

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 07-04-2019 Evening

## Event 163 Boys 14 Year Olds 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
2	Yosef Fathy Al Ghanduor	14	Canal El Suez	NT
3	Ahmed Mohamed Al Sayed	14	Canal El Suez	NT
4	Mohamed Tarek Fayiz	14	HELOP	11:01.80
5	Omar Shrif Moustafa	14	ZMALK	10:34.38
6	Esmail Amro Ebrahim Elbad	14	SHOOT	10:47.02
7	Moaz Ahmed Ismail	14	Canal El Suez	NT
8	Houssein Salem Sayed	14	Canal El Suez	NT
9	Mohamed Tamer Fahmy	14	Canal El Suez	NT

## Heat 2 of 6 Finals

1	Mazen Yousry El Ghonimy	14	TANTA	10:32.44
2	Yousef Mohamed Farouk Sale	14	6 OCT	10:21.40
3	Ahmed Tarek Mohamed Abde	14	M.ARB	10:20.62
4	Abd El Rahman Mohamed Fai	14	SHOOT	10:18.64
5	Eyad Mohamed Gamal	14	DEGLA	10:07.17
6	Mhmoud Wled Fkri Mhmoud	14	6 OCT	10:13.87
7	Ahmed Ramy El Sayed Abdall	14	DEGLA	10:20.06
8	Mohamed Housam Eldin	14	ZMALK	10:21.05
9	Saif Esam Abd Elmenem	14	NASR	10:27.56
10	Moaz Nasser Eid Abd Allah	14	TALBE	10:33.19

## Heat 3 of 6 Finals

1	Mohamed Ali Mohamed Ali	14	DEGLA	10:03.46
2	Adham Mhammed Arafa Has:	14	Al Hawar	10:01.10
3	Iyad Mohamed Abdel Azem e	14	Al Hawar	9:59.84
4	Mostafa Emad Mohamed Aw:	14	Gezira El Ward	9:56.83
5	Salah Eldin Mohamed Salahe	14	Cairo	9:54.79
6	Yasin Mahmoud Mostafa	14	SHOOT	9:54.95
7	Yousif Ayman Mohamed Elgw	14	Smouha	9:59.18
8	Mostafa Tamer Mamdouh	14	Baladyat El Maha	10:00.20
9	Yossif Khaled Morsy	14	A S E C	10:01.53
10	Fathey Ahmed Fathey abd el	14	Stad Mansoura	10:05.93

## Heat 4 of 6 Finals

1	Aly Shref Aly Mohamed	14	SHOOT	9:52.86
2	Marwan Mohamed Abdallah	14	DEGLA	9:50.59
3	Omar Tarek Omar el Koly	14	Al Hawar	9:48.63
4	Abd ElRahman Mohamed Ain	14	SHOOT	9:45.32
5	Marawan Ayman Abd El Hafiz	14	SHOOT	9:41.90
6	Omar Wael Galal	14	Police Club	9:44.35
7	Mohamed Tarek Seiam	14	HELOP	9:47.34
8	Omar Ibrahim Elshahat Eln	14	Smouha	9:49.97
9	Ahmed Beshar Mostafa Moha	14	6 OCT	9:52.77
10	Hesham Nader Kamal	14	AHLY	9:54.12

## Heat 5 of 6 Finals

1	Marawan Emad Hamed	14	AHLY	9:40.05
2	Marawan Tarek Ehab	14	AHLY	9:37.97
3	Mohamed Tarek Rashad Abd	14	SHAMS	9:35.93
4	Yousf Mohmed Mdht Mohmei	14	6 OCT	9:33.83
5	Yasin Housam Fyd Altranesy	14	6 OCT	9:31.80
6	Sife Mohamwd Saber	14	ZMALK	9:32.68
7	Ali Khaled Ali	14	SHOOT	9:34.83
8	Amr Khaled Mohamed Abdel	14	DEGLA	9:36.87
9	Eyad Ahmed Zakaria	14	AHLY	9:37.98
10	Ahmed Mahmoud Fouad Mah	14	DEGLA	9:40.24

## Heat 6 of 6 Finals

1	Mohamed Ahmed Fouad	14	AHLY	9:27.96
2	Omar Mohsen Ramdan Abde	14	Smouha	9:27.55
3	Adham Ayman Monir Hashen	14	TRSAN	9:21.07
4	Mohamed Elsaid Ibrahim Ba	14	Stad Mansoura	9:12.90
5	Seif Eldin Ahmed Mohamed	14	AHLY	9:05.94
6	Omar Ahmed Hassan Ryaan	14	SHAMS	9:06.16
7	Ahmed Ayman Ali Mohamed	14	SHAMS	9:17.64
8	Seif Walaa Antar	14	DEGLA	9:25.49
9	Omar Gaber Aly	14	AHLY	9:27.89
10	Mohamed Elsaid El Eraqy	14	Baladyat El Maha	9:28.35

