

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-25-2018 Prelim

Event 200 Women 13 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 15 Prelims				
4	Aya Ahmed Mowad Ibrahim	18	SHAMS	NT
5	Heba Ibrahim Sayed Abou El	18	ZMALK	NT
6	Tasneem Mohamed abd Elfat	16	SHROK	NT
Heat 2 of 15 Prelims				
1	Rowan Hossam Elbadry	23	Alexandria	NT
2	Malak Hany Mohamed	16	NASR	NT
3	Habiba Ahmed Ramzy	19	Smouha	NT
4	Shorok Ahmed Mostafa	16	SHOOT	NT
5	Farah Alaa Kamal	16	SHOOT	NT
6	Rawan Mohamed Farok	16	ENPPI	NT
7	Nada Nader Mohamed	18	AHLY	NT
8	Maya Ahmed Adel Ali	16	SHAMS	NT
9	Farah Khaled	19	Alexandria	NT
Heat 3 of 15 Prelims				
1	Naghham Mohamed Mostafa F	19	Bank Ahly Alex	NT
2	Sama Mohamed Raaft	18	AHLY	NT
3	Salma Hatem	16	Cairo	NT
4	Naden Ehab	19	Smouha	NT
5	Mariam Mohamed Ibrahim	16	Cairo	NT
6	Hania Khaled Mohamed Ali	17	Cairo	NT
7	Wessam Kamal Mohamed	16	MAY15	NT
8	Farah Omar Mohamed Abu R	23	HELOP	NT
9	Marim Wael Gonim	18	GHABA	NT
10	Esraa El Shirbeny	17	SHROK	NT
Heat 4 of 15 Prelims				
1	Mariam Rashed Abdel Mona'at	18	AHLY	NT
2	Nada Deiaa Mohamed El Saye	19	SHAMS	NT
3	Farha Naser Mohamed Elbsh	18	Smouha	NT
4	Goumana Karim Mostafa	16	DEGLA	NT
5	Salma Hasan Khamis	17	DEGLA	NT
6	Rawan Mohamed Emam	17	DEGLA	NT
7	Kenzy Moustafa Mohamed	16	Stad Tanta	NT
8	Roula Amr Abdel Aziz	17	SHOOT	NT
9	Basmala Hisham Fo`ad	19	Ezz El Dekhela	NT
10	Ola Waled	17	Alexandria	NT
Heat 5 of 15 Prelims				
1	Dalia Mohamed Elaarby	19	Smouha	NT
2	May Atef Abdelfatah	27	AHLY	NT
3	Allaa Ashraf Fekry	18	6 OCT	NT
4	Sara Aly Elhariry Moh. Ekbal	16	GEZIR	NT
5	Rania Mohamed Mahmoud	17	ZOHUR	46.79
6	Farah Haytham Elsayed Ali	19	AHLY	NT
7	Menatalla Ehab AlGaeiar	17	GHABA	NT
8	Maram Yaser Salah	16	ZMALK	NT
9	Ahd Mohamed Sayed Fouad	19	ZMALK	NT
10	Asmaa Ramdan Khames Awa	19	Bank Ahly Alex	NT

Heat 6 of 15 Prelims

1	Nada Waleed Mohamed Mahi	17	DEGLA	44.87
2	Nelly Yaser Ragab Attia	18	Smouha	39.57
3	Salma Khaled Mokhtar	18	DEGLA	39.01
4	Zeina Essam Mohamed	19	SHOOT	37.68
5	Souhila Ahmed Kamal	18	GHABA	37.02
6	Elesya Elya Waghen Besher	16	6 OCT	37.33
7	Safeim Rameiz Salah El Din	16	ZMALK	38.99
8	Jousteia Morcouc Moheib	17	ZMALK	39.49
9	Mariam Essam Mohamed	17	M.ARB	44.75
10	Menatalla Ahmed Hussin	16	SHROK	46.08

Heat 7 of 15 Prelims

1	Nermen Ayman Ahmed	21	ZMALK	36.57
2	Salma Said Hanfe	16	DEGLA	36.42
3	Roula Ayman Amin Ibrahim	17	HELDO	36.26
4	Malak Saad Elkersh	16	AHLY	36.04
5	Menatalla Mamdouh Khalel	18	AHLY	35.68
6	Mariam Mohamed Omar	19	SHOOT	36.02
7	May Mohamed Ibrahim Sayec	17	HELDO	36.12
8	Menatallah Amer Moh. Amer	19	GEZIR	36.39
9	Farida Essam el den	16	Alexandria	36.55
10	Fatma El Moataz Hassan	16	DEGLA	36.87

Heat 8 of 15 Prelims

1	Sohailla Fouad	20	Alexandria	35.35
2	Rana Hesham Saad	16	SHOOT	35.06
3	Hana Moataz Mahmoud Toull	22	ZOHUR	34.77
4	Noran amr Mahmoud Waly	16	M.ARB	34.59
5	Farida Hany Mahmoud Ibrahi	17	HELDO	34.42
6	Lama Hesham Wagdy	17	AHLY	34.58
7	Ro`aa Hatem Mohamed	16	Smouha	34.63
8	Mariam Haitham Ahmed	16	Smouha	34.84
9	Nour Abdel Hamed Soultan	17	M.ARB	35.12
10	Mariam Asharf Farouk Al Saw	16	SHOOT	35.48

Heat 9 of 15 Prelims

1	Yara Mohamed Bauomy Abde	16	BNK.G	34.22
2	Hana Amr Mamdouh	17	HELOP	33.95
3	Gana Ahmed Mokhtar	16	AHLY	33.91
4	Nour Islam Mohamed	16	AHLY	33.88
5	Mariam Tarik	17	Smouha	33.81
6	Naden Ahmed Farok AbdElaz	19	Smouha	33.88
7	mai Samy Mohamed	18	MAADI	33.90
8	Sherein Adel Raafat	18	AHLY	33.92
9	Salma Hossam AbdElaziz	17	Smouha	34.03
10	Inas Walid Ahmed	16	AHLY	34.27

Heat 10 of 15 Prelims

1	Mayar Ahmed Atia El Tahlawi	17	AHLY	33.75
2	aya Hasan Refaey	16	Al Zaher	33.69
3	Haeidy Ayman Mahrour Abde	18	SHOOT	33.38
4	Farah Karim Mohamed	17	HELOP	33.20
5	Rouwan Mohamed Saad	17	DEGLA	33.16
6	Klara Essam Adley Nashed	20	SHOOT	33.16
7	Shahenda Ibrahim Mostafa	19	SHOOT	33.24
8	Hana Ahmed Samir	16	DEGLA	33.43
9	Salma Husin Sayed Ahmed	17	Bank Ahly Alex	33.74
10	Habiba Hesham Mohamed	18	6 OCT	33.76

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Heat 11 Prelims (#200 Women 13 & Over 50 LC Meter Butterfly)

1	Hagar Hamdy Abdel Gawad	17	HELDO	32.91
2	Magda Mohamed Adel Abas	16	Bank Ahly Alex	32.85
3	Yara Ahmed A.Rahman Ahme	18	ZMALK	32.74
4	Youmna Khaled Abou El Yaze	19	SHAMS	32.51
5	Lena Anwar Mostafa	16	Smouha	32.18
6	Aliaa Osama Sabar	16	AHLY	32.20
7	Naghham Ashraf abd Elrahma	16	Olympic	32.55
8	Mariam Wael Makram	16	AHLY	32.82
9	Nada Mohamed Ali	16	DEGLA	32.90
10	Nadein Mostafa Mohamed Lo	16	SHOOT	32.97

Heat 12 of 15 Prelims

1	Haidy Khaled Mostafa	16	Cairo	32.15
2	Nagam Mostafa Magdy Abdo	16	Al Zaher	31.99
3	Nouran Khaled Kamal	18	AHLY	31.96
4	Enjy AlaaEldin Hendy	16	Smouha	31.81
5	Noran Adel Elsaid Felifel	20	MAADI	31.77
6	Salma Tamer Elsaied Moham	16	Bank Ahly Alex	31.79
7	Ranim Mohamed Wagih	16	Bank Ahly Alex	31.81
8	Rodaina Khaled Mohamed	16	AHLY	31.97
9	Hanya Hossam Nabil El Cotor	21	GEZIR	32.03
10	Souhaila Mohamed Salah	17	ZMALK	32.15

