohamed	12	TWFIK	38.69
4	Nour Moustafa Mohamed Aly	12	AHLY	38.63
5	Shahd Ashrf Abdelslam	12	Taleaa El Gish	38.58
6	Leina Al Sayed	12	Canal El Suez	38.60
7	Basent Mohamed abd	12	Nasr City	38.65
8	Basmala Ashraf Gamal	12	Cairo	38.72
9	Farieda Ahmed Mohamed	12	Nasr City	38.76
10	Salma Abdel Hamid Mazrouh	12	DEGLA	38.87

## Heat 23 of 42 Finals

1	Rawan Osama Mostafa	12	ZOHUR	38.33
2	Jana Mohamed Ahmed Mosta	12	DEGLA	38.23
3	Farida Aly Hasaneen	12	AHLY	38.13
4	Yara Ahmed Elsayed	12	SHROK	38.00
5	Lina Kaled Mohamed	12	AHRAM	37.92
6	Hala Yasser Mohamed	12	AHRAM	37.98
7	Login Emad Farok	12	TAGAM	38.04
8	Maya Karim Hussein Hafiz	12	HELDO	38.19
9	Fayrouz Ashraf Mohamed Ab	12	DEGLA	38.32
10	Razan Ammar Shafeek	12	Nasr City	38.33

## Heat 24 of 42 Finals

1	Habiba Ahmed Elwy	12	SHOOT	37.83
2	Hagar Hasan Mohamed	12	DEGLA	37.74
3	Hania Hatem Mohamed	12	ZOHUR	37.71
4	Toka Ahmed Nasr	12	MRAC	37.70
5	Nour Amr Diab	12	AHLY	37.60
6	Jody Mohamed Ragab	12	ZOHUR	37.64
7	Malak Mohamed Abdelmonei	12	DEGLA	37.70
8	Gana Shreif Hassan el Sayed	12	DEGLA	37.74
9	Haia Hatem Hussen Mohame	12	HELOP	37.76
10	Nourhan Mohamed Ahmed R	12	ZOHUR	37.84

## Heat 25 of 42 Finals

1	Lojin Amr El Galad	12	M.Askaria Alex	37.42
2	Mariam Wael Hamed	12	AHLY	37.41
3	Shahd Hitham Mahmoud	12	ZOHUR	37.26
4	Carol Sameh Ezzat	12	DEGLA	37.23
5	Lojain Ibrahim Mohamed Wal	12	6 OCT	37.09
6	Habiba Khalid Gaber	12	Alexandria	37.10
7	Ahd Allah Eid Mohamed	12	DEGLA	37.23
8	Yasmin Hussein Mohamed	12	ZOHUR	37.35
9	Habeba Omar Sobhi	12	HELOP	37.41
10	Bassant Ashraf Mansor	12	NASR	37.44

## Heat 26 of 42 Finals

1	Joudy Ayman Shawky	12	Alexandria	37.02
2	Reem Shaban Mostafa Sharaf	12	Taleaa El Gish	36.97
3	Shahd Ahmed Basouny	12	SHROK	36.88
4	Gana Khaled Mohamed	12	AHLY	36.81
5	Mirolla Hany Samir	12	DEGLA	36.66
6	Goudy Mahmoud Roshdi	12	M.Askaria Alex	36.73
7	Farida Emad El din Fouad	12	DEGLA	36.84
8	Jana Ayman Said	12	ZMALK	36.91
9	Habiba Hossam Eldin Abdel M	12	AHLY	37.01
10	Malak Samir Mahmoud Desoi	12	MAY15	37.03

## Heat 27 of 42 Finals

1	Sama Tamer Maged Hassan	12	HELDO	36.60
2	Zeina Tarek Abd El Hamid	12	SHOOT	36.56
3	Jana Ehap Yossef	12	GHABA	36.52
4	Malak Ayman Ahmed	12	AHLY	36.50
5	Farah Omer Mahmoud Samy	12	6 OCT	36.45
6	Amina Mohamed Ahmed Saei	12	HELOP	36.46
7	Jowairea Gamal Mohamed	12	ZOHUR	36.51
8	Rana Ahmead Refaat	12	Al Shehk Zaeid	36.56
9	Joumana Samy Mahmoud	12	AHRAM	36.59
10	Yara Hany Mohamed Moham	12	RWAD	36.62

