

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program - 08-04-2019 Morning

Event 169 Girls 14 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Finals				
4	Yara Osama Mohamed Zaatar	14	Taleaa El Gish	NT
5	Nourhan Hussien Ahmed	14	Taleaa El Gish	NT
6	Hagar Tamir Mohamed	14	SHOOT	NT
Heat 2 of 8 Finals				
1	Sama Samir ali Hasn	14	Canal El Suez	NT
2	Lyla Mohamed Rmdan	14	6 OCT	1:42.11
3	Engy Ibrahim Ali Sayed Hassa	14	Mansheit Naser	1:40.09
4	Malak Asem Hamd Kasem	14	6 OCT	1:34.42
5	Alia abd el Mohseen Galal	14	ZMALK	1:32.82
6	Sindrilla Mohamed Saied	14	ZMALK	1:33.61
7	Laila Mohamed Tarek	14	SHOOT	1:37.77
8	Youanna Morcos GabAllah Ge	14	HELDO	1:40.78
9	Jana Mohmed abd Tawab	14	MAY15	1:48.09
10	Jana Amir Abdel Fattah	14	Canal El Suez	NT
Heat 3 of 8 Finals				
1	Karma Abdel Fattah Abdul M	14	SHOOT	1:31.68
2	Shahd Emad Hamed Mohame	14	RWAD	1:31.22
3	Malak Amr Abd EL Khalek	14	HELOP	1:30.58
4	Doha Hussein Fathy Hussein	14	NASR	1:30.34
5	Mayar Abdelazem Ahmed	14	M.ARB	1:29.15
6	Yosr Wael Gmal	14	HELOP	1:29.34
7	Shza Ahmed Hmdy Ahmed	14	6 OCT	1:30.43
8	Lyla Tamer Ahmed Mgdey	14	6 OCT	1:31.03
9	Nor Salah El Din Mohmed	14	SHOOT	1:31.61
10	Malak Hesham Ahmed	14	ZMALK	1:32.52
Heat 4 of 8 Finals				
1	Fareda Shreif Halouda	14	HELOP	1:28.41
2	Leila Ahmed Ebrahim Ali Eid	14	HELDO	1:28.10
3	Habiba Walid Mohamed	14	AHLY	1:26.17
4	Habiba Sameh Fahmy	14	HELOP	1:25.77
5	Habiba Mohamed Moustafa	14	HELOP	1:25.34
6	Mrk Mohamed Shwkey Saad	14	6 OCT	1:25.50
7	Samira Sallah Mahroos	14	Mansheit Naser	1:26.05
8	Joanna Ateef Gatas	14	ZMALK	1:27.49
9	Gana Walid Mohamed	14	AHLY	1:28.19
10	Laila Tarek Bakry	14	HELOP	1:28.76
Heat 5 of 8 Finals				
1	Shahd Sherif Abdallah	14	M.ARB	1:24.59
2	Ganna Ahmed Yousof	14	TANTA	1:24.41
3	Sama Wael Mohamed EL Had	14	SHAMS	1:22.57
4	Nadeen Hossam Hosny	14	DEGLA	1:22.30
5	Farida amr Atia Saad	14	Nasr City	1:21.97
6	Mariam Ahmed Mohamed	14	AHLY	1:22.27
7	Fyrouz Wael Youssre	14	TALBE	1:22.51
8	Nareman Mohamed Ibrahim	14	TALBE	1:22.83
9	Yara Walid Mohamed	14	ZMALK	1:24.44
10	Reem Gamal Mohamed	14	ZMALK	1:25.16

Heat 6 of 8 Finals

1	Habiba Sherif Shams Eldien	14	DEGLA	1:21.76
2	Zeina Tamer Zeinhoum	14	AHLY	1:21.37
3	Zena Mahmoud Mohamed M	14	GHABA	1:20.77
4	Malak Mostafa Beshir	14	AHLY	1:20.48
5	Somia Ahmed Mohamed	14	GHABA	1:19.92
6	Karen Emad Email	14	DEGLA	1:19.93
7	Nour Mohamed Abd El Hady	14	Sporting	1:20.64
8	Rim Husin Khallaf	14	TANTA	1:21.21
9	Gana Tarek Mohamed Farid	14	SHOOT	1:21.67
10	Anan Mohamed Yehia	14	M.ARB	1:21.80

Heat 7 of 8 Finals

1	Malak Tarek El Kady	14	Sporting	1:18.86
2	Rewan Saed Khames Mahmo	14	Bank Ahly Alex	1:18.47
3	Jana Hassan Abdel Fattah	14	DEGLA	1:18.09
4	Gody Ahmed Badawy Mhmo	14	Smouha	1:16.38
5	Mariam Hany Sayed	14	DEGLA	1:14.73
6	Joudy Ahmed Fouad Shokry	14	DEGLA	1:15.86
7	Jana Mohamed Mahmoud	14	ZOHUR	1:17.75
8	Alaa Amr El Sokry	14	Sporting	1:18.22
9	Salma Waled Mohamed Elsayi	14	Smouha	1:18.80
10	Soha Hesham El Said Moham	14	SHOOT	1:19.29

Heat 8 of 8 Finals

1	Lama Tamer Mohamed Ahme	14	Smouha	1:13.20
2	Goumana Tarek Yehia	14	AHLY	1:12.59
3	Malak Khaled Abdel Aziz	14	AHLY	1:11.99
4	Hanan Ahmed Mohamed Ma	14	Olympic	1:11.70
5	Raghd Mohamed Elsaid Moh	14	Smouha	1:09.95
6	Farida Amr Mohamed Abd El	14	SHOOT	1:10.33
7	Mariam Mohamed Emad Fah	14	MAADI	1:11.91
8	Jana Gehad El Assal	14	TWFIK	1:12.36
9	Leila Mohamed Ibrahim	14	DEGLA	1:12.83
10	Lela Ahmed Kamal	14	GHABA	1:14.14

Event 170 Girls 15 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
3	Habeba amr abd el Salam	15	HELOP	1:36.09
4	Ayten Hassan Hamza	15	Smouha	1:26.41
5	Shorok Haitham Talaat	15	DEGLA	1:25.74
6	Salma Hesham Mohamed	15	ZMALK	1:26.37
7	Hoda Hesham Mohamed Mo	15	6 OCT	1:27.60
8	Gana Mohamed Khedr	15	AHLY	NT
Heat 2 of 5 Finals				
1	Dina Hesham Mohamed	15	ZMALK	1:24.67
2	Mariam Hossam	15	DEGLA	1:24.09
3	Lobna Saed Hanfy	15	DEGLA	1:23.93
4	Sandra Ghayes	15	GHABA	1:20.91
5	Habiba Safwat Saleh	15	ZOHUR	1:20.28
6	Lobna Ahmed Khalifa	15	Bank Ahly Alex	1:20.30
7	Esraa Ehab Zamel	15	ZMALK	1:21.32
8	Halaa Samy Yahya	15	SHAMS	1:23.94
9	Habeba Maged Mohsen	15	HELOP	1:24.46
10	Rawya Hossam Nabil	15	SHOOT	1:25.34

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Heat 3 Finals (#170 Girls 15 Year Olds 100 LC Meter Backstroke)

1	Mohra ez el den Hossam	15	HELOP	1:18.88
2	Fareda Yasser Mohamed Abd	15	6 OCT	1:18.42
3	Marim amr Mohamed	15	DEGLA	1:17.97
4	Malak Mohamed abd el Kerin	15	ZMALK	1:17.86
5	Malak Eslam Mohamed Moav	15	SHOOT	1:17.14
6	Hana Mohie el den Osman	15	HELOP	1:17.60
7	Hana Yasser Ghalab	15	AHLY	1:17.87
8	Rola Hasan Ragab	15	Bank Ahly Alex	1:18.07
9	Fatima Haytham Abd ElMene	15	TANTA	1:18.60
10	Mariam Hesham Aly Abd Har	15	TANTA	1:19.43

