

## National Swimming Championship 2017-2018 - 3/20/2018 to 4/21/2018

## Meet Program - 19-04-2018 Morning P

## Event 255 Women 13 &amp; Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 12 Prelims

2	Souhaila Essam Awad	17	ZMALK	NT
3	Hania Waled Ahmed Samer	18	Smouha	NT
4	May Gamal Awad	19	ZOHUR	NT
5	Rodayna Ahmed Abdelstar	19	Bank Ahly Alex	NT
6	Naghham Mohamed Mostafa	19	Bank Ahly Alex	NT
7	Ahd Mohamed Sayed Fouad	19	ZMALK	NT
8	Hedy Amr Moustafa Hamou	19	HELOP	NT
9	Asmaa Ramdan Khames Aw	19	Bank Ahly Alex	NT

## Heat 2 of 12 Prelims

1	Mena Mohamed Fouad	18	GHABA	NT
2	Hagar Mohamed Nabil	21	AHLY	NT
3	Noran Adel Elsaid Felifel	20	MAADI	NT
4	Marwa Lokman	21	Alexandria	NT
5	Mariam Houssin Kamal	19	ZOHUR	NT
6	Mariam Hany Fouad	17	ZMALK	NT
7	Nour Nader Mohamed	17	AHLY	NT
8	Youmna Mohamed Abou Al	19	SHAMS	NT
9	Salma Shawkat Hassan	19	MAADI	NT
10	Habiba Hesham Mohamed	18	6 OCT	NT

## Heat 3 of 12 Prelims

1	Yomna Tarik Mohamed Ali I	18	Smouha	NT
2	Yara Yehia Saad	19	AHLY	NT
3	Sara Yousief	20	Cairo	NT
4	Ganat Allah Mohamed Khal	17	DEGLA	NT
5	Ganna Ashraf Yaser	17	AHLY	NT
6	Basant Yousrey Ibrhim	21	ZMALK	NT
7	Donia Tarik Hussin Ahmed	18	Smouha	NT
8	Nadein Tamer Ibrahim	18	SHOOT	NT
9	Mariam Elnagar	18	Alexandria	NT
10	Rouwan Mohamed Saad	17	DEGLA	NT

## Heat 4 of 12 Prelims

1	Nour Walid Mohamed	17	AHLY	NT
2	Hana Moataz Mahmoud Tou	22	ZOHUR	NT
3	Ola Waled	17	Alexandria	NT
4	Haidy Hosam Nabil Cotore	19	GEZIR	NT
5	Nada Waleed Mohamed Ma	17	DEGLA	44.34
6	Rawan Ragab Ramadan Abc	19	ZMALK	NT
7	Alia Sherif al Qrashe	19	DEGLA	NT
8	Mayar Mohamed Gaber	17	AHLY	NT
9	Mirna Hassan	19	Smouha	NT
10	Habiba Ibrahim Sherif	18	GHABA	NT

## Heat 5 of 12 Prelims

1	Salma Essam Hegazy Moha	20	AHLY	39.54
2	Rana Mohtdy Mhmoud Hus:	17	DEGLA	37.58
3	Raneem Ahmed Mohamed I	17	Olympic	35.78
4	Jousteia Morcouc Moheib	17	ZMALK	34.26
5	Gamila Ahmed Hassen Ahm	17	Nasr City	33.70
6	Kareman Osama	17	DEGLA	34.19
7	Habiba Ashraf	20	Alexandria	35.43
8	Mayar Tamer Goda Barkat	17	AHLY	36.02
9	Lama Tawfeik Abdel Rahein	18	DEGLA	37.91
10	HebaAllah Emad	17	Smouha	43.30

## Heat 6 of 12 Prelims

1	Darine Mohamed Essmat	20	AHLY	33.52
2	Nada Nader Mohamed	18	AHLY	32.84
3	Razan Ayman Mohamed	17	AHLY	32.44
4	Salma Amr Alaa El Din	18	AHLY	32.40
5	Farha Ayman Omr Eldieb	18	SHOOT	32.25
6	Haeidy Ayman Mahrous Abc	18	SHOOT	32.35
7	Menatalla Mamdouh Khalel	18	AHLY	32.41
8	Berihan Mohamed Elsayed	17	AHLY	32.78
9	Rana Ayman Zakaria	17	SHAMS	33.26
10	Menatalah Amer Moh. Amei	19	GEZIR	33.56

## Heat 7 of 12 Prelims

1	Naden Tamer Mohamed	17	Smouha	32.00
2	Roula Ayman Amin Ibrahim	17	HELDO	31.94
3	Meiar Yaser Moahmed Raou	17	ZMALK	31.67
4	Aliaa Ashraf Zouhier	21	AHLY	31.27
5	Afnan Abdel Hady Hassan M	18	ZMALK	31.22
6	Naden Madhat Mohamed M	17	SHOOT	31.23
7	Alaa Hisham Ahmed AbdElr	20	Smouha	31.46
8	Hana Amr Mamdouh	17	HELOP	31.88
9	Malak Akmal Mohamed	17	6 OCT	31.97
10	Arwa Deiaa El Din Moahme	17	AHLY	32.02

## Heat 8 of 12 Prelims

1	Yara Hazem Makram	19	SHOOT	31.14
2	Farah Karim Mohamed	17	HELOP	31.05
3	Hader Mohamed Seif El Din	17	TRSAN	30.62
4	Nouran Khaled Kamal	18	AHLY	30.22
5	Klara Essam Adley Nashed	20	SHOOT	30.17
6	Hala Ayman Al Sayed	17	SHAMS	30.18
7	mai Samy Mohamed	18	MAADI	30.49
8	Farah Haytham Elsayed Ali	19	AHLY	30.63
9	Aynour Ragab Ramadan	17	ZMALK	31.11
10	Salma Ahmed Ibrahim	17	DEGLA	31.21



