

National Swimming Championship 2017-2018 - 20-Mar-18 to 21-Apr-18

Meet Program - 23-03-2018 Morning

Event 41 Girls 16 Year Olds 50 LC Meter Butterfly

National:		26.45	2015	Mariam Rashed Abdel Monacim	
Lane	Name	Age	Team	Seed	Time
Heat 1 of 6 Finals					
4	Menatalla Amr Mohamed	16	TRSAN	NT	_____
5	Hania Khaled Mohamed Ab	16	AHLY	NT	_____
6	Shahd Islam Abdel Latif Sh	16	HELDO	NT	_____
Heat 2 of 6 Finals					
2	Menatalla Ahmed Hussin	16	SHROK	NT	_____
3	Rowayda Hossam Mohamed	16	SHAMS	NT	_____
4	Nabila Saad Al Ragaei	16	Stad Mansoura	NT	_____
5	Hagar Waled Mohamed Cor	16	TRSAN	44.28	_____
6	Farah Alaa Kamal	16	SHOOT	NT	_____
7	Yara Mohamed Bauomy Ab	16	BNK.G	NT	_____
8	Alla Wael Mostafa	16	DEGLA	NT	_____
9	Elesya Elya Waghen Besh	16	6 OCT	NT	_____
Heat 3 of 6 Finals					
1	Fatma Emad Samir Hassan	16	HELDO	39.26	_____
2	Salma Sameh Salah El Din	16	6 OCT	38.60	_____
3	Marim Khaled Mohamed	16	NASR	37.62	_____
4	Mariam Asharf Farouk Al S	16	SHOOT	35.99	_____
5	Ingy Hamed El Sayed Ham	16	Bank Ahly Alex	34.81	_____
6	Rana Hesham Saad	16	SHOOT	35.55	_____
7	Maram Yaser Salah	16	ZMALK	36.41	_____
8	Gana Ayman Abdel Hamed	16	GHABA	37.99	_____
9	Fatma El Moataz Hassan	16	DEGLA	39.14	_____
10	Safeim Rameiz Salah El Dir	16	ZMALK	39.59	_____
Heat 4 of 6 Finals					
1	Inas Walid Ahmed	16	AHLY	34.80	_____
2	Malak Saad Elkersh	16	AHLY	34.54	_____
3	Hana Ahmed Samir	16	DEGLA	34.31	_____
4	Aya Hassan Refai Hassan	16	Al Zaher	33.69	_____
5	Ro`aa Hatem Mohamed	16	Smouha	33.35	_____
6	Naghham Ashraf abd Elrahm	16	Olympic	33.38	_____
7	Mariam Haitham Ahmed	16	Smouha	33.87	_____
8	Donya Amr Mohamed Nabi	16	SHAMS	34.41	_____
9	Nadein Mostafa Mohamed I	16	SHOOT	34.76	_____
10	Mariam Khaleed Moustafa	16	ZMALK	34.80	_____
Heat 5 of 6 Finals					
1	Nour Islam Mohamed	16	AHLY	32.80	_____
2	Aliaa Osama Sabar	16	AHLY	32.78	_____
3	Rodaina Khaled Mohamed	16	AHLY	32.51	_____
4	Naira Mostafa Magdy Abdo	16	Al Zaher	32.30	_____
5	Haidy Khaled Mostafa	16	Cairo	32.01	_____
6	Ranim Mohamed Wagih	16	Bank Ahly Alex	32.02	_____
7	Mariam Wael Makram	16	AHLY	32.41	_____
8	Laial Fady Slem el Zain	16	HELOP	32.73	_____
9	Nagam Mostafa Magdy Abc	16	Al Zaher	32.79	_____
10	Farida Abd El Khala El Saic	16	Alexandria	33.02	_____

Heat 6 of 6 Finals

1	Nardin Ismail abd Elaziz	16	Olympic	31.70	_____
2	Nihal Khaled Tamam	16	Elethad	31.32	_____
3	Salma Tamer Elsaied Mohar	16	Bank Ahly Alex	31.13	_____
4	Ro`ua Ahmed Farag	16	SHOOT	30.41	_____
5	Shahd Yasser	16	Smouha	30.19	_____
6	Mariam Moustafa Ahmed M	16	MAADI	30.31	_____
7	Rawda Nabil Mohamed	16	Smouha	30.91	_____
8	Roula Ahm. Houssny Houss	16	GEZIR	31.13	_____
9	Farah Nasr El Den Aly	16	Alexandria	31.45	_____
10	Nada Mohamed Ali	16	DEGLA	31.81	_____

