

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program - 10-04-2019 Eveinig

Event 217 Boys 14 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

3	Amr Mohamed Ibrahim	14	ELCTR	NT
4	Yassen Moh. Shrif Moh. Elbar	14	GEZIR	5:24.53
5	Moaz Nasser Eid Abd Allah	14	TALBE	5:17.32
6	Mohamed Tarek Fayiz	14	HELOP	5:19.49
7	Mohamed Tamer Fahmy	14	Canal El Suez	NT
8	Houssein Salem Sayed	14	Canal El Suez	NT

Heat 2 of 9 Finals

1	Yosef Ahmed Sabry	14	HELOP	5:15.00
2	Mohamed AbdEl Rashed Moh	14	GHABA	5:12.98
3	Karim Osama Abu Zaid	14	TANTA	5:09.66
4	Omar Shrif Moustafa	14	ZMALK	5:07.26
5	Adam Ehab Mamdouh	14	Taleaa El Gish	5:05.06
6	Mohamed Fouad	14	ZMALK	5:06.54
7	Omar Mohamed Mohamed Kl	14	M.ARB	5:08.11
8	Adham Hisham Mahmoud	14	Cairo	5:10.06
9	Mahmoud Emad Abd Elmogh	14	ZOHUR	5:12.98
10	Youssef Walid Mahmoud Ahn	14	Taleaa El Gish	5:15.20

Heat 3 of 9 Finals

1	Saif Esam Abd Elmenem	14	NASR	5:04.38
2	Marawan Bader Eldin Radi	14	SHAMS	5:02.76
3	Mostafa Tarek Hassaneen	14	Cairo	5:02.43
4	Ahmed Shady Abd ElRahman	14	HELDO	4:59.83
5	Yousif Shawky Mahros	14	SHOOT	4:59.43
6	Ahmed Tarek Mohamed Abd	14	M.ARB	4:59.48
7	Hassan Hossam Hassan Kam	14	SHAMS	5:01.58
8	Moaz Ahmed Ismail	14	Canal El Suez	5:02.46
9	Omar Ahmed Magdy Abd AlM	14	HELDO	5:02.91
10	Mazen Yousry El Ghonimy	14	TANTA	5:04.59

Heat 4 of 9 Finals

1	Mhmoud Wled Fkri Mhmoud	14	6 OCT	4:58.15
2	Mohamed Maged Mahmoud	14	Olympic	4:57.69
3	Ahmed Mohamed Al Sayed	14	Canal El Suez	4:57.43
4	Adham Moh. Galal ElDin ElSa	14	GEZIR	4:55.48
5	Abdel Rahman Ahmed Amin	14	ENPPI	4:54.36
6	Mostafa Tamer Mamdouh	14	Baladyat El Maha	4:55.26
7	Abd El Rahman Mohamed Fa	14	SHOOT	4:56.68
8	Mohamed Yasser Mohmoud	14	ZMALK	4:57.61
9	Ahmed Mohmed Ezzt Alhded	14	6 OCT	4:57.84
10	Mohamed Housam Eldin	14	ZMALK	4:58.16

Heat 5 of 9 Finals

1	Fathey Ahmed Fathey abd el	14	Stad Mansoura	4:52.47
2	Yousif Ayman Mohamed Elgw	14	Smouha	4:51.88
3	Mohammed Abdel Monem M	14	RWAD	4:51.46
4	Moaz Mohamed Samer abd	14	Stad Mansoura	4:49.78
5	Karim amr Abd el Monem	14	DEGLA	4:49.08
6	Yasin Mahmoud Mostafa	14	SHOOT	4:49.48
7	Eazz El Din Mohamed Khami	14	Sporting	4:50.13
8	Yosef Mohamed abd Elbaser	14	GHABA	4:51.66
9	Ahmed Yaser Mohamed	14	M.ARB	4:51.92
10	Mohamed Ali Mohamed Ali	14	DEGLA	4:53.65