## Event 164 Boys 15 Year Olds 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
1	Mostafa Walid Mostafa AlSw	15	TANTA	NT
2	Ali Mohamed Gamal	15	DEGLA	10:30.99
3	Zeyad Mohamed Abdel Fatah	15	Al Hawar	10:12.44
4	Youssef Ahmed Taha	15	ZMALK	10:07.53
5	Youssef Amgad Ali Fahmy	15	SHAMS	10:02.87
6	Amr Mohamed Saad Bayomy	15	Al Hawar	10:04.84
7	Abdelrahman Ased Mohamec	15	DEGLA	10:09.01
8	Ez Elden Tamer	15	GHABA	10:30.77
9	SifEldin Hossam Mohamed El	15	Smouha	10:32.14

## Heat 2 of 4 Finals

1	Mina Yousif Moris Mikhaee	15	Smouha	10:00.06
2	Seif Amr Samir Abd ElSamad	15	SHAMS	9:56.43
3	Adel Amr Adel	15	Sporting	9:54.65
4	Mohamed Emad El Din	15	TANTA	9:47.71
5	Omar Moamed Lotfy Abdo Yo	15	Al Hawar	9:45.40
6	Mohamed Khaled Adb Elhake	15	SHOOT	9:46.44
7	Mohamed Samy Maher	15	AHLY	9:51.69
8	Yousef Ahmed Abdel Monem	15	6 OCT	9:56.01
9	Nour Maged Mohamed	15	SHOOT	9:57.22
10	Abd Elrahman amr abd Elkh	15	M.ARB	10:00.89

## Heat 3 of 4 Finals

1	Ahmed Mohammed Hamdy S	15	Al Hawar	9:41.56
2	Yosef Shereef Yosef Oweda	15	Gezira El Ward	9:36.68
3	Mounir Ramez Mounir	15	SHOOT	9:30.91
4	Samir Sameh el Batal	15	DEGLA	9:20.91
5	Houssen Talal Houssen Sayd	15	6 OCT	9:14.57
6	Yassin Esam El Din	15	Sporting	9:19.86
7	Ahmed Hazem Mohamed Apc	15	6 OCT	9:29.78
8	Saad ElDen Saeed Saad	15	Sporting	9:31.62
9	Mahmoud Hesham El Ansary	15	DEGLA	9:39.01
10	Ahmed Yaser Samy Borham	15	Al Hawar	9:42.69

## Heat 4 of 4 Finals

1	Farouk Adel Farouk Amar	15	6 OCT	9:14.02
2	Mostafa Adel Khalil Ibrahim	15	Smouha	9:04.65
3	Mooataz Tarek Ibrahim Moha	15	AHLY	9:01.03
4	Youssef Magdy Elhady	15	AHLY	8:55.15
5	Ahmed Sameh Elsaid	15	AHLY	8:41.47
6	amr Mohamed Anter	15	ZMALK	8:47.66
7	Yasin Hatem Sery	15	HELOP	8:58.16
8	Ahmed Mohamed Elhoussein	15	AHLY	9:01.91
9	Ahmed Taher Allam	15	Stad Mansoura	9:07.82
10	abd Elrahman Tarek Mohame	15	Stad Mansoura	9:14.38

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 07-04-2019 Evening

**Event 165 Boys 16 Year Olds 800 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

4	Mohamed Al Sayed Ali Alleith	16	Stad Mansoura	NT
5	Mohamed Ehab Elsaeyd	16	DEGLA	10:46.17
6	Nour Aldeen Ahmed Hassen	16	Nasr City	11:09.25

**Heat 2 of 5 Finals**

2	Mohamed Osama Mohamd Al	16	SHOOT	10:13.17
3	Seif El Din Said Mohamed	16	ENPPI	10:00.58
4	Yosef Mohamed Hegazy Hasa	16	Al Hawar	9:54.27
5	Mohamed Wael Abdel Monae	16	ENPPI	9:46.28
6	Khaled Ahmed Farouk Ramda	16	Cairo	9:48.57
7	Mahmoud Essam El Din Abd	16	ZOHUR	9:57.93
8	Mohamed Ahmed Omran Al F	16	AHRAM	10:10.01
9	Omar Ahmed Ismail	16	Canal El Suez	10:21.25