Event 42 Girls 14 Year Olds 50 LC Meter Butterfly

National:		27.43	2009	Fareda Hesham Ahmed Osman	
Lane	Name	Age	Team	Seed	Time
Heat 1 of 9 Finals					
1	Naghham Mohamed Abdel M	14	DEGLA	NT	_____
2	Habiba Ayman Mahmoud H	14	Bank Ahly Alex	NT	_____
3	Marim Wail Kamal Farag	14	SHOOT	NT	_____
4	Hagar Nabil Ahmed	14	SHROK	NT	_____
5	Hana Hazem Mohamed	14	HELOP	NT	_____
6	Shahd Naser Mohamed Abd	14	NASR	NT	_____
7	Hagr Ehab Mohamed Abdel	14	6 OCT	NT	_____
8	Mallk Mahmoud Fahmy	14	MAY15	NT	_____
9	Habiba Safwat Saleh	14	ZOHUR	NT	_____
Heat 2 of 9 Finals					
1	Wlaa Wahed	14	Taleaa El Gish	NT	_____
2	Shaza Ali Ezz Eldin EL bad	14	Cairo	NT	_____
3	Maian Magdy Ali Eladawy	14	Raas El Bar Club	NT	_____
4	Clara Wael Bolic Naeam	14	DEGLA	NT	_____
5	Habiba Mohamed Younis	14	DEGLA	NT	_____
6	Razan Ihab Abdellatef Saleh	14	DEGLA	NT	_____
7	Farida Ayman Mohamed Da	14	HLWAN	NT	_____
8	Nourhan Abdel Wahed Ham	14	Al Shekh Zaeid	NT	_____
9	Salma Khaled abd el Hamid	14	ZMALK	NT	_____
10	Malak Ahmed Abo Bakr	14	SHOOT	NT	_____
Heat 3 of 9 Finals					
1	aya Baha Mostafa	14	AHRAM	NT	_____
2	Rahma Tarik Mosa Awad	14	Smouha	NT	_____
3	Mahinour Adel Tantawy	14	AHLY	50.82	_____
4	Jana Walid Mohamed	14	DEGLA	45.94	_____
5	Amina Adham Ibrahim	14	ZOHUR	42.23	_____
6	Malak Ayman Said	14	DEGLA	43.61	_____
7	Jody Sameh Moner	14	DEGLA	50.49	_____
8	Laila Khaled Elraai	14	AHLY	NT	_____
9	Saraa Mohamed abd Alohab	14	Nasr City	NT	_____
10	Janna Waleed Eid	14	SHROK	NT	_____



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Heat 4 Finals (#42 Girls 14 Year Olds 50 LC Meter Butterfly)

1	Farah Basem	14	DEGLA	42.08	_____
2	Laila Khaled Faheem	14	M.ARB	42.03	_____
3	Miar Amr Taha	14	SHOOT	41.58	_____
4	Salma Abd ElTawab ElSaye	14	NASR	40.63	_____
5	Malak Ayman Omar Eldeeb	14	SHOOT	40.06	_____
6	Mariam Gomaa Mohamed	14	DEGLA	40.39	_____
7	Lojain Mohamed Magdy He	14	MAADI	41.25	_____
8	Freda Tarek Sami	14	HELOP	41.93	_____
9	Rawan Osama Mohamed Az	14	DEGLA	42.04	_____
10	Shahd Mohamed Saleh abd	14	GHABA	42.22	_____

Heat 5 of 9 Finals

1	Hmsa Ahmed Mohamed Ga	14	6 OCT	38.89	_____
2	Salma Hossam al Deen Ahn	14	Police Club	38.68	_____
3	Hna Gmal Rshad Alawdy	14	6 OCT	38.25	_____
4	Farah Abd Elmagid Moham	14	ZOHUR	38.09	_____
5	Rawan Emad Bayomy	14	DEGLA	37.34	_____
6	Mona Adel Abdalla	14	AHLY	37.70	_____
7	Rawya Hossam Nabil	14	SHOOT	38.20	_____
8	Noor Wessam Samir Abd El	14	SHAMS	38.37	_____
9	Malak Amr Hassan Allam	14	SHOOT	38.88	_____
10	Hanin Walid Mohamed	14	AHLY	39.60	_____