Heat 4 of 5 Finals

1	Yasmine Yasser Mamdouh	15	SHOOT	1:16.66
2	Razan Ahmed Hosny	15	DEGLA	1:16.17
3	Hana Hazem Mohamed	15	HELOP	1:15.89
4	Renad Khaled Mahmoud	15	AHLY	1:15.25
5	Hagr Ehab Mohamed Abdelk	15	6 OCT	1:15.07
6	Mariam Hazem Talaat	15	AHLY	1:15.11
7	Farah Emel Yosif	15	GHABA	1:15.57
8	Malak Ahmed Abo Bakr	15	SHOOT	1:16.09
9	Shahd Hazem Hassan Bahy E	15	MAADI	1:16.64
10	Lina Ahmed Farok AbdElazi	15	Smouha	1:16.87

Heat 5 of 5 Finals

1	Jouana Ahmed Mohamed Hus	15	Smouha	1:13.61
2	Noor Kamel ElNagar	15	Sporting	1:12.56
3	Malak Waled Essam Shabana	15	Smouha	1:10.85
4	Rola Abo El Naga El Sayed	15	A S E C	1:10.47
5	Hoda Ahmed Hussein	15	ZOHUR	1:09.23
6	Fatma Mohamed Klel Ebrahim	15	6 OCT	1:10.34
7	Shahd Ahmed Abd Elbaky	15	Sporting	1:10.69
8	Farida Ayman Samra	15	SHOOT	1:11.48
9	Farida Hossameldin Mohame	15	AHLY	1:13.18
10	Yasmine Sharif AbdElAziz Ga	15	SHAMS	1:13.85

Event 171 Girls 16 Year Olds 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
4	Shahed Osama Ahmed	16	RWAD	1:36.76
5	Mareina Ehab Karam	16	ZMALK	1:34.35
6	Farida Ahmed Aiyod	16	Sporting	1:35.38
7	Hana Wael Mohamed Elkabai	16	Smouha	1:37.23
Heat 2 of 5 Finals				
1	Rana Shaban Mostafa Sharf	16	Taleaa El Gish	1:30.16
2	Mariam Mohamed Moustafa	16	DEGLA	1:28.16
3	Habiba Wael Al Ghanam	16	GHABA	1:26.27
4	Joy Barssom Aghib	16	AHRAM	1:25.24
5	Kenzy Khaled AbdelAzim Abc	16	MAADI	1:24.48
6	Jana Ahmed Abdelhakim	16	GHABA	1:24.85
7	Salma Mohamed Shobir	16	TANTA	1:25.64
8	Malak Akram Mohamed Fawz	16	ZMALK	1:27.60
9	Sara Khaled Mahmoud Fawzy	16	ZMALK	1:29.53
10	Knoz Afify Abd Elkader	16	NASR	1:32.15

Heat 3 of 5 Finals

1	Lagein Haytham Essam Moha	16	ZMALK	1:23.86
2	Shaza Ashraf Hosny	16	DEGLA	1:22.78
3	Mariam Mohamed Mohamed	16	Police Club	1:22.12
4	Khadiga Ahmed Arafat	16	Sporting	1:21.43
5	Mawada Sameh Mohamed	16	RWAD	1:20.94
6	Caren Hany Gamal	16	Sporting	1:20.99
7	Zina Ahmed Nabil	16	Sporting	1:21.94
8	Rahma Mohamed Hassan Abc	16	HELDO	1:22.58
9	Nada Haytham El Sayed Heik	16	HELDO	1:22.97
10	Malak Amr Essmat Mohamed	16	ZOHUR	1:24.00

Heat 4 of 5 Finals

1	Alia Ali Mohamed	16	HELOP	1:18.48
2	Hagar Hassan Abdel Rhman	16	TALBE	1:17.53
3	Malak Nasr El Din Ibrahim	16	ZMALK	1:17.37
4	Sara Ali Tawfek Drakoun	16	SHOOT	1:16.38
5	Shad Ahmed Deiaa	16	Stad Mansoura	1:15.75
6	Hader Waled abd Elfatah	16	DEGLA	1:16.25
7	Hana Hazem Ahmed	16	AHLY	1:17.09
8	Leina Waled Farouk	16	SHOOT	1:17.46
9	Dina Ahmed Elkharash	16	Smouha	1:17.74
10	Farida Ahmed Akel	16	HELOP	1:20.32

Heat 5 of 5 Finals

1	Mai Khaled Abdelltif	16	DEGLA	1:14.79
2	Hana Sameh Ghazy	16	SHOOT	1:14.61
3	Farah Osama Ahmed Mahmo	16	Bank Ahly Alex	1:12.87
4	Dana Tamer Shafiq	16	HELOP	1:10.78
5	Farah Amr Abdel Motaleib	16	SHOOT	1:07.20
6	Kenzy Ahmed Ali	16	AHLY	1:10.71
7	Lougin Yousief Ahmed Yousie	16	SHAMS	1:11.12
8	Souhaila Moahmed Mahmoud	16	SHOOT	1:13.92
9	Mena Ahmed Azmy Ahmed	16	Smouha	1:14.69
10	Malak Wesam Badr	16	TANTA	1:15.74

Event 172 Boys 14 Year Olds 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Finals				
2	Yaser Ahmed Mohamed Bayo	14	MOSTA	NT
3	Mohamed Hassan Mohamed	14	HLWAN	NT
4	Adm Mohamed Khalifa	14	SHOOT	3:11.68
5	Omer Mohamed Mahrous	14	Taleaa El Gish	3:06.61
6	Ziad Khaled Said Ibrahim	14	Taleaa El Gish	3:10.36
7	Houseen Mohseen Houseen	14	ZMALK	3:15.50
8	Sief Mohamed Sadoka	14	TANTA	NT
Heat 2 of 8 Finals				
1	Hassan Ahmed Hassan	14	ZMALK	3:04.59
2	Omar Walid Saber	14	SHOOT	3:02.02
3	Ahmed Tarek Ahmed	14	HLWAN	3:00.26
4	Hany Essam Sharkawy	14	TRSAN	2:59.00
5	Adam Ehab Mamdouh	14	Taleaa El Gish	2:55.35
6	Ahmed Magdy Abd Elhakim	14	NASR	2:58.43
7	Ali Ibrahim Ahmed	14	ZOHUR	2:59.32
8	Hassn Hatem Mohamed	14	ENPPI	3:00.51
9	Abd Alla Karim Ashraf Mahgc	14	GEZIR	3:03.64
10	Zyad Ahmed Abdelmnam Ali	14	6 OCT	3:06.49

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Heat 3 Finals (#172 Boys 14 Year Olds 200 LC Meter Backstroke)

1	Fares Sherif Mahmoud Fared	14	SHOOT	2:54.75
2	Ali Mohamed Mousa	14	TANTA	2:51.93
3	Ahmed Sharif Ahmed Abdalla	14	SHOOT	2:50.25
4	Ali Ahmed Soliman Ali	14	RWAD	2:49.87
5	Yosef Ahmed Sabry	14	HELOP	2:48.87
6	Abdalla Mohamed Saeid Mtwli	14	6 OCT	2:49.22
7	Omar Ahmed Magdy Abd AlM	14	HELDO	2:50.16
8	Farok Mohamed Fayk Alshaa	14	6 OCT	2:51.33
9	Mrawan Mahmoud Ahmed	14	TALBE	2:52.89
10	Ayman Yasser Manssour	14	TALBE	2:54.99

Heat 4 of 8 Finals

1	Omar Khaled Hasan	14	NASR	2:47.27
2	Mhmoud Mosleh Goda Atya	14	6 OCT	2:46.21
3	Yousif Shawky Mahros	14	SHOOT	2:44.97
4	Youssef Marwan Saied	14	DEGLA	2:43.67
5	Omar Wael Galal	14	Police Club	2:43.53
6	Mohamed Fouad	14	ZMALK	2:43.58
7	Ziad Amr Samir	14	NASR	2:44.78
8	Mhmoud Wled Fkri Mhmoud	14	6 OCT	2:45.08
9	Yossef Magdy el Azhary	14	HELOP	2:47.26
10	Yossef Moh. Shrif Moh. Elbari	14	GEZIR	2:47.75

