

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Event 153 Girls 13 Year Olds 50 LC Meter Breaststroke

National: 34.87 2017		Leian Shady Mohamed Sabri		
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 17 Finals</b>				
4	Gana Khaled Ali Ali	13	SHOOT	NT
5	Salma Abd Ella Abd Elhamee	13	TALBE	NT
6	Raghda Magdy Mohamed	13	DEGLA	NT
7	Nour Ahmed Ibrahim Sarhan	13	MAADI	NT
<b>Heat 2 of 17 Finals</b>				
1	Yasmin Mohame Elsaid Isma	13	Smouha	NT
2	Gomana Yaser	13	SHOOT	NT
3	Alea Ahm. Adel Abd Elrahma	13	GEZIR	NT
4	Aysel Hamdy Ismaiel Abd EL	13	SHAMS	NT
5	Jomanah Assem Samer	13	MAY15	NT
6	Rania Khaled Abo Elftoh	13	SHROK	NT
7	Jowyria Walaa El Din Moham	13	DEGLA	NT
8	Hania Sherif Mohamed	13	AHLY	NT
9	Yasmin Hassan Fathy	13	TWFIK	NT
10	Malak Mohamed Abd Elnaby	13	DEGLA	NT
<b>Heat 3 of 17 Finals</b>				
1	Romisaa Ismail Hassan	13	BNKG	NT
2	Gana Ah. Amin	13	SHOOT	NT
3	Farah Sayed Mohamed Sayed	13	DEGLA	NT
4	Mariam Sayed Atalla	13	TALBE	NT
5	Shahd Emad abo Fath	13	TALBE	NT
6	Sama Ahmed Abd Elaziz	13	SHROK	NT
7	Nadine Ahmed Abdel Maabou	13	Taleaa El Gish	NT
8	Meriet Osama Halim	13	DEGLA	NT
9	Gana Shrif Salah Eldin Mahm	13	Nasr City	NT
10	Nada Hosam El Said	13	SHOOT	NT
<b>Heat 4 of 17 Finals</b>				
1	Malak Mohamed Abbas Moha	13	MAADI	NT
2	Maro Osama Halim	13	DEGLA	NT
3	Mariam Emad Nabil	13	DEGLA	NT
4	Martina Emad William	13	DEGLA	NT
5	Shahd Ahmed al Ansari	13	SHOOT	NT
6	Doha Hussein Fathy Hussein	13	NASR	NT
7	Hana Sayed Mohamed Sayed	13	DEGLA	NT
8	Sohila Hisham el Said	13	SHOOT	NT
9	Gana Mohamed abd el Salam	13	AHRAM	NT
10	Joudy Gamal Ibrahim	13	C.POR	NT
<b>Heat 5 of 17 Finals</b>				
1	Veyola Fayek Phil	13	Beni Suef Club	NT
2	Farah Mahmoud Ata Allah	13	DEGLA	NT
3	Reham Amr Basha	13	TANTA	NT
4	Asmaa Hateem Mostafa Abdo	13	DEGLA	1:00.93
5	Malek aly Abdallah	13	BNKG	59.43
6	Hagar Tamir Mohamed	13	SHOOT	1:00.66
7	Mariam Mahmoud Amin	13	AHLY	1:05.86
8	Nadin Tarek Salah	13	MRAC	NT
9	Malak Walid Mohamed	13	DEGLA	NT
10	Clara Wahed Nyazi	13	DEGLA	NT

## Heat 6 of 17 Finals

1	Sma Sameh Salama	13	SHOOT	58.11
2	Mina Ahmed Mohamed	13	SHOOT	57.08
3	Hania Haytham Mahmoud	13	AHLY	56.56
4	Farah Mohamed Mostafa Mol	13	DEGLA	55.58
5	Shorouk Ibrahim Ahmed	13	TWFIK	55.21
6	Gana Walid Abou Tabl	13	AHLY	55.27
7	Zeina Mohamed Abdel Mawg	13	AHLY	55.62
8	Mariam Moursy Ahmed	13	AHLY	57.01
9	Rawan Mohamed Zakaria	13	BNKG	57.39
10	Manal Mahmoud Ali Mohame	13	SHARK	58.42

## Heat 7 of 17 Finals

1	Yara Ahmed Abdelaal	13	AHLY	54.39
2	Jasmin Sameh Mohamed	13	DEGLA	53.26
3	Mariam Mohamed Reda El Re	13	DEGLA	52.54
4	Jasmin Tarek Habib	13	DEGLA	52.25
5	Haidy Hazem a. Rahman Ezza	13	DEGLA	51.43
6	Habiba Osama Hussien	13	Cairo	51.52
7	Losiana Rimon Mounir	13	DEGLA	52.37
8	Janis Matta Fayez	13	DEGLA	53.25
9	Shahd Mohamed Abd el Aziz	13	DEGLA	53.80
10	Jana Ashraf Nagib	13	DEGLA	54.84

## Heat 8 of 17 Finals

1	An Tamer Sarwat	13	AHLY	51.07
2	Hanna Waleed Ahmed Solim	13	DEGLA	50.35
3	Mariam Ahmed Abdel Fatah	13	DEGLA	49.94
4	Merna Mahmoud Mohsen	13	AHLY	49.83
5	Sara Ahmed Mabrouk	13	DEGLA	49.01
6	Kenzy AlMoaataz Bdin Alla	13	AHLY	49.74
7	Raneem Sameh Ragab	13	MAY15	49.94
8	Jana Yehia El Sayed	13	DEGLA	50.33
9	Malak Ahmed Mokhtar	13	DEGLA	51.04
10	Hana Adel Mohamed	13	AHLY	51.31

## Heat 9 of 17 Finals

1	Malak Zakaria Abdel Rahman	13	DEGLA	48.89
2	Arwa Mohammed Zakaria	13	BNKG	48.77
3	Laila Hesham Mohamed	13	SHOOT	48.38
4	Sherifa Maged	13	Alexandria	48.25
5	Mariam Nasr Anwar	13	ZMALK	47.72
6	Haia Hazem Abdelrahman Ez	13	DEGLA	47.74
7	Jana Emad Abdel Moneam	13	DEGLA	48.31
8	Rana Mahmoud Metwaly Ibra	13	Al Shehk Zaeid	48.76
9	Esraa Alaa Hassan	13	SHROK	48.77
10	Judy Hossam Eldin Abdelaz	13	Nasr City	48.97

## Heat 10 of 17 Finals

1	Ganna Nour Eldin Hamdy	13	AHLY	47.58
2	Haidy Hamdy Rashad	13	ZOHUR	47.37
3	Basma Shrif Mohamed	13	NASR	47.14
4	Nouran Hisham Eid	13	DEGLA	46.92
5	Bsmilah Ehab Salah Eldin Ahn	13	Nasr City	46.84
6	Shahd Akml Mohamed Moha	13	6 OCT	46.85
7	Aliya Walid Shalby	13	Alexandria	47.06
8	Meshkat Mohamed Abdel Azi	13	DEGLA	47.21
9	Amal Atef Ahmed	13	ZMALK	47.50
10	Menna Allah Mohamed Esma	13	SHROK	47.66

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## Meet Program - 11-20-2018 Morning

**Heat 11 Finals (#153 Girls 13 Year Olds 50 LC Meter Breaststroke)**

1	Rawan Islam Amr	13	AHLY	46.70
2	Jana Hisham Saber	13	DEGLA	46.17
3	Nour Walied Habib	13	TWFIK	46.10
4	Rana Rame Ahmed	13	M.ARB	45.68
5	Anan Nadir El Kordy	13	SHOOT	45.31
6	Afrosena Sameh Kamel	13	AHRAM	45.46
7	Mlk Mohamed Shwkey Saad	13	6 OCT	45.77
8	Mariam Mohmed Mosaad	13	ZMALK	46.16
9	Malak Mostafa Elwerdany	13	DEGLA	46.43
10	Hana Mohamed Galal	13	AHLY	46.76

**Heat 12 of 17 Finals**

1	Fareh Yasser Mohamed Samy	13	SHAMS	45.08
2	Gana Amr Ahmed Hassan	13	AHLY	44.97
3	Nour Mohamed Khairy Moha	13	DEGLA	44.63
4	Lamar Ebrahim Foaad	13	M.ARB	44.32
5	Rola Mostafa Salah	13	SHOOT	44.19
6	Gana Ahmed Mohamed Zaki	13	AHLY	44.28
7	Sarah Hesham Abd El Hamid	13	MAY15	44.46
8	Milk Ayman Samer Eldbaa	13	6 OCT	44.90
9	Malak Saad Mohamed	13	DEGLA	44.99
10	Habiba Mohamed Moustafa	13	HELOP	45.13

**Heat 13 of 17 Finals**

1	Hanen Aadelf Hossien	13	TALBE	44.06
2	Gana Mahmoud ali Agme	13	M.ARB	43.58
3	Logyne Haitham Saad Mahm	13	DEGLA	43.45
4	Habeba Mohamed Moussa Kc	13	Olympic	43.05
5	Malak Islam Mohamed	13	AHLY	42.92
6	Jana Alaa	13	Alexandria	42.98
7	Eman Mohamed Rashad	13	AHLY	43.17
8	Gana Tarek Mohamed Farid	13	SHOOT	43.48
9	Nariman Yosry El Kilany	13	Alexandria	43.63
10	Maryam Mohamed Husin Seli	13	Bank Ahly Alex	44.16

