

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program - 09-04-2019 Evening

Event 202 Boys 14 Year Olds 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 4 Finals

2	Houssein Salem Sayed	14	Canal El Suez	NT
3	Mohab Mohammed abd Elazi	14	Al Hawar	20:10.85
4	Ali Ahmed Saad	14	DEGLA	19:53.36
5	Mostafa Tamer Mamdouh	14	Baladyat El Maha	19:25.37
6	Mhmoud Wled Fkri Mhmoud	14	6 OCT	19:46.84
7	Saif Esam Abd Elmenem	14	NASR	19:55.22
8	Yosef Fathy Al Ghanduor	14	Canal El Suez	NT
9	Moaz Ahmed Ismail	14	Canal El Suez	NT

Heat 2 of 4 Finals

1	Mohamed Yasser Mohmoud	14	ZMALK	19:19.64
2	Salah Eldin Mohamed Salaha	14	Cairo	19:15.21
3	Mostafa Emad Mohamed Aw	14	Gezira El Ward	19:02.04
4	Hesham Nader Kamal	14	AHLY	18:51.78
5	Adham Ahmed Mahmoud	14	AHLY	18:50.91
6	Omar Tarek Omar el Koly	14	Al Hawar	18:51.68
7	Yasin Mahmoud Mostafa	14	SHOOT	18:55.85
8	Mohamed Ali Mohamed Ali	14	DEGLA	19:14.74
9	Eyad Mohamed Gamal	14	DEGLA	19:16.50
10	Fathey Ahmed Fathey abd el	14	Stad Mansoura	19:22.53

Heat 3 of 4 Finals

1	Mohamed Tarek Rashad Abd	14	SHAMS	18:46.24
2	Ahmed Beshar Mostafa Moha	14	6 OCT	18:41.26
3	Yousf Mohmed Mdht Mohme	14	6 OCT	18:27.99
4	Ahmed Mahmoud Fouad Mah	14	DEGLA	18:26.80
5	Omar Gaber Aly	14	AHLY	18:18.71
6	Amr Khaled Mohamed Abdel	14	DEGLA	18:24.66
7	Yasin Housam Fyd Altranesy	14	6 OCT	18:27.60
8	Marawan Emad Hamed	14	AHLY	18:33.71
9	Marawan Tarek Ehab	14	AHLY	18:44.08
10	Omar Ibrahim Elshahat Eln	14	Smouha	18:46.29

Heat 4 of 4 Finals

1	Mohamed Elsaied El Eraqy	14	Baladyat El Maha	18:11.80
2	Adham Ayman Monir Hashen	14	TRSAN	18:06.64
3	Sife Mohamwd Saber	14	ZMALK	17:56.99
4	Seif Eldin Ahmed Mohamed	14	AHLY	17:39.59
5	Omar Ahmed Hassan Ryaan	14	SHAMS	17:25.92
6	Ahmed Ayman Ali Mohamed	14	SHAMS	17:29.31
7	Mohamed Elsaied Ibrahim Ba	14	Stad Mansoura	17:47.46
8	Mohamed Ahmed Fouad	14	AHLY	17:58.04
9	Seif Walaa Antar	14	DEGLA	18:10.28
10	Omar Mohsen Ramdan Abde	14	Smouha	18:12.02

Event 203 Boys 15 Year Olds 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 4 Finals

4	Abd El Rahman Yaser Abas M	15	MAADI	21:21.80
5	Youssef Ahmed Taha	15	ZMALK	19:18.89
6	Youssef Amgad Ali Fahmy	15	SHAMS	19:34.95

