

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-24-2018 Prelim

Event 189 Women 13 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Prelims				
3	Mariam Rashed Abdel Mona'	18	AHLY	NT
4	Salma Hasan Khamis	17	DEGLA	NT
5	May Atef Abdelfatah	27	AHLY	NT
6	Malak Khaled Ahmed Zayan	17	Smouha	NT
7	May Walid Mohamed	18	AHLY	NT
8	Habiba Mohamed Abdel Gany	17	AHLY	NT
Heat 2 of 14 Prelims				
1	Nadein Mostafa Mohamed Lo	16	SHOOT	NT
2	Dalia Mohamed Elaarby	19	Smouha	NT
3	Maia Hamdy Abdalrhman Ah	17	MAADI	NT
4	Noursein Reda Mohamd Fouz	18	ZMALK	NT
5	Hana Ahmed Samir	16	DEGLA	NT
6	Mayar Mohamed Gaber	17	AHLY	NT
7	Norseen Hsham Abd Anoor	18	Raas El Bar Club	NT
8	Mariem Hazem Hossam Eldir	16	SHAMS	NT
9	Ganna Mohamed Ahmed Fou.	16	SHAMS	NT
10	Nada Mohamed Gamal	16	DEGLA	NT
Heat 3 of 14 Prelims				
1	Nada Moataz Fouad	18	DEGLA	NT
2	Alaa Ayman Aly Kamel	16	TANTA	NT
3	Amna Bayomy	16	Alexandria	NT
4	Marim Sobhy ElSayed Mohan	20	AHLY	NT
5	Farah Mostafa ali	16	DEGLA	NT
6	Menatalla Ehab AlGaeiar	17	GHABA	NT
7	Malak Ali Mamdouh	17	HELOP	NT
8	Dareen Khaled Zakareia	17	AHLY	NT
9	Naden Yasser Mohamed Ebra	19	M.ARB	NT
10	Salma Sameh Salah El Din Say	16	6 OCT	NT
Heat 4 of 14 Prelims				
1	Haeidy Hassan Mohamd Abd	17	BNK.G	NT
2	Sara Aly Elhariry Moh. Ekbal	16	GEZIR	NT
3	Rowan Hossam Elbadry	23	Alexandria	NT
4	Tasneem Mohamed abd Elfat	16	SHROK	NT
5	Menatalla Mamdouh Khalel	18	AHLY	NT
6	Yosr Farag Ahmed Darweish	18	AHLY	NT
7	Farah Kmal Batesha	16	Alexandria	NT
8	Yassmein Sherif Helmy	17	HELOP	NT
9	Nour Ahmed Said Sayed	18	ZMALK	NT
10	Naden Ehab	19	Smouha	NT
Heat 5 of 14 Prelims				
1	Nour Mohamed Mahmoud	16	DEGLA	NT
2	Farida Osama Mohamed	17	SHOOT	NT
3	Rana Sayed Hatem Ali	18	SHAMS	NT
4	Amal Amr Mohamed Ibrahim	16	SHOOT	52.69
5	Sara Waled Moustafa	16	SHROK	46.96
6	Ganat Allah Mohamed Khalel	17	DEGLA	50.23
7	Mirna Hassan Metwaly	19	Smouha	NT
8	Mariam Farouk Mohamed	19	AHLY	NT
9	Lamiaa Taher Mohamady Sol	22	GEZIR	NT
10	Nariman Omar Mohamed Ab	16	SHAMS	NT

Heat 6 of 14 Prelims

1	Hagar Waled Mohamed Cora	16	TRSAN	44.90
2	Salma Hatem	16	Cairo	44.68
3	Nada Ashraf Ali	16	RWAD	43.85
4	Marina Laurance Latif Labib	17	HELDO	43.67
5	Shada Mohamed el Shaht ali	16	DEGLA	42.46
6	Jana Tarek Ahmed	16	Alexandria	42.60
7	Shourouk Moustafa Shaban	16	ZMALK	43.82
8	Rana Mohtdy Mhmoud Husse	17	DEGLA	43.94
9	Menatalla Ahmed Hussin	16	SHROK	44.70
10	Nadin Saber Mohmed	16	DEGLA	46.48

Heat 7 of 14 Prelims

1	Menatallah Hassan Ragab	17	Bank Ahly Alex	41.78
2	Nelly Yaser Ragab Attia	18	Smouha	41.31
3	Sama Yaser Mohamed Shafeil	16	AHLY	40.85
4	Hania Khaled Mohamed Abd	16	AHLY	40.58
5	Mariam Khaled Ali	16	GHABA	40.35
6	Esteifany Ashraf Habib	18	GHABA	40.38
7	Mariam Mohamed Ra'fat Wal	16	AHLY	40.76
8	Mariam Asharf Farouk Al Saw	16	SHOOT	41.04
9	Fatma El Moataz Hassan	16	DEGLA	41.68
10	Jousteia Morcouc Moheib	17	ZMALK	42.41

Heat 8 of 14 Prelims

1	Anan amr abd Elaziz	16	Cairo	39.91
2	Razan Ayman Mohamed	17	AHLY	39.30
3	Menatalla Mohamed Mahmou	17	ZMALK	38.39
4	Rahma Ahmed Hesham Moha	17	HELDO	37.89
5	Basmala Hisham Fo`ad	19	Ezz El Dekhela	37.57
6	Naden Tamer Mohamed	17	Smouha	37.70
7	Donia Tarik Hussin Ahmed A	18	Smouha	38.06
8	Ganna Ahmed Shendy	16	AHLY	38.69
9	Zeina Essam Mohamed	19	SHOOT	39.84
10	Farah Alaa Kamal	16	SHOOT	40.21

Heat 9 of 14 Prelims

1	Nour Abdel Hamed Soultan	17	M.ARB	37.42
2	Hana Moataz Mahmoud Toull	22	ZOHUR	37.34
3	Farida Abd El Khala El Said	16	Alexandria	37.20
4	Rokaya Haitham Yehia	16	Alexandria	36.57
5	Afnan Abdel Hady Hassan Mc	18	ZMALK	36.43
6	Farah Khaled	19	Alexandria	36.47
7	Rodayna Ahmed Abdelstar	19	Bank Ahly Alex	36.73
8	Rana Hesham Saad	16	SHOOT	37.28
9	Basmala Yousif Ismail	17	BNK.G	37.41
10	Mariam Tarik	17	Smouha	37.55

Heat 10 of 14 Prelims

1	Naden Ahmed Farok AbdElaz	19	Smouha	36.07
2	Salma Hossam AbdElaziz	17	Smouha	35.82
3	Marim Mohamed Farouk Taw	16	TWFIK	35.64
4	Farida Hany Mahmoud Ibrahi	17	HELDO	35.29
5	Meiar Mohamed Bauomy Abc	18	BNK.G	35.05
6	Noor Moh. Samer Eleesh	16	GEZIR	35.06
7	Nardin Ismail abd Elaziz	16	Olympic	35.63
8	Malak Hany Mohamed	16	NASR	35.68
9	Dai Ahmed Kamel	16	Smouha	35.86
10	Toka Ayman Mohamed Moha	16	Bank Ahly Alex	36.35

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Heat 11 Prelims (#189 Women 13 & Over 50 LC Meter Backstroke)

1	Raneem Mohamed Sayed Ahr	19	HELDO	34.90
2	Fay Salam Abbas	18	MAADI	34.74
3	Donia Waleed Yousof	17	TANTA	34.71
4	Maiya Kamil Samir	18	Alexandria	34.65
5	Meiar Khaled Mohamed Hass	18	ZMALK	34.45
6	Enjy AlaaEldin Hendy	16	Smouha	34.47
7	Mariam Hossam Ah.Al Alfy	16	GEZIR	34.68
8	Hana Ahmed Yehya Al Khatei	16	HELOP	34.73
9	Sara Hagag Mohamed	16	SHOOT	34.86
10	Malak Haytham Elsayed	16	AHLY	35.02

Heat 12 of 14 Prelims

1	Hoda Ashraf el Said	16	DEGLA	34.31
2	Ro'aa Hatem Mohamed	16	Smouha	33.58
3	Farida Ahmed Ibrahim Eid	21	HELDO	33.29
4	Malak Amr Essam Elnady	20	AHLY	32.72
5	Roula Ahm. Houssny Houssei	16	GEZIR	30.99
6	Donya Amr Mohamed Nabih	16	SHAMS	31.73
7	Aliaa Osama Sabar	16	AHLY	32.99
8	Noran Adel Elsaïd Felifel	20	MAADI	33.42
9	Rawan Ragab Ramadan Abde	19	ZMALK	33.87
10	Malak Mohamed Haytham Ra	16	SHOOT	34.43

Heat 13 of 14 Prelims

1	Haia Salah Mahmoud	18	AHLY	34.07
2	Farah Omar Mohamed Abu R	23	HELOP	33.56
3	Monera Ibrahim Basyony	19	Smouha	33.25
4	Raghd Mohamed Elsaïd Moh	13	Smouha	32.52
5	Enjy Mohamed AboZid	18	Smouha	30.84
6	Yasmin Mohyeldin Hassn Ali	17	Taleaa El Gish	31.66
7	Habiba Hatem Abdel Moaty M	17	AHLY	32.93
8	Sama Mohamed Raaft	18	AHLY	33.35
9	Aynour Ragab Ramadan	17	ZMALK	33.69
10	Hla Ahmed Ramzy	17	Smouha	34.40

