

National Swimming Championship 2017-2018 - 20-Mar-18 to 21-Apr-18

Meet Program - 2-04-2018 Morning

Event 121 Girls 15 Year Olds 50 LC Meter Butterfly

National:		26.45	2015	Mariam Rashed Abdel Monacim	
Lane	Name	Age	Team	Seed	Time
Heat 1 of 8 Finals					
3	Lojen Deiaa Eldin Abd Elal	15	DEGLA	NT	_____
4	Ganna Samir Mohamed Har	15	GHABA	NT	_____
5	Esraa Emad Mohamed	15	SHROK	NT	_____
6	Salma Ali Mohamed	15	DEGLA	NT	_____
7	Ayah Wael Mostafa	15	DEGLA	NT	_____
Heat 2 of 8 Finals					
1	Rowan Mamdoh Aref Ahme	15	6 OCT	NT	_____
2	Rowan Mostafa	15	SHOOT	NT	_____
3	Hana Hossam El Din Wagei	15	ZOHUR	NT	_____
4	Malk Mamduh Hammad	15	HELOP	NT	_____
5	Yasmen Samer Mahmoud	15	AHLY	NT	_____
6	Ganna Mohamed Abdalla	15	SHOOT	NT	_____
7	Fayroz Mohamed Farouk	15	ZMALK	NT	_____
8	Joy Barssom Aghib	15	AHRAM	NT	_____
9	Mai Elsherbiny Mohamed	15	SHROK	NT	_____
10	Rewan Meneam Abd El Raf	15	Bank Ahly Alex	NT	_____
Heat 3 of 8 Finals					
1	Farah Magdy Hisham	15	Police Club	NT	_____
2	Mayar Ayman Mohamed	15	DEGLA	NT	_____
3	Arwa Mohamed Sayed	15	TRSAN	NT	_____
4	Rehab Abdel Moez Zakaria	15	DEGLA	45.65	_____
5	Rahma Farid Shawky	15	DEGLA	44.89	_____
6	Salma Ashraf Houssein	15	ZMALK	45.47	_____
7	Yara Mushir ali	15	DEGLA	57.14	_____
8	Shahd Amin Mohamed Ami	15	Stad Mansoura	NT	_____
9	Farah Amr Abdel Motaleib	15	SHOOT	NT	_____
10	Sara Ali Tawfek Drakoun	15	SHOOT	NT	_____
Heat 4 of 8 Finals					
1	Jana Sherif Mohamed Al Sa	15	ZOHUR	43.76	_____
2	Farah Asam Apo Elhamed	15	SHOOT	41.04	_____
3	Alaa Omar Saad	15	ROYAL	38.52	_____
4	Malak Mohamed Abdalla	15	ROYAL	36.99	_____
5	Shahd Walaa Noaaman	15	AHLY	36.05	_____
6	Rbab Mohmed Ebrahim Sal	15	6 OCT	36.52	_____
7	Shahad Mahmoud Abdel Al	15	SHOOT	38.31	_____
8	Gomana Ammar Shafeek M	15	Nasr City	38.78	_____
9	Hana Tarik Mohamed Ossm	15	ZOHUR	42.88	_____
10	Daren Adel Emam Sayed	15	DEGLA	44.16	_____

Heat 5 of 8 Finals

1	Yara Hatem Fouad Al Gamy	15	ZMALK	35.49	_____
2	Souhaila Mohamed Mostafa	15	ZOHUR	35.32	_____
3	Malak Ahmed Fattouh	15	AHLY	35.06	_____
4	Asrar Ehab Al Sayed	15	GHABA	35.03	_____
5	Yasmin Khaled Mohamed E	15	Smouha	34.92	_____
6	Khadija Khaled Mahmoud M	15	MAADI	34.98	_____
7	Shad Hossam Hantera	15	TANTA	35.04	_____
8	Aaia Mohamed Mostafa	15	DEGLA	35.20	_____
9	Sharouk Yehya Ibrahim	15	GHABA	35.36	_____
10	Malak Mohssein Abdel Mor	15	HLWAN	35.67	_____

Heat 6 of 8 Finals

1	Noran Wael Ali	15	Smouha	34.69	_____
2	Jana Amr Adel Ahmed	15	Alexandria	34.51	_____
3	Hana Tarek Fared	15	SHOOT	34.07	_____
4	Malk Abd Ellatif Galal	15	HELOP	33.67	_____
5	Jana Mohamed Ahmed	15	DEGLA	33.59	_____
6	Farida Ahmed Akel	15	HELOP	33.65	_____
7	Amira Hany Ahmed	15	AHLY	33.93	_____
8	Khadija Ahmed Arafat	15	Alexandria	34.37	_____
9	Bahiya Wael Mansour	15	Alexandria	34.56	_____
10	Mennatullah Ashraf Mahmo	15	HELDO	34.91	_____