Heat 2 of 4 Finals

1	Nour Maged Mohamed	15	SHOOT	19:04.39
2	Mohamed Emad El Din	15	TANTA	18:53.37
3	Mohamed Khaled Adb Elhake	15	SHOOT	18:42.87
4	Adel Amr Adel	15	Sporting	18:40.13
5	Srag El Den Ahmed	15	Sporting	18:32.01
6	Mahmoud Hesham El Ansary	15	DEGLA	18:34.38
7	Ahmed Mohammed Hamdy S	15	Al Hawar	18:41.10
8	Zeyad Mohamed Abdel Fatah	15	Al Hawar	18:52.84
9	Seif Amr Samir Abd ELSamad	15	SHAMS	18:56.30
10	Yousef Ahmed Abdel Monem	15	6 OCT	19:07.16

Heat 3 of 4 Finals

1	Ahmed Hazem Mohamed Apc	15	6 OCT	18:22.80
2	Saad ElDen Saeed Saad	15	Sporting	18:17.25
3	Yasin Alaa Ibrahim Elbieh	15	Smouha	18:04.58
4	Houssen Talal Houssen Sayd	15	6 OCT	17:44.76
5	Yassin Esam El Din	15	Sporting	17:41.64
6	Ahmed Taher Allam	15	Stad Mansoura	17:42.53
7	Mohamed Mostafa Mohamed	15	DEGLA	18:03.75
8	Samir Sameh el Batal	15	DEGLA	18:04.94
9	Youssef Dieya ElSayed Elkiki	15	SHAMS	18:18.70
10	Yosef Shereef Yosef Oweda	15	Gezira El Ward	18:23.93

Heat 4 of 4 Finals

1	Zeyad Said Bahgat	15	AHLY	17:37.91
2	Farouk Adel Farouk Amar	15	6 OCT	17:35.03
3	Mostafa Adel Khalil Ibrahim	15	Smouha	17:22.70
4	Youssef Magdy Elhady	15	AHLY	17:11.70
5	amr Mohamed Anter	15	ZMALK	16:44.41
6	Ahmed Sameh Elsaid	15	AHLY	16:48.03
7	Yasin Hatem Sery	15	HELOP	17:18.02
8	Mooataz Tarek Ibrahim Moha	15	AHLY	17:25.34
9	Ahmed Mohamed Elhoussein	15	AHLY	17:35.14
10	abd Elrahman Tarek Mohame	15	Stad Mansoura	17:41.11

Event 204 Boys 16 Year Olds 1500 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 4 Finals

4	Mohamed Ehab Elsaeyd	16	DEGLA	20:26.66
5	Mohamed Mostafa Mohamed	16	Nasr City	19:37.60
6	Mohamed Gamal Ebrahim	16	DEGLA	20:09.36

Heat 2 of 4 Finals

1	Seif El Din Said Mohamed	16	ENPPI	18:52.19
2	Khaled Ahmed Farouk Ramd	16	Cairo	18:34.55
3	Karim Mohamed Ahmed Bad	16	TANTA	18:29.12
4	Ahmed Islam Mahmoud	16	ZMALK	18:22.78
5	Yousef Yahya Zakriya Ramady	16	Sporting	18:11.51
6	Omar Akram Ibrahim	16	SHOOT	18:13.14
7	Zyad Wael Abass Bhr	16	6 OCT	18:26.97
8	Yousif Khaled Mohamed Ahm	16	Smouha	18:31.83
9	Mohamed Wael Abdel Monae	16	ENPPI	18:40.98
10	Belal Maged Soliman	16	AHLY	19:06.04

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program - 09-04-2019 Evening

Heat 3 Finals (#204 Boys 16 Year Olds 1500 LC Meter Freestyle)

1	Zeiad Hamdy Amin Ossman	16	ZMALK	18:08.96
2	Omar Medhat Hassan	16	AHLY	18:01.98
3	Mahmoud Moustafa El Marak	16	Sporting	17:59.14
4	Yahia Ashraf Madkour	16	Smouha	17:56.22
5	Mohamed Hany Sadek	16	Gezira El Ward	17:46.98
6	Abo Baker Hazem Hosney Mc	16	SHAMS	17:48.04
7	Omar Hosam Mohamed Atyy;	16	Al Hawar	17:58.81
8	Mohamed Al Sayed Ali Alleith	16	Stad Mansoura	18:01.17
9	amr Hesham Bayomy	16	Cairo	18:06.40
10	Yousef Hasham abd el Fatah	16	Sporting	18:10.57

