

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-21-2018 Morning

Event 171 Girls 13 Year Olds 50 LC Meter Butterfly

National:		27.81	2008		Fareda Hesham Ahmed Osman
Lane	Name	Age	Team	Seed	Time
Heat 1 of 15 Finals					
3	Roaa Ezz Eldeen Ali	13	MRAC		NT
4	Shahd Mansour Ahmed	13	Olympic		NT
5	Rawda Ashrif Ramdan	13	MAY15		NT
6	Rola Mostafa Salah	13	SHOOT		NT
7	Arwa Magd Elsayed	13	AHLY		NT
Heat 2 of 15 Finals					
1	Judy Hossam Eldin Abdelaz	13	Nasr City		NT
2	Jowyria Walaa El Din Moham	13	DEGLA		NT
3	Gana Mohamed Ahmed Salan	13	GHABA		NT
4	Lyla Mohamed Rmdan	13	6 OCT		NT
5	Sohila Hisham el Said	13	SHOOT		NT
6	Aida Ahm. Mohssin Abd Elraz	13	GEZIR		NT
7	Reem Mohamed Ibrahim	13	ZMALK		NT
8	Nour Sherif Adel	13	Mansheit Naser		NT
9	Gana Mahmoud Abdel Mena	13	ROYAL		NT
10	Kenze Saleh Abdo	13	M.ARB		NT
Heat 3 of 15 Finals					
1	Jomanah Assem Samer	13	MAY15		NT
2	Reem Ashraf Hassan	13	AHLY		NT
3	Jana Alaa	13	Alexandria		NT
4	Jana Ahmed Hussien	13	DEGLA		NT
5	Alaa Amr El Sokry	13	Alexandria		NT
6	Rola Mohamed Hassan	13	DEGLA		NT
7	Nawal Yasser Sayed	13	El Obour		NT
8	Yasmin Mohame Elsaid Isma	13	Smouha		NT
9	Salma Ahmed Kamal	13	Fayoum Club		NT
10	Clara Wahed Nyazi	13	DEGLA		NT
Heat 4 of 15 Finals					
1	Sama Ahmed Abd Elaziz	13	SHROK		NT
2	Sama Houssem Zahyan	13	ZMALK		NT
3	Jana Mohamed El Said	13	C.POR		NT
4	Mrk Mohamed Shwkey Saad	13	6 OCT		NT
5	Salma Mostafa Mahmoud	13	NASR		NT
6	Shza Ahmed Hmdy Ahmed	13	6 OCT		NT
7	Logyne Haitham Saad Mahm	13	DEGLA		NT
8	Nadeen Hossam Hosny	13	DEGLA		NT
9	Nour Sameh Mohamed	13	DEGLA		NT
10	Farah Sayed Mohamed Sayed	13	DEGLA		NT
Heat 5 of 15 Finals					
1	Mariam Mohamed Mosaad	13	ZMALK		NT
2	Yara Ahmed Abdelaal	13	AHLY		NT
3	Mariam Mahmoud Amin	13	AHLY	56.97	
4	Naden Wesam Armia Barsom	13	GEZIR	50.26	
5	Hana Adel Mohamed	13	AHLY	47.91	
6	Ghada Mohamed Ramzy Ibra	13	SHAMS	48.43	
7	Jasmin Sameh Mohamed	13	DEGLA	51.83	
8	Jana Emad Abdel Moneam	13	DEGLA		NT
9	Fatima Mohammed Abdullah	13	Beni Suef Club		NT
10	Soha Hesham El Said Moham	13	SHOOT		NT

Heat 6 of 15 Finals

1	Aseel Walid Elhoseny	13	NASR		47.14
2	Rwan Khaled Abdelhalem	13	Taleaa El Gish		46.15
3	Jana Mohamed Rashad	13	HLWAN		45.41
4	Menna Alla Mohamed Moust	13	ZMALK		45.03
5	Zina Amr	13	Alexandria		43.78
6	Malak Shrif Hekal	13	NASR		43.86
7	Mariam Mahmoud El Shawad	13	AHLY		45.05
8	Janis Matta Fayeze	13	DEGLA		45.89
9	Jana Mohamed abd Tawab	13	MAY15		46.33
10	Shaza Mohamed el Desouki	13	DEGLA		47.44

Heat 7 of 15 Finals

1	Baiknam Tarek Gaber	13	DEGLA		42.12
2	Afrosena Sameh Kamel	13	AHRAM		42.03
3	Aliya Walid Shalby	13	Alexandria		41.32
4	Aysel Tamer Refaay	13	DEGLA		41.09
5	Habiba Sameh Fahmy	13	HELOP		41.02
6	Nour Waled Askar	13	Stad Mansoura		41.04
7	Menatalla Mohamed Abo Elkl	13	AHLY		41.12
8	Meriam Khaled Hussein	13	AHLY		41.56
9	Slma Emad Mohamed Mohme	13	6 OCT		42.08
10	Habiba Mohamed Ali	13	DEGLA		43.50

Heat 8 of 15 Finals

1	Jana Ahmed Abdallah	13	DEGLA		40.45
2	Mariam Ahmed Ghatas	13	HLWAN		40.14
3	Shaden Abo El Ela Hamdy	13	AHLY		40.03
4	Nour Bahaa Mostafa	13	AHRAM		39.85
5	Malk Ramy Sobhy Baskhron	13	SHAMS		39.58
6	Aisel Mostafa Anwar	13	AHLY		39.81
7	Zenab Wagdy	13	GHABA		39.93
8	Arwa Sherif Mohamed Samy	13	SHOOT		40.09
9	Khadija Mohamed Mahmoud	13	AHLY		40.17
10	Farida Talaat Lotfy Singer	13	HELDO		40.81