Heat 7 of 8 Finals

1	Hana Ahmed Yousof	15	TANTA	33.47	_____
2	Maia Ashraf Hakam	15	DEGLA	32.97	_____
3	Hagar Hassan Abdel Rhman	15	TALBE	32.91	_____
4	Tasneem Mohamed Rashad	15	RWAD	32.69	_____
5	Malak Mohamed Mohamed	15	MAADI	32.44	_____
6	Hana Sameh Ghazy	15	SHOOT	32.48	_____
7	Salma Alaa Mahdy	15	AHLY	32.71	_____
8	Farah Ehab Fo'ad Elhussin	15	Smouha	32.94	_____
9	Leina Waled Farouk	15	SHOOT	33.44	_____
10	Allaa Basam Hekal	15	SHOOT	33.49	_____

Heat 8 of 8 Finals

1	Mena Ahmed Azmy Ahmed	15	Smouha	32.28	_____
2	Kinzy Shref Gabr	15	HELOP	31.87	_____
3	Amina Zaky Mohamed Zak	15	Alexandria	31.68	_____
4	Norhan Mohamed Mohi Elz	15	Smouha	30.68	_____
5	Rawan Mohamed AboEIFad	15	DEGLA	30.21	_____
6	Kanzy Hesham Rashad	15	SHOOT	30.48	_____
7	Jana Ahmed Ebrahim	15	Alexandria	30.75	_____
8	Mariam Emad Hamed Mota	15	ZMALK	31.72	_____
9	Lougin Yousief Ahmed You:	15	SHAMS	31.98	_____
10	Malak Sameh Mohamed	15	AHLY	32.38	_____



National Swimming Championship 2017-2018 - 20-Mar-18 to 21-Apr-18

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Event 122 Girls 13 Year Olds 50 LC Meter Butterfly

National:		27.81	2008		Fareda Hesham Ahmed Osman	
Lane	Name	Age	Team	Seed	Time	
Heat 1 of 13 Finals						
1	Mariam Mahmoud Amin	13	AHLY	NT	_____	
2	Habeba Mohamed Moussa I	13	Olympic	NT	_____	
3	Hana Walid Mohamed	13	AHLY	NT	_____	
4	Hanan Ahmed Mohamed M.	13	Olympic	NT	_____	
5	Hana Mohamed Ali	13	DEGLA	NT	_____	
6	Nour Bahaa Mostafa	13	AHRAM	NT	_____	
7	Baiknam Tarek Gaber	13	DEGLA	NT	_____	
8	Afrosena Sameh Kamel	13	AHRAM	NT	_____	
9	Zena Mahmoud Mohamed M	13	GHABA	NT	_____	
Heat 2 of 13 Finals						
1	Mena Mohamed Abd Elrher	13	NASR	NT	_____	
2	Gana Mohamed abd el Salai	13	AHRAM	NT	_____	
3	Mariam Hany Sayed	13	DEGLA	NT	_____	
4	Salma Osama Sayed	13	Taleaa El Gish	NT	_____	
5	Nareman Mohamed Ibrahen	13	TALBE	NT	_____	
6	Lyla Tamer Ahmed Mgdey	13	6 OCT	NT	_____	
7	Farida Amr Mohamed Abd I	13	SHOOT	NT	_____	
8	Goudy Mahmoud Mohamed	13	AHLY	NT	_____	
9	Laila Mohamed Tarek	13	SHOOT	NT	_____	
10	Malak Mahmod Hassan	13	GHABA	NT	_____	
Heat 3 of 13 Finals						
1	Malak Shrif Hekal	13	NASR	NT	_____	
2	Yomna Mahmod Hassan	13	GHABA	NT	_____	
3	Jana Mohamed abd Tawab	13	MAY15	51.97	_____	
4	Hana Amr El Ashmawy	13	DEGLA	48.41	_____	
5	Menna Alla Mohamed Mou:	13	ZMALK	47.93	_____	
6	Farida Talaat Lotfy Singer	13	HELDO	48.35	_____	
7	Naden Wesam Armia Barsoi	13	GEZIR	48.49	_____	
8	Maya Khaled NourEldin	13	Alexandria	NT	_____	
9	Nour Waled Askar	13	Stad Mansoura	NT	_____	
10	Rawan Wael Abd Elmaasod	13	NASR	NT	_____	
Heat 4 of 13 Finals						
1	Klara Alfred Sabr	13	ZMALK	46.82	_____	
2	Hana Adel Mohamed	13	AHLY	46.10	_____	
3	Lojain Khaled Mohamed	13	Cairo	45.23	_____	
4	Slma Emad Mohamed Mohr	13	6 OCT	44.50	_____	
5	Donia Mohsen Mohamed	13	Cairo	43.52	_____	
6	Yasmin Mohame Elsaid Ism	13	Smouha	43.63	_____	
7	Salsbel abd el Fatah abd All.	13	TRSAN	44.53	_____	
8	Farah Amr Mohamed Essar	13	SHOOT	45.42	_____	
9	Mariam Ahmed Ghatas	13	HLWAN	46.42	_____	
10	Zina Amr	13	Alexandria	47.53	_____	