Heat 5 of 8 Finals

1	Adham Mhammed Arafa Has	14	Al Hawar	2:43.07
2	Ahmed Sameh Abdelkader	14	DEGLA	2:42.28
3	Karim Mohamed Mahmood	14	TANTA	2:41.87
4	Ahmed Emad Ahmed	14	AHLY	2:40.47
5	Karem Ashraf	14	GHABA	2:39.57
6	Kareem Mohamed Fouad Alg	14	TWFIK	2:39.93
7	Abd El Monaem Mahmoud Al	14	ZOHUR	2:41.60
8	Abdalla Mostafa Ahmed	14	AHLY	2:41.93
9	Mohmd Ahmed Faruk Abdlhr	14	6 OCT	2:43.05
10	Mohamed Ahmed Mohamed	14	DEGLA	2:43.34

Heat 6 of 8 Finals

1	Mohamed Ahmed Ellethy	14	TANTA	2:37.85
2	Ahmed Yaser Mohamed	14	M.ARB	2:37.32
3	Aser Hosam Mohamed Elfhm	14	Bank Ahly Alex	2:35.70
4	Ahmed Hattem Ahmed	14	DEGLA	2:35.54
5	Ziyad Walid Nabiil	14	Sporting	2:34.99
6	Yassin Amr Warda	14	Sporting	2:35.51
7	Mahmoud Emad Abd Elmogh	14	ZOHUR	2:35.56
8	Seif Ahmed Nasr	14	TRSAN	2:37.05
9	Moustafa Yasser Abd El Latif	14	Sporting	2:37.54
10	Ali Khaled Ali	14	SHOOT	2:38.25

Heat 7 of 8 Finals

1	Mohamed Maged Mahmoud	14	Olympic	2:33.65
2	Mohamed Ahmed Maher	14	AHLY	2:32.83
3	Amr Khaled Mohamed Abdel	14	DEGLA	2:32.75
4	Abdel Rahman Khaled Zakari	14	AHLY	2:31.18
5	Ahmed Amr Abdel Azzim	14	AHLY	2:29.77
6	Malek amr Mahdy	14	Cairo	2:30.94
7	Adham Mohamed Elarby	14	Smouha	2:31.92
8	Mohamed Taha Abd El Raouf	14	DEGLA	2:32.77
9	Abd El Rahman Mohamed Ali	14	SHOOT	2:33.00
10	Hossien Mohammed Hossien	14	TALBE	2:34.85

Heat 8 of 8 Finals

1	ali Mohamed Sarwat	14	HELOP	2:29.21
2	Omar Ehab Ahmed Ghoraba	14	A S E C	2:27.99
3	Yousif Ahmed Ragab Elshame	14	Smouha	2:26.92
4	Mohamed Yaser Omar	14	Raas El Bar Club	2:24.12
5	Mohamed Hany Elsayed	14	AHLY	2:16.37
6	Khaled Ahmed Mahmoud Gal	14	Bank Ahly Alex	2:23.60
7	Ahmed Hazem Akram	14	DEGLA	2:26.08
8	Ahmed Mohamed Moharam	14	Mansoura	2:27.86
9	Mohamed Ramy Mohamed	14	AHLY	2:29.08
10	Moamen Khalid Mohamed	14	ZMALK	2:29.67

Event 173 Boys 15 Year Olds 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

4	Somow Eldeen Mohamed Esr	15	ZOHUR	2:55.47
5	Mohab Mohamed Salah Hosn	15	HLWAN	2:53.85
6	Hussein Ashraf Moustafa Kan	15	HELDO	2:55.05
7	Amr Ashraf Gabalaa	15	Raas El Bar Club	NT

Heat 2 of 6 Finals

1	Mazn Haythim Ezzat	15	Taleaa El Gish	2:52.64
2	Ziad Wael Mohamed	15	ZMALK	2:49.65
3	Yousef Mohamed Hashem	15	MAY15	2:44.37
4	Mohamed Ahmed Farghly	15	GHABA	2:41.40
5	Youssef Hassan Salah	15	Cairo	2:36.99
6	Mohamed Ahmed Galal	15	ZOHUR	2:37.94
7	Mohamed Hassan Mohamed	15	MAY15	2:43.50
8	Adham Ramy Yazed	15	HELOP	2:44.65
9	Ramy Kamel Mohamed Kame	15	RWAD	2:50.05
10	Omar Nashet Emam	15	TAGAM	2:53.16

Heat 3 of 6 Finals

1	Youssef Elsayed Aly	15	AHLY	2:36.18
2	Mostafa Walid Mostafa AlSw	15	TANTA	2:35.86
3	Marawan Ahmed Salah	15	DEGLA	2:33.16
4	Nour El Din Ahmed Salah Mo	15	MAADI	2:32.94
5	Mohamed Ahm. Aly Moh. Der	15	GEZIR	2:32.52
6	Amar Yasser Mohamed	15	ZOHUR	2:32.59
7	Mohmed Gmal Abdelnaser At	15	6 OCT	2:33.10
8	Mohamed Ahmed Salem	15	GHABA	2:33.22
9	Omar Ahmed Hegazy	15	TANTA	2:36.15
10	Walid Salah Abdallah Khali	15	RWAD	2:36.79

Heat 4 of 6 Finals

1	Omar Mohamed Mostafa Elsa	15	Smouha	2:31.85
2	Yusof Hazem Shebl Saleh	15	TANTA	2:30.89
3	Aser Mohamed Mosaad	15	AHLY	2:30.22
4	Almotz Bellah Housen Mohar	15	6 OCT	2:29.87
5	Mohamed Ahmed Mohamed	15	Smouha	2:29.68
6	Sief Mohamed Mahmohd	15	Baladyat El Maha	2:29.79
7	Mostafa Magdy Nabil	15	AHLY	2:30.07
8	Mohaned Alaa Mahmod Ali	15	Smouha	2:30.84
9	Yousif Wael Hamed Elsaid	15	Smouha	2:31.29
10	Yassin ali Mohamed Fayez Sal	15	DEGLA	2:31.94

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Heat 5 Finals (#173 Boys 15 Year Olds 200 LC Meter Backstroke)

1	Ahmed Hassan Alwan	15	ZMALK	2:29.37
2	Yossif Mohamed Ahmed Sadk	15	Sporting	2:28.01
3	Aly Hesham Alkabany	15	AHLY	2:26.22
4	Nour Eldin Ahmed Rady	15	AHLY	2:25.55
5	Abd El Rahman Ahmed Saed	15	TANTA	2:25.40
6	Ali Khaled Osama	15	DEGLA	2:25.54
7	Ahmed Tamer Mohamed	15	SHOOT	2:25.70
8	Omr Mohamed Salah Moslhy	15	6 OCT	2:26.63
9	Yossif Serag Mahmoud Hassin	15	Nasr City	2:28.62
10	Youssef Dieya ElSayed Elkiki	15	SHAMS	2:29.39

Heat 6 of 6 Finals

1	amr Tarek Alsaid Alaraby	15	Nasr City	2:22.65
2	Yasen Abdelaziz Mohsen Abe	15	6 OCT	2:21.98
3	Yousef Mohamed Abdel Halin	15	DEGLA	2:21.71
4	Omer Badr Kamel	15	SHOOT	2:18.40
5	Ahmed Hamdy Al Shaik	15	SHOOT	2:17.06
6	Marawan Ahmed Abdel Moez	15	DEGLA	2:17.81
7	Ahmed Awny Glal Aly	15	6 OCT	2:21.34
8	Omar Hany Mohamed Galal	15	Gezira El Ward	2:21.76
9	Yasin Alaa Ibrahim Elbieh	15	Smouha	2:22.58
10	Seif ElDein Ahmed Ebrahim F	15	SHAMS	2:24.05

Event 174 Boys 16 Year Olds 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