Heat 9 of 15 Finals

1	Gillan Essam Sayed EL Adly	13	SHAMS		39.29
2	Gana Walid Mohamed	13	AHLY		38.80
3	Hana Ahmed Ateia	13	DEGLA		38.22
4	Nour Mohamed Khairy Moha	13	DEGLA		37.91
5	Dorra Hesham Sayed Zahran	13	DEGLA		37.67
6	Nour Reda Mohamed	13	MAY15		37.85
7	Jana Ashraf	13	Alexandria		37.98
8	Leila Ahmed Ebrahim Ali Eid	13	HELDO		38.59
9	Jannah Mohamed Farouk	13	Alexandria		39.20
10	Kenzy Walid Abdel Ghafour	13	AHLY		39.44

Heat 10 of 15 Finals

1	Samira Sallah Mahroos	13	Mansheit Naser		37.58
2	Jana Tamer Moh. Essam Eldir	13	GEZIR		37.34
3	Malak Mahmood Hassan	13	GHABA		37.02
4	Lyla Tamer Ahmed Mgdey	13	6 OCT		36.82
5	Hanin Khaled Ali El Din	13	TANTA		36.67
6	Lojain Khaled Ramadan	13	DEGLA		36.72
7	Salma Mohamed Ewees	13	AHLY		36.90
8	Reham Amr Basha	13	TANTA		37.08
9	Rawda Mohamed Mobark Ab	13	DEGLA		37.40
10	Alaa Emadeldeen Ibrahim	13	GHABA		37.64

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Heat 11 Finals (#171 Girls 13 Year Olds 50 LC Meter Butterfly)

1	Nour Ahmed Ibrahim Sarhan	13	MAADI	36.47
2	Fareda Shreif Halouda	13	HELOP	36.38
3	Nareman Mohamed Ibrahim	13	TALBE	36.02
4	Meran Mohammed Ramadan	13	TALBE	35.98
5	Maya Khaled NourEldin	13	Alexandria	35.79
6	Yomna Mahmod Hassan	13	GHABA	35.91
7	Jody Mostafa Az El Din	13	ENPPI	35.99
8	MenaAlaah Mohamed Mhmo	13	Smouha	36.36
9	Zeina Tamer Zeinhoum	13	AHLY	36.46
10	Nour Ahmed Samer	13	Alexandria	36.57

Heat 12 of 15 Finals

1	Sarah Hesham Abd El Hamid	13	MAY15	35.64
2	Jana Hossam El abd	13	Alexandria	35.38
3	Salma Samir abd el Azim	13	TRSAN	35.27
4	Nouran Marawan Ramadan	13	AHLY	35.13
5	Maram Mohamed Wageh Ibr	13	Bank Ahly Alex	34.71
6	Nor Ahmed Ali Ahmed	13	Bank Ahly Alex	34.97
7	Somia Ahmed Mohamed	13	GHABA	35.25
8	Darien Wael Said Abdel Raou	13	Al Shehk Zaeid	35.34
9	Rokiaa Ebrahim Omran	13	GHABA	35.39
10	Malak Hasan Moh. Elhoshy	13	GEZIR	35.66

Heat 13 of 15 Finals

1	Salma Waled Mohamed Elsaid	13	Smouha	34.44
2	Rahaf Ahmed Esmaeel	13	ZMALK	34.22
3	Rim Husin Khallaf	13	TANTA	34.01
4	Goudy Ahmed Elsayed	13	AHLY	33.89
5	Marim Mohamed Osman	13	NASR	33.73
6	Sama Tarek Salah	13	DEGLA	33.75
7	Malak Tarek El Kady	13	Alexandria	33.99
8	Rodaina Mohamed Mohamed	13	Nasr City	34.07
9	Mena Mohamed Abd Elrhem	13	NASR	34.25
10	Lana Yasir Mohamed Gamal	13	SHOOT	34.61

Heat 14 of 15 Finals

1	Mariam Hany Sayed	13	DEGLA	33.55
2	Shahd Mohamed Ismael	13	Smouha	33.24
3	Rawan Wael	13	GHABA	33.14
4	Zahwa Mohsen Sayed	13	AHLY	32.64
5	Gana Mohamed Abd ElSamed	13	SHOOT	32.31
6	Nily Karem	13	SHOOT	32.46
7	Malak Khaled Mostafa	13	SHOOT	33.04
8	Habiba Khalid Ebrahiem	13	TWFIK	33.23
9	Hanan Ahmed Mohamed Mal	13	Olympic	33.32
10	Rewan Saed Khames Mahmo	13	Bank Ahly Alex	33.57

Heat 15 of 15 Finals

1	Gody Ahmed Zaki	13	TANTA	32.16
2	Raghd Mohamed Elsaid Moh	13	Smouha	31.77
3	Malak Mohamed Mhmoud He	13	Smouha	31.73
4	Nour Mohamed Ibrahim Ali	13	Smouha	30.75
5	Rodaina Mohamed Saad	13	DEGLA	29.73
6	Hana Waled Hassan	13	GHABA	30.40
7	Malak Khaled Abdel Aziz	13	AHLY	30.87
8	Nour Mohamed Hossain	13	SHOOT	31.75
9	Farah Mohammed Abd Rabb	13	DEGLA	31.89
10	Malak Mohamed Mahmoud G	13	MAADI	32.24

Event 172 Girls 14 Year Olds 50 LC Meter Butterfly

National: 27.43 2009 Fareda Hesham Ahmed Osman

Lane Name Age Team Seed Time

Heat 1 of 10 Finals

2	Rowkia Ahmed Yousiry	14	DEGLA	NT
3	Nour Yasser Ahmed	14	ZOHUR	NT
4	Laila Ahmed Adel El Kholy	14	MAADI	NT
5	aya Baha Mostafa	14	AHRAM	NT
6	Hana Ahmed Heseen	14	GHABA	NT
7	Mayar Khaled Abdalla	14	AHLY	NT
8	Sama Mohamed Shawky	14	SHROK	NT

