

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-27-2018 Prelim

Event 221 Men 13 & Over 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|-----------------------------|-----------------------------|-----|----------------|-----------|
| Heat 1 of 12 Prelims | | | | |
| 4 | ali abd el Latef Galal | 17 | HELOP | NT |
| 5 | Zeiad Mountaser Mohamed | 19 | SHOOT | NT |
| 6 | Ali Khaled Ali Abdalla | 19 | HLWAN | NT |
| Heat 2 of 12 Prelims | | | | |
| 1 | Maikel Fawzy Wadiaa | 16 | AHLY | NT |
| 2 | Mostafa Moahmed Taya3 | 16 | GOLDY | NT |
| 3 | Marawan Akram Sayed | 16 | AHLY | NT |
| 4 | Ahmed Hassan Mohamed Ad | 16 | AHLY | NT |
| 5 | Ziad Mohamed Mahmoud | 16 | DEGLA | NT |
| 6 | Feloubater Basem Farouk | 16 | SHAMS | NT |
| 7 | Omar Amr Allaa El Din | 19 | AHLY | NT |
| 8 | Hamza Hisham | 16 | Smouha | NT |
| 9 | Adham Ashraf Mansour | 16 | DEGLA | NT |
| 10 | Akram Ibrahim Mohamd Hou | 16 | 6 OCT | NT |
| Heat 3 of 12 Prelims | | | | |
| 1 | Mohamed Mouhab Abdel Rac | 23 | HELOP | NT |
| 2 | Seif El Din Hisham Mohamed | 22 | AHLY | NT |
| 3 | Kariem Sherif Mohamed Sam | 22 | SHOOT | NT |
| 4 | Ahmed Mohamed Naem | 16 | DEGLA | NT |
| 5 | Ahmed Galal Abdel Azim | 19 | SHOOT | NT |
| 6 | Ahmed Mokhtar Talaat | 17 | AHLY | NT |
| 7 | amr Ehab Fahmy | 17 | DEGLA | NT |
| 8 | Zeyad Mohamed Farou2 | 16 | M.Askaria Alex | NT |
| 9 | Omar Tarek Sayed | 16 | M.Askaria Alex | NT |
| 10 | Bahy Amr Ahmed Elbahy | 18 | Smouha | NT |
| Heat 4 of 12 Prelims | | | | |
| 1 | Ahmed Hany | 17 | Smouha | 3:07.44 |
| 2 | Mohamed Hasan Mohamd Af | 17 | ZMALK | 3:02.31 |
| 3 | Omar Tamer Mahmoud | 16 | RWAD | 2:59.19 |
| 4 | Ramy Nabil Faeid Beshay | 17 | SHOOT | 2:58.81 |
| 5 | Ali El Din Mohamed Mostafa | 16 | Al Shehk Zaeid | 2:57.49 |
| 6 | Ahmed Taha Abd El Raouf | 16 | DEGLA | 2:57.60 |
| 7 | Kareem Mohamed Eldsoqy | 17 | RWAD | 2:59.15 |
| 8 | Omar Mahmoud Mohamed | 16 | DEGLA | 2:59.71 |
| 9 | Ameer Mohamed Mohamed I | 16 | RWAD | 3:03.98 |
| 10 | Karim Nader | 16 | Smouha | 3:22.66 |
| Heat 5 of 12 Prelims | | | | |
| 1 | Omar Abd El Halim Fath | 16 | Bank Ahly Alex | 2:56.21 |
| 2 | Ahmed Amr Mohamed Abdel | 16 | SHOOT | 2:55.44 |
| 3 | Abdalla Feisal Ibrahim | 16 | ZMALK | 2:52.72 |
| 4 | Ahmed Khaled Mamdouh | 16 | AHLY | 2:50.67 |
| 5 | Karim Waled Hossam El Din | 16 | SHOOT | 2:49.84 |
| 6 | Seif Eldin Ihab Mohamed | 19 | ZMALK | 2:50.19 |
| 7 | Seif El Din Ahmed Salah Moh | 16 | SHOOT | 2:52.56 |
| 8 | Hassan Osama Mohamed Saa | 16 | HELOP | 2:54.82 |
| 9 | Omar Ihab Ismail | 17 | ZMALK | 2:55.44 |
| 10 | Omar Ibrahim Assem Ibrahim | 16 | AHLY | 2:56.44 |

Heat 6 of 12 Prelims

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Ahmed Ashraf Abdel Monaen | 16 | AHLY | 2:49.18 |
| 2 | Omar Hossam Moahmed | 16 | GOLDY | 2:48.52 |
| 3 | Zeiad Khairy Ali | 16 | ZMALK | 2:47.17 |
| 4 | Eyad Osama Awad | 16 | DEGLA | 2:46.30 |
| 5 | Zeiad Adham Mohamed Ahm | 17 | BNK.G | 2:45.98 |
| 6 | Houssein Hazem Ali Tantawy | 17 | ZMALK | 2:46.22 |
| 7 | Ahmed Nader Ahmed | 17 | 6 OCT | 2:46.32 |
| 8 | Abdelkrem Ashraf Abood | 16 | Bank Ahly Alex | 2:47.52 |
| 9 | Youssef Mohamed Salem | 17 | GHABA | 2:48.73 |
| 10 | Omar Yaser Ahmed Nasar | 16 | AHLY | 2:49.30 |