Heat 14 of 14 Prelims

1	Allaa Ashraf Fekry	18	6 OCT	33.97
2	Farah Tarik Abdel Fattah	17	SHAMS	33.42
3	Hana Ashraf Mahmoud	17	DEGLA	33.00
4	Rawan Mohamed AboElFadl	15	DEGLA	31.89
5	Mariam Abdel-Rahman Sakr	21	AHLY	29.94
6	Farah Amr Abdel Motaleib	15	SHOOT	31.32
7	Rawda Nabil Mohamed	16	Smouha	32.92
8	Zina Mohamed Ahmed Elrast	17	AHLY	33.34
9	JoannaYosef Yehya Youssef	16	SHAMS	33.66
10	Farah Karim Mohamed	17	HELOP	34.39

Event 190 Men 13 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 21 Prelims

2	Ahmed Mohamed Khalel	16	M.Askaria Alex	NT
3	Khaled Mostafa Mohamed	19	AHLY	NT
4	Mostafa Ali Eid Ali	16	MAADI	NT
5	Yousif Tarik Reda	16	HELOP	NT
6	Yousef Ahmed Abdel Wahab	16	DEGLA	NT
7	Abd Elrahman Shwaky Abd E	16	NASR	NT
8	Seif Ahmed Mohamed Shash	16	AHLY	NT

Heat 2 of 21 Prelims

1	Yehya Wael Awad	16	GOLDY	NT
2	Omar Khaled Ibrahim	19	AHLY	NT
3	Ahmed Fawzy Mostafa Fawzy	16	NASR	NT
4	Yosif Elaraby Mohamed	17	Cairo	NT
5	Yousef Hesham Mohamd Red	17	ZMALK	NT
6	Fouad Mahmoud Fouad	18	SHOOT	NT
7	Abdul Rahman Hussam El Di	16	Beni Suef Club	NT
8	Mostafa AbdAllah Mohamed	16	M.Askaria Alex	NT
9	Yousif Amr Mahmoud	16	RWAD	NT
10	Karim Ibrahim Sherein	20	SHAMS	NT

Heat 3 of 21 Prelims

1	Ahmed Wael Gaber	18	AHLY	NT
2	Mohamed Yaser Abdel Ghany	16	Raas El Bar Club	NT
3	Ahmed Gamal Al Bakry	16	ZMALK	NT
4	Loai Mohamed Elsabahy	25	AHLY	NT
5	Mostafa Alaa Fatthy	19	SHOOT	NT
6	Youssef Khaled Ibrahim	20	AHLY	NT
7	Youssef Wasef Youssef	20	AHLY	NT
8	Khaled Mohamed Shihata	16	Ezz El Dekhela	NT
9	Mohamed Wael abd el Minar	16	Alexandria	NT
10	Moustfa Yehya Alshaer	16	SHOOT	NT

Heat 4 of 21 Prelims

1	Adham Ali Abdel Ghafar	16	TALBE	NT
2	Mohamed Ahmed Abdel Taw	16	Beni Suef Club	NT
3	Omar Ahmed Essa	22	AHLY	NT
4	Yousef Moataz Saber	19	AHLY	NT
5	Amar Yehya Mohamed Ibrahi	17	SHOOT	NT
6	Khaled Waled Sayed	18	DEGLA	NT
7	Mohamed Ahmed Salah	16	Smouha	NT
8	Mohamed Hatem Saïed	16	DEGLA	NT
9	Omar Waleed Mohamed Dem	18	Baladia El Mahal	NT
10	Mohanaad Emaad Elhoseny	17	Smouha	NT

Heat 5 of 21 Prelims

1	Seif Eldein Mohamed Ahmed	16	NASR	NT
2	Seif Ashry Kaseem	16	Canal El Suez	NT
3	Monzer Elbashk Loay	16	Smouha	NT
4	Yousef Kaled El Sayed	22	6 OCT	NT
5	Karim AboElthana Mohamed	18	Smouha	NT
6	Basam Sameh Awadalla	18	DEGLA	NT
7	Seif El Din Ahmed Al Weisem	17	TWFIK	NT
8	Saif EL Din Yasser Salah Ahm	20	RWAD	NT
9	Yousef Ramy Nabil Zaky	16	Alexandria	NT
10	Yousef Essam El Din Ismail	18	AHLY	NT

Heat 6 of 21 Prelims

1	Ahmed Hany	17	Smouha	NT
2	Gawad Ahmed AbdElmnaam	17	Smouha	NT
3	Omar Khaled Al Sayed Ayad	16	AHLY	NT
4	Mahmoud Mamdouh Mostafa	18	6 OCT	NT
5	Bassel Hazem Mohamed Farc	16	Smouha	NT
6	Ahmed Mohamed Abo Omar	19	AHLY	NT
7	abd el Monaam Ahmed abd E	16	Cairo	NT
8	Youssef Mohamed Refaat Al F	18	HELDO	NT
9	Hazem Ahmed Mahmoud	16	Mansheit Naser	NT
10	Seif El Din Walaa Mohamed	19	SHAMS	NT

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Heat 7 Prelims (#190 Men 13 & Over 50 LC Meter Backstroke)

1	Yackoub Amr Yackoub	22	Alexandria	NT
2	Abdall Ayman Al Sayed	17	SHAMS	NT
3	Omar Alaa El Din Abdel Ham	17	AHLY	NT
4	Youssef Mohsen Mohammed	16	Beni Suef Club	NT
5	Youssef Mohsen	16	DEGLA	51.73
6	Ahmed Mahmoud Abdelkade	18	AHLY	NT
7	Ahmed Housam El Din Ahme	16	6 OCT	NT
8	Khaled Waled Abdel Mona'er	19	SHAMS	NT
9	Ziad Mohamed El Sayed	16	DEGLA	NT
10	Ahmed Khaled Abdel Monaei	17	DEGLA	NT

Heat 8 of 21 Prelims

1	Ahmed Anani Abdellatef	16	DEGLA	45.31
2	Youssef Walid Mohamed	16	DEGLA	41.25
3	Omar Sameh Said	16	DEGLA	40.81
4	Karim Ashraf Hamdy Rashad	16	6 OCT	39.99
5	Karim Mohamed Yousry	17	ZMALK	39.14
6	Mostafa ' Abdelwhab	16	DEGLA	39.56
7	Moataz Mohamed Gamal	16	DEGLA	40.74
8	Youssef Naser Abdelfattah	16	DEGLA	41.12
9	Mohamed Magdy	16	DEGLA	43.18
10	Marwan Alaa el din Kamal	16	Mansheit Naser	49.97

Heat 9 of 21 Prelims

1	Adham Hatem Hanafy	16	AHLY	38.16
2	Mohamed Khaled Hassan Do	18	BNK.G	37.06
3	Ahmed Maged Zakareia	17	AHLY	36.26
4	Yousef Ahmed Shehata Moha	20	ZMALK	35.60
5	Eyad Ayman	16	Smouha	34.78
6	Omar Mohamed Galal	16	AHLY	35.30
7	Hesham Walid Amin Al Sayed	17	HELDO	35.71
8	Ziad Osama Abdel Fatah Moh	17	DEGLA	36.63
9	Abdel Rahman Tarik Mohame	19	NASR	37.28
10	Mohamed Ahmed Zkareia Re	16	SHOOT	38.67

Heat 10 of 21 Prelims

1	Ahmed Mohamed El Dalal	16	AHLY	34.06
2	Omar Tamer Mohamed	16	Cairo	34.03
3	Mohamed Ebrahim Gaballa	16	AHLY	33.80
4	Yassin Emad Hamed	16	ZMALK	33.74
5	Mohamed Ashraf Abdel-Wah	16	AHLY	33.60
6	Marwan Ashraf Mostafa Kam	16	HELDO	33.69
7	Yousef Samy Mahmoud Dawc	16	AHRAM	33.75
8	Yassin Haytham Moman	16	SHOOT	33.93
9	Tarik Hassan Ali Al Sharkawy	19	ENPPI	34.04
10	Ahmed Sameh Mostafa	16	NASR	34.10

Heat 11 of 21 Prelims

1	Omar Ashraf Elborae	16	Smouha	33.53
2	Seif El Din Moataz Zakareia S	16	AHLY	33.26
3	Mohamed Hossam Eldin Om	17	AHLY	33.07
4	Mahmoud Mohamed Wasfy	18	HELOP	32.97
5	Omar Yaser Mohamed Hame	16	DEGLA	32.83
6	Mahmoud Amr Samy	16	AHLY	32.89
7	Marwan Magdy Mohamed Re	19	SHOOT	33.06
8	Fady Magdy Zein El Din	16	ZMALK	33.22
9	Mohamed Abdel Hamed Ahm	16	AHLY	33.48
10	Baher Fawzy Ibrahim Ahmed	16	6 OCT	33.58

Heat 12 of 21 Prelims

1	Mohamed Yaser Elshoky	16	Ezz El Dekhela	32.73
2	Eyad Mohamed Mosaad	16	AHLY	32.63
3	Zeiad Abou Elela Hamdy Moh	16	AHLY	32.42
4	Khaled Sayed Abdel Hamed	17	GHABA	32.34
5	Mohamed Mohsen Ramdan	16	Smouha	32.20
6	Ali Khaled Ali El Bana	16	DEGLA	32.27
7	Mohamed Amr Maher Ma'mc	16	GEZIR	32.39
8	Yousef Hesham Ali Ahmed	16	TALBE	32.48
9	Mohamed Salah Eldin	17	Ezz El Dekhela	32.67
10	Mazen Zakaria Abdel Monaer	17	BNK.G	32.75