Heat 6 of 9 Finals

1	Malak Walid Ahmed	14	AHLY	36.82	_____
2	Malak Ahmed Mohamed	14	DEGLA	36.35	_____
3	Hna Yhya Bdawy Frg	14	6 OCT	36.21	_____
4	Nagwa Khaled Mohamed H	14	NASR	35.66	_____
5	Farida Hossameldin Moham	14	AHLY	35.53	_____
6	Sara Samir Sedky	14	DEGLA	35.60	_____
7	Anan Abd Elrahman Ahmed	14	SHOOT	36.00	_____
8	Toqa Al Sayed Ahmed Al D	14	Al Shehk Zaeid	36.33	_____
9	Salma Hesham Mohamed	14	ZMALK	36.80	_____
10	Sara Yaser Mohamed Mohar	14	Smouha	36.99	_____

Heat 7 of 9 Finals

1	Habiba Hany Ali	14	SHAMS	34.57	_____
2	Alia Slah Elden Ahmed	14	HELOP	34.31	_____
3	Nataly Aziz	14	Alexandria	34.25	_____
4	Rola Hasan Ragab	14	Bank Ahly Alex	34.10	_____
5	Rewan Mohamed Soliman M	14	Olympic	34.06	_____
6	Jomana Essam Ali	14	Smouha	34.08	_____
7	Lojaina Khaled Mohamed M	14	HELDO	34.14	_____
8	Lana Mohamed Fathy	14	AHLY	34.28	_____
9	Rogada Mohamed Ibrahim	14	AHLY	34.42	_____
10	Mennatalh Walid Elsayd Mc	14	GEZIR	35.45	_____

Heat 8 of 9 Finals

1	Malak Abd Elaziz Zanaty	14	M.ARB	33.86	_____
2	Ziena Ahmed El Sayed	14	DEGLA	33.64	_____
3	Nadein Tarik Mohamed Faic	14	Canal El Suez	33.41	_____
4	Malak Mamdoh Khalil Moh	14	TRSAN	32.61	_____
5	Rahma Ashraf Khairy	14	MAY15	32.53	_____
6	Nelly Elgmal Moh. Sayd M	14	GEZIR	32.56	_____
7	Shadin Aksam Mohamed Ar	14	SHAMS	32.69	_____
8	Rouaa Ahmed Ibrahim	14	RWAD	33.62	_____
9	Malak Waled Essam Shaban	14	Smouha	33.67	_____
10	Mariam Hazem Talaat	14	AHLY	34.02	_____

Heat 9 of 9 Finals

1	Shahd Yaser Shaaban	14	TANTA	31.98	_____
2	Lian Shady Sabry	14	HELOP	31.80	_____
3	Tasnem Mohamed Mohame	14	Smouha	31.77	_____
4	Habiba Ayman Moustafa Sa	14	MAADI	31.31	_____
5	Jana Khalid	14	Alexandria	30.80	_____
6	Hanin Ashraf aly	14	Olympic	30.90	_____
7	Khadiga Nabil Ebrahim	14	SHOOT	31.71	_____
8	Malak Mohamed Abd Elma	14	GHABA	31.80	_____
9	Zekra Osama Saber ali	14	DEGLA	31.84	_____
10	Farah Tarek Hassan	14	HELOP	32.52	_____

Event 43 Boys 16 Year Olds 400 LC Meter IM

National: 4:34.30 2017 Omar Adel Abas

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Finals

2	Karim Ahmed Khaled Elew	16	SHAMS	NT	_____
3	Abdel Rahman Ahmed Kam	16	HELDO	NT	_____
4	Shehab Ashraf	16	DEGLA	NT	_____
5	Feloubater Basem Farouk	16	SHAMS	5:41.34	_____
6	Mesheel Nasr Atteia	16	TALBE	5:42.43	_____
7	Shady Housam Abdel Fattal	16	Raas El Bar Club	NT	_____
8	Omar Mohamed Saad Abde	16	6 OCT	NT	_____