Heat 13 of 15 Prelims

1	Marim AbdElfttah Ahmed	19	Smouha	31.64
2	Alia Adel Mahros	16	DEGLA	30.82
3	Tasnem Mohamed Mohamed	14	Smouha	30.43
4	Hala Ayman Al Sayed	17	SHAMS	29.98
5	Mayar Mohamed Gaber	17	AHLY	29.32
6	Lojin Hossam El din Mokhtar	17	Alexandria	29.81
7	Hana Waled Hassan	13	GHABA	30.20
8	Shahd Yasser	16	Smouha	30.58
9	Hader Mohamed Seif El Din A	17	TRSAN	31.29
10	Naira Mostafa Magdy Abdo	16	Al Zaher	31.71

Heat 14 of 15 Prelims

1	Nardin Ismail abd Elaziz	16	Olympic	31.54
2	Salma Ahmed Mohamed Ram	14	DEGLA	30.77
3	Rodaina Mohamed Saad	13	DEGLA	30.43
4	Ro`ua Ahmed Farag	16	SHOOT	29.94
5	Roaya Mohamed Mashaly	20	Alexandria	29.12
6	Rawan Mohamed AboElFadl	15	DEGLA	29.58
7	Amina Magdy Mohamed El St	25	HELOP	30.15
8	Dina Khaled Elgaloly	18	Alexandria	30.48
9	Sara Al Moataz Bella Moham	19	ZMALK	31.28
10	Rawda Nabil Mohamed	16	Smouha	31.69

Heat 15 of 15 Prelims

1	Farida Ahmed Ibrahim Eid	21	HELDO	31.44
2	Jana Ahmed Ebrahim	15	Alexandria	30.61
3	Roula Ahm. Houssny Houssei	16	GEZIR	30.28
4	Nour Mohamed Ibrahim Ali	13	Smouha	29.86
5	Yasmin Mohyeldin Hassn Ali	17	Taleaa El Gish	28.30
6	Lojen Deiaa Eldin Abd Elalerr	15	DEGLA	29.35
7	Malak Khaled Ahmed Zayan	17	Smouha	30.02
8	Jana Khalid	14	Alexandria	30.44
9	Nihal Khaled Tamam	16	Elethead	31.11
10	Rahma Hossam Hassan	16	Elethead	31.65

Event 201 Men 13 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 23 Prelims

4	Amro Khalid Tolba	16	6 OCT	NT
5	Omar Ahmed Safwat Salah	16	Cairo	NT
6	Ahmed Mohamed Ahmed Moh	16	6 OCT	NT

Heat 2 of 23 Prelims

1	Mohamed Khaled Bazan	18	AHLY	NT
2	Ahmed Nader Ahmed	17	6 OCT	NT
3	Mohamed Magdy	16	DEGLA	NT
4	Ali Ashraf Ali	21	Smouha	NT
5	Ahmed Amr Ragaai	17	AHLY	NT
6	Belal Hesham Mohamed	18	AHLY	NT
7	Abdel Rahman Sherif Moham	19	HELOP	NT
8	Mohamed Kamal Nafaa	18	Alexandria	NT
9	Yousef Yaser Mohamed	19	AHLY	NT

Heat 3 of 23 Prelims

1	Youssef Mohamed Refaat Al F	18	HELDO	NT
2	Ahmed Saher Hassan Ahmed	17	Beni Suef Club	NT
3	Abdel Rahman Hisham Gafar	21	NASR	NT
4	Omar Alaa El Din Abdel Ham	17	AHLY	NT
5	Yousef Khaled Ephrahim	16	TWFIK	NT
6	Youssef Abdel Halim Mohame	16	Beni Suef Club	NT
7	Mohamed Amr Maher Ma`mc	16	GEZIR	NT
8	Mohamed Mmdoh Mohamed	16	GOLDY	NT
9	Omar Khaled Ibrahim	19	AHLY	NT
10	Omar Ashraf Elboraey	16	Smouha	NT

Heat 4 of 23 Prelims

1	Youssef Khaled Ibrahim	20	AHLY	NT
2	Moustafa Osama Mohamed	19	AHLY	NT
3	Mohanned Hany Said El Taye	16	HELDO	NT
4	Abdelrahman Hazem Hossar	16	SHAMS	NT
5	Omar Mourtada Ismail	16	SHOOT	NT
6	Eyad Mohamed Mosaad	16	AHLY	NT
7	Omar Khaled Ahmed	19	ZMALK	NT
8	Omar Alaa-Eldin Ahmed	16	AHLY	NT
9	Kariem Sherif Mohamed Sam	22	SHOOT	NT
10	Kareem Ahmed Shaaban	18	RWAD	NT

Heat 5 of 23 Prelims

1	Ahmed Hamad abd Elsamea l	18	TRSAN	NT
2	Zeiad Mountaser Mohamed	19	SHOOT	NT
3	Maikel Fawzy Wadiaa	16	AHLY	NT
4	omr Hessian Zahian Mohamec	18	Cairo	NT
5	Ahmed Mokhtar Talaat	17	AHLY	NT
6	Abdalla Mohamed Ibrahim	16	SHOOT	NT
7	Ahmed Mohamed Eissa	18	Cairo	NT
8	Adham Ahmed Mohamed Zal	16	AHLY	NT
9	Marwan Mokhtar Ghobashy	16	AHLY	NT
10	Ali Ahmed Ali Helmy Moha	18	Smouha	NT

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Heat 6 Prelims (#201 Men 13 & Over 50 LC Meter Breaststroke)

1	Goun Mourcos Abdou	19	GHABA	NT
2	Mohamed Mouhab Abdel Rac	23	HELOP	NT
3	Ahmed Hazem Hassan Ali	16	Beni Suef Club	NT
4	Mohamed Hatem Saied	16	DEGLA	56.39
5	Hazem Ahmed Mahmoud	16	Mansheit Naser	49.05
6	Mahmoud Ayman Ibrahiem F	16	Cairo	54.82
7	Zeiad Khairy Ali	16	ZMALK	NT
8	Mazen Mohamed Mohamed C	17	6 OCT	NT
9	ali abd el Latef Galal	17	HELOP	NT
10	Karim Maged Mohssein Al Fa	16	HELOP	NT

Heat 7 of 23 Prelims

1	Youssef Mohsen	16	DEGLA	47.41
2	Mohamed Hatem Mohamd Al	16	GOLDY	46.57
3	Ahmed Galal Eldin Barakat	16	Nasr City	46.05
4	Amr Yasser Abdel Aziz El Sed	16	HELDO	45.33
5	Yousief Hazem	16	Cairo	44.51
6	Marwan Mohamed Ahmed Ta	17	HELDO	45.23
7	Mahmoud Moataz Mahmoud	16	HELDO	45.92
8	Mohamed Hisham Fouad	20	NASR	46.21
9	Youssef Walid Mohamed	16	DEGLA	46.80
10	Youssef Mohamed Mohamed	16	AHRAM	48.30

Heat 8 of 23 Prelims

1	Marwan Reda Ateia Al Beinda	17	NASR	43.65
2	Mohamed Ahmed Mohamed	16	DEGLA	43.40
3	Ahmed Mohamed Naem	16	DEGLA	42.75
4	Adham Ashraf Mansour	16	DEGLA	42.52
5	Marwan Mohamed Abd El Me	16	AHRAM	41.86
6	Ziad Osama Abdel Fatah Moh	17	DEGLA	42.22
7	Karim Mohamed Yousry	17	ZMALK	42.74
8	Yousef Mohamed Tharwat	16	ZOHUR	42.77
9	Shady Hisham Fouad	16	NASR	43.55
10	Yasser Adel Youssef	18	AHLY	43.71

Heat 9 of 23 Prelims

1	Mohamed Ahmed Rekaby	17	Al Shehk Zaeid	40.51
2	Ali Ahmed Fathy	17	M.ARB	40.10
3	Abd El Rahman Yasser Abd El	16	Alexandria	40.03
4	Adham Waled Elbhery	16	TANTA	39.89
5	Ziad Alla Mohamed Hossny	16	Al Zaher	39.74
6	Mohamed Ibrahim Mohamec	16	MAY15	39.76
7	Mostafa Mohamed Al Sayed A	16	AHLY	40.03
8	Marwan Tarik Awad	16	ZMALK	40.06
9	Hassan Sayed Ismail	16	ZMALK	40.26
10	Yousef Samy Mahmoud Dawc	16	AHRAM	40.71