**Heat 14 of 17 Finals**

1	Nour Mohamed Fathy	13	SHOOT	42.32
2	Malak Hesham Ahmed	13	ZMALK	42.19
3	Sama Houssen Zahyan	13	ZMALK	42.14
4	Salma Samir abd el Azim	13	TRSAN	42.08
5	Mariam Sameh Malak Solima	13	DEGLA	41.69
6	Mariam Mohamed Abbas	13	AHLY	41.93
7	Darien Wael Said Abdel Raou	13	Al Shekh Zaeid	42.10
8	Jana Hossam El abd	13	Alexandria	42.16
9	Rawda Mohamed Mobark Ab	13	DEGLA	42.21
10	Mariam Ahmed Mohamed Ta	13	SHOOT	42.87

**Heat 15 of 17 Finals**

1	Judy Awwad Mohamed	13	ZOHUR	41.64
2	Rawda Ashrif Ramdan	13	MAY15	40.90
3	Malak Khaled Ahmed Abdalla	13	DEGLA	40.57
4	Rana Walid Ahmed	13	SHOOT	40.48
5	Gana Ashraf Abd El Hafez Mo	13	SHOOT	40.33
6	Shza Ahmed Hmdy Ahmed	13	6 OCT	40.40
7	Fareh Shiref Hassan Ahmed /	13	SHAMS	40.54
8	Khadija Mohamed Mahmoud	13	AHLY	40.62
9	Nour Mohamed Ebrahim Abd	13	HELDO	41.39
10	Sara Mohamed Ezzat	13	HELOP	41.68

**Heat 16 of 17 Finals**

1	Shams Anas Hessen Elsherif	13	SHAMS	40.21
2	Rodaina Mohamed Mohamed	13	Nasr City	39.45
3	Rewan Sherief Zayan	13	Olympic	39.18
4	Razan Mohamed Beshar Adb	13	DEGLA	38.85
5	Mariam amr Mohamed	13	DEGLA	38.53
6	Nourhan Mohamed Moharar	13	TANTA	38.68
7	Sandra Medhat Mohamed	13	AHLY	39.10
8	Sara Saeid Fathy Elsaied	13	Nasr City	39.40
9	Basmalah Gomaa Ali	13	Bank Ahly Alex	39.71
10	Ganna Ahmed Yousof	13	TANTA	40.22

**Heat 17 of 17 Finals**

1	Shahd Mohamed Ismael	13	Smouha	38.00
2	Nour Mohamed Hossain	13	SHOOT	37.71
3	Maryam Emad Mohamed Elh	13	Gezira El Ward	37.27
4	Sara Elhamy Foad Abd El Sall	13	MAADI	36.98
5	Nadin Ayman Hessien	13	DEGLA	36.53
6	Farah Hassan Ragab	13	Y.M.C.A	36.58
7	Goudy Abdelhalem Fathala Z	13	Bank Ahly Alex	37.13
8	Gana Mohamed Ahmed Salan	13	GHABA	37.29
9	Rawan Wael	13	GHABA	37.95
10	Fatma Mohamed Khaled	13	ROYAL	38.30

**Event 154 Girls 14 Year Olds 50 LC Meter Breaststroke**

National: 34.77 2007 Nouran Ashraf Abdel Fattah

Lane Name Age Team Seed Time

**Heat 1 of 7 Finals**

1	Menha Magdy Mohamed Gad	14	Taleaa El Gish	NT
2	Habiba Tarek Maher Fawzy	14	MAADI	NT
3	Yasmeen Yousry Khalil	14	Cairo	NT
4	Hameis Ibrahim Al Sayed	14	SHARK	NT
5	Zekra Osama Saber ali	14	DEGLA	NT
6	Hana Mohamed Amaar	14	TAGAM	NT
7	Tasnim Hytham	14	Cairo	NT
8	Mennatalh Walid Elsayd Moh	14	GEZIR	NT
9	Rawan Osama Mohamed	14	DEGLA	NT
10	Arwa Ahmed Huossien	14	Fayoum Club	NT

**Heat 2 of 7 Finals**

1	Malak Mohamed Abd Elmane	14	GHABA	NT
2	Monica George Youssef Kame	14	DEGLA	1:05.88
3	Mina Allah Ahmad Mahmoud	14	Nasr City	54.23
4	Basmala Ahmed Abdel Same	14	DEGLA	53.08
5	Sondos aly Mohamed	14	DEGLA	51.38
6	Gana Mohamed Ashraf	14	AHLY	52.26
7	Jana Walid Mohamed	14	DEGLA	54.16
8	Gana Nehad Mostafa	14	DEGLA	58.09
9	Bismalah Ahmed Abbas	14	Beni Suef Club	NT
10	Zena Ahmed Moustafa	14	TWFIK	NT

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Heat 3 Finals (#154 Girls 14 Year Olds 50 LC Meter Breaststroke)

1	Nour Khaled Mohamed	14	SHOOT	50.80
2	Nancy Hassan Sayed Hassan	14	DEGLA	50.53
3	Goumana Ayman Aly	14	AHLY	49.93
4	Sama Mohamed Shawky	14	SHROK	49.55
5	Kanzy Alla Ahmed Kamal	14	SHOOT	47.64
6	Gana Sameeh Ahmed	14	AHLY	48.26
7	Lojain Mohamed Magdy Ham	14	MAADI	49.86
8	Zeina Tarek Taha	14	DEGLA	50.26
9	Mariam Ramy Ehab Eldin	14	AHLY	50.71
10	Rahaf Ayman Aly	14	AHLY	51.38

## Heat 4 of 7 Finals

1	Ghoswn Wahed Mohamed	14	El Obour	47.32
2	Farah Mohamed Ibrahim	14	AHLY	46.36
3	Nada Masbah Mohamed	14	ENPPI	45.90
4	Ganna Ayman El Sayed	14	DEGLA	44.32
5	Farah Basem	14	DEGLA	43.78
6	Wlaa Wahed	14	Taleaa El Gish	43.92
7	Salama Mahmoud Khorshed	14	El Obour	44.62
8	Sara Moustafa Adnan	14	SHOOT	46.02
9	Malak Tamer Mohamed Hass	14	DEGLA	46.38
10	Bakinam Saeed Labieb	14	SHOOT	47.57

## Heat 5 of 7 Finals

1	Malak Sameh Nageb	14	HELOP	43.32
2	Nada Hesham Hassan	14	ZMALK	43.14
3	Farah Fakhry Ahmed Abdel R	14	HELDO	42.49
4	Zeina Rafik Elsaady	14	DEGLA	42.38
5	Laila Khaled Faheem	14	M.ARB	42.26
6	Dalya Ahmed Abdel Salam	14	MAY15	42.36
7	Gana Ragab Ramdan	14	ZMALK	42.47
8	Roujan Ayman Mohamed	14	TALBE	42.58
9	Marim Wail Kamal Farag	14	SHOOT	43.30
10	Alia Mohamed Soleman	14	ZMALK	43.45

## Heat 6 of 7 Finals

1	Gana Mohamed Hassan	14	ZMALK	41.89
2	Habiba Mohamed Abdallah	14	DEGLA	40.80
3	Lele Mohamed Mostafa	14	ENPPI	40.72
4	Nour Yasser Ahmed	14	ZOHUR	40.37
5	Mariam Safwat Saleh	14	ZOHUR	39.51
6	Lojain Hesham Mohamed	14	Cairo	40.29
7	Sama Mohamed Gamal	14	TALBE	40.64
8	Mariam Hossam	14	DEGLA	40.79
9	Nour Hesham Mohamed Moh	14	6 OCT	40.81
10	Robaa Haythem Mostafa abd	14	Nasr City	42.05

## Heat 7 of 7 Finals

1	Lobna Ahmed Khalifa	14	Bank Ahly Alex	38.59
2	Karma Ahmed Nabil	14	SHOOT	37.52
3	Ngm Osama Mohamed Ahme	14	6 OCT	37.29
4	Nour Ibrahim Abdel Ghafar	14	DEGLA	35.56
5	Sara Soliman Said	14	AHLY	34.83
6	Lian Shady Sabry	14	HELOP	34.87
7	Gana Nasr El Din Ali	14	Alexandria	37.24
8	Hagar Tarek Mohamed	14	AHLY	37.51
9	Gasmin Alaa Farag	14	AHLY	38.45
10	Malak Yasser Mohamed Ham	14	DEGLA	39.12