Heat 2 of 3 Finals

1	Amged Yasser Samy Ahmec	16	Al Hawar	5:27.57	_____
2	Karim Ehab Abdel Kader	16	ZMALK	5:24.65	_____
3	Mohamed Ahmed Salah	16	Al Hawar	5:18.95	_____
4	Omar Khaled Mohamed	16	HLWAN	5:16.22	_____
5	Adham Hany Kamal Abdel	16	HELDO	5:12.60	_____
6	Seif Ahmed Amin Abdallah	16	Alexandria	5:12.83	_____
7	AbdAllah Ashraf	16	Smouha	5:18.24	_____
8	Nader Magdy	16	Smouha	5:19.33	_____
9	Mohamed Osama abd el Tav	16	Olympic	5:26.54	_____
10	Ahmed Alaa El Din Moham	16	Al Hawar	5:28.43	_____



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Heat 3 Finals (#43 Boys 16 Year Olds 400 LC Meter IM)

1	Abd El Rahman Tamer You	16	Alexandria	5:09.34	_____
2	Hussien Khaled Hussien Ka	16	MAADI	5:07.57	_____
3	Mohamed Khaled Mahmou	16	M.Askaria Alex	5:00.40	_____
4	Shady Mahmoud Hammam	16	MAADI	4:55.58	_____
5	Yosef Hany Mohamed	16	AHLY	4:47.14	_____
6	Bassel Hazem Mohamed Fa	16	Smouha	4:54.17	_____
7	Omar Hany Abdalla	16	AHLY	4:56.39	_____
8	Abed El Rahman Ashraf Mc	16	Al Hawar	5:06.41	_____
9	Abdel Rahman Mohamed R	16	AHLY	5:08.48	_____
10	Yosef Amr Ali Emad El Din	16	6 OCT	5:10.66	_____

Event 44 Boys 14 Year Olds 400 LC Meter IM

National: 4:46.74 2015 Omar Adel Abas

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 4 Finals

1	Bahy Mohy Mohamed	14	ZMALK	NT	_____
2	Omar Walied Ahmed Badee	14	Nasr City	NT	_____
3	Hussen Ahm. Bahaa Eldin F	14	GEZIR	NT	_____
4	Yousif Ekramy Medhat Kar	14	TANTA	NT	_____
5	Seif ElIslam Ahmed Mahm	14	SHAMS	6:13.56	_____
6	Hamza Yehia Shafek	14	HELOP	6:28.62	_____
7	Nour El Din Ramadan El D	14	Baladia El Mahal	NT	_____
8	Abd Alla Nabil Eprahem	14	SHOOT	NT	_____
9	Adel Mohamed Adel	14	RWAD	NT	_____

Heat 2 of 4 Finals

1	Hesham Mohmed Mhmoud	14	6 OCT	5:48.68	_____
2	Ahmed Taher Allam	14	Stad Mansoura	5:47.87	_____
3	Ahmed Hossam Eldin Salan	14	Smouha	5:42.57	_____
4	Yousif Ahmed Hamdy Borh	14	Smouha	5:41.01	_____
5	Saad ElDen Saeed Saad	14	Alexandria	5:35.86	_____
6	Yousef Mohamed Abdel Ha	14	DEGLA	5:40.19	_____
7	Abdelrahman Ashraf Abdel	14	AHLY	5:42.46	_____
8	AbdElrhman Waled Hemda	14	Smouha	5:42.67	_____
9	Omar Mohamed Mostafa El	14	Smouha	5:48.58	_____
10	Amr Mohamed Saad Bayon	14	Al Hawar	5:51.14	_____

Heat 3 of 4 Finals

1	Yassin Esam El Din	14	Alexandria	5:33.31	_____
2	Ahmed Wael Ibrahim	14	DEGLA	5:29.89	_____
3	amr Mohamed Anter	14	ZMALK	5:23.78	_____
4	Houssen Talal Houssen Say	14	6 OCT	5:21.42	_____
5	Mooataz Tarek Ibrahim Mol	14	AHLY	5:16.65	_____
6	Ahmed Ehab AbdElhamed /	14	Smouha	5:18.06	_____
7	Abd El Rahman Ahmed Sae	14	TANTA	5:21.54	_____
8	Eyad Osama Ramadan	14	AHLY	5:28.24	_____
9	Omr Mohamed Salah Mosl	14	6 OCT	5:30.99	_____
10	Mostafa Adel Ibrahim Khal	14	Smouha	5:34.66	_____