Heat 10 of 23 Prelims

1	Mohamed Ahmed Zkareia Re	16	SHOOT	39.36
2	Seif Allah Magdy Gad	16	GHABA	38.91
3	Ameer Mohamed Mohamed I	16	RWAD	38.86
4	Ahmed Mohamed Lotfy Moha	16	HELDO	38.46
5	Ahmed Waled Mohamed	16	SHOOT	38.21
6	Amr Magdy Mahmrous	16	ZMALK	38.27
7	Karim Nader	16	Smouha	38.53
8	Karim Amr Taha	17	SHOOT	38.90
9	Bafly Sameh Kamel	19	AHRAM	39.20
10	Sief El Rakhawy	17	Smouha	39.46

Heat 11 of 23 Prelims

1	Ahmed Hossam	16	Alexandria	38.04
2	Mohamed Ahmed Elnagdy	17	AHLY	37.64
3	Mohamed Hasan Mohamd Ah	17	ZMALK	37.49
4	Kareem Mohamed Eldsoqy	17	RWAD	37.30
5	Boula Lorance Latif Labib	17	HELDO	36.89
6	Mohamed Yaser Fawzy Khalil	17	MAADI	37.27
7	Mohamed Ayman Hassan Rac	16	ZMALK	37.47
8	Omar Tamer Mahmoud	16	RWAD	37.59
9	Karim Ibrahim Saad	16	Al Zaher	37.64
10	Yousef Ayman Reda	16	HLWAN	38.18

Heat 12 of 23 Prelims

1	Mohamed Ahmed Helal Sheta	16	HELOP	36.73
2	Shahab Sheref Ahmed	16	HLWAN	36.64
3	Essam Ahmed Mohamed Ess	16	AHLY	36.54
4	Adham Ahmad Shaban	18	RWAD	36.38
5	Yosef Adel Ismail	16	ZMALK	36.33
6	amr Ehab Fahmy	17	DEGLA	36.34
7	Abdelkrem Ashraf Abood	16	Bank Ahly Alex	36.39
8	Omar Ibrahim Assem Ibrahim	16	AHLY	36.64
9	Abdalla Feisal Ibrahim	16	ZMALK	36.66
10	Ali El Din Mohamed Mostafa	16	Al Shehk Zaeid	36.73

Heat 13 of 23 Prelims

1	Hassan Osama Mohamed Saa	16	HELOP	36.30
2	Omar Ihab Ismail	17	ZMALK	36.08
3	Ahmed Hany	17	Smouha	35.90
4	Youssef Mohamed Mokhtar	17	AHLY	35.80
5	Amr Dakroury Hassan Ali	16	6 OCT	35.67
6	Yousef Ahmed Yousef	16	SHOOT	35.73
7	Yousef Ahmed Hamdy	17	6 OCT	35.87
8	Omar Mahmoud Mohamed	16	DEGLA	35.90
9	Mahmoud Ahmed Ebrahim Z	16	Alexandria	36.10
10	Ali Khaled Ali Abdalla	19	HLWAN	36.31

Heat 14 of 23 Prelims

1	Ahmed Khaled Mamdouh	16	AHLY	35.46
2	Khaled Tarik Alaam	16	Smouha	35.29
3	Mahmoud Tarik Mahfouz	16	SHOOT	35.17
4	Mohamed Souliman Salem	19	AHLY	35.16
5	Yosef Mohamed Al Hady	16	SHOOT	35.11
6	Mostafa Hesham Ahmed EL A	21	SHAMS	35.14
7	Ahmed Moaataz Saber El-Gaz	16	AHLY	35.16
8	Ahmed Amr Mohamed Abdel	16	SHOOT	35.27
9	Omar Abd El Halim Fath	16	Bank Ahly Alex	35.30
10	Seif Alla Wael Said Al Behery	16	AHLY	35.65

Heat 15 of 23 Prelims

1	Omar Khairy Ali	19	ZMALK	35.01
2	AbdAllah Ashraf	16	Smouha	34.97
3	Yossef Gamal Rashed	17	GHABA	34.82
4	Adham Ibrahim Mohamed	18	6 OCT	34.68
5	Abdel Rahman Ahmed Mosta	16	TWFIK	34.60
6	Seif El Din Ahmed Salah Moh	16	SHOOT	34.68
7	Ahmed Shehab Mohamed Ezz	16	ZMALK	34.73
8	Marawan Akram Sayed	16	AHLY	34.96
9	Ahmed Ashraf Abdel Monaen	16	AHLY	35.00
10	Karim Waled Hossam El Din	16	SHOOT	35.01

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Heat 16 Prelims (#201 Men 13 & Over 50 LC Meter Breaststroke)

1	Eyad Osama Awad	16	DEGLA	34.41
2	Abdullah Imad al-Din Fathi	16	Elethead	34.26
3	Mohamed Hesham Hassan Ib	18	6 OCT	34.20
4	Ahmed Taha Abd El Raouf	16	DEGLA	34.02
5	Ali Soliman Salem	23	AHLY	33.95
6	Marwan Tamer	16	Smouha	34.02
7	Omar Yaser Ahmed Nasar	16	AHLY	34.08
8	Abdel Rahman Ahmed Sabry	16	MAADI	34.23
9	Abd El Aziz Hanafe Ahmed	17	TALBE	34.34
10	Youssef Maged Mohamed	16	AHLY	34.48

Heat 17 of 23 Prelims

1	Omar Hossam Moahmed	16	GOLDY	33.77
2	Khaled Mohamed abd Elmon	17	Cairo	33.61
3	ali Mohamed ali	16	DEGLA	33.48
4	Ahmed Shawkat Hassan Nasr	16	MAADI	33.41
5	Ramy Nabil Faeid Beshay	17	SHOOT	33.19
6	Zyad Dyaa Adel AbdelAlem	16	6 OCT	33.35
7	Mohamed Osama abd el Tawz	16	Olympic	33.48
8	Zeyad Mohamed Farou2	16	M.Askaria Alex	33.52
9	Yousof Ihab Mohamed ElSaye	17	Bank Ahly Alex	33.67
10	Youssef Mohamed Salem	17	GHABA	33.85

Heat 18 of 23 Prelims

1	Yehya Ashraf Mohamed Ali	16	ZOHUR	33.01
2	Islam Ayman Abdel Aziz	18	ZMALK	32.97
3	Nour El Din Mohamed Mohar	16	ZMALK	32.84
4	Ahmed Mostafa Ahmed Akad	16	TANTA	32.83
5	Ahmed Mahmoud Khalil	20	SHOOT	32.63
6	Mohamed Hossam Eldin Oms	17	AHLY	32.77
7	Hamza Hisham	16	Smouha	32.83
8	Amr Ahmed ElHassanin Al Sh	16	SHAMS	32.88
9	Mohamed Ahmed Abdel Mau	20	6 OCT	32.99
10	Ahmed Haytham Fouad Helm	17	BNKG	33.01

Heat 19 of 23 Prelims

1	Ahmed Ehab Hassan	16	AHLY	32.59
2	Ali Hany Mohamed	16	DEGLA	32.47
3	Fady Ehab Weliam Gad El Ral	17	ZMALK	32.39
4	Karim Tarik Mohamed Abdel	23	6 OCT	32.32
5	Mohamed Ahmed Salah El Di	18	ZOHUR	32.24
6	Yahia Mmdoh	16	Smouha	32.26
7	Mohmed Sherief	16	Cairo	32.33
8	Shehab El Din MoatazBella Al	18	ZMALK	32.42
9	Mohamed Alaa Elkot	17	Smouha	32.55
10	Houssein Hazem Ali Tantawy	17	ZMALK	32.60