Heat 5 of 13 Finals

1	Mariam Mohmed Mosaad	13	ZMALK	43.00	_____
2	Mennat Allah Mohamed Kh	13	DEGLA	42.83	_____
3	Nadin Hatem MakramAbd I	13	SHOOT	42.63	_____
4	Jana Ahmed Abdallah	13	DEGLA	41.67	_____
5	Gana Walid Mohamed	13	AHLY	40.97	_____
6	Zenab Wagdy	13	GHABA	41.33	_____
7	Marim Ahmed Farouk	13	AHRAM	42.24	_____
8	Hanen AadelF Hossien	13	TALBE	42.66	_____
9	Haidy Hamdy Rashad	13	ZOHUR	42.92	_____
10	Nariman Yosry El Kilany	13	Alexandria	43.38	_____

Heat 6 of 13 Finals

1	Habiba Ahmed Abd El Fatta	13	DEGLA	40.92	_____
2	Aliya Walid Shalby	13	Alexandria	40.40	_____
3	Habiba Sameh Fahmy	13	HELOP	40.00	_____
4	Sara Sameh Awad Elsaid	13	RWAD	39.83	_____
5	Habiba Mohamed Moustafa	13	HELOP	39.48	_____
6	Marim Zaky	13	Alexandria	39.56	_____
7	Salma Osama Kamal	13	Elethad	39.93	_____
8	Gana Walid Mostafa	13	AHLY	40.07	_____
9	Jana Ashraf	13	Alexandria	40.72	_____
10	Heba Allah Ahmed Yahia M	13	RWAD	40.93	_____

Heat 7 of 13 Finals

1	Mariam Bassem Beshay Mo	13	HELDO	39.26	_____
2	Sana Sameh Abraham ElDe:	13	Police Club	39.17	_____
3	Esraa Nasser Mahdy	13	ZOHUR	39.02	_____
4	Gana Amr Mahmed	13	TAGAM	38.80	_____
5	Hana Ahmed Ateia	13	DEGLA	38.48	_____
6	Kenzy Walid Abdel Ghafour	13	AHLY	38.57	_____
7	Meran Mohammed Ramada	13	TALBE	38.91	_____
8	Nour Reda Mohmed	13	MAY15	39.14	_____
9	Gillan Essam Sayed EL Adl:	13	SHAMS	39.24	_____
10	Salma Mohamed Ewees	13	AHLY	39.34	_____

Heat 8 of 13 Finals

1	Alaa Emadeldeen Ibrahim	13	GHABA	38.32	_____
2	Nour Ahmed Ibrahim Sarha:	13	MAADI	38.07	_____
3	Hana Wael Mohamed	13	ZOHUR	37.99	_____
4	Dorra Hesham Sayed Zahra:	13	DEGLA	37.86	_____
5	Fatma Mohammed Abu Ara:	13	HELDO	37.68	_____
6	Hanin Khaled Ali El Din	13	TANTA	37.83	_____
7	Sama Emad ElDen Mohame	13	NASR	37.93	_____
8	Rwan Ayman Osama	13	ZOHUR	37.99	_____
9	Leila Ahmed Ebrahim Ali E	13	HELDO	38.27	_____
10	Khadija Mohamed Mahmou	13	AHLY	38.39	_____



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Heat 9 Finals (#122 Girls 13 Year Olds 50 LC Meter Butterfly)

1	Salma Samir abd el Azim	13	TRSAN	37.56	_____
2	Marim Mohmed Galal	13	SHOOT	37.28	_____
3	Laila Tarek Bakry	13	HELOP	37.21	_____
4	Nour Ahmed Samer	13	Alexandria	37.02	_____
5	Gana Ahmed Mohamed Abc	13	SHOOT	36.70	_____
6	Laila Osama Abd Elkhalik	13	SHOOT	36.84	_____
7	Sama Tarek Salah	13	DEGLA	37.09	_____
8	Shado Abd Elaziz Fayez Mc	13	SHAMS	37.27	_____
9	Hana Hisham Mohamed Yoi	13	Smouha	37.43	_____
10	Rawda Mohamed Mobark A	13	DEGLA	37.67	_____

