

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

## Event 87 Girls 13 Year Olds 50 LC Meter Backstroke

National:		31.85	2007	Fareda Hesham Ahmed Osman	
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 18 Finals</b>					
2	Shahenda Hesham Helal	13	Raas El Bar Club		NT
3	Shaza Ayman Mohamed	13	Beni Suef Club		NT
4	Malak Sameh Said	13	DEGLA		NT
5	Raghda Magdy Mohamed	13	DEGLA		NT
6	Gana Shrif Salah Eldin Mahm	13	Nasr City		NT
7	Shorouk Ibrahim Ahmed	13	TWFIK		NT
8	Doha Hussein Fathy Hussein	13	NASR		NT
<b>Heat 2 of 18 Finals</b>					
1	Mawada Mahmud Elhatab	13	Raas El Bar Club		NT
2	Asmaa Hateem Mostafa Abdo	13	DEGLA		NT
3	Malek aly Abdallah	13	BNKG		NT
4	Nadeen Hossam Hosny	13	DEGLA		NT
5	Yasmin Hassan Fathy	13	TWFIK		NT
6	Carol Emad Mekhaeel	13	DEGLA		NT
7	Sama Wael Mohamed	13	Cairo		NT
8	Salma Shady Mohamed Heak	13	SHAMS		NT
9	Nouran Mahmoud Mohamed	13	DEGLA		NT
10	Arwa Magd Elsayed	13	AHLY		NT
<b>Heat 3 of 18 Finals</b>					
1	Kenzy Tarek Mahmoud	13	DEGLA		NT
2	Meriet Osama Halim	13	DEGLA		NT
3	Hana Sayed Mohamed Sayed	13	DEGLA		NT
4	Malak Amr Ali	13	Beni Suef Club		NT
5	Ganna Nour Eldin Hamdy	13	AHLY		NT
6	Nor Salah El Din Mohamed	13	SHOOT		NT
7	Ghada Mohamed Ramzy Ibra	13	SHAMS		NT
8	Laila Hesham Mohamed	13	SHOOT		NT
9	Hana Walid Kamel	13	DEGLA		NT
10	Yara Osama Mohamed Zaatar	13	Taleaa El Gish		NT
<b>Heat 4 of 18 Finals</b>					
1	Nouran Mohamed Abdel Han	13	DEGLA		NT
2	Rasha Hatim Ahmed	13	Fayoum Club		NT
3	Nor Ahmed Ali Ahmed	13	Bank Ahly Alex		NT
4	Reem Gamal Mohamed	13	ZMALK		NT
5	Yara Zainelabdin Mansour	13	El Obour		NT
6	Hanna Waleed Ahmed Solim	13	DEGLA		NT
7	Rania Khaled Abo Elftoh	13	SHROK		NT
8	Haia Hazem Abdelrahman Ez	13	DEGLA		NT
9	Bassant Samir abd Alwhab	13	DEGLA		NT
10	Malak Haitham Hassan	13	DEGLA		NT
<b>Heat 5 of 18 Finals</b>					
1	Joudy Ahmed Fouad Shokry	13	DEGLA		NT
2	Maryam Ahmed Khafaji	13	Beni Suef Club		NT
3	Engy Ibrahim Ali Sayed Hass	13	Mansheit Naser		NT
4	Nariman Yosry El Kilany	13	Alexandria		NT
5	Jasmin Tarek Habib	13	DEGLA		NT
6	Rawda Ehab Magdy	13	DEGLA		NT
7	Hana Walaa Abdelhakim	13	El Obour		NT
8	Reem abd Hameed aly Soltan	13	TALBE		NT
9	Mariam Mohamed Hamdy So	13	MRAC		NT
10	Shahd Ahmed al Ansari	13	SHOOT		NT

## Heat 6 of 18 Finals

1	Menatallaah Shref	13	Mansheit Naser		NT
2	Malak Sameh Abd Elaziz	13	GHABA		NT
3	Shahd Mohamed Abd el Aziz	13	DEGLA		1:03.29
4	Gana Ah. Amin	13	SHOOT		53.86
5	Jana Mohmed abd Tawab	13	MAY15		52.16
6	Rodina Wael Taha Ahmed	13	DEGLA		53.15
7	Malak Walid Mohamed	13	DEGLA		1:00.48
8	Marim Emal Yossef	13	GHABA		NT
9	Klara Alfred Sabr	13	ZMALK		NT
10	Salma Abd Ella Abd Elhamee	13	TALBE		NT

## Heat 7 of 18 Finals

1	Shaza Mohamed el Desouki	13	DEGLA		51.17
2	Nourhan Hussien Ahmed	13	Taleaa El Gish		50.74
3	Rola Mohamed Hassan	13	DEGLA		50.63
4	Yara Ahmed Abdelaal	13	AHLY		49.85
5	Jasmin Sameh Mohamed	13	DEGLA		48.88
6	Jana Yehia El Sayed	13	DEGLA		49.16
7	Esraa Alaa Hassan	13	SHROK		50.21
8	Amal Atef Ahmed	13	ZMALK		50.68
9	Zeina Mohamed Abdel Mawg	13	AHLY		51.01
10	Malak Mohamed Omar	13	AHLY		51.91

## Heat 8 of 18 Finals

1	Salma Shafei Mohamed	13	DEGLA		48.44
2	Nour Sherif Adel	13	Mansheit Naser		48.30
3	Lyla Mohamed Rmdan	13	6 OCT		47.52
4	Nour Bahaa Mostafa	13	AHRAM		46.94
5	Youanna Morcos GabAllah Ge	13	HELDO		46.44
6	Farah Ahmed Ebrahim Moha	13	TRSAN		46.80
7	Jana Ashraf Nagib	13	DEGLA		47.15
8	Mariam Mohamed Reda El Re	13	DEGLA		47.73
9	Abrar Hisham Ahmed	13	Cairo		48.39
10	Mariam Mahmoud El Shawad	13	AHLY		48.78

## Heat 9 of 18 Finals

1	Malk Ahmed Hussien	13	Taleaa El Gish		46.16
2	Rana Rame Ahmed	13	M.ARB		45.87
3	An Tamer Sarwat	13	AHLY		45.62
4	Afrosena Sameh Kamel	13	AHRAM		45.43
5	Nour amr abd el Khalek	13	HELOP		45.23
6	Ghada Magdy Mohamed	13	DEGLA		45.41
7	Laila Mohamed Tarek	13	SHOOT		45.62
8	Malak Gamal Matwally	13	ZOHUR		45.69
9	Kariman Mohamed Zaki ali	13	DEGLA		45.99
10	Sara Ahmed Mabrouk	13	DEGLA		46.22

## Heat 10 of 18 Finals

1	Malak Hesham Ahmed	13	ZMALK		44.81
2	Aisel Mostafa Anwar	13	AHLY		44.48
3	Nouran Mohamed Ali Moham	13	RWAD		44.41
4	Hana Adel Mohamed	13	AHLY		44.16
5	Basma Shrif Mohamed	13	NASR		43.94
6	Malak Mohamed Ahmed Has	13	ENPPI		44.06
7	Milk Ayman Samer Eldbaa	13	6 OCT		44.27
8	Menatalla Mohamed Abo Elkl	13	AHLY		44.46
9	Shahd Emad Hamed Mohame	13	RWAD		44.71
10	Malak Waleed Moustafa	13	SHROK		44.94

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

## Heat 11 Finals (#87 Girls 13 Year Olds 50 LC Meter Backstroke)

1	Losiana Rimon Mounir	13	DEGLA	43.43
2	Sindrilla Mohamed Saied	13	ZMALK	43.19
3	Mariam Wael	13	DEGLA	42.79
4	Karma Abdel Fattah Abdul M	13	SHOOT	42.51
5	Malak Amr Abd EL Khalek	13	HELOP	42.46
6	Mariam Mohamed Khalil	13	ZMALK	42.47
7	Yara Walid Mohamed	13	ZMALK	42.60
8	Hana Mohamed Galal	13	AHLY	42.87
9	Mina Ahmed Mohamed	13	SHOOT	43.33
10	Farah Magdy Ahmed	13	GHABA	43.88

## Heat 12 of 18 Finals

1	Sohila Hisham el Said	13	SHOOT	42.07
2	Habiba Sameh Fahmy	13	HELOP	41.64
3	Jana Ahmed Hussien	13	DEGLA	41.31
4	Leila Ahmed Ebrahim Ali Eid	13	HELDO	41.02
5	Mariam Nader Kadry	13	DEGLA	40.94
6	Laila Mohamed Nabil Baiomy	13	HELOP	40.97
7	Gana Walid Mohamed	13	AHLY	41.30
8	Habiba Mohamed Moustafa	13	HELOP	41.49
9	Joanna Ateef Gatas	13	ZMALK	41.79
10	Malk Ramy Sobhy Baskhron	13	SHAMS	42.23

## Heat 13 of 18 Finals

1	Habiba Mohamedf Farouk	13	TWFIK	40.66
2	Fatma Mohammed Abu Arab	13	HELDO	40.52
3	MenaAlaah Mohamed Mhmo	13	Smouha	40.13
4	Rim Husin Khallaf	13	TANTA	40.09
5	Habiba Ahmed Abd El Fattah	13	DEGLA	39.72
6	Jana Ashraf	13	Alexandria	39.96
7	Samira Sallah Mahroos	13	Mansheit Naser	40.09
8	Logen Khaled Ahmed	13	GHABA	40.15
9	Gana Mohamed Ibrahim	13	AHLY	40.52
10	Salma Ahmed Roshdi	13	GHABA	40.88

## Heat 14 of 18 Finals

1	Salsbil Samir Abdallah	13	Y.M.C.A	39.54
2	Habiba Walid Mohamed	13	AHLY	39.37
3	Mariam Mohamed Abdl Hadi	13	Elethead	39.31
4	Logyne Haitham Saad Mahm	13	DEGLA	39.13
5	Yassmen Mohmed Nabil	13	MAY15	39.08
6	Somia Ahmed Mohamed	13	GHABA	39.11
7	Jana Mohamed Samy	13	Smouha	39.28
8	Zena Mahmoud Mohamed M	13	GHABA	39.35
9	Malak Hasan Moh. Elhoshi	13	GEZIR	39.38
10	Yosr Wael Gmal	13	HELOP	39.63

## Heat 15 of 18 Finals

1	Maram Mohamed Wageh Ibr	13	Bank Ahly Alex	38.89
2	Shrook Ayman Mahmoud Mo	13	Bank Ahly Alex	38.51
3	Nor Mahmoud Anbar	13	GHABA	37.90
4	Jana Sherif Mahmoud	13	DEGLA	37.56
5	Farah Hassan Ragab	13	Y.M.C.A	37.37
6	Farida amr Atia Saad	13	Nasr City	37.44
7	Habiba Sherif Shams Eldien	13	DEGLA	37.77
8	Fareda Shreif Halouda	13	HELOP	38.37
9	Malak Mostafa Beshir	13	AHLY	38.56
10	Reem Ashraf Hassan	13	AHLY	38.92