Heat 4 of 4 Finals

1	Ali El Din Tamer Mohamed	14	TANTA	5:15.51	_____
2	Islam EL Sayed Mabrouk	14	SHAMS	5:14.75	_____
3	Selim Moh. Ahm. Moktar H	14	GEZIR	5:13.78	_____
4	Mohamed Magdy Mostafa	14	AHLY	5:10.72	_____
5	Seif Ahmed Hegazy	14	AHLY	5:02.43	_____
6	Yasen Abdelaziz Mohsen Al	14	6 OCT	5:08.34	_____
7	Yasin Hatem Sery	14	HELOP	5:12.72	_____
8	Omar Mohamed Shehata	14	DEGLA	5:14.20	_____
9	Ismael Ahmed Refaat	14	Alexandria	5:15.23	_____
10	Mohamed Mostafa Mohame	14	DEGLA	5:16.34	_____

Event 45 Girls 16 Year Olds 400 LC Meter Freestyle

National: 4:23.75 2009 Shahd Tarik Osman Hassan

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 3 Finals

3	Aya Hassan Refai Hassan	16	Al Zaher	NT	_____
4	Yasmin Ashraf Mohamed	16	ZOHUR	NT	_____
5	Khloud Mohamed Mahmoud	16	Olympic	5:22.22	_____
6	Farida Ayman Ibrahim Ahm	16	6 OCT	5:26.95	_____
7	Haidy Adel Mohamed Samy	16	HELDO	NT	_____

Heat 2 of 3 Finals

1	Areeg Ahmed Nour el-Din	16	Police Club	5:18.09	_____
2	Zina Hythem Fayeze	16	Cairo	5:09.62	_____
3	Rouba Wael Mostafa	16	ZMALK	5:06.54	_____
4	Alaa Ayman Aly Kamel	16	TANTA	5:04.67	_____
5	Aya Hossam El Din Abdel A	16	SHAMS	4:59.91	_____
6	Habiba Haytham El Sayed	16	TANTA	5:02.11	_____
7	Fraida Amthal Mohamed K	16	6 OCT	5:06.30	_____
8	Nada Ahmed Salah Ahmed	16	HELDO	5:07.38	_____
9	Maya Ahmed Adel Ali	16	SHAMS	5:17.89	_____
10	Salma Yaser Saad Hassan H	16	BNK.G	5:19.54	_____

Heat 3 of 3 Finals

1	Gana Khaled Shaaban	16	AHLY	4:59.02	_____
2	Shaza Wael Mostafa	16	ZMALK	4:56.84	_____
3	Goumana Karim Mostafa	16	DEGLA	4:55.76	_____
4	Farida Mohamed Fathy	16	SHOOT	4:45.91	_____
5	Retag Ashraf Abdel Naby A	16	AHLY	4:38.79	_____
6	Salam Mohamed Hassan Ab	16	6 OCT	4:42.92	_____
7	Sohila Amr Gamal	16	AHLY	4:49.73	_____
8	Malak Amr Abdel Monaem	16	ZMALK	4:56.58	_____
9	Rodaina Khaled Mohamed	16	AHLY	4:58.43	_____
10	JoannaYosef Yehya Youssef	16	SHAMS	4:59.62	_____

Event 46 Girls 14 Year Olds 400 LC Meter Freestyle

National: 4:29.49 2002 Hebatalla Hany Mohamed Seilim

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Finals

4	Fareda Aly Mohamed Rezk	14	TANTA	NT	_____
5	Hagr Ehab Mohamed Abdel	14	6 OCT	NT	_____
6	Sara Osama Hamed	14	AHLY	NT	_____
7	Hoda Abd El Hady Masoad	14	Bank Ahly Alex	NT	_____



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Heat 2 Finals (#46 Girls 14 Year Olds 400 LC Meter Freestyle)