Heat 20 of 23 Prelims

1	Omar Osama Mohamed	17	Olympic	32.04
2	Mostafa Hatem Ataia	18	Cairo	31.90
3	Seif El Din Ayman Fekry	18	AHLY	31.79
4	Yassin Yahya Zakriy Ebrahim	16	Alexandria	31.72
5	Omar Mohamed Salah Mowal	16	SHARK	31.52
6	Yousef Nabil Abdel Aziz	17	DEGLA	31.64
7	Mohamed Akram Sayed Mors	18	AHLY	31.77
8	Ahmed Ashraf Mahmoud Har	20	HELDO	31.83
9	Abd El Rahman Tamer Yousef	16	Alexandria	31.91
10	Abd Allah Fawzy Darwish	17	TANTA	32.14

Heat 21 of 23 Prelims

1	Sief Mohamed Mahmoud Mel	17	AHLY	31.33
2	Yousef Mohamed Fawzy	17	HELOP	30.95
3	Faris Mohamed Mashaly	19	Alexandria	30.36
4	Karim Amgad Al Sayed Ali Al	17	SHOOT	29.76
5	Ahmed Kamal Hafez	31	MAADI	28.69
6	Seif El Din Hisham Mohamed	22	AHLY	29.56
7	Ibrahim Taha Ibrahim	19	BNKG	30.09
8	Saif Ahmed abd Elmoniem Er	15	SHAMS	30.70
9	Shady Mahmoud Hammam A	16	MAADI	31.18
10	Marwan Essam Ismaeil	21	Gezira El Ward	31.42

Heat 22 of 23 Prelims

1	Ahmed Galal Abdel Azim	19	SHOOT	31.30
2	Ahmed Yaser Ahmed Nasar	18	AHLY	30.88
3	Faris Mohamed Mashaly	19	Smouha	30.34
4	Omar Hisham Raslan	21	Alexandria	29.71
5	Mohamed Housam Ibrahim	22	AHLY	28.68
6	Mohamed Tamer Mohamd Ka	18	SHAMS	29.50
7	Karim Hatem abd el Sabour	17	Nasr City	30.08
8	Youssef Ayman Ezz Badr	20	AHLY	30.63
9	Zeyad Osama Mohamed	17	Olympic	31.10
10	Omar Yasser Menis	15	Alexandria	31.34

Heat 23 of 23 Prelims

1	Mohamed AbdElKarem AboE	16	M.Askaria Alex	31.27
2	Omar Ehab Ahmed Abo el Ftc	16	SHAMS	30.78
3	Mohamed Amin Sharaf	19	Alexandria	30.25
4	Hassan Yasser Ezzat	20	AHLY	29.68
5	Youssef Ismail Elkamash	23	Alexandria	27.74
6	Daly Dimitrios Chin	21	Alexandria	28.81
7	Abdallah Yasser Mohamed	17	Cairo	30.04
8	Mohand Tarik Mohamed Ali F	18	Smouha	30.45
9	Youssef Talal Mohamed	16	AHLY	31.07
10	Mohamed Zeiad Mohamd Eis	16	SHOOT	31.34

Event 202 Women 13 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Prelims

2	Nour Islam Mohamed	16	AHLY	NT
3	Naghm Wael Ahmed Abdel I	16	SHAMS	NT
4	Rawan Mohamed Farok	16	ENPPI	NT
5	Yasmen Mostafa Reyad	16	AHLY	NT
6	Fraida Amthal Mohamed Kan	16	6 OCT	NT
7	Yara Mohamed Bauomy Abde	16	BNKG	NT
8	Menatalla Mohamed Mahmot	17	ZMALK	NT
9	Sohaila Fouad	20	Alexandria	NT

Heat 2 of 12 Prelims

1	Souhaila Mohamed Mahmoud	17	SHAMS	NT
2	Hana Mostafa Ahmed Hamdy	17	AHLY	NT
3	Nadein Mostafa Mohamed Lo	16	SHOOT	NT
4	Afnan Abdel Hady Hassan Mc	18	ZMALK	NT
5	Meiar Yaser Moahmed Raouf	17	ZMALK	NT
6	Zina Hythem Fayez	16	Cairo	NT
7	Razan Ayman Mohamed	17	AHLY	NT
8	Heba Ibrahim Sayed Abou El	18	ZMALK	NT
9	Aya Mohamed Osama Taha H	17	SHOOT	NT
10	Maiar Ahmed Farok	17	DEGLA	NT

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Heat 3 Prelims (#202 Women 13 & Over 200 LC Meter Freestyle)

1	Malak Hany Mohamed	16	NASR	NT
2	Malak Saad Elkersh	16	AHLY	NT
3	Meiar Mohamed Bauomy Abc	18	BNKG	NT
4	Noor Moh. Samer Eleesh	16	GEZIR	NT
5	Habiba Mohamed Abdel Gany	17	AHLY	NT
6	Hana Amr Mamdouh	17	HELOP	NT
7	Salam Mohamed Hassan Abd	16	6 OCT	NT
8	Klara Essam Adley Nashed	20	SHOOT	NT
9	Menatalla Karim Mohamed	19	SHAMS	NT
10	Malak Haytham Elsayed	16	AHLY	NT

Heat 4 of 12 Prelims

1	Amna Bayomy	16	Alexandria	NT
2	Hla Ahmed Ramzy	17	Smouha	NT
3	Wedad Khaled Said Mohamed	16	ZMALK	NT
4	Souhila Ahmed Kamal	18	GHABA	NT
5	Farah Kmal Batesha	16	Alexandria	2:41.90
6	Reham Mohamed Mahmoud	18	HLWAN	3:15.28
7	Rawan Mahmoud Fouad	17	DEGLA	NT
8	Jana Nabil El Shahat	16	GOLDY	NT
9	Marim Khaled Mohamed	16	NASR	NT
10	Nada Deiaa Mohamed El Saye	19	SHAMS	NT

Heat 5 of 12 Prelims

1	aya Hasan Refaey	16	Al Zaher	2:37.73
2	Nermen Ayman Ahmed	21	ZMALK	2:37.10
3	Mariam Haitham Ahmed	16	Smouha	2:36.39
4	Reem Ayman Salah	16	DEGLA	2:35.13
5	Hala Galal	16	Baladia El Mahal	2:33.71
6	Menatalah Amer Moh. Amer	19	GEZIR	2:34.76
7	Nabila Saad Al Ragaei	16	Stad Mansoura	2:35.69
8	Yassmin Hossam Hamdy	17	GHABA	2:37.08
9	Farida Ayman Ibrahim Ahme	16	6 OCT	2:37.48
10	Toka Ayman Mohamed Moha	16	Bank Ahly Alex	2:39.34

Heat 6 of 12 Prelims

1	Salma Yaser Saad Hassan Hou	16	BNKG	2:33.37
2	Yara Hesham Saad	16	SHOOT	2:32.43
3	Yasmin Ashraf Mohamed	16	ZOHUR	2:32.29
4	Laylan Maged Amen Ibrahim	17	Bank Ahly Alex	2:31.90
5	Mariam Mohamed Omar	19	SHOOT	2:31.05
6	Jolia Amir Wafik	18	Alexandria	2:31.30
7	Naghham Ashraf abd Elrahma	16	Olympic	2:32.12
8	Nada Yehya Badawy Farag	16	6 OCT	2:32.29
9	Ingy Ahmed Mostafa	16	AHLY	2:33.11
10	Farah Mostafa ali	16	DEGLA	2:33.70

Heat 7 of 12 Prelims

1	Jody Essam	16	Smouha	2:30.56
2	Hania Khaled Mohamed Ali	17	Cairo	2:30.24
3	Lama Hesham Wagdy	17	AHLY	2:29.05
4	Allia Ahmed Shawky	16	AHLY	2:28.33
5	Basmala Hisham Fo`ad	19	Ezz El Dekhela	2:27.62
6	Habiba Tarek Hamed	16	DEGLA	2:28.25
7	Rana Ayman Zakaria	17	SHAMS	2:28.98
8	Ingy Khaled Mamdouh	17	DEGLA	2:30.16
9	Marim Amr ElSaban	19	AHLY	2:30.28
10	Mariam Khaleed Moustafa	16	ZMALK	2:30.78