**Heat 3 of 5 Finals**

1	Yousef Hasham abd el Fatah	16	Sporting	9:42.12
2	Yousif Khaled Mohamed Ahm	16	Smouha	9:39.57
3	Ahmed Islam Mahmoud	16	ZMALK	9:34.31
4	Omar Medhat Hassan	16	AHLY	9:32.65
5	Zeiad Hamdy Amin Ossman	16	ZMALK	9:27.89
6	Yassin Amir	16	GHABA	9:31.71
7	Ahmed Mahmoud Abd Elazee	16	RWAD	9:33.89
8	Karim Mohamed Ahmed Bad	16	TANTA	9:36.39
9	Ahmed Mohamed Noaaman	16	Smouha	9:39.71
10	Mohamed Mostafa Mohamed	16	Nasr City	9:45.84

**Heat 4 of 5 Finals**

1	Omar Akram Ibrahim	16	SHOOT	9:22.32
2	Ahmed Hesham Nageib	16	ZMALK	9:19.82
3	Mohamed Hany Sadek	16	Gezira El Ward	9:16.71
4	Ahmed Sameh Awad	16	RWAD	9:15.05
5	Yousef Yahya Zakriya Ramady	16	Sporting	9:14.55
6	Yahia Ashraf Madkour	16	Smouha	9:14.98
7	Zyad Wael Abass Bhr	16	6 OCT	9:16.63
8	Mostafa Mohamed Mahmoud	16	AHLY	9:17.92
9	Mahmoud Moustafa El Marak	16	Sporting	9:21.35
10	Omar Hosam Mohamed Atyy	16	Al Hawar	9:22.69

**Heat 5 of 5 Finals**

1	Karim Mohamed Mamdouh	16	AHLY	9:08.25
2	Abo Baker Hazem Hosney Mc	16	SHAMS	9:06.37
3	Khaled Mohamed Kamel	16	AHLY	8:57.65
4	Mrawan Mostafa Mowaled	16	DEGLA	8:47.89
5	Shady Mahmoud Nader	16	AHLY	8:45.77
6	Mohamed Hesham Ismsil Hai	16	6 OCT	8:46.84
7	Moustafa Tarik Moustafa	16	HELOP	8:53.25
8	Mohamed Mahmoud Moham	16	GHABA	8:58.11
9	Omar Ahmed Anees	16	Gezira El Ward	9:07.20
10	Karim Assem Hmad Kasem	16	6 OCT	9:09.67

**Event 166 Girls 14 Year Olds 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

4	Lojain Osama Mohamed	14	DEGLA	NT
5	Leila Ahmed Ebrahim Ali Eid	14	HELDO	6:51.50
6	Farida Talaat Lotfy Singer	14	HELDO	7:08.16

**Heat 2 of 4 Finals**

1	Sara Sameh Awad Elsaid	14	RWAD	6:46.22
2	Shaden Abo El Ela Hamdy	14	AHLY	6:41.52
3	Sama Wael Mohamed EL Had	14	SHAMS	6:23.68
4	Nareman Mohamed Ibrahim	14	TALBE	6:20.43
5	Mariam Nasr Ahmed Said	14	MAY15	6:15.32
6	Kenzy Amr Hanafy	14	DEGLA	6:15.48
7	Hana Ahmed Ateia	14	DEGLA	6:23.23
8	Nour Ahmed Samer	14	Sporting	6:23.78
9	Karma Emad Naeem Guda	14	HELDO	6:41.59

**Heat 3 of 4 Finals**

1	Basmala Ahmed AbdElftah	14	Smouha	6:12.41
2	Nybal Esmaeel aly	14	Al Hawar	6:03.36
3	Goudy Ahmed Elsayed	14	AHLY	6:02.70
4	Gody Tarik Salah Elwilily	14	Smouha	6:00.63
5	Kenzi Magdy Elshahat	14	Elethead	5:57.52
6	Salma Khaled Elsayed	14	DEGLA	5:57.76
7	Aya Ashrf Ahmed Mohamed Al	14	6 OCT	6:01.55
8	Donia Ebrahim Ebid	14	Sporting	6:03.07
9	Rahaf Ahmed Esmaeel	14	ZMALK	6:11.33
10	Mariam Bassem Beshay Mou	14	HELDO	6:15.05