Heat 2 of 10 Finals

1	Yara Ahmed Nasr	14	MRAC	NT
2	Mena Hassan Ahmed Hassan	14	DEGLA	NT
3	Farah Basem	14	DEGLA	NT
4	Krma Ahmed Elkhodary	14	DEGLA	NT
5	Hana Shref Hanoma	14	HELOP	NT
6	Lobna Ahmed Khalifa	14	Bank Ahly Alex	NT
7	Maryiam Mohamed Hegazy	14	Taleaa El Gish	NT
8	Zena Ahmed Moustafa	14	TWFIK	NT
9	Naira Essam Hassan	14	AHLY	NT
10	Norhan Sameh Adel Ibrahim	14	SHAMS	NT

Heat 3 of 10 Finals

1	Rana Mohamed Abdel Meguir	14	HELDO	NT
2	Kenzy Khaled	14	DEGLA	NT
3	Mariam Ahmed Abdo	14	HELOP	NT
4	Mareen Aimen Kamal Ghatas	14	Nasr City	NT
5	Jana Mohamed Abdel Fattah	14	Canal El Suez	NT
6	Login Ahmed Foaad	14	ENPPI	NT
7	Hana Hesham Moustafa Ham	14	MAADI	NT
8	Arwa Sameh Salah Ahmed	14	Taleaa El Gish	NT
9	Rawan Osama Mohamed	14	DEGLA	NT
10	Joumana Maged Lois Botros	14	DEGLA	NT

Heat 4 of 10 Finals

1	Rowana Mohamed Kamal	14	DEGLA	NT
2	Lialy Tamer Nagm	14	Al Hawar	NT
3	Hagar Nabil Ahmed	14	SHROK	50.29
4	Jody Sameh Moner	14	DEGLA	48.07
5	Wlaa Wahed	14	Taleaa El Gish	46.38
6	Dina Arshed Ahmed Elbadwy	14	DEGLA	47.37
7	Janna Waleed Eid	14	SHROK	48.61
8	Gana Nasr El Din Ali	14	Alexandria	NT
9	Menat Allah Yousry Zakaria	14	TANTA	NT
10	Mahinour Adel Tantawy	14	AHLY	NT

Heat 5 of 10 Finals

1	Jana Walid Mohamed	14	DEGLA	46.24
2	Habiba Emad El Din Said	14	EALAM	41.44
3	Aytin Hesham Ibrahim	14	AHLY	40.21
4	Shahd Mohamed Saleh abd El	14	GHABA	39.39
5	Malak Amr Hassan Allam	14	SHOOT	38.77
6	Amina Adham Ibrahim	14	ZOHUR	39.19
7	Habiba Mohamed Younis	14	DEGLA	39.43
8	Farah Ahmed El Sersawy	14	DEGLA	40.38
9	Salma Abd ElTawab ElSayed	14	NASR	41.68
10	Mraryam Aly Saleh	14	6 OCT	46.37

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Heat 6 Finals (#172 Girls 14 Year Olds 50 LC Meter Butterfly)

1	Salma Hossam al Deen Ahme	14	Police Club	38.10
2	Hana Hamdy Metwaly	14	ZOHUR	37.73
3	Salma Hesham Mohamed	14	ZMALK	36.63
4	Mona Adel Abdalla	14	AHLY	36.23
5	Rawan Emad Bayomy	14	DEGLA	35.81
6	Habiba Mohamed Abdallah	14	DEGLA	36.11
7	Malak Ahmed Mohamed	14	DEGLA	36.24
8	Malak Yasser Mohamed Ham	14	DEGLA	37.69
9	Farah Abd Elmagid Mohamec	14	ZOHUR	38.06
10	Marya Mgdy Salep Bebawy	14	6 OCT	38.37

Heat 7 of 10 Finals

1	Malak Walid Ahmed	14	AHLY	35.63
2	Sara Samir Sedky	14	DEGLA	35.54
3	Laila Khaled Elraai	14	AHLY	35.42
4	Farida Hossameldin Mohame	14	AHLY	35.15
5	Laila Hassan Mohamed	14	Elethead	34.48
6	Hagr Ehab Mohamed Abdelk	14	6 OCT	34.70
7	Nagwa Khaled Mohamed Hss	14	NASR	35.29
8	Hana Hazem Mohamed	14	HELOP	35.51
9	Habiba Hany Ali	14	SHAMS	35.61
10	Mayan Magdy Eladawy	14	Raas El Bar Club	35.70

Heat 8 of 10 Finals

1	Malak Ahmed Abo Bakr	14	SHOOT	34.19
2	Shadin Aksam Mohamed Ami	14	SHAMS	33.97
3	Farida Basem Mohamed Meg	14	MAADI	33.76
4	Mariam Hazem Talaat	14	AHLY	33.45
5	Farah Tarek Hassan	14	HELOP	33.43
6	Mallk Mahmoud Fahmy	14	MAY15	33.44
7	Rogada Mohamed Ibrahim	14	AHLY	33.48
8	Renad Khaled Mahmoud	14	AHLY	33.79
9	Malak Abd Elaziz Zanaty	14	M.ARB	33.98
10	Mariem Omer Mohamed Saec	14	DEGLA	34.41

Heat 9 of 10 Finals

1	Nadein Tarik Mohamed Faied	14	Canal El Suez	33.09
2	Malak Mamdoh Khalil Mohan	14	TRSAN	32.76
3	Rahma Ashraf Khairy	14	MAY15	32.42
4	Lian Shady Sabry	14	HELOP	31.83
5	Malak Mohamed Abd Elmane	14	GHABA	31.76
6	Shahd Yaser Shaaban	14	TANTA	31.78
7	Habiba Ayman Mahmoud Hai	14	Bank Ahly Alex	32.06
8	Lojaina Khaled Mohamed Mo	14	HELDO	32.69
9	Rouaa Ahmed Ibrahim	14	RWAD	32.76
10	Lana Mohamed Fathy	14	AHLY	33.20