Heat 6 of 9 Finals

1	Omar Tarek Omar el Koly	14	Al Hawar	4:47.99
2	Omar Wael Galal	14	Police Club	4:46.69
3	Ahmed Ayman Mohamed abd	14	Stad Mansoura	4:45.15
4	Mohamed Tarek Seiam	14	HELOP	4:44.50
5	Aly Shref Aly Mohamed	14	SHOOT	4:43.68
6	Marawan Ayman Abd El Hafiz	14	SHOOT	4:44.20
7	Salah Eldin Mohamed Salahel	14	Cairo	4:45.04
8	Omar Ibrahim Elshahat Eln	14	Smouha	4:46.31
9	Ahmed Mahmoud Fouad Mah	14	DEGLA	4:47.53
10	Basel Amir Ali Hosney	14	6 OCT	4:48.73

Heat 7 of 9 Finals

1	Yasin Housam Fyd Altranesy	14	6 OCT	4:41.90
2	Ahmed Emad Samir Hassan	14	HELDO	4:41.39
3	Amr Khaled Mohamed Abdel	14	DEGLA	4:40.63
4	Karim Wael Abdala Abdelgeli	14	Nasr City	4:38.97
5	Seif Walaa Antar	14	DEGLA	4:38.10
6	Omar Gaber Aly	14	AHLY	4:38.17
7	Ali Khaled Ali	14	SHOOT	4:39.39
8	Yousf Mohmed Mdht Mohme	14	6 OCT	4:41.13
9	Abd ElRahman Mohamed Ain	14	SHOOT	4:41.74
10	Ahmed Beshher Mostafa Moha	14	6 OCT	4:42.13

Heat 8 of 9 Finals

1	Mohamed Mashhour Yehia	14	AHLY	4:37.82
2	Sife Mohamwd Saber	14	ZMALK	4:37.36
3	Mohamed Tarek Rashad Abd	14	SHAMS	4:37.03
4	Eyad Ahmed Zakaria	14	AHLY	4:36.61
5	Mohamed Ahmed Fouad	14	AHLY	4:35.51
6	Ahmed Amr Abdel Azzim	14	AHLY	4:35.94
7	Marwan Mohamed Abdallah	14	DEGLA	4:36.70
8	Adham Ayman Monir Hashen	14	TRSAN	4:37.09
9	Ahmed Tamer Mostafa Seed	14	6 OCT	4:37.55
10	Mohamed Elsaied El Eraqy	14	Baladyat El Maha	4:37.90

Heat 9 of 9 Finals

1	Ahmed Mohamed Moharam	14	Mansoura	4:35.08
2	ali Mohamed Sarwat	14	HELOP	4:33.61
3	Ahmed Ayman Ali Mohamed	14	SHAMS	4:29.27
4	Mohamed Elsaied Ibrahem Ba	14	Stad Mansoura	4:26.90
5	Ziad Ehab Tawfek	14	DEGLA	4:23.35
6	Seif Eldin Ahmed Mohamed	14	AHLY	4:24.20
7	Yousif Ahmed Ragab Elsham	14	Smouha	4:28.76
8	Omar Ahmed Hassan Ryaan	14	SHAMS	4:32.60
9	Marawan Emad Hamed	14	AHLY	4:35.07
10	Omar Mohsen Ramdan AbdEl	14	Smouha	4:35.32

Event 218 Boys 15 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

2	Yosef Ismail Atef	15	Canal El Suez	NT
3	Ibrahim Sherif Ibrahim Mahn	15	MAADI	5:14.77
4	Ez Elden Tamer	15	GHABA	5:08.38
5	Mohamed Ahmed Ramzy Mal	15	GHABA	5:03.55
6	Esmail Shref Adel	15	HELOP	5:04.28
7	Abd El Rahman Yaser Abas M	15	MAADI	5:11.37
8	Adham Alaa El Dien Shaaban	15	ZOHUR	5:17.09
9	Omar Walied Ahmed Badeer	15	Nasr City	NT

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Heat 2 Finals (#218 Boys 15 Year Olds 400 LC Meter Freestyle)