4	Ziad Shady Mohyeldien Hash	16	Taleaa El Gish	NT
5	Marwan Ahmed Abdalaty	16	MAY15	2:54.03
6	Hussin Hamdy Mohamed	16	HLWAN	3:01.64

Heat 2 of 5 Finals

1	Mohamed Hisham Fouad	16	NASR	2:48.21
2	Yousef Yaser Abdel Kader	16	ZMALK	2:40.26
3	Karim Hassan Ahmed	16	DEGLA	2:36.08
4	Ahmed Waled Ibrahim Salan	16	Smouha	2:34.46
5	Ibrahim Mostafa Talaat	16	Smouha	2:32.99
6	Zeiad Hamdy Amin Ossman	16	ZMALK	2:33.35
7	Abdalla Mohamed Abdel Mor	16	ENPPI	2:36.07
8	Mohamed Hossam Ali	16	ZMALK	2:36.79
9	Ebrahim Mohamed Hamed	16	TANTA	2:43.13

Heat 3 of 5 Finals

1	Omar Ahmed El Fatory	16	Sporting	2:32.22
2	Mohamed Tamer Mohamed Z	16	Smouha	2:31.26
3	Mohamed Hany Sadek	16	Gezira El Ward	2:30.66
4	Yahia Abd el Aaty Said	16	DEGLA	2:30.47
5	Amr Medhat Bader	16	Smouha	2:29.94
6	Khaled Ahmed Farouk Ramda	16	Cairo	2:29.99
7	Locman Mostafa Abdel Sabou	16	TALBE	2:30.66
8	Mohamed Ragaay Mohamed	16	AHLY	2:31.15
9	Yahia Mohamed Abdelaal Ebr	16	Nasr City	2:31.75
10	Ahmed Mahmoud Abd Elazec	16	RWAD	2:32.71

Heat 4 of 5 Finals

1	Yosef Mohamed Hegazy Hasa	16	Al Hawar	2:26.28
2	Zyad Waael Abass Bhr	16	6 OCT	2:25.82
3	Mohamed Maged Abdel Aziz	16	DEGLA	2:25.46
4	Hussein Walid Adel	16	AHLY	2:24.90
5	Omar Medhat Hassan	16	AHLY	2:24.28
6	Ramiz Elsaeyd Abdoh	16	DEGLA	2:24.65
7	Ali Ahmed Dawood	16	AHLY	2:25.43
8	Fahd Mohamed aly	16	Olympic	2:25.68
9	Abdulrahman Mohamed Mah	16	Police Club	2:25.88
10	Yousef Hasham abd el Fatah	16	Sporting	2:27.60

Heat 5 of 5 Finals

1	Yassin Amir	16	GHABA	2:22.69
2	Omar Sherif Sayed	16	ZMALK	2:19.40
3	Karim Mohamed Mamdouh	16	AHLY	2:17.04
4	Keirlis Gamal Sophy	16	GHABA	2:15.81
5	Mrawan Mostafa Mowaled	16	DEGLA	2:11.09
6	Waled Mohamed Sophy	16	Stad Mansoura	2:12.98
7	Zyad Magdi abd el Khalaa	16	ZMALK	2:16.89
8	Mohamed Ahmed Abdel Hak	16	SHOOT	2:18.34
9	Yousif Ashraf Madkour	16	Smouha	2:20.06
10	Karim Adel Ahmed Bahgat	16	ZOHUR	2:23.39

Event 175 Girls 14 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

4	Jana Mohmed abd Tawab	14	MAY15	3:48.26
5	Rola Mostafa Salah	14	SHOOT	3:25.02
6	Malak Asem Hamd Kasem	14	6 OCT	3:27.52

Heat 2 of 8 Finals

2	Nouran Mohamed Ali Moham	14	RWAD	3:14.79
3	Ola Ehab Samier Abd EL Kad	14	SHAMS	3:09.48
4	Arwa Sherif Mohamed Samy	14	SHOOT	3:08.48
5	Shza Ahmed Hmdy Ahmed	14	6 OCT	3:07.10
6	Sara Sameh Awad Elsaid	14	RWAD	3:07.66
7	Nour Reda Mohmed	14	MAY15	3:08.49
8	Malak Hesham Ahmed	14	ZMALK	3:11.57
9	Jana Mohamed Rashad	14	HLWAN	3:22.18

Heat 3 of 8 Finals

1	Salma Samir abd el Azim	14	TRSAN	3:05.86
2	Nour Mohamed Khairy Moha	14	DEGLA	3:04.99
3	Laila Tarek Bakry	14	HELOP	3:03.79
4	Jana Mohamed Elhalawany	14	DEGLA	3:01.76
5	Esraa Nasser Mahdy	14	ZOHUR	3:00.73
6	Shado Abd Elaziz Fayeze Moha	14	SHAMS	3:00.88
7	Hana Ahmed Ateia	14	DEGLA	3:02.60
8	Hanin Khaled Ali El Din	14	TANTA	3:03.85
9	Habiba Sameh Fahmy	14	HELOP	3:05.86
10	Kenzy amr Ahmed	14	ZMALK	3:06.37

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Heat 4 Finals (#175 Girls 14 Year Olds 200 LC Meter IM)

1	Maram Mohamed Wageh Ibr	14	Bank Ahly Alex	3:00.34
2	Habiba Mohamed Moustafa	14	HELOP	2:59.91
3	Rokaya Khalid El Masry	14	Sporting	2:59.34
4	Nour Mohamed Fathy	14	SHOOT	2:57.91
5	Mrk Mohamed Shwkey Saad	14	6 OCT	2:57.38
6	Nour Ahmed Samer	14	Sporting	2:57.80
7	Shams Anas Hessen Elsherif	14	SHAMS	2:58.41
8	Mariam Bassem Beshay Mou	14	HELDO	2:59.79
9	Farida Medhat Samir	14	ZOHUR	3:00.09
10	Marim Ahmed Farouk	14	AHRAM	3:00.57

Heat 5 of 8 Finals

1	Malak Mostafa Beshir	14	AHLY	2:56.54
2	Dorra Hesham Sayed Zahran	14	DEGLA	2:55.99
3	Gana Ashraf Abd El Hafez Mo	14	SHOOT	2:55.42
4	Gody Tarik Salah Elwilily	14	Smouha	2:52.63
5	Rawda Ashrif Ramdan	14	MAY15	2:52.13
6	Mariam Ahmed Mohamed	14	AHLY	2:52.39
7	Nor Mahmoud Anbar	14	GHABA	2:52.70
8	Hana Hisham Mohamed Yous	14	Smouha	2:55.65
9	Reham Amr Basha	14	TANTA	2:56.45
10	Mona Mahmoud Abdalla	14	AHLY	2:56.85

Heat 6 of 8 Finals

1	Gody Ahmed Zaki	14	TANTA	2:51.78
2	Donia Ebrahim Ebid	14	Sporting	2:50.48
3	Jana Mohamed Mahmoud	14	ZOHUR	2:50.44
4	Goudy Abdelhalem Fathala Z	14	Bank Ahly Alex	2:49.47
5	Goudy Ahmed Elsayed	14	AHLY	2:49.06
6	Basmala Ahmed AbdelEftah	14	Smouha	2:49.36
7	Dina Ebrahim Ebid	14	Sporting	2:50.23
8	Habeba Maysara Abdelhamec	14	M.ARB	2:50.45
9	Mariam Nasr Ahmed Said	14	MAY15	2:51.61
10	Rewan Saed Khames Mahmo	14	Bank Ahly Alex	2:52.03

Heat 7 of 8 Finals

1	Salma Khaled Elsayed	14	DEGLA	2:47.00
2	Gana Mohamed Abd ElSamed	14	SHOOT	2:46.10
3	Salma Ahmed Mohamed Khai	14	Gezira El Ward	2:45.71
4	Hanan Ahmed Mohamed Mal	14	Olympic	2:42.85
5	Maryam Emad Mohamed Elh	14	Gezira El Ward	2:41.41
6	Rodaina Mohamed Mohamed	14	Nasr City	2:41.90
7	Joudy Ahmed Mohamed Nou	14	MAY15	2:42.89
8	Mariam amr Mohamed	14	DEGLA	2:45.89
9	Rahaf Ahmed Esmaeel	14	ZMALK	2:46.26
10	Basmalah Gomaa Ali	14	Bank Ahly Alex	2:47.36