Heat 7 of 12 Prelims

| | | | | |
|----|-----------------------------|----|------------|---------|
| 1 | Yassin Yahya Zakriy Ebrahim | 16 | Alexandria | 2:45.16 |
| 2 | Yousef Ahmed Abdel Wahab | 16 | DEGLA | 2:45.08 |
| 3 | Mohamed Osama abd el Tawz | 16 | Olympic | 2:43.51 |
| 4 | ali Mohamed ali | 16 | DEGLA | 2:43.14 |
| 5 | Mohamed Ahmed Abdel Mau | 20 | 6 OCT | 2:42.08 |
| 6 | Basel Wael Mohamed Faeik | 16 | ZMALK | 2:42.88 |
| 7 | Ahmed Maaataz Saber El-Gaz | 16 | AHLY | 2:43.34 |
| 8 | AbdAllah Ashraf | 16 | Smouha | 2:44.46 |
| 9 | Yousef Hazem Yousef Noufal | 18 | AHLY | 2:45.13 |
| 10 | Omar Khairy Ali | 19 | ZMALK | 2:45.39 |

Heat 8 of 12 Prelims

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Abd El Aziz Hanafe Ahmed | 17 | TALBE | 2:40.72 |
| 2 | Ali Hany Mohamed | 16 | DEGLA | 2:40.21 |
| 3 | Seif El Din Ayman Fekry | 18 | AHLY | 2:39.73 |
| 4 | Yousof Ihab Mohamed ElSaye | 17 | Bank Ahly Alex | 2:38.26 |
| 5 | Abd El Rahman Tamer Yousef | 16 | Alexandria | 2:37.82 |
| 6 | Yahia Mmdoh | 16 | Smouha | 2:37.89 |
| 7 | Zyad Dyaa Adel AbdelAlem | 16 | 6 OCT | 2:38.74 |
| 8 | Yehya Ashraf Mohamed Ali | 16 | ZOHUR | 2:39.78 |
| 9 | Karim Ehab Abdel Kader | 16 | ZMALK | 2:40.67 |
| 10 | Mohmed Sherief | 16 | Cairo | 2:40.78 |

Heat 9 of 12 Prelims

| | | | | |
|----|---------------------------|----|------------|---------|
| 1 | Abd Allah Fawzy Darwish | 17 | TANTA | 2:35.82 |
| 2 | Karim Hatem abd el Sabour | 17 | Nasr City | 2:35.40 |
| 3 | Mohamed Alaa Elkot | 17 | Smouha | 2:34.69 |
| 4 | Ali Tarek Hamed | 19 | DEGLA | 2:34.49 |
| 5 | Adham Hisham Nor | 15 | Smouha | 2:34.27 |
| 6 | Ahmed Ismail Mohamed Isma | 15 | MAADI | 2:34.41 |
| 7 | Mohamed Tamer Mohamd Ka | 18 | SHAMS | 2:34.62 |
| 8 | Mohamed Zeiad Mohamd Eis | 16 | SHOOT | 2:35.15 |
| 9 | Mohamed Ahmed Salah El Di | 18 | ZOHUR | 2:35.58 |
| 10 | Mohamed Amin Sharaf | 19 | Alexandria | 2:37.50 |

Heat 10 of 12 Prelims

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Mostafa Hatem Ataia | 18 | Cairo | 2:33.75 |
| 2 | Omar Osama Mohamed | 17 | Olympic | 2:31.05 |
| 3 | Mahmoud Mohamed Mahmo | 17 | ZMALK | 2:30.37 |
| 4 | Mohand Tarik Mohamed Ali F | 18 | Smouha | 2:26.00 |
| 5 | Faris Mohamed Mashaly | 19 | Smouha | 2:22.13 |
| 6 | Ahmed Kamal Hafez | 31 | MAADI | 2:23.81 |
| 7 | Ahmed Yaser Ahmed Nasar | 18 | AHLY | 2:29.75 |
| 8 | Ibrahim Taha Ibrahim | 19 | BNK.G | 2:30.77 |
| 9 | Ahmed Ashraf Mahmoud Har | 20 | HELDO | 2:32.51 |
| 10 | Omar Khaled Moustafa Al Ha | 14 | MAADI | 2:34.24 |

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-27-2018 Prelim

Heat 11 Prelims (#221 Men 13 & Over 200 LC Meter Breaststroke)

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Mohamed AbdElKarem AboE | 16 | M.Askaria Alex | 2:33.06 |
| 2 | Nour Essam Ismail Ossman | 23 | Gezira El Ward | 2:31.00 |
| 3 | Youssef Talal Mohamed | 16 | AHLY | 2:30.13 |
| 4 | Mohamed Moaataz Abdel-Ha | 18 | AHLY | 2:25.98 |
| 5 | Hassan Yasser Ezzat | 20 | AHLY | 2:18.16 |
| 6 | Omar Hisham Raslan | 21 | Alexandria | 2:22.68 |
| 7 | Mohamed Housam Ibrahim | 22 | AHLY | 2:26.77 |
| 8 | Abdel Rahman Mohamed Abc | 16 | AHLY | 2:30.62 |
| 9 | Daly Dimitrios Chin | 21 | Alexandria | 2:32.00 |
| 10 | Shady Mahmoud Hammam A | 16 | MAADI | 2:33.83 |