Heat 10 of 13 Finals

1	Reham Amr Basha	13	TANTA	36.65	_____
2	Jana Tamer Moh. Essam Elc	13	GEZIR	36.39	_____
3	Jana Hossam El abd	13	Alexandria	36.36	_____
4	Zeina Tamer Zeinhoum	13	AHLY	35.66	_____
5	Rahaf Ahmed Esmaeel	13	ZMALK	35.41	_____
6	Nour Ebrahim Osman	13	Alexandria	35.53	_____
7	Nadin Atef Mohamed	13	AHLY	36.20	_____
8	Jody Mostafa Az El Din	13	ENPPI	36.39	_____
9	Fareda Shreif Halouda	13	HELOP	36.62	_____
10	Sara Saeid Fathy Elsaied	13	Nasr City	36.69	_____

Heat 11 of 13 Finals

1	Malak Hasan Moh. Elhoshy	13	GEZIR	35.13	_____
2	Goudy Ahmed Elsayed	13	AHLY	35.02	_____
3	Salma Khaled Elsayed	13	DEGLA	34.78	_____
4	Rodaina Mohamed Mohame	13	Nasr City	34.48	_____
5	Raghd Mohamed Elsaid Mo	13	Smouha	34.35	_____
6	Somia Ahmed Mohamed	13	GHABA	34.39	_____
7	Malak Tarek El Kady	13	Alexandria	34.50	_____
8	Lana Yasir Mohamed Gama	13	SHOOT	34.99	_____
9	Sarah Hesham Abd El Hami	13	MAY15	35.05	_____
10	Nouran Marawan Ramadan	13	AHLY	35.39	_____

Heat 12 of 13 Finals

1	Rewan Saed Khames Mahm	13	Bank Ahly Alex	34.11	_____
2	Salma Waled Mohamed Els	13	Smouha	34.02	_____
3	Marim Mohamed Osman	13	NASR	33.49	_____
4	Leila Mohamed Ibrahim	13	DEGLA	33.33	_____
5	Zahwa Mohsen Sayed	13	AHLY	33.15	_____
6	Shahd Mohamed Ismael	13	Smouha	33.22	_____
7	Habiba Khalid Ebrahiem	13	TWFIK	33.39	_____
8	Sara Elhamy Foad Abd El S	13	MAADI	33.72	_____
9	Basant Ibrahim Mahmud	13	Gezira El Ward	34.05	_____
10	Hams Sameh Afify Matwaly	13	DEGLA	34.19	_____

Heat 13 of 13 Finals

1	Malak Khaled Mostafa	13	SHOOT	32.59	_____
2	Nily Kareem	13	SHOOT	32.48	_____
3	Malak Khaled Abdel Aziz	13	AHLY	31.99	_____
4	Hana Waled Hassan	13	GHABA	30.92	_____
5	Rodaina Mohamed Saad	13	DEGLA	30.31	_____
6	Nour Mohamed Ibrahim Ali	13	Smouha	30.66	_____
7	Nour Mohamed Hossain	13	SHOOT	31.95	_____
8	Malak Mohamed Mhmoud I	13	Smouha	32.00	_____
9	Gody Ahmed Zaki	13	TANTA	32.48	_____
10	Malak Mohamed Mahmoud	13	MAADI	32.88	_____

Event 123 Boys 15 Year Olds 400 LC Meter IM

National: 4:36.87 2011 Ahmed Akram Mohamed Abas

Lane Name Age Team Seed Time

Heat 1 of 4 Finals

1	Saied Mohamed Abd Elgaw	15	Alexandria	NT	_____
2	Mohamed Mhmod Mohame	15	Smouha	NT	_____
3	Youssef Eslam Farouk	15	AHLY	NT	_____
4	Mohamed Gamal Ebrahim	15	DEGLA	NT	_____
5	Adham Tarek Mohamed Eln	15	SHAMS	NT	_____
6	Aly Haytham Fouad Helmy	15	BNK.G	NT	_____
7	Mrawan Mohmed Abdel Kh	15	SHROK	NT	_____
8	Omar Mohamed Moawad	15	AHLY	NT	_____
9	Yosef Mohamed Hegazy Ha	15	Al Hawar	NT	_____
10	Mohamed Ahmed Al Sherei	15	SHOOT	NT	_____