**Heat 4 of 4 Finals**

1	Maryam Emad Mohamed Elh	14	Gezira El Ward	5:49.66
2	Nouran Mahmoud Mohame	14	DEGLA	5:38.44
3	Joudy Ahmed Mohamed Nou	14	MAY15	5:36.08
4	Yara ali el Koshy	14	ZMALK	5:34.32
5	Zaina Mohamed Haitham Has	14	SHOOT	5:14.32
6	Kenzy Mostafa Zakaria	14	AHLY	5:28.30
7	Mena Tarek Aly	14	AHLY	5:34.77
8	Mariem Mohamed Emad Fah	14	MAADI	5:38.05
9	Salma Ahmed Mohamed Khal	14	Gezira El Ward	5:39.55
10	Dina Ebrahim Ebid	14	Sporting	5:55.77

**Event 167 Girls 15 Year Olds 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

1	Salma Hesham Mohamed	15	ZMALK	6:42.04
2	Fatma Nader Glal Mhrz	15	6 OCT	6:38.10
3	Aya Mohamed Hosam Elden /	15	6 OCT	6:30.55
4	Merna Mohamed adb Elhady	15	ZMALK	6:19.45
5	Salma Waled	15	Smouha	5:57.29
6	Malak Ahmed Nagy Ali	15	HELDO	6:05.77
7	Salma Mohamedf Abdel Salar	15	HELDO	6:26.50
8	Malak Ahmed Mohamed	15	DEGLA	6:31.72
9	Hoda Hesham Mohamed Mo	15	6 OCT	6:40.91

**Heat 2 of 2 Finals**

1	Malak Khaled Abdelhady	15	AHLY	5:52.11
2	Marim Mhmod Elsaid Elshik	15	Smouha	5:39.12
3	Hanin Ashraf aly	15	Olympic	5:35.52
4	Fatma Mohamed Klel Ebrahim	15	6 OCT	5:27.06
5	Rawan Tamer Mohamed	15	DEGLA	5:06.27
6	Nour Diaa Elden abo Bakr	15	HELOP	5:08.92
7	Maya Osama Handosa	15	Al Hawar	5:35.29
8	Gana Nasr El Din Ali	15	Sporting	5:38.47
9	Mariam Hesham Mohamed	15	AHLY	5:43.25
10	Hana Mohie el den Osman	15	HELOP	5:54.43

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 07-04-2019 Evening

**Event 168 Girls 16 Year Olds 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals</b>				
2	Dina Mosaad El Taiybe	16	Sporting	NT
3	Zeina Adham Mohamed Ahm	16	BNKG	6:33.99
4	Naghm Mohamed Slah	16	GHABA	6:25.64
5	Mariam Mohamed Osama Mc	16	SHOOT	6:17.60
6	Noran Wael Ali	16	Smouha	6:17.61
7	Rahma Mohamed Hassan Abc	16	HELDO	6:29.71
8	Basant Ahmed Abd Al-Aaty	16	SHAMS	6:36.63
<b>Heat 2 of 3 Finals</b>				
1	Soaad Mohamed Elsaid Ibrah	16	Smouha	6:14.57
2	Nourhan Raaft Elsaid	16	AHLY	6:08.52
3	Hana Tarek Fared	16	SHOOT	6:05.68
4	Jana Ahmed Ebrahim	16	Sporting	5:54.93
5	Yara Mahmoud Abdo Mosa	16	Al Hawar	5:42.55
6	Tasneem Mohamed Rashad	16	RWAD	5:54.30
7	Areeg Mohamed Faroak	16	Al Hawar	6:00.61
8	Lobna Hossam Mohamed	16	AHLY	6:06.17
9	Farah Ehab Fo`ad Elhussin	16	Smouha	6:10.27
10	Zina Ahmed Nabil	16	Sporting	6:17.08
<b>Heat 3 of 3 Finals</b>				
1	Mai Khaled Abdeltif	16	DEGLA	5:40.15
2	Sohaaila Ahmed Hamdy Bauc	16	6 OCT	5:37.75
3	Amina Ahmed El Sharkawy	16	Sporting	5:37.11
4	Habiba Hesham Mostafa Har	16	DEGLA	5:29.39
5	Lojen Deiaa Eldin Abd Elalerr	16	DEGLA	5:14.81
6	Alya Mostafa Mohamed	16	AHLY	5:29.05
7	Lena Ahmed Abdel-Wahab	16	AHLY	5:36.58
8	Malak Sherif Shawky El Goha	16	MAADI	5:37.15
9	Ayah Wael Mostafa	16	DEGLA	5:38.34
10	Mariam Emad Hamed Motaw	16	ZMALK	5:41.97