## Heat 28 of 42 Finals

1	Tasabe Yousef Mohamed	12	TALBE	36.43
2	Mariam Mohmed Aamer Moh	12	6 OCT	36.27
3	Shahd Elsyed Elmansy	12	TANTA	36.23
4	Nadeen Ahmed Saed Dawood	12	6 OCT	36.13
5	Hager Taha Mahmoud	12	DEGLA	35.96
6	Malak Ehab Saaed Yassin	12	SHOOT	36.11
7	Sma Yasser Hmada	12	SHOOT	36.22
8	Zena Ayman Hasan	12	TANTA	36.24
9	Yasmine Ahmed el Sayed	12	DEGLA	36.34
10	Roaa Hany Abdel Azim	12	DEGLA	36.44

## Heat 29 of 42 Finals

1	Malak Essam Ibrahim Ismail	12	Taleaa El Gish	35.92
2	Nour Diaa Eldin Fathy	12	NASR	35.74
3	Jory Mohamed Hamed	12	TANTA	35.63
4	Salma Ahmed Sayed	12	ZOHUR	35.61
5	Jana Osama Nassif	12	DEGLA	35.50
6	Hana Hasan Arafa	12	TANTA	35.57
7	Habiba Walid Abu Elwafa	12	Alexandria	35.63
8	Anaan Mohamed Ahmed	12	Al Zaher	35.66
9	Gana Adel Elyas Mossa	12	DEGLA	35.89
10	Amina Khalid Rashid	12	Alexandria	35.92

## Heat 30 of 42 Finals

1	Rodaina Sherif Abdalla Nasr	12	SHOOT	35.49
2	Lara Mostafa Mohamed Isma	12	HELDO	35.39
3	Lojien Ayman Ali	12	SHAMS	35.32
4	Eleanor Atef Adel	12	ZOHUR	35.25
5	Nour Sameh El Refae	12	DEGLA	35.16
6	Mana Alaa Ahmed Saad Kord	12	SHOOT	35.18
7	Malak Akram Ebrahim Hebes	12	GEZIR	35.29
8	Maira Ahmed Esmat	12	AHLY	35.33
9	Malak Ragaie Reda	12	SHOOT	35.46
10	Halla Alla Maher	12	DEGLA	35.50

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## Heat 31 Finals (#54 Girls 12 Year Olds 50 LC Meter Freestyle)

1	Farah Ahmed Mourad	12	Alexandria	35.05
2	Jana Ashraf Mohamed Gaber	12	Olympic	35.04
3	Malak Ahmed Said	12	DEGLA	34.93
4	Mariem Mohammed abd Elaz	12	MAY15	34.86
5	Farida Tamer Mohammed Sal	12	SHOOT	34.79
6	Jana Hisham Mohamed	12	Cairo	34.85
7	Hana Khaled Zakaria	12	AHLY	34.89
8	Mariam Mohamed Abdel Mor	12	DEGLA	35.01
9	Farah Ahmed Sadelden Ragaj	12	6 OCT	35.04
10	Logain Ahmed Mostafa	12	DEGLA	35.07

## Heat 32 of 42 Finals

1	Joumana Mahmoud Karam	12	Cairo	34.71
2	Norhan Mahmoud Gaber	12	Ezz El Dekhela	34.61
3	Yara Tamer Ahmed Mgdy	12	6 OCT	34.58
4	Menaallah Osama Khalil Khal	12	Smouha	34.57
5	Alya Ahmed Adel	12	SHOOT	34.52
6	Haya Shrif Ahmed	12	DEGLA	34.56
7	Nawal Mostafa Hatem Abd El	12	GEZIR	34.58
8	Aya Bassam Heikal Abdel Har	12	SHOOT	34.60
9	Menatalla Mohamed Azmy	12	Canal El Suez	34.64
10	Malk Mohamed Allam Mohan	12	SHAMS	34.72

## Heat 33 of 42 Finals

1	Hager Sameh Yosef	12	ZOHUR	34.46
2	Sandy Mohamed Salah Safoh	12	TANTA	34.40
3	Salma Mohmed Abdelazeem :	12	6 OCT	34.33
4	Jana Haytham Mohamed Ahn	12	DEGLA	34.29
5	Sama Hany Mohamed	12	AHRAM	34.26
6	Jana Eslam Sharf	12	M.Askaria Alex	34.26
7	Lougin Medhat Mohamed	12	AHLY	34.29
8	Ganna Mohamed Mahmoud	12	AHLY	34.34
9	Vania Ahmed Sarwat	12	DEGLA	34.44
10	Lojauin Essam Mohasab	12	DEGLA	34.48