Heat 8 of 12 Prelims

1	Maya Ahmed Adel Ali	16	SHAMS	2:26.93
2	Alaa Ayman Aly Kamel	16	TANTA	2:26.47
3	Engy Ahmed Mokhtar	17	AHLY	2:25.80
4	Reem Osama Abdel Halem	17	AHLY	2:24.36
5	Toqa Mohamed Ahmed Mous	17	AHLY	2:24.20
6	Zina Mohamed Ahmed Elrasf	17	AHLY	2:24.35
7	Haidy Khaled Mostafa	16	Cairo	2:25.40
8	mai Samy Mohamed	18	MAADI	2:25.87
9	Rouba Wael Mostafa	16	ZMALK	2:26.63
10	Mayar Ahmed Atia El Tahlawi	17	AHLY	2:27.03

Heat 9 of 12 Prelims

1	Meiar Khaled Mohamed Hass	18	ZMALK	2:23.52
2	Habiba Haytham El Sayed	16	TANTA	2:22.56
3	Shaza Wael Mostafa	16	ZMALK	2:22.20
4	Salma Yasser Salah El Din Ess	17	HELDO	2:21.82
5	Goumana Karim Mostafa	16	DEGLA	2:21.18
6	Rodaina Khaled Mohamed	16	AHLY	2:21.41
7	Maiya Kamil Samir	18	Alexandria	2:21.90
8	Rokaya Haitham Yehia	16	Alexandria	2:22.42
9	Hana Alaa Kamal El Den	16	Alexandria	2:23.07
10	Mariam Galal Saied	17	SHAMS	2:23.91

Heat 10 of 12 Prelims

1	Hager Hossam Mousad	16	SHAMS	2:19.78
2	Haidy Adel Mohamed Samy S	16	HELDO	2:18.35
3	Lojin Hossam El din Mokhtar	17	Alexandria	2:14.93
4	Dina Khaled Elgaloly	18	Alexandria	2:11.66
5	Roaya Mohamed Mashaly	20	Alexandria	2:09.05
6	Rawan Hesham Mohamed	17	Cairo	2:10.08
7	Rawan Tamer Mohamed	14	DEGLA	2:12.91
8	Marim AbdElfttah Ahmed	19	Smouha	2:15.48
9	Aya Hossam El Din Abdel Azz	16	SHAMS	2:19.45
10	Nada Fouad Abdel Gawad Ali	16	AHLY	2:20.53

Heat 11 of 12 Prelims

1	Monera Ibrahim Basyony	19	Smouha	2:19.64
2	Habiba Hatem Abdel Moaty M	17	AHLY	2:15.91
3	Sara Soliman Said	14	AHLY	2:13.78
4	Fareieda Ayman Samra	14	SHOOT	2:10.58
5	Sandy Ayman Atef	18	AHLY	2:07.96
6	Asmaa El Sayed Abd El Raof	18	Bank Ahly Alex	2:09.85
7	Farida Mohamed Fatthy	16	SHOOT	2:12.91
8	Nour Mohamed Ibrahim Ali	13	Smouha	2:15.11
9	Omeina Maysara Abdel Hame	17	M.ARB	2:19.05
10	Gana Khaled Shaaban	16	AHLY	2:20.10

Heat 12 of 12 Prelims

1	Salma Hossam ElDin Mahmo	17	AHLY	2:19.58
2	Sara Mohamed Bhaa	13	HELOP	2:15.78
3	Gihan Ahmed Abd El Azim Al	14	MAADI	2:13.44
4	Nada Ahmed Othman	19	Bank Ahly Alex	2:10.52
5	Yasmin Mamdouh Mahmoud	19	AHLY	2:06.34
6	Ro`ua Ahmed Farag	16	SHOOT	2:09.09
7	Lojen Deiaa Eldin Abd Elaler	15	DEGLA	2:12.77
8	Malak Mohamed Abd El Gabe	14	Bank Ahly Alex	2:15.08
9	Farah Omar Mohamed Abu R	23	HELOP	2:18.70
10	Aisl Magd El Sayed	18	AHLY	2:19.79

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Event 203 Men 13 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 22 Prelims				
2	Mostafa Mohamed el Said	17	HELOP	NT
3	Amr Hatem Mohamed	18	AHLY	NT
4	Moamen El Saed Soltan	17	TANTA	NT
5	Mohamed Ashraf Moustafa K	24	HELOP	NT
6	Ahmed Hany Mohamed Rohy	22	SHOOT	NT
7	Ahmed Yasser Ahmed	16	ZMALK	NT
8	Omar Ahmed Khaled Alewaa	21	HELOP	NT
9	Shehab Hassan Mohamed	16	GHABA	NT
Heat 2 of 22 Prelims				
1	Ahmed Hisham Mahmoud	16	Cairo	NT
2	Moaaz Hesham Mahmoud	19	Cairo	NT
3	Yosif Elaraby Mohamed	17	Cairo	NT
4	Omer Hisham Farouk Moham	16	DEGLA	NT
5	Farok Akram Elhamy	17	HELOP	NT
6	Sief El Rakhawy	17	Smouha	NT
7	Ahmed Ragab Abbas	16	DEGLA	NT
8	Youseif Kaled El Sayed	22	6 OCT	NT
9	Motaz Tamer Makhlof	17	TANTA	NT
10	Yassin Yahya Zakriy Ebrahim	16	Alexandria	NT
Heat 3 of 22 Prelims				
1	Ahmed Mohssein Zaher Al Hc	17	ZMALK	NT
2	Seif Ahmed Mohamed Shash	16	AHLY	NT
3	Mostafa Islam El Sayed	16	MAY15	NT
4	Mohamed Housam Ibrahim	22	AHLY	NT
5	AbdElrhman Khaled Saied	24	Smouha	NT
6	Eyad Mohamed Sayed Ahmec	17	HELDO	NT
7	Mohamed Wael abd el Minar	16	Alexandria	NT
8	Youssef Samir Rady	16	AHLY	NT
9	Omar Mohamed Khater Al Dc	18	6 OCT	NT
10	Mohanaad Emaad Elhoseney	17	Smouha	NT
Heat 4 of 22 Prelims				
1	Mazen Ismail Elkamash	23	Alexandria	NT
2	Omer Khaled Mohamed Masc	22	RWAD	NT
3	Ahmed Diaa	18	Cairo	NT
4	Ahmed Karim Galal Samy Ah	16	MAADI	NT
5	Yassin Hassan A.Karim Saied	16	DEGLA	NT
6	Abdel Rahman Ashraf Fekry I	16	6 OCT	NT
7	Yosef Ashraf Mohamed Gaber	18	AHLY	NT
8	Yousef Mohamed Mansour	18	SHOOT	NT
9	Mohamed Tarik Ramadan	16	GHABA	NT
10	Omar Mohamed Abdel Mona	17	NASR	NT
Heat 5 of 22 Prelims				
1	Mohamed Hussein Ali	17	AHLY	NT
2	Mohamed Nabil Elshaat	18	GOLDY	NT
3	Ahmed Mohamed Khalel	16	M.Askaria Alex	NT
4	Shady Tamer Nabil	18	Cairo	NT
5	Seif ElDin Ihab Mohamed	19	ZMALK	NT
6	Mohamed Ali Sayed Ezzat	17	Al Shehk Zaeid	NT
7	Ali Mostafa Al Menshawy	16	GOLDY	NT
8	Ahmed Walid Ahmed Kamal	16	DEGLA	NT
9	Ali Ashraf Ali	21	Smouha	NT
10	Mahmoud Mohamed Sbas	17	SHOOT	NT

Heat 6 of 22 Prelims

1	Abdelrahman Mohamed el Fc	16	Mansheit Naser	NT
2	Mohamed Adel Abdel Mona`e	19	AHLY	NT
3	Karim Ahmed Al Sayed Metw	24	SHOOT	NT
4	Islam Ayman Abdel Aziz	18	ZMALK	NT
5	Zeyad Amr Saleh El Sayed	17	TANTA	NT
6	Yosef Alla Zaki	16	GHABA	NT
7	Mahmoud Said Mohamed Sa	20	HELDO	NT
8	Ahmed Mohamed Houssny	18	6 OCT	NT
9	Yousef Hesham Adel	18	AHLY	NT
10	Mohamed Yaser Abdel Ghany	16	Raas El Bar Club	NT