Heat 4 of 4 Finals

1	Ahmed Hesham Nageib	16	ZMALK	17:41.41
2	Karim Assem Hmad Kasem	16	6 OCT	17:38.09
3	Khaled Mohamed Kamel	16	AHLY	17:25.34
4	Moustafa Tarik Moustafa	16	HELOP	17:07.21
5	Mohamed Hesham Ismsil Hai	16	6 OCT	16:58.10
6	Shady Mahmoud Nader	16	AHLY	17:05.88
7	Mohamed Mahmoud Moham	16	GHABA	17:22.81
8	Karim Mohamed Mamdouh	16	AHLY	17:32.35
9	Omar Ahmed Anees	16	Gezira El Ward	17:38.14
10	Saif ELDin Aiman Ahmed	16	DEGLA	17:41.42

Event 205 Girls 14 Year Olds 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 6 Finals

2	Shaden Abo El Ela Hamdy	14	AHLY	1:29.54
3	Fareda Shreif Halouda	14	HELOP	1:27.12
4	Heba Allah Ahmed Yahia Mo	14	RWAD	1:26.97
5	Slma Emad Mohmed Mohme	14	6 OCT	1:26.42
6	Arwa Sherif Mohamed Samy	14	SHOOT	1:26.76
7	Salma Mohamed Ewees	14	AHLY	1:27.11
8	Leila Ahmed Ebrahim Ali Eid	14	HELDO	1:28.44
9	Gillan Essam Sayed EL Adly	14	SHAMS	1:39.04

Heat 2 of 6 Finals

1	Jannah Mohamed Farouk	14	Sporting	1:25.60
2	Shado Abd Elaziz Fayez Moha	14	SHAMS	1:24.95
3	Marim Mohamed Osman	14	NASR	1:23.98
4	Samira Sallah Mahroos	14	Mansheit Naser	1:22.40
5	Goudy Wael Ahmed Abd EL M	14	SHAMS	1:22.23
6	Nour Reda Mohamed	14	MAY15	1:22.33
7	Karma Emad Naeem Guda	14	HELDO	1:23.93
8	Kenzy amr Ahmed	14	ZMALK	1:24.41
9	Kenzy Walid Abdel Ghafour	14	AHLY	1:25.29
10	Gana Mohamed Abdelsamea	14	M.ARB	1:26.02

Heat 3 of 6 Finals

1	Hana Ahmed Ateia	14	DEGLA	1:21.85
2	Nadin Atef Mohamed	14	AHLY	1:21.50
3	Mariam Bassem Beshay Mou	14	HELDO	1:20.37
4	Jody Mostafa Az El Din	14	ENPPI	1:20.21
5	Nor Ahmed Ali Ahmed	14	Bank Ahly Alex	1:19.57
6	Rewan Saed Khames Mahmo	14	Bank Ahly Alex	1:20.14
7	Maram Mohamed Wageh Ibr	14	Bank Ahly Alex	1:20.27
8	Nour Ahmed Ibrahim Sarhan	14	MAADI	1:21.07
9	Sara Sameh Awad Elsaid	14	RWAD	1:21.62
10	Lyla Tamer Ahmed Mgdely	14	6 OCT	1:21.85

Heat 4 of 6 Finals

1	Nour Ahmed Samer	14	Sporting	1:19.04
2	Donia Ebrahim Ebid	14	Sporting	1:18.84
3	Lojain Osama Mohamed	14	DEGLA	1:17.45
4	Malak Tarek El Kady	14	Sporting	1:16.65
5	Gody Tarik Salah Elwilily	14	Smouha	1:16.24
6	Rim Husin Khallaf	14	TANTA	1:16.46
7	Dina Ebrahim Ebid	14	Sporting	1:17.29
8	Mariam Nasr Ahmed Said	14	MAY15	1:18.81
9	Lana Yasir Mohamed Gamal	14	SHOOT	1:18.91
10	Hanin Khaled Ali El Din	14	TANTA	1:19.15