## Heat 16 of 18 Finals

1	Nareman Mohamed Ibrahim	13	TALBE	37.22
2	Zahwa Mohsen Sayed	13	AHLY	37.03
3	Sara Tarek Ahmed Mohsen	13	MAADI	36.94
4	Alaa Amr El Sokry	13	Alexandria	36.90
5	Jana Mohamed Mahmoud	13	ZOHUR	36.67
6	Sandra Medhat Mohamed	13	AHLY	36.76
7	Hana Ahmed El Gndy	13	Alexandria	36.93
8	Malak Mohamed Mahmoud G	13	MAADI	37.00
9	Aida Ahm. Mohssin Abd Elraz	13	GEZIR	37.06
10	Farah Mohamed Moussa Kott	13	Olympic	37.25

## Heat 17 of 18 Finals

1	Karen Emad Email	13	DEGLA	36.35
2	Rewan Saed Khames Mahmo	13	Bank Ahly Alex	36.06
3	Salma Waled Mohamed Elsaid	13	Smouha	35.24
4	Mariam Hany Sayed	13	DEGLA	34.88
5	Lela Ahmed Kamal	13	GHABA	34.27
6	Farah Mohammed Abd Rabb	13	DEGLA	34.86
7	Haya HossamEldin Kndel	13	Smouha	34.98
8	Sama Tarek Salah	13	DEGLA	35.94
9	Gana Tarek Mohamed Farid	13	SHOOT	36.12
10	Soha Hesham El Said Moham	13	SHOOT	36.67

## Heat 18 of 18 Finals

1	Gody Ahmed Badawy Mhmo	13	Smouha	34.08
2	Jana Gehad El Assal	13	TWFIK	33.88
3	Farida Amr Mohamed Abd El	13	SHOOT	33.58
4	Leila Mohamed Ibrahim	13	DEGLA	33.08
5	Raghd Mohamed Elsaid Moh	13	Smouha	32.74
6	Rodaina Mohamed Saad	13	DEGLA	32.84
7	Malak Khaled Abdel Aziz	13	AHLY	33.37
8	Mariem Mohamed Emad Fah	13	MAADI	33.65
9	Hanan Ahmed Mohamed Ma	13	Olympic	34.06
10	Lama Tamer Mohamed Ahme	13	Smouha	34.17

## Event 88 Girls 14 Year Olds 50 LC Meter Backstroke

National: 30.94 2009 Fareda Hesham Ahmed Osman

Lane Name Age Team Seed Time

## Heat 1 of 9 Finals

2	Farah Basem	14	DEGLA	NT
3	Jana Walid Mohamed	14	DEGLA	NT
4	Ayten Hassan Hamza	14	Smouha	NT
5	Rahma Ashraf Khairy	14	MAY15	NT
6	Rodaina Mohamed Zaki	14	AHLY	NT
7	Rowana Mohamed Kamal	14	DEGLA	NT
8	Monica George Youssef Kame	14	DEGLA	NT

## Heat 2 of 9 Finals

1	Habiba Medhat Mostaf Abdel	14	MRAC	NT
2	Dina Hesham Mohamed	14	ZMALK	NT
3	Hana Abdel Hamid Salah El D	14	DEGLA	NT
4	Marim Ahmed Mohamed Fah	14	SHOOT	NT
5	Menha Magdy Mohamed Gad	14	Taleaa El Gish	NT
6	Hana Shref Hanoma	14	HELOP	NT
7	Manar Mohamed Galal	14	M.ARB	NT
8	Rawan Al Sayed Abdel Mohss	14	Canal El Suez	NT
9	Hagar Nabil Ahmed	14	SHROK	NT
10	Anan Emad Eldin Adel	14	Cairo	NT

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

**Heat 3 Finals (#88 Girls 14 Year Olds 50 LC Meter Backstroke)**

1	Habiba Tarek Maher Fawzy	14	MAADI	NT
2	Gana Mohamed Hassan	14	ZMALK	NT
3	Mennatallah Magdy gad ali	14	DEGLA	55.67
4	Salma Mohamed Salaheldin	14	AHLY	49.76
5	Janna Waleed Eid	14	SHROK	48.20
6	Zeina Tarek Taha	14	DEGLA	48.88
7	aya Baha Mostafa	14	AHRAM	53.23
8	Malak Eslam Mohamed Moav	14	SHOOT	NT
9	Shahd Yaser Shaaban	14	TANTA	NT
10	Farah Emel Yosif	14	GHABA	NT

**Heat 4 of 9 Finals**

1	Karen Antonius Farouk	14	M.SH	47.51
2	Nour Khaled Mohamed	14	SHOOT	46.45
3	Kanzy Alla Ahmed Kamal	14	SHOOT	45.86
4	Nour Mohamed Sabry	14	DEGLA	44.29
5	Habeba amr abd el Salam	14	HELOP	44.01
6	Hanen Hassan Hamdy	14	ENPPI	44.27
7	Mariam Ramy Ehab Eldin	14	AHLY	44.50
8	Tbarak Waled Abdel Menaar	14	SHROK	46.30
9	Mariam Mostafa Mohamed F	14	DEGLA	46.69
10	Dina Arshed Ahmed Elbadwy	14	DEGLA	47.95

**Heat 5 of 9 Finals**

1	Aytin Hesham Ibrahim	14	AHLY	43.21
2	Haia Mohamed Sakr	14	DEGLA	42.59
3	Arwa Sameh Salah Ahmed	14	Taleaa El Gish	42.08
4	Hna Gmal Rshad Alawdy	14	6 OCT	40.74
5	Hoda Hesham Mohamed Mo	14	6 OCT	40.53
6	Farah Abd Elmagid Mohamec	14	ZOHUR	40.58
7	Mona Adel Abdalla	14	AHLY	42.04
8	Safa Ahmed	14	DEGLA	42.57
9	Gana Sameeh Ahmed	14	AHLY	42.78
10	Habiba Emad El Din Said	14	EALAM	43.96

**Heat 6 of 9 Finals**

1	Sandra Ghayes	14	GHABA	40.04
2	Kenzy Amr Sayed	14	AHLY	38.88
3	Rawya Hossam Nabil	14	SHOOT	38.52
4	Mariam Hesham Aly Abd Har	14	TANTA	38.13
5	Malak Mohamed abd el Kerin	14	ZMALK	37.51
6	Haidy Mostafa Reyad	14	AHLY	37.87
7	Shorok Haitham Talaat	14	DEGLA	38.21
8	Sara Samir Sedky	14	DEGLA	38.86
9	Salma Hesham Mohamed	14	ZMALK	39.75
10	Hna Yhya Bdawy Frg	14	6 OCT	40.33

**Heat 7 of 9 Finals**

1	Menatalla Sayed Mahmoud	14	TALBE	37.07
2	Lina Ahmed Farok AbdElazi	14	Smouha	36.91
3	Shahd Hazem Hassan Bahy E	14	MAADI	36.59
4	Farah Tarek Hassan	14	HELOP	35.98
5	Farida Basem Mohamed Meg	14	MAADI	35.75
6	Malak Walid Hassan	14	Elethead	35.90
7	Jana Khalid	14	Alexandria	36.41
8	Marim amr Mohamed	14	DEGLA	36.89
9	Hana Hesham Moustafa Ham	14	MAADI	36.97
10	Lobna Saed Hanfy	14	DEGLA	37.39

**Heat 8 of 9 Finals**

1	Hana Hazem Mohamed	14	HELOP	35.56
2	Gody Tamer Ahmed Mahmou	14	MAADI	35.40
3	Nourhan Mohamed Emad El	14	M.Askaria Alex	34.80
4	Nelly Elgmal Moh. Sayd Most	14	GEZIR	34.60
5	Mariam Hazem Talaat	14	AHLY	34.45
6	Farida Hossameldin Mohame	14	AHLY	34.56
7	Renad Khaled Mahmoud	14	AHLY	34.75
8	Mohra ez el den Hossam	14	HELOP	35.40
9	Fatima Haytham Abd ELMene	14	TANTA	35.54
10	Hagr Ehab Mohamed Abdelk	14	6 OCT	35.61

**Heat 9 of 9 Finals**

1	Noor Kamel ElNagar	14	Alexandria	34.24
2	Malak Waled Essam Shabana	14	Smouha	34.10
3	Jouana Ahmed Mohamed Hu	14	Smouha	33.86
4	Shahd Ahmed Abd Elbaky	14	Alexandria	33.54
5	Rola Abo El Naga El Sayed	14	M.Askaria Alex	32.17
6	Hoda Ahmed Hussein	14	ZOHUR	33.09
7	Laila Khaled Elraai	14	AHLY	33.78
8	Yasmine Sharif AbdElAziz Ga	14	SHAMS	33.93
9	Malak Ahmed Abo Bakr	14	SHOOT	34.14
10	Razan Ahmed Hosny	14	DEGLA	34.25

**Event 89 Girls 15 Year Olds 50 LC Meter Backstroke**

National: 30.84 2015 Ingy Mohamed Abou Zeid

Lane Name Age Team Seed Time

**Heat 1 of 8 Finals**

4	Mariam Ahmed Farouk	15	DEGLA	NT
5	Jana Hesham Hegazi	15	DEGLA	NT
6	Jana Amr Adel Tawfik	15	MAADI	NT

**Heat 2 of 8 Finals**

1	Farah Asam Apo Elhamed	15	SHOOT	NT
2	Amira Hany Ahmed	15	AHLY	NT
3	Mawada Sameh Mohamed	15	RWAD	NT
4	Jana Ahmed Abdelhakim	15	GHABA	NT
5	Menna Agamy Mansour	15	DEGLA	NT
6	Gasmein Hosam Ismail Moha	15	6 OCT	NT
7	Salma Nagy Mokhtar	15	DEGLA	NT
8	Zeina Essam	15	DEGLA	NT
9	Nancy Ehab Youssef	15	DEGLA	NT
10	Rawan Ayman Mohamed A. S	15	TALBE	NT

**Heat 3 of 8 Finals**

1	Mareina Ehab Karam	15	ZMALK	NT
2	Alaa Badeaa Ibrahim	15	Mansheit Naser	51.12
3	Laila Ahmed Hassan	15	Taleaa El Gish	47.62
4	Sandy Kontar	15	Taleaa El Gish	46.64
5	Farida Ahmed Aiyod	15	Alexandria	44.85
6	Nourhan Hassan El Ardey	15	SHOOT	45.28
7	Shahd Sherif Ibrahim	15	ZMALK	46.65
8	Rowan Mostafa	15	SHOOT	50.43
9	Tasneem Yasser Mohamed ali	15	DEGLA	53.14
10	Jana Mahmoud Mohamed	15	DEGLA	NT

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

## Heat 4 Finals (#89 Girls 15 Year Olds 50 LC Meter Backstroke)

1	Hana Ahmed Osama	15	AHLY	43.15
2	Habiba Amr Mohamed Talaat	15	DEGLA	42.67
3	Knoz Afify Abd Elkader	15	NASR	42.26
4	Alivera Atif Adel Gaad	15	ZOHUR	41.26
5	Nada Haytham El Sayed Heik	15	HELDO	39.83
6	Mariam Moatasem Allaa El I	15	ZMALK	40.04
7	Shahad Ehab Sayed Mohame	15	TALBE	41.45
8	Sama Aiman Ebrahim	15	ZOHUR	42.33
9	Shahad Mohamed Gamal Ibra	15	6 OCT	43.02
10	Waad Waled Sayed	15	DEGLA	43.17