Heat 12 of 12 Prelims

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Abdalah Waled el Said | 15 | Alexandria | 2:32.87 |
| 2 | Saif Ahmed abd Elmoniem Er | 15 | SHAMS | 2:30.81 |
| 3 | Zeyad Osama Mohamed | 17 | Olympic | 2:29.85 |
| 4 | Marwan Essam Ismaeil | 21 | Gezira El Ward | 2:25.34 |
| 5 | Youssef Ismail Elkamash | 23 | Alexandria | 2:15.34 |
| 6 | Faris Mohamed Mashaly | 19 | Alexandria | 2:22.61 |
| 7 | Mohamed Ashraf Abdel Hay | 17 | AHLY | 2:26.53 |
| 8 | Saif ELDIn Sameh A.Elmoaez | 15 | DEGLA | 2:30.49 |
| 9 | Yousef Moataz Saber | 19 | AHLY | 2:31.48 |
| 10 | Yousef Mohamed Fawzy | 17 | HELOP | 2:33.78 |

Event 222 Women 13 & Over 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 10 Prelims

| | | | | |
|---|----------------------------|----|-----------------|----|
| 3 | Mayar Ahmed Atia El Tahlaw | 17 | AHLY | NT |
| 4 | Jana Tarek Ahmed | 16 | Alexandria | NT |
| 5 | Shorok Ahmed Mostafa | 16 | SHOOT | NT |
| 6 | Ola Waled | 17 | Alexandria | NT |
| 7 | Ziena Ahmed Abo ElKhir | 17 | Alexandria | NT |
| 8 | Rem Al Morsy Mohamed Al S | 18 | Ghazl El Mahala | NT |

Heat 2 of 10 Prelims

| | | | | |
|----|----------------------------|----|-------|----|
| 1 | Fatma Mohamed Fouad | 20 | GHABA | NT |
| 2 | Dalia A.Azim Mohamed | 16 | DEGLA | NT |
| 3 | Rahma Ahmed Hesham Moha | 17 | HELDO | NT |
| 4 | Zeina Essam Mohamed | 19 | SHOOT | NT |
| 5 | May Mohamed Ibrahim Sayec | 17 | HELDO | NT |
| 6 | Aya Ahmed Mowad Ibrahim | 18 | SHAMS | NT |
| 7 | Wessam Kamal Mohamed | 16 | MAY15 | NT |
| 8 | Farh Abo Alaa Farok | 16 | ZMALK | NT |
| 9 | Salma Allaa Abdel Aziz | 18 | ZMALK | NT |
| 10 | Youmna Khaled Abou El Yaze | 19 | SHAMS | NT |

Heat 3 of 10 Prelims

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Aya Mohamed Osama Taha H | 17 | SHOOT | NT |
| 2 | HebaAllah Emad | 17 | Smouha | NT |
| 3 | Rawan Mohamed Emam | 17 | DEGLA | NT |
| 4 | Farha Ayman Omr Eldieb | 18 | SHOOT | 1:44.11 |
| 5 | Farha Ayman Omar Ali El Din | 18 | SHOOT | 1:41.69 |
| 6 | Safeim Rameiz Salah El Din | 16 | ZMALK | 1:41.90 |
| 7 | Reham Mohamed Mahmoud | 18 | HLWAN | 1:59.79 |
| 8 | Mirna Hassan Metwaly | 19 | Smouha | NT |
| 9 | Shahenda Ibrahim Mostafa | 19 | SHOOT | NT |
| 10 | Rana Mohtdy Mhmoud Husse | 17 | DEGLA | NT |

Heat 4 of 10 Prelims

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Amina Amr Ali Tamy | 16 | 6 OCT | 1:41.11 |
| 2 | Mariam Khaled Abdel Lateif | 17 | DEGLA | 1:38.83 |
| 3 | Nour Medhat Farouk | 17 | GOLDY | 1:37.94 |
| 4 | Asmaa Ramdan Khames Awa | 19 | Bank Ahly Alex | 1:37.75 |
| 5 | Sama Yaser Mohamed Shafeil | 16 | AHLY | 1:36.89 |
| 6 | Alia Adel Mahros | 16 | DEGLA | 1:37.51 |
| 7 | May Gamal Awad | 19 | ZOHUR | 1:37.88 |
| 8 | Maiya Mohamed Abd El Hami | 16 | Alexandria | 1:38.00 |
| 9 | Mariam Mohamed Nabil | 16 | RWAD | 1:39.53 |
| 10 | Menatallah Hassan Ragab | 17 | Bank Ahly Alex | 1:41.33 |

Heat 5 of 10 Prelims

| | | | | |
|----|--------------------------|----|-------------|---------|
| 1 | Menna Mohamed Fouad Shou | 18 | GHABA | 1:35.38 |
| 2 | Sama Hesham Saber | 16 | DEGLA | 1:34.01 |
| 3 | Kareman Osama | 17 | DEGLA | 1:32.40 |
| 4 | Eman Mohamed Ahmed | 16 | DEGLA | 1:32.22 |
| 5 | Nancy Hassan Mohamed | 16 | AHLY | 1:30.72 |
| 6 | Salma Said Hanfe | 16 | DEGLA | 1:30.78 |
| 7 | Malak Akmal Mohamed | 17 | 6 OCT | 1:32.38 |
| 8 | Maryem Elrazaz | 16 | Police Club | 1:33.10 |
| 9 | Jody Essam | 16 | Smouha | 1:34.11 |
| 10 | Roula Ayman Amin Ibrahim | 17 | HELDO | 1:36.56 |