Heat 2 of 4 Finals

1	Aly Mohamed Abdel Aty	15	AHLY	NT	_____
2	Ahmed Hesham Nageib	15	ZMALK	5:57.96	_____
3	Yousif Khaled Mohamed Af	15	Smouha	5:43.59	_____
4	Ahmed Sameh Awad	15	RWAD	5:39.72	_____
5	Zeiad Hamdy Amin Ossmar	15	ZMALK	5:30.17	_____
6	Ahmed Tarek ali Fatehalla	15	Nasr City	5:37.32	_____
7	Ezz El-Din Ahmed Salah	15	AHLY	5:41.25	_____
8	Marwan Mohamed Abdel A.	15	ZOHUR	5:43.94	_____
9	Ahmed Amr Mohamed	15	HELOP	6:02.76	_____
10	Khaled Ahmed Farouk Ram	15	Cairo	NT	_____

Heat 3 of 4 Finals

1	Mohamed Ahmed Essam Ak	15	Smouha	5:27.23	_____
2	Mohamed Hamed Abas Mas	15	TALBE	5:27.04	_____
3	Karim Kamal Ahmed Mosta	15	6 OCT	5:24.25	_____
4	Nabil Ahmed Mohamed Saa	15	DEGLA	5:22.06	_____
5	Yassin Amir	15	GHABA	5:21.61	_____
6	Zeyad Ahmed abd el Rehim	15	Olympic	5:21.84	_____
7	Ahmed Ali Ateia Ah Bahat	15	Al Hawar	5:23.42	_____
8	Mohamed Ashraf Abdel Gh	15	DEGLA	5:25.54	_____
9	Ziyad Ashraf Osman Taher	15	Alexandria	5:27.21	_____
10	Gamal Metwaly Gamal Mol	15	ZOHUR	5:28.08	_____



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Meet Program - 2-04-2018 Morning

Heat 4 Finals (#123 Boys 15 Year Olds 400 LC Meter IM)

1	Ahmed Rashad Mahmoud	15	DEGLA	5:20.28	_____
2	Adham Shihata Saleh Shiha	15	Smouha	5:15.74	_____
3	Ahmed Moaataz Abdel-Aziz	15	AHLY	5:07.08	_____
4	Omar Sherif Sayed	15	ZMALK	5:00.51	_____
5	Mrawan Mostafa Mowaled	15	DEGLA	4:56.62	_____
6	Yassin Ayman Ali Toulba	15	SHOOT	4:59.05	_____
7	Nour El-Din Mostafa Moha	15	AHLY	5:06.83	_____
8	Yousef Hasham abd el Fatah	15	Alexandria	5:09.61	_____
9	Mazen Mohamed Elwakel	15	Smouha	5:19.61	_____
10	Ramiz Elsaeyd Abdoh	15	DEGLA	5:21.46	_____

Event 124 Boys 13 Year Olds 400 LC Meter IM

National: 4:47.42 2015 Fares Yoseif Ahmed Emara

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Finals

4	Iyad Mohamed Abdel Azem	13	Al Hawar	NT	_____
5	Yousf Mohmed Mdht Mohn	13	6 OCT	NT	_____
6	Farok Mohamed Fayk Alsha	13	6 OCT	NT	_____

Heat 2 of 6 Finals

1	Sief Mohamed Farouk	13	Cairo	NT	_____
2	Ali Nader Ali Mohamed	13	DEGLA	NT	_____
3	Abd El Rahman Mohamed I	13	SHOOT	NT	_____
4	Mohamed Emad Shaaban	13	AHLY	NT	_____
5	Ahmade Hamed Abbaas	13	TALBE	NT	_____
6	Yahya Ahmed Refat	13	Alexandria	NT	_____
7	Marwan Mohamed Sabry	13	ENPPI	NT	_____
8	Youssef Marwan Saied	13	DEGLA	NT	_____
9	Moamen Khaled	13	ZMALK	NT	_____

Heat 3 of 6 Finals

1	abd el Rahman Alaa Ibrahim	13	MAY15	NT	_____
2	Mohammed Abdel Monem I	13	RWAD	NT	_____
3	Mostafa Mahmoud Yousry	13	SHOOT	6:29.56	_____
4	Yousf Aymn Ebrahim Ahme	13	6 OCT	6:22.57	_____
5	Ahmed Mohamed Ahmed E	13	Al Hawar	6:14.41	_____
6	Omar Hatem Hassan	13	ZOHUR	6:17.41	_____
7	Omar Osama El Saadany	13	Alexandria	6:22.59	_____
8	Adham Ayman Monir Hashi	13	TRSAN	NT	_____
9	Zayad Atef Mohamed Ahme	13	GHABA	NT	_____
10	Ahmed Shady Abd ElRahm	13	HELDO	NT	_____