Heat 10 of 10 Finals

1	Mohra ez el den Hossam	14	HELOP	31.72
2	Khadiga Nabil Ebrahim	14	SHOOT	31.58
3	Tasnem Mohamed Mohamed	14	Smouha	30.94
4	Jana Khalid	14	Alexandria	30.62
5	Fareieda Ayman Samra	14	SHOOT	30.24
6	Hanin Ashraf aly	14	Olympic	30.53
7	Salma Ahmed Mohamed Ram	14	DEGLA	30.83
8	Habiba Ayman Moustafa Safv	14	MAADI	31.05
9	Zekra Osama Saber ali	14	DEGLA	31.71
10	Razan Ahmed Hosny	14	DEGLA	31.74

Event 173 Girls 15 Year Olds 50 LC Meter Butterfly

National: 27.28 2010 Fareda Hesham Ahmed Osman

Lane Name Age Team Seed Time

Heat 1 of 8 Finals

3	Farida Wael Kandil	15	DEGLA	NT
4	Kenzy Ahmed Ali	15	AHLY	NT
5	Lina Amr Mohamedabd AbdE	15	HELDO	NT
6	Gasmein Hosam Ismail Moha	15	6 OCT	NT
7	Youmna Mohamed Seif El Din	15	TRSAN	NT

Heat 2 of 8 Finals

1	Lamis Hany Hosseny	15	NASR	NT
2	Asrar Ehab Al Sayed	15	GHABA	NT
3	Zeina Essam	15	DEGLA	NT
4	Soaad Mohamed Elsaid Ibrah	15	Smouha	NT
5	Alaa Hossam Mohamed Moha	15	SHAMS	NT
6	Rahf Elhossuin	15	DEGLA	NT
7	Toca Sayed Ali Mohamed	15	TALBE	NT
8	Maryam Mohammed Mustafa	15	Beni Suef Club	NT
9	Fatma Ghareb Fathy	15	SHROK	NT
10	Jana Mahmoud Mohamed	15	DEGLA	NT

Heat 3 of 8 Finals

1	Salma Ashraf Houssein	15	ZMALK	42.86
2	Jana Sherif Mohamed Al Saye	15	ZOHUR	41.29
3	Joy Barssom Aghib	15	AHRAM	39.81
4	Sara Ali Tawfek Drakoun	15	SHOOT	39.09
5	Nourhan Essam El Din Fatthy	15	ZOHUR	38.09
6	Hana Hossam El Din Wageih	15	ZOHUR	38.35
7	Salma Nagy Mokhtar	15	DEGLA	39.62
8	Daren Adel Emam Sayed	15	DEGLA	40.97
9	Shahad Mohamed Gamal Ibra	15	6 OCT	42.37
10	Mayar Ayman Mohamed	15	DEGLA	48.77

Heat 4 of 8 Finals

1	Malak Mohamed Abdalla	15	ROYAL	37.65
2	Lobna Hossam Mohamed	15	AHLY	36.90
3	Noran Wael Ali	15	Smouha	35.59
4	Souhaila Mohamed Mostafa	15	ZOHUR	35.39
5	Lougin Mohamed Gamal	15	DEGLA	35.31
6	Aisha Ahmed Badawy	15	Alexandria	35.34
7	Yara Hatem Fouad Al Gamy	15	ZMALK	35.45
8	Bahiyra Wael Mansour	15	Alexandria	35.85
9	Shahad Mahmoud Abdel Al R	15	SHOOT	37.17
10	Alaa Omar Saad	15	ROYAL	37.75

Heat 5 of 8 Finals

1	Alia Ali Mohamed	15	HELOP	35.12
2	Shahd Waled Fahim	15	Ezz El Dekhela	34.85
3	Shad Hossam Hantera	15	TANTA	34.70
4	Sharouk Yehya Ibrahim	15	GHABA	34.37
5	Shahd Walaa Noaaman	15	AHLY	34.20
6	Amira Hany Ahmed	15	AHLY	34.21
7	Mennatullah Ashraf Mahmou	15	HELDO	34.38
8	Mariam Mohamed Mohamed	15	Police Club	34.84
9	Mai Elsherbiny Mohamed	15	SHROK	34.91
10	Khadiga Ahmed Arafat	15	Alexandria	35.14

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Heat 6 Finals (#173 Girls 15 Year Olds 50 LC Meter Butterfly)

1	Farida Ahmed Akel	15	HELOP	34.01
2	Hana Ahmed Yousof	15	TANTA	33.97
3	Khadija Khaled Mahmoud Mc	15	MAADI	33.77
4	Esraa Emad Mohamed	15	SHROK	33.42
5	Leina Waled Farouk	15	SHOOT	33.26
6	Salma Tarek Shehata Ahmed	15	Smouha	33.33
7	Allaa Basam Hekal	15	SHOOT	33.57
8	Jana Amr Adel Ahmed	15	Alexandria	33.81
9	Malk Abd Ellatif Galal	15	HELOP	34.00
10	Sama Tarek Rabeea	15	M.ARB	34.06

Heat 7 of 8 Finals

1	Hana Sameh Ghazy	15	SHOOT	32.85
2	Mena Ahmed Azmy Ahmed	15	Smouha	32.52
3	Farah Ehab Fo'ad Elhussin	15	Smouha	32.37
4	Maia Ashraf Hakam	15	DEGLA	32.22
5	Mariam Emad Hamed Motaw	15	ZMALK	31.71
6	Kinzy Shref Gabr	15	HELOP	31.82
7	Malak Sameh Mohamed	15	AHLY	32.36
8	Shahd Amin Mohamed Amin	15	Stad Mansoura	32.40
9	Hagar Hassan Abdel Rhman	15	TALBE	32.66
10	Jana Mohamed Ahmed	15	DEGLA	32.94