Heat 13 of 21 Prelims

1	Abu Zaid Sobhy Abd El Halim	17	Bank Ahly Alex	32.15
2	Karim Hatem Abdel-Moaaty	17	AHLY	32.11
3	Aly Amr Ahmed Shaaban	16	Bank Ahly Alex	31.97
4	Omar Ahmed Abdel Fattah	21	HELOP	31.89
5	Ehab Amr Ali Mohamed Ghar	17	MAADI	31.71
6	Aly Mohamed Samy Tantawy	16	Alexandria	31.84
7	Mostafa Hossam AbdElsalam	17	Smouha	31.95
8	Zeiad Adham Mohamed Ahm	17	BNK.G	32.01
9	Amr Hesham Adel	16	AHLY	32.14
10	Omar Mohamed Farag	16	Smouha	32.19

Heat 14 of 21 Prelims

1	Mohamed Ahmed Hassan	19	ZMALK	31.59
2	Adham Marwan Hassan	16	SHOOT	31.53
3	Ahmed Waled Mohamed Oss	16	ZMALK	31.38
4	Zeyad Hatem Abd Allah	17	TANTA	31.20
5	Marawan Haytham Abd ElMe	18	TANTA	31.15
6	Ahmed Hisham Mahmoud	16	RWAD	31.18
7	Belal Mahmoud Shawky Ali	17	ZMALK	31.34
8	Basel Hussen Ibrahim	20	TRSAN	31.49
9	Husin Yaser Husin	16	HELOP	31.58
10	Mohamed Amr Saleh El Sayec	17	TANTA	31.60

Heat 15 of 21 Prelims

1	Ahmed Adel Ahmed	20	Smouha	31.12
2	Ahmed Ayman Ahmed Houss	16	6 OCT	31.09
3	Ahmed Adel Ramadan	16	GHABA	30.94
4	Ahmed Mohamed Ashraf Ahn	16	MAADI	30.91
5	Andro Yousif Saleb	16	Y.M.C.A	30.75
6	Yousef Ismail Rezk	16	HELOP	30.78
7	Seif Alla Yaser Mostafa	16	SHOOT	30.94
8	Kareem Esam Hassan	17	RWAD	31.09
9	Mahmoud Ahmed Ebrahim Z	16	Alexandria	31.10
10	Marwan Ali Abdalla	17	SHAMS	31.15

Heat 16 of 21 Prelims

1	Ahmed Karim Galal Samy Ah	16	MAADI	30.59
2	Adham Ahmed Mohamed Zak	16	AHLY	30.48
3	Youssef Mamdouh Mohamed	17	AHLY	30.45
4	Mazen Smaeh Awad Alla	16	DEGLA	30.36
5	Mohamed Adel Ahmed Bahga	18	ZOHUR	30.28
6	Mahmoud Mohamed Maham	16	AHLY	30.32
7	Ahmed Hamada Mohamed M	16	TRSAN	30.45
8	Mahmoud Sherif	17	ZMALK	30.47
9	Shady Medhat Elberey	21	AHLY	30.57
10	Mohamed Nasr Darwish	16	Smouha	30.61

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Heat 17 Prelims (#190 Men 13 & Over 50 LC Meter Backstroke)

1	Ali Ahmed Ali Helmy Moha	18	Smouha	30.23
2	Mohamed Yaser Abdel Kader	17	ZMALK	30.21
3	Yehya Amr Mohamed Sadek	17	HELOP	30.09
4	Omar Khaled Mohamed	16	HLWAN	30.01
5	Haytham Hesham Essam El D	17	AHLY	29.89
6	Hany Hazem Abass Ali	17	NASR	29.94
7	AbdelRahman Nabel AbdelIM	19	GHABA	30.01
8	Hussien Mostafa abd Elmohs	19	MAADI	30.17
9	Abdel Rahman Mohamed Raz	16	AHLY	30.22
10	Mohamed Yasser Abd El Attie	17	GHABA	30.27

Heat 18 of 21 Prelims

1	Mohamed Khaled Mahmoud	16	M.Askaria Alex	29.86
2	Mohamed Hossam Barkat	16	Smouha	29.82
3	Moneib Makram Ahmed	17	SHAMS	29.80
4	Ahmed Ehab Hassan	16	AHLY	29.77
5	Yousif Ashraf Madkour	15	Smouha	29.69
6	Adham Adel Mohamed	16	Alexandria	29.72
7	Amir Ramadan Sayed Ramad	17	6 OCT	29.78
8	Ahmed Hany Mmohamed Kai	17	SHAMS	29.82
9	Mohamed Ashraf Gamil	18	AHLY	29.84
10	Moustafa Abdo Mohamed Sh	16	RWAD	29.89

Heat 19 of 21 Prelims

1	Ahmed Hamdy Al Shaik	14	SHOOT	29.44
2	Mohamed Hisham Salah	19	SHOOT	28.87
3	Karim Waled Essam Shabana	17	Smouha	28.55
4	Mohamed Hisham Mohamed	26	Gezira El Ward	28.21
5	Ahmed Ismail Wahby	22	AHLY	27.21
6	Yousif Mohamed Khalaf	17	Smouha	28.11
7	Mohamed Hesham Ahmed Al	18	HELDO	28.42
8	Ahmed Younis Nasir	16	ZMALK	28.75
9	Mohamed Nour Ibrahim	23	AHLY	29.15
10	Yasen Amro Yasen Abd Elrah	15	GEZIR	29.59

Heat 20 of 21 Prelims

1	Karim Hassan Moh. El Hoshy	16	GEZIR	29.32
2	Mohab El Din Fathy	17	Alexandria	28.77
3	Ahmed Adel Mohamed Mesel	18	AHLY	28.50
4	Moustafa Yaser Fouda	23	HELOP	28.15
5	Marwan Nehad Zakareia	20	DEGLA	26.99
6	Ahmed Bahgat Mohamed	23	AHLY	27.48
7	Karim Amr Abdel Aziem	19	ZMALK	28.31
8	Omar Mohamed Taha Radwa	18	Smouha	28.65
9	Yasin HossamEldin	15	Smouha	29.02
10	Basel Amr Shahin	18	AHLY	29.58

Heat 21 of 21 Prelims

1	Houssin Ibrahim Rashad	19	AHLY	29.19
2	Mohamed Yasser Karam	16	Cairo	28.76
3	Omer Mohamed Bahaa	17	HELOP	28.47
4	Yousef Ashraf Mahmoud	18	ZMALK	28.12
5	Mohamed Samy Mohamed	21	AHLY	25.01
6	Abdel Rahman Jamal El Din H	18	Elethead	27.28
7	Ahmed Osama Ahmed Farag	19	AHLY	28.23
8	Yousef Ahmed Salah Shendy	21	AHLY	28.63
9	Mohamed Ahmed Abdel Haka	15	SHOOT	28.98
10	Abdel Rahman Mohamed Sal	18	AHLY	29.53

Event 191 Women 13 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 19 Prelims

1	Souhaila Abou El Mgd Ahmeç	17	6 OCT	NT
2	Nour Amr Ibrahim	17	Alexandria	NT
3	Radwa Abdel Mogeid Abdou	16	MAY15	NT
4	Maiya Mohamed Abd El Hami	16	Alexandria	NT
5	Hana Ahmed Yehya Al Khatei	16	HELOP	NT
6	Farha Ayman Omr Eldieb	18	SHOOT	NT
7	Mariem Hazem Hossam Eldir	16	SHAMS	NT
8	Menatalla Karim Mohamed	19	SHAMS	NT
9	Allaa Ashraf Fekry	18	6 OCT	NT

Heat 2 of 19 Prelims

1	Sohaila Fouad	20	Alexandria	NT
2	Zeina Essam Mohamed	19	SHOOT	NT
3	Mariam Khaled Ali	16	GHABA	NT
4	Naghham Wael Ahmed Abdel F	16	SHAMS	NT
5	Rahma Hossam Hassan	16	Elethead	NT
6	Raneem Mohamed Sayed Ahr	19	HELDO	NT
7	Malak Mohamed Haytham Ra	16	SHOOT	NT
8	Norseen Hsham Abd Anoor	18	Raas El Bar Club	NT
9	Nada Deiaa Mohamed El Saye	19	SHAMS	NT
10	Gana Amr Sayed	16	AHLY	NT

Heat 3 of 19 Prelims

1	Darine Mohamed Essmat	20	AHLY	NT
2	Farah Osama Mohamed	19	SHOOT	NT
3	Habiba Mohamed Abdel Gany	17	AHLY	NT
4	Heba Ibrahim Sayed Abou El	18	ZMALK	NT
5	Amna Bayomy	16	Alexandria	NT
6	Nour Mohamed Mahmoud	16	DEGLA	NT
7	Rawan Mohamed Emam	17	DEGLA	NT
8	Farah Haytham Elsayed Ali	19	AHLY	NT
9	Ganna Mohamed Ahmed Fou	16	SHAMS	NT
10	Dalia A.Azim Mohamed	16	DEGLA	NT

Heat 4 of 19 Prelims

1	Nour Ahmed Said Sayed	18	ZMALK	NT
2	Farh Abo Alaa Farok	16	ZMALK	NT
3	Aya Hossam El Din Abdel Azz	16	SHAMS	NT
4	May Mohamed Ibrahim Sayec	17	HELDO	NT
5	Roaya Mohamed Mashaly	20	Alexandria	NT
6	Tasnem Khaled	16	TRSAN	NT
7	Tasneem Mohamed abd Elfat	16	SHROK	NT
8	Logien Mostafa Mohamed	16	AHLY	NT
9	Shaza Hatim Ahmed Mazen	16	Fayoum Club	NT
10	Mariam Hazem Al Araby	17	AHLY	NT