Heat 4 of 6 Finals

1	Abd El Monaem Mahmoud	13	ZOHUR	6:04.65	_____
2	Mohamed Hassan Hafez	13	AHLY	6:01.82	_____
3	Omar Tarek Omar el Koly	13	Al Hawar	5:57.05	_____
4	Mostafa Emad Mohamed Av	13	Gezira El Ward	5:55.57	_____
5	Ali Mohamed Ali Hasan El	13	Bank Ahly Alex	5:48.24	_____
6	Yahya Ahmed Sayed Abdell	13	Bank Ahly Alex	5:55.12	_____
7	Mazen Ahmed Fouad Abd E	13	SHOOT	5:56.13	_____
8	abd Elrahman Mohamed Ba	13	TRSAN	5:57.89	_____
9	Yasin Mahmoud Mostafa	13	SHOOT	6:04.50	_____
10	Yossef Mahmud Azzat	13	GHABA	6:09.73	_____

Heat 5 of 6 Finals

1	Ahmed Amr Magdy	13	SHOOT	5:43.63	_____
2	Ahmed Hesham Mohsen	13	AHLY	5:42.46	_____
3	Omar Ahmed Hassan Ryaar	13	SHAMS	5:41.93	_____
4	Ahmed Hisham Safwat Rad	13	Police Club	5:40.72	_____
5	Kareem Mohamed Fouad A	13	TWFIK	5:35.78	_____
6	Marawan Emad Hamed	13	AHLY	5:37.03	_____
7	Badr Ahmed Mohamed Anis	13	Olympic	5:40.89	_____
8	Youssef Ehab Mostafa	13	AHLY	5:42.13	_____
9	Adam Karim el Akad	13	HELOP	5:43.35	_____
10	Omar Mohamedm Hamza C	13	BNK.G	5:43.91	_____

Heat 6 of 6 Finals

1	Adham Mohamed Elarby	13	Smouha	5:30.08	_____
2	Adam Mohamed Mostafa	13	ENPPI	5:29.10	_____
3	Yousef Adel Ramadan	13	SHAMS	5:24.40	_____
4	Mohammad Hany EL Sayed	13	MAY15	5:22.55	_____
5	ali Mohamed Sarwat	13	HELOP	5:21.96	_____
6	Ahmed Ayman Ali Mohame	13	SHAMS	5:22.40	_____
7	Seif Walaa Antar	13	DEGLA	5:22.93	_____
8	Ahmed Mohamed Moharam	13	Mansora Club	5:24.99	_____
9	Nour El Din Ayman	13	Alexandria	5:29.69	_____
10	Sife Mohamwd Saber	13	ZMALK	5:32.26	_____

Event 125 Girls 15 Year Olds 400 LC Meter Freestyle

National: 4:25.53 2010 Rowan Housam Mouneir Al Badry

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Finals

4	Malak Mohamed Mohamed	15	MAADI	NT	_____
5	Nourhan Hassan El Ardey	15	SHOOT	NT	_____
6	Shad Ahmed Deiaa	15	Stad Mansoura	NT	_____

Heat 2 of 6 Finals

1	Mai Elsherbiny Mohamed	15	SHROK	NT	_____
2	Esraa Emad Mohamed	15	SHROK	NT	_____
3	Shahed Osama Ahmed	15	RWAD	NT	_____
4	Nour Ayman Abdel Hafeiz	15	SHOOT	NT	_____
5	Rana Shaban Mostafa Sharf	15	Taleaa El Gish	5:51.59	_____
6	Mariam Ibrahim Mohamed	15	AHLY	NT	_____
7	Haneia Yassin Mohamd Ahr	15	ENPPI	NT	_____
8	Farah Osama Ahmed Mahm	15	Bank Ahly Alex	NT	_____
9	Jana Basem	15	DEGLA	NT	_____

Heat 3 of 6 Finals

1	Rbab Mohmed Ebrahim Sal	15	6 OCT	5:44.95	_____
2	Shad Hossam Hantera	15	TANTA	5:30.74	_____
3	Noureen Alaa Azouz	15	AHLY	5:23.35	_____
4	Souhaila Moahmed Mahmo	15	SHOOT	5:21.33	_____
5	Mariam Mohamed Osama M	15	SHOOT	5:17.68	_____
6	Areeg Mohamed Faroak	15	Al Hawar	5:19.10	_____
7	Fayroz Mohamed Farouk	15	ZMALK	5:21.89	_____
8	Habiba Shady Abdel Rahma	15	HELDO	5:25.01	_____
9	Shahad Mahmoud Abdel Al	15	SHOOT	5:43.62	_____
10	Hana Hassan Hassan	15	ISMIL	5:47.07	_____