Heat 8 of 8 Finals

1	Nouran Mahmoued Mohamec	14	DEGLA	2:40.96
2	Malak Khaled Abdel Aziz	14	AHLY	2:39.20
3	Sara Mohamed Bhaa	14	HELOP	2:38.63
4	Kenzy Mostafa Zakaria	14	AHLY	2:35.64
5	Malak Mohamed Abbas Mohc	14	MAADI	2:32.86
6	Mariem Mohamed Emad Fah	14	MAADI	2:34.18
7	Yara ali el Koshy	14	ZMALK	2:38.17
8	Sara Elhamy Foad Abd El Sall	14	MAADI	2:39.09
9	Raghd Mohamed Elsaid Mohc	14	Smouha	2:40.89
10	Rawan Wael	14	AHLY	2:41.23

Event 176 Girls 15 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

2	Farida Ayman Mohamed Dah	15	HLWAN	3:21.00
3	Malak Qazzafi Shehata	15	GHABA	3:09.55
4	Esraa Ehab Zamel	15	ZMALK	3:07.08
5	Dina Hesham Mohamed	15	ZMALK	3:01.96
6	Salma Hesham Mohamed	15	ZMALK	3:04.11
7	Mona Adel Abdalla	15	AHLY	3:07.79
8	Mariam Essam ali Rezk	15	GHABA	3:10.75
9	Rawan Tamer Mohamed	15	DEGLA	NT

Heat 2 of 4 Finals

1	Lele Mohamed Mostafa	15	ENPPI	2:57.74
2	Khadiga Nabil Ephrahim	15	SHOOT	2:57.14
3	Gannat Allah Alaa El Din Ahr	15	ENPPI	2:55.91
4	Malak Khaled Aly	15	AHLY	2:54.18
5	Lina Ahmed Farok AbdElazi	15	Smouha	2:52.77
6	Sohaila Mohamed abd Elsalat	15	DEGLA	2:53.02
7	Dareen Amgad Emad	15	ZOHUR	2:55.15
8	Salma Mohamedf Abdel Salar	15	HELDO	2:56.14
9	Mariam Hossam	15	DEGLA	2:57.21
10	Malak Walid Ahmed	15	AHLY	2:59.97

Heat 3 of 4 Finals

1	Fareda Yasser Mohamed Abd	15	6 OCT	2:50.85
2	Hana Mohie el den Osman	15	HELOP	2:49.78
3	Dalya Ahmed Abdel Salam	15	MAY15	2:48.21
4	Lian Shady Sabry	15	HELOP	2:47.41
5	Nour Yasser Ahmed	15	ZOHUR	2:44.97
6	Hagr Ehab Mohamed Abdelk	15	6 OCT	2:46.99
7	Lobna Ahmed Khalifa	15	Bank Ahly Alex	2:47.41
8	Mallk Mahmoud Fahmy	15	MAY15	2:49.19
9	Hana Hesham Moustafa Ham	15	MAADI	2:50.28
10	Habiba Mohamed Abdallah	15	DEGLA	2:51.61

Heat 4 of 4 Finals

1	Ziena Ahmed El Sayed	15	DEGLA	2:43.30
2	Hana Aly Mahmoud	15	AHLY	2:39.98
3	Gana Nasr El Din Ali	15	Sporting	2:38.39
4	Hanin Ashraf aly	15	Olympic	2:37.29
5	Nour Diaa Elden abo Bakr	15	HELOP	2:22.86
6	Fatma Mohamed Klel Ebrahim	15	6 OCT	2:31.60
7	Malak Mohamed Abd El Gabe	15	Bank Ahly Alex	2:37.54
8	Maya Osama Handosa	15	Al Hawar	2:38.97
9	Laila Ahmed Adel El Kholy	15	MAADI	2:40.84
10	Renad Khaled Mahmoud	15	AHLY	2:44.63

Event 177 Girls 16 Year Olds 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Finals

4	Joy Barssom Aghib	16	AHRAM	3:17.97
5	Zeina Adham Mohamed Ahm	16	BNKG	3:09.32
6	Yasmen Samer Mahmoud	16	AHLY	3:15.05

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Heat 2 Finals (#177 Girls 16 Year Olds 200 LC Meter IM)

1	Basant Ahmed Abd Al-Aaty	16	SHAMS	3:07.67
2	Yasmein Hesham Mahmoud I	16	6 OCT	3:03.65
3	Noran Wael Ali	16	Smouha	2:58.21
4	Hana Mohamed Ashour	16	HELOP	2:54.30
5	Lobna Hossam Mohamed	16	AHLY	2:52.07
6	Farah Ehab Fo'ad Elhussin	16	Smouha	2:53.86
7	Shahd Walaa Noaaman	16	AHLY	2:56.07
8	Yomna Ayman Mohamed	16	AHLY	3:00.72
9	Mawada Sameh Mohamed	16	RWAD	3:07.07
10	Amina Maged	16	Sporting	3:08.80

Heat 3 of 4 Finals

1	Jana Ahmed Ebrahim	16	Sporting	2:50.60
2	Soaad Mohamed Elsaid Ibrah	16	Smouha	2:48.91
3	Mena Ahmed Azmy Ahmed	16	Smouha	2:48.47
4	Shahd Amin Mohamed Amin	16	Stad Mansoura	2:46.56
5	Malak Wesam Badr	16	TANTA	2:43.63
6	Tasneem Mohamed Rashad	16	RWAD	2:46.28
7	Hana Tarek Fared	16	SHOOT	2:47.31
8	Kinzy Shref Gabr	16	HELOP	2:48.85
9	Mennatullah Ashraf Mahmou	16	HELDO	2:49.35
10	Rodaina Wael Mohamed	16	RWAD	2:50.61

Heat 4 of 4 Finals

1	Malak Sherif Shawky El Goha	16	MAADI	2:41.02
2	Mariam Emad Hamed Motaw	16	ZMALK	2:40.33
3	Alya Mostafa Mohamed	16	AHLY	2:36.28
4	Farah Amr Abdel Motaleib	16	SHOOT	2:34.06
5	Lojen Deiaa Eldin Abd Elaler	16	DEGLA	2:22.67
6	Dina Mosaad El Taiybe	16	Sporting	2:33.25
7	Habiba Hesham Mostafa Ham	16	DEGLA	2:36.15
8	Ayah Wael Mostafa	16	DEGLA	2:39.43
9	Amina Ahmed El Sharkawy	16	Sporting	2:40.86
10	Mai Khaled Abdelltif	16	DEGLA	2:41.98

Event 178 Boys 14 Year Olds 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Finals

2	Ahmed Mohamed Gadalla	14	Taleaa El Gish	NT
3	Mahmoud Mohamed Desouk	14	Taleaa El Gish	NT
4	Gamal Ahmed Gamal din	14	TALBE	NT
5	Ahmed Wesam Badr	14	TANTA	2:55.45
6	Abdelrahman Khaled Mahmo	14	Taleaa El Gish	2:59.03
7	Mohamed Hisham Ali Elemar	14	Taleaa El Gish	NT
8	Amr Mohamed Ibrahim	14	ELCTR	NT
9	Ebrahim Moataz	14	Taleaa El Gish	NT

Heat 2 of 14 Finals

1	Youssef Mohamed Ibrahim	14	ZOHUR	2:52.23
2	Hamza M Abd Elaziz	14	NASR	2:51.11
3	Marwan Tamer Fares	14	ZOHUR	2:47.40
4	Youssef Lotfy El Sayed	14	ZOHUR	2:44.85
5	Mohamed Ebrahim Sadoma	14	TANTA	2:41.88
6	Yaser Khaled Mamdouh ali	14	TRSAN	2:42.03
7	Youssef Mohamed Adbel Rah	14	MAY15	2:47.31
8	Haytham Hesham Yehia Mou	14	HLWAN	2:51.01
9	Zeyad Amer Arby	14	TALBE	2:51.21
10	Mohammed Aadel Mostafa	14	TALBE	2:54.73