Heat 8 of 8 Finals

1	Amina Zaky Mohamed Zaky	15	Alexandria	31.63
2	Lougin Yousief Ahmed Yousie	15	SHAMS	31.24
3	Ganna Samir Mohamed Ham	15	GHABA	30.93
4	Norhan Mohamed Mohi Elzai	15	Smouha	29.76
5	Lojen Deiaa Eldin Abd Elaler	15	DEGLA	29.49
6	Rawan Mohamed AboElFadl	15	DEGLA	29.65
7	Kanzy Hesham Rashad	15	SHOOT	30.53
8	Jana Ahmed Ebrahim	15	Alexandria	31.15
9	Salma Alaa Mahdy	15	AHLY	31.43
10	Nadin Adam Ahmed Foad Mo	15	SHAMS	31.66

Event 174 Boys 13 Year Olds 400 LC Meter Freestyle

National: 4:13.35 2015 Fares Yoseif Ahmed Emara

Lane Name Age Team Seed Time

Heat 1 of 10 Finals

1	Eazz El Din Mohamed Khami	13	Alexandria	NT
2	Omar Ahmed Hassan Ryaan	13	SHAMS	NT
3	Hossien Mohammed Hossien	13	TALBE	NT
4	Adam Ehab Mamdouh	13	Taleaa El Gish	NT
5	Ahmed Ayman Mohamed abc	13	Stad Mansoura	NT
6	Ahmed Yhya Zkrya Twfek	13	6 OCT	NT
7	Karim Samy Mohamed	13	BNK.G	NT
8	Moazz Nasser Eid Abd Allah	13	TALBE	NT
9	Yassin Abdalah Abd El Wahat	13	DEGLA	NT
10	Basel Osama Mohamed	13	HLWAN	NT

Heat 2 of 10 Finals

1	Yassin Amr Warda	13	Alexandria	NT
2	amr Housam Ahmed	13	ZMALK	NT
3	Badr Ahmed Mohamed Anis	13	Olympic	NT
4	Moaaz Mohamed Samer abd	13	Stad Mansoura	NT
5	Mohamed Tarek Fayiz	13	HELOP	NT
6	Mohamed Hassan Mohamed	13	Elethad	NT
7	Mohamed Emad Hamdy	13	HLWAN	NT
8	Badr Ali Ahmed	13	Elethad	NT
9	Zayad Badr Fathallah	13	M.S Tagamoa	NT
10	Mokhtar Emad Abdelhamied	13	MRAC	NT

Heat 3 of 10 Finals

1	Omar Tamer Mohamed Hassa	13	Gezira El Ward	NT
2	Ahmed Tamer Mostafa Seed	13	6 OCT	NT
3	Zeyad Amer Arby	13	TALBE	6:27.57
4	Ahmed Mohamed Hosni	13	Elethad	5:29.79
5	Saif Esam Abd Elmenem	13	NASR	5:25.56
6	abd Elrahman el Sadat	13	AHRAM	5:26.21
7	Yossef Mohamed Edres	13	GHABA	5:32.73
8	Ahmed Ramy El Sayed Abdall	13	DEGLA	NT
9	Mostafa Tarek Hassaneen	13	Cairo	NT
10	Abd Alrhman Mohamed Ally	13	TWFIK	NT

Heat 4 of 10 Finals

1	Marawan Bader Eldin Radi	13	SHAMS	5:23.76
2	Omar Ahmed Magdy Abd AlM	13	HELDO	5:18.31
3	Ahmed Tarek Mohamed Abde	13	M.ARB	5:17.87
4	Yosef Ahmed Sabry	13	HELOP	5:14.30
5	Mostafa Mahmoud Yousry	13	SHOOT	5:11.82
6	Adham Moh. Galal ElDin ElSa	13	GEZIR	5:12.30
7	Khaled Mhmoud Mostfa Ali	13	6 OCT	5:15.80
8	Adham Hisham Mahmoud	13	Cairo	5:18.20
9	Youssef Walid Mahmoud Ahn	13	Taleaa El Gish	5:22.55
10	Zayad Atef Mohamed Ahmed	13	GHABA	5:24.36

Heat 5 of 10 Finals

1	Abdel Rahman Ahmed Amin	13	ENPPI	5:11.27
2	Omar Shrif Moustafa	13	ZMALK	5:10.49
3	Mohamed Maged Mahmoud	13	Olympic	5:09.88
4	Yahya Ahmed Sayed Abdelhai	13	Bank Ahly Alex	5:06.77
5	Mohamed Fouad	13	ZMALK	5:05.69
6	Yousif Ayman Mohamed Elgw	13	Smouha	5:06.24
7	Mhmoud Wled Fkri Mhmoud	13	6 OCT	5:09.57
8	Omar Mohamed Mohamed Kl	13	M.ARB	5:10.38
9	Hassan Hossam Hassan Kam	13	SHAMS	5:10.76
10	Yousf Mohmed Mdht Mohme	13	6 OCT	5:11.32

Heat 6 of 10 Finals

1	Youssef Marwan Saied	13	DEGLA	5:04.63
2	Mohamed Yasser Mohmoud	13	ZMALK	5:04.01
3	Abdalla Mohamed Hassan	13	AHLY	5:02.49
4	Yousif Shawkly Mahros	13	SHOOT	5:01.40
5	Marawan Ayman Abd El Hafiz	13	SHOOT	5:01.13
6	Mohamed Tarek Seiam	13	HELOP	5:01.27
7	Ahmed Mohamed Al Sayed	13	Canal El Suez	5:02.00
8	Mostafa Tamer Mamdouh	13	Baladia El Mahal	5:03.28
9	Yahya Ahmed Refat	13	Alexandria	5:04.02
10	Adham Ahmed Mahmoud	13	AHLY	5:04.96

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-21-2018 Morning

Heat 7 Finals (#174 Boys 13 Year Olds 400 LC Meter Freestyle)