National Swimming Championship 2017-2018 - 20-Mar-18 to 21-Apr-18

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Heat 4 Finals (#125 Girls 15 Year Olds 400 LC Meter Freestyle)

1	Salma Ali Mohamed	15	DEGLA	5:16.87	_____
2	Kenzy Tamer Farouk	15	DEGLA	5:12.73	_____
3	Lina Ahmed Abu El Khair	15	Alexandria	5:09.69	_____
4	Nour Tamer Gamal El-Din	15	AHLY	5:07.83	_____
5	Lena Ahmed Abdel-Wahab	15	AHLY	5:03.60	_____
6	Zina Ahmed Nabil	15	Alexandria	5:07.75	_____
7	Gasmein Hosam Ismail Mol	15	6 OCT	5:08.33	_____
8	Mariam Essam Mohamed S	15	SHOOT	5:11.17	_____
9	Jana Khaled Mohamed Mos	15	Olympic	5:12.78	_____
10	Bsmala Hassan Mohamed	15	M.ARB	5:17.13	_____

Heat 5 of 6 Finals

1	Mayar Hassan Aly EL Shark	15	SHAMS	5:03.12	_____
2	Rodaina Wael Mohamed	15	RWAD	5:02.67	_____
3	Nourhan Raaft Elsaid	15	AHLY	5:01.73	_____
4	Habiba Wael Abdallah Abde	15	Nasr City	4:59.83	_____
5	Sohaieila Ahmed Hamdy Ba	15	6 OCT	4:56.33	_____
6	Salma Mohamed Ibrahim H.	15	SHAMS	4:59.19	_____
7	Sara Hossam Eldin Mahmou	15	AHLY	5:00.89	_____
8	Youmna Mohamed Mahmou	15	SHAMS	5:02.02	_____
9	Ranheil Moataaz Ballah Ali	15	ZMALK	5:03.11	_____
10	Tasneim Ayman Nashat Mol	15	Al Hawar	5:03.23	_____

Heat 6 of 6 Finals

1	Salma Alaa Mahdy	15	AHLY	4:52.77	_____
2	Gana Emad Gaad Hosny	15	SHAMS	4:49.89	_____
3	Amany Mahmud Bsher Abd	15	Al Hawar	4:48.98	_____
4	Nadin Adam Ahmed Foad M	15	SHAMS	4:40.88	_____
5	Farida Tharwat Maher	15	AHLY	4:36.33	_____
6	Salma Hany Mostafa Abdell	15	MAADI	4:40.78	_____
7	Rawan Mostafa	15	DEGLA	4:46.66	_____
8	Hader Waled abd Elfatah	15	DEGLA	4:49.83	_____
9	Yara Mahmoud Mahmoud A	15	Mansora Club	4:50.40	_____
10	Dina Ahmed Elkharash	15	Smouha	4:53.05	_____

Event 126 Girls 13 Year Olds 400 LC Meter Freestyle

National: 4:32.21 2008 Reem Mohamed Houssein Kaseim

Lane Name Age Team Seed Time

Heat 1 of 7 Finals

2	Karema Khaled Elbahnsy	13	Stad Mansoura	NT	_____
3	Jana Mohamed Elhalawany	13	DEGLA	NT	_____
4	Joudy Ahmed Fouad Shokry	13	DEGLA	NT	_____
5	Lela Ahmed Kamal	13	GHABA	NT	_____
6	Zenab Wagdy	13	GHABA	NT	_____
7	Rawan Islam Amr	13	AHLY	NT	_____
8	Maryam Emad Mohamed El	13	Gezira El Ward	NT	_____

Heat 2 of 7 Finals

1	Joudy Ahmed Mohamed No	13	MAY15	NT	_____
2	Fyrouz Wael Youssre	13	TALBE	NT	_____
3	Habiba Khalid Ebrahiem	13	TWFIK	NT	_____
4	Mariam Nasr Ahmed Said	13	MAY15	NT	_____
5	Farida Medhat Samir	13	ZOHUR	NT	_____
6	Fdwa Amer Ahmed Rmdan	13	6 OCT	NT	_____
7	Maryem Sobhy abd el Fatah	13	TRSAN	NT	_____
8	Yassmen Mohamed Nabil	13	MAY15	NT	_____
9	Salma AbdAllah Mostafa	13	Smouha	NT	_____
10	Karma Emad Naeem Guda	13	HELDO	NT	_____