Heat 5 of 19 Prelims

1	Mariam Tarik	17	Smouha	NT
2	Rawan Mohamed Farok	16	ENPPI	NT
3	Noran Khaled Saad	16	Smouha	NT
4	Yara Adel Ismail	16	ZMALK	NT
5	Rawan Wael Helmy Abdel Ka	16	HELDO	NT
6	Sara Hagag Mohamed	16	SHOOT	NT
7	Naden Ehab	19	Smouha	NT
8	HebaAllah Emad	17	Smouha	NT
9	Radah Essam Eraky	17	SHOOT	NT
10	Jody Essam	16	Smouha	NT

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-24-2018 Prelim

Heat 6 Prelims (#191 Women 13 & Over 100 LC Meter Freestyle)

1	Malak Akmal Mohamed	17	6 OCT	NT
2	Meiar Mohamed Bauomy Abc	18	BNKG	NT
3	Rana Sayed Hatem Ali	18	SHAMS	NT
4	Nancy Hassan Mohamed	16	AHLY	NT
5	Zina Mohamed Ahmed Elrash	17	AHLY	NT
6	Ganat Allah Mohamed Khalel	17	DEGLA	NT
7	Malak Ali Mamdouh	17	HELOP	NT
8	Raghdan Emad Bayomy	16	DEGLA	NT
9	Habiba Ahmed Ramzy	19	Smouha	NT
10	Maya Ahmed Adel Ali	16	SHAMS	NT

Heat 7 of 19 Prelims

1	Reham Mohamed Mahmoud	18	HLWAN	1:27.48
2	Menatalla Ahmed Hussin	16	SHROK	1:25.35
3	Salma Hatem	16	Cairo	1:24.13
4	Sama Hesham Saber	16	DEGLA	1:22.54
5	Naghham Mohamed Mostafa F	19	Bank Ahly Alex	1:21.64
6	Selvia Sameh Georg	16	HELOP	1:22.32
7	Rania Mohamed Mahmoud	17	ZOHUR	1:24.07
8	Hagar Waled Mohamed Corai	16	TRSAN	1:24.70
9	Sara Waled Moustafa	16	SHROK	1:25.83
10	Amal Amr Mohamed Ibrahim	16	SHOOT	1:33.46

Heat 8 of 19 Prelims

1	Kareman Osama	17	DEGLA	1:20.43
2	Anan amr abd Elaziz	16	Cairo	1:19.00
3	Shourouk Moustafa Shaban	16	ZMALK	1:17.95
4	Farah Alaa Kamal	16	SHOOT	1:17.33
5	Mariam Ahmed Ali Amer	16	AHLY	1:17.04
6	Safeim Rameiz Salah El Din	16	ZMALK	1:17.10
7	Mariam Mohamed Ekbal	16	HELOP	1:17.91
8	Farha Naser Mohamed Elbsh	18	Smouha	1:17.99
9	Marim Wael Gonim	18	GHABA	1:19.20
10	Jousteia Morcouc Moheib	17	ZMALK	1:21.00

Heat 9 of 19 Prelims

1	Fatma El Moataz Hassan	16	DEGLA	1:14.81
2	Sama Yaser Mohamed Shafeil	16	AHLY	1:14.34
3	May Gamal Awad	19	ZOHUR	1:14.07
4	Donia Tarik Hussin Ahmed A	18	Smouha	1:13.76
5	Elesya Elya Waghen Beshher	16	6 OCT	1:13.37
6	Hania Khaled Mohamed Abde	16	AHLY	1:13.53
7	Razan Ayman Mohamed	17	AHLY	1:13.79
8	Maram Yaseer Ibrahim	16	AHLY	1:14.09
9	Meiar Yaser Moahmed Raouf	17	ZMALK	1:14.76
10	Farah Kmal Batesha	16	Alexandria	1:15.95

Heat 10 of 19 Prelims

1	Farha Ayman Omar Ali El Din	18	SHOOT	1:13.08
2	Magda Mohamed Adel Abas	16	Bank Ahly Alex	1:12.89
3	Hana Tadrous Morad Tadrou:	16	GEZIR	1:12.23
4	Yassmin Hossam Hamdy	17	GHABA	1:11.94
5	Haeidy Ayman Mahrous Abde	18	SHOOT	1:11.21
6	Mariam Mohamed Ra`fat Wal	16	AHLY	1:11.74
7	Farida Abd El Khala El Said	16	Alexandria	1:12.08
8	Berihan Mohamed Elsayed	17	AHLY	1:12.84
9	Wedad Khaled Said Mohamec	16	ZMALK	1:13.04
10	Menatalah Amer Moh. Amer!	19	GEZIR	1:13.20

Heat 11 of 19 Prelims

1	Reem Ayman Salah	16	DEGLA	1:10.24
2	aya Hasan Refaey	16	Al Zaher	1:10.07
3	Nada Yehya Badawy Farag	16	6 OCT	1:09.88
4	Fay Salam Abbas	18	MAADI	1:09.66
5	Maram Mohamed Omar	17	SHOOT	1:09.35
6	Kenzy Moustafa Mohamed	16	Stad Tanta	1:09.44
7	Menatalla Mohamed Mahmo	17	ZMALK	1:09.75
8	Hala Galal	16	Baladia El Mahal	1:09.89
9	Hana Amr Mamdouh	17	HELOP	1:10.17
10	Naden Tamer Mohamed	17	Smouha	1:10.69

Heat 12 of 19 Prelims

1	Rodayna Ahmed Abdelstar	19	Bank Ahly Alex	1:09.21
2	Yara Hesham Saad	16	SHOOT	1:09.08
3	Farah Mostafa ali	16	DEGLA	1:08.91
4	Allia Ahmed Shawky	16	AHLY	1:08.45
5	Rana Ayman Zakaria	17	SHAMS	1:08.24
6	Engy Ahmed Mokhtar	17	AHLY	1:08.36
7	May Walid Mohamed	18	AHLY	1:08.51
8	Mariam Asharf Farouk Al Saw	16	SHOOT	1:09.06
9	Jolia Amir Wafik	18	Alexandria	1:09.14
10	Ingy Ahmed Mostafa	16	AHLY	1:09.30

Heat 13 of 19 Prelims

1	Mariam Mohamed Omar	19	SHOOT	1:07.70
2	Yara Yaser Yahia	17	Cairo	1:07.61
3	Naghham Ashraf abd Elrahma	16	Olympic	1:07.41
4	Nagam Mostafa Magdy Abdo	16	Al Zaher	1:07.25
5	Farah Karim Mohamed	17	HELOP	1:07.12
6	Nardin Ismail abd Elaziz	16	Olympic	1:07.18
7	Naden Ahmed Farok AbdElaz	19	Smouha	1:07.28
8	Sherein Adel Raafat	18	AHLY	1:07.50
9	Malak Saad Elkersh	16	AHLY	1:07.64
10	Mariam Wael Makram	16	AHLY	1:07.74

Heat 14 of 19 Prelims

1	Noor Moh. Samer Eleesh	16	GEZIR	1:06.64
2	Yara Mohamed Bauomy Abde	16	BNKG	1:06.52
3	Shaza Wael Mostafa	16	ZMALK	1:06.42
4	Yosr Farag Ahmed Darweish	18	AHLY	1:06.07
5	Salma Hossam ElDin Mahmo	17	AHLY	1:05.78
6	Hoda Ashraf el Said	16	DEGLA	1:06.04
7	Klara Essam Adley Nashed	20	SHOOT	1:06.34
8	Haidy Khaled Mostafa	16	Cairo	1:06.51
9	Aynour Ragab Ramadan	17	ZMALK	1:06.62
10	Naira Mostafa Magdy Abdo	16	Al Zaher	1:06.77

Heat 15 of 19 Prelims

1	Gana Akmal Nabil Ahmed Al l	16	SHOOT	1:05.55
2	Mariam Hossam Ah.Al Alfy	16	GEZIR	1:05.48
3	Rokaya Haitham Yehia	16	Alexandria	1:05.39
4	Malak Haytham Elsayed	16	AHLY	1:05.15
5	Rana Osama Abdel Halem	17	AHLY	1:04.57
6	Rodaina Khaled Mohamed	16	AHLY	1:05.08
7	Basmala Hisham Fo`ad	19	Ezz El Dekhela	1:05.37
8	Youmna Khaled Abou El Yaze	19	SHAMS	1:05.41
9	Rawan Ragab Ramadan Abde	19	ZMALK	1:05.48
10	Donia Waleed Yousof	17	TANTA	1:05.73

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-24-2018 Prelim

Heat 16 Prelims (#191 Women 13 & Over 100 LC Meter Freestyle)

1	Hla Ahmed Ramzy	17	Smouha	1:04.34
2	Shahenda Ibrahim Mostafa	19	SHOOT	1:04.24
3	Hana Alaa Kamal El Den	16	Alexandria	1:04.02
4	Hana Ashraf Mahmoud	17	DEGLA	1:03.88
5	Nihal Khaled Tamam	16	Elethead	1:03.65
6	Enjy AlaaEldin Hendy	16	Smouha	1:03.77
7	Nada Fouad Abdel Gawad Ali	16	AHLY	1:03.97
8	Hanya Hossam Nabil El Cotor	21	GEZIR	1:04.16
9	Mayar Mohamed Gaber	17	AHLY	1:04.28
10	Maryem Ahmed Khalifa Moh	19	Bank Ahly Alex	1:04.43

Heat 17 of 19 Prelims

1	Farida Mohamed Fatty	16	SHOOT	1:02.87
2	Salma Yasser Hassan	16	Cairo	1:02.17
3	Yassmein Sherif Helmy	17	HELOP	1:01.29
4	Farida Tharwat Maher	15	AHLY	1:00.48
5	Enjy Mohamed AboZid	18	Smouha	58.86
6	Fareieda Ayman Samra	14	SHOOT	1:00.24
7	Asmaa El Sayed Abd El Raof	18	Bank Ahly Alex	1:00.63
8	Hana Mostafa Ahmed Hamdy	17	AHLY	1:01.71
9	Marim AbdElfttah Ahmed	19	Smouha	1:02.42
10	Malak Khaled Ahmed Zayan	17	Smouha	1:03.57