1	Mohamed Housam Eldin	13	ZMALK	5:00.12
2	Eyad Mohamed Gamal	13	DEGLA	4:59.12
3	Mohammed Abdel Monem M	13	RWAD	4:58.19
4	Yasin Mahmoud Mostafa	13	SHOOT	4:55.80
5	Eyad Ahmed Zakaria	13	AHLY	4:55.63
6	Adham Ayman Monir Hashen	13	TRSAN	4:55.73
7	Ahmed Tamer Gamal Abdou	13	Olympic	4:56.61
8	abd Elrahman Sherif Karam M	13	TRSAN	4:58.55
9	Moaz Ahmed Ismail	13	Canal El Suez	5:00.07
10	Mohamed Ibrahim El Sayed Il	13	MAADI	5:00.39

Heat 8 of 10 Finals

1	Ahmed Beshar Mostafa Moha	13	6 OCT	4:54.77
2	Yossif Khaled Morsy	13	M.Askaria Alex	4:54.45
3	Ayob Ayman Mohamed	13	Smouha	4:53.61
4	Mohamed Ahmed Fouad	13	AHLY	4:52.85
5	Omar Gaber Aly	13	AHLY	4:51.74
6	Marawan Tarek Ehab	13	AHLY	4:51.75
7	Omar Wael Galal	13	Police Club	4:53.48
8	Omar Ibrahim Elshahat Eln	13	Smouha	4:53.69
9	Yasin Housam Fyd Altranesy	13	6 OCT	4:54.60
10	Eyad Mohamed Ibrahim Khal	13	Smouha	4:55.38

Heat 9 of 10 Finals

1	Salah Eldin Mohamed Salaha	13	Cairo	4:48.22
2	Khalid Magde Mohamed	13	GOLDY	4:47.30
3	Amr Khaled Mohamed Abdel	13	DEGLA	4:45.44
4	Karim Wael Abdala Abdelgeli	13	Nasr City	4:44.28
5	Ahmed Hisham Safwat Radw	13	Police Club	4:42.45
6	Mohamed Elsaed Elsaed abd	13	Baladia El Mahal	4:42.71
7	Sife Mohamwd Saber	13	ZMALK	4:45.41
8	Omar Mohsen Ramdan Abde	13	Smouha	4:47.10
9	Ali Khaled Ali	13	SHOOT	4:47.70
10	Seif Eldin Ahmed Mohamed	13	AHLY	4:49.04

Heat 10 of 10 Finals

1	Marawan Emad Hamed	13	AHLY	4:39.89
2	Ahmed Mohamed Moharam	13	MANS	4:39.56
3	Ziad Ehab Tawfek	13	DEGLA	4:35.98
4	Marwan Mohamed Abdallah	13	DEGLA	4:30.48
5	Mohamed Tarek Rashad Abd	13	SHAMS	4:30.15
6	Yousif Ahmed Ragab Elsham	13	Smouha	4:30.44
7	Ahmed Ayman Ali Mohamed	13	SHAMS	4:35.53
8	Seif Walaa Antar	13	DEGLA	4:38.61
9	Mohamed Elsaed Ibrahim Ba	13	Stad Mansoura	4:39.60
10	Aly Shref Aly Mohamed	13	SHOOT	4:41.97

Event 175 Boys 14 Year Olds 400 LC Meter Freestyle

National: 4:01.25 2016 Fareis Yousef Ahmed Emara

Lane Name Age Team Seed Time

Heat 1 of 10 Finals

4	Omar Adel Elsewefy	14	TWFIK	NT
5	Mohamed Ashraf A bd Elazee	14	GHABA	NT
6	Mohamed Alaa Mahmod Ali	14	Smouha	NT

Heat 2 of 10 Finals

1	Zyad Mohamed Abdel Fatah	14	Al Hawar	NT
2	Mohamed Khaled Ebrahim av	14	Stad Mansoura	NT
3	Ahmed Hazem Mohamed Apr	14	6 OCT	NT
4	Marwan Mohamed Elsayed	14	NASR	NT
5	Omar Moataz Essam ElKhash	14	SHAMS	NT
6	Nour Maged Mohamed	14	SHOOT	NT
7	Abd el Rahman Mohamed Ibr	14	BNKG	NT
8	Mrwan Mohmed Twfik Omra	14	6 OCT	NT
9	Yousef Mohamed Hashem	14	MAY15	NT
10	Bassem amr Ahmed	14	BNKG	NT

Heat 3 of 10 Finals

1	Yosef Mahmoud Said	14	Al Shehk Zaeid	NT
2	Youssif Hamdy Mahmoud	14	Al Zaher	NT
3	Ramez Mohamed Mahmoud	14	TALBE	NT
4	Yousef Mohamed Abdel Halin	14	DEGLA	NT
5	Shref Amad Abd ElAzim	14	SHOOT	NT
6	Omar Samir Mohamed	14	Elethead	NT
7	Yousef Ahmed Abdel Monem	14	6 OCT	NT
8	Mounir Ramez Mounir	14	SHOOT	NT
9	Abdallah Ahmed Mohamed	14	ZOHUR	NT
10	Mohamed Sherif Mohamed	14	ZOHUR	NT

Heat 4 of 10 Finals

1	Abdelrahman Ahmed Moham	14	El Obour	5:17.08
2	Mohamed Khaled Hassan	14	El Obour	5:16.32
3	Mohamed Salah Mohamed	14	Cairo	5:14.64
4	Ibrahim Sherif Ibrahim Mahn	14	MAADI	5:11.32
5	Mohamed Ahmed Mahrous M	14	El Obour	5:08.60
6	Ahmed Waled Farouk	14	Al Hawar	5:09.61
7	Ez Elden Tamer	14	GHABA	5:13.48
8	Sief Mohamed Salah	14	TANTA	5:16.14
9	Ahmed ` Amr AbdElazim Hab	14	Smouha	5:16.70
10	Maikel Nasr Atteia Derias	14	TALBE	5:50.10