## Heat 34 of 42 Finals

1	Jomana Wael Awadallah	12	DEGLA	34.24
2	Esraa Ayman Elgohary Moha	12	TANTA	34.10
3	Menatallah Mohamed Aly	12	6 OCT	34.05
4	Salma Mahamed Abd Elrheer	12	SHOOT	34.01
5	Roudina Sameh Said	12	M.ARB	34.00
6	Kanzy Youssef Mohamed	12	ZMALK	34.01
7	Malak Mokhtar Mohamed	12	DEGLA	34.02
8	Malak Amr Mohamed Abd Ell	12	SHOOT	34.08
9	Linda Hatem El Nabwy	12	Alexandria	34.17
10	Fatma Mohamed Hassan	12	GHABA	34.25

## Heat 35 of 42 Finals

1	Hanin Ahmed El Sobhy	12	DEGLA	33.97
2	Belissia Mamdouh Gaber	12	HELDO	33.87
3	Malak Nagy Mokhtar	12	DEGLA	33.79
4	Alia Shref Mohamed	12	HELOP	33.70
5	Fareda Tamer Mahmed	12	TAGAM	33.66
6	Joudy Mohamed Osama	12	DEGLA	33.68
7	Farida Omer Khalil Mohamed	12	SHOOT	33.75
8	Rokaia Gamal Mohamed	12	AHLY	33.84
9	Sama Mohamed Helmy	12	Elethead	33.91
10	Nour Zaghlol	12	Baladia El Mahal	33.98

## Heat 36 of 42 Finals

1	Lila Esam Mohammed	12	SHOOT	33.60
2	Mariam Mohamed Sobhy	12	DEGLA	33.44
3	Farida Mohamed Ahmed El O	12	SHOOT	33.38
4	Sara Osama Tawfik	12	M.ARB	33.29
5	Lana Sherif Mohamed Abo El	12	SHAMS	33.21
6	Dina Alaa Ibrahim Hussien	12	Smouha	33.25
7	Rana Ahmed Mahmoud Tawfi	12	SHOOT	33.29
8	Nour Shady Mohamed	12	DEGLA	33.43
9	Jana Hisham Shaheen	12	Cairo	33.50
10	Malak Mohamed Yehia	12	HELOP	33.65

## Heat 37 of 42 Finals

1	Hams Hisham Mohamed	12	Cairo	33.06
2	Salma Osama Mohamed	12	ENPPI	33.03
3	Alia Ahmed Soka	12	Alexandria	33.00
4	Nada Mohamed Mahmoud	12	DEGLA	32.95
5	Habiba Mohamed El Maghrat	12	DEGLA	32.79
6	Rana Ismaiel Ahmed	12	DEGLA	32.83
7	Sara Tarek Abd El Aziz Ahme	12	HELDO	33.00
8	Meya Mohamed Samer	12	ZOHUR	33.02
9	Jana Amer Mamon	12	TANTA	33.03
10	Jowayreya Mohamed Saad H	12	Olympic	33.18

## Heat 38 of 42 Finals

1	Merna Waled Hamad Ghonen	12	Smouha	32.68
2	Rawan Mostafa Abdallah	12	DEGLA	32.63
3	Sara Gorg Soleman Farg Solei	12	GEZIR	32.49
4	Nada Ahmed Saif El Din	12	MAADI	32.27
5	Malak Ahmed Osama	12	M.ARB	32.24
6	Amal Mohamed Farouk	12	Al Hawar	32.25
7	Joudy Magdy Abbas	12	Olympic	32.40
8	Lojin Ebrahim Zayed	12	Al Hawar	32.60
9	Rawan Osama Mehana	12	DEGLA	32.67
10	Roqia Mostafa Al Feiqy	12	Canal El Suez	32.78

## Heat 39 of 42 Finals

1	Hagar Mohamed Ibrahim Ab	12	Smouha	32.13
2	Jana Sherif Kamal	12	DEGLA	32.07
3	Sama Gehad Mohamed	12	TWFIK	32.06
4	Sandra ElGamal Moh. Sayd M	12	GEZIR	31.91
5	Sara Mohamed Anwer	12	Ezz El Dekhela	31.83
6	Menatalla Khaled Abdel Hady	12	AHLY	31.85
7	Jada Yaser Mostafa	12	ENPPI	31.99
8	Malak Mohamed Awees	12	AHLY	32.07
9	Jessica Hany Nagah	12	GHABA	32.11
10	Karma aly Elsheraee	12	HELOP	32.17