1	Mohamed Ahm. Aly Moh. Der	15	GEZIR	4:58.15
2	Marwan Mohamed Elsayed	15	NASR	4:55.56
3	Youssef Hassan Salah	15	Cairo	4:54.69
4	Abdelrahman Ased Mohamec	15	DEGLA	4:52.23
5	Yousef Ahmed Abdel Monem	15	6 OCT	4:51.78
6	Zeyad Mohamed Abdel Fatah	15	Al Hawar	4:51.94
7	Amr Mohamed Saad Bayomy	15	Al Hawar	4:53.52
8	Ahmed Akram Hamdy Mohar	15	NASR	4:55.13
9	Omar Mostafa Hafez Mostafa	15	Al Hawar	4:56.63
10	Mohamed Sherif Mostafa Ali	15	TWFIK	5:01.67

Heat 3 of 6 Finals

1	Youssef Ahmed Taha	15	ZMALK	4:50.63
2	Ibrahim Yaser Abdel Monaeir	15	Raas El Bar Club	4:49.19
3	Adham Gihad Abd Elmonaim	15	SHOOT	4:48.68
4	Nour Maged Mohamed	15	SHOOT	4:46.74
5	Yousry Mohamed Yousry Zak	15	TANTA	4:42.74
6	Abdelmalek Ahmed Khalifa	15	DEGLA	4:44.64
7	Adel Amr Adel	15	Sporting	4:48.37
8	Omar Essam Awad	15	ZMALK	4:48.96
9	Seif Amr Samir Abd ElSamad	15	SHAMS	4:49.30
10	Abd Elrahman amr abd Elkh	15	M.ARB	4:51.35

Heat 4 of 6 Finals

1	Mina Yousif Moris Mikhaee	15	Smouha	4:42.46
2	Omar Moamed Lotfy Abdo Yo	15	Al Hawar	4:40.47
3	Mahmoud Hesham El Ansary	15	DEGLA	4:39.98
4	Nour El Din Ahmed Salah Mo	15	MAADI	4:39.79
5	Mahmoud Mohamed Shams I	15	SHOOT	4:36.73
6	Ismael Ahmed Refaat	15	Sporting	4:39.39
7	Saad ElDen Saeed Saad	15	Sporting	4:39.84
8	Ahmed Mohammed Hamdy S	15	Al Hawar	4:40.39
9	Mahmoud Shehab Ahmed Mc	15	Bank Ahly Alex	4:42.25
10	Mohamed Emad El Din	15	TANTA	4:42.60

Heat 5 of 6 Finals

1	Yosef Shereef Yosef Oweda	15	Gezira El Ward	4:36.32
2	Ahmed Hazem Mohamed Apt	15	6 OCT	4:35.03
3	Ahmed Taher Allam	15	Stad Mansoura	4:32.96
4	Mohamed Mostafa Mohamed	15	DEGLA	4:32.08
5	Yassin Esam El Din	15	Sporting	4:30.09
6	abd Elrahman Tarek Mohame	15	Stad Mansoura	4:30.47
7	Mounir Ramez Mounir	15	SHOOT	4:32.57
8	Samir Sameh el Batal	15	DEGLA	4:34.69
9	Hazem Waheed Ibrahim	15	RWAD	4:35.37
10	Youssef Dieya ElSayed Elkiki	15	SHAMS	4:36.65

Heat 6 of 6 Finals

1	Ahmed Mohamed Elhoussein	15	AHLY	4:26.40
2	Mooataz Tarek Ibrahim Moha	15	AHLY	4:23.38
3	Yasin Hatem Sery	15	HELOP	4:19.65
4	Youssef Magdy Elhady	15	AHLY	4:17.15
5	Ahmed Sameh Elsaid	15	AHLY	4:08.48
6	amr Mohamed Anter	15	ZMALK	4:13.83
7	Seif Ahmed Hegazy	15	AHLY	4:19.16
8	Farouk Adel Farouk Amar	15	6 OCT	4:23.19
9	Mostafa Adel Khalil Ibrahim	15	Smouha	4:24.51
10	Houssen Talal Houssen Sayd	15	6 OCT	4:27.88