Heat 5 of 10 Finals

1	Omar Ahmed Hussien	14	Cairo	5:07.57
2	Mostafa Walid Mostafa AlSwæ	14	TANTA	5:05.30
3	Youssef Ahmed Taha	14	ZMALK	5:03.64
4	Ahmed Wael el Qelioby	14	ZMALK	5:02.97
5	Esmail Shref Adel	14	HELOP	5:01.62
6	Mohamed Samy Maher	14	AHLY	5:02.04
7	Adham Alaa El Dien Shaaban	14	ZOHUR	5:03.18
8	Ahmed Akram Hamdy Mohar	14	NASR	5:03.99
9	Abdelrahman Ased Mohamec	14	DEGLA	5:06.08
10	Abd El Rahman Yaser Abas M	14	MAADI	5:07.78

Heat 6 of 10 Finals

1	Omar Mostafa Hafez Mostafa	14	Al Hawar	5:01.27
2	ali Wajih Maher	14	ZMALK	4:58.32
3	Mohmed Ashraf Salah	14	DEGLA	4:55.58
4	Youssef Amgad Ali Fahmy	14	SHAMS	4:55.23
5	Amr Mohamed Saad Bayomy	14	Al Hawar	4:53.37
6	Ahmed Hossam Eldin Salama	14	Smouha	4:54.38
7	Zeiad Snosy Abd ElHameid	14	SHAMS	4:55.39
8	Seif Amr Samir Abd ElSamad	14	SHAMS	4:55.64
9	Adel Amr Adel	14	Alexandria	4:59.06
10	Ahmed Hossam Abdallah	14	HELOP	5:01.40

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-21-2018 Morning

Heat 7 Finals (#175 Boys 14 Year Olds 400 LC Meter Freestyle)

1	Ahmed Yaser Samy Borham	14	Al Hawar	4:52.98
2	Abd Elrahman amr abd Elkh	14	M.ARB	4:51.38
3	Ahmed Sharawy Mohamed	14	SHOOT	4:51.16
4	Omar Mohamed Mostafa Elsa	14	Smouha	4:50.01
5	AbdElrhman Waled Hemdan	14	Smouha	4:49.18
6	Ahmed Mohammed Hamdy S	14	Al Hawar	4:49.50
7	Adam Samier Mahana	14	GOLDY	4:50.40
8	Mina Yousif Moris Mikhaee	14	Smouha	4:51.18
9	Youssef Dieya ElSayed Elkiki	14	SHAMS	4:51.57
10	Mostafa Omar Kamal Eldin	14	BNK.G	4:53.23

Heat 8 of 10 Finals

1	Samir Sameh el Batal	14	DEGLA	4:46.84
2	Srag El Den Ahmed	14	Alexandria	4:45.83
3	Hassan Zeiad Hassan Moham	14	TALBE	4:44.76
4	Mahmoud Hesham El Ansary	14	DEGLA	4:43.20
5	Nour El Din Ahmed Salah Mo	14	MAADI	4:42.11
6	Mohamed Khaled Mohamed	14	ZMALK	4:43.19
7	Zeyad Said Bahgat	14	AHLY	4:43.82
8	Mohamed Wael Habib	14	DEGLA	4:45.46
9	Ahmed Taher Allam	14	Stad Mansoura	4:45.83
10	Saad Elden Saeed Saad	14	Alexandria	4:47.50

Heat 9 of 10 Finals

1	Mahmoud Mohamed Shams I	14	SHOOT	4:40.98
2	Ahmed Tamer Mohamed	14	SHOOT	4:40.23
3	Mohamed Ahmed Salah El Di	14	ENPPI	4:35.81
4	Mostafa Adel Ibrahim Khalil	14	Smouha	4:33.18
5	Ahmed Mohamed Elhoussein	14	AHLY	4:32.12
6	Yassin Esam El Din	14	Alexandria	4:33.07
7	Mohamed Magdy Mostafa	14	AHLY	4:35.63
8	Houssen Talal Houssen Sayd	14	6 OCT	4:38.08
9	Ahmed Wael Ahmed Mohame	14	Bank Ahly Alex	4:40.95
10	Yosef Shereef Yosef Oweda	14	Gezira El Ward	4:42.02

Heat 10 of 10 Finals

1	Ziad Abdel Ghany Osman	14	RWAD	4:30.99
2	Ahmed Sameh Aly	14	Alexandria	4:29.49
3	Seif Ahmed Hegazy	14	AHLY	4:26.30
4	Youssef Magdy Elhady	14	AHLY	4:22.39
5	Ahmed Sameh Elsaid	14	AHLY	4:17.45
6	amr Mohamed Anter	14	ZMALK	4:17.69
7	Ahmed Wael Ahmed Abd El F	14	DEGLA	4:24.28
8	Yasin Hatem Sery	14	HELOP	4:28.46
9	Farouk Adel Farouk Amar	14	6 OCT	4:30.91
10	Mooataz Tarek Ibrahim Moha	14	AHLY	4:31.09

Event 176 Boys 15 Year Olds 400 LC Meter Freestyle

National: 3:58.64 2017 Faisel Yousef Ahmed Emara

Lane Name Age Team Seed Time

Heat 1 of 8 Finals

1	Ahmed Mooataz Abdel-Aziz	15	AHLY	NT
2	Amr Gamal Ibrahim	15	C.POR	NT
3	Mostafa Mohamed Mahmoud	15	AHLY	NT
4	Ali Tamer Mohamed	15	HELOP	NT
5	Mohamed Osama Mohamd Al	15	SHOOT	NT
6	Ali Mohamed Ali Ahmed	15	TALBE	NT
7	Houssein Mostafa Mostafa	15	ZMALK	NT
8	Mohamed Mohmoud Fahmy	15	C.POR	NT
9	Karim Sami Mohamed	15	Taleaa El Gish	NT
10	Yassin Syed Morsy	15	TALBE	NT