Heat 5 of 6 Finals

1	Goudy Ahmed Elsayed	14	AHLY	1:14.99
2	Malak Mohamed Mhmoud Ha	14	Smouha	1:14.65
3	Salma Ahmed Mohamed Khal	14	Gezira El Ward	1:13.13
4	Salma Ahmed ali Mostafa	14	GHABA	1:12.07
5	Hanin Mohamed AbdElmaks	14	Smouha	1:11.43
6	Habiba Khalid Ebrahiem	14	TWFIK	1:11.99
7	Nouran Mahmoued Mohame	14	DEGLA	1:12.10
8	Rahaf Ahmed Esmaeel	14	ZMALK	1:14.63
9	Zahwa Mohsen Sayed	14	AHLY	1:14.68
10	Habeba Maysara Abdelhame	14	M.ARB	1:16.11

Heat 6 of 6 Finals

1	Hana Waled Hassan	14	GHABA	1:11.23
2	Nily Kareem	14	SHOOT	1:10.46
3	Malak Mohamed Mahmoud G	14	MAADI	1:09.50
4	Rodaina Mohamed Saad	14	DEGLA	1:06.63
5	Nour Mohamed Ibrahim Ali	14	Smouha	1:06.16
6	Zaina Mohamed Haitham Has	14	SHOOT	1:06.34
7	Nour Mohamed Hossain	14	SHOOT	1:09.40
8	Goumana Tarek Yehia	14	AHLY	1:10.43
9	Basant Ibrahim Mahmod	14	Gezira El Ward	1:10.55
10	Gody Ahmed Zaki	14	TANTA	1:11.36

Event 206 Girls 15 Year Olds 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 5 Finals

4	Mariam Essam ali Rezk	15	GHABA	1:47.34
5	Amina Adham Ibrahim	15	ZOHUR	1:37.14
6	Marim Ahmed Zien Elabdeen	15	SHAMS	1:42.86

Heat 2 of 5 Finals

2	Hoda Hesham Mohamed Mo	15	6 OCT	1:34.65
3	Rana Mohamed Tatek	15	GHABA	1:25.55
4	Malak Yasser Mohamed Ham	15	DEGLA	1:22.89
5	Malak Khaled Aly	15	AHLY	1:22.16
6	Dareen Amgad Emad	15	ZOHUR	1:22.44
7	Merna Adel Elsayed	15	AHLY	1:24.05
8	Fatma Nader Glal Mhrz	15	6 OCT	1:31.15
9	Salma Abd ElTawab ElSayed	15	NASR	1:36.97

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program - 09-04-2019 Evening

Heat 3 Finals (#206 Girls 15 Year Olds 100 LC Meter Butterfly)

1	Malak Walid Ahmed	15	AHLY	1:20.00
2	Shahd Hany Hussein Darwish	15	SHAMS	1:19.29
3	Malak Ahmed Abo Bakr	15	SHOOT	1:18.21
4	Mallk Mahmoud Fahmy	15	MAY15	1:18.13
5	Malak Abd Elaziz Zanaty	15	M.ARB	1:17.96
6	Anan Abd Elrahman Ahmed	15	SHOOT	1:18.11
7	Menat Allah Yousry Zakaria	15	TANTA	1:18.19
8	Rogada Mohamed Ibrahim	15	AHLY	1:19.22
9	Jana Mohamed Ahmed	15	DEGLA	1:19.52
10	Lana Mohamed Fathy	15	AHLY	1:21.77