## Heat 5 of 8 Finals

1	Yomna Ayman Mohamed	15	AHLY	39.58
2	Gehad Mahmoud Ahmed	15	M.Askaria Alex	39.19
3	Nourhan Essam El Din Fatty	15	ZOHUR	38.56
4	Farida Ahmed Akel	15	HELOP	38.37
5	Nisrien Essam EL din Mostaf	15	Cairo	38.13
6	Bahiyra Wael Mansour	15	Alexandria	38.14
7	Kenzy Khaled AbdelAzim Abc	15	MAADI	38.53
8	Salma Mohamed Shobir	15	TANTA	38.75
9	Renada Ayman Ismail Emam	15	6 OCT	39.58
10	Rana Shaban Mostafa Sharf	15	Taleaa El Gish	39.68

## Heat 6 of 8 Finals

1	Mariam Ibrahim Basuony M	15	Smouha	37.87
2	Kinzy Shref Gabr	15	HELOP	37.20
3	Shaza Ashraf Hosny	15	DEGLA	36.99
4	Hagar Hassan Abdel Rhman	15	TALBE	36.79
5	Sama Tarek Rabeea	15	M.ARB	36.58
6	Khadija Khaled Mahmoud Mc	15	MAADI	36.66
7	Malak Amr Essmat Mohamed	15	ZOHUR	36.85
8	Caren Hany Gamal	15	Alexandria	37.05
9	Malak Nasr El Din Ibrahim	15	ZMALK	37.38
10	Malak Mohamed Abdalla	15	ROYAL	38.09

## Heat 7 of 8 Finals

1	Sara Ali Tawfek Drakoun	15	SHOOT	36.21
2	Nada Ibrahim Elsaid Ahmed	15	Smouha	35.88
3	Fareda Mohamed Zohny	15	Bank Ahly Alex	35.34
4	Leina Waled Farouk	15	SHOOT	35.28
5	Alaa Hossam Mohamed Moh	15	SHAMS	34.62
6	Menatalla Yeihia Hasan	15	HELOP	34.98
7	Farah Osama Ahmed Mahmo	15	Bank Ahly Alex	35.29
8	Alia Ali Mohamed	15	HELOP	35.64
9	Khadiga Ahmed Arafat	15	Alexandria	36.07
10	Allaa Basam Hekal	15	SHOOT	36.28

## Heat 8 of 8 Finals

1	Mena Ahmed Azmy Ahmed	15	Smouha	34.17
2	Kenzy Ahmed Ali	15	AHLY	33.59
3	Dana Tamer Shafiq	15	HELOP	33.32
4	Lougin Yousief Ahmed Yousie	15	SHAMS	32.59
5	Farah Amr Abdel Motaleib	15	SHOOT	31.42
6	Rawan Mohamed AboElFadl	15	DEGLA	32.44
7	Hana Sameh Ghazy	15	SHOOT	33.13
8	Amina Zaky Mohamed Zaky	15	Alexandria	33.34
9	Mai Khaled Abdelltif	15	DEGLA	33.75
10	Hana Hazem Ahmed	15	AHLY	34.44

## Event 90 Boys 13 Year Olds 50 LC Meter Backstroke

National:		29.21	2011	Yoseif Ahmed Abdalla	
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 30 Finals</b>					
4	Hussen Mohamed Abd ElFata	13	SHOOT		NT
5	Seif Eldin Moataaz Elsayed	13	AHLY		NT
6	Hazem Ahmed Hasan	13	TWFIK		NT
<b>Heat 2 of 30 Finals</b>					
1	Yassen Amr Mohamed Mohar	13	DEGLA		NT
2	Abdelrhman Mohamed Zaki	13	HLWAN		NT
3	Eyad Ali Salah	13	DEGLA		NT
4	Abdelrahman Hany Hassan	13	GHABA		NT
5	Houseen Mohseen Houseen	13	ZMALK		NT
6	abd Elraman abd Elazeez	13	ZMALK		NT
7	Seif Eldin Mohamed Abdel Fa	13	AHLY		NT
8	Loay Hany Mohamed	13	DEGLA		NT
9	Helal Ahmed Helal	13	AHLY		NT
<b>Heat 3 of 30 Finals</b>					
1	Youssef Ahmed Atia	13	DEGLA		NT
2	Marawan Abdel Salam Abdel	13	AHLY		NT
3	Maher Mohamed Mohamed	13	Raas El Bar Club		NT
4	Moamen Mostafa Fathy Most	13	DEGLA		NT
5	Omar Abdallah Ahmed a	13	DEGLA		NT
6	Zyad Ahmed Abdelmnam Ali	13	6 OCT		NT
7	Omar Mohamedm Hamza Os	13	BNK.G		NT
8	Seif Ahmed Nasr	13	TRSAN		NT
9	Abd Elrohman Hassen Abd El	13	TALBE		NT
10	Ahmed Gamal El Din Moham	13	TWFIK		NT
<b>Heat 4 of 30 Finals</b>					
1	Omar Mohamed Mouslhy	13	MRAC		NT
2	Ibrahim Rafik Ibrahim	13	Elethad		NT
3	Mohamed Walid Farouk Mab	13	SHOOT		NT
4	Yousif Shawky Mahros	13	SHOOT		NT
5	Omar Hazem	13	ZMALK		NT
6	Zayad Badr Fathallah	13	M.S Tagamoa		NT
7	Ahmed Ramadan Mohamed	13	RWAD		NT
8	Seif Eldin Ahmed Mohmed M	13	TRSAN		NT
9	Youssef Abdullah Nabil	13	ZOHUR		NT
10	Abdel Rahman Adel Abdel Ra	13	TALBE		NT
<b>Heat 5 of 30 Finals</b>					
1	Saif Eldin Mahmoud Ibrahim	13	DEGLA		NT
2	Ziad Sherif Mahmoud Mohar	13	MRAC		NT
3	Frouk Mohamed Frouk	13	ZMALK		NT
4	Seif Ahmed Ibrahim	13	DEGLA		NT
5	Nader Mohamed Hamed	13	DEGLA		NT
6	Zyead Mohamed Hassan	13	ZMALK		NT
7	Karim Moustafa Mohamed	13	DEGLA		NT
8	Saif Allah Eslam abd Elkader	13	TRSAN		NT
9	Hassan Mohamed Hassan Ab	13	Beni Suef Club		NT
10	Siaf Allah Magdy Hassan	13	DEGLA		NT

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

## Heat 6 Finals (#90 Boys 13 Year Olds 50 LC Meter Backstroke)

1	Yousef Ibrahim abu al Majd	13	TALBE	NT
2	Ahmed Ayman Mohamed Bri	13	Beni Suef Club	NT
3	Youssef Mohamed Soliman	13	DEGLA	NT
4	Ahmed Yaser Mohamed	13	M.ARB	NT
5	Ali Wael Ali	13	SHOOT	NT
6	Mostafa Mohamed Mostafa F	13	SHAMS	NT
7	Youssef Mostafa Hanafy	13	DEGLA	NT
8	Hussein Hassan Ahmed Abou	13	HELDO	NT
9	Omar Amr Mohamed Abdo	13	DEGLA	NT
10	Adam Ehab Mamdouh	13	Taleaa El Gish	NT

## Heat 7 of 30 Finals

1	Karim Mohamed Mahmoud	13	SHROK	NT
2	Moaz Osama Mohamed Omar	13	M.ARB	NT
3	Mostafa Mohamed Yahya Mo	13	SHAMS	NT
4	Ziad Ehab Tawfek	13	DEGLA	NT
5	Abdalla Abdel Wahab Gouda	13	AHLY	NT
6	Ali Amr Ibrahim	13	DEGLA	NT
7	Yousf Ahmed Abdelrazk Kam	13	6 OCT	NT
8	Ebrahim Moataz	13	Taleaa El Gish	NT
9	Islam Ali Mohamed Ali	13	Beni Suef Club	NT
10	Ismail Mohamed Ramdan	13	Alexandria	NT

## Heat 8 of 30 Finals

1	Adham Mohamed Salah	13	DEGLA	NT
2	Youssef Walid Mahmoud Ahn	13	Taleaa El Gish	NT
3	Ibrahim Ahmed Galal	13	SHROK	NT
4	Yassin Sheirf Abdel Monaaer	13	AHLY	NT
5	Ahmed Ali Salah	13	DEGLA	NT
6	Ibrahim Mohamed Ibrahim A	13	Raas El Bar Club	NT
7	Sherif Hisham El Said Abu Za	13	SHOOT	NT
8	Omar Mohamed Essmat Abde	13	DEGLA	NT
9	Abdelrahman Yasser Moham	13	DEGLA	NT
10	Mohamed Tarek Abasy	13	Stad Tanta	NT

## Heat 9 of 30 Finals

1	Mohamed A.Rahman Moham	13	DEGLA	NT
2	Mohamed Ashraf Abdelkaren	13	GHABA	NT
3	Youssef Ahmed El Shahawy	13	DEGLA	NT
4	Mazen Mostfa Ahmed Abdelr	13	6 OCT	NT
5	Hossam Fahim Waled	13	TRSAN	NT
6	Hany Essam Sharkawy	13	TRSAN	NT
7	Omar Mohamed Mohamed Kl	13	M.ARB	NT
8	Mostafa Ahmed Mahmoud	13	AHLY	NT
9	Karim Ali Mohamed	13	GHABA	NT
10	Seif Said Abdalla	13	Fayoum Club	NT

## Heat 10 of 30 Finals

1	ali Ahmed Rafat	13	ZMALK	NT
2	Yousf Tarek Refat AbdAlla	13	6 OCT	NT
3	Ayman Yasser Manssour	13	TALBE	NT
4	Nour el Din Mostafa Mohame	13	DEGLA	NT
5	Yossef Moh. Shrif Moh. Elbart	13	GEZIR	NT
6	Nayer Bassem Maged	13	DEGLA	NT
7	Noor Kamel	13	Baladia El Mahal	NT
8	Marwan Mohamed Mahmouc	13	ZMALK	NT
9	Amr Ahmed Fawzy	13	DEGLA	NT
10	ZinEldin Mohamed Farouk Al	13	Smouha	NT

## Heat 11 of 30 Finals

1	Abd EL Malek Ashour	13	SHAMS	NT
2	Ahmed Amr Abdel Azzim	13	AHLY	NT
3	Mohamed Ahmed EL Sayed T	13	SHAMS	NT
4	Yassin Sherif Ahmed El Sewfy	13	SHOOT	55.75
5	Mostafa Amr Rageb	13	BNK.G	55.47
6	Karim Tamer Nage	13	SHOOT	55.68
7	Abd Elrahman Mohamed A.L	13	DEGLA	NT
8	Mazen Ashraf Mohamed Abd	13	Bank Ahly Alex	NT
9	Abdallah Alla EL din Hessien	13	SHAMS	NT
10	Yassen Moh. Shrif Moh. Elbar	13	GEZIR	NT