Heat 2 of 8 Finals

1	Marwan Mostafa Sayed	15	Cairo	NT
2	Yousof Hesham Abd El Badea	15	Bank Ahly Alex	NT
3	Mostafa Ayman Mohamed Al	15	ZOHUR	NT
4	Mohamed Maged Abdel Aziz	15	DEGLA	NT
5	Mohamed Hossam Ali	15	ZMALK	NT
6	Ali Mohamed ali abd el Rahm	15	SHAMS	NT
7	Mohamed Ahmed Al Shereif	15	SHOOT	NT
8	Adham Hossam Awad Ibrahim	15	Taleaa El Gish	NT
9	Khaled Ahmed Farouk Ramd	15	Cairo	NT
10	Omar Ahmed Salem Hamoda	15	Smouha	NT

Heat 3 of 8 Finals

1	Ramez Nehad Tharwat	15	GOLDY	NT
2	Mohamed Fouad Mohamed	15	AHLY	NT
3	Nour Aldeen Ahmed Hassen	15	Nasr City	5:18.50
4	Rashed Hany Ramadan	15	RWAD	5:10.45
5	Ahmed Yaser Farid Abd el Az	15	SHAMS	4:55.49
6	Omar Akram Ibrahim	15	SHOOT	4:56.01
7	Yousef Alaa Mansor	15	BNK.G	5:15.91
8	Karim Mohamed Fawzy Bayo	15	6 OCT	NT
9	Omar Ahmed Ragab	15	TANTA	NT
10	Yahia Mohamed Nabil	15	MAY15	NT

Heat 4 of 8 Finals

1	Ahmed Amr Mohamed	15	HELOP	4:53.83
2	Mohamed Ahmed Omran Al F	15	AHRAM	4:52.90
3	Omar Mohamed Ezz El Dawla	15	ZMALK	4:49.70
4	Saif Mahmod Alazb	15	Baladia El Mahal	4:47.89
5	Mohamed Ashraf Abdel Ghaf	15	DEGLA	4:47.24
6	Mohamed Adel Abd El Rahm	15	Baladia El Mahal	4:47.75
7	Mostafa Mahmoud el Ghorab	15	HELOP	4:49.18
8	Ahmed Tarik Elsaid	15	Smouha	4:52.17
9	Mohamed Mostafa Mohamed	15	Nasr City	4:53.08
10	Seif El Din Said Mohamed	15	ENPPI	4:54.39

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18**Meet Program - 11-21-2018 Morning****Heat 5 Finals (#176 Boys 15 Year Olds 400 LC Meter Freestyle)**

1	Belal Maged Soliman	15	AHLY	4:46.06
2	Mohamed Wael Abdel Monae	15	ENPPI	4:45.73
3	Ahmed Osama Nassief	15	DEGLA	4:42.94
4	Omar Tamer Farok Sayed Ha	15	MAADI	4:41.42
5	Mohamed Hany Sadek	15	Gezira El Ward	4:38.76
6	Mohamed Gamal Ebrahim	15	DEGLA	4:38.86
7	Ahmed Mahmoud Abd Elazee	15	RWAD	4:41.65
8	Youssef Khaled Ramadan	15	BNK.G	4:44.95
9	Ahmed Hessian Abbas	15	Cairo	4:45.76
10	Omar Ahmed Ismail Gomaa	15	Canal El Suez	4:47.19

Heat 6 of 8 Finals

1	Yousif Khaled Mohamed Ahm	15	Smouha	4:38.64
2	Abdel Rahman Matarawy	15	GHABA	4:37.91
3	Omar Ahmed El Fatory	15	Alexandria	4:37.72
4	Mostafa Gamal Fouaad	15	DEGLA	4:36.76
5	Zyad Wael Abass Bhr	15	6 OCT	4:35.85
6	Ibrahim Ayman Ibrahim Moh	15	MAADI	4:36.13
7	Karim Mohamed Ahmed Bad	15	TANTA	4:37.22
8	Abo Baker Hazem Hosney Mc	15	SHAMS	4:37.73
9	Ahmed Hesham Nageib	15	ZMALK	4:38.46
10	amr Hesham Bayomy	15	Cairo	4:38.76

Heat 7 of 8 Finals

1	Karim Assem Hmad Kasem	15	6 OCT	4:34.69
2	Mohamed Hamed Abas Maso	15	TALBE	4:32.44
3	Mahmoud Moustafa El Marak	15	Alexandria	4:30.27
4	Ahmed Rashad Mahmoud	15	DEGLA	4:29.00
5	Tarik Kamel Farouk Kamel	15	BNK.G	4:27.57
6	Saif ElDin Aiman Ahmed	15	DEGLA	4:28.53
7	Omar Medhat Hassan	15	AHLY	4:29.05
8	Basel Mohamed Ahmed	15	Elethead	4:32.14
9	Keirlis Gamal Sophy	15	GHABA	4:32.95
10	Yousif Ashraf Madkour	15	Smouha	4:35.05

Heat 8 of 8 Finals

1	Shady Mahmoud Nader	15	AHLY	4:25.64
2	Mohamed Mahmoud Moham	15	GHABA	4:24.24
3	Marwan Magdy Azzam	15	Olympic	4:22.96
4	Mohamed Hesham Ismsil Hai	15	6 OCT	4:17.14
5	Karim Mohamed Mamdouh	15	AHLY	4:16.98
6	Mrawan Mostafa Mowaled	15	DEGLA	4:17.07
7	Yousef Yahya Zakriya Ramady	15	Alexandria	4:20.43
8	Moustafa Tarik Moustafa	15	HELOP	4:23.36
9	Khaled Mohamed Kamel	15	AHLY	4:25.27
10	Peitar Morcouc Abdou	15	GHABA	4:26.07