Heat 6 of 10 Prelims

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Yara Adel Mohamed Abdwah | 16 | M.Askaria Alex | 1:30.31 |
| 2 | Reem Ayman Salah | 16 | DEGLA | 1:30.19 |
| 3 | Hana Tadrous Morad Tadrou | 16 | GEZIR | 1:30.17 |
| 4 | Yara Medhat Mahmoud | 16 | ZMALK | 1:29.81 |
| 5 | Wedad Khaled Said Mohamed | 16 | ZMALK | 1:29.23 |
| 6 | Nour Nader Mohamed | 17 | AHLY | 1:29.59 |
| 7 | Raghdan Emad Bayomy | 16 | DEGLA | 1:30.07 |
| 8 | Shahd Islam Abdel Latif Shen | 16 | HELDO | 1:30.18 |
| 9 | Salma Husin Sayed Ahmed | 17 | Bank Ahly Alex | 1:30.29 |
| 10 | Maram Mohamed Omar | 17 | SHOOT | 1:30.65 |

Heat 7 of 10 Prelims

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Henzda Hassan Mohamed | 18 | Elethead | 1:28.67 |
| 2 | Gana Akmal Nabil Ahmed Al l | 16 | SHOOT | 1:27.10 |
| 3 | Radwa Abdel Mogeid Abdou | 16 | MAY15 | 1:26.44 |
| 4 | Sandra Ahmed Abd El Aziz | 16 | TANTA | 1:25.03 |
| 5 | Ranim Mohamed Wagih | 16 | Bank Ahly Alex | 1:24.75 |
| 6 | Haidy Ashraf Farouk | 20 | ZOHUR | 1:24.88 |
| 7 | Gana Amr Sayed | 16 | AHLY | 1:25.83 |
| 8 | Yasmen Mostafa Reyad | 16 | AHLY | 1:26.97 |
| 9 | Fagr Raafat Abdel Hafez | 18 | SHAMS | 1:27.21 |
| 10 | Gana Essam Abdelrhman Mo | 16 | 6 OCT | 1:29.05 |

Heat 8 of 10 Prelims

| | | | | |
|----|--------------------------|----|------------|---------|
| 1 | Noran Ibrahim Elbially | 16 | Smouha | 1:23.22 |
| 2 | Youmna Osama Hussein | 17 | AHLY | 1:21.35 |
| 3 | Gana Nasr El Din Ali | 14 | Alexandria | 1:19.77 |
| 4 | Nada Ahmed Samer | 18 | Alexandria | 1:18.16 |
| 5 | Sara Soliman Said | 14 | AHLY | 1:13.96 |
| 6 | Hedy Amr Moustafa Hamoud | 19 | HELOP | 1:17.18 |
| 7 | Rawan Wael | 13 | GHABA | 1:18.91 |
| 8 | Hoda Hosam Hosny | 15 | DEGLA | 1:20.75 |
| 9 | Nour Amr Ibrahim | 17 | Alexandria | 1:22.49 |
| 10 | Yara Yaser Yahia | 17 | Cairo | 1:24.44 |

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-27-2018 Prelim

Heat 9 Prelims (#222 Women 13 & Over 100 LC Meter Breaststroke)

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mariam Mohamed Ibrahim | 16 | Cairo | 1:22.96 |
| 2 | Logien Mostafa Mohamed | 16 | AHLY | 1:21.05 |
| 3 | Malak Mohamed Haytham Ra | 16 | SHOOT | 1:19.58 |
| 4 | Maryem Ahmed Khalifa Moh | 19 | Bank Ahly Alex | 1:17.84 |
| 5 | Souhaila Abou El Mgd Ahmec | 17 | 6 OCT | 1:13.56 |
| 6 | Dina Mosaad El Taiybe | 15 | Alexandria | 1:16.46 |
| 7 | Hana Mostafa Ahmed Hamdy | 17 | AHLY | 1:18.59 |
| 8 | Nouran Khaled Kamal | 18 | AHLY | 1:20.52 |
| 9 | Zena Wael Mohamed Ezzat | 17 | SHOOT | 1:22.12 |
| 10 | Noran Khaled Saad | 16 | Smouha | 1:24.14 |

Heat 10 of 10 Prelims

| | | | | |
|----|-----------------------------|----|------------|---------|
| 1 | Rana Osama Abdel Halem | 17 | AHLY | 1:22.64 |
| 2 | Laila Ahmed Adel El Kholy | 14 | MAADI | 1:20.90 |
| 3 | Yassmin Amr Ali | 18 | 6 OCT | 1:19.48 |
| 4 | Mariam Hossam Aly Sabour | 17 | GEZIR | 1:17.35 |
| 5 | Rewida Hisham Tolba Ibrahim | 23 | AHLY | 1:11.58 |
| 6 | Rawan Tamer Mohamed | 14 | DEGLA | 1:14.47 |
| 7 | Farah Tarik Abdel Fattah | 17 | SHAMS | 1:18.58 |
| 8 | Habiba Hesham Mostafa Har | 15 | MAADI | 1:19.88 |
| 9 | Hana Alaa Kamal El Den | 16 | Alexandria | 1:21.73 |
| 10 | Shantal Essam Rimon Nassar | 23 | GEZIR | 1:23.34 |

Event 223 Men 13 & Over 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 14 Prelims

| | | | | |
|---|---------------------------|----|------------------|----|
| 2 | Eyad Sayed Fadl Alla | 16 | ZOHUR | NT |
| 3 | Mohamed Kaled Shaban | 16 | Raas El Bar Club | NT |
| 4 | Ahmed Osama Hisen | 16 | Alexandria | NT |
| 5 | Mohamed Yousif AbdElrhmai | 17 | Smouha | NT |
| 6 | Mohamed Mamdoh Khalil Mc | 16 | TRSAN | NT |
| 7 | Yousef Khaled Eprahim | 16 | TWFIK | NT |
| 8 | Khaled Tarik Alaam | 16 | Smouha | NT |