Event 219 Boys 16 Year Olds 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

3	Omar Ahmed Ismail	16	Canal El Suez	NT
4	Omar Khaled Mohamed	16	Cairo	5:28.18
5	Nour Aldeen Ahmed Hassen	16	Nasr City	5:20.91
6	Mohamed Sameh Mohamed	16	HELOP	5:25.22
7	Mazen Hassen Ibrahim Ahm	16	GHABA	5:38.22

Heat 2 of 6 Finals

1	Hassan Abdelaal Abas	16	SHOOT	5:10.78
2	Omar Mohamed Ezz El Dawla	16	ZMALK	4:55.89
3	Abdalla Mohamed Abdel Mor	16	ENPPI	4:53.10
4	Seif El Din Said Mohamed	16	ENPPI	4:51.85
5	Mahmoud Essam El Din Abd	16	ZOHUR	4:49.55
6	Omar Tamer Farok Sayed Has	16	MAADI	4:50.87
7	Mohamed Ahmed Omran Al E	16	AHRAM	4:52.10
8	Mohamed Tamer Mohamed Z	16	Smouha	4:55.06
9	Mohamed Osama Mohamd Al	16	SHOOT	4:57.84
10	Mrawan Hisham Lotfy	16	Police Club	5:12.07

Heat 3 of 6 Finals

1	Ahmed Mohamed Noaaman	16	Smouha	4:46.70
2	Khaled Ahmed Farouk Ramda	16	Cairo	4:44.43
3	Youssef Mohamed Wael Ema	16	DEGLA	4:41.84
4	Karim Mohamed Ahmed Bad	16	TANTA	4:36.90
5	Youssef Khaled Ramadan	16	BNK.G	4:36.56
6	Yousef Hasham abd el Fatah	16	Sporting	4:36.65
7	Yousif Khaled Mohamed Ahm	16	Smouha	4:38.11
8	Karim Hassan Ahmed	16	DEGLA	4:43.13
9	Mohamed Wael Abdel Monae	16	ENPPI	4:44.44
10	Mohamed Mostafa Mohamed	16	Nasr City	4:47.26

Heat 4 of 6 Finals

1	Ahmed Islam Mahmoud	16	ZMALK	4:35.06
2	Omar Akram Ibrahim	16	SHOOT	4:34.20
3	Mohamed Al Sayed Ali Alleith	16	Stad Mansoura	4:33.42
4	Mohamed Hany Sadek	16	Gezira El Ward	4:32.33
5	Karim Assem Hmad Kasem	16	6 OCT	4:30.14
6	Ahmed Hesham Nageib	16	ZMALK	4:31.59
7	Mazin Taha Ebrahim	16	DEGLA	4:33.32
8	Omar Ahmed El Faitory	16	Sporting	4:33.91
9	Mostafa Mohamed Mahmoud	16	AHLY	4:34.44
10	Ahmed Mahmoud Abd Elazee	16	RWAD	4:35.77

Heat 5 of 6 Finals

1	Mahmoud Moustafa El Marak	16	Sporting	4:29.48
2	Keirlis Gamal Sophy	16	GHABA	4:29.09
3	Yousef Yahya Zakriya Ramady	16	Sporting	4:26.45
4	Yahia Ashraf Madkour	16	Smouha	4:25.31
5	Marwan Magdy Azzam	16	Olympic	4:22.44
6	Omar Medhat Hassan	16	AHLY	4:24.39
7	Zyad Waael Abass Bhr	16	6 OCT	4:25.96
8	Ali Mogeib Salah El Din	16	TALBE	4:28.25
9	Abo Baker Hazem Hosney Mc	16	SHAMS	4:29.20
10	amr Hesham Bayomy	16	Cairo	4:29.77

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Heat 6 Finals (#219 Boys 16 Year Olds 400 LC Meter Freestyle)