1	Hoda Ahmed Hussein	14	ZOHUR	NT	_____
2	Ngm Osama Mohamed Ahn	14	6 OCT	NT	_____
3	Salma abd Elrahman Taha	14	M.ARB	NT	_____
4	Gannat Allah Alaa El Din A	14	ENPPI	NT	_____
5	Dina Hesham Mohamed	14	ZMALK	5:43.08	_____
6	Rana Hamada Mohamed Mi	14	TRSAN	5:43.13	_____
7	Lojaina Khaled Mohamed N	14	HELDO	NT	_____
8	Hana Tarek Abokhokh	14	Raas El Bar Club	NT	_____
9	Malak Mamdoh Khalil Moh	14	TRSAN	NT	_____
10	Malak Mohamed abd el Ker	14	ZMALK	NT	_____

Heat 3 of 6 Finals

1	Krma Ahmed Elkhodary	14	DEGLA	5:37.53	_____
2	Malak Mohamed Asaad	14	SHOOT	5:34.41	_____
3	Esraa Ehab Zamel	14	ZMALK	5:28.14	_____
4	Salma Mohamedf Abdel Sal	14	HELDO	5:23.20	_____
5	Sama Saed Omran	14	Olympic	5:21.26	_____
6	Monika Ayman Raaouf Eriy	14	SHAMS	5:21.80	_____
7	Jana Mohamed Abdel Fattaf	14	Canal El Suez	5:28.10	_____
8	Farida Tamer Farouk abd El	14	SHAMS	5:31.20	_____
9	Malak Ahmed Mohamed	14	DEGLA	5:36.20	_____
10	Rawan Al Sayed Abdel Mo	14	Canal El Suez	5:39.61	_____

Heat 4 of 6 Finals

1	Merna Mohamed adb Elhad	14	ZMALK	5:16.63	_____
2	Farah Ashraf abd el Aziz	14	Olympic	5:16.56	_____
3	Shorouk Mohamed Belal	14	AHLY	5:14.07	_____
4	Shahd Hany Hussein Darwi	14	SHAMS	5:10.87	_____
5	Rouaa Ahmed Ibrahim	14	RWAD	5:07.47	_____
6	Hana Yasser Ghalab	14	AHLY	5:08.32	_____
7	Malak Ahmed Nagy Ali	14	HELDO	5:11.71	_____
8	Shahd Ahmed Yehya	14	TRSAN	5:15.04	_____
9	Salma Waled	14	Smouha	5:16.61	_____
10	Lugen Mohamed Nabil	14	SHOOT	5:19.57	_____

Heat 5 of 6 Finals

1	Amira Hatem Saad Hanafy	14	Bank Ahly Alex	5:04.98	_____
2	Malak Wael Amin	14	AHLY	5:04.59	_____
3	Malak Eslam Mohamed Mo	14	SHOOT	5:03.58	_____
4	Mariam Ebrahim ElShazly	14	Alexandria	5:03.32	_____
5	Mariam Hesham Mohamed	14	AHLY	4:59.22	_____
6	Marim Mhmod Elsaid Elshi	14	Smouha	5:00.90	_____
7	Alyaa Mhmoud Kmal Hsn	14	6 OCT	5:03.48	_____
8	Aisha Ahmed Nabil	14	AHLY	5:04.52	_____
9	Habiba Tarek Maher Fawzy	14	MAADI	5:04.70	_____
10	Habiba Hazem Husin	14	Bank Ahly Alex	5:06.56	_____

Heat 6 of 6 Finals

1	Menat Allah Yousry Zakaria	14	TANTA	4:55.48	_____
2	Lialy Tamer Nagm	14	Al Hawar	4:53.70	_____
3	Kanzy Ibrahim Zaid	14	Al Hawar	4:49.91	_____
4	Shahd Sameh Safouat Shaat	14	HELDO	4:48.75	_____
5	Loujin Abd Alla Slah Zkey	14	6 OCT	4:44.67	_____
6	Salma Ahmed Mohamed Ra	14	DEGLA	4:45.12	_____
7	Malak Mohamed Abd El Ga	14	Bank Ahly Alex	4:49.63	_____
8	Maya Osama Handosa	14	Al Hawar	4:50.40	_____
9	Hana Aly Mahmoud	14	AHLY	4:54.49	_____
10	Malak Khaled Abdelhady	14	AHLY	4:57.56	_____