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**Heat 9 Prelims (#255 Women 13 & Over 50 LC Meter Freestyle)**

1	Meiar Khaled Mohamed Ha	18	ZMALK	30.14	___
2	Habiba Ahmed Ramzy	19	Smouha	29.82	___
3	Yassmein Sherif Helmy	17	HELOP	29.63	___
4	Shahenda Ibrahim Mostafa	19	SHOOT	29.46	___
5	Marim AbdElfttah Ahmed	19	Smouha	29.33	___
6	Haia Salah Mahmoud	18	AHLY	29.34	___
7	Donia Waleed Yousof	17	TANTA	29.57	___
8	Rana Osama Abdel Halem	17	AHLY	29.78	___
9	Souhila Mohamed Fouad	20	Alexandria	30.06	___
10	Nadin Ehab	19	Smouha	30.17	___

**Heat 10 of 12 Prelims**

1	Hanya Hossam Nabil El Cot	21	GEZIR	29.16	___
2	Hagar Mohamed Younes	21	Smouha	28.93	___
3	Salma Yasser Hassan	16	Cairo	28.68	___
4	Fareieda Ayman Samra	14	SHOOT	28.33	___
5	May Atef Abdelfatah	27	AHLY	27.50	___
6	Maiar Ahmed Farok	17	DEGLA	27.78	___
7	Habiba Ayman Mahmoud H	14	Bank Ahly Alex	28.53	___
8	Aliaa Osama Sabar	16	AHLY	28.78	___
9	Hager Hossam Mousad	16	SHAMS	28.99	___
10	Naden Ahmed Farok AbdEl	19	Smouha	29.24	___

**Heat 11 of 12 Prelims**

1	Yasmin Youssef Mohamed E	23	HELDO	29.12	___
2	Mariem Galal Saied	17	SHAMS	28.91	___
3	Maram Abdalla abd Elgany	17	ZMALK	28.67	___
4	Lojin Hossam El din Mokht	17	Alexandria	28.31	___
5	Rowan Hossam Elbadry	23	Alexandria	27.18	___
6	Amina Magdy Mohamed El	25	HELOP	27.64	___
7	Roula Ahm. Houssny Houss	16	GEZIR	28.39	___
8	Nour Islam Mohamed	16	AHLY	28.78	___
9	Lougin Yousief Ahmed Yous	15	SHAMS	28.95	___
10	Malak Amr Essam Elnady	20	AHLY	29.18	___

**Heat 12 of 12 Prelims**

1	Habiba Hatem Abdel Moaty	17	AHLY	29.05	___
2	Rodaina Mohamed Saad	13	DEGLA	28.81	___
3	Hla Ahmed Ramzy	17	Smouha	28.57	___
4	Ro`ua Ahmed Farag	16	SHOOT	28.27	___
5	Enjy Mohamed AboZid	18	Smouha	26.91	___
6	Yasmin Mamdouh Mahmoud	19	AHLY	27.54	___
7	Lara Tamer Abdel Aziz Moh	18	SHOOT	28.34	___
8	Farida Ahmed Ibrahim Eid	21	HELDO	28.71	___
9	Hana Ashraf Mahmoud	17	DEGLA	28.93	___
10	Malak Khaled Ahmed Zayan	17	Smouha	29.17	___

**Event 256 Men 13 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 25 Prelims**

2	Moamen Waled Abdel Men	17	SHROK	NT	___
3	Serageldin Amr Abdelkader	18	Olympic	NT	___
4	Omar Ahmed Abdel Fattah	21	HELOP	NT	___
5	Seif El Din Ahmed Al Weiser	17	TWFIK	NT	___
6	Youssef Ahmed Elsayhrawy	17	AHLY	NT	___
7	Marwan Tarik Abdelaal	18	SHOOT	NT	___
8	Abd Elrahman Emad Taha	18	NASR	NT	___

**Heat 2 of 25 Prelims**

1	Youssef Mohamed Refaat Al	18	HELDO	NT	___
2	Ahmed Haytham Fouad Hel	17	BNKG	NT	___
3	Ahmed Mohamed Ibrahim /	17	ZMALK	NT	___
4	Mohamed Ali Abo Hemila	17	AHLY	NT	___
5	Youssef Ayman Ezz Badr	20	AHLY	NT	___
6	Ali Amr Saad	18	AHLY	NT	___
7	Moataz Tarek Radwan Basic	19	HELDO	NT	___
8	Abdel Rahman Jamal El Din	18	Elethead	NT	___
9	Omar Mohamed Abd Elwah	21	AHLY	NT	___
10	Mohamed Mohamed Gamel	17	GHABA	NT	___

**Heat 3 of 25 Prelims**

1	Mahmoud Mohamed Sbas	17	SHOOT	NT	___
2	Khaled Abdel Naser Ali	19	SHOOT	NT	___
3	Faris Mohamed Sabaan	19	Smouha	NT	___
4	Mohamad Ayman Mohamac	17	Smouha	NT	___
5	Abdel Rahman Ahmed Ibral	19	AHLY	NT	___
6	Omar Mohamed Said Touha	17	AHLY	NT	___
7	Ibrahim Lotfy Lotfy	17	TRSAN	NT	___
8	Ahmed Kamal Hossny abd /	20	Nasr City	NT	___
9	Ahmed Ashraf Farag	17	AHLY	NT	___
10	Omar Alaa	20	Smouha	NT	___