## Heat 12 of 30 Finals

1	Ahmed Hisham Saad Said	13	SHOOT	53.09
2	Amr Khaled Ahmed	13	DEGLA	52.34
3	Ahmed Mohamed Mostafa	13	ZOHUR	50.95
4	Mohamed Araby Mostafa Gav	13	DEGLA	50.51
5	Ali Abdalla Ali	13	SHROK	50.28
6	Youssef Alaa Abdel Rahman M	13	DEGLA	50.38
7	Abdul Rahman Atef Aweida	13	TALBE	50.69
8	Omr Magdy Galal	13	SHOOT	51.83
9	Karam Hassan Thabet	13	SOKAR	52.45
10	Eyad Mohamed Said Hassan	13	DEGLA	54.23

## Heat 13 of 30 Finals

1	Eslam Sameh	13	SHROK	49.50
2	Ahmed Saad Selim	13	ZMALK	48.17
3	Yassin Ahmed Mohamady	13	DEGLA	47.65
4	Mohamed Adel Saber	13	DEGLA	47.14
5	Hisham Mohamed Talaat	13	MRAC	46.73
6	Mostafa Mahmoud Mostafa	13	AHLY	47.00
7	Fares Shierif Hamdeallh	13	DEGLA	47.53
8	Omar Yasser Aly	13	AHLY	47.92
9	Salah Mohamed Salah	13	MAY15	48.99
10	abd Elrahman Ahmed Abdall	13	ZMALK	49.64

## Heat 14 of 30 Finals

1	Ahmed Tamer Hassan	13	DEGLA	46.26
2	Omar Maged Mohamed	13	DEGLA	46.19
3	Mohamed Taher	13	Mansheit Naser	46.03
4	Adham Amr Mahmoud	13	AHLY	45.94
5	Mohamed Badeaa Ibrahim	13	Mansheit Naser	45.77
6	Ashraf Amr Abo Gazala	13	SHROK	45.93
7	Emad Gamal Marie	13	TRSAN	45.99
8	Marwan Hassan A.Karim Say	13	DEGLA	46.09
9	Yassin Mohamed Shaaban	13	DEGLA	46.23
10	Omar Sayed M Ibrahim	13	NASR	46.42

## Heat 15 of 30 Finals

1	Habib Yahya Mohamed	13	SHOOT	45.39
2	Yousef Ismael Dahy	13	Mansheit Naser	44.95
3	Abd Alla Karim Ashraf Mahgc	13	GEZIR	44.73
4	Mostafa Mohamed abd Elfata	13	HLWAN	44.65
5	Mohamed Essam Mohamed M	13	DEGLA	44.39
6	Ahmed Yasser Mohy el Din	13	DEGLA	44.52
7	Mohand Amr Darwish	13	AHLY	44.72
8	Mark Wageh Androwes	13	DEGLA	44.76
9	Mahmud Sharef Mahamed	13	TAGAM	45.31
10	Yassin Hussein El Baz	13	DEGLA	45.73

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**Heat 16 Finals (#90 Boys 13 Year Olds 50 LC Meter Backstroke)**

1	Yousif Ehab Sabry	13	SHOOT	44.10
2	Amar Mohamed Nabil	13	GHABA	43.87
3	ali Mohamed Mohamed Deeb	13	DEGLA	43.71
4	Mohamed Magdy Ahmed	13	AHLY	43.36
5	Ahmed el Husseny	13	HELOP	42.93
6	Almustafa Ayman Rashad	13	MAY15	43.32
7	Yassin Maged Abdel Raouf	13	AHLY	43.69
8	Omar Amgad El Sawy Abdels	13	DEGLA	43.76
9	Mostafa Ahmed Mohamed	13	ZMALK	43.99
10	Maikl Samir Monir	13	SHOOT	44.13

**Heat 17 of 30 Finals**

1	Ali Nadir El Kordy	13	SHOOT	42.79
2	Ahmed Haneaa Abdel Hamid	13	AHLY	42.71
3	Youssef Hazem Abdel Megid	13	AHLY	42.65
4	Mostafa Helmy Abdel Aziz	13	AHLY	42.55
5	Ziad Mohab Mostafa	13	TAGAM	42.50
6	M0hmed Ahmed Abo Bakr	13	SHOOT	42.52
7	Ali Abd El Moaaz El Said Wag	13	SHOOT	42.62
8	Mohamed Ahmed Abd Elkade	13	SHOOT	42.70
9	Mosaad abd Elrahman abd El	13	TRSAN	42.78
10	Abdelraouf Mohamed Abdelr	13	Cairo	42.92

**Heat 18 of 30 Finals**

1	Mohaned Mohamed Ibrahim	13	AHLY	42.20
2	Yousf Mhmoud Rshad Mohm	13	6 OCT	41.88
3	Fady Salah Youssef	13	ZOHUR	41.85
4	Ahmed Tamer Essam	13	DEGLA	41.51
5	Abd El Rahman Atef Abd El H	13	ZOHUR	41.42
6	Mohamed Nasser Mohamed	13	AHLY	41.45
7	Seif Alla Hany Hassan	13	AHLY	41.79
8	Ziad Alaa Ahmed Fahim	13	ZOHUR	41.88
9	Ahmed Mohamed Sallah	13	Mansheit Naser	41.96
10	Mostafa Karim Said	13	AHLY	42.37

**Heat 19 of 30 Finals**

1	Krem Hosamelden Ahmed Al	13	6 OCT	41.39
2	Ahmed Magdy Abd Elhakim	13	NASR	41.29
3	Yehia SeifEL din EL Marghany	13	SHAMS	41.29
4	Youssef Mohamed Sobhy Ali	13	DEGLA	41.01
5	Adm Mohamed Khalifa	13	SHOOT	40.90
6	Yassin Hatem Mohamed	13	AHLY	41.00
7	Ahmed Tarek Ahmed	13	HLWAN	41.17
8	Abdalla Mohamed Saeid Mtwli	13	6 OCT	41.29
9	Ali Ibrahim Ahmed	13	ZOHUR	41.32
10	Saif El Dien Ahmed Mohamec	13	AHRAM	41.41

**Heat 20 of 30 Finals**

1	Ziad Mahamed Abdel Sallam	13	SHROK	40.84
2	Mrawan Mahmoud Ahmed	13	TALBE	40.80
3	Sief Mohamed Sadoka	13	TANTA	40.70
4	Ali Mostafa Mohamed	13	ZOHUR	40.61
5	Monzer Mahmoud Ahmed	13	ZOHUR	40.26
6	Omar Mohamed Abdel Hamic	13	AHLY	40.36
7	Ahmedd Maged Khorshed	13	HELOP	40.70
8	Ahmed Sameh Farouk	13	TALBE	40.77
9	Omar Esam Mohamed Salah	13	SHOOT	40.83
10	Yousef Moustafa Fargaly	13	RWAD	40.85

**Heat 21 of 30 Finals**

1	Omar Osama Saber Mohamec	13	BNK.G	40.18
2	Yaseen Nabil Mohamed	13	ZMALK	40.14
3	Mazin Wael Mmdoh Khairala	13	TWFIK	40.02
4	Aly Eldin Mohamed Faysal	13	AHLY	39.89
5	Omar Walid Saber	13	SHOOT	39.88
6	Ziad Mohamed Ahmed Abd E	13	SHOOT	39.89
7	Ziad Sayed Fathy Hassan	13	MAY15	40.01
8	Youssef Ahmed Mohamed.	13	DEGLA	40.06
9	Omar Mohamed Fawze	13	M.ARB	40.16
10	Youssef Ahmed Essam Saleh	13	DEGLA	40.25

**Heat 22 of 30 Finals**

1	Ali Ahmed Soliman Ali	13	RWAD	39.79
2	Yossef Moh. Ahmed Ameen	13	GEZIR	39.55
3	Omar Tamer Said AbdElaziz	13	Smouha	39.31
4	Eyad Tamer Al Sayed	13	NASR	39.13
5	Mazen Ali Abdallah Abd	13	SHAMS	39.05
6	abd Elrahman Mohamed Saac	13	ZMALK	39.12
7	Yosef aly Elsayed	13	TWFIK	39.26
8	Alaa Mohamed Saleh	13	DEGLA	39.37
9	Hussein Mohamed Mahmoud	13	AHLY	39.69
10	Mostafa Khaled Mostafa Ibral	13	SHAMS	39.83

**Heat 23 of 30 Finals**

1	Aly Mohamed Gaber	13	AHLY	38.87
2	Omar Hssan Ahmed Wahba	13	TAGAM	38.83
3	Fares Sherif Mahmoud Fared	13	SHOOT	38.75
4	Yassin Ahmed Mostafa	13	AHLY	38.58
5	Mostafa Mahmoud Mostafa	13	SHOOT	38.39
6	Zeyad Hamdy Mohamed	13	AHLY	38.56
7	Karim amr Mahmoud	13	Nasr City	38.65
8	Yassin Akram Hassan	13	AHLY	38.78
9	ali abd Elrhman Elsaeed	13	ZMALK	38.86
10	Ali Ahmed Ali Shaaban	13	ZOHUR	39.02

**Heat 24 of 30 Finals**

1	Ahmed Khdr abd Elsadc Ebr	13	Baladia El Mahal	38.14
2	Ali Waled Yossef	13	GHABA	38.11
3	Karim Samir Mohamed	13	AHRAM	38.00
4	Mohamed Waled Ibrahim Sal.	13	Smouha	37.90
5	Omar Sameh Mohamed Saleh	13	AHLY	37.37
6	Ahmed Yasir Mostafa	13	SHOOT	37.39
7	Adam Wael Adel	13	DEGLA	37.98
8	Mohamed Wael Mohamed	13	AHLY	38.09
9	Mohmd Ahmed Faruk Abdlhr	13	6 OCT	38.12
10	Moustafa Salah El Din Abdel I	13	SHROK	38.17

**Heat 25 of 30 Finals**

1	Mohamed Alaa Azouz	13	AHLY	37.30
2	Abdel Rahman Ahmed Mohar	13	AHLY	37.13
3	Ahmed Emad Ahmed	13	AHLY	36.96
4	Ziad Amr Samir	13	NASR	36.90
5	Mhmoud Mosleh Goda Atya	13	6 OCT	36.85
6	Basel Amir Ali Hosney	13	6 OCT	36.89
7	Omar Azmy Adel Ali	13	MAADI	36.94
8	Mohamed Khaled Abdel Maal	13	AHLY	36.98
9	Omar Mohamed Mahmoud	13	Alexandria	37.23
10	Youssef Mohamed El Mootaz	13	AHLY	37.30

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**Heat 26 Finals (#90 Boys 13 Year Olds 50 LC Meter Backstroke)**

1	Omar Khaled Hasan	13	NASR	36.75
2	Hossien Mohammed Hossien	13	TALBE	36.54
3	Ahmed Sharif Ahmed Abdalla	13	SHOOT	36.22
4	Yossef Magdy el Azhary	13	HELOP	36.18
5	abd al Rahman Hatam Mohm	13	MAY15	36.00
6	Raafat Hisham Raafat Dooian	13	Smouha	36.06
7	Ziad Mohamed Fathy	13	DEGLA	36.22
8	Karim Ahmed Maged	13	ZMALK	36.34
9	Ahmed Attia Ahmed	13	GHABA	36.66
10	Moustafa Yasser Abd El Latif	13	Alexandria	36.81