Heat 3 of 14 Finals

1	Mohamed Taher	14	Mansheit Naser	2:41.48
2	Ziad Alaa Ahmed Fahim	14	ZOHUR	2:39.93
3	Abd Elrohman Hassen Abd El	14	TALBE	2:38.81
4	Ali Ibrahim Ahmed	14	ZOHUR	2:38.37
5	Ahmed Ramadan Mohamed	14	RWAD	2:37.65
6	Abdel Aziz Yousery Abdel Azi	14	NASR	2:38.26
7	Noor Eldin Mohamed Abdelw	14	Nasr City	2:38.72
8	Mahmoud Mohamed Al Sayec	14	Al Shehk Zaeid	2:39.65
9	Seif Alla Amro Moh. Abd Elfat	14	GEZIR	2:39.99
10	Ahmed Hossam abd el Monee	14	TRSAN	2:41.86

Heat 4 of 14 Finals

1	Abdelrhman Mohamed Zaki	14	HLWAN	2:37.30
2	Yousef Moustafa Fargaly	14	RWAD	2:35.40
3	Ziad Mohab Mostafa	14	TAGAM	2:34.36
4	Frouk Mohamed Frouk	14	ZMALK	2:33.03
5	Ahmed Mohamed Sallah	14	Mansheit Naser	2:32.79
6	Yossef Moh. Shrif Moh. Elbar	14	GEZIR	2:32.84
7	Hassn Hatem Mohamed	14	ENPPI	2:33.45
8	Al Sayed Mohamed Al Sayed	14	Al Shehk Zaeid	2:34.69
9	Yassen Moh. Shrif Moh. Elbar	14	GEZIR	2:36.40
10	Zayad Badr Fathallah	14	M.S Tagamoa	2:37.47

Heat 5 of 14 Finals

1	Omar Tarik Assem	14	Nasr City	2:32.75
2	Mohamed Ashraf Abdelkaren	14	GHABA	2:31.84
3	Mohamed Hesham Mahmoud	14	Mansheit Naser	2:30.69
4	Zayad Atef Mohamed Ahmed	14	GHABA	2:30.11
5	Yossef Mohamed Abdelzaher	14	Police Club	2:28.93
6	Mohamed Abdel Rashed Moh	14	GHABA	2:30.01
7	Mohamed Tarek Fayiz	14	HELOP	2:30.41
8	Karim Samer Galal	14	Cairo	2:30.86
9	Mazen Gamal Abdallah	14	TALBE	2:32.34
10	Assem Asad	14	Taleaa El Gish	2:32.78

Heat 6 of 14 Finals

1	Ahmed Tarek Ahmed	14	HLWAN	2:27.94
2	Marwan Mohamed Maged	14	Cairo	2:27.45
3	Mohamed Fouad	14	ZMALK	2:27.33
4	Yaseen Nabil Mohamed	14	ZMALK	2:27.24
5	Omar Mohamed Mohamed Kl	14	M.ARB	2:26.66
6	Youssef Walid Mahmoud Ahn	14	Taleaa El Gish	2:27.12
7	Ali Ahmed Soliman Ali	14	RWAD	2:27.32
8	Seif Walid Hosny Ahmed	14	MAADI	2:27.42
9	Mahmoud Emad Abd Elmogh	14	ZOHUR	2:27.70
10	Karim amr Mahmoud	14	Nasr City	2:28.16

Heat 7 of 14 Finals

1	Omar Shrif Moustafa	14	ZMALK	2:26.28
2	Omar Mohamed Mahmoud	14	Sporting	2:26.05
3	Mohamed Elssameldin Mahr	14	Cairo	2:25.68
4	Hassan Hossam Hassan Kam	14	SHAMS	2:24.96
5	Loai Hany A bd EL Haliem	14	SHAMS	2:24.13
6	Ahmed Shady Abd ElRahman	14	HELDO	2:24.50
7	Adham Hisham Mahmoud	14	Cairo	2:25.53
8	Saif Esam Abd Elmenem	14	NASR	2:25.78
9	Omar Ahmed Magdy Abd AlM	14	HELDO	2:26.18
10	Ahmed Yasser Yehia	14	Cairo	2:26.44

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Heat 8 Finals (#178 Boys 14 Year Olds 200 LC Meter Freestyle)

1	Marawan Bader Eldin Radi	14	SHAMS	2:23.57
2	Youssef Abdullah Nabil	14	ZOHUR	2:23.12
3	Mazn Alsaied Atya Dawoud	14	6 OCT	2:22.24
4	Fathey Ahmed Fathey abd el	14	Stad Mansoura	2:22.15
5	Yousif Ayman Mohamed Elgw	14	Smouha	2:21.86
6	Yousef Ahmed Shalaby	14	TANTA	2:22.08
7	Mostafa Tarek Hassaneen	14	Cairo	2:22.20
8	Yousof Mohamed Hafez	14	TANTA	2:22.68
9	Yosef Ashraf Mahmoud Asho	14	MAADI	2:23.40
10	Ahmed Tarek Mohamed Abde	14	M.ARB	2:23.62

Heat 9 of 14 Finals

1	Karim Ahmed Maged	14	ZMALK	2:21.80
2	Khaled Mhmoud Mostfa Ali	14	6 OCT	2:21.30
3	Yossef Magdy el Azhary	14	HELOP	2:21.17
4	Adham Khaled Kamal	14	SHOOT	2:20.79
5	Mohammed Abdel Monem M	14	RWAD	2:20.70
6	Yousef Mohamed Farouk Sale	14	6 OCT	2:20.78
7	Ahmed Mohamed Eztt Alhdedi	14	6 OCT	2:21.02
8	Mohamed Housam Eldin	14	ZMALK	2:21.27
9	Mostafa Tamer Mamdouh	14	Baladyat El Maha	2:21.63
10	Mohamed Tarek Ahmed	14	GHABA	2:21.80

Heat 10 of 14 Finals

1	Adham Moh. Galal Eldin ELSa	14	GEZIR	2:20.67
2	Moaz Mohamed Samer abd .	14	Stad Mansoura	2:19.37
3	Yossif Khaled Morsy	14	A S E C	2:19.01
4	Yosef Mohamed abd Elbaser	14	GHABA	2:18.80
5	aly Mohamed aly Elsobky	14	DEGLA	2:18.55
6	Mohmed Khaled Ookel Abdal	14	6 OCT	2:18.79
7	Omar Walid Mamdouh Al Kh	14	MAADI	2:18.86
8	Yasin Mahmoud Mostafa	14	SHOOT	2:19.06
9	Abd El Rahman Mohamed Ali	14	SHOOT	2:19.90
10	Abd Elrahman Mohammed Z	14	RWAD	2:20.67

Heat 11 of 14 Finals

1	Basel Amir Ali Hosney	14	6 OCT	2:18.09
2	Omar Khaled Khamis	14	A S E C	2:17.46
3	Omar Ibrahim Elshahat Eln	14	Smouha	2:17.09
4	Amr Maged Abdel Gawad	14	DEGLA	2:15.70
5	Yousif Mohamed Soliman Om	14	Smouha	2:15.37
6	Salah Eldin Mohamed Salaha	14	Cairo	2:15.61
7	Omar Ahmed Elebyary	14	TANTA	2:15.85
8	Adham Ahmed Allaa Eldin Af	14	SHAMS	2:17.40
9	Youssef Alaa Mohamed	14	DEGLA	2:17.53
10	omr Mohamed Fathey Yousef	14	Stad Mansoura	2:18.30