**Heat 4 of 25 Prelims**

1	Abdelrhman Khaled Saied	24	Smouha	NT	___
2	Mahmoud Ibrahim Fatth All	22	AHLY	NT	___
3	Moustafa Maher Ahmed	19	GHABA	NT	___
4	Seif Allaa Ahmed Farag	17	SHOOT	NT	___
5	Mohamed Ashraf Elhfnawy	17	ZOHUR	NT	___
6	Mohamed Abdo Mohamed S	18	RWAD	NT	___
7	Yousof Mahmoud Farwk	18	Smouha	NT	___
8	Yosif Elaraby Mohamed	17	Cairo	NT	___
9	Zayad Mohamed Bayomy	17	SHAMS	NT	___
10	Ziad Mohamed Aabad	17	HELOP	NT	___



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## Heat 5 Prelims (#256 Men 13 &amp; Over 50 LC Meter Butterfly)

1	Omer Tarek Hamed	21	DEGLA	NT	___
2	Omar Abdel Rahman Ahme	17	ENPPI	NT	___
3	Amr Khaled Magdy	18	AHLY	NT	___
4	Youssef Sabry Nady	17	AHLY	NT	___
5	Omar Khaled	19	Smouha	NT	___
6	Khaled Waled Sayed	18	DEGLA	NT	___
7	Ali Houssein Abass	17	AHLY	NT	___
8	Mohamed Ahmed Gaber Sh	18	HELDO	NT	___
9	Abdallah Hesham Mohamec	17	ZOHUR	NT	___
10	Mohamed Hisham Mohame	26	Gezira El Ward	NT	___

## Heat 6 of 25 Prelims

1	Karim Hatem abd el Sabour	17	Nasr City	NT	___
2	Abd Almagied Ahmed AL Kl	20	SHOOT	NT	___
3	Abdalla Ibrahim Halaby Hai	17	ENPPI	NT	___
4	Moahmed Ahmed Kelany	17	SHOOT	NT	___
5	Mohamed Ahmed Nagy	19	ZOHUR	NT	___
6	Yousef Mohamed Mansour	18	SHOOT	NT	___
7	Mohamed Tarik Elsaïd	19	Smouha	NT	___
8	Shehab Moahmed Younes	30	Smouha	NT	___
9	Zeïad Ehab Antr Mostafa	17	ZMALK	NT	___
10	Mamdouh Ali Reda Belmaz	19	AHLY	NT	___

## Heat 7 of 25 Prelims

1	Ahmed Ashraf Salah	17	DEGLA	NT	___
2	Nour El Din Ahmed Al Wase	20	TWFIK	NT	___
3	Khaled Mohamed abd Elmo	17	Cairo	NT	___
4	Omar Tarik Abdelaal	18	SHOOT	NT	___
5	Omar Ahmed Abdel Lattef	18	AHLY	NT	___
6	Ahmed Salem Elsayed	17	AHLY	NT	___
7	Mostafa Hesham Ahmed EL	21	SHAMS	NT	___
8	Ahmed Yaser Salah El Din E	22	HELDO	NT	___
9	Aly Wesam Azab	20	Alexandria	NT	___
10	Omar Ihab Ismail	17	ZMALK	NT	___

## Heat 8 of 25 Prelims

1	Ismail Abou El Seoud	18	SHOOT	NT	___
2	El Sayed Mostafa El Sayed	17	DEGLA	33.79	___
3	Nader Hassan Sayed	17	AHLY	33.44	___
4	Karim Mohamed Fady	17	AHLY	33.10	___
5	Salaheldin Alaaeldin	18	AHLY	32.16	___
6	Youssef Hossam Ahmed Mo	17	SHOOT	32.32	___
7	Abd Elrahman Emad Fathe	17	GEZIR	33.15	___
8	AbdElrhman Amr Galal	17	Smouha	33.74	___
9	Mohamed Sameh El Sayed	17	Bank Ahly Alex	NT	___
10	Nour El Din Ahmed Ibrahim	19	AHLY	NT	___

## Heat 9 of 25 Prelims

1	Omar Ihab Mohamed Samir	17	Raas El Bar Club	31.77	___
2	Mazen Said Mohamed	17	ZMALK	31.67	___
3	Waled Gameil Atteia	17	ZMALK	31.11	___
4	Mazen Zakaria Abdel Mona	17	BNK.G	30.96	___
5	Adel El Saed El Eraky	17	Baladia El Mahal	30.67	___
6	Mostafa Abd El Meneam Bai	17	TANTA	30.78	___
7	Yousef Taha Elgabry	17	TRSAN	30.99	___
8	abd Elrahman Mohamed M	18	Olympic	31.11	___
9	Motaz Tamer Makhlof	17	TANTA	31.73	___
10	Shaaban Hesham Elyas	19	ZMALK	31.86	___

## Heat 10 of 25 Prelims

1	Karim Hatem Abdel-Moaaty	17	AHLY	30.61	___
2	Mohamed Ahmed Elnagdy	17	AHLY	30.49	___
3	Sief El Din Mahmoud Zaher	19	ZMALK	30.34	___
4	Mohamed Ehab Moharm	19	Alexandria	30.18	___
5	Yousof Amr Aly Mostafa	17	Bank Ahly Alex	30.09	___
6	Omar Ezz El Din Mohamed	18	TANTA	30.16	___
7	Ehab Amr Ali Mohamed Gh	17	MAADI	30.23	___
8	Seif ElDin Ihab Mohamed	19	ZMALK	30.38	___
9	Mohamed Ahmed Fathalla /	17	ZMALK	30.51	___
10	Khaled Sayed Abdel Hamed	17	GHABA	30.67	___