**Heat 27 of 30 Finals**

1	Ahmed Sameh Abdelkader	13	DEGLA	35.91
2	Khaled Hesham Husien Ibrah	13	MAADI	35.77
3	Abd El Rahman Mohamed Ma	13	TANTA	35.65
4	Abdalla Mostafa Ahmed	13	AHLY	35.61
5	Ali Samy	13	DEGLA	35.44
6	Ahmed Mohamed Gmal Eprah	13	6 OCT	35.52
7	Omar Khaled Khamis	13	M.Askaria Alex	35.64
8	Yassin Ahmed Aly Eldin	13	AHLY	35.77
9	Mohab Tarek Helal Mohamed	13	HELDO	35.87
10	Khaled Khaled Mohamed Wa	13	SHOOT	35.94

**Heat 28 of 30 Finals**

1	Yosef Ahmed Sabry	13	HELOP	35.26
2	Ahmed Tamer Gamal Abdou	13	Olympic	35.14
3	Mohamed Maged Mahmoud	13	Olympic	34.91
4	Blal amr Ahmed	13	HELOP	34.45
5	Mohamed Ahmed Maher	13	AHLY	34.18
6	Mahmoud Emad Abd Elmogh	13	ZOHUR	34.24
7	Karem Ashraf	13	GHABA	34.78
8	Karim Mohamed Mahmood	13	TANTA	35.08
9	Ezz Eldin Omar Abdeiltif	13	GOLDY	35.23
10	Yehia Emad eL Toukhy	13	Alexandria	35.41

**Heat 29 of 30 Finals**

1	Adham Tarik Ali Baiuomy	13	Smouha	34.05
2	Ahmed Hattem Ahmed	13	DEGLA	33.77
3	Omar Sherif Galal Eldin Mahr	13	MAADI	33.66
4	Mohamed Taha Abd El Raouf	13	DEGLA	33.39
5	Mohamed Ahmed Ellethy	13	TANTA	33.11
6	Yassin Mohamed Tayaa	13	GOLDY	33.29
7	Abd El Rahman Mohamed Ali	13	SHOOT	33.63
8	Abdel Rahman Khaled Zakari	13	AHLY	33.75
9	Seif Eldien Islam Shaker	13	DEGLA	33.98
10	Omar Mohamed Abdel Megui	13	AHLY	34.17

**Heat 30 of 30 Finals**

1	Aser Hosam Mohamed Elfhm	13	Bank Ahly Alex	32.61
2	Adam Ahmed Saber Abd el H	13	SHAMS	32.32
3	Ahmed Hazem Akram	13	DEGLA	31.97
4	Khaled Hamed Mahmoud Gal	13	Bank Ahly Alex	31.52
5	Mohamed Hany Elsayed	13	AHLY	30.64
6	Ahmed Wael el Mohandes	13	HELOP	30.97
7	Moamen Khalid Mohamed	13	ZMALK	31.72
8	Ayob Ayman Mohamed	13	Smouha	32.32
9	Adham Hadee Mohamed Tala	13	Bank Ahly Alex	32.42
10	Mohamed Ramy Mohamed	13	AHLY	32.86

**Event 91 Boys 14 Year Olds 50 LC Meter Backstroke**

National: 27.38 2012 Yousef Ahmed Abdalla Mohamed

Lane Name Age Team Seed Time

**Heat 1 of 17 Finals**

2	Abdallah Wael Shafik	14	DEGLA	NT
3	Mahmoud Sharif Mahmoud	14	Taleaa El Gish	NT
4	Youssef Mohamed Eslam	14	MAY15	NT
5	Tuka Ahmed Apu Elolla	14	SHOOT	NT
6	Hsn Hatem Ahmed Ibrahim	14	6 OCT	NT
7	Mohab Mohamed Salah Hosn	14	HLWAN	NT
8	Nor Elden Ayman	14	Cairo	NT
9	Abdallah Mohamed Gamal	14	TALBE	NT

**Heat 2 of 17 Finals**

1	abd Alaa Mohamed Salah	14	ZMALK	NT
2	Omar Nashaat Emam	14	TAGAM	NT
3	Marwan Wael Mohamed Erfa	14	HLWAN	NT
4	Omr Hesham Helaly	14	MAY15	NT
5	Ahmed Wael Ahmed Ahmed	14	Al Shehk Zaeid	NT
6	Mohamed Wael Metwaly	14	AHLY	NT
7	Youssef Khlaed Mohamed	14	DEGLA	NT
8	Mostafa Hossam Eldin Mosta	14	DEGLA	NT
9	Yosef Ismail Atef	14	Canal El Suez	NT
10	Abdelrahman Yasser Hassan	14	Cairo	NT

**Heat 3 of 17 Finals**

1	Mohamed Ahmed Ramzy Mal	14	GHABA	NT
2	Mohamed Zahran Selem	14	ZMALK	NT
3	Abd Elrahman Adel Mohame	14	M.ARB	NT
4	Abdelrahman Ashraf Talaat	14	ROYAL	NT
5	Mohab Sherif Mohamed	14	DEGLA	NT
6	Mohand Samir Mahmoud	14	MRAC	NT
7	Eyad Ahmed Abdel Rahman	14	DEGLA	NT
8	Usama Khaled Tolba	14	TRSAN	NT
9	Yehia Mohamed Ali	14	DEGLA	NT
10	Abdallah Ahmed Mohamed	14	ZOHUR	NT

**Heat 4 of 17 Finals**

1	Mohamed Ahmed Amin	14	ZMALK	NT
2	Moustafa Hesham Radwan M	14	MAADI	NT
3	Mohamed Samy Maher	14	AHLY	NT
4	Youssef Mohamed Sultan	14	Smouha	NT
5	Mohamed Deiaa El Din Sayed	14	SOKAR	NT
6	Mohamed Hisham Riad	14	M.S Tagamoa	NT
7	Yassin Nabil El Kafrawy	14	Alexandria	NT
8	Yousif Ahmed Mohamed Ali	14	SHOOT	NT
9	Matthew Wael Mourice	14	DEGLA	NT
10	Omar Samy Abdallah	14	DEGLA	NT

**Heat 5 of 17 Finals**

1	Youssef Ayman Fathy Sayed	14	DEGLA	NT
2	Abdelrahman Shrief Ahmed	14	AHLY	NT
3	Mazn Haythim Ezzat	14	Taleaa El Gish	NT
4	Ahmed Mohamed Fouad	14	DEGLA	NT
5	Marwan Hany Abdel Mogeid	14	SOKAR	49.57
6	Ziad Ahmed Abdou	14	DEGLA	52.05
7	Abdel Rahman Mohamed Ma	14	TALBE	NT
8	Belal Ashraf Ahmed	14	Al Shehk Zaeid	NT
9	039868 Nabil	14	SHOOT	NT
10	Amr Saad EL Sayed	14	Elethad	NT

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## Meet Program - 11-15-2018 Morning

## Heat 6 Finals (#91 Boys 14 Year Olds 50 LC Meter Backstroke)

1	Tomas Eskandar Kamal	14	DEGLA	47.49
2	Youssef Mostafa Anwar	14	AHLY	46.54
3	Ibrahim Ramdan Sayed	14	Mansheit Naser	45.70
4	George Ayman Nady	14	DEGLA	45.22
5	Omar Aly Selim	14	AHLY	44.78
6	Yousef Ehab Ebraheem	14	ZOHUR	45.18
7	Mohmed Moataz Mahmoud	14	HELDO	45.69
8	Mohamed Tarek Abd Alhame	14	DEGLA	45.99
9	Mohamed Ahmed Ebrahim S	14	Mansheit Naser	47.02
10	Omr Mohamed Saleh Mhmou	14	6 OCT	47.99

## Heat 7 of 17 Finals

1	Abdallah Ahmed Niazy	14	ZOHUR	43.75
2	Mohamed Hosam El Din Ibra	14	MAADI	43.49
3	Ahmed Mohamed Saleh	14	Cairo	42.79
4	Marawan Khaled Zakaria	14	AHLY	42.65
5	Aly Mohamed Soliman	14	AHLY	42.38
6	Zeyad Hany Abd el Azeem	14	DEGLA	42.48
7	AbdelRahman Mohamed Dial	14	AHLY	42.72
8	Mohamed Tarek Mohamed	14	ZOHUR	42.91
9	Yossif Abd el Hakim Nabieh	14	AHRAM	43.68
10	Blal Mohmed Abd Elhamed	14	NASR	44.07

## Heat 8 of 17 Finals

1	Salem Abdelsmia Hsn Hosny	14	6 OCT	41.60
2	Belal Ahmed Mohmed	14	DEGLA	41.10
3	Yousef Mohmed Hashem	14	MAY15	40.83
4	Ahmed Mohamed Hassan Ah	14	SHAMS	40.74
5	Seliman Mohamed Nabil	14	SHROK	40.38
6	Omar Ahmed Mahgoub	14	DEGLA	40.50
7	Adel Wahed Fthey Salem	14	6 OCT	40.79
8	Amr Hassan Mahmoud	14	RWAD	41.04
9	Marawan Ayman Foad	14	El Obour	41.59
10	Omar Hazem Zaki	14	Cairo	41.60

## Heat 9 of 17 Finals

1	Adham Mohamed Salah	14	SHOOT	40.20
2	Ziad Wael Mohamed	14	ZMALK	39.95
3	Abdelrhman Mhmoud Hsn M	14	6 OCT	39.37
4	Abdelrahman Mohamed Abd	14	AHLY	39.00
5	Zayead Hatem Hassan	14	El Obour	38.87
6	Ahmed Gamal Abdel Nasser	14	AHLY	38.90
7	Yassen Mohamed Mahmoud (	14	SHOOT	39.09
8	Zeyad Emad Nooh Abdelmks	14	6 OCT	39.63
9	Omar Tarek ApdelFtah Hasn	14	6 OCT	40.00
10	Mostafa Mohamed Abdallah I	14	Al Shehk Zaeid	40.25

## Heat 10 of 17 Finals

1	Karim Mohamed Mahmoud	14	HELDO	38.69
2	Ziad Shref Housen	14	HELOP	38.09
3	ali Wajih Maher	14	ZMALK	37.93
4	Omar Mohamed Omar Ibrahe	14	Smouha	37.69
5	Mohamed Walid Azouz	14	AHLY	36.88
6	Omar Hany Hussin AbdElmn:	14	Smouha	37.62
7	Abdalla Mohamed Imbaby	14	AHLY	37.92
8	Abdel Rahman Rabeia Al Nou	14	TALBE	37.99
9	Ahmed Nabil Abd Rabo	14	AHLY	38.44
10	Moahmed El-Sayed Att	14	El Obour	38.75

## Heat 11 of 17 Finals

1	Mohamed Sherif Mostafa Ali	14	TWFIK	36.61
2	Kamal El Din Mokhtar	14	DEGLA	36.42
3	Mostafa Mohamed gad	14	HLWAN	36.14
4	Karem amr Wafek	14	HELOP	35.87
5	Ahmed Gamal Mostafa	14	TALBE	35.74
6	Youssef Salah Abd Elhamed	14	DEGLA	35.75
7	Madih Mohamed Sobhi	14	TWFIK	36.06
8	AbdelRahman Khaled Hanafy	14	AHLY	36.24
9	Omar Adel Mohamed	14	DEGLA	36.45
10	Youssef Mohamed Talaat	14	DEGLA	36.75