## Event 155 Girls 15 Year Olds 50 LC Meter Breaststroke

National:		33.63	2001	Salma Abdel Raouf Zeihome	
Lane	Name	Age	Team	Seed	Time
<b>Heat 1 of 7 Finals</b>					
4	Jana Ahmed Abdelhakim	15	GHABA		NT
5	Nada abd el Kader Ebrahim	15	Stad Mansoura		NT
6	Nada Haytham El Sayed Heik	15	HELDO		NT
<b>Heat 2 of 7 Finals</b>					
2	Rawan Ayman Mohamed A. S	15	TALBE		NT
3	Jana Mahmoud Mohamed	15	DEGLA		NT
4	Menna Agamy Mansour	15	DEGLA		NT
5	Mareina Ehab Karam	15	ZMALK		NT
6	Nada Mohamed Mahmoud Ar	15	HLWAN		NT
7	Mena Ahmed Ibrahim	15	AHLY		NT
8	Farida Wael Kandil	15	DEGLA		NT
9	Sama Mahmed Adm	15	El Obour		NT
<b>Heat 3 of 7 Finals</b>					
1	Shahd Mahmoud Yassin	15	DEGLA		NT
2	Mariam Medhat Moustafa	15	M.S Tagamoa		NT
3	Nada Ahmed Sayed Abdel Kh	15	6 OCT		52.73
4	Yasmen Adel Youssef	15	AHLY		52.13
5	Rowan Mostafa	15	SHOOT		50.34
6	Fatma Ghareb Fathy	15	SHROK		50.61
7	Mayar Ayman Mohamed	15	DEGLA		52.20
8	Alaa Badeaa Ibrahim	15	Mansheit Naser		55.70
9	Mariam Ahmed Farouk	15	DEGLA		NT
10	Mariam Ahmed Mohamed	15	MAY15		NT
<b>Heat 4 of 7 Finals</b>					
1	Aya Tarik Ghaleib Abdel Rahr	15	ZOHUR		48.99
2	Naden Abdelsadk	15	Baladia El Mahal		46.04
3	Mariam Ibrahim Mohamed	15	AHLY		45.26
4	Logena Ahm. Kames Aly Salei	15	GEZIR		43.57
5	Gana Sayed Shaker	15	TRSAN		42.50
6	Hana Ahmed Osama	15	AHLY		43.15
7	Farida Sherif al Qrashe	15	DEGLA		44.17
8	Renad Riyad Fawzy	15	DEGLA		45.98
9	Nda Mostfa Mhmoud mlaAppd	15	6 OCT		47.52
10	Yasmin Mohamed Saleh	15	DEGLA		49.15
<b>Heat 5 of 7 Finals</b>					
1	Hidy Mohamed Ramadan	15	TANTA		42.29
2	Malak Sameh Mohamed	15	AHLY		42.01
3	Lougin Mohamed Gamal	15	DEGLA		41.56
4	Lobna Hossam Mohamed	15	AHLY		40.46
5	Mariam Yieha Hasan	15	HELOP		39.62
6	Nourhan Essam El Din Fatthy	15	ZOHUR		40.27
7	Yara Hatem Fouad Al Gamy	15	ZMALK		41.16
8	Naghm Mohamed Slah	15	GHABA		41.67
9	Raghad Wael Mohamed	15	M.ARB		42.22
10	Nour Mohamed Abdel Fattah	15	HLWAN		42.38

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

**Heat 6 Finals (#155 Girls 15 Year Olds 50 LC Meter Breaststroke)**

1	Dareen Mohamed Abdel-Kha	15	AHLY	39.50
2	Hana Ahmed Yousof	15	TANTA	39.33
3	Salma Tarek Shehata Ahmed	15	Smouha	38.89
4	Hana Tarek Fared	15	SHOOT	38.75
5	Habiba Khaled Ahmed	15	DEGLA	38.67
6	Salma Sherif Hussien Moham	15	MAADI	38.69
7	Jana Hesham Al Sayed	15	ENPPI	38.86
8	Soaad Mohamed Elsaid Ibrah	15	Smouha	39.29
9	Malak Amr Essmat Mohamed	15	ZOHUR	39.45
10	Youmna Mohamed Seif El Din	15	TRSAN	39.52

**Heat 7 of 7 Finals**

1	Sohyla amr abd el Hakeem	15	Cairo	38.32
2	Maia Ashraf Hakam	15	DEGLA	37.86
3	Malk Mamduh Hammad	15	HELOP	37.40
4	Toka Ahmed Khalifa Mohame	15	Bank Ahly Alex	37.26
5	Dina Mosaad El Taiybe	15	Alexandria	35.00
6	Habiba Hesham Mostafa Har	15	MAADI	36.82
7	Kanzy Hesham Rashad	15	SHOOT	37.35
8	Hoda Hosam Hosny	15	DEGLA	37.66
9	Haya Amr Kamal Eldin	15	HELOP	37.93
10	Renada Ayman Ismail Emam	15	6 OCT	38.59

**Event 156 Boys 13 Year Olds 200 LC Meter IM**

National: 2:18.99 2010 Yosef Mohamed Salah El Din

Lane Name Age Team Seed Time

**Heat 1 of 18 Finals**

3	Karim Wael Abdala Abdelgeli	13	Nasr City	NT
4	Aly Alaa Mahmoud	13	AHLY	NT
5	Mohamed Zaki Abdel Hay	13	AHLY	NT
6	Hady Hassan Abdel Monaen	13	AHLY	NT
7	Ahmed Hussam El Den Ahme	13	SHOOT	NT
8	Yahya Ahmed Refat	13	Alexandria	NT

**Heat 2 of 18 Finals**

1	Ahmed Mohamed Eztt Alhded	13	6 OCT	NT
2	Abdelrahman Yasser Moham	13	DEGLA	NT
3	ali Ahmed Ayman Ahmed	13	DEGLA	NT
4	Yousif Mo`men Elkady	13	Smouha	NT
5	Mohamed Alaa Azouz	13	AHLY	NT
6	Moustafa Mohmoud Talaat M	13	HELDO	NT
7	Moaz Ahmed Saad	13	TANTA	NT
8	Yousif Mohamed Soliman Om	13	Smouha	NT
9	Yassin Mohanad Hamzawy	13	DEGLA	NT
10	Tamem Mohamed Tantawy	13	Alexandria	NT

**Heat 3 of 18 Finals**

1	abd Elrahman Sherif Karam M	13	TRSAN	NT
2	Ahmed Mohamed Ahmed Sol	13	NASR	NT
3	abd el Rahman Alaa Ibrahim	13	MAY15	NT
4	Omar Walid Mamdouh Al Kh	13	MAADI	NT
5	Sife Eldin Mohamed Adel	13	ZMALK	NT
6	Yosef Fathy Al Ghanduor	13	Canal El Suez	NT
7	Youssef Hazm	13	Taleaa El Gish	NT
8	Ahmed Tamer Mostafa Seed	13	6 OCT	NT
9	Mohamed Ezat Ali Elgzar	13	Smouha	NT
10	Ali Ahmed Soliman Ali	13	RWAD	NT

**Heat 4 of 18 Finals**

1	Sief Mohamed Sadoka	13	TANTA	NT
2	Ali Ahmed Ali Shaaban	13	ZOHUR	NT
3	Abd EL Rahman Yaser Mohi F	13	HELOP	NT
4	Ahmed Shady Abd ElRahman	13	HELDO	NT
5	Nour El Din Khaled Mamdoul	13	AHLY	NT
6	Yosef Mohamed abd Elbaser	13	GHABA	NT
7	Alaa Mohamed Saleh	13	DEGLA	NT
8	Ahmed Mohamed Yossef	13	Stad Tanta	NT
9	Abd Elrahman Mohammed Z	13	RWAD	NT
10	Monzer Mahmoud Ahmed	13	ZOHUR	NT

**Heat 5 of 18 Finals**

1	Zyad Ahmed Abdelmnam Ali	13	6 OCT	NT
2	amr Housam Ahmed	13	ZMALK	NT
3	Ahmed Moharam Elsayed	13	DEGLA	NT
4	Mazn Alsaied Atya Dawoud	13	6 OCT	NT
5	Ahmed Emad Ahmed	13	AHLY	NT
6	Mohamed Tarek Abasy	13	Stad Tanta	NT
7	Abd El Monaem Mahmoud Al	13	ZOHUR	NT
8	Mazen Maged Menshawy Abc	13	DEGLA	NT
9	Omar Atef Abdel Karim	13	AHLY	NT
10	Ahmed Hossam Mohamed Al	13	SHAMS	NT

**Heat 6 of 18 Finals**

1	Hamza Mohamed Abo El Dah	13	AHLY	NT
2	Omar Ehab Rida	13	SHOOT	NT
3	Saif El Dien Ahmed Mohamec	13	AHRAM	NT
4	Ahmed Wesam Badr	13	TANTA	3:23.27
5	Youssef Mohamed Ibrahim	13	ZOHUR	3:22.00
6	Ans Hesham Abdou	13	AHLY	3:22.55
7	Zeyad Amer Arby	13	TALBE	3:24.83
8	Daniel Imad Talat	13	Beni Suef Club	NT
9	Modther Ahmed Abdel Megui	13	AHLY	NT
10	Sife Mohamwd Saber	13	ZMALK	NT

**Heat 7 of 18 Finals**

1	Marten Baher Fouad	13	Alexandria	3:15.36
2	Ibrahim Omar Mohamed	13	AHLY	3:14.49
3	Ali Mohamed Anwar	13	DEGLA	3:11.39
4	Seif Eldin Mohamed Abdel Fa	13	AHLY	3:08.32
5	Omar Mohamed Abdel Hamic	13	AHLY	3:07.84
6	Mokhtar Emad Abdelhamied	13	MRAC	3:08.13
7	Adham Karm Refaaey	13	AHLY	3:08.38
8	Yossef Ahmed Abd Allah Sale	13	GHABA	3:12.30
9	Aly Eldin Mohamed Faysal	13	AHLY	3:14.84
10	Youssef Ahmed Abd El Whab	13	ZOHUR	3:20.51