Heat 2 of 14 Prelims

| | | | | |
|----|-------------------------|----|------------------|----|
| 1 | Hesham Ahmed Mohamed Na | 17 | TANTA | NT |
| 2 | Amr Khaled Ali | 16 | HLWAN | NT |
| 3 | Ahmed Mohamed Yousry | 19 | Ezz El Dekhela | NT |
| 4 | Mohamed Ehab Abdalla | 17 | SHAMS | NT |
| 5 | Hamza Adham Amin | 18 | AHLY | NT |
| 6 | Yousef Ahmed Yousef | 16 | SHOOT | NT |
| 7 | Omar Walaa Noaaman | 17 | AHLY | NT |
| 8 | Omar Khaled Ahmed | 19 | ZMALK | NT |
| 9 | Shehab Alden Salah Anan | 16 | Raas El Bar Club | NT |
| 10 | Hassan Essam Hassan | 16 | ZOHUR | NT |

Heat 3 of 14 Prelims

| | | | | |
|----|-----------------------------|----|----------------|----|
| 1 | Moataz Ayman Abdel Aziz | 16 | ZMALK | NT |
| 2 | Abdel Reheim Samir Al Shein | 20 | ZMALK | NT |
| 3 | Mahmoud Ahmed Mahmoud | 16 | M.ARB | NT |
| 4 | Mostafa Khaled Mahmoud | 17 | SHAMS | NT |
| 5 | Karem Hisham Mohamed | 16 | Alexandria | NT |
| 6 | Karim Ramy Adel Abdel Ham | 17 | HELDO | NT |
| 7 | Mohamed Mostafa El Feiky | 17 | DEGLA | NT |
| 8 | Abdel Rahman Jamal El Din H | 18 | Elethead | NT |
| 9 | Loai Mohamed Elsabahy | 25 | AHLY | NT |
| 10 | Abdelrahman Mohamed el Fc | 16 | Mansheit Naser | NT |

Heat 4 of 14 Prelims

| | | | | |
|----|----------------------------|----|---------------|----|
| 1 | Adham Khled Ahmed Elqady | 16 | RWAD | NT |
| 2 | Mohamed Waled Mohamed | 18 | ZOHUR | NT |
| 3 | Moaaz Hesham Mahmoud | 19 | Cairo | NT |
| 4 | Abdelrhman Esam Abdalrh | 22 | 6 OCT | NT |
| 5 | Ahmed Khaled Moustafa | 18 | ZMALK | NT |
| 6 | Mohamed Mourad Mohamed | 16 | Alexandria | NT |
| 7 | Amgd Bassam Hekal | 18 | SHOOT | NT |
| 8 | Mahmoud Ashraf Mahmoud | 19 | Canal El Suez | NT |
| 9 | Seif El Din Khaled Mostafa | 17 | SHOOT | NT |
| 10 | Youssef Ragaab | 19 | Alexandria | NT |

Heat 5 of 14 Prelims

| | | | | |
|----|------------------------------|----|------------------|---------|
| 1 | Abd Allah Ahmed Saad Bond | 17 | Alexandria | 4:55.90 |
| 2 | Seif Eldin Ahmed Salah El Ha | 16 | MAADI | 4:52.40 |
| 3 | Omar Magdy Mostafa | 16 | DEGLA | 4:49.52 |
| 4 | Khalid Ahmed Mohamed | 16 | Alexandria | 4:47.91 |
| 5 | Mohamed Mostafa Barka | 16 | Smouha | 4:46.59 |
| 6 | Mahmoud Ahmed Ezzat | 16 | SHOOT | 4:47.61 |
| 7 | Yassin Emad Hamed | 16 | ZMALK | 4:48.61 |
| 8 | Ahmed Saleh ali Kabel | 17 | RWAD | 4:51.14 |
| 9 | Adel El Saed El Eraky | 17 | Baladia El Mahal | 4:54.01 |
| 10 | Yazied Aslam Ebrahim | 16 | Alexandria | 4:59.50 |

Heat 6 of 14 Prelims

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Mohamed Khalied Ahmed Els | 16 | ZMALK | 4:44.31 |
| 2 | Mahmoud Hassan Mostafa | 16 | ZMALK | 4:43.87 |
| 3 | Mostafa Ashraf AbdElHamed | 21 | BNK.G | 4:43.42 |
| 4 | Abdelwahab Mohamed Tawfi | 19 | BNK.G | 4:41.68 |
| 5 | Foad Mostafa Mohamed | 17 | Bank Ahly Alex | 4:39.61 |
| 6 | Yosef Mohssein Zein Al Abed | 18 | M.ARB | 4:40.97 |
| 7 | Mohamed Moustafa Darwish | 16 | DEGLA | 4:43.20 |
| 8 | Yousef Ibrahim Abou El Hass | 18 | 6 OCT | 4:43.67 |
| 9 | Basel Wael Mohamed Faeik | 16 | ZMALK | 4:44.12 |
| 10 | Nooreldeen Fareed Heseen H | 16 | Gezira El Ward | 4:46.57 |