Heat 18 of 19 Prelims

1	Haia Salah Mahmoud	18	AHLY	1:02.70
2	Habiba Hatem Abdel Moaty M	17	AHLY	1:02.16
3	Gihan Ahmed Abd El Azim At	14	MAADI	1:01.04
4	Lojen Deiaa Eldin Abd Elaler	15	DEGLA	1:00.42
5	Amina Magdy Mohamed El Se	25	HELOP	58.64
6	Mariam Hossam Aly Sabour	17	GEZIR	59.87
7	Rawan Mohamed AboElFadl	15	DEGLA	1:00.53
8	Sandy Ayman Atef	18	AHLY	1:01.50
9	Hager Hossam Mousad	16	SHAMS	1:02.39
10	Mariam Galal Saied	17	SHAMS	1:03.54

Heat 19 of 19 Prelims

1	Farida Ahmed Ibrahim Eid	21	HELDO	1:02.60
2	Rawan Mostafa	15	DEGLA	1:01.95
3	Maiar Ahmed Farok	17	DEGLA	1:00.74
4	Malak Mohamed Abd El Gabe	14	Bank Ahly Alex	1:00.35
5	Yasmin Mamdouh Mahmoud	19	AHLY	58.37
6	Ro'ua Ahmed Farag	16	SHOOT	59.51
7	Rawan Hesham Mohamed	17	Cairo	1:00.51
8	Lojin Hossam El din Mokhtar	17	Alexandria	1:01.36
9	Nour Islam Mohamed	16	AHLY	1:02.19
10	Aliaa Osama Sabar	16	AHLY	1:03.51

Event 192 Men 13 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 18 Prelims

4	ali abd el Latef Galal	17	HELOP	NT
5	Youssef Mohamed Mohamed	16	AHRAM	NT
6	Ahmed Mohamed Naem	16	DEGLA	NT

Heat 2 of 18 Prelims

2	Karem Magdy Ismail	18	Alexandria	NT
3	Mohamed Mouhab Abdel Rac	23	HELOP	NT
4	Ahmed Mokhtar Talaat	17	AHLY	NT
5	Mohamed Kaled Shaban	16	Raas El Bar Club	NT
6	Boula Lorance Latif Labib	17	HELDO	NT
7	Ahmed Galal Eldin Barakat	16	Nasr City	NT
8	Mohamed Hesham Hassan Ib	18	6 OCT	NT
9	Maikel Fawzy Wadiaa	16	AHLY	NT

Heat 3 of 18 Prelims

1	Ahmed Mohmed Ahmed Moh	16	6 OCT	NT
2	Nour Essam Ismail Ossman	23	Gezira El Ward	NT
3	ezz Aldin Ahmed Shaker	17	Nasr City	NT
4	Karim Maged Mohssein Al Fa	16	HELOP	NT
5	Bafly Sameh Kamel	19	AHRAM	NT
6	Marwan Mokhtar Ghobashy	16	AHLY	NT
7	Ahmed Hamad abd Elsamea I	18	TRSAN	NT
8	Ahmed Mohamed Eissa	18	Cairo	NT
9	Ahmed Nader Ahmed	17	6 OCT	NT
10	Kareem Ahmed Shaaban	18	RWAD	NT

Heat 4 of 18 Prelims

1	Omar Mourtada Ismail	16	SHOOT	NT
2	Belal Hesham Mohamed	18	AHLY	NT
3	Kariem Sherif Mohamed Sam	22	SHOOT	NT
4	Mohamed Khaled Bazan	18	AHLY	NT
5	Mohamed Hatem Mohamd Al	16	GOLDY	1:46.61
6	Adham Ahmad Shaban	18	RWAD	NT
7	Omar Tamer Mmdoh	17	Smouha	NT
8	Youssef Maged Mohamed	16	AHLY	NT
9	Ahmed Mostafa Ahmed Akad	16	TANTA	NT
10	Zeiad Mountaser Mohamed	19	SHOOT	NT

Heat 5 of 18 Prelims

1	Yousef Mohamed Tharwat	16	ZOHUR	1:32.95
2	Marwan Tarik Awad	16	ZMALK	1:30.87
3	Hassan Sayed Ismail	16	ZMALK	1:30.19
4	Mohanned Hany Said El Taye	16	HELDO	1:29.13
5	Abd El Rahman Yasser Abd El	16	Alexandria	1:27.89
6	Karim Nader	16	Smouha	1:28.27
7	Mohamed Ibrahim Mohamec	16	MAY15	1:29.54
8	Ahmed Waled Mohamed	16	SHOOT	1:30.87
9	Marwan Mohamed Abd El M	16	AHRAM	1:30.91
10	Adham Ashraf Mansour	16	DEGLA	1:38.03

Heat 6 of 18 Prelims

1	Ahmed Mohamed Lotfy Moh	16	HELDO	1:26.89
2	Ameer Mohamed Mohamed I	16	RWAD	1:25.41
3	Yosef Adel Ismail	16	ZMALK	1:24.62
4	Shehab el din Mohamed	16	SHROK	1:23.47
5	Amr Magdy Mahmrous	16	ZMALK	1:22.78
6	Shahab Sheref Ahmed	16	HLWAN	1:22.98
7	Shehab Hassan Mohamed	16	GHABA	1:23.79
8	Amr Khaled Ali	16	HLWAN	1:24.93
9	Ahmed Hossam	16	Alexandria	1:26.61
10	Seif Allah Magdy Gad	16	GHABA	1:27.37

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Meet Program - 11-24-2018 Prelim

Heat 7 Prelims (#192 Men 13 & Over 100 LC Meter Breaststroke)

1	Omar Tamer Mahmoud	16	RWAD	1:22.20
2	Hassan Osama Mohamed Saa	16	HELOP	1:21.77
3	Mohamed Ahmed Helal Shetz	16	HELOP	1:21.55
4	Ali El Din Mohamed Mostafa	16	Al Shehk Zaeid	1:21.49
5	Mohamed Hasan Mohamd Ah	17	ZMALK	1:21.31
6	Omar Ibrahim Assem Ibrahim	16	AHLY	1:21.35
7	amr Ehab Fahmy	17	DEGLA	1:21.52
8	Kareem Mohamed Eldsoqy	17	RWAD	1:21.67
9	Ali Khaled Ali Abdalla	19	HLWAN	1:21.80
10	Ahmed Hany	17	Smouha	1:22.25

Heat 8 of 18 Prelims

1	Omar Mahmoud Mohamed	16	DEGLA	1:21.13
2	Abdelkrem Ashraf Abood	16	Bank Ahly Alex	1:20.06
3	Omar Ihab Ismail	17	ZMALK	1:19.67
4	Ahmed Khaled Mamdouh	16	AHLY	1:19.60
5	Ahmed Amr Mohamed Abdel	16	SHOOT	1:18.84
6	Omar Abd El Halim Fath	16	Bank Ahly Alex	1:19.56
7	Abdalla Feisal Ibrahim	16	ZMALK	1:19.64
8	Abdel Rahman Ahmed Mosta	16	TWFIK	1:19.99
9	Yousef Ayman Reda	16	HLWAN	1:20.58
10	Amr Dakroury Hassan Ali	16	6 OCT	1:21.24

Heat 9 of 18 Prelims

1	Ahmed Shehab Mohamed Ezz	16	ZMALK	1:18.74
2	Essam Ahmed Mohamed Ess	16	AHLY	1:18.45
3	Youssef Mohamed Mokhtar	17	AHLY	1:18.10
4	Yossef Gamal Rashed	17	GHABA	1:17.76
5	Karim Waled Hossam El Din	16	SHOOT	1:17.54
6	Ahmed Ashraf Abdel Monaen	16	AHLY	1:17.72
7	Islam Ayman Abdel Aziz	18	ZMALK	1:17.83
8	Hamza Hisham	16	Smouha	1:18.20
9	Seif El Din Ahmed Salah Moh	16	SHOOT	1:18.58
10	Ahmed Hassan Mohamed Ad	16	AHLY	1:18.81

Heat 10 of 18 Prelims

1	Zeiad Khairy Ali	16	ZMALK	1:17.45
2	Ahmed Taha Abd El Raouf	16	DEGLA	1:17.31
3	Seif Eldin Ihab Mohamed	19	ZMALK	1:17.01
4	Abdel Rahman Ahmed Sabry	16	MAADI	1:16.95
5	Yosef Mohamed Al Hady	16	SHOOT	1:16.48
6	AbdAllah Ashraf	16	Smouha	1:16.84
7	Mostafa Moahmed Taya3	16	GOLDY	1:16.98
8	Youssef Mohamed Salem	17	GHABA	1:17.21
9	Marwan Tamer	16	Smouha	1:17.40
10	Omar Khairy Ali	19	ZMALK	1:17.51

Heat 11 of 18 Prelims

1	Yousef Hazem Yousef Noufal	18	AHLY	1:16.13
2	Ahmed Moataz Saber El-Gaz	16	AHLY	1:16.07
3	Ramy Nabil Faeid Beshay	17	SHOOT	1:15.79
4	Ahmed Haytham Fouad Helm	17	BNKG	1:15.21
5	Ahmed Shawkat Hassan Nasf	16	MAADI	1:14.76
6	Eyad Osama Awad	16	DEGLA	1:15.20
7	Omar Yaser Ahmed Nasar	16	AHLY	1:15.61
8	Basel Wael Mohamed Faeik	16	ZMALK	1:15.88
9	Abdullah Imad al-Din Fathi	16	Elethead	1:16.11
10	Omar Hossam Moahmed	16	GOLDY	1:16.18