**Heat 8 of 18 Finals**

1	Yehia SeifEL din EL Marghany	13	SHAMS	3:06.11
2	Bashar Ahmed Mohamed	13	M.ARB	3:05.57
3	Mohamed Sameh Fathy	13	AHLY	3:04.22
4	Tarek Ahmed Ali	13	ZOHUR	3:03.40
5	Frouk Mohamed Frouk	13	ZMALK	3:03.01
6	Moaz Nasser Eid Abd Allah	13	TALBE	3:03.06
7	Amr Atef Abd El Hameed	13	DEGLA	3:03.54
8	Mohamed Hany Magdy	13	AHLY	3:04.89
9	Mohamed Salah El Din Abdel	13	SHROK	3:06.02
10	Sif Mohsen Ebrahim	13	SHOOT	3:07.57

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Heat 9 Finals (#156 Boys 13 Year Olds 200 LC Meter IM)

1	Eyad Mohamed Samy	13	ZMALK	3:02.09
2	Yossef Khaled Magdy Ibrahim	13	Taleaa El Gish	3:01.66
3	Ibrahim Rafik Ibrahim	13	Elethad	3:00.92
4	sif El Din Mohamed Afifi	13	SHOOT	2:59.51
5	ZinEldin Mohamed Farouk Al	13	Smouha	2:58.89
6	Yassin Hisham Nour	13	Smouha	2:58.89
7	Adhm Montser Kmaal	13	SHOOT	2:59.63
8	Omar Osama El Saadany	13	Alexandria	3:01.29
9	Yousf Aymn Ebrahim Ahmed	13	6 OCT	3:01.88
10	Farok Mohamed Fayk Alshaa	13	6 OCT	3:02.62

## Heat 10 of 18 Finals

1	Aly Mostafa Tareef	13	AHLY	2:58.02
2	Karim Osama Abu Zaid	13	TANTA	2:57.73
3	Zayad Atef Mohamed Ahmed	13	GHABA	2:57.44
4	Marwan Mourad Mohamed	13	Alexandria	2:56.82
5	Ahmed Mohmed Gmal Eprah	13	6 OCT	2:55.53
6	Mohamed Hesham Mahmoud	13	Mansheit Naser	2:56.76
7	Yasin Mohamed Abu Raya	13	TANTA	2:57.39
8	Hesham Nader Kamal	13	AHLY	2:57.47
9	Adham Hesham Mohmed abc	13	SHOOT	2:57.99
10	Saif Esam Abd Elmenem	13	NASR	2:58.40

## Heat 11 of 18 Finals

1	Yossef Mahmud Azzat	13	GHABA	2:54.66
2	Abdalla Mohamed Hassan	13	AHLY	2:53.77
3	Basel Osama Mohamed	13	HLWAN	2:52.71
4	Yasin Mahmoud Mostafa	13	SHOOT	2:52.57
5	ali Ahmed abd el Hafez	13	TRSAN	2:52.12
6	Mahmoud Hesham Mahmouc	13	Mansheit Naser	2:52.50
7	Ahmed Tarek Mohamed Abde	13	M.ARB	2:52.64
8	Mohamed Hassan Hafez	13	AHLY	2:52.99
9	Mostafa Mahmoud Mostafa	13	SHOOT	2:54.50
10	Seif Ahmed Ibrahim	13	DEGLA	2:55.03

## Heat 12 of 18 Finals

1	Abdla Mohmd Ahmd Ali Alml	13	6 OCT	2:51.15
2	Yahia Mostafa Gamal Eldeen	13	RWAD	2:50.43
3	Karim Ahmed Maged	13	ZMALK	2:50.12
4	Mohamed Fouad	13	ZMALK	2:49.36
5	Mohaned LiwaaEldin Ali	13	Smouha	2:48.75
6	Moamen Abdel Aziz Abdou	13	AHLY	2:48.89
7	Seif Mostafa Elkady	13	AHLY	2:49.90
8	Omar Hatem Hassan	13	ZOHUR	2:50.38
9	Adham Mhammed Arafa Has	13	Al Hawar	2:50.66
10	Yosef Ashraf Mahmoud Asho	13	MAADI	2:51.89

## Heat 13 of 18 Finals

1	Mohamed Wael Abdala Abdel	13	Nasr City	2:48.09
2	Selim Ihab Ghali	13	DEGLA	2:47.06
3	Ali Nader Ali Mohamed	13	DEGLA	2:46.76
4	Ammar Mohamed el Gned	13	TRSAN	2:46.56
5	Omar Sameh Mohamed Ham	13	AHLY	2:46.31
6	Mohamed Emad Shaaban	13	AHLY	2:46.48
7	Ahmed abd el Hady Hassan	13	ZMALK	2:46.67
8	Amr Maged Abdel Gawad	13	DEGLA	2:46.92
9	Seif Eldien Islam Shaker	13	DEGLA	2:47.61
10	Karem Ashraf	13	GHABA	2:48.72

## Heat 14 of 18 Finals

1	Adham Monir Mohamed	13	MAY15	2:46.07
2	Mohammed Abdel Monem M	13	RWAD	2:45.36
3	Fares Husin Atia	13	TANTA	2:44.49
4	Mostafa Emad Mohamed Aw	13	Gezira El Ward	2:43.96
5	Ali Khaled Ali	13	SHOOT	2:43.63
6	Abdalla Gasser AbdelLatif	13	AHLY	2:43.84
7	Yahya Tarek Fawzy	13	Alexandria	2:44.11
8	Youssef Marwan Saied	13	DEGLA	2:44.79
9	Youssef Tamer Mohamed Har	13	DEGLA	2:46.04
10	Yehia Mohamed Saad Eldin	13	DEGLA	2:46.31

## Heat 15 of 18 Finals

1	Eyad Ahmed Zakaria	13	AHLY	2:42.49
2	Ali Ahmed Abd el Monem Om	13	SHAMS	2:42.15
3	Abd El Rahman Mohamed Fa	13	SHOOT	2:41.32
4	Ahmed Adel Eshak	13	DEGLA	2:40.22
5	Kareem Mohamed Fouad Alg	13	TWFIK	2:39.38
6	Karim amr Abd el Monem	13	DEGLA	2:39.55
7	Omar Ehab Ahmed Ghoraba	13	M.Askaria Alex	2:40.38
8	Yahya Ahmed Sayed Abdelha	13	Bank Ahly Alex	2:41.88
9	Karim Sameh Mohamed	13	DEGLA	2:42.24
10	Yousf Mohmed Mdht Mohme	13	6 OCT	2:42.91

## Heat 16 of 18 Finals

1	Youssef Alaa Mohamed	13	DEGLA	2:38.39
2	abd Elrahman Mohamed Bad	13	TRSAN	2:37.67
3	Ahmed Hesham Mohsen	13	AHLY	2:37.35
4	Ahmed Emad Samir Hassan	13	HELDO	2:37.04
5	Mohamed Yasser Mohamed	13	ZMALK	2:36.44
6	Ayob Ayman Mohamed	13	Smouha	2:36.91
7	Mohamed Mahmoud Attia	13	DEGLA	2:37.20
8	Yassin Amr Warda	13	Alexandria	2:37.58
9	Mohamed Tarek Osman	13	M.Askaria Alex	2:37.81
10	Yousof Hesham Anwer	13	TANTA	2:38.47

## Heat 17 of 18 Finals

1	Marwan Mostafa Mohamed M	13	Smouha	2:35.97
2	Omar Gaber Aly	13	AHLY	2:35.93
3	Ahmed Amr Magdy	13	SHOOT	2:35.33
4	Moamen Khalid Mohamed	13	ZMALK	2:33.68
5	Ahmed Ayman Ali Mohamed	13	SHAMS	2:33.07
6	Nour El Din Ayman	13	Alexandria	2:33.11
7	Waleed Samer Mahmoud	13	AHLY	2:33.70
8	Youssef Ehab Mostafa	13	AHLY	2:35.35
9	Badr Ahmed Mohamed Anis	13	Olympic	2:35.93
10	Abd ElRahman Mohamed Ain	13	SHOOT	2:36.03

## Heat 18 of 18 Finals

1	Mohamed Hassan Mohamed	13	Elethad	2:32.72
2	Marwan Mohamed Abdallah	13	DEGLA	2:31.48
3	Ahmed Mohamed Moharam	13	MANS	2:30.12
4	Yousef Adel Ramadan	13	SHAMS	2:28.89
5	Mohamed Hany Elsayed	13	AHLY	2:24.43
6	Yousif Ahmed Ragab Elsham	13	Smouha	2:26.17
7	Mohamed Mashhour Yehia	13	AHLY	2:28.99
8	Ali Mohamed Ali Hasan El	13	Bank Ahly Alex	2:30.29
9	Ahmed Hazem Akram	13	DEGLA	2:32.68
10	ali Mohamed Sarwat	13	HELOP	2:32.86

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Event 157 Boys 14 Year Olds 200 LC Meter IM