## Heat 11 of 25 Prelims

1	Yousof Ihab Mohamed ElSay	17	Bank Ahly Alex	29.99	___
2	Shehab Hossam Mahmoud (	17	GHABA	29.94	___
3	Amr Mahmoud Ahmed	17	ELCTR	29.80	___
4	Abd El Rahman Hamdy Shal	17	TRSAN	29.77	___
5	Meina Mesheil Aziz	17	ZMALK	29.57	___
6	Adham Mahmoud Sayed He	17	TRSAN	29.68	___
7	Shady Tarik Ramsis	18	Alexandria	29.79	___
8	Karim Ehab Al Sayed	18	GHABA	29.92	___
9	Ali Ahmed Ali Helmy Moha	18	Smouha	29.94	___
10	Yaser Amr Salah El Din	18	SHAMS	30.07	___

## Heat 12 of 25 Prelims

1	Zeyad Hatem Abd Allah	17	TANTA	29.54	___
2	Fady Ehab Weliam Gad El R	17	ZMALK	29.49	___
3	Yusef Fawzy Farag	18	HELOP	29.48	___
4	Hashem Mohamed Ibrahim	19	AHLY	29.44	___
5	Kariem Riyad Fawzy	18	DEGLA	29.22	___
6	Karem Tarek Ebrahim	17	Alexandria	29.27	___
7	Amro Saed Mokhtar Arfa	17	TANTA	29.46	___
8	Khaled Ehab El Tayeb	19	DEGLA	29.49	___
9	Basel Hussin Iberhim	20	BNK.G	29.53	___
10	Abdall Ayman Al Sayed	17	SHAMS	29.57	___



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**Heat 13 Prelims (#256 Men 13 & Over 50 LC Meter Butterfly)**

1	Hossam Mohamed Nour Elc	18	Olympic	29.16	___
2	Mahmoud Sherif	17	ZMALK	29.07	___
3	Ahmed Mohamed abd Elazi	18	MAADI	29.07	___
4	Kareem Esam Hassan	17	RWAD	28.99	___
5	Yousef Sameh Azmy Mohar	18	ZMALK	28.91	___
6	Mohamed Mostafa Rabeai M	17	GHABA	28.95	___
7	Omar Khaled Abdel Lateif	17	ZMALK	29.05	___
8	Seif El Din Ayman Fekry	18	AHLY	29.07	___
9	Mohamed Mostafa Mohame	17	Smouha	29.11	___
10	Islam Khaled Bakr Abdel La	20	ZMALK	29.18	___

**Heat 14 of 25 Prelims**

1	Karim Ahmed Hassan	17	SHAMS	28.91	___
2	Seif El Din Abdel Hamed	18	SHOOT	28.90	___
3	Mohamed Ahmed Nabil Abc	18	RWAD	28.87	___
4	Moneib Makram Ahmed	17	SHAMS	28.73	___
5	Amr Amin Shawky	18	AHLY	28.72	___
6	Zeiad Ahmed Mahmoud	17	SHOOT	28.73	___
7	Mostafa Khaled Mahmoud	17	SHAMS	28.79	___
8	Youssef Mohamed Mahmou	18	Olympic	28.88	___
9	Mohamed Yaser Abdel Kade	17	ZMALK	28.91	___
10	Amir Ramadan Sayed Rama	17	6 OCT	28.91	___

**Heat 15 of 25 Prelims**

1	Taher Mohamed Taher Taw	23	Gezira El Ward	28.65	___
2	Mostafa Ashraf AbdElHame	21	BNK.G	28.63	___
3	Omar Ahmed Mostafa Basta	18	GHABA	28.63	___
4	Marwan Mohmmmed Moham	17	M.Askaria Alex	28.61	___
5	Mohamed Mostafa El Feiky	17	DEGLA	28.59	___
6	Mostafa Hany Ahmed Al Ba	17	ZMALK	28.60	___
7	Yousef Nabil Abdel Aziz	17	DEGLA	28.62	___
8	Ahmed Mahmoud Khalil	20	SHOOT	28.63	___
9	Mohamed Tamer Mohamd I	18	SHAMS	28.64	___
10	Ibrahim Mohamed Ibrahim	17	SHOOT	28.66	___

**Heat 16 of 25 Prelims**

1	Gawad Ahmed AbdElmnaar	17	Smouha	28.57	___
2	Omar Ehab Attef Mohamed	17	Gezira El Ward	28.53	___
3	Hazim Nabil Mohamed Abd	17	ZMALK	28.48	___
4	Ahmed Galal Abdel Azim	19	SHOOT	28.45	___
5	Ismail Kamal Awd	18	AHLY	28.40	___
6	Fouad Mahmoud Fouad	18	SHOOT	28.43	___
7	Islam Ayman Abdel Aziz	18	ZMALK	28.47	___
8	Ahmed Reda Mahmoud Abc	17	AHLY	28.52	___
9	Hesham Saleh Abass Mohar	20	AHLY	28.55	___
10	Ahmed Mohamed Ibrahim	18	M.ARB	28.57	___