## Heat 40 of 42 Finals

1	Menatalla Khaled Mohamed	12	AHLY	31.76
2	Shahd Ahmed Safwat	12	Cairo	31.61
3	Sama Mohamed Gameil	12	GHABA	31.59
4	Shahd Khaled Elbarawy	12	AHLY	31.52
5	Roqiya Motaaz Mohamed Fat	12	SHAMS	31.31
6	Hanen Amr Mahmoud	12	NASR	31.51
7	Gamila Mohamed Anwar	12	AHLY	31.53
8	Rokaia Hisham Ahmed	12	SHOOT	31.61
9	Julie Akram Ahmed	12	AHLY	31.63
10	Farida Mohamed Adel Khatta	12	ZOHUR	31.77

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-10-2018 Evening

## Heat 41 Finals (#54 Girls 12 Year Olds 50 LC Meter Freestyle)

1	Mirna Sameh Shawky Mostaf	12	HELDO	31.19
2	Hana Wael Magdi Mah . Elsa	12	GEZIR	31.16
3	Hala Ahmed Khalf	12	AHLY	31.00
4	Anod Amr Abd El Aziz	12	DEGLA	30.82
5	Aisha Ahmed Khaled	12	AHLY	30.72
6	Nour Elsabah Ahmed Amer	12	AHLY	30.81
7	Mariam Mohamed Harb	12	HELOP	30.94
8	Mariam Omran Ahmed Moha	12	SHOOT	31.15
9	Ritag Ehab Sayed Mohamed	12	SHAMS	31.17
10	Esraa Wael Ezat	12	ZMALK	31.30

## Heat 42 of 42 Finals

1	Dina Hamdy Mohmed Abolro	12	6 OCT	30.54
2	Nada Tamer Aamer Mohmed	12	6 OCT	30.43
3	Delara Khaled Ahmed Mohan	12	Olympic	30.22
4	Karin Elya Abd el Malak	12	AHRAM	29.68
5	Jolin Hany Gamal	12	Alexandria	29.17
6	Malak Hesham Mohamed	12	AHLY	29.67
7	Yasmin Hosam EL Den Abd E	12	HELOP	29.84
8	Arwa Khaled Osman Eltokhy	12	TANTA	30.35
9	Alia Khaled Abas Sabaa	12	HELOP	30.44
10	Farida Ahmed Ibrahim	12	GHABA	30.71

## Event 55 Boys 12 Year Olds 400 LC Meter IM

National: 5:11.24 2013

Omar Adal Abas

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 8 Finals

4	Adm Mohamed Kandiel	12	SHAMS	NT
5	Moaz Wael Gamal Ebrahim	12	SHAMS	NT
6	Ahmed Hassan Ahmed Hassa	12	DEGLA	NT

## Heat 2 of 8 Finals

1	Yehia Karim Nabil Elzawawy	12	Smouha	NT
2	Mohamed Alaa Ibrahim Ali	12	Bank Ahly Alex	NT
3	Mohamed Ihab Ramadan ali	12	M.ARB	NT
4	Ahmed Mohamed Ahmed ali	12	TRSAN	NT
5	Omar Tamer Ahmed Elsayed	12	NASR	NT
6	Yosef Ahm. Ebrahim Hebesha	12	GEZIR	NT
7	Ahmed Esam Mahmoud	12	Stad Mansoura	NT
8	Mohamed Yasser Kamal	12	MAY15	NT
9	Foaad Mohamed Foaad	12	TALBE	NT

## Heat 3 of 8 Finals

1	Abdalla Ahmed Mostafa Ali	12	SHAMS	NT
2	Yassin Ahmed Farahet Mohar	12	Taleaa El Gish	NT
3	Youssef Amr Sayed	12	DEGLA	NT
4	Youssef Karim Nabil Elzawaw	12	Smouha	NT
5	Abd El Rahman Hisham Fath	12	Alexandria	NT
6	Youssef Mohamed Erfan Sade	12	SHOOT	NT
7	Ahmed Osama Hassan Abdal	12	Bank Ahly Alex	NT
8	Mohamed Walid Hassan ali	12	Olympic	NT
9	Zeyad Ahmed Karm Saeed	12	AHLY	NT
10	Mahmoud Ahmed Mahmoud	12	MAY15	NT