National: 2:12.28 2015		Omar Adel Abas Al Tanbawi		
Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 13 Finals</b>				
3	Seef Hssn Abdel Aziz Hssn	14	6 OCT	NT
4	Amr Hassan Mahmoud	14	RWAD	NT
5	Abdelrhman Waled Hemdan	14	Smouha	NT
6	Abdelrahman Hesham Radwa	14	AHLY	NT
7	Omr Mohamed Salah Moshly	14	6 OCT	NT
8	Omar Alaa Eldin Wahba	14	SHAMS	NT
<b>Heat 2 of 13 Finals</b>				
1	Mohamed Ashraf Zein	14	Canal El Suez	NT
2	Abdelrahman Amr Abdalla	14	AHLY	NT
3	Abd el Rahman Mohamed Ibr	14	BNKG	NT
4	Ahmed Hossam Abdallah	14	HELOP	NT
5	Farouk Adel Farouk Amar	14	6 OCT	NT
6	Badr Mohamed Badr	14	ZMALK	NT
7	Seif Yasser Shawky	14	Cairo	NT
8	Ahmed Mohamed Samir	14	DEGLA	NT
9	Abd Elrahman Ahmed Solima	14	Alexandria	NT
10	Eyad Youssef Emara	14	AHLY	NT
<b>Heat 3 of 13 Finals</b>				
1	Ahmed Mohamed Saleh	14	Cairo	NT
2	Basel Ahmed Habeeb	14	SHOOT	NT
3	Amr Ashraf Gabalaa	14	Raas El Bar Club	NT
4	Belal Ashraf Ahmed	14	Al Shehk Zaeid	NT
5	Kirolos Sameh Fawzy Rasla	14	Taleaa El Gish	NT
6	Yousef Ayman Mohamed Lotf	14	SHAMS	NT
7	Abdelmalek Ahmed Khalifa	14	DEGLA	NT
8	Abdelrahman Shrief Ahmed	14	AHLY	NT
9	Esmail Shref Adel	14	HELOP	NT
10	Mostafa Adel Ibrahim Khalil	14	Smouha	NT
<b>Heat 4 of 13 Finals</b>				
1	abd Elrahman Saeed Moham	14	ZMALK	NT
2	Yusef Ahmed Eprahem Abd E	14	SHOOT	NT
3	Yousef Mohmed Hashem	14	MAY15	NT
4	Hazem Amir Hazem	14	AHLY	NT
5	Hazim Waled Fawzy Amin	14	SHROK	NT
6	Mohamed Ahmed Farghly	14	GHABA	NT
7	Aly Ahmed Adel	14	SHOOT	NT
8	Mohanad Ayman Abd El Ham	14	M.S Tagamoa	NT
9	Basim Hesham Mohmed	14	DEGLA	NT
10	Mohamed Hisham Riad	14	M.S Tagamoa	NT
<b>Heat 5 of 13 Finals</b>				
1	Mohamed Hassan Mohamed	14	MAY15	NT
2	Abd El Rahman Mohamed Ab	14	Al Hawar	NT
3	Omar Ahmed Mansor	14	Alexandria	NT
4	Mohamed Mohamed Galal	14	Raas El Bar Club	NT
5	Hazem Mohamed Abo Stet	14	HELOP	NT
6	Mohamed Emad Mohamed M	14	TRSAN	NT
7	Alfred Emad Fayez	14	DEGLA	NT
8	Youssef Sameh Elsaid	14	Stad Tanta	NT
9	Husin Mohamed Abd El Fatal	14	Stad Tanta	NT
10	Mohamed Ahmed Fater	14	ZMALK	NT

## Heat 6 of 13 Finals

1	abd Allah Mohamed Gamal	14	ZMALK	3:13.82
2	Karim Ayman Mohamed	14	RWAD	3:00.74
3	Ahmed Hossam	14	Cairo	2:58.54
4	Ahmed Gamal Abdel Nasser	14	AHLY	2:56.61
5	Adel Mohamed Adel	14	RWAD	2:55.26
6	Sherif Samy Ahmed	14	AHRAM	2:55.28
7	Karem Ehab Moharm	14	Alexandria	2:57.95
8	Youssef Hisham Kamal	14	MRAC	2:58.84
9	Ziad Shref Housen	14	HELOP	3:01.72
10	Mohamed Ahm. Aly Moh. Der	14	GEZIR	NT

## Heat 7 of 13 Finals

1	Abdalla Ahmed Khalil	14	AHLY	2:55.01
2	Yasen Ahmed Hamed	14	HELOP	2:52.66
3	Ali Ahmed Abdalla Ali	14	ENPPI	2:52.06
4	Yahia Hazem Abdel Hamed	14	DEGLA	2:51.69
5	Mohamed Nader Mohamed	14	AHLY	2:50.15
6	Hamza Yehia Shafek	14	HELOP	2:50.66
7	Ahmed Tamer eid	14	DEGLA	2:51.85
8	Aly Sheref Ismaeal	14	DEGLA	2:52.21
9	abd Alaa Mohamed Salah	14	ZMALK	2:54.78
10	Hussen Ahm. Bahaa Eldin Far	14	GEZIR	2:55.05

## Heat 8 of 13 Finals

1	Abdalla Mohamed Abo Zayed	14	AHLY	2:49.66
2	Amr Mohamed Helmy Ibrahim	14	HELDO	2:48.67
3	Omar Mohamed Mostafa Elsa	14	Smouha	2:47.47
4	Yossef Mohamed Bahgt	14	SHOOT	2:45.72
5	Mohamed Mohamed Fawzy E	14	MAADI	2:45.09
6	Omar Mohamed Omar Ibrahe	14	Smouha	2:45.60
7	Youssef Elsayed Aly	14	AHLY	2:47.29
8	Abdelrahman Ased Mohamec	14	DEGLA	2:47.81
9	Ahmed Tarek Ali Mostafa	14	SHAMS	2:49.63
10	Sife Eldin Mohamed Salem	14	ZMALK	2:50.01

## Heat 9 of 13 Finals

1	Ziad Mohaned Salah	14	DEGLA	2:44.63
2	Ali Mahmoud Salah ElDein Ze	14	SHAMS	2:42.93
3	Yassin Karim Ahmed	14	ZOHUR	2:41.59
4	Abd Alla Nabil Eprahem	14	SHOOT	2:41.09
5	Ahmed Mohamed Amr	14	ZOHUR	2:40.43
6	Adam Samer AbdElghany Mg	14	Smouha	2:40.57
7	Omar Ahmed Wagih	14	DEGLA	2:41.45
8	Ahmed Khaled Aly El Din	14	TANTA	2:42.57
9	Yousif Wael Hamed Elsaid	14	Smouha	2:43.94
10	Yahia Mohamed Mhmod Moh	14	Smouha	2:44.81

## Heat 10 of 13 Finals

1	Hesham Mohmed Mhmoud A	14	6 OCT	2:38.41
2	Gmal Sherif Gmal Ebrahim	14	6 OCT	2:37.85
3	Mahmoud Maged Abo el Ela	14	DEGLA	2:37.75
4	Marawan Ahmed Salah	14	DEGLA	2:37.29
5	Ayman Ahmed abd Elshafy	14	ZMALK	2:36.72
6	Abd Elrhman Adel	14	GHABA	2:36.89
7	Eyad Ismail Kamel	14	AHLY	2:37.35
8	Seif Osama Farok	14	GHABA	2:37.84
9	Mostafa Omar Kamal ELDin	14	BNKG	2:38.30
10	Abdallah Ahmed Mohamed	14	ZOHUR	2:38.63

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Heat 11 Finals (#157 Boys 14 Year Olds 200 LC Meter IM)

1	Mohmed Eslam Mohamed Rs	14	6 OCT	2:35.27
2	Seif ElIslam Ahmed Mahmou	14	SHAMS	2:34.54
3	Ziyad Mohamed Ahmed Shoe	14	Alexandria	2:34.34
4	Ahmed Wael Ibrahim	14	DEGLA	2:32.75
5	Yousef Mohamed Abdel Halin	14	DEGLA	2:32.06
6	Abdelrahman Osama Omar	14	Cairo	2:32.68
7	Bahy Mohy Mohamed	14	ZMALK	2:33.69
8	Nour Eldin Ahmed Rady	14	AHLY	2:34.43
9	Yosef Mahmoud Said	14	Al Shehk Zaeid	2:35.20
10	Adham Adel Abaza	14	Alexandria	2:35.53

## Heat 12 of 13 Finals

1	Abdelrahman Ashraf Abdelat	14	AHLY	2:31.84
2	Adham Mohamed Magdy Mal	14	MAADI	2:31.58
3	Ahmed Moustafa Mohamed	14	M.Askaria Alex	2:31.09
4	Omar Walied Ahmed Badeer	14	Nasr City	2:30.47
5	Mounir Ramez Mounir	14	SHOOT	2:29.95
6	Ahmed Mohamed El Menyaw	14	DEGLA	2:30.17
7	Ahmed Tarek Mohamed	14	SHOOT	2:30.49
8	Moamen Hosam El Din	14	TANTA	2:31.50
9	Amr Saad EL Sayed	14	Elethead	2:31.67
10	Ahmed Tamer Mohamed	14	SHOOT	2:32.05