## Heat 12 of 17 Finals

1	ali Hany el Samra	14	HELOP	35.69
2	Slem Ahmed Hosny	14	Alexandria	35.45
3	Abdallah Ahmed Elsaid	14	Cairo	35.22
4	Zeyad Ayman Fekry	14	AHLY	35.02
5	Omar Yasser Bastawesy	14	AHLY	34.92
6	Omar Ahmed Wagih	14	DEGLA	34.97
7	Mohamed Ahmed Galal	14	ZOHUR	35.08
8	Abdel Rahman Mostafa Abde	14	RWAD	35.45
9	Mohamed Ashraf A bd Elazee	14	GHABA	35.48
10	Hazem Amir Hazem	14	AHLY	35.70

## Heat 13 of 17 Finals

1	Mohamed Ahmed Elryas	14	ZMALK	34.30
2	Yossif Mohamed Ahmed Sadk	14	Alexandria	34.30
3	Mohamed Mohamed Fawzy E	14	MAADI	34.16
4	Adham Adel Abaza	14	Alexandria	34.02
5	Yousif Wael Hamed Elsaid	14	Smouha	33.87
6	Sief Ahmed El Sayed	14	Bank Ahly Alex	33.93
7	Almotz Bellah Housen Mohar	14	6 OCT	34.03
8	Abdelrhman Ayman Zakria M	14	Smouha	34.28
9	Amr Haitham Nafea	14	Alexandria	34.30
10	Amr Mohamed Helmy Ibrahim	14	HELDO	34.90

## Heat 14 of 17 Finals

1	Aly Hassan Elkhayat	14	AHLY	33.75
2	Yossif Serag Mahmoud Hassin	14	Nasr City	33.42
3	Omar Hany Mohamed Galal	14	Gezira El Ward	33.30
4	Zeyad Mohamed Saed Taha	14	Bank Ahly Alex	33.00
5	Youssef Emad Hanafy Sayed	14	HELDO	32.86
6	Sief Mahmoud Elsead	14	Baladia El Mahal	32.89
7	Aser Mohamed Mosaad	14	AHLY	33.06
8	Mohamed Ahmed Mohamed	14	Smouha	33.39
9	Yahia Ahmed Mohamed Mou:	14	Smouha	33.52
10	Mohamed Ahmed Salem	14	GHABA	33.84

## Heat 15 of 17 Finals

1	Aly Hesham Alkabany	14	AHLY	32.79
2	Seif El Din Ashraf Abd El Azin	14	MAADI	32.72
3	Mohmed Gmal Abdelnaser At	14	6 OCT	32.45
4	Salah Ahmed Nabil Abd ElHa:	14	SHAMS	32.26
5	Nour Eldin Ahmed Rady	14	AHLY	32.20
6	Omar Ahmed Gaber	14	Elethead	32.21
7	Abd El Rahman Mohamed Mç	14	Smouha	32.33
8	Ibrahim Yaser Abdel Monaeir	14	Raas El Bar Club	32.67
9	Amar Yasser Mohmed	14	ZOHUR	32.75
10	Yousif Mohamed Elsaied Ali	14	Smouha	32.80



## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

## Heat 16 Finals (#91 Boys 14 Year Olds 50 LC Meter Backstroke)

1	Seif ElDein Ahmed Ebrahim F	14	SHAMS	32.12
2	Walid Salah Abdallah Khali	14	RWAD	31.90
3	Mostafa Magdy Nabil	14	AHLY	31.85
4	Mahmoud Shehab Ahmed Mc	14	Bank Ahly Alex	31.65
5	Ali Khaled Osama	14	DEGLA	31.62
6	Ahmed Ihab Ali	14	DEGLA	31.65
7	Yassin ali Mohamed Fayez Sa	14	DEGLA	31.78
8	Youssef Dieya ElSayed Elkiki	14	SHAMS	31.87
9	Abdel Rahman Mohamed Me	14	Elethad	31.98
10	Youssef Mohamed Soliman H	14	DEGLA	32.18

## Heat 17 of 17 Finals

1	amr Tarek Alsaïd Alaraby	14	Nasr City	31.50
2	Youssef Mohamed Barakat	14	AHLY	31.38
3	Ahmed Hassan Alwan	14	ZMALK	30.82
4	Moaataz Mohamed AbdElzah	14	Smouha	30.23
5	Ahmed Hamdy Al Shaik	14	SHOOT	29.80
6	Omer Badr Kamel	14	SHOOT	30.10
7	Yousef Maged Nagy	14	HELOP	30.38
8	Marawan Ahmed Abdel Moez	14	DEGLA	31.35
9	Ahmed Awny Glal Aly	14	6 OCT	31.46
10	Omar Ahmed Hegazy	14	TANTA	31.58

## Event 92 Boys 15 Year Olds 50 LC Meter Backstroke

National: 26.71 2013 Yousef Ahmed Abdalla

Lane Name Age Team Seed Time

## Heat 1 of 17 Finals

4	Fahd Elbaskh Loa'y Mohame	15	Smouha	NT
5	Seif Ayman Abdel Hamed	15	GHABA	NT
6	Karim Hassan Ahmed	15	DEGLA	NT

## Heat 2 of 17 Finals

2	Mohamed Ahmed Mohamed :	15	Beni Suef Club	NT
3	Seif Eldien Ehab Hamed	15	DEGLA	NT
4	Yousef Akram Hassan Afe	15	HELOP	NT
5	Fares Ahmed Husain Elzeny	15	Elethad	NT
6	Yousef Mohamed Mohamed a	15	TANTA	NT
7	Hosam Bahaa el din	15	SHOOT	NT
8	Aly Mohamed Hassan Ibrahim	15	DEGLA	NT
9	Ahmed Allaa Mohamed Abde	15	ZMALK	NT

## Heat 3 of 17 Finals

1	Omar Essameldin Kashef	15	AHLY	NT
2	Ali Mahmoud Shawky Ali	15	ZMALK	NT
3	Zeyad Ahmed Zain Hamdy	15	Bank Ahly Alex	NT
4	Yousef Khaled Mohamed	15	DEGLA	NT
5	Mohamed Magdy Aboelmagd	15	DEGLA	NT
6	Abdel Wahab Soliman Gouda	15	SHOOT	NT
7	Mohamed Essam Atteia	15	Fayoum Club	NT
8	Ali Ihab Ali i Mohamed Abdel	15	HELDO	NT
9	Taher Darem Debsy	15	DEGLA	NT
10	Omar Sherif Sayed	15	ZMALK	NT

## Heat 4 of 17 Finals

1	Hamza Abo Bakr El Sedek	15	TALBE	NT
2	Mohamed A.Allah Mohamed	15	DEGLA	NT
3	Ahmed Mohamed Hassan Bay	15	6 OCT	NT
4	Eyad Mahmoud Hassan Mahr	15	DEGLA	NT
5	Moustafa Mahmoud Abdelsh:	15	DEGLA	NT
6	Houssein Mostafa Mostafa	15	ZMALK	NT
7	Yousef Hassan Abdalla	15	ZMALK	NT
8	Ahmed Mohamed Abdelftah /	15	Taleaa El Gish	NT
9	Yousef Alaa Mansor	15	BNKG	NT
10	Youssef Ahmed Mohamed Ka	15	Beni Suef Club	NT

## Heat 5 of 17 Finals

1	Zeyad Bassam Hussein	15	AHLY	NT
2	Abdel Rahman Hassan Abdou	15	SHOOT	NT
3	Karim Sameh Saaed Ahmed	15	DEGLA	47.42
4	Yousef Khaled A.Elrahman Bz	15	DEGLA	44.82
5	Adham Ahmed Moustafa	15	DEGLA	42.65
6	Mohamed Sherif Mohamed F:	15	TALBE	43.34
7	Seif Ahmed Abd el Hamed	15	DEGLA	45.60
8	Mohannad Nashaat Kamal	15	DEGLA	NT
9	Mohamed Hisham Fouad	15	NASR	NT
10	Youssef Mohamed Hassan Qa	15	Beni Suef Club	NT

## Heat 6 of 17 Finals

1	Ahmed Khalil Ahmed Mohma	15	ZOHUR	42.32
2	Ali El Din Mohamed Samy	15	ZOHUR	41.77
3	Adham Mohamed Moaawad	15	AHLY	41.22
4	Ahmed Khaled Ahmed .	15	DEGLA	40.84
5	Youssef Ayman Ezzat A.Elaziz	15	DEGLA	40.50
6	Youssef Wael Ismael Eid	15	MRAC	40.67
7	Mohamed Ahmed Mahmoud	15	HELOP	41.18
8	Basel Sahab Said Shokry	15	ZMALK	41.62
9	Seif Mohamed Abdel Aziz	15	TALBE	41.92
10	Mohab Moustafa Shawky Mo	15	DEGLA	42.44

## Heat 7 of 17 Finals

1	Yehia Sameh Gamil	15	AHLY	40.17
2	Abdel Rahman Hosam Eldin l	15	ZOHUR	39.51
3	Ahmed Hisham Mohsen Ibral	15	DEGLA	39.12
4	Belal Abd Elwadod Mohamed	15	RWAD	38.76
5	Adham Osama Mohamed Abc	15	ZOHUR	38.67
6	Mazen Khaled El Sayed	15	DEGLA	38.69
7	Mohamed Shref Mohamed	15	MAY15	39.07
8	Yousef Khaled Salah El Din	15	ZOHUR	39.40
9	Abdallah Amr Hasan	15	DEGLA	39.92
10	Kareem Montaser	15	Cairo	40.25

## Heat 8 of 17 Finals

1	Ahmed Hesham Wagdy	15	AHLY	38.28
2	Seif Ehab Hassan	15	HLWAN	37.73
3	Mohamed Osama Abd El Sala	15	Al Zaher	37.41
4	Ahmed Sameeh Ahmed Elbar	15	AHLY	37.05
5	Abdel Rahman Amr Mounir	15	MAADI	36.99
6	Fares Ehab Ahmed	15	AHLY	37.03
7	Ali Maher Mahmoud	15	GHABA	37.20
8	Ahmed Mohamed Abdel Rahi	15	6 OCT	37.42
9	Hussin Hamdy Mohamed	15	HLWAN	37.92
10	Marwan Ahmed Abdalaty	15	MAY15	38.37

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

**Heat 9 Finals (#92 Boys 15 Year Olds 50 LC Meter Backstroke)**

1	Abd Elrahman Hany Moh. Ha	15	GEZIR	36.76
2	Ahmed Mohamed Ahmed Ma	15	ZMALK	36.59
3	Ahmed Allaa Said Ali	15	6 OCT	36.34
4	Yehya Magdy Sayed Abdel Ga	15	6 OCT	36.08
5	Ahmed Nazar Ahmed Huseei	15	AHLY	35.84
6	Ismail Ahmed Moustfa	15	SHOOT	35.91
7	Youssef Ihab Hosny Abdel Wz	15	HELDO	36.28
8	Youssef Mootaz Mahmoud	15	AHLY	36.53
9	Mohamed Tamer El Baz	15	DEGLA	36.71
10	Ziad Kamel Ibrahim Kamel	15	Cairo	36.99