Heat 7 of 22 Prelims

1	Karim Mokhtar Ghobashy	19	AHLY	NT
2	Yousif Amr Mahmoud	16	RWAD	1:16.55
3	Eyad Mohamed Saad Ahmed	16	6 OCT	1:15.07
4	Abd Elrahman Emad Fathe E	17	GEZIR	1:13.49
5	Omar Ahmed Abou Bakr	16	SHOOT	1:12.27
6	Omar Magdy Mostafa	16	DEGLA	1:13.12
7	Seif Ahmed Said Sayed	16	ZMALK	1:14.50
8	Mostfa Eyd Mohamed Eyd	16	6 OCT	1:16.15
9	Monzer Elbashk Loay	16	Smouha	NT
10	Ahmed Mohamed Tawfik Ebr	19	Nasr City	NT

Heat 8 of 22 Prelims

1	Seif Eldin Ahmed Salah El Ha	16	MAADI	1:11.59
2	Zeiad Khairy Ali	16	ZMALK	1:11.04
3	Mohamed Ehab Abdalla	17	SHAMS	1:09.92
4	Yusef Fawzy Farag	18	HELOP	1:09.50
5	Mahmoud Tarik Mahfouz	16	SHOOT	1:09.17
6	Abdel Rahman Ahmed Kamal	16	HELDO	1:09.17
7	Ahmed Khaled Gamal Thabet	16	AHLY	1:09.64
8	Sief El Din Mahmoud Zaher	19	ZMALK	1:10.51
9	Ali Khaled Ali El Bana	16	DEGLA	1:11.34
10	ali Mohamed ali	16	Cairo	1:12.14

Heat 9 of 22 Prelims

1	Adel El Saed El Eraky	17	Baladia El Mahal	1:08.70
2	Khaled Mohamed Khater Al E	16	6 OCT	1:07.89
3	Omar Khairy Ali	19	ZMALK	1:07.58
4	Mohanad Mohamed El Saada	16	DEGLA	1:07.49
5	Mohanad Ashraf Farok Rashv	16	ZOHUR	1:07.33
6	Eyad Ahmed Mohamed	16	DEGLA	1:07.49
7	ezz Aldin Ahmed Shaker	17	Nasr City	1:07.53
8	Ziyad Hazem Mohamed	16	DEGLA	1:07.61
9	Ziad Mohamed El Sayed	16	DEGLA	1:08.01
10	Yahia Mhmod Ahmed Agamy	16	Smouha	1:09.11

Heat 10 of 22 Prelims

1	Karim Abou Bakr Mahmoud	16	MAY15	1:07.14
2	Mohamed Ahmed Abdel Mau	20	6 OCT	1:06.65
3	Basel Hussein Ibrahim	20	TRSAN	1:06.19
4	Ali Houssein Nasr El Din Hou	16	AHLY	1:06.13
5	Omar Mohamed Saad Abdel	16	6 OCT	1:05.98
6	Mo`az Mohamed Adham	16	Smouha	1:05.99
7	Aly Mohamed Samy Tantawy	16	Alexandria	1:06.16
8	Hassan Essam Hassan	16	ZOHUR	1:06.35
9	Mostafa Mohamed Eisa	16	TALBE	1:06.98
10	Khaled Ehab El Tayeb	19	DEGLA	1:07.21

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Heat 11 Prelims (#203 Men 13 & Over 100 LC Meter Butterfly)

1	Mazin Amr Alj Hassan	16	6 OCT	1:05.57
2	Mostafa Hossam AbdElsalam	17	Smouha	1:05.53
3	Mohamed Ahmed Farouk	16	TWFIK	1:05.30
4	abd el Monaam Ahmed abd E	16	Cairo	1:05.20
5	Amir Ramadan Sayed Ramad	17	6 OCT	1:05.13
6	Moataz Ayman Abdel Aziz	16	ZMALK	1:05.20
7	Ahmed Waled Mohamed Oss	16	ZMALK	1:05.21
8	Ehab Amr Ali Mohamed Ghar	17	MAADI	1:05.50
9	Mhmod Hisham	16	Smouha	1:05.54
10	Mazen Zakaria Abdel Monaer	17	BNK.G	1:05.65

Heat 12 of 22 Prelims

1	Mahmoud Ehab Mahmoud Al	16	6 OCT	1:04.96
2	Mohamed Ahmed Elnagdy	17	AHLY	1:04.90
3	Ahmed HiShame	16	SHOOT	1:04.87
4	Fady Ehab Weliam Gad El Ral	17	ZMALK	1:04.79
5	Ahmed Sameh Mostafa	16	NASR	1:04.37
6	Andro Yousif Saleb	16	Y.M.C.A	1:04.54
7	Yousef Wael Mohamed Abdl /	16	SHOOT	1:04.81
8	Marawan Elsayed Ali	16	AHLY	1:04.89
9	Marwan Mohamed Ezz El Dav	19	ZMALK	1:04.93
10	Ibrahim Mohamed Ibrahim	17	SHOOT	1:05.09

Heat 13 of 22 Prelims

1	Ahmed Mohamed Yousry	19	Ezz El Dekhela	1:04.31
2	Selim Waled Mohamed Al Sh	16	SHOOT	1:04.27
3	Mohamed Attef Abdel Ghany	16	AHLY	1:03.99
4	Mahmoud Sherif	17	ZMALK	1:03.89
5	Seif Mohamed Deiaa	17	DEGLA	1:03.77
6	Ahmed Ashraf Abou El Fetoul	16	ENPPI	1:03.79
7	Mostafa Mohamed Moastafa	17	ZMALK	1:03.97
8	Ahmed Mohamed Ibrahim	18	M.ARB	1:04.18
9	Omar Khaled Al Sayed Ayad	16	AHLY	1:04.29
10	Mohamed Mostafa Mohamed	17	Smouha	1:04.34

Heat 14 of 22 Prelims

1	Zeiad Ibrahim Ahmed Ahmec	16	DEGLA	1:03.69
2	Mahmoud Amr Ahmed Mahn	16	MAADI	1:03.60
3	Youssef Moustafa	19	Police Club	1:03.48
4	Mahmoud Ayman Mahmoud	16	Bank Ahly Alex	1:03.26
5	Ali Mohamed Ali Souliman	17	TWFIK	1:03.20
6	Mostafa Hany Ahmed Al Bad	17	ZMALK	1:03.25
7	Mohamed Alaa Elkot	17	Smouha	1:03.33
8	Waled Gameil Atteia	17	ZMALK	1:03.54
9	Mohamed Hesham Hassan Ib	18	6 OCT	1:03.61
10	Yossef Mohsen Abuwafa	16	Alexandria	1:03.73

Heat 15 of 22 Prelims

1	Aser Amgad Lotfy	19	AHLY	1:03.13
2	Omar Ahmed Al Sayed Metw	16	SHOOT	1:02.91
3	Adham Mahmoud Sayed Helr	17	TRSAN	1:02.91
4	Mazen Mohamed Mohamed C	17	6 OCT	1:02.81
5	Mohamed Yaser Abdel Kader	17	ZMALK	1:02.70
6	Ahmed Ramadan Abdel Fatta	16	AHLY	1:02.73
7	Ali Mohamed Abo Taleib	16	DEGLA	1:02.91
8	Zien ElDin Mahmoud	16	Alexandria	1:02.91
9	Mohamed Sherif Mohamed G	16	TRSAN	1:03.03
10	Omar Adel Abdel Hamed	16	ZOHUR	1:03.20

Heat 16 of 22 Prelims

1	Shehab Ashraf	16	DEGLA	1:02.65
2	Mohamed Ahmed Salah	16	Smouha	1:02.56
3	Basel Mohamed Zaghlo	17	GHABA	1:02.13
4	Ali Amr Saad	18	AHLY	1:01.92
5	Mohamed Abdel Naser Ali	18	SHOOT	1:01.55
6	Ahmed Kamal Hossny abd Al	20	Nasr City	1:01.56
7	Abdel Rahman Ali Mohamed	17	SHAMS	1:01.97
8	Abd Elrahman Shwaky Abd E	16	NASR	1:02.42
9	Nour El Din Ahmed Al Wasen	20	TWFIK	1:02.63
10	Yousif Mohamed Khalaf	17	Smouha	1:02.67