## Heat 13 of 13 Finals

1	Fares Ramy gad Allah	14	HELOP	2:28.95
2	Mohamed Ahmed Salah El Di	14	ENPPI	2:27.35
3	Omar Mohamed Shehata	14	DEGLA	2:24.71
4	Yasen Abdelaziz Mohsen Abe	14	6 OCT	2:20.95
5	Selim Moh. Ahm. Moktar Has	14	GEZIR	2:15.81
6	Seif Ahmed Hegazy	14	AHLY	2:20.51
7	Ismael Ahmed Refaat	14	Alexandria	2:23.99
8	Ali El Din Tamer Mohamed R	14	TANTA	2:25.08
9	Ahmed Ehab Abdelhamed Ar	14	Smouha	2:27.46
10	Omer Badr Kamel	14	SHOOT	2:29.60

## Event 158 Boys 15 Year Olds 200 LC Meter IM

National: 2:08.03 2016 Omar Adel Sbas Al Tnbawi

Lane Name Age Team Seed Time

## Heat 1 of 13 Finals

4	abd Elrahman Hazem Fayed	15	TANTA	NT
5	Omar Mohamed Gamal El Kh	15	TANTA	NT
6	Ezz El-Din Ahmed Salah	15	AHLY	NT
7	Yoseif Abou Bakr Mahmoud	15	MAY15	NT

## Heat 2 of 13 Finals

1	Mazen Yosry Khalil Ali	15	ZMALK	NT
2	Eyad Mohamed Abd ElMenea	15	TANTA	NT
3	Omar Hassan Mohamed	15	MAY15	NT
4	Abd Elrahman Wael Mwafy	15	DEGLA	NT
5	Karim Mohamed Samy	15	AHLY	NT
6	Karim Osama Khalifa	15	DEGLA	NT
7	Yehia Ali Yehia Hassan	15	HELDO	NT
8	Ahmed Mohamed Mostafa	15	TANTA	NT
9	Yehia Sameh Gamil	15	AHLY	NT
10	Omar Hosam El Dinahmed Al	15	SHAMS	NT

## Heat 3 of 13 Finals

1	Mohamed Youssry Hussion	15	MAY15	NT
2	Ahmed Osama Mohamed	15	Cairo	NT
3	Youssef Mokhtar Talaat	15	AHLY	NT
4	Omar Mohamed Ashraf Hagra	15	AHLY	NT
5	Marwan Mohamed Abdel Mo	15	Al Shehk Zaeid	NT
6	Ahmed Mohamed Mhmoud K	15	6 OCT	NT
7	Ebrahim Mohamed Hamed	15	TANTA	NT
8	Houssein Mostafa Mostafa	15	ZMALK	NT
9	Adham Mohamed Rabie Ibral	15	MAADI	NT
10	Abdel Rahman Mohamed abd	15	MAY15	NT

## Heat 4 of 13 Finals

1	Nour Eldin Ahmed	15	DEGLA	NT
2	Youssef Atef Yassin	15	AHLY	NT
3	Taher Darem Debsy	15	DEGLA	NT
4	Yousef Hasham abd el Fatah	15	Alexandria	NT
5	Mohamed Yaser Mohamed	15	GHABA	NT
6	Abdel Rahman Mostafa Moha	15	6 OCT	NT
7	Omar Ahmed Salem Hamoda	15	Smouha	NT
8	Ahmed Akram Mohamed	15	ZOHUR	NT
9	Ali Ihab Ali i Mohamed Abdel	15	HELDO	NT
10	Mohamed Osama Mohamd Al	15	SHOOT	NT

## Heat 5 of 13 Finals

1	Zeyad Ahmed Zain Hamdy	15	Bank Ahly Alex	NT
2	Ahmed Mohamed Hassan Bay	15	6 OCT	3:08.08
3	Fares Ehab Ahmed	15	AHLY	2:51.64
4	Faris Mohamed Abdel Kader	15	GHABA	2:51.20
5	Ahmed Ehab Fayz	15	RWAD	2:50.23
6	Belal Ahmed Elsayed	15	AHLY	2:50.49
7	Yassin Mohamed Mostafa	15	ZMALK	2:51.26
8	Ahmed Mohamed Abdelftah	15	Taleaa El Gish	3:06.81
9	Ahmed Mohssein Abdel Mon	15	HLWAN	NT
10	Kareem Mohamed Husin Soli	15	Bank Ahly Alex	NT

## Heat 6 of 13 Finals

1	Yousef Yaser Henadak	15	DEGLA	2:48.80
2	Yossef Hany Elroini	15	DEGLA	2:47.89
3	Ahmed Tarek Azez Riyad	15	Alexandria	2:46.00
4	Abdel Rahman Ayad Lottfy	15	6 OCT	2:45.16
5	Amr Ragaay Mohamed Farid	15	AHLY	2:43.94
6	Saif ElDin Waled Abdel Razik	15	DEGLA	2:44.42
7	Omar Mohamed Ezz El Dawla	15	ZMALK	2:45.44
8	Seif El Din Said Mohamed	15	ENPPI	2:46.57
9	Hazem Amr Saeed Ahmed	15	ZMALK	2:48.31
10	Omar Waled Mostafa	15	GHABA	2:48.90

## Heat 7 of 13 Finals

1	Mohamed Ehab Elsaeyd	15	DEGLA	2:43.64
2	Mazen Wael Ali Gaber	15	Smouha	2:43.52
3	Mahmoud Essam El Din Abd	15	ZOHUR	2:42.99
4	Mahmoud Mohamed Elnasra	15	AHLY	2:42.10
5	Abd Elrahman Mohamed Fatl	15	ENPPI	2:41.88
6	Amr Khaled Elsaid Elhnwi	15	DEGLA	2:42.04
7	Zeiad Hany Hamed Mohamec	15	GHABA	2:42.92
8	Mohamed Ahmed Mohamd A	15	6 OCT	2:43.31
9	Mostafa Ayman Mohamed Al	15	ZOHUR	2:43.64
10	Hazem Mohamed Salah El Di	15	ZMALK	2:43.69

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Heat 8 Finals (#158 Boys 15 Year Olds 200 LC Meter IM)

1	Maarouf Abou El Magd Moha	15	6 OCT	2:41.04
2	Zeiad Hamdy Amin Ossman	15	ZMALK	2:39.33
3	Seif Tamer Nabil	15	Cairo	2:38.01
4	Ali Khaled Mohamed Mahmo	15	RWAD	2:36.72
5	Karim Hesham Mohamed Ref	15	AHLY	2:36.72
6	Yousif Mohamed Anwar	15	HELOP	2:36.72
7	Mohmod Aly Omran	15	TANTA	2:36.98
8	Mohamed Mhmod Mohamed	15	Smouha	2:39.05
9	Yassin Sherif Zakaria Soulim	15	6 OCT	2:40.19
10	Omar Mohamed Moawad	15	AHLY	2:41.67

## Heat 9 of 13 Finals

1	Zeyad Taha Dabor	15	TANTA	2:35.59
2	Amr Medhat Bader	15	Smouha	2:34.25
3	Gamal Metwaly Gamal Mohar	15	ZOHUR	2:32.99
4	Mazen Mohamed Elwakel	15	Smouha	2:32.86
5	Karim Mohamed Salah Barka	15	Smouha	2:32.52
6	Marwan Mostafa Sayed	15	Cairo	2:32.60
7	Zeiad Mohamed Al Sabahy	15	MANS	2:32.96
8	Amr Mostafa Kodb	15	Smouha	2:33.40
9	Yosef Mohamed Hegazy Hasa	15	Al Hawar	2:34.41
10	Mahmoud Mostafa Abdallah E	15	GOLDY	2:36.28

## Heat 10 of 13 Finals

1	Adham Shihata Saleh Shihat	15	Smouha	2:31.03
2	Ahmed Islam Mahmoud	15	ZMALK	2:30.80
3	Ahmed Sameh Awad	15	RWAD	2:29.92
4	Abd El Rahman Aly Mohamec	15	Alexandria	2:29.41
5	Abdelrahman Khaled Mohme	15	DEGLA	2:28.75
6	Omar Mostafa Abdelmohsen	15	MAADI	2:29.36
7	Zeiad Osama Fatthy Abdel Ha	15	TRSAN	2:29.56
8	Yahia Abd el Aaty Said	15	DEGLA	2:30.70
9	Hazem Amr Mohamed	15	AHLY	2:31.02
10	Ramiz Elsaeyd Abdoh	15	DEGLA	2:31.74

## Heat 11 of 13 Finals

1	Ahmed Tarek ali Fatehalla	15	Nasr City	2:28.54
2	Peter Sameh Ezzat	15	DEGLA	2:28.15
3	Yousef Akram Hassan Afefe	15	HELOP	2:27.88
4	Mohamed Ahmed Essam Akl	15	Smouha	2:26.69
5	Mohamed Gamal Ebrahim	15	DEGLA	2:26.55
6	Karim Kamal Ahmed Mostafa	15	6 OCT	2:26.66
7	Omar Medhat Hassan	15	AHLY	2:27.49
8	Saif EIDIn Sameh A.Elmoaez	15	DEGLA	2:28.13
9	Ahmed Ismail Mohamed Ism:	15	MAADI	2:28.51
10	Adham Tarek Mohamed Elmc	15	SHAMS	2:28.69