Heat 12 of 18 Prelims

1	Karim Ehab Abdel Kader	16	ZMALK	1:14.67
2	Mohamed Osama abd el Tawz	16	Olympic	1:14.47
3	Fady Ehab Weliam Gad El Ral	17	ZMALK	1:13.88
4	Houssein Hazem Ali Tantawy	17	ZMALK	1:13.76
5	Omar Mohamed Salah Mowal	16	SHARK	1:13.50
6	Yousef Ihab Mohamed ElSaye	17	Bank Ahly Alex	1:13.63
7	Zyad Dyaa Adel AbdelAlem	16	6 OCT	1:13.85
8	Ahmed Ehab Hassan	16	AHLY	1:14.07
9	ali Mohamed ali	16	DEGLA	1:14.67
10	Abd El Aziz Hanafe Ahmed	17	TALBE	1:14.71

Heat 13 of 18 Prelims

1	Mohamed Ahmed Abdel Mau	20	6 OCT	1:13.38
2	Yehya Ashraf Mohamed Ali	16	ZOHUR	1:13.32
3	Mohmed Sherief	16	Cairo	1:12.88
4	Youssef Wassim Ramzy Abde	17	HELDO	1:12.34
5	Ali Hany Mohamed	16	DEGLA	1:11.73
6	Abd Allah Fawzy Darwish	17	TANTA	1:11.93
7	Zeyad Mohamed Farou2	16	M.Askaria Alex	1:12.83
8	Amr Ahmed ElHassanin Al Sh	16	SHAMS	1:13.10
9	Omar Amr Allaa El Din	19	AHLY	1:13.35
10	Nour El Din Mohamed Mohar	16	ZMALK	1:13.41

Heat 14 of 18 Prelims

1	Mohamed Ahmed Salah El Di	18	ZOHUR	1:11.56
2	Abd El Rahman Tamer Yousef	16	Alexandria	1:10.85
3	Mostafa Hatem Ataia	18	Cairo	1:10.75
4	Mohamed Alaa Elkot	17	Smouha	1:10.71
5	Seif El Din Ayman Fekry	18	AHLY	1:10.53
6	Ahmed Mohamed El Menyaw	14	DEGLA	1:10.64
7	Yassin Yahya Zakriy Ebrahim	16	Alexandria	1:10.72
8	Abdalah Waled el Said	15	Alexandria	1:10.79
9	Yahia Mmdoh	16	Smouha	1:10.97
10	Shehab El Din MoatazBella Al	18	ZMALK	1:11.57

Heat 15 of 18 Prelims

1	Ibrahim Ahmed Ibrahim	17	Alexandria	1:10.43
2	Adham Hisham Nor	15	Smouha	1:10.27
3	Ahmed Ashraf Mahmoud Har	20	HELDO	1:09.51
4	Mohamed Amin Sharaf	19	Alexandria	1:09.34
5	Ahmed Hatem abd el Sabour	19	Nasr City	1:09.19
6	Yousef Moataz Saber	19	AHLY	1:09.27
7	Omar Osama Mohamed	17	Olympic	1:09.40
8	Abdel Rahman Mohamed Abc	16	AHLY	1:10.03
9	Ahmed Galal Abdel Azim	19	SHOOT	1:10.34
10	Omar Khaled Moustafa Al Ha	14	MAADI	1:10.48

Heat 16 of 18 Prelims

1	Mohamed Zeiad Mohamd Eis	16	SHOOT	1:08.72
2	Omar Ehab Ahmed Abo el Ftc	16	SHAMS	1:08.16
3	Ibrahim Taha Ibrahim	19	BNKG	1:07.33
4	Omar Hisham Raslan	21	Alexandria	1:05.83
5	Ahmed Kamal Hafez	31	MAADI	1:03.59
6	Faris Mohamed Mashaly	19	Alexandria	1:05.41
7	Karim Hatem abd el Sabour	17	Nasr City	1:06.69
8	Abdallah Yasser Mohamed	17	Cairo	1:07.67
9	Mohamed AbdElKarem AboE	16	M.Askaria Alex	1:08.40
10	Mahmoud Mohamed Mahmo	17	ZMALK	1:08.94

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-24-2018 Prelim

Heat 17 Prelims (#192 Men 13 & Over 100 LC Meter Breaststroke)

1	Saif Ahmed abd Elmoniem Er	15	SHAMS	1:08.46
2	Yousef Mohamed Fawzy	17	HELOP	1:08.14
3	Mohamed Ashraf Abdel Hay	17	AHLY	1:07.16
4	Mohamed Tamer Mohamd K	18	SHAMS	1:05.79
5	Hassan Yasser Ezzat	20	AHLY	1:02.64
6	Seif El Din Hisham Mohamed	22	AHLY	1:04.77
7	Mohand Tarik Mohamed Ali I	18	Smouha	1:06.53
8	Zeyad Osama Mohamed	17	Olympic	1:07.62
9	Karim Amgad Al Sayed Ali Al	17	SHOOT	1:08.36
10	Omar Yasser Menis	15	Alexandria	1:08.93

Heat 18 of 18 Prelims

1	Shady Mahmoud Hammam A	16	MAADI	1:08.41
2	Marwan Essam Ismaeil	21	Gezira El Ward	1:07.70
3	Youssef Ayman Ezz Badr	20	AHLY	1:06.75
4	Faris Mohamed Mashaly	19	Smouha	1:05.41
5	Youssef Ismail Elkamash	23	Alexandria	1:01.05
6	Daly Dimitrios Chin	21	Alexandria	1:04.52
7	Ahmed Yaser Ahmed Nasar	18	AHLY	1:06.48
8	Mohamed Housam Ibrahim	22	AHLY	1:07.46
9	Mohamed Moaataz Abdel-Ha	18	AHLY	1:08.32
10	Youssef Talal Mohamed	16	AHLY	1:08.78

Event 193 Women 13 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

3	Roula Amr Abdel Aziz	17	SHOOT	NT
4	Haeidy Hassan Mohamd Abd	17	BNKG	NT
5	Mariam Khaleed Moustafa	16	ZMALK	NT
6	Yassmin Amr Ali	18	6 OCT	NT
7	Radah Essam Eraky	17	SHOOT	NT

Heat 2 of 5 Prelims

1	Sara Mohamed Korany	16	AHLY	NT
2	Ziena Ahmed Abo ElKhir	17	Alexandria	NT
3	Farida Essam el den	16	Alexandria	6:35.78
4	Yara Mohamed Tarik Abdou	17	GHABA	6:08.80
5	Habiba Tarek Hamed	16	DEGLA	6:04.36
6	Mariam Haitham Ahmed	16	Smouha	6:06.43
7	Ganna Mahmoud Mostafa Ali	16	6 OCT	6:11.06
8	Mirna Adel Youssef	16	NASR	7:02.21
9	Basant Ahmed Abd Elmoneer	16	SHROK	NT
10	Rawan Mahmoud Fouad	17	DEGLA	NT

Heat 3 of 5 Prelims

1	Hagar Hamdy Abdel Gawad	17	HELDO	6:02.08
2	Sama Ayman Mouner Hashir	16	TRSAN	5:58.89
3	Raneim Mohamed Al Metwall	17	Stad Mansoura	5:56.51
4	Donia Magdy Mohamed Heln	17	TANTA	5:48.87
5	Souhaila Mohamed Salah	17	ZMALK	5:45.27
6	Noran Ibrahim Elbially	16	Smouha	5:46.86
7	Salma Tamer Elsaied Moham	16	Bank Ahly Alex	5:53.53
8	Gana Ahmed Mokhtar	16	AHLY	5:58.51
9	Sandra Ahmed Abd El Aziz	16	TANTA	6:00.71
10	Hader Mohamed Seif El Din A	17	TRSAN	6:02.72

Heat 4 of 5 Prelims

1	Hend Hamed Amr Hassan	20	AHLY	5:39.40
2	Yara ali el Koshy	13	ZMALK	5:34.32
3	Alya Mostafa Mohamed	15	AHLY	5:30.50
4	Sara Mohamed Hassan	17	AHLY	5:23.68
5	Rawan Tamer Mohamed	14	DEGLA	5:06.27
6	Dina Khaled Elgaloly	18	Alexandria	5:15.96
7	Aisl Magd El Sayed	18	AHLY	5:27.47
8	Haidy Hosam Nabil Cotore	19	GEZIR	5:32.88
9	Farah Adham Mohamed Tala	16	6 OCT	5:36.33
10	Farah Emad Mohamed Ebrah	16	Al Hawar	5:43.37

Heat 5 of 5 Prelims

1	Nardin Mohamed Essmat	19	AHLY	5:38.58
2	Salma Ashraf Moussein	17	Al Hawar	5:33.96
3	Youmna Osama Hussein	17	AHLY	5:30.48
4	Zaina Mohamed Haitham Has	13	SHOOT	5:21.98
5	Rewida Hisham Tolba Ibrahim	23	AHLY	4:56.88
6	Hana Khaled Samy Hassan	16	SHOOT	5:15.61
7	Nada Ahmed Samer	18	Alexandria	5:24.92
8	Shahd Yasser	16	Smouha	5:32.25
9	Salam Mohamed Hassan Abd	16	6 OCT	5:34.85
10	Sohila Amr Gamal	16	AHLY	5:42.63

Event 194 Men 13 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 25 Prelims