**Heat 17 of 25 Prelims**

1	Maged Montaser Kamal	18	SHOOT	28.38	___
2	Karim Ayman Abd Alftah	18	SHOOT	28.34	___
3	Amr Akram Ahmed Al Garal	21	Gezira El Ward	28.30	___
4	Mohanad Mamdouh Shahe	19	SHAMS	28.21	___
5	Ali Mohamed Hussein Kasse	21	AHLY	28.15	___
6	Basel Mohamed Zaghlol	17	GHABA	28.18	___
7	Seif El Din Hisham Mohame	22	AHLY	28.23	___
8	Ahmed Hesham Fatthy Has	17	DEGLA	28.30	___
9	Amr Abdelah Mohamed Ma	19	Bank Ahly Alex	28.34	___
10	Ahmed Ehab Moharm	21	Alexandria	28.39	___

**Heat 18 of 25 Prelims**

1	Mahmoud Moh. Fathe Farag	24	GEZIR	28.03	___
2	Abdel Rahman Ali Mohame	17	SHAMS	27.99	___
3	Mohamed Hossam Eldin On	17	AHLY	27.94	___
4	Mahmoud Mohamed Esmai	17	Alexandria	27.92	___
5	Mohamed Kamal Nafaa	18	Alexandria	27.89	___
6	Yehya Emad El Din Sophy	19	SHOOT	27.92	___
7	Karim Amr Abdel Aziem	19	ZMALK	27.93	___
8	Mohamed Adel Abdel Mona	19	AHLY	27.95	___
9	Adam Karim AL Kady	14	SHOOT	27.99	___
10	Yosef Mahmoud Mohamd G	17	AHLY	28.04	___

**Heat 19 of 25 Prelims**

1	Aly Tamer Aly	15	Alexandria	27.85	___
2	Omar Zaher Ahmed	17	DEGLA	27.79	___
3	Ali Hazem Houssin Tantawi	19	ZMALK	27.73	___
4	Mohamed Housam Ibrahim	22	AHLY	27.72	___
5	Karim Waled Essam Shaban	17	Smouha	27.71	___
6	Hamza Adham Amin	18	AHLY	27.72	___
7	Yosef Ashraf Mohamed Gab	18	AHLY	27.72	___
8	Mohamed Khaled Basyony	17	Baladia El Mahal	27.76	___
9	Shady Tamer Nabil	18	Cairo	27.83	___
10	Mahmoud Ashraf Abdel Har	17	HELDO	27.86	___

**Heat 20 of 25 Prelims**

1	Ziad Yaser Ahmed	19	Alexandria	27.70	___
2	Moustafa Ashraf Zouher	18	AHLY	27.66	___
3	Ali Ashraf Ali	21	Smouha	27.59	___
4	Karim Medhat Badr Moham	19	Smouha	27.54	___
5	Ahmed Mohamed Fahmy	19	DEGLA	27.49	___
6	Mohamed Hisham Salah	19	SHOOT	27.49	___
7	Yoseif Waled Hassan Al Sha	18	ZMALK	27.56	___
8	Nadeem Naser El Din Fawzy	18	TANTA	27.60	___
9	Yehya Sherif Ahm. Radwan	17	GEZIR	27.69	___
10	Yousif Mohamed Khalaf	17	Smouha	27.71	___



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## Heat 21 Prelims (#256 Men 13 &amp; Over 50 LC Meter Butterfly)

1	Marwan Yaser Ahm. Fareid	19	GEZIR	27.43	___
2	Ahmed Ibrahim Abd EL Hak	17	SHAMS	27.39	___
3	Mohanad Mohamed Wageh	15	SHOOT	27.31	___
4	Mohamed Ayman AbdAllah	20	Smouha	27.25	___
5	Mostafa AbdAllah Mohamec	16	M.Askaria Alex	27.22	___
6	Basel Amr Shahin	18	AHLY	27.23	___
7	Moustafa Yaser Fouda	23	HELOP	27.30	___
8	Ahmed Adel Mohamed Mes	18	AHLY	27.39	___
9	Mohamed Mourad Mohame	16	Alexandria	27.42	___
10	Amen Saad Kamel Ali	22	SHOOT	27.45	___

## Heat 22 of 25 Prelims

1	Ali Mohab AbdelRaouf Ali	21	HELOP	27.20	___
2	Marwan Essam Ismaeil	21	Gezira El Ward	27.13	___
3	Mohamed Mohamed Anwar	17	Cairo	27.08	___
4	Seif Hassan Abas	20	Alexandria	27.02	___
5	Sief Mohamed Mahmoud M	17	AHLY	26.81	___
6	Mohamed Hesham Ahmed /	18	HELDO	27.00	___
7	Omar Mohamed Taha Radw	18	Smouha	27.04	___
8	Mohamed Adel Ahmed Bah	18	ZOHUR	27.09	___
9	Karim AboElthana Mohame	18	Smouha	27.15	___
10	Karim Amgad Al Sayed Ali /	17	SHOOT	27.22	___

## Heat 23 of 25 Prelims

1	Mohamed Abdel Naser Ali	18	SHOOT	26.78	___
2	Omar Khaleed Ahmed	19	ZMALK	26.58	___
3	Mohamed Yasser Karam	16	Cairo	25.89	___
4	Adham Aly Abdel Megeid	28	SHAMS	25.71	___
5	Abdel Rahman Mohamed A	20	AHLY	24.67	___
6	Ahmed Bahgat Mohamed	23	AHLY	25.21	___
7	Ahmed Khaled Rateb	17	AHLY	25.81	___
8	Marwan Mohamed Osama	20	Alexandria	26.21	___
9	Mohamed Hassan Mohamec	20	GHABA	26.70	___
10	Mohamed Hesham Mohame	20	HELOP	26.81	___