Heat 4 of 5 Finals

1	Hana Hesham Moustafa Ham	15	MAADI	1:15.15
2	Ziena Ahmed El Sayed	15	DEGLA	1:13.69
3	Habiba Hazem Husin	15	Bank Ahly Alex	1:13.01
4	Rouaa Ahmed Ibrahim	15	RWAD	1:12.95
5	Lojaina Khaled Mohamed Mo	15	HELDO	1:12.17
6	Razan Ahmed Hosny	15	DEGLA	1:12.59
7	Malak Ahmed Nagy Ali	15	HELDO	1:12.97
8	Shahd Sameh Safouat Shaaba	15	HELDO	1:13.06
9	Shadin Aksam Mohamed Ami	15	SHAMS	1:13.83
10	Khadiga Nabil Ebrahim	15	SHOOT	1:15.33

Heat 5 of 5 Finals

1	Shahd Yaser Shaaban	15	TANTA	1:10.40
2	Jana Khalid	15	Sporting	1:08.17
3	Lialy Tamer Nagm	15	Al Hawar	1:08.14
4	Hanin Ashraf aly	15	Olympic	1:07.12
5	Nour Diaa Elden abo Bakr	15	HELOP	1:02.72
6	Kanzy Ibrahim Zaid	15	Al Hawar	1:06.74
7	Gihan Ahmed Abd El Azim At	15	MAADI	1:07.54
8	Salma Ahmed Mohamed Ram	15	DEGLA	1:08.14
9	Tasnem Mohamed Mohamed	15	Smouha	1:08.44
10	Lian Shady Sabry	15	HELOP	1:10.75

Event 207 Girls 16 Year Olds 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1	Shahd Walaa Noaman	16	AHLY	1:20.46
2	Sharouk Yehya Ibrahim	16	GHABA	1:18.76
3	Mariam Essam Mohamed Sat	16	SHOOT	1:15.96
4	Malak Mohamed Mohamed A	16	MAADI	1:15.59
5	Salma Mohamed Ibrahim Has	16	SHAMS	1:14.18
6	Mayar Hassan Aly EL Sharkav	16	SHAMS	1:14.70
7	Malak Sameh Mohamed	16	AHLY	1:15.89
8	Hana Ahmed Yousof	16	TANTA	1:17.64
9	Asrar Ehab Al Sayed	16	GHABA	1:19.60
10	Joy Barssom Aghib	16	AHRAM	1:29.82

Heat 2 of 3 Finals

1	Farah Ehab Fo`ad Elhussin	16	Smouha	1:13.60
2	Maia Ashraf Hakam	16	DEGLA	1:13.52
3	Bsmala Hassan Mohamed	16	M.ARB	1:13.15
4	Nourhan Raaft Elsaid	16	AHLY	1:12.69
5	Ranheil Moaataz Ballah Ali Ib	16	ZMALK	1:12.02
6	Amany Mahmoud Basheir	16	Gezira El Ward	1:12.53
7	Kinzy Shref Gabr	16	HELOP	1:12.71
8	Jana Mohamed Ahmed	16	DEGLA	1:13.48
9	Malak Sherif Shawky El Goha	16	MAADI	1:13.52
10	Jana Amr Adel Ahmed	16	Sporting	1:13.64

Heat 3 of 3 Finals

1	Ayah Wael Mostafa	16	DEGLA	1:10.22
2	Alya Mostafa Mohamed	16	AHLY	1:10.07
3	Lena Ahmed Abdel-Wahab	16	AHLY	1:08.91
4	Norhan Mohamed Mohi Elza	16	Smouha	1:06.62
5	Lojen Deiaa Eldin Abd Elalern	16	DEGLA	1:04.15
6	Salma Hany Mostafa Abdelka	16	MAADI	1:05.63
7	Rawan Mohamed AboElFadl	16	DEGLA	1:07.19
8	Mariam Emad Hamed Motaw	16	ZMALK	1:09.05
9	Shahd Amin Mohamed Amin	16	Stad Mansoura	1:10.10
10	Ganna Samir Mohamed Hamr	16	GHABA	1:11.86