Heat 12 of 14 Finals

1	Aly Shref Aly Mohamed	14	SHOOT	2:15.31
2	Omar Wael Galal	14	Police Club	2:14.88
3	Marawan Tarek Ehab	14	AHLY	2:14.47
4	Adham Ayman Monir Hashen	14	TRSAN	2:14.40
5	Mohamed Ahmed Fouad	14	AHLY	2:13.44
6	Fares Husin Atia	14	TANTA	2:13.74
7	Hesham Nader Kamal	14	AHLY	2:14.43
8	Amr Khaled Mohamed Abdel	14	DEGLA	2:14.76
9	Mohamed Elsaied El Eraqy	14	Baladyat El Maha	2:14.94
10	Adam Moh. Awaad Awaad	14	GEZIR	2:15.35

Heat 13 of 14 Finals

1	Karim Wael Abdala Abdelgeli	14	Nasr City	2:12.88
2	Ahmed Ayman Mohamed abd	14	Stad Mansoura	2:12.40
3	Seif Walaa Antar	14	DEGLA	2:11.63
4	Ali Khaled Ali	14	SHOOT	2:10.34
5	Sife Mohamwd Saber	14	ZMALK	2:09.98
6	Marwan Mostafa Mohamed M	14	Smouha	2:10.11
7	Abd ElRahman Mohamed Ain	14	SHOOT	2:11.50
8	Marwan Mohamed Abdallah i	14	DEGLA	2:11.97
9	Eyad Ahmed Zakaria	14	AHLY	2:12.52
10	Marawan Ayman Abd El Hafiz	14	SHOOT	2:13.35

Heat 14 of 14 Finals

1	Omar Gaber Aly	14	AHLY	2:09.57
2	Ahmed Amr Abdel Azzim	14	AHLY	2:09.03
3	Seif Eldin Ahmed Mohamed	14	AHLY	2:07.83
4	Mohamed Yaser Omar	14	Raas El Bar Club	2:05.26
5	Ziad Ehab Tawfek	14	DEGLA	2:03.18
6	Yousif Ahmed Ragab Elshame	14	Smouha	2:03.71
7	Nadem Kram Mohamed	14	HELOP	2:05.39
8	Mohamed Elsaied Ibrahim Ba	14	Stad Mansoura	2:08.48
9	Omar Mohsen Ramdan AbdEl	14	Smouha	2:09.20
10	Ahmed Tamer Mostafa Seed	14	6 OCT	2:09.69

Event 179 Boys 15 Year Olds 200 LC Meter Freestyle**Lane Name Age Team Seed Time****Heat 1 of 10 Finals**

2	Amr Ashraf Gabalaa	15	Raas El Bar Club	NT
3	Ahmed Mohamed Saleh	15	Cairo	2:41.57
4	Zeyad Ahmed Makhlof Elagm	15	TANTA	2:40.06
5	Mohamed Sherif Mohamed	15	ZOHUR	2:36.52
6	Ahmed Hesham Sabah	15	HELOP	2:39.64
7	Blal Mohamed Abd Elhamed	15	NASR	2:40.70
8	Yosef Ismail Atef	15	Canal El Suez	NT

Heat 2 of 10 Finals

1	Mohamed Ahmed Helmy	15	ZOHUR	2:33.88
2	Mohamed Mohamed Galal	15	Raas El Bar Club	2:33.10
3	Yossef Essam Mohamed Adel	15	GHABA	2:32.09
4	Ziad Wael Mohamed	15	ZMALK	2:31.81
5	Mohamed aly Mahmod Omra	15	TANTA	2:31.45
6	Mohab Mohamed Salah Hosn	15	HLWAN	2:31.50
7	Karim Mohamed Mahmoud	15	HELDO	2:32.07
8	Yousef Mohmed Hashem	15	MAY15	2:32.77
9	abd Elrahman Saeed Moham	15	ZMALK	2:33.78
10	Abd Alrhman Ayman Sameer	15	Raas El Bar Club	2:35.24

Heat 3 of 10 Finals

1	Adham Alaa El Dien Shaaban	15	ZOHUR	2:29.67
2	Mohamed Salah Mohamed	15	Cairo	2:26.53
3	Mostafa Mohamed gad	15	HLWAN	2:26.15
4	Youssef Hisham Kamal	15	MRAC	2:25.78
5	Ahmaed Abdeulnaser Moharr	15	ROYAL	2:25.32
6	Zeyad Essam	15	Baladyat El Maha	2:25.52
7	Ez Elden Tamer	15	GHABA	2:26.05
8	Abd El Rahman Yaser Abas M	15	MAADI	2:26.19
9	Ibrahim Sherif Ibrahim Mahn	15	MAADI	2:29.59
10	Karim Ayman Mohamed	15	RWAD	2:29.77

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Heat 4 Finals (#179 Boys 15 Year Olds 200 LC Meter Freestyle)

1	Marwan Mohamed Elsayed	15	NASR	2:25.17
2	Ahmed ` Amr AbdElazim Hab	15	Smouha	2:24.89
3	Ali Fady Houssein	15	SHOOT	2:22.27
4	Mohamed Ashraf A bd Elazee	15	GHABA	2:21.51
5	Sife Eldin Mohamed Salem	15	ZMALK	2:21.34
6	Hazem Ahmed Mahmoud	15	ENPPI	2:21.44
7	Sief Mohamed Salah	15	TANTA	2:22.23
8	Abanop Mohsen	15	HELOP	2:22.34
9	Abd Elrahman Hisham Ahme	15	M.ARB	2:24.90
10	Abdel Rahman Mostafa Abde	15	RWAD	2:25.29

Heat 5 of 10 Finals

1	Youssef Mohamed Abdallah	15	ZOHUR	2:21.12
2	Omar Mostafa Hafez Mostafa	15	Al Hawar	2:20.15
3	Youssef Hassan Salah	15	Cairo	2:19.43
4	Omar Ahmed Hussien	15	Cairo	2:18.86
5	Adham Ramy Yazed	15	HELOP	2:18.04
6	Seif ElIslam Ahmed Mahmou	15	SHAMS	2:18.45
7	Abd Elrahman amr abd Elkh	15	M.ARB	2:18.94
8	Ahmed Walid Hamdy	15	AHRAM	2:19.98
9	Mohamed Sherif Mostafa Ali	15	TWFIK	2:20.21
10	Seif Amr Samir Abd ElSamad	15	SHAMS	2:21.23

Heat 6 of 10 Finals

1	Amr Mohamed Saad Bayomy	15	Al Hawar	2:17.92
2	Ahmed Mohammed Hamdy S	15	Al Hawar	2:16.94
3	Nour El Din Ahmed Salah Mo	15	MAADI	2:16.03
4	Mrwan Mohmed Twfik Omra	15	6 OCT	2:15.37
5	Yousry Mohamed Yousry Zak	15	TANTA	2:13.69
6	Shref Amad Abd ElAzim	15	SHOOT	2:14.09
7	Omar Moamed Lotfy Abdo Yo	15	Al Hawar	2:15.85
8	Ali Ehab Abou Al Ezz	15	Raas El Bar Club	2:16.57
9	Mohamed Hazem Mohany En	15	HELDO	2:17.67
10	Adham Hossam ElDein Moha	15	SHAMS	2:17.98

Heat 7 of 10 Finals

1	Marawan Ahmed Salah	15	DEGLA	2:13.26
2	Youssef Dieya ElSayed Elkiki	15	SHAMS	2:12.95
3	Mohamed Ahmed Mohamed	15	Smouha	2:12.33
4	Mahmoud Hesham El Ansary	15	DEGLA	2:12.02
5	Yahia ali eid	15	DEGLA	2:11.71
6	amr Tarek Alsaid Alaraby	15	Nasr City	2:11.98
7	Mina Yousif Moris Mikhaee	15	Smouha	2:12.18
8	Yosef Shereef Yosef Oweda	15	Gezira El Ward	2:12.40
9	Ahmed Yaser Samy Borham	15	Al Hawar	2:12.98
10	Omar Alaa Eldin Wahba	15	SHAMS	2:13.59