4	Omar Mohamed Abdel Monar	17	NASR	NT
5	Karim Waled Essam Shabana	17	Smouha	NT
6	Karim Amr Taha	17	SHOOT	NT

Heat 2 of 25 Prelims

1	Adel El Saed El Eraky	17	Baladia El Mahal	NT
2	Mahmoud Adham Hezy Moha	18	ZMALK	NT
3	Mostafa Alaa Fatthy	19	SHOOT	NT
4	Seif El Din Khaled Mostafa	17	SHOOT	NT
5	Amr Hatem Mohamed	18	AHLY	NT
6	Karim Ahmed Al Sayed Metw	24	SHOOT	NT
7	Ahmed Wael Gaber	18	AHLY	NT
8	Mohamed Shady Mohamed	16	GOLDY	NT
9	Mahmoud Mohamed Maham	16	AHLY	NT
10	Omar Mohamed Saad Abdel	16	6 OCT	NT

Heat 3 of 25 Prelims

1	Marawan Elsayed Ali	16	AHLY	NT
2	Mohanned Hany Said El Taye	16	HELDO	NT
3	Abd ElRhman Mohamed Abd	22	SHROK	NT
4	Amgd Bassam Hekal	18	SHOOT	NT
5	Omar Ahmed Mohamed	16	Mansheit Naser	NT
6	Goun Mourcos Abdou	19	GHABA	NT
7	Adham Marwan Hassan	16	SHOOT	NT
8	Mo`taz Mohamed Adham	16	Smouha	NT
9	Mohamed Hussein Ali	17	AHLY	NT
10	Yosef Samer Saleh Ibrahim	17	TWFIK	NT

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-24-2018 Prelim

Heat 4 Prelims (#194 Men 13 & Over 200 LC Meter Freestyle)

1	Elhamy Mohamed Mahmoud	19	SHAMS	NT
2	Basel Mohamed Zaghlol	17	GHABA	NT
3	Mahmoud Amr Ahmed Mahr	16	MAADI	NT
4	Aser Amgad Lotfy	19	AHLY	NT
5	Mazen Mohamed Ahmed Al F	21	AHLY	NT
6	Abdalla Feisal Ibrahim	16	ZMALK	NT
7	Mohamed Hossam Barkat	16	Smouha	NT
8	Mohamed Yousif AbdElrhmai	17	Smouha	NT
9	Mostafa Mohamed Al Tahan	18	DEGLA	NT
10	Mostafa Ashraf AbdElHamed	21	BNK.G	NT

Heat 5 of 25 Prelims

1	Ahmed Atef Abdelatef	21	Bank Ahly Alex	NT
2	Mohamed Abdel Naser Ali	18	SHOOT	NT
3	Sief Tarek Mohamed Raslan	18	TANTA	NT
4	Shehab Alden Salah Anan	16	Raas El Bar Club	NT
5	Omar Mohamed Mostafa Has	20	6 OCT	NT
6	Omar Ahmed Safwat Salah	16	Cairo	NT
7	Ahmed Hisham Mahmoud	16	RWAD	NT
8	Osama Islam Mohamed Kamr	17	GHABA	NT
9	Abdelrahman Mohamed el Fc	16	Mansheit Naser	NT
10	Mohamed Khaled Mousa Elb:	19	AHLY	NT

Heat 6 of 25 Prelims

1	Abdullah Imad al-Din Fathi	16	Elethead	NT
2	Marwan Mohamed Abd El Me	16	AHRAM	NT
3	Yousef Mohamed Mansour	18	SHOOT	NT
4	Karem Mohamed Ameen	19	HELOP	NT
5	Youssef Hossam Ahmed Moh:	17	SHOOT	NT
6	Mahmoud Ahmed Atia	19	Stad Mansoura	NT
7	Omar Khaled Ahmed	19	ZMALK	NT
8	Shahab Sheref Ahmed	16	HLWAN	NT
9	Nader Magdy	16	Smouha	NT
10	Yosef Amr Ali Emad El Din	16	6 OCT	NT

Heat 7 of 25 Prelims

1	Zeiad Ibrahim Ahmed Ahmec	16	DEGLA	NT
2	Mohamed Mostafa El Feiky	17	DEGLA	NT
3	Yousef Essam El Din Ismail	18	AHLY	NT
4	Gawad Ahmed AbdElmnaam	17	Smouha	NT
5	Abd El Rahman Yasser Abd El	16	Alexandria	NT
6	Nour El Din Hossam Ahmed	16	ZMALK	NT
7	Zien ElDin Mahmoud	16	Alexandria	NT
8	Shehab el din Mohamed	16	SHROK	NT
9	Hassan Essam Hassan	16	ZOHUR	NT
10	Moataz Ayman Abdel Aziz	16	ZMALK	NT

Heat 8 of 25 Prelims

1	Abdel Rahman Ahmed Sabry	16	MAADI	NT
2	Seif Ahmed Amin Abdallah	16	Alexandria	NT
3	Ziyad Hazem Mohamed	16	DEGLA	NT
4	Ali Amr Saad	18	AHLY	NT
5	Omar Sameh Said	16	DEGLA	NT
6	Ahmed Assem Goumaa	17	AHLY	NT
7	Hamza Adham Amin	18	AHLY	NT
8	Moaz Hesham Mahmoud	19	Cairo	NT
9	Omar Mohamed Metwally	18	6 OCT	NT
10	Amar Yaser Salah Mahmoud	17	ZMALK	NT

Heat 9 of 25 Prelims

1	Abdel Rahman Mohamed Adr	20	AHLY	NT
2	Mohamed Ali Sayed Ezzat	17	Al Shehk Zaeid	NT
3	Mostafa Hesham Ahmed EL A	21	SHAMS	NT
4	Amr Khaled Ali	16	HLWAN	NT
5	Omar Osama Mohamed Azoz	17	DEGLA	2:29.28
6	Mohamed Mostafa Mohamed	17	Smouha	3:13.44
7	Yasin Wael Elshmaa	19	Alexandria	NT
8	Abdel Reheim Samir Al Shein	20	ZMALK	NT
9	Yusef Fawzy Farag	18	HELOP	NT
10	Ahmed Mohamed El Dalal	16	AHLY	NT

Heat 10 of 25 Prelims

1	Abdalla Ahmed Ibrahim Zahe	16	HELOP	2:28.76
2	Adham Hatem Hanafy	16	AHLY	2:26.52
3	Mohamed Tarik Ramadan	16	GHABA	2:24.84
4	Yousef Khaled Ephrahim	16	TWFIK	2:24.54
5	Fadyi Ismail Hassan Mohame	18	BNK.G	2:23.93
6	Seif Ahmed Said Sayed	16	ZMALK	2:24.27
7	Amr Magdy Mahmrous	16	ZMALK	2:24.61
8	Saif Kamel Farouk	17	BNK.G	2:25.47
9	Eyad Mohamed Saad Ahmed	16	6 OCT	2:27.49
10	Seif Ahmed Mohamed Shash	16	AHLY	2:29.23

Heat 11 of 25 Prelims

1	Yahia Mhmod Ahmed Agamy	16	Smouha	2:22.08
2	Abd Elrahman Emad Fathe E:	17	GEZIR	2:21.93
3	Abdalla Mohamed Ibrahim	16	SHOOT	2:20.48
4	Mohamed Ahmed Helal Shetz	16	HELOP	2:20.06
5	Sief El Din Mahmoud Zaher	19	ZMALK	2:19.57
6	Yassin Emad Hamed	16	ZMALK	2:19.82
7	Karem Hisham Mohamed	16	Alexandria	2:20.25
8	Mohmed Salah	17	Baladia El Mahal	2:21.44
9	Yousif Waled AbdElmonsf	16	Ezz El Dekhela	2:21.95
10	Mohamed Khaled Hassan Do:	18	BNK.G	2:22.59

Heat 12 of 25 Prelims

1	Mahmoud Ahmed Mahmoud	16	MARB	2:17.96
2	Omar Magdy Mostafa	16	DEGLA	2:17.33
3	Mahmoud Tarik Mahfouz	16	SHOOT	2:16.60
4	Zeyad Amr Saleh El Sayed	17	TANTA	2:16.38
5	Yousef Waled Al Sayed Al Ba	16	GEZIR	2:16.03
6	Adham Khled Ahmed Elqady	16	RWAD	2:16.20
7	Ahmed Shehab Ahm. Saleh	18	GEZIR	2:16.40
8	Youssef Samir Rady	16	AHLY	2:16.74
9	Asser Amr Teleb Salama	16	RWAD	2:17.51
10	Mohamed Waled Mohamed	18	ZOHUR	2:18.17

Heat 13 of 25 Prelims

1	Yousef Ahmed Yousef	16	SHOOT	2:15.04
2	Essam Ahmed Mohamed Ess:	16	AHLY	2:14.89
3	Ali Khaled Ali Mohamed	16	AHLY	2:14.64
4	Mahmoud Hassan Mostafa	16	ZMALK	2:14.28
5	Abdel Rahman Ahmed Ali Mo	16	SHAMS	2:14.14
6	Shady Mohamed Wafeik Al Zc	16	AHLY	2:14.23
7	Motaz Tamer Makhlof	17	TANTA	2:14.48
8	Ahmed Mohamed Ashraf Gan	16	AHLY	2:14.81
9	Khaled Ehab El Tayeb	19	DEGLA	2:14.90
10	Ashraf Gamal El Din Mahmou	16	SHOOT	2:15.26

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-24-2018 Prelim

Heat 14 Prelims (#194 Men 13 & Over 200 LC Meter Freestyle)