## Heat 24 of 25 Prelims

1	Ahmed Yehia Othman	24	Alexandria	26.77	___
2	Ahmed Osama Ahmed Faraj	19	AHLY	26.48	___
3	Khaled Ahmed Refaat	25	Smouha	25.86	___
4	Yousif Tarik Reda	16	HELOP	25.55	___
5	Omar Ahmed Essa	22	AHLY	24.43	___
6	Mazen Mohamed Eslam	19	Smouha	25.11	___
7	Ahmed Ismail Wahby	22	AHLY	25.76	___
8	Mohamed Ahmed Mohamec	18	TANTA	26.19	___
9	Yousef Hesham Adel	18	AHLY	26.61	___
10	Daly Dimitrios Chin	21	Alexandria	26.80	___

## Heat 25 of 25 Prelims

1	Ibrahim Ahmed Ibrahim	17	Alexandria	26.71	___
2	Ahmed Hatem abd el Sabou	19	Nasr City	26.25	___
3	Omar Ahmed Ibrahim Eid	22	HELDO	25.83	___
4	Omar Ahmed Khaled Alewa	21	HELOP	25.40	___
5	Abdel Rahman Sameh Mahr	18	TWFIK	24.16	___
6	Marwan Nehad Zakareia	20	DEGLA	25.10	___
7	Karim Ahmed Al Sayed Met	24	SHOOT	25.74	___
8	Marwan Mohamed Abdel-H	20	DEGLA	25.90	___
9	Hesham Wael Makram	19	AHLY	26.61	___
10	Eslam Mohamed Elhamy	17	SHAMS	26.79	___

## Event 257 Women 13 &amp; Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 5 Prelims

4	Aya Hesham Abd El Badea	17	Bank Ahly Alex	NT	___
5	Basma Khaled Mostafa	19	SHOOT	NT	___
6	Haia Salah Mahmoud	18	AHLY	NT	___

## Heat 2 of 5 Prelims

2	Menatalah Amer Moh. Amei	19	GEZIR	NT	___
3	Nermen Ayman Ahmed	21	ZMALK	5:26.66	___
4	Samanta Shreef Soudy	17	Raas El Bar Club	5:24.96	___
5	Laylan Maged Amen Ibrahe	17	Bank Ahly Alex	5:14.14	___
6	Salma Husin Sayed Ahmed	17	Bank Ahly Alex	5:16.17	___
7	Aya Mohamed Osama Taha	17	SHOOT	5:25.85	___
8	Nada Mahmoud Salah El Di	18	SHAMS	5:40.51	___
9	Mariam Ashraf Hassan	17	Stad Mansoura	NT	___

## Heat 3 of 5 Prelims

1	Myrna Mohamed abd el Lat	17	Stad Mansoura	5:13.14	___
2	Merihan Mohamed abd el L	17	Stad Mansoura	5:11.82	___
3	Eman Ashraf Fouad Hassan	17	6 OCT	5:10.36	___
4	Reem Osama Abdel Halem	17	AHLY	5:07.19	___
5	Rewan Wael Khater	17	TANTA	5:02.33	___
6	Mariam Mohamed Omar	19	SHOOT	5:04.41	___
7	Engy Ahmed Mokhtar	17	AHLY	5:10.06	___
8	Hania Khaled Mohamed Ali	17	Cairo	5:11.00	___
9	Ingy Khaled Mamdouh	17	DEGLA	5:12.61	___
10	Yara Ahmed A.Rahman Ahr	18	ZMALK	5:13.32	___

## Heat 4 of 5 Prelims

1	Toqa Mohamed Ahmed Mou	17	AHLY	4:59.20	___
2	Salma Hossam ELDin Mahm	17	AHLY	4:55.30	___
3	Sara Mohamed Bhaa	13	HELOP	4:44.61	___
4	Farida Mohamed Fatty	16	SHOOT	4:38.52	___
5	Sandy Ayman Atef	18	AHLY	4:25.68	___
6	Asmaa El Sayed Abd El Raof	18	Bank Ahly Alex	4:31.68	___
7	Basmala Ashraf Sayed	19	AHLY	4:39.43	___
8	Hend Hamed Amr Hassan	20	AHLY	4:52.71	___
9	Maram Abdalla abd Elgany	17	ZMALK	4:56.87	___
10	Salma Yasser Salah El Din E	17	HELDO	5:01.11	___



## National Swimming Championship 2017-2018 - 3/20/2018 to 4/21/2018

## Meet Program - 19-04-2018 Morning P

## Heat 5 Prelims (#257 Women 13 &amp; Over 400 LC Meter Freestyle)

1	Dalya Hany Ragab	17	Stad Mansoura	4:58.89	___
2	Rawan Mahmoud Fouad	17	DEGLA	4:53.64	___
3	Retag Ashraf Abdel Naby Ar	16	AHLY	4:40.45	___
4	Farida Tharwat Maher	15	AHLY	4:38.42	___
5	Malak Mohamed Abd El Gat	14	Bank Ahly Alex	2:43.69	___
6	Yasmin Mamdouh Mahmou	19	AHLY	4:26.85	___
7	Nancy Samir Fahim	18	ZMALK	4:38.67	___
8	Nadin Adam Ahmed Foad M	15	SHAMS	4:47.09	___
9	Marim Amr ElSaban	19	AHLY	4:55.90	___
10	Souhaila Mohamed Mahmo	17	SHAMS	5:00.93	___

## Event 258 Men 13 &amp; Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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## Heat 1 of 7 Prelims