Heat 7 of 14 Prelims

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Mahmoud Ahmed Atia | 19 | Stad Mansoura | 4:38.99 |
| 2 | Mahmoud AmanElDien Moha | 16 | M.Askaria Alex | 4:37.46 |
| 3 | Ashraf Gamal El Din Mahmou | 16 | SHOOT | 4:36.02 |
| 4 | Seif Ramah Essam El Din | 16 | SHOOT | 4:34.75 |
| 5 | Ahmed Ibrahim Abd EL Haka | 17 | SHAMS | 4:34.45 |
| 6 | Mohamed Hossam Ali Abdel l | 16 | 6 OCT | 4:34.50 |
| 7 | Nail Gaber Awad | 17 | Raas El Bar Club | 4:35.79 |
| 8 | Ahmed Maged Mohamed | 16 | Alexandria | 4:36.34 |
| 9 | Omar Ezz El Din Mohamed | 18 | TANTA | 4:38.44 |
| 10 | Ahmed Mohamed Ghobashy | 16 | Smouha | 4:39.47 |

Heat 8 of 14 Prelims

| | | | | |
|----|----------------------------|----|------------|---------|
| 1 | Nader Magdy | 16 | Smouha | 4:34.12 |
| 2 | Amgd Yasser Samy Ahmed | 16 | Al Hawar | 4:30.35 |
| 3 | Omar Ahmed Abdel Aziz You | 17 | ZMALK | 4:29.65 |
| 4 | Mohamed Naser El Din Ibrah | 17 | ZMALK | 4:29.11 |
| 5 | Ali Hany Mohamed Al Soghai | 16 | SHAMS | 4:28.52 |
| 6 | Amr Ayman Abdel Razek | 17 | AHLY | 4:29.01 |
| 7 | Yosef Amr Ali Emad El Din | 16 | 6 OCT | 4:29.35 |
| 8 | Mohamed Hany Mohamed Sa | 16 | TANTA | 4:30.06 |
| 9 | Mohamed Ahmed Abd Elbaky | 18 | Alexandria | 4:31.54 |
| 10 | Seif Ahmed Amin Abdallah | 16 | Alexandria | 4:34.40 |

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Heat 9 Prelims (#223 Men 13 & Over 400 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Ahmed Youssef Ahmed Youss | 22 | AHLY | 4:27.68 |
| 2 | Ahmed Ramadan Abdel Fatta | 16 | AHLY | 4:27.65 |
| 3 | Marwan Mohamed Ezz El Dav | 19 | ZMALK | 4:27.58 |
| 4 | Mohamed Hesham Mohamed | 17 | ZOHUR | 4:27.25 |
| 5 | Kariem Riyad Fawzy | 18 | DEGLA | 4:26.46 |
| 6 | Abd Elrahman Shwaky Abd E | 16 | NASR | 4:26.97 |
| 7 | Mostafa Tamer Mostafa | 16 | AHLY | 4:27.52 |
| 8 | Omar Adel Abdel Hamed | 16 | ZOHUR | 4:27.60 |
| 9 | Ahmed Alaa El Din Mohamed | 16 | Al Hawar | 4:27.68 |
| 10 | Seif Osama Ahmed Farag | 18 | AHLY | 4:27.79 |

Heat 10 of 14 Prelims

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Ali Mohamed Ali Souliman | 17 | TWFIK | 4:26.22 |
| 2 | Ahmed Khaled Abd El Maged | 17 | Bank Ahly Alex | 4:26.04 |
| 3 | AbdElrhman Khaled Saied | 24 | Smouha | 4:25.40 |
| 4 | Youssef Ahmed Nabil | 16 | AHLY | 4:24.94 |
| 5 | Mohamed Nasr Ahmed | 16 | Olympic | 4:24.51 |
| 6 | Shady Hossam Abdelfatah | 16 | Raas El Bar Club | 4:24.66 |
| 7 | Ahmed Ezz l Din Mohamed | 17 | 6 OCT | 4:25.22 |
| 8 | Amr Ahmde Mohamed Fatthy | 17 | SHAMS | 4:25.50 |
| 9 | Zeiad Hany Sayed Abou Al W | 16 | DEGLA | 4:26.11 |
| 10 | Mohamed Alwy Mohamed Ali | 17 | Smouha | 4:26.45 |

Heat 11 of 14 Prelims

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Osama Ahmed Mokhtar | 16 | SHOOT | 4:23.82 |
| 2 | Hussien Khaled Hussien Kam | 16 | MAADI | 4:22.36 |
| 3 | Marwan Mohamed Abou El E | 18 | 6 OCT | 4:20.94 |
| 4 | Bassel Hazem Mohamed Farc | 16 | Smouha | 4:20.17 |
| 5 | Shehab Hossam Mahmoud G | 17 | GHABA | 4:19.50 |
| 6 | Sief Tarek Mohamed Raslan | 18 | TANTA | 4:19.87 |
| 7 | Seif Eldin Mohamed Hassan | 16 | AHLY | 4:20.67 |
| 8 | Saif Eldin Aiman Ahmed | 15 | DEGLA | 4:21.99 |
| 9 | Yousef Sameh Azmy Mohame | 18 | ZMALK | 4:22.82 |
| 10 | Ahmed Essam Mohamed | 16 | Cairo | 4:24.47 |

Heat 12 of 14 Prelims

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Zeyad Haytham Ismail | 17 | AHLY | 4:18.14 |
| 2 | Elhamy Mohamed Mahmoud | 19 | SHAMS | 4:17.67 |
| 3 | Abdelrahman Mohamed Gabr | 20 | GHABA | 4:17.55 |
| 4 | Moustafa Tarik Moustafa | 15 | HELOP | 4:16.50 |
| 5 | amr Mohamed Anter | 14 | ZMALK | 4:15.51 |
| 6 | Ahmed Yasser Bastawesy | 16 | AHLY | 4:15.81 |
| 7 | Mostafa Mohamed el Said | 17 | HELOP | 4:17.23 |
| 8 | Mohamed Hesham Ismsil Hai | 15 | 6 OCT | 4:17.65 |
| 9 | Ahmed Khaled Abdel Hamed | 17 | SHOOT | 4:17.80 |
| 10 | Yosif Ahmed Farouk | 17 | Cairo | 4:18.87 |