## Heat 4 of 8 Finals

1	Kareem Ahmed Ibrahim	12	Alexandria	NT
2	Ibrahim Walid Ibrahim	12	DEGLA	NT
3	Hazem Osama Mohamed	12	HLWAN	6:42.84
4	Nooreldeen Mohamed Elsaqa	12	Gezira El Ward	6:39.09
5	Mohamed Ayman Mohamed I	12	RWAD	6:24.10
6	Adam Fouaad Hosne	12	GHABA	6:28.13
7	Mohamed Ahmed Ibraheem I	12	RWAD	6:42.82
8	Anas Waled Ramadan Mohan	12	TANTA	6:51.81
9	Amr Waled Salah Mahmoud	12	Bank Ahly Alex	NT
10	Abdelrahman Hany Ebrahim	12	TRSAN	NT

## Heat 5 of 8 Finals

1	Mohamed Nashaat Abdelahr	12	TRSAN	6:23.57
2	Moaz Ahmed Abd El Aziz	12	MAADI	6:14.79
3	Ziad Ahmed Ibrahim Abdelha	12	Taleaa El Gish	6:12.68
4	Amr Ossama Mohamed Zwiel	12	Smouha	6:11.46
5	Adam Yasser Abdelmenem Al	12	Smouha	6:10.09
6	Sief El Din Mohamed Moslm	12	Alexandria	6:10.33
7	Hamza Ali Ahmed	12	ZOHUR	6:12.61
8	Islam Mohamed EL Ghandou	12	DEGLA	6:13.48
9	Belal Alaa Mostafa Abozed	12	TANTA	6:16.34
10	Mohamed Ahmed Mahmoud	12	Taleaa El Gish	6:23.61

## Heat 6 of 8 Finals

1	Youssef Abdel Aziz Alaa	12	DEGLA	6:09.66
2	Mahmod Mahmod Yasen esa	12	TANTA	6:05.84
3	Nooreldin Wael Helmi	12	Gezira El Ward	6:01.56
4	Basel Mahmoud Younes	12	ZMALK	5:59.39
5	Moatasem Mohamed Abd Elk	12	SHROK	5:58.43
6	Seif Ossama Mohamed Kham	12	Smouha	5:58.79
7	Seif Ahmed Mohamed Hussin	12	Smouha	6:01.52
8	Farouk Galal Ahmed	12	AHLY	6:02.26
9	Adham Magdi Mosaad	12	Gezira El Ward	6:06.02
10	Hamza Hossam Samir Kande	12	SHOOT	6:09.70

## Heat 7 of 8 Finals

1	Nour Eldin AlaaEldin Abdalw	12	6 OCT	5:54.98
2	Abdel Allah Bassem Moustafa	12	DEGLA	5:54.62
3	Yassin Mohamed Abdelgawac	12	Olympic	5:53.20
4	Mohamed Hamdy Abdel-Aziz	12	AHLY	5:51.80
5	Mohamed Taher Allam	12	Stad Mansoura	5:46.68
6	Yoseef Mohamed Magdy	12	Gezira El Ward	5:47.91
7	Hamza Ahmed Morsi Morsi /	12	6 OCT	5:51.87
8	Mohmed Adham Mohmed Tai	12	6 OCT	5:53.45
9	Kariem Girgis Wadea Thabet	12	HELDO	5:54.77
10	Mohmed Ayman Esmael Ema	12	6 OCT	5:55.99

## Heat 8 of 8 Finals

1	Omar Amir Mohamed Hazem	12	AHLY	5:41.65
2	Ziad Tarek Mohamed	12	DEGLA	5:39.81
3	Zeyad Osama Zedan	12	Bank Ahly Alex	5:37.47
4	Adam Yousry Bebars	12	AHLY	5:29.38
5	Mohamed Waled Mahmoud a	12	ZMALK	5:27.21
6	Basel Al Sayed Houssein	12	SENZO	5:28.62
7	Omar Ahmed Salah	12	AHLY	5:32.10
8	Mohamed Amr Hussein	12	DEGLA	5:38.60
9	Ibrahim Yasser Farahat Abde	12	MAADI	5:40.38
10	Ayad Hatem Fouad	12	ZMALK	5:44.15