**Heat 10 of 17 Finals**

1	Mohamed Reda Mahmoud	15	MAY15	35.59
2	Ali Mohamed Ali Makhoulouf	15	ZMALK	35.48
3	Abdel Rahman Mostafa Moha	15	6 OCT	35.33
4	Osama Reda	15	DEGLA	35.25
5	Yosif Ahmed Abdel Bar	15	DEGLA	35.16
6	Ahmed Mohamed Tawfik	15	AHLY	35.19
7	Soliman Ahmed Abd Elrahma	15	NASR	35.30
8	Mohamed Osama Abdel Moh:	15	AHLY	35.46
9	Yosif Ahmed Saeed Daher	15	NASR	35.51
10	Abd Alla Mohamed Fathy	15	RWAD	35.64

**Heat 11 of 17 Finals**

1	Omar Ahmed Ibrahim Eldeso	15	MAADI	34.85
2	Ali Mohamed ali abd el Rahm	15	SHAMS	34.36
3	Ali Mohamed Ali Yehia	15	AHLY	34.27
4	Yehya Waled Abdel Shafy	15	ZMALK	34.18
5	Karim Mahmoud Abdo	15	AHLY	34.15
6	Ahmed Mohamed Mostafa	15	TANTA	34.17
7	Omar Ahmed El Sherif	15	TANTA	34.23
8	Omar Mohamed Gamal El Kh	15	TANTA	34.36
9	Ali Ashraf Hussin	15	HELOP	34.85
10	Ahmed Khaled Yassuin	15	SHROK	35.13

**Heat 12 of 17 Finals**

1	Ahmed Hesham Mostafa	15	SHOOT	34.12
2	Gamal El Din Ahmed Gamal e	15	DEGLA	33.93
3	Abdel-Rahman Walid Moham	15	AHLY	33.92
4	Yassin Mohamed Ezzat	15	AHLY	33.51
5	Karim Adel Ahmed Bahgat	15	ZOHUR	33.24
6	Mohamed Ashraf Abdel Ghaf:	15	DEGLA	33.26
7	Ali Ahmed Dawood	15	AHLY	33.64
8	Omar abd el Hamed Soltan	15	M.ARB	33.93
9	Yousef Yaser Abdel Kader	15	ZMALK	34.02
10	Mohamed Tamer Mohamed Z	15	Smouha	34.13

**Heat 13 of 17 Finals**

1	Ali Mohamed Refaat Abdel R:	15	HELDO	33.12
2	Ahmed Tosson Taha	15	Olympic	32.84
3	Kareem Mohamed Husin Soli	15	Bank Ahly Alex	32.54
4	Abdulrahman Mohamed Mah	15	Police Club	32.43
5	Mo'men Mohamed	15	DEGLA	32.35
6	Abdel Rahman Sameh Farouk	15	TALBE	32.36
7	Adham Shihata Saleh Shihat	15	Smouha	32.44
8	Mrawan Mohmed Abdel Khal	15	SHROK	32.83
9	Nour El-Din Salah Kamal El-I	15	AHLY	32.93
10	Ahmed Osama Tawfek	15	M.ARB	33.17

**Heat 14 of 17 Finals**

1	Ali Ibrahim Shafeia	15	SHOOT	32.13
2	Adam Yaser Msad	15	GHABA	32.08
3	Omar Yasser Karam	15	Cairo	32.05
4	Omar Mohamed Abdelbaaqy	15	GHABA	32.00
5	Ziad Wahed Hamdy Tawfek M	15	SHAMS	31.95
6	Ahmed Mohssein Abdel Mon:	15	HLWAN	31.99
7	Adham Ahmed Hassan	15	AHLY	32.02
8	Omar Sameh Abd Al-Aziz Als	15	SHAMS	32.07
9	Hazem Shirif Elsiad AbdElm	15	Smouha	32.12
10	Ahmed Waled Ibrahim Salar	15	Smouha	32.31

**Heat 15 of 17 Finals**

1	Mostafa Abou Elabas Youssef	15	BNK.G	31.92
2	Karim Osama Khalifa	15	DEGLA	31.88
3	Saleh Hossam El Din Saleh	15	ZOHUR	31.77
4	Omar Ahmed El Faitory	15	Alexandria	31.59
5	Ahmed Wael Mahmood Moahr	15	Bank Ahly Alex	31.40
6	Youssef Mokhtar Talaat	15	AHLY	31.50
7	Mohamed Ashraf	15	Alexandria	31.60
8	Amr Medhat Bader	15	Smouha	31.87
9	Mohamed Hassan Ali Hassan	15	Smouha	31.91
10	Sherif Yaser Ali Meaabed	15	6 OCT	31.94

**Heat 16 of 17 Finals**

1	Yassin Emad Abd Elhakim	15	Alexandria	31.29
2	Keirlis Gamal Sophy	15	GHABA	31.13
3	Eyad Waleed Shanan	15	MAADI	30.95
4	Hussein Walid Adel	15	AHLY	30.83
5	Kareem Husin Atia	15	TANTA	30.55
6	Fahd Mohamed aly	15	Olympic	30.82
7	Mohamed Mostafa Ibrahim M	15	SHAMS	30.88
8	Ali Mogeib Salah El Din	15	TALBE	31.06
9	Yosif Ahmed Abdel Mohssin	15	DEGLA	31.15
10	Yahia Abd el Aaty Said	15	DEGLA	31.39

**Heat 17 of 17 Finals**

1	Zyad Magdi abd el Khalaa	15	ZMALK	30.32
2	Yasen Amro Yaser Abd Elrah	15	GEZIR	30.23
3	Omar Mohamed Atef	15	AHLY	29.84
4	Sohaib Khaled Emam	15	AHLY	29.69
5	Waled Mohamed Sophy	15	Stad Mansoura	28.66
6	Mohamed Ahmed Abdel Hak:	15	SHOOT	29.58
7	Yasin HossamEldin	15	Smouha	29.82
8	Ibrahem Mostafa Talaat	15	Smouha	30.22
9	Yousif Ashraf Madkour	15	Smouha	30.25
10	Ahmed Mohamed Abdel-Fatt:	15	AHLY	30.52

**Event 93 Girls 13 Year Olds 400 LC Meter IM**

National: 5:13.85 2017 Rowan Tamer Mohamed Said

Lane Name Age Team Seed Time

**Heat 1 of 4 Finals**

3	Hams Sameh Afify Matwaly	13	DEGLA	NT
4	Bassant Ahmed Mostafa	13	ZOHUR	NT
5	Aya Ashrf Ahmed Mohmed Al	13	6 OCT	NT
6	Shahd Mansour Ahmed	13	Olympic	NT
7	Rahaf Ahmed Esmaeel	13	ZMALK	NT

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-15-2018 Morning

## Heat 2 Finals (#93 Girls 13 Year Olds 400 LC Meter IM)

1	Sama Tarek Salah	13	DEGLA	NT
2	Mariam amr Mohamed	13	DEGLA	NT
3	Karma Emad Naeem Guda	13	HELDO	6:44.34
4	Hana Ahmed Ateia	13	DEGLA	6:35.05
5	Sama Wael Mohamed EL Had	13	SHAMS	6:27.39
6	Shaden Abo El Ela Hamdy	13	AHLY	6:29.56
7	Mariam Bassem Beshay Mou:	13	HELDO	6:37.95
8	Sara Sameh Awad Elsaïd	13	RWAD	6:46.90
9	Lama Mohamed Ali	13	M.Askaria Alex	NT
10	Kenzy amr Ahmed	13	ZMALK	NT

## Heat 3 of 4 Finals

1	Mariam Nasr Ahmed Said	13	MAY15	6:07.81
2	Donia Ebrahim Ebid	13	Alexandria	6:03.37
3	Goudy Ahmed Elsayed	13	AHLY	6:02.17
4	Nour Alaa Salah	13	GOLDY	5:59.12
5	Salma Khaled Elsayed	13	DEGLA	5:58.05
6	Nybal Esmaeel aly	13	Al Hawar	5:59.07
7	Gody Tarik Salah Elwilily	13	Smouha	6:00.84
8	Dina Ebrahim Ebid	13	Alexandria	6:02.23
9	Basmalah Gomaa Ali	13	Bank Ahly Alex	6:05.67
10	Basmala Ahmed AbdElftah	13	Smouha	6:10.41

## Heat 4 of 4 Finals

1	Mena Tarek Aly	13	AHLY	5:48.37
2	Maryam Emad Mohamed Elh	13	Gezira El Ward	5:45.21
3	Mariem Mohamed Emad Fah:	13	MAADI	5:41.98
4	Kenzy Mostafa Zakaria	13	AHLY	5:37.92
5	Zaina Mohamed Haitham Has	13	SHOOT	5:26.53
6	Joudy Ahmed Mohamed Nou	13	MAY15	5:37.18
7	Doha Ayman ali Gomaa	13	Stad Mansoura	5:41.29
8	Salma Ahmed Mohamed Khal	13	Gezira El Ward	5:43.54
9	Yara ali el Koshy	13	ZMALK	5:46.25
10	Nouran Mahmoued Mohamec	13	DEGLA	5:48.97

## Event 94 Girls 14 Year Olds 400 LC Meter IM

National:		5:00.82	2010	Yara Emad Ibrahim Fakhary	
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Finals</b>					
2	Malak Khaled Abdelhady	14	AHLY	NT	
3	Aya Mohamed Hosam Elden /	14	6 OCT	6:43.28	
4	Dareen Amgad Emad	14	ZOHUR	6:10.70	
5	Mariam Hesham Mohamed	14	AHLY	5:55.77	
6	Mayar Mohamed Kamal	14	Bank Ahly Alex	6:03.20	
7	Merna Mohamed adb Elhady	14	ZMALK	6:22.41	
8	Fatma Nader Glal Mhrz	14	6 OCT	NT	
9	Hana Mohie el den Osman	14	HELOP	NT	
<b>Heat 2 of 2 Finals</b>					
1	Amira Hatem Saad Hanafy	14	Bank Ahly Alex	5:51.17	
2	Sama Ziad Anwar	14	DEGLA	5:44.00	
3	Hanin Ashraf aly	14	Olympic	5:29.84	
4	Nour Diaa Elden abo Bakr	14	HELOP	5:27.29	
5	Rawan Tamer Mohamed	14	DEGLA	5:11.41	
6	Fatma Mohamed Klel Ebrahim	14	6 OCT	5:26.07	
7	Gihan Ahmed Abd El Azim At	14	MAADI	5:29.50	
8	Malak Mohamed Abd El Gabe	14	Bank Ahly Alex	5:35.79	
9	Salma Hamdi	14	GOLDY	5:44.92	
10	Salma Waled	14	Smouha	5:52.55	