Heat 17 of 22 Prelims

1	Mohanad Mamdouh Shahen	19	SHAMS	1:01.48
2	Abdel Rahman Ehab Mostafa	16	AHLY	1:01.16
3	Mohamed Hesham Mohamed	17	ZOHUR	1:01.14
4	Mostafa Khaled Mahmoud	17	SHAMS	1:00.96
5	Ahmed Housam El Din Ahme	16	6 OCT	1:00.90
6	Ahmed Mohamed Fahmy	19	DEGLA	1:00.92
7	Omar Zaher Ahmed	17	DEGLA	1:01.13
8	Abdel Rahman Ahmed Ali Mo	16	SHAMS	1:01.15
9	Ahmed Khaled Elsiad	20	Ezz El Dekhela	1:01.48
10	Mohamed Mostafa El Feiky	17	DEGLA	1:01.54

Heat 18 of 22 Prelims

1	Hamza Adham Amin	18	AHLY	1:00.81
2	Hazim Nabil Mohamed Abdel	17	ZMALK	1:00.57
3	Mohamed Attef Yassin	18	AHLY	1:00.57
4	Ziad Yaser Ahmed	19	Alexandria	1:00.53
5	Omar Magdy Mohamed	17	GOLDY	1:00.39
6	Mohamed Hossam Eldin Oma	17	AHLY	1:00.43
7	AbdelRahman Nabel AbdEIM	19	GHABA	1:00.56
8	Ali Hany Mohamed Al Soghai	16	SHAMS	1:00.57
9	Adham Hany Kamal Abdel Az	16	HELDO	1:00.65
10	Ahmed Essam Mohamed	16	Cairo	1:00.85

Heat 19 of 22 Prelims

1	Ahmed Tarek Mohamed	14	SHOOT	1:00.23
2	Mohamed Mourad Mohamed	16	Alexandria	1:00.05
3	Kariem Riyad Fawzy	18	DEGLA	59.64
4	Selim Moh. Ahm. Moktar Has	14	GEZIR	59.48
5	Saied Mohamed Abd Elgawac	15	Alexandria	59.38
6	Zeiad Sophy Mohamed	18	GHABA	59.39
7	Gamal Aymn Gamal abd el M	15	SHAMS	59.51
8	Mostafa Ahmed Mohamed Es	16	TANTA	59.95
9	Yassin Emad Abd Elhakim	15	Alexandria	1:00.13
10	Omar Ahmed Abdel Lattef	18	AHLY	1:00.34

Heat 20 of 22 Prelims

1	Karim Tarik Mohamed Abdel	23	6 OCT	59.13
2	Karim Medhat Badr Mohame	19	Smouha	58.67
3	Ahmed Bahgat Mohamed	23	AHLY	56.98
4	Ibrahim Ahmed Ibrahim	17	Alexandria	55.82
5	Abdel Rahman Mohamed Adr	20	AHLY	54.61
6	Marwan Ismael Elkmash	25	Alexandria	55.33
7	Omar Ahmed Ibrahim Eid	22	HELDO	56.35
8	Moustafa Maher Ahmed	19	GHABA	57.50
9	Sief Mohamed Mahmoud Mel	17	AHLY	58.85
10	Yehya Emad El Din Sophy	19	SHOOT	59.33

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Heat 21 Prelims (#203 Men 13 & Over 100 LC Meter Butterfly)

1	Karim Hassan Moh. El Hoshy	16	GEZIR	58.94
2	Omar Mohamed Taha Radwa	18	Smouha	57.81
3	Ali Mohab AbdelRaouf Ali	21	HELOP	56.93
4	Mohamed Ahmed Abd Elbak	18	Alexandria	55.52
5	Mohamed Samy Mohamed	21	AHLY	54.28
6	Khaled Abdel Naser Ali	19	SHOOT	55.18
7	Yousif Tarik Reda	16	HELOP	56.24
8	Eslam Mohamed Elhamy	17	SHAMS	57.46
9	Yassin Ayman Ali Toulba	15	SHOOT	58.71
10	Youssef Ragaab	19	Alexandria	59.26

Heat 22 of 22 Prelims

1	Mostafa AbdAllah Mohamed	16	M.Askaria Alex	58.91
2	Hesham Wael Makram	19	AHLY	57.62
3	Mohamed Ahmed Mohamed	18	TANTA	56.66
4	Hassan Yasser Ezzat	20	AHLY	55.36
5	Omar Ahmed Essa	22	AHLY	53.03
6	Ahmed Khaled Rateb	17	AHLY	54.83
7	Ahmed Hatem abd el Sabour	19	Nasr City	56.14
8	Mohamed Yasser Karam	16	Cairo	57.41
9	Mohamed Adel Ahmed Bahg	18	ZOHUR	58.70
10	Ahmed Reda Mahmoud Abo	17	AHLY	59.20

Event 204 Women 13 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

4	Ola Waled	17	Alexandria	NT
5	Fagr Raafat Abdel Hafez	18	SHAMS	NT
6	Malak Akmal Mohamed	17	6 OCT	NT
7	Farah Adham Mohamed Tala	16	6 OCT	NT

Heat 2 of 8 Prelims

1	Rawan Mohamed Emam	17	DEGLA	NT
2	Sama Hesham Saber	16	DEGLA	NT
3	Gana Amr Sayed	16	AHLY	NT
4	Reham Mohamed Mahmoud	18	HLWAN	4:21.13
5	Menatallah Hassan Ragab	17	Bank Ahly Alex	3:41.76
6	Esteifany Ashraf Habib	18	GHABA	3:55.00
7	Rahma Ahmed Hesham Moh	17	HELDO	NT
8	Yara Ahmed A.Rahman Ahme	18	ZMALK	NT
9	Jana Tarek Ahmed	16	Alexandria	NT
10	May Gamal Awad	19	ZOHUR	NT

Heat 3 of 8 Prelims

1	Menna Mohamed Fouad Shou	18	GHABA	3:34.43
2	Nour Medhat Farouk	17	GOLDY	3:29.66
3	Nour Nader Mohamed	17	AHLY	3:21.19
4	Eman Mohamed Ahmed	16	DEGLA	3:20.39
5	Yara Medhat Mahmoud	16	ZMALK	3:17.88
6	Maryem Elrazaz	16	Police Club	3:18.23
7	Reem Ayman Salah	16	DEGLA	3:20.69
8	Jody Essam	16	Smouha	3:26.34
9	Alia Adel Mahros	16	DEGLA	3:30.99
10	Maiya Mohamed Abd El Hami	16	Alexandria	3:35.82

Heat 4 of 8 Prelims

1	Gana Akmal Nabil Ahmed Al	16	SHOOT	3:15.85
2	Raghdan Emad Bayomy	16	DEGLA	3:15.09
3	Wessam Kamal Mohamed	16	MAY15	3:13.44
4	Wedad Khaled Said Mohamed	16	ZMALK	3:11.50
5	Radwa Abdel Mogeid Abdou	16	MAY15	3:09.07
6	Sara Mohamed Korany	16	AHLY	3:09.43
7	Yara Adel Mohamed Abdwah	16	M.Askaria Alex	3:13.28
8	Salma Said Hanfe	16	DEGLA	3:14.87
9	Maram Mohamed Omar	17	SHOOT	3:15.48
10	Shahd Islam Abdel Latif Shen	16	HELDO	3:16.01

Heat 5 of 8 Prelims

1	Yasmen Mostafa Reyad	16	AHLY	3:05.74
2	Sandra Ahmed Abd El Aziz	16	TANTA	3:03.66
3	Farah Emad Mohamed Ebrah	16	Al Hawar	3:02.50
4	Zena Wael Mohamed Ezzat	17	SHOOT	3:01.38
5	Logien Mostafa Mohamed	16	AHLY	2:59.88
6	Yara Yaser Yahia	17	Cairo	3:01.11
7	Mariam Mohamed Ibrahim	16	Cairo	3:01.95
8	Ranim Mohamed Wagih	16	Bank Ahly Alex	3:03.33
9	Haidy Ashraf Farouk	20	ZOHUR	3:03.77
10	Gana Essam Abdelrhman Mo	16	6 OCT	3:08.27