1	Ahmed Saleh ali Kabel	17	RWAD	2:13.77
2	Mahmoud Ahmed Ezzat	16	SHOOT	2:13.33
3	Yousef Ibrahim Abou El Hass:	18	6 OCT	2:13.26
4	Mohamed Moustafa Darwish	16	DEGLA	2:13.14
5	Mahmoud Mohamed Sbas	17	SHOOT	2:12.98
6	Mahmoud Ashraf Mahmoud	19	Canal El Suez	2:13.07
7	Omar Mohamed Galal	16	AHLY	2:13.15
8	Ziad Mohamed El Sayed	16	DEGLA	2:13.33
9	Ahmed Fawzy Mostafa Fawzy	16	NASR	2:13.67
10	Ahmed Yasser Ahmed	16	ZMALK	2:13.92

Heat 15 of 25 Prelims

1	Foad Mostafa Mohamed	17	Bank Ahly Alex	2:12.28
2	Ali Mohamed Mohssein Ali	16	6 OCT	2:12.00
3	Yosef Mohssein Zein Al Abede	18	M.ARB	2:11.97
4	Ahmed Hesham Fatthy Hasat	17	DEGLA	2:11.56
5	Ali Mohamed Abo Taleib	16	DEGLA	2:11.20
6	Mostafa Mohamed Moastafa	17	ZMALK	2:11.46
7	Nooreldeen Fareed Heseen H	16	Gezira El Ward	2:11.75
8	Mohamed Khalied Ahmed Els	16	ZMALK	2:11.97
9	Belal Mahmoud Shawky Ali	17	ZMALK	2:12.13
10	Mohamed Mohsen Ramdan	16	Smouha	2:12.85

Heat 16 of 25 Prelims

1	Mazin Amr Alj Hassan	16	6 OCT	2:10.87
2	Ibrahim Mohamed Ibrahim	17	SHOOT	2:10.47
3	Ahmed Mohamed Ghobashy	16	Smouha	2:10.15
4	Ahmed Housam El Din Ahme	16	6 OCT	2:09.96
5	Hashem Mohamed Ibrahim	19	AHLY	2:08.86
6	Khaled Tarik Alaam	16	Smouha	2:09.86
7	Zeiad Abou Elela Hamdy Moh	16	AHLY	2:10.00
8	Ali Houssein Nasr El Din Hou	16	AHLY	2:10.41
9	Amr Ayman Abdel Razek	17	AHLY	2:10.62
10	Ahmed HiShame	16	SHOOT	2:11.02

Heat 17 of 25 Prelims

1	Ahmed Maged Mohamed	16	Alexandria	2:08.83
2	Ahmed Khaled Elsiad	20	Ezz El Dekhela	2:08.71
3	Moamen El Saed Soltan	17	TANTA	2:08.44
4	Mostafa Hany Ahmed Al Bad:	17	ZMALK	2:07.90
5	Seif Mohamed Deiaa	17	DEGLA	2:07.73
6	Ahmed Mohamed Yousry	19	Ezz El Dekhela	2:07.78
7	Amr Akram Ahmed Al Garab:	21	Gezira El Ward	2:08.36
8	Karem Tarek Ebrahim	17	Alexandria	2:08.54
9	Ahmed Adel Ramadan	16	GHABA	2:08.75
10	Yassin Essam Mohamed El D:	17	SHAMS	2:08.84

Heat 18 of 25 Prelims

1	Mohamed Khaled Basyony	17	Baladia El Mahal	2:07.71
2	Mohamed Mostafa Rabei Mc	17	GHABA	2:07.54
3	Karim Ahmed Khaled Elewa	16	SHAMS	2:07.52
4	Bahy Amr Ahmed Elbahy	18	Smouha	2:07.03
5	Mostafa Tamer Mostafa	16	AHLY	2:06.91
6	Omar Magdy Mohamed	17	GOLDY	2:06.91
7	Khalid Ahmed Mohamed	16	Alexandria	2:07.46
8	Omar Ezz El Din Mohamed	18	TANTA	2:07.53
9	Seif Ramah Essam El Din	16	SHOOT	2:07.62
10	Zeiad Hany Sayed Abou Al W:	16	DEGLA	2:07.72

Heat 19 of 25 Prelims

1	Sherif Amr Mahmoud Waly	17	M.ARB	2:06.82
2	Omar Ahmed Abdel Aziz You	17	ZMALK	2:06.66
3	Ahmed Ramadan Abdel Fatta	16	AHLY	2:06.34
4	Mohamed Alwy Mohamed Ali	17	Smouha	2:06.20
5	Mohamed Naser El Din Ibrah	17	ZMALK	2:06.15
6	Shehab Ashraf	16	DEGLA	2:06.19
7	Ahmed Essam Mohamed	16	Cairo	2:06.32
8	Omar Ahmed Al Sayed Metw:	16	SHOOT	2:06.35
9	Mahmoud AmanELDien Moha	16	M.Askaria Alex	2:06.67
10	Abdel Rahman Ehab Mostafa	16	AHLY	2:06.90

Heat 20 of 25 Prelims

1	Hany Ahmed Hisham Moham	22	HELDO	2:05.76
2	Omar Adel Abdel Hamed	16	ZOHUR	2:05.62
3	Mohamed Hany Mohamed Sa	16	TANTA	2:05.23
4	Ahmed Youssef Ahmed Youss	22	AHLY	2:05.18
5	Osama Ahmed Mokhtar	16	SHOOT	2:04.60
6	Ahmed Ibrahim Abd EL Hakn	17	SHAMS	2:05.07
7	AbdElrhman Khaled Saied	24	Smouha	2:05.18
8	Mohamed Nasr Ahmed	16	Olympic	2:05.37
9	Amr Ahmde Mohamed Fatthy	17	SHAMS	2:05.68
10	Ahmed Mahmoud Hassan	16	GHABA	2:06.01

Heat 21 of 25 Prelims

1	Hussien Khaled Hussien Kam	16	MAADI	2:04.35
2	Omar Walaa Noaaman	17	AHLY	2:04.14
3	Abdel Rahman Ali Mohamed	17	SHAMS	2:03.97
4	Seif Eldin Mohamed Hassan	16	AHLY	2:03.53
5	Zeiad Ahmed Abdelazim Abd	16	MAADI	2:02.26
6	Ahmed Khaled Abd El Maged	17	Bank Ahly Alex	2:03.01
7	Abd Elrahman Shwaky Abd E	16	NASR	2:03.74
8	Ahmed Ezz l Din Mohamed	17	6 OCT	2:04.08
9	Ahmed Younis Nasir	16	ZMALK	2:04.19
10	Mostafa Khaled Mahmoud	17	SHAMS	2:04.50

Heat 22 of 25 Prelims

1	Ahmed Khaled Moustafa	18	ZMALK	2:02.02
2	Zeyad Haytham Ismail	17	AHLY	2:01.75
3	Ali Tarek Hamed	19	DEGLA	2:01.61
4	Kariem Riyad Fawzy	18	DEGLA	2:01.47
5	Omar Hany Abdalla	16	AHLY	2:01.34
6	Fares Mohamed Wafeek	17	AHLY	2:01.35
7	Mohamed Attef Yassin	18	AHLY	2:01.60
8	Ahmed Yaser Salah El Din Eis	22	HELDO	2:01.67
9	Shehab Hossam Mahmoud G:	17	GHABA	2:01.83
10	Mohamed Mourad Mohamed	16	Alexandria	2:02.07

Heat 23 of 25 Prelims

1	Mohamed Moaataz Abdel-Ha	18	AHLY	2:00.65
2	Marwan Abdalla Mohamed A	16	SHOOT	1:59.19
3	Moustafa AbdElhakim Elgam:	18	Alexandria	1:56.68
4	Ahmed Khaled Rateb	17	AHLY	1:54.30
5	Marwan Ahmed Elamrawy	23	Alexandria	1:50.45
6	Omar Adel Abas	17	DEGLA	1:52.66
7	Ahmed Mohamed Lotfy Amer	20	AHLY	1:55.65
8	Ahmed Sameh Elsaid	14	AHLY	1:58.78
9	Ahmed Khaled Abdel Hamed	17	SHOOT	2:00.01
10	Yosef Mahmoud Mohamd Ger	17	AHLY	2:01.02

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18**Meet Program - 11-24-2018 Prelim****Heat 24 Prelims (#194 Men 13 & Over 200 LC Meter Freestyle)**

1	Ahmed Yasser Bastawesy	16	AHLY	2:00.55
2	Youssef Ragaab	19	Alexandria	1:59.17
3	Karim Medhat Badr Mohame	19	Smouha	1:56.21
4	Fares Youssef Emara	16	AHLY	1:53.67
5	Mohamed Samy Mohamed	21	AHLY	1:49.62
6	Salah Mohamed Amin	26	Smouha	1:52.03
7	Khaled Abdel Naser Ali	19	SHOOT	1:55.36
8	Mostafa Mohamed el Said	17	HELOP	1:58.03
9	Seif Osama Ahmed Farag	18	AHLY	1:59.78
10	Mohamed Medhat Mohamed	19	AHLY	2:00.74

Heat 25 of 25 Prelims

1	Ziad Mohamed Aabad	17	HELOP	2:00.02
2	Mohamed Adel Mohamed Me	17	AHLY	1:58.91
3	Yosef Hany Mohamed	16	AHLY	1:56.09
4	Mohamed Hossam AbdElslan	20	Smouha	1:53.34
5	Marwan Ismael Elkmash	25	Alexandria	1:47.40
6	Omar Ahmed Khaled Alewaa	21	HELOP	1:51.63
7	Mohamed Ahmed Abd Elbak	18	Alexandria	1:54.50
8	Ibrahim Mohamed Yoneis	18	ZMALK	1:57.98
9	Yousef Sameh Azmy Mohame	18	ZMALK	1:59.74
10	Mohamed Hesham Ismsil Hai	15	6 OCT	2:00.73