## Event 95 Girls 15 Year Olds 400 LC Meter IM

National:		5:00.82	2010	Yara Emad Ibrahim Fkhary	
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Finals</b>					
2	Hana Tarek Fared	15	SHOOT	NT	
3	Basant Ahmed Abd Al-Aaty	15	SHAMS	6:32.58	
4	Zeina Adham Mohamed Ahm	15	BNK.G	6:23.31	
5	Gana Essam Mahmoud	15	Stad Mansoura	6:08.82	
6	Farah Ehab Fo`ad Elhussin	15	Smouha	6:09.87	
7	Noran Wael Ali	15	Smouha	6:26.56	
8	Naghm Mohamed Slah	15	GHABA	6:51.41	
9	Esraa Emad Mohamed	15	SHROK	NT	
<b>Heat 2 of 2 Finals</b>					
1	Areeg Mohamed Faroak	15	Al Hawar	5:52.02	
2	Malak Sherif Shawky El Goha	15	MAADI	5:46.47	
3	Mai Khaled Abdelltif	15	DEGLA	5:39.73	
4	Habiba Hesham Mostafa Har	15	MAADI	5:36.51	
5	Alya Mostafa Mohamed	15	AHLY	5:29.78	
6	Amina Ahmed El Sharkawy	15	Alexandria	5:30.59	
7	Yara Mahmoud Abdo Mosa	15	Al Hawar	5:38.92	
8	Lena Ahmed Abdel-Wahab	15	AHLY	5:44.54	
9	Mariam Emad Hamed Motaw	15	ZMALK	5:50.59	
10	Tasneem Mohamed Rashad	15	RWAD	5:54.92	

## Event 96 Boys 13 Year Olds 400 LC Meter IM

National:		4:47.42	2015	Fares Yoseif Ahmed Emara	
Lane	Name	Age	Team	Seed Time	
<b>Heat 1 of 5 Finals</b>					
3	Mohaned LiwaaEldin Ali	13	Smouha	NT	
4	Karim amr Abd el Monem	13	DEGLA	NT	
5	Tamem Mohamed Tantawy	13	Alexandria	NT	
6	Ahmed Ramy El Sayed Abdall	13	DEGLA	NT	
7	Yehia Mohamed Saad Eldin	13	DEGLA	NT	
8	Ahmed Amr Magdy	13	SHOOT	NT	
<b>Heat 2 of 5 Finals</b>					
1	Ziyad Walid Nabiil	13	Alexandria	NT	
2	Omar Osama El Saadany	13	Alexandria	6:23.68	
3	Moaaz Nasser Eid Abd Allah	13	TALBE	6:17.71	
4	Ali Mohamed Mousa	13	TANTA	6:10.81	
5	Basel Osama Mohamed	13	HLWAN	6:05.90	
6	Abd El Monaem Mahmoud Al	13	ZOHUR	6:08.83	
7	Zayad Atef Mohamed Ahmed	13	GHABA	6:13.27	
8	Mostafa Mohamed Mourad	13	DEGLA	6:18.05	
9	Yousf Aymn Ebrahim Ahmed	13	6 OCT	6:23.77	
10	Ahmed Tarek Mohamed Abdc	13	MARB	NT	
<b>Heat 3 of 5 Finals</b>					
1	Abdla Mohmd Ahmd Ali Alml	13	6 OCT	6:01.42	
2	Mohammed Abdel Monem M	13	RWAD	5:53.61	
3	abd Elrahman Mohamed Bad	13	TRSAN	5:47.18	
4	Mohamed Hassan Hafez	13	AHLY	5:46.70	
5	Yahya Ahmed Sayed Abdelha	13	Bank Ahly Alex	5:42.31	
6	Eyad Ahmed Zakaria	13	AHLY	5:44.81	
7	Ali Nader Ali Mohamed	13	DEGLA	5:47.06	
8	Yousf Mohmed Mdht Mohme	13	6 OCT	5:51.30	
9	Omar Hatem Hassan	13	ZOHUR	6:00.35	
10	Seif Mostafa Elkady	13	AHLY	6:05.30	

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## Meet Program - 11-15-2018 Morning

## Heat 4 Finals (#96 Boys 13 Year Olds 400 LC Meter IM)

1	Ahmade Hamed Abbaas	13	TALBE	5:40.58
2	Abd ElRahman Mohamed Ain	13	SHOOT	5:34.46
3	Ahmed Hesham Mohsen	13	AHLY	5:33.25
4	Badr Ahmed Mohamed Anis	13	Olympic	5:32.13
5	Marawan Emad Hamed	13	AHLY	5:28.50
6	Kareem Mohamed Fouad Alg	13	TWFIK	5:29.86
7	Youssef Ehab Mostafa	13	AHLY	5:33.14
8	Omar Ahmed Hassan Ryaan	13	SHAMS	5:33.65
9	Iyad Mohamed Abdel Azem e	13	Al Hawar	5:38.34
10	Mostafa Emad Mohamed Awz	13	Gezira El Ward	5:41.24

## Heat 5 of 5 Finals

1	Moamen Khalid Mohamed	13	ZMALK	5:25.54
2	Mohamed Hassan Mohamed	13	Elethead	5:22.19
3	ali Mohamed Sarwat	13	HELOP	5:19.33
4	Seif Walaa Antar	13	DEGLA	5:13.42
5	Mohamed Hany Elsayed	13	AHLY	5:09.16
6	Yousef Adel Ramadan	13	SHAMS	5:12.79
7	Ahmed Mohamed Moharam	13	MANS	5:18.84
8	Ali Mohamed Ali Hasan El	13	Bank Ahly Alex	5:21.23
9	Ahmed Ayman Ali Mohamed	13	SHAMS	5:23.10
10	Nour El Din Ayman	13	Alexandria	5:27.93

## Event 97 Boys 14 Year Olds 400 LC Meter IM

National: 4:46.74 2015

Omar Adel Abas Al Tanbari

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
1	Eyad Youssef Emara	14	AHLY	NT
2	Mohamed Nader Mohamed	14	AHLY	NT
3	Esmail Shref Adel	14	HELOP	NT
4	Ahmed Hazem Mohamed Apc	14	6 OCT	NT
5	Yousef Ayman Mohamed Lott	14	SHAMS	NT
6	Hazim Waled Fawzy Amin	14	SHROK	NT
7	Abdelrahman Ashraf Abdelat	14	AHLY	NT
8	Yasin Alaa Ibrahim Elbieh	14	Smouha	NT
9	Mohamed Ahmed Salah El Di	14	ENPPI	NT
10	Karem Ehab Moharm	14	Alexandria	NT

## Heat 2 of 4 Finals

1	AbdElrhman Waled Hemdan	14	Smouha	NT
2	Hussen Ahm. Bahaa Eldin Far	14	GEZIR	6:04.69
3	Abd Alla Nabil Eprahem	14	SHOOT	5:47.32
4	Yousif Ahmed Hamdy Borhan	14	Smouha	5:40.90
5	Saad Elden Saeed Saad	14	Alexandria	5:33.71
6	Seif ElIslam Ahmed Mahmoud	14	SHAMS	5:39.42
7	Hesham Mohmed Mhmoud A	14	6 OCT	5:41.73
8	Moustafa Hany Mohamed Rei	14	HELDO	5:58.91
9	Adel Mohamed Adel	14	RWAD	6:14.94
10	Yosef Mahmoud Said	14	Al Shekh Zaeid	NT

## Heat 3 of 4 Finals

1	Ahmed Wael Ahmed Mohame	14	Bank Ahly Alex	5:29.19
2	Ahmed Ehab AbdElhamed Ar	14	Smouha	5:23.76
3	Moamen Hosam El Din	14	TANTA	5:21.37
4	Ahmed Moustafa Mohamed	14	M.Askaria Alex	5:17.82
5	Mohamed Mostafa Mohamed	14	DEGLA	5:17.20
6	Omr Mohamed Salah Moslhy	14	6 OCT	5:17.62
7	Omar Walied Ahmed Badeer	14	Nasr City	5:20.57
8	Ahmed Wael Ibrahim	14	DEGLA	5:23.63
9	Mostafa Adel Ibrahim Khalil	14	Smouha	5:24.58
10	Zyad Mohamed Adel Mohame	14	Gezira El Ward	5:32.70

## Heat 4 of 4 Finals

1	Eyad Osama Ramadan	14	AHLY	5:15.51
2	Ali El Din Tamer Mohamed Ri	14	TANTA	5:10.18
3	Yasin Hatem Sery	14	HELOP	5:08.47
4	Seif Ahmed Hegazy	14	AHLY	4:58.94
5	Selim Moh. Ahm. Moktar Has	14	GEZIR	4:54.52
6	Yasen Abdelaziz Mohsen Abe	14	6 OCT	4:57.53
7	Mohamed Magdy Mostafa	14	AHLY	5:07.54
8	Omer Badr Kamel	14	SHOOT	5:10.03
9	Mooataz Tarek Ibrahim Moha	14	AHLY	5:12.65
10	Houssen Talal Houssen Sayd	14	6 OCT	5:15.86

## Event 98 Boys 15 Year Olds 400 LC Meter IM

National: 4:36.87 2011

Ahmed Akram Mohamed Abas

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
4	Seif El Din Sameh Mostafa Ab	15	AHRAM	NT
5	Ziad Khaled Shreef	15	Cairo	NT
6	Zyad Magdi abd el Khalaa	15	ZMALK	NT
7	Zeyad Taha Dabor	15	TANTA	NT
<b>Heat 2 of 4 Finals</b>				
1	Mazen Wael Ali Gaber	15	Smouha	5:46.63
2	Mohamed Mhmod Mohamed	15	Smouha	5:40.48
3	Omar Ahmed Salem Hamoda	15	Smouha	5:30.85
4	Zeiad Hamdy Amin Ossman	15	ZMALK	5:29.58
5	Gamal Metwaly Gamal Mohar	15	ZOHUR	5:25.80
6	Amr Medhat Bader	15	Smouha	5:26.11
7	Adham Tarek Mohamed Elmc	15	SHAMS	5:30.41
8	Mahmoud Mostafa Abdallh El	15	GOLDY	5:34.02
9	Ahmed Hesham Nageib	15	ZMALK	5:42.85
10	Ahmed Amr Mohamed	15	HELOP	5:46.93
<b>Heat 3 of 4 Finals</b>				
1	Ahmed Tarek ali Fatehalla	15	Nasr City	5:24.91
2	Mazen Mohamed Elwakel	15	Smouha	5:23.76
3	Ziyad Ashraf Osman Taher	15	Alexandria	5:20.67
4	Mohamed Hamed Abas Maso	15	TALBE	5:18.76
5	Ahmed Sameh Awad	15	RWAD	5:14.58
6	Karim Kamal Ahmed Mostafa	15	6 OCT	5:18.65
7	Omar Mostafa Abdelmohsen	15	MAADI	5:19.07
8	Mazin Taha Ebrahim	15	DEGLA	5:20.95
9	Mohamed Ahmed Essam Akl	15	Smouha	5:24.11
10	Zeiad Mohamed Al Sabahy	15	MANS	5:25.42

**National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18****Meet Program - 11-15-2018 Morning****Heat 4 Finals (#98 Boys 15 Year Olds 400 LC Meter IM)**

1	Mohamed Gamal Ebrahim	15	DEGLA	5:13.54
2	Yassin Amir	15	GHABA	5:08.58
3	Ramiz Elsaeyd Abdoh	15	DEGLA	5:07.69
4	Yassin Ayman Ali Toulba	15	SHOOT	4:57.17
5	Saied Mohamed Abd Elgawac	15	Alexandria	4:55.12
6	Mrawan Mostafa Mowaled	15	DEGLA	4:55.94
7	Nour El-Din Mostafa Moham	15	AHLY	5:02.90
8	Ahmed Rashad Mahmoud	15	DEGLA	5:08.46
9	Basel Mohamed Ahmed	15	Elethad	5:12.07
10	Yousef Hasham abd el Fatah	15	Alexandria	5:14.30