1	Omar Ahmed Anees	16	Gezira El Ward	4:21.67
2	Mohamed Mahmoud Moham	16	GHABA	4:18.53
3	Khaled Mohamed Kamel	16	AHLY	4:14.80
4	Karim Mohamed Mamdouh	16	AHLY	4:14.00
5	Mrawan Mostafa Mowaled	16	DEGLA	4:10.51
6	Shady Mahmoud Nader	16	AHLY	4:13.31
7	Moustafa Tarik Moustafa	16	HELOP	4:14.14
8	Mohamed Hesham Ismsil Hai	16	6 OCT	4:15.91
9	Basel Mohamed Ahmed	16	Elethead	4:20.55
10	Saif Eldin Aiman Ahmed	16	DEGLA	4:21.99

Event 220 Girls 14 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

1	Sohaila Walid Ahmed	14	Mansheit Naser	48.64
2	Mounira Alaa Abdelkhlek	14	NASR	46.07
3	Rwan Khaled Abdelhalem	14	Taleaa El Gish	41.77
4	Heba Allah Ahmed Yahia Moh	14	RWAD	40.03
5	Soha Hesham El Said Moham	14	SHOOT	37.95
6	Jana Mohamed Rashad	14	HLWAN	39.62
7	Slma Emad Mohmed Mohmei	14	6 OCT	40.05
8	Jana Mohmed abd Tawab	14	MAY15	42.71
9	Lyla Mohamed Rmdan	14	6 OCT	47.74
10	Martina Magdy Bekhet	14	ZMALK	49.13

Heat 2 of 7 Finals

1	Dorra Hesham Sayed Zahran	14	DEGLA	37.05
2	Esraa Nasser Mahdy	14	ZOHUR	36.79
3	Nour Reda Mohamed	14	MAY15	36.48
4	Yomna Mahmud Hassan	14	GHABA	36.34
5	Hana Ahmed Ateia	14	DEGLA	36.23
6	Mariam Nasr Ahmed Said	14	MAY15	36.33
7	Fareda Shreif Halouda	14	HELOP	36.39
8	Rokaya Khalid El Masry	14	Sporting	36.64
9	Sarah Hesham Abd El Hamid	14	MAY15	36.95
10	Arwa Sherif Mohamed Samy	14	SHOOT	37.27

Heat 3 of 7 Finals

1	Mlk Mohamed Shwkey Saad	14	6 OCT	35.97
2	Nour Ahmed Ibrahim Sarhan	14	MAADI	35.76
3	Gana Tarek Mohamed Farid	14	SHOOT	35.73
4	Nouran Marawan Ramadan	14	AHLY	35.53
5	Jody Mostafa Az El Din	14	ENPPI	35.44
6	Hanin Khaled Ali El Din	14	TANTA	35.46
7	Sama Housen Zahyan	14	ZMALK	35.68
8	Zeina Tamer Zeinhoum	14	AHLY	35.76
9	Rawda Ashrif Ramdan	14	MAY15	35.76
10	Nadin Atef Mohamed	14	AHLY	36.14

Heat 4 of 7 Finals

1	Lyla Tamer Ahmed Mgdey	14	6 OCT	35.32
2	Jana Ahmed Abdallah	14	DEGLA	35.14
3	Lana Yasir Mohamed Gamal	14	SHOOT	35.11
4	Fareda Mohamed Nwar	14	TANTA	35.01
5	Nareman Mohamed Ibrahim	14	TALBE	34.62
6	Salma Samir abd el Azim	14	TRSAN	34.88
7	Alaa Amr El Sokry	14	Sporting	35.06
8	Malak Mostafa Beshir	14	AHLY	35.13
9	Nadin Ayman Hessien	14	DEGLA	35.26
10	Jannah Mohamed Farouk	14	Sporting	35.42