## Heat 12 of 13 Finals

1	Yosif Ahmed Abdel Mohssin	15	DEGLA	2:25.86
2	Mazin Taha Ebrahim	15	DEGLA	2:25.76
3	Ahmed Rashad Mahmoud	15	DEGLA	2:25.58
4	Yassin Amir	15	GHABA	2:24.44
5	Ahmed Khaled Magdy Morta	15	AHLY	2:23.76
6	Ahmed Moataz Abdel-Aziz	15	AHLY	2:24.44
7	Ali Khaled Ahmed Mostafa	15	GHABA	2:24.69
8	Ziyad Ashraf Osman Taher	15	Alexandria	2:25.73
9	Zyad Magdi abd el Khalaa	15	ZMALK	2:25.84
10	Yasen Amro Yasen Abd Elrah	15	GEZIR	2:25.88

## Heat 13 of 13 Finals

1	Nour El-Din Mostafa Mohame	15	AHLY	2:23.11
2	Youssef Eslam Farouk	15	AHLY	2:22.50
3	Yassin Ayman Ali Toulba	15	SHOOT	2:20.69
4	Omar Sherif Sayed	15	ZMALK	2:18.98
5	Saied Mohamed Abd Elgawac	15	Alexandria	2:17.38
6	Sohaib Khaled Emam	15	AHLY	2:17.87
7	Omar Mohamed Atef	15	AHLY	2:19.12
8	Amar Hossam Fed El Tranesy	15	6 OCT	2:21.53
9	Mohamed Ashraf Fouad Hass	15	6 OCT	2:22.69
10	Aly Tamer Aly	15	Alexandria	2:23.71

## Event 159 Girls 13 Year Olds 200 LC Meter IM

National: 2:27.38 2017 Nour Deiaa El Din Abou Bakr

## Lane Name Age Team Seed Time

## Heat 1 of 10 Finals

3	Mariam Sameh Malak Solima	13	DEGLA	NT
4	Basma Shrif Mohamed	13	NASR	NT
5	Aisel Mostafa Anwar	13	AHLY	NT
6	Malak Mostafa Beshir	13	AHLY	NT
7	Nour Ahmed Samer	13	Alexandria	NT

## Heat 2 of 10 Finals

1	Shado Abd Elaziz Fayeze Moha	13	SHAMS	NT
2	Hams Sameh Afify Matwaly	13	DEGLA	NT
3	Zena Mahmoud Mohamed M	13	GHABA	NT
4	Zeina Tamer Zeinhoum	13	AHLY	NT
5	Jana Mohamed Elhalawany	13	DEGLA	NT
6	Sama Ahmed Ismail	13	Stad Tanta	NT
7	Farah Magdy Ahmed	13	GHABA	NT
8	Mariam Bassem Beshay Mou:	13	HELDO	NT
9	Zahwa Mohsen Sayed	13	AHLY	NT
10	Nour Alaa Salah	13	GOLDY	NT

## Heat 3 of 10 Finals

1	Mariam Ahmed Ghatas	13	HLWAN	NT
2	Shahd Mansour Ahmed	13	Olympic	NT
3	Salma Samir abd el Azim	13	TRSAN	NT
4	Sara Saeid Fathy Elsaied	13	Nasr City	NT
5	Zina Amr	13	Alexandria	3:25.55
6	Aliya Walid Shalby	13	Alexandria	3:25.92
7	Malak Sameh Abd Elaziz	13	GHABA	NT
8	Laila Tarek Bakry	13	HELOP	NT
9	Anan Mohamed Yehia	13	M.ARB	NT
10	Sarah Hesham Abd El Hamid	13	MAY15	NT

## Heat 4 of 10 Finals

1	Farah Yasser Bakry	13	NASR	3:22.70
2	Arwa Sherif Mohamed Samy	13	SHOOT	3:17.90
3	Hana Mohamed Galal	13	AHLY	3:13.29
4	Yasmin Mohame Elsaied Isma	13	Smouha	3:12.84
5	Afrosena Sameh Kamel	13	AHRAM	3:10.38
6	Zenab Wagdy	13	GHABA	3:10.45
7	Sara Sameh Awad Elsaied	13	RWAD	3:13.09
8	Rola Mostafa Salah	13	SHOOT	3:17.77
9	Jana Alaa	13	Alexandria	3:20.32
10	Slma Emad Mohmed Mohme	13	6 OCT	3:24.20



## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

## Heat 5 Finals (#159 Girls 13 Year Olds 200 LC Meter IM)

1	Lojain Khaled Ramadan	13	DEGLA	3:06.94
2	Habiba Mohamed Moustafa	13	HELOP	3:06.70
3	Shaden Abo El Ela Hamdy	13	AHLY	3:05.90
4	Mrk Mohamed Shwkey Saad	13	6 OCT	3:05.33
5	Habiba Walid Mohamed	13	AHLY	3:03.71
6	Reham Amr Basha	13	TANTA	3:04.62
7	Sama Tarek Raslan	13	TANTA	3:05.42
8	Shahd Sherif Abdallah	13	M.ARB	3:06.68
9	Farida Medhat Samir	13	ZOHUR	3:06.82
10	Shza Ahmed Hmdy Ahmed	13	6 OCT	3:10.22

## Heat 6 of 10 Finals

1	Gana Ashraf Abd El Hafez Mo	13	SHOOT	3:02.48
2	Fareh Shiref Hassan Ahmed /	13	SHAMS	3:01.13
3	Dorra Hesham Sayed Zahran	13	DEGLA	3:00.08
4	Mona Mahmoud Abdalla	13	AHLY	2:58.63
5	Rawda Ashrif Ramdan	13	MAY15	2:56.03
6	Zeina Bassem Ali	13	DEGLA	2:56.58
7	Habeba Mohamed Moussa Kc	13	Olympic	2:58.97
8	Aya Ashrf Ahmed Mohmed Al	13	6 OCT	3:01.11
9	Rokaya Khalid El Masry	13	Alexandria	3:02.43
10	Soha Hesham El Said Moham	13	SHOOT	3:03.58

## Heat 7 of 10 Finals

1	Mariam Nasr Ahmed Said	13	MAY15	2:55.07
2	Shahd Mohamed Ismael	13	Smouha	2:54.47
3	Ola Ehab Samier Abd EL Kad	13	SHAMS	2:53.61
4	Jana Mohamed Mahmoud	13	ZOHUR	2:53.21
5	Dina Ebrahim Ebid	13	Alexandria	2:52.81
6	Bassant Ahmed Mostafa	13	ZOHUR	2:53.08
7	Gody Tarik Salah Elwilily	13	Smouha	2:53.31
8	Sama Wael Mohamed EL Had	13	SHAMS	2:54.07
9	Kenzy Amr Hanafy	13	DEGLA	2:54.79
10	Nourhan Mohamed Moharan	13	TANTA	2:55.59

## Heat 8 of 10 Finals

1	Rewan Saed Khames Mahmo	13	Bank Ahly Alex	2:52.52
2	Mariam Ahmed Mohamed	13	AHLY	2:50.83
3	Basmala Ahmed AbdElftah	13	Smouha	2:50.13
4	Doha Ayman ali Gomaa	13	Stad Mansoura	2:50.04
5	Salma Ahmed Mohamed Khal	13	Gezira El Ward	2:49.33
6	Malak Mohamed Mhmoud He	13	Smouha	2:49.93
7	Gody Ahmed Zaki	13	TANTA	2:50.07
8	Malak Tarek El Kady	13	Alexandria	2:50.51
9	Habiba Khalid Ebrahiem	13	TWFIK	2:51.00
10	Salma Khaled Elsayed	13	DEGLA	2:52.80

## Heat 9 of 10 Finals

1	Donia Ebrahim Ebid	13	Alexandria	2:48.91
2	Goudy Ahmed Elsayed	13	AHLY	2:48.56
3	Sara Elhamy Foad Abd El Sall	13	MAADI	2:47.05
4	Rodaina Mohamed Mohamed	13	Nasr City	2:45.94
5	Hanan Ahmed Mohamed Mal	13	Olympic	2:45.03
6	Nily Kareem	13	SHOOT	2:45.55
7	Mariam amr Mohamed	13	DEGLA	2:46.81
8	Maryem Sobhy abd el Fatah	13	TRSAN	2:47.95
9	Goudy Abdelhalem Fathala Z	13	Bank Ahly Alex	2:48.63
10	Habeba Maysara Abdelhamec	13	M.ARB	2:49.27

## Heat 10 of 10 Finals

1	Nouran Mahmoud Mohamed	13	DEGLA	2:44.32
2	Raghd Mohamed Elsaid Moh	13	Smouha	2:41.93
3	Joudy Ahmed Mohamed Nou	13	MAY15	2:40.02
4	Sara Mohamed Bhaa	13	HELOP	2:38.55
5	Mariam Mohamed Emad Fah	13	MAADI	2:31.92
6	Yara ali el Koshy	13	ZMALK	2:38.48
7	Gana Mohamed Abd ElSamed	13	SHOOT	2:39.91
8	Malak Khaled Abdel Aziz	13	AHLY	2:41.07
9	Maryam Emad Mohamed Elh	13	Gezira El Ward	2:42.90
10	Kenzy Mostafa Zakaria	13	AHLY	2:44.41