Heat 8 of 10 Finals

1	Ibrahim Yaser Abdel Monaeir	15	Raas El Bar Club	2:11.43
2	Abd El Rahman Ahmed Saed	15	TANTA	2:11.25
3	Samir Sameh el Batal	15	DEGLA	2:10.70
4	Abdelrhman Mhmoud Mohar	15	6 OCT	2:10.14
5	Ahmed Awny Glal Aly	15	6 OCT	2:09.55
6	Moahamed Sameh Moustafa	15	MAADI	2:10.09
7	Ahmed Taher Allam	15	Stad Mansoura	2:10.23
8	Mahmoud Mohamed Shams I	15	SHOOT	2:11.16
9	Abdelrahman Osama Omar	15	Cairo	2:11.26
10	Yahiy Osama Amara	15	Sporting	2:11.59

Heat 9 of 10 Finals

1	Ahmed Hazem Mohamed Apr	15	6 OCT	2:09.01
2	Ahmed Hossam Abdallah	15	HELOP	2:08.70
3	Yassin Esam El Din	15	Sporting	2:08.44
4	Mounir Ramez Mounir	15	SHOOT	2:06.91
5	Marawan Ahmed Abdel Moez	15	DEGLA	2:06.72
6	Mahmoud Shehab Ahmed Mc	15	Bank Ahly Alex	2:06.84
7	Hazem Waheed Ibrahim	15	RWAD	2:07.50
8	Basel Ahmed Habeeb	15	SHOOT	2:08.60
9	abd Elrahman Tarek Mohame	15	Stad Mansoura	2:09.01
10	Ziad Abdel Ghany Osman	15	RWAD	2:09.54

Heat 10 of 10 Finals

1	Mooataz Tarek Ibrahim Moha	15	AHLY	2:06.11
2	Yousef Amr Mohamed	15	A S E C	2:05.78
3	Youssef Magdy Elhady	15	AHLY	2:03.65
4	Adham Mohamed Magdy Mal	15	MAADI	2:02.35
5	Ahmed Sameh Elsaid	15	AHLY	1:58.78
6	amr Mohamed Anter	15	ZMALK	2:02.15
7	Seif Ahmed Hegazy	15	AHLY	2:02.84
8	Farouk Adel Farouk Amar	15	6 OCT	2:04.76
9	Ahmed Mohamed Elhoussein	15	AHLY	2:06.10
10	Mostafa Adel Khalil Ibrahim	15	Smouha	2:06.36

Event 180 Boys 16 Year Olds 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

2	Khaled Reda Abdel Aziem	16	ELCTR	NT
3	Adham Hossam Awad Ibrahim	16	Taleaa El Gish	2:37.30
4	Fares Fathy Ahmed	16	HELOP	2:29.38
5	Abd Alla Mohamed Fathy	16	RWAD	2:25.38
6	Mostafa Ayman Mohamed Al	16	ZOHUR	2:25.57
7	Mohamed Sameh Mohamed	16	HELOP	2:35.24
8	Mohamed Ahmed Essam Akl	16	Smouha	NT

Heat 2 of 7 Finals

1	Mrawan Hisham Lotfy	16	Police Club	2:24.35
2	Hassan Abdelaal Abas	16	SHOOT	2:18.76
3	Omar Ahmed abd Elrahman	16	ZMALK	2:18.27
4	Ahmed Akram Mohamed	16	ZOHUR	2:17.78
5	Omar Mohamed Ezz El Dawla	16	ZMALK	2:16.22
6	Marwan Ahmed Said Nabawy	16	SHOOT	2:17.36
7	Mohab Ahmed Elsisi	16	TWFIK	2:17.85
8	Aly Haytham Fouad Helmy	16	BNKG	2:18.51
9	Ziad Tarek Essam Anwar Has	16	SHAMS	2:23.38
10	Ziad Kamel Ibrahim Kamel	16	Cairo	2:25.12

Heat 3 of 7 Finals

1	Mohamed Mostafa Mohamed	16	Nasr City	2:15.90
2	Mahmoud Waleed Elmasry	16	Cairo	2:15.11
3	Ahmed Hesham Nageib	16	ZMALK	2:12.91
4	Omar Akram Ibrahim	16	SHOOT	2:12.08
5	Ahmed Osama Tawfek	16	M.ARB	2:11.66
6	Abdel Rahman Tarik	16	GHABA	2:11.76
7	Ali Tamer Mohamed	16	HELOP	2:12.63
8	Omar Mohamed Farouk Al SI	16	SHOOT	2:14.68
9	Mohamed Osama Mohamd Al	16	SHOOT	2:15.45
10	Mohamed Ahmed Hamdy	16	Cairo	2:16.11

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program - 08-04-2019 Morning

Heat 4 Finals (#180 Boys 16 Year Olds 200 LC Meter Freestyle)

1	Mohamed Hany Sadek	16	Gezira El Ward	2:11.09
2	Yousif Khaled Mohamed Ahm	16	Smouha	2:10.29
3	Ali Mohamed ali abd el Rahm	16	SHAMS	2:09.71
4	Omar Sameh Abd Al-Aziz Alsl	16	SHAMS	2:08.69
5	Ahmed Mahmoud Abd Elazee	16	RWAD	2:08.27
6	Mohamed Yaser Mohamed	16	GHABA	2:08.50
7	Karim Adel Ahmed Bahgat	16	ZOHUR	2:08.99
8	Youssef Khaled Ramadan	16	BNK.G	2:10.10
9	Ahmed Islam Mahmoud	16	ZMALK	2:10.42
10	Adham Tarek Mohamed Elmc	16	SHAMS	2:11.62

Heat 5 of 7 Finals

1	Mohamed Al Sayed Ali Alleith	16	Stad Mansoura	2:08.01
2	Zyad Ahmed Hesen Mahmou	16	GHABA	2:07.43
3	Omar Ahmed El Faitory	16	Sporting	2:07.12
4	Aly Tamer Aly	16	Sporting	2:06.66
5	Yousof Yaser Shaaban	16	TANTA	2:05.90
6	Abo Baker Hazem Hosney Mc	16	SHAMS	2:06.31
7	Yahia Ashraf Madkour	16	Smouha	2:06.81
8	Mazin Taha Ebrahim	16	DEGLA	2:07.33
9	Mohamed Essam Salah	16	DEGLA	2:07.59
10	Mahmoud Moustafa El Marak	16	Sporting	2:08.10

Heat 6 of 7 Finals

1	Yasin HossamEldin	16	Smouha	2:04.96
2	Omar Ahmed Anees	16	Gezira El Ward	2:04.87
3	Yousef Yahya Zakriya Ramady	16	Sporting	2:04.54
4	Ahmed Moaataz Abdel-Aziz	16	AHLY	2:03.25
5	Omar Medhat Hassan	16	AHLY	2:03.17
6	Shady Mahmoud Nader	16	AHLY	2:03.21
7	Eyad Mohamed Nabih	16	Smouha	2:03.34
8	Yosif Ahmed Abdel Mohssin	16	DEGLA	2:04.80
9	Peitar Morcous Abdou	16	GHABA	2:04.91
10	Saif ElDin Aiman Ahmed	16	DEGLA	2:04.99

Heat 7 of 7 Finals

1	Yassin Emad Abd Elhakim	16	Sporting	2:02.45
2	Mohamed Mahmoud Moham	16	GHABA	2:02.25
3	Moustafa Tarik Moustafa	16	HELOP	2:01.85
4	Marwan Magdy Azzam	16	Olympic	1:59.45
5	Mrawan Mostafa Mowaled	16	DEGLA	1:58.58
6	Waled Mohamed Sophy	16	Stad Mansoura	1:59.37
7	Mohamed Hesham Ismsil Hai	16	6 OCT	2:00.52
8	Khaled Mohamed Kamel	16	AHLY	2:02.02
9	Mohamed Ashraf Fouad Hass	16	6 OCT	2:02.40
10	Youssef Eslam Farouk	16	AHLY	2:02.51