Heat 13 of 14 Prelims

| | | | | |
|----|--------------------------|----|------------|---------|
| 1 | Mrawan Mostafa Mowaled | 15 | DEGLA | 4:13.94 |
| 2 | Karem Magdy Ismail | 18 | Alexandria | 4:10.20 |
| 3 | Mazen Mohamed Ahmed Al F | 21 | AHLY | 4:06.16 |
| 4 | Mohamed Hossam AbdElsan | 20 | Smouha | 4:00.81 |
| 5 | Ahmed Akram Abbas | 22 | AHLY | 3:48.06 |
| 6 | Fares Youssef Emara | 16 | AHLY | 3:57.37 |
| 7 | Mohamed Adel Mohamed Me | 17 | AHLY | 4:05.41 |
| 8 | Ahmed Sameh Elsaid | 14 | AHLY | 4:09.05 |
| 9 | Khaled Abdel Naser Ali | 19 | SHOOT | 4:12.74 |
| 10 | Omar Hany Abdalla | 16 | AHLY | 4:14.66 |

Heat 14 of 14 Prelims

| | | | | |
|----|---------------------------|----|------------|---------|
| 1 | Ibrahim Mohamed Yoneis | 18 | ZMALK | 4:13.39 |
| 2 | Mohamed Medhat Mohamed | 19 | AHLY | 4:10.02 |
| 3 | Ahmed Mohamed Lotfy Amei | 20 | AHLY | 4:05.66 |
| 4 | Yasin Wael Elshmaa | 19 | Alexandria | 3:59.42 |
| 5 | Marwan Ismael Elkmash | 25 | Alexandria | 3:46.36 |
| 6 | Marwan Ahmed Elamrawy | 23 | Alexandria | 3:53.63 |
| 7 | Yosef Hany Mohamed | 16 | AHLY | 4:02.91 |
| 8 | Moustafa AbdElhakim Elgam | 18 | Alexandria | 4:07.61 |
| 9 | Mohamed Attef Yassin | 18 | AHLY | 4:11.47 |
| 10 | Fares Mohamed Wafeek | 17 | AHLY | 4:14.13 |

Event 224 Women 13 & Over 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 9 Prelims

| | | | | |
|---|-------------------------------|----|--------|----|
| 4 | Salma Yasser Salah El Din Ess | 17 | HELDO | NT |
| 5 | Souhila Ahmed Kamal | 18 | GHABA | NT |
| 6 | Marim AbdElftah Ahmed | 19 | Smouha | NT |

Heat 2 of 9 Prelims

| | | | | |
|----|------------------------------|----|--------|----|
| 1 | Roula Amr Abdel Aziz | 17 | SHOOT | NT |
| 2 | Rawan Mohamed Farok | 16 | ENPPI | NT |
| 3 | Mariam Mohamed Ekbal | 16 | HELOP | NT |
| 4 | Sara Aly Elhariry Moh. Ekbal | 16 | GEZIR | NT |
| 5 | Reem Osama Abdel Halem | 17 | AHLY | NT |
| 6 | Nada Deiaa Mohamed El Saye | 19 | SHAMS | NT |
| 7 | Yasmin Mamdouh Mahmoud | 19 | AHLY | NT |
| 8 | Lena Anwar Mostafa | 16 | Smouha | NT |
| 9 | Zina Hythem Fayez | 16 | Cairo | NT |
| 10 | Naden Ehab | 19 | Smouha | NT |

Heat 3 of 9 Prelims

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | aya Hasan Refaey | 16 | Al Zaher | NT |
| 2 | Naghham Mohamed Mostafa F | 19 | Bank Ahly Alex | NT |
| 3 | Basant Ahmed Abd Elmoneer | 16 | SHROK | NT |
| 4 | Zeina Essam Mohamed | 19 | SHOOT | NT |
| 5 | Marim Khaled Mohamed | 16 | NASR | 1:34.83 |
| 6 | Nada Waleed Mohamed Mahi | 17 | DEGLA | 1:48.33 |
| 7 | Merat Emad Fayez | 16 | M.Askaria Alex | NT |
| 8 | Hanya Hossam Nabil El Cotor | 21 | GEZIR | NT |
| 9 | Sama Ayman Mouner Hashir | 16 | TRSAN | NT |
| 10 | Salma Hossam AbdElaziz | 17 | Smouha | NT |

Heat 4 of 9 Prelims

| | | | | |
|----|----------------------------|----|------------|---------|
| 1 | Maram Yaser Salah | 16 | ZMALK | 1:29.30 |
| 2 | Ganna Mahmoud Mostafa Ali | 16 | 6 OCT | 1:25.06 |
| 3 | Farida Ayman Ibrahim Ahme | 16 | 6 OCT | 1:22.96 |
| 4 | Mariam Wael Makram | 16 | AHLY | 1:20.55 |
| 5 | Radah Essam Eraky | 17 | SHOOT | 1:20.19 |
| 6 | Farida Essam el den | 16 | Alexandria | 1:20.20 |
| 7 | Menatalla Amr Mohamed | 16 | TRSAN | 1:21.54 |
| 8 | Nermen Ayman Ahmed | 21 | ZMALK | 1:24.60 |
| 9 | Menatalla Mamdouh Khalel | 18 | AHLY | 1:25.49 |
| 10 | Elesya Elya Waghen Beshher | 16 | 6 OCT | 1:29.58 |