1	Yousef Moataz Saber	19	AHLY	NT	___
2	Houssein Hazem Ali Tantaw	17	ZMALK	NT	___
3	Mohamed Amin Sharaf	19	Alexandria	NT	___
4	Ismail Ibrahim Waheed	17	ISMIL	NT	___
5	Yousef Mohamed Fawzy	17	HELOP	NT	___
6	Yousef Nabil Abdel Aziz	17	DEGLA	NT	___
7	Gaser Ahmed Mostafa	18	Smouha	NT	___
8	Omar Khairy Ali	19	ZMALK	NT	___
9	Monzer Essam Mosaad Moh	17	Raas El Bar Club	NT	___

## Heat 2 of 7 Prelims

1	Ismail Abou El Seoud	18	SHOOT	NT	___
2	Mohamed Hasan Mohamd /	17	ZMALK	3:03.40	___
3	Kareem Mohamed Eldsoqy	17	RWAD	3:00.13	___
4	Zeiad Adham Mohamed Ah	17	BNK.G	2:54.37	___
5	Zeiad Mountaser Mohamed	19	SHOOT	2:51.41	___
6	Ahmed Amr Mohamed Dahy	17	TANTA	2:51.99	___
7	Ahmed Hany	17	Smouha	2:54.37	___
8	Ramy Nabil Faeid Beshay	17	SHOOT	3:01.26	___
9	Omar Ihab Ismail	17	ZMALK	3:11.49	___
10	Mahmoud Osama Mohamd	21	GHABA	NT	___

## Heat 3 of 7 Prelims

1	Youssef Mohamed Mokhtar	17	AHLY	2:48.96	___
2	Youssef Mohamed Salem	17	GHABA	2:47.98	___
3	Yousof Ihab Mohamed ElSaj	17	Bank Ahly Alex	2:46.60	___
4	Youssef Wassim Ramzy Abd	17	HELDO	2:46.37	___
5	Mohamed Ahmed Abdel Ma	20	6 OCT	2:44.20	___
6	Abd El Aziz Hanafe Ahmed	17	TALBE	2:44.43	___
7	Abdel Rahman Ahmed Moh.	18	DEGLA	2:46.48	___
8	Islam Ayman Abdel Aziz	18	ZMALK	2:47.49	___
9	Ahmed Haytham Fouad Hel	17	BNK.G	2:48.56	___
10	Hady Hane Talat	17	DEGLA	2:48.99	___

## Heat 4 of 7 Prelims

1	Ahmed Nader Ahmed	17	6 OCT	2:42.84	___
2	Ali Houssein Abass	17	AHLY	2:39.02	___
3	Abd Allah Fawzy Darwish	17	TANTA	2:38.01	___
4	Abd El Rahman Tamer Yous	16	Alexandria	2:37.82	___
5	Omar Tamer Mmdoh	17	Smouha	2:36.05	___
6	Mohamed Ahmed Salah El I	18	ZOHUR	2:36.29	___
7	Ziyad Ashraf Osman Taher	15	Alexandria	2:37.95	___
8	Abdallah Yasser Mohamed	17	Cairo	2:38.49	___
9	Shehab El Din MoatazBella	18	ZMALK	2:42.05	___
10	Ahmed Ashraf Mahmoud H	20	HELDO	2:43.74	___

## Heat 5 of 7 Prelims

1	Mohand Tarik Mohamed Ali	18	Smouha	2:34.67	___
2	Mohamed AbdElKarem Abo	16	M.Askaria Alex	2:33.06	___
3	Marwan Essam Ismaeil	21	Gezira El Ward	2:30.48	___
4	Ahmed Kamal Hafez	31	MAADI	2:27.25	___
5	Ahmed Yaser Ahmed Nasar	18	AHLY	2:22.96	___
6	Omar Hisham Raslan	21	Alexandria	2:25.03	___
7	Mohamed Ashraf Abdel Hay	17	AHLY	2:29.28	___
8	Abdel Rahman Mohamed Al	16	AHLY	2:31.29	___
9	Ibrahim Taha Ibrahim	19	BNK.G	2:33.63	___
10	Abd El Rahman Aly Moham	15	Alexandria	2:35.93	___

## Heat 6 of 7 Prelims

1	Mohamed Alaa Elkot	17	Smouha	2:34.15	___
2	Abdalah Waled el Said	15	Alexandria	2:32.03	___
3	Saif Ahmed abd Elmoniem I	15	SHAMS	2:29.70	___
4	Nour Essam Ismail Ossman	23	Gezira El Ward	2:27.15	___
5	Seif El Din Hisham Mohame	22	AHLY	2:21.66	___
6	Mahmoud Mohamed Mahm	17	ZMALK	2:24.23	___
7	Yousef Hazem Yousef Noufa	18	AHLY	2:28.29	___
8	Zeyad Osama Mohamed	17	Olympic	2:31.18	___
9	Selim Moh. Ahm. Moktar Ha	14	GEZIR	2:33.59	___
10	Mohamed Zeiad Mohamd E	16	SHOOT	2:35.42	___

## Heat 7 of 7 Prelims

1	Shady Mahmoud Hammam	16	MAADI	2:33.83	___
2	Mostafa Hatem Ataia	18	Cairo	2:32.02	___
3	Mohamed Moataz Abdel-H	18	AHLY	2:29.40	___
4	Mohamed Housam Ibrahim	22	AHLY	2:25.50	___
5	Hassan Yasser Ezzat	20	AHLY	2:18.18	___
6	Faris Mohamed Mashaly	19	Smouha	2:23.92	___
7	Daly Dimitrios Chin	21	Alexandria	2:27.96	___
8	Youssef Ayman Ezz Badr	20	AHLY	2:30.96	___
9	Ibrahim Samir Rady	18	AHLY	2:33.36	___
10	Ali Tarek Hamed	19	DEGLA	2:35.10	___