## Event 160 Girls 14 Year Olds 200 LC Meter IM

National: 2:23.74 2010 Yara Emad Ibrahim Fakhary

Lane Name Age Team Seed Time

## Heat 1 of 7 Finals

4	Habiba Hany Ali	14	SHAMS	NT
5	Hagar Tarek Mohamed	14	AHLY	NT
6	Malak Ahmed Mohamed	14	DEGLA	NT

## Heat 2 of 7 Finals

1	Gana Mohamed Hassan	14	ZMALK	NT
2	Aisha Ahmed Nabil	14	AHLY	NT
3	Hana Aly Mahmoud	14	AHLY	NT
4	Marim Ahmed Zien Elabdeen	14	SHAMS	NT
5	Mayar Mohamed Kamal	14	Bank Ahly Alex	NT
6	Maya Osama Handosa	14	Al Hawar	NT
7	Habiba Ayman Moustafa Safw	14	MAADI	NT
8	Khadiga Nabil Ebrahim	14	SHOOT	NT
9	Naira Essam Hassan	14	AHLY	NT

## Heat 3 of 7 Finals

1	Habiba Mohamed Younis	14	DEGLA	NT
2	Nour Ibrahim Abdel Ghafar	14	DEGLA	NT
3	Habeba Maged Mohsen	14	HELOP	NT
4	Marim Mhmod Elsaid Elshik	14	Smouha	NT
5	Marya Mgdy Salep Bebawy	14	6 OCT	3:15.75
6	Salma Abd ElTawab ElSayed	14	NASR	3:40.80
7	Hagr Ehab Mohamed Abdelk	14	6 OCT	NT
8	Krma Ahmed Elkhodary	14	DEGLA	NT
9	Mareen Aimen Kamal Ghatas	14	Nasr City	NT
10	Marim Wail Kamal Farag	14	SHOOT	NT

## Heat 4 of 7 Finals

1	Aya Mohamed Hosam Elden /	14	6 OCT	3:08.37
2	Salma Hesham Mohamed	14	ZMALK	3:05.59
3	Dina Hesham Mohamed	14	ZMALK	3:03.36
4	Lele Mohamed Mostafa	14	ENPPI	3:01.04
5	Lina Ahmed Farok AbdElazi	14	Smouha	3:00.06
6	Fatima Haytham Abd ELMene	14	TANTA	3:00.10
7	Dareen Amgad Emad	14	ZOHUR	3:01.59
8	Fatma Nader Glal Mhrz	14	6 OCT	3:05.48
9	Esraa Ehab Zamel	14	ZMALK	3:05.79
10	Mona Adel Abdalla	14	AHLY	3:12.40

## National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

## Meet Program - 11-20-2018 Morning

**Heat 5 Finals (#160 Girls 14 Year Olds 200 LC Meter IM)**

1	Salma Mohamedf Abdel Salar	14	HELDO	2:57.10
2	Habiba Mohamed Abdallah	14	DEGLA	2:56.57
3	Gannat Allah Alaa El Din Ahm	14	ENPPI	2:55.01
4	Mariam Safwat Saleh	14	ZOHUR	2:51.82
5	Nour Yasser Ahmed	14	ZOHUR	2:50.94
6	Mariam Hossam	14	DEGLA	2:51.36
7	Malak Khaled Aly	14	AHLY	2:52.69
8	Malak Abd Elaziz Zanaty	14	M.ARB	2:55.64
9	Dalya Ahmed Abdel Salam	14	MAY15	2:57.04
10	Nour Hesham Mohamed Moh	14	6 OCT	2:57.53

**Heat 6 of 7 Finals**

1	Hana Mohie el den Osman	14	HELOP	2:49.17
2	Lobna Ahmed Khalifa	14	Bank Ahly Alex	2:47.77
3	Marim Mohamed Anwar	14	Ezz El Dekhela	2:45.77
4	Fareda Yasser Mohamed Abd	14	6 OCT	2:44.69
5	Salma Hamdi	14	GOLDY	2:42.76
6	Habiba Ayman Mahmoud Hai	14	Bank Ahly Alex	2:44.20
7	Ziena Ahmed El Sayed	14	DEGLA	2:45.15
8	Sama Ziad Anwar	14	DEGLA	2:46.74
9	Gody Tamer Ahmed Mahmoud	14	MAADI	2:49.00
10	Mallk Mahmoud Fahmy	14	MAY15	2:49.40

**Heat 7 of 7 Finals**

1	Ngm Osama Mohamed Ahme	14	6 OCT	2:40.29
2	Laila Ahmed Adel El Kholy	14	MAADI	2:39.77
3	Rola Abo El Naga El Sayed	14	M.Askaria Alex	2:36.84
4	Hanin Ashraf aly	14	Olympic	2:36.66
5	Nour Diaa Elden abo Bakr	14	HELOP	2:25.82
6	Fatma Mohamed Klel Ebrahim	14	6 OCT	2:33.72
7	Malak Mohamed Abd El Gabe	14	Bank Ahly Alex	2:36.81
8	Gihan Ahmed Abd El Azim At	14	MAADI	2:36.97
9	Gana Nasr El Din Ali	14	Alexandria	2:40.26
10	Renad Khaled Mahmoud	14	AHLY	2:42.10

**Heat 3 of 5 Finals**

1	Zeina Adham Mohamed Ahm	15	BNK.G	3:01.51
2	Gana Essam Mahmoud	15	Stad Mansoura	2:57.70
3	Rodaina Wael Mohamed	15	RWAD	2:54.31
4	Lobna Hossam Mohamed	15	AHLY	2:51.05
5	Shaza Ashraf Hosny	15	DEGLA	2:48.70
6	Soaad Mohamed Elsaid Ibrah	15	Smouha	2:49.08
7	Mennatullah Ashraf Mahmou	15	HELDO	2:52.89
8	Mariam Mohamed Osama Mo	15	SHOOT	2:56.39
9	Habiba Khaled Ahmed	15	DEGLA	2:58.40
10	Malak Amr Essmat Mohamed	15	ZOHUR	3:02.52

**Heat 4 of 5 Finals**

1	Farah Ehab Fo`ad Elhussin	15	Smouha	2:47.08
2	Mena Ahmed Azmy Ahmed	15	Smouha	2:44.77
3	Sohaaila Ahmed Hamdy Bauc	15	6 OCT	2:43.36
4	Tasneem Mohamed Rashad	15	RWAD	2:43.12
5	Amina Ahmed El Sharkawy	15	Alexandria	2:40.88
6	Malk Mamduh Hammad	15	HELOP	2:41.32
7	Malak Wesam Badr	15	TANTA	2:43.17
8	Nour Ayman Abdel Hafeiz	15	SHOOT	2:43.83
9	Mariam Yieha Hasan	15	HELOP	2:44.91
10	Youmna Mohamed Seif El Din	15	TRSAN	2:48.32

**Heat 5 of 5 Finals**

1	Mai Khaled Abdelltif	15	DEGLA	2:39.97
2	Mariam Emad Hamed Motaw	15	ZMALK	2:38.25
3	Alya Mostafa Mohamed	15	AHLY	2:36.69
4	Ayah Wael Mostafa	15	DEGLA	2:35.88
5	Lojen Deiaa Eldin Abd Elalern	15	DEGLA	2:22.67
6	Dina Mosaad El Taiybe	15	Alexandria	2:31.82
7	Farah Amr Abdel Motaleib	15	SHOOT	2:36.23
8	Nadin Adam Ahmed Foad Mo	15	SHAMS	2:37.51
9	Habiba Hesham Mostafa Harr	15	MAADI	2:39.17
10	Malak Sherif Shawky El Goha	15	MAADI	2:40.54

**Event 161 Girls 15 Year Olds 200 LC Meter IM**

National: 2:22.67 2018

Lougain Diaa El Din

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals</b>				
2	Malak Hesham Samir	15	AHLY	NT
3	Gana Emad Gaad Hosny	15	SHAMS	NT
4	Malak Ahmed Fattouh	15	AHLY	NT
5	Rahma Mohamed Hassan Abi	15	HELDO	NT
6	Kinzy Shref Gabr	15	HELOP	NT
7	Sharouk Yehya Ibrahim	15	GHABA	NT
8	Gasmein Hosam Ismail Moha	15	6 OCT	NT
9	Hana Tarek Fared	15	SHOOT	NT
<b>Heat 2 of 5 Finals</b>				
1	Fayroz Mohamed Farouk	15	ZMALK	NT
2	Renada Ayman Ismail Emam	15	6 OCT	NT
3	Farida Sherif al Qrashe	15	DEGLA	3:05.75
4	Hana Mohamed Ashour	15	HELOP	3:04.91
5	Nada Haytham El Sayed Heik	15	HELDO	3:02.54
6	Basant Ahmed Abd Al-Aaty	15	SHAMS	3:03.65
7	Naghm Mohamed Slah	15	GHABA	3:05.64
8	Farah Medhat Ali	15	NASR	3:19.50
9	Malak Naser Mohamed Ahme	15	ZMALK	NT
10	Zina Ahmed Nabil	15	Alexandria	NT