National Swimming Championship2018-2019 - 31-Oct-18 to 29-Nov-18

Meet Program - 11-27-2018 Prelim

Heat 5 Prelims (#224 Women 13 & Over 100 LC Meter Butterfly)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Sherein Adel Raafat | 18 | AHLY | 1:17.13 |
| 2 | Hana Ahmed Samir | 16 | DEGLA | 1:16.36 |
| 3 | Mariam Haitham Ahmed | 16 | Smouha | 1:16.25 |
| 4 | Rodaina Khaled Mohamed | 16 | AHLY | 1:15.52 |
| 5 | Magda Mohamed Adel Abas | 16 | Bank Ahly Alex | 1:15.50 |
| 6 | Farida Khaled Mohamed | 16 | GHABA | 1:15.51 |
| 7 | Nagam Mostafa Magdy Abdo | 16 | Al Zaher | 1:15.85 |
| 8 | Haeidy Ayman Mahrous Abde | 18 | SHOOT | 1:16.31 |
| 9 | Inas Walid Ahmed | 16 | AHLY | 1:16.64 |
| 10 | Ingy Khaled Mamdouh | 17 | DEGLA | 1:17.33 |

Heat 6 of 9 Prelims

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Nada Mohamed Ali | 16 | DEGLA | 1:15.17 |
| 2 | Klara Essam Adley Nashed | 20 | SHOOT | 1:13.92 |
| 3 | Nagham Ashraf abd Elrahma | 16 | Olympic | 1:13.68 |
| 4 | Gana Ahmed Mokhtar | 16 | AHLY | 1:13.19 |
| 5 | Naira Mostafa Magdy Abdo | 16 | Al Zaher | 1:12.76 |
| 6 | Lama Hesham Wagdy | 17 | AHLY | 1:12.91 |
| 7 | Hagar Hamdy Abdel Gawad | 17 | HELDO | 1:13.63 |
| 8 | Salma Tamer Elsaied Moham | 16 | Bank Ahly Alex | 1:13.78 |
| 9 | Haidy Khaled Mostafa | 16 | Cairo | 1:14.55 |
| 10 | Noran amr Mahmoud Waly | 16 | M.ARB | 1:15.21 |

Heat 7 of 9 Prelims

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Sara Mohamed Korany | 16 | AHLY | 1:12.21 |
| 2 | Sara Al Moataz Bella Moham | 19 | ZMALK | 1:09.01 |
| 3 | Mariam Abdel-Rahman Sakr | 21 | AHLY | 1:07.90 |
| 4 | Asmaa El Sayed Abd El Raof | 18 | Bank Ahly Alex | 1:06.28 |
| 5 | Mayar Mohamed Gaber | 17 | AHLY | 1:04.67 |
| 6 | Ro`ua Ahmed Farag | 16 | SHOOT | 1:05.73 |
| 7 | Rodaina Mohamed Saad | 13 | DEGLA | 1:07.42 |
| 8 | Shahd Yasser | 16 | Smouha | 1:08.20 |
| 9 | Nihal Khaled Tamam | 16 | Elethead | 1:10.50 |
| 10 | Hader Mohamed Seif El Din A | 17 | TRSAN | 1:12.68 |

Heat 8 of 9 Prelims

| | | | | |
|----|-------------------------------|----|------------|---------|
| 1 | Yara Ahmed A.Rahman Ahme | 18 | ZMALK | 1:11.74 |
| 2 | Souhaila Mohamed Salah | 17 | ZMALK | 1:08.81 |
| 3 | Gihan Ahmed Abd El Azim Al | 14 | MAADI | 1:07.67 |
| 4 | Lojin Hossam El din Mokhtar | 17 | Alexandria | 1:06.25 |
| 5 | Lojen Deiaa Eldin Abd Elalern | 15 | DEGLA | 1:04.15 |
| 6 | Sara Mohamed Hassan | 17 | AHLY | 1:05.49 |
| 7 | Zaina Mohamed Haitham Has | 13 | SHOOT | 1:07.33 |
| 8 | Jana Khalid | 14 | Alexandria | 1:08.17 |
| 9 | Farah Adham Mohamed Tala | 16 | 6 OCT | 1:09.69 |
| 10 | Rahma Hossam Hassan | 16 | Elethead | 1:12.54 |

Heat 9 of 9 Prelims

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Nada Fouad Abdel Gawad Ali | 16 | AHLY | 1:11.34 |
| 2 | Haidy Hosam Nabil Cotore | 19 | GEZIR | 1:08.54 |
| 3 | Rawan Mohamed AboElFadl | 15 | DEGLA | 1:07.47 |
| 4 | Roaya Mohamed Mashaly | 20 | Alexandria | 1:06.02 |
| 5 | Yasmin Mohyeldin Hassn Ali | 17 | Taleaa El Gish | 1:03.78 |
| 6 | Dina Khaled Elgaloly | 18 | Alexandria | 1:05.44 |
| 7 | Nour Mohamed Ibrahim Ali | 13 | Smouha | 1:06.98 |
| 8 | Salma Ahmed Mohamed Ram | 14 | DEGLA | 1:08.14 |
| 9 | Aisl Magd El Sayed | 18 | AHLY | 1:09.19 |
| 10 | Allaa Ashraf Fekry | 18 | 6 OCT | 1:12.30 |