## National Swimming Championship 2017-2018 - 3/20/2018 to 4/21/2018

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## Event 259 Women 13 &amp; Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 7 Prelims

3	Darine Mohamed Essmat	20	AHLY	NT
4	Maram Mohamed Omar	17	SHOOT	NT
5	Rana Mohamed Monir	17	Smouha	NT
6	Naden Yasser Mohamed Ebi	19	M.ARB	NT
7	Souhaila Mohamed Salah	17	ZMALK	NT
8	Ahd Mohamed Sayed Fouad	19	ZMALK	NT

## Heat 2 of 7 Prelims

1	Salma Amr Alaa El Din	18	AHLY	NT
2	Mariam Tarik	17	Smouha	NT
3	Amal Hamdy Elsayed	19	AHLY	NT
4	Monera Ibrahim Basyony	19	Smouha	NT
5	Esraa Amr Mohamed Zouhr	19	ZMALK	NT
6	Farah Mohamed Nabil	19	AHLY	NT
7	Farah Tarik Abdel Fattah	17	SHAMS	NT
8	Nada Ahmed Othman	19	Bank Ahly Alex	NT
9	Malak Khaled Ahmed Zayan	17	Smouha	NT
10	Logaina Tarek ali Fateh Allh	17	Nasr City	NT

## Heat 3 of 7 Prelims

1	Haeidy Hassan Mohamd Ab	17	BNK.G	3:03.98
2	Radah Essam Eraky	17	SHOOT	3:02.82
3	Nelly Yaser Ragab Attia	18	Smouha	3:02.23
4	Malak Akmal Mohamed	17	6 OCT	2:56.26
5	Hana Amr Mamdouh	17	HELOP	2:52.61
6	Farida Hany Mahmoud Ibra	17	HELDO	2:55.65
7	Aya Mohamed Osama Taha	17	SHOOT	3:01.82
8	Raneim Mohamed Al Metw	17	Stad Mansoura	3:02.36
9	Meiar Yaser Moahmed Raou	17	ZMALK	3:03.17
10	Menatallah Hassan Ragab	17	Bank Ahly Alex	3:33.07

## Heat 4 of 7 Prelims

1	Rahma Ahmed Hesham Mol	17	HELDO	2:48.45
2	Sama Mohamed Raaft	18	AHLY	2:48.17
3	Hader Mohamed Seif El Din	17	TRSAN	2:47.00
4	Haidy Hosam Nabil Cotore	19	GEZIR	2:44.74
5	mai Samy Mohamed	18	MAADI	2:42.82
6	Maiya Kamil Samir	18	Alexandria	2:43.92
7	Nour Amr Ibrahim	17	Alexandria	2:44.94
8	Zena Wael Mohamed Ezzat	17	SHOOT	2:47.23
9	Hagar Hamdy Abdel Gawad	17	HELDO	2:48.33
10	Farah Essam Ismail Ossman	19	Gezira El Ward	2:52.03

## Heat 5 of 7 Prelims

1	Sohaila Mohamed abd Elsal	14	MAADI	2:40.54
2	Nadin Adam Ahmed Foad M	15	SHAMS	2:37.80
3	Salma Ashraf Mouhssein	17	Al Hawar	2:35.72
4	Hana Khaled Samy Hassan	16	SHOOT	2:30.46
5	Yara Emad Ibrahim	22	AHLY	2:23.74
6	Mariam Hossam Aly Sabou	17	GEZIR	2:26.56
7	Shahd Yasser	16	Smouha	2:32.05
8	Alya Mostafa Mohamed	15	AHLY	2:36.69
9	Yassmin Amr Ali	18	6 OCT	2:39.16
10	Raghd Mohamed Elsaid Mol	13	Smouha	2:41.93

## Heat 6 of 7 Prelims

1	Gana Nasr El Din Ali	14	Alexandria	2:40.26
2	Aisl Magd El Sayed	18	AHLY	2:37.67
3	Sara Soliman Said	14	AHLY	2:34.68
4	Souhaila Abou El Mgd Ahme	17	6 OCT	2:27.87
5	Lojen Deiaa Eldin Abd Elale	15	DEGLA	2:22.67
6	Rawan Tamer Mohamed	14	DEGLA	2:26.37
7	Dina Mosaad El Taiybe	15	Alexandria	2:31.82
8	Hana Mostafa Ahmed Hamd	17	AHLY	2:36.64
9	Hanya Hossam Nabil El Cot	21	GEZIR	2:39.14
10	Rawan Mahmoud Fouad	17	DEGLA	2:41.74

## Heat 7 of 7 Prelims

1	Gana Mohamed Abd ElSame	13	SHOOT	2:39.91
2	Youmna Osama Hussein	17	AHLY	2:37.66
3	Sara Mohamed Hassan	17	AHLY	2:33.69
4	Dina Khaled Elgaloly	18	Alexandria	2:27.78
5	Rewida Hisham Tolba Ibrah	23	AHLY	2:19.76
6	Nour Diaa Elden abo Bakr	14	HELOP	2:25.82
7	Maryem Ahmed Khalifa Mol	19	Bank Ahly Alex	2:31.73
8	Farah Amr Abdel Motaleib	15	SHOOT	2:36.23
9	Sara Mohamed Bhaa	13	HELOP	2:38.55
10	Haia Salah Mahmoud	18	AHLY	2:41.18