Heat 3 of 7 Finals

1	Farah Yasser Bakry	13	NASR	6:29.48	_____
2	Lojain Osama Mohamed	13	DEGLA	5:54.92	_____
3	Zahwa Elhoussin Mohamed	13	DEGLA	5:48.74	_____
4	Dina Ebrahim Ebid	13	Alexandria	5:41.78	_____
5	Aya Ashrf Ahmed Mohamed	13	6 OCT	5:39.63	_____
6	Malak Mohamed Sayed Kh	13	DEGLA	5:40.56	_____
7	Nour Mohamed Abd El Had	13	Alexandria	5:45.23	_____
8	Nouran Mohamed Ali Moha	13	RWAD	5:53.65	_____
9	Marim Ahmed Farouk	13	AHRAM	5:57.81	_____
10	Bassant Mohamed Sayed	13	NASR	6:53.28	_____

Heat 4 of 7 Finals

1	Laila Hesham Mohamed	13	SHOOT	5:38.77	_____
2	Malak Khaled Mostafa	13	SHOOT	5:36.00	_____
3	Lojain Khaled Ramadan	13	DEGLA	5:31.85	_____
4	Aan Mohamed Mostafa	13	ELCTR	5:30.14	_____
5	Marim Ahmed AbdElrhim E	13	Smouha	5:28.93	_____
6	Mayar Abdelazem Ahmed	13	M.ARB	5:29.97	_____
7	Kenzy Mohammed Farook I	13	Al Hawar	5:30.97	_____
8	Nadeen Hossam Hosny	13	DEGLA	5:33.92	_____
9	Reem Ashraf Hassan	13	AHLY	5:38.55	_____
10	Jana Amir Abdel Fattah	13	Canal El Suez	5:39.34	_____

Heat 5 of 7 Finals

1	Nadin Atef Mohamed	13	AHLY	5:26.18	_____
2	Alaa Amr El Sokry	13	Alexandria	5:25.74	_____
3	Shahd Yousry Mohamed Ha	13	Olympic	5:25.57	_____
4	Ola Ehab Samier Abd EL Ki	13	SHAMS	5:23.77	_____
5	Laila Mostafa Beshir	13	AHLY	5:19.23	_____
6	Malak Magdy Sanad	13	Stad Mansoura	5:21.62	_____
7	Mena Tarek Aly	13	AHLY	5:24.39	_____
8	Basmala Ahmed AbdElftah	13	Smouha	5:25.69	_____
9	Gana Mohamed Abdelsame	13	M.ARB	5:26.00	_____
10	Lougin Adel Mohamed	13	AHLY	5:27.17	_____



National Swimming Championship 2017-2018 - 20-Mar-18 to 21-Apr-18**Meet Program - 2-04-2018 Morning****Heat 6 Finals (#126 Girls 13 Year Olds 400 LC Meter Freestyle)**

1	Hana Ahmed Tamer Sakr	13	DEGLA	5:18.40	_____
2	Lama Mohamed Ali	13	M.Askaria Alex	5:11.10	_____
3	Goumana Tarek Yehia	13	AHLY	5:09.06	_____
4	Reem Mohamed Ibrahim	13	ZMALK	5:06.10	_____
5	Joudy Mohamed Aly	13	Alexandria	5:05.50	_____
6	Salma Ahmed ali Mostafa	13	GHABA	5:05.95	_____
7	Shaza Tarek Osman	13	Alexandria	5:08.96	_____
8	Doha Ayman ali Gomaa	13	Stad Mansoura	5:11.04	_____
9	Fareda Mohamed Nwar	13	TANTA	5:16.68	_____
10	Gody Ahmed Badawy Mhm	13	Smouha	5:18.64	_____

Heat 7 of 7 Finals

1	Malak Sameh Abd Elaziz	13	GHABA	5:03.99	_____
2	Hanin Mohamed AbdElmak	13	Smouha	5:03.26	_____
3	Lama Tamer Mohamed Ahn	13	Smouha	5:00.25	_____
4	Sara Mohamed Bhaa	13	HELOP	4:53.56	_____
5	Malak Mohamed Abbas Mo	13	MAADI	4:46.14	_____
6	Zaina Mohamed Haitham H	13	SHOOT	4:51.55	_____
7	Malak Ahmed Helmy	13	AHLY	4:55.79	_____
8	Nour Ahmed aly Elsheshtaw	13	Gezira El Ward	5:02.93	_____
9	Yara ali el Koshy	13	ZMALK	5:03.63	_____
10	Habeba Maysara Abdelham	13	M.ARB	5:05.22	_____