Heat 6 of 8 Prelims

1	Malak Mohamed Haytham Ra	16	SHOOT	2:59.31
2	Rawan Wael	13	GHABA	2:57.53
3	Maryem Ahmed Khalifa Moh	19	Bank Ahly Alex	2:53.21
4	Sara Elhamy Foad Abd El Sall	13	MAADI	2:50.23
5	Sara Soliman Said	14	AHLY	2:39.53
6	Dina Mosaad El Taiybe	15	Alexandria	2:43.01
7	Farah Tarik Abdel Fattah	17	SHAMS	2:52.18
8	Toka Ahmed Khalifa Mohame	15	Bank Ahly Alex	2:56.34
9	Hoda Hosam Hosny	15	DEGLA	2:58.67
10	Nouran Salah Fahmy	15	Alexandria	2:59.86

Heat 7 of 8 Prelims

1	Rana Osama Abdel Halem	17	AHLY	2:59.26
2	Nour Ibrahim Abdel Ghafar	14	DEGLA	2:57.38
3	Hedy Amr Moustafa Hamoud	19	HELOP	2:53.06
4	Goudy Abdelhalem Fathala Z	13	Bank Ahly Alex	2:48.70
5	Rewida Hisham Tolba Ibrahim	23	AHLY	2:38.99
6	Souhaila Abou El Mgd Ahme	17	6 OCT	2:41.27
7	Gana Nasr El Din Ali	14	Alexandria	2:50.48
8	Salma Ashraf Mouhssein	17	Al Hawar	2:55.20
9	Tasneem Mohamed Rashad	15	RWAD	2:58.01
10	Noran Khaled Saad	16	Smouha	2:59.46

Heat 8 of 8 Prelims

1	Shahd Mohamed Ismael	13	Smouha	2:58.91
2	Noran Ibrahim Elbially	16	Smouha	2:56.51
3	Younna Osama Hussein	17	AHLY	2:52.89
4	Laila Ahmed Adel El Kholy	14	MAADI	2:46.46
5	Rawan Tamer Mohamed	14	DEGLA	2:38.16
6	Nada Ahmed Samer	18	Alexandria	2:40.81
7	Yassmin Amr Ali	18	6 OCT	2:50.26
8	Mariam amr Mohamed	13	DEGLA	2:54.44
9	Shantal Essam Rimon Nassan	23	GEZIR	2:57.98
10	Nour Amr Ibrahim	17	Alexandria	2:59.46

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-25-2018 Prelim

Event 205 Men 13 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Prelims				
4	Ahmed Atef Abdelatef	21	Bank Ahly Alex	NT
5	Omar Amr Allaa El Din	19	AHLY	NT
6	Seif Eldin Ihab Mohamed	19	ZMALK	NT
7	Omar Osama Mohamed Shaw	16	ZOHUR	NT
Heat 2 of 8 Prelims				
1	Omar Tamer Mmdoh	17	Smouha	NT
2	Hashem Mohamed Ibrahim	19	AHLY	NT
3	Ahmed Hassan Mohamed Ad	16	AHLY	NT
4	Ahmed Adel Mohamed Mesel	18	AHLY	NT
5	Yassin Essam Mohamed El D	17	SHAMS	NT
6	Seif Ashry Kaseem	16	Canal El Suez	NT
7	Yousef Nabil Abdel Aziz	17	DEGLA	NT
8	Abd Allah Ahmed Saad Bond	17	Alexandria	NT
9	Shehab Hassan Mohamed	16	GHABA	NT
10	Essam Ahmed Mohamed Ess	16	AHLY	NT
Heat 3 of 8 Prelims				
1	Mohamed Samy Mohamed	21	AHLY	NT
2	Marwan Ahmed Adel	16	DEGLA	NT
3	Mohamed Mamdoh Khalil Mc	16	TRSAN	5:42.64
4	Zeiad Adham Mohamed Ahm	17	BNKG	5:34.99
5	Selim Waled Mohamed Al She	16	SHOOT	5:30.15
6	Feloubater Basem Farouk	16	SHAMS	5:33.60
7	Ahmed Ashraf Salah	17	DEGLA	5:42.40
8	Ahmed Osama Hisen	16	Alexandria	5:48.00
9	Ahmed Khaled Moustafa	18	ZMALK	NT
10	Ahmed Reda Mahmoud Abo	17	AHLY	NT
Heat 4 of 8 Prelims				
1	Foad Mostafa Mohamed	17	Bank Ahly Alex	5:25.20
2	Amar Yaser Salah Mahmoud	17	ZMALK	5:23.84
3	Nail Gaber Awad	17	Raas El Bar Club	5:22.46
4	Mohamed Mostafa Barka	16	Smouha	5:20.83
5	Seif Ahmed Amin Abdallah	16	Alexandria	5:16.13
6	Mostafa Ashraf AbdElHamed	21	BNKG	5:20.62
7	Karim Ehab Abdel Kader	16	ZMALK	5:21.82
8	Zeyad Amr Saleh El Sayed	17	TANTA	5:22.65
9	AbdAllah Ashraf	16	Smouha	5:24.02
10	Ahmed Ashraf Farag	17	AHLY	5:28.68
Heat 5 of 8 Prelims				
1	Amged Yasser Samy Ahmed	16	Al Hawar	5:15.73
2	Mohamed Naser El Din Ibrah	17	ZMALK	5:15.23
3	Karim Ahmed Khaled Elewa	16	SHAMS	5:14.71
4	Abdelwahab Mohamed Tawfi	19	BNKG	5:13.59
5	Hussien Khaled Hussien Kam	16	MAADI	5:12.22
6	Omar Khaled Mohamed	16	HLWAN	5:13.50
7	Abdel Rahman Mohamed Ra	16	AHLY	5:14.23
8	Hazim Nabil Mohamed Abdel	17	ZMALK	5:14.83
9	Adham Hany Kamal Abdel Az	16	HELDO	5:15.50
10	Nader Magdy	16	Smouha	5:15.98

Heat 6 of 8 Prelims

1	Ahmed Alaa El Din Mohamed	16	Al Hawar	5:11.31
2	Aser Amgad Lotfy	19	AHLY	5:06.86
3	Shady Hossam Abdelfatah	16	Raas El Bar Club	5:06.06
4	Marwan Mohamed Abou El E	18	6 OCT	5:02.71
5	Abed El Rahman Ashraf Moul	16	Al Hawar	4:59.56
6	Abd El Rahman Tamer Yousef	16	Alexandria	5:02.00
7	Bahy Amr Ahmed Elbahy	18	Smouha	5:02.95
8	Ahmed Hamada Mohamed M	16	TRSAN	5:06.39
9	Nour Essam Ismail Ossman	23	Gezira El Ward	5:07.80
10	Mohamed Ahmed Salah	16	Al Hawar	5:11.69

Heat 7 of 8 Prelims

1	Mohamed Khaled Mahmoud	16	M.Askaria Alex	4:57.19
2	Omar Osama Mohamed	17	Olympic	4:55.96
3	Saied Mohamed Abd Elgawad	15	Alexandria	4:53.10
4	Omar Hany Abdalla	16	AHLY	4:48.94
5	Salah Mohamed Amin	26	Smouha	4:28.74
6	Karem Magdy Ismail	18	Alexandria	4:39.23
7	Mohamed Moadaz Abdel-Ha	18	AHLY	4:50.77
8	Mahmoud Mohamed Mahmo	17	ZMALK	4:53.89
9	Ramiz Elsaeyd Abdoh	15	DEGLA	4:56.22
10	Fares Mohamed Wafeek	17	AHLY	4:59.23

Heat 8 of 8 Prelims

1	Ali Tarek Hamed	19	DEGLA	4:56.86
2	Zeyad Osama Mohamed	17	Olympic	4:55.11
3	Ahmed Assem Goumaa	17	AHLY	4:50.93
4	Yosef Hany Mohamed	16	AHLY	4:46.22
5	Ahmed Hamdy Salem	26	AHLY	4:26.08
6	Yasin Wael Elshmaa	19	Alexandria	4:30.73
7	Selim Moh. Ahm. Moktar Has	14	GEZIR	4:49.98
8	Bassel Hazem Mohamed Farc	16	Smouha	4:53.15
9	Yassin Ayman Ali Toulba	15	SHOOT	4:55.98
10	Mohamed Ashraf Abdel Hay	17	AHLY	4:57.64