Heat 5 of 7 Finals

1	Malak Hasan Moh. Elhoshy	14	GEZIR	34.47
2	Marim Mohamed Osman	14	NASR	34.05
3	Malak Tarek El Kady	14	Sporting	33.76
4	Shahd Mohamed Ismael	14	Smouha	33.40
5	Maram Mohamed Wageh Ibr	14	Bank Ahly Alex	33.30
6	Rewan Saed Khames Mahmo	14	Bank Ahly Alex	33.32
7	Nor Ahmed Ali Ahmed	14	Bank Ahly Alex	33.73
8	Salma Waled Mohamed Elsayi	14	Smouha	33.84
9	Aida Ahm. Mohssin Abd Elraz	14	GEZIR	34.37
10	Nour Ahmed Samer	14	Sporting	34.56

Heat 6 of 7 Finals

1	Rim Husin Khallaf	14	TANTA	32.47
2	Zahwa Mohsen Sayed	14	AHLY	32.33
3	Gody Ahmed Badawy Mhmou	14	Smouha	32.15
4	Gana Mohamed Abd ElSamed	14	SHOOT	32.08
5	Malak Mohamed Mahmoud G	14	MAADI	31.95
6	Farah Mohammed Abd Rabb	14	DEGLA	32.07
7	Gody Ahmed Zaki	14	TANTA	32.12
8	Rahaf Ahmed Esmaeel	14	ZMALK	32.32
9	Mariam Hany Sayed	14	DEGLA	32.44
10	Habiba Khalid Ebrahiem	14	TWFIK	32.64

Heat 7 of 7 Finals

1	Hanin Mohamed AbdElmaks	14	Smouha	31.50
2	Malak Mohamed Mhmoud He	14	Smouha	31.33
3	Malak Khaled Abdel Aziz	14	AHLY	30.86
4	Hana Waled Hassan	14	GHABA	29.83
5	Nour Mohamed Ibrahim Ali	14	Smouha	29.33
6	Rodaina Mohamed Saad	14	DEGLA	29.64
7	Rawan Wael	14	AHLY	30.19
8	Nour Mohamed Hossain	14	SHOOT	30.96
9	Rodaina Mohamed Mohamed	14	Nasr City	31.39
10	Nily Karem	14	SHOOT	31.56

Event 221 Girls 15 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Finals

4	Nada Masbah Mohamed	15	ENPPI	49.68
5	Tasneem Gamal Beshir	15	SHARK	44.80
6	Lojain Mohamed Magdy Ham	15	MAADI	45.63

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Heat 2 Finals (#221 Girls 15 Year Olds 50 LC Meter Butterfly)

1	Malak Ayman Omar Eldeeb	15	SHOOT	42.94
2	Marim Ahmed Zien Elabdeen	15	SHAMS	41.41
3	Wlaa Wahed	15	Taleaa El Gish	39.33
4	Hana Hamdy Metwaly	15	ZOHUR	38.78
5	Malak Qazzafi Shehata	15	GHABA	38.47
6	Malak Amr Hassan Allam	15	SHOOT	38.75
7	Habiba Tarek Maher Fawzy	15	MAADI	38.93
8	Rana Mohamed Abdel Megui	15	HELDO	39.61
9	Amina Adham Ibrahim	15	ZOHUR	42.37
10	Shaza Ali Ezz Eldin EL bad	15	Cairo	43.78

Heat 3 of 7 Finals

1	Salma Hossam al Deen Ahme	15	Police Club	37.77
2	Farah Abd Elmagid Mohamec	15	ZOHUR	36.69
3	Farida Ayman Mohamed Dah	15	HLWAN	36.43
4	Malak Ahmed Mohamed	15	DEGLA	35.86
5	Rogada Mohamed Ibrahim	15	AHLY	35.49
6	Monika Ayman Raaouf Eriyar	15	SHAMS	35.67
7	Hana Ahmed Heseen	15	GHABA	36.08
8	Mareen Aimen Kamal Ghatas	15	Nasr City	36.57
9	Omnia Mohamed Mostafa	15	HLWAN	37.64
10	Salma Abd ElTawab ElSayed	15	NASR	37.87

Heat 4 of 7 Finals

1	Alia Slah Elden Ahmed	15	HELOP	35.36
2	Sara Samir Sedky	15	DEGLA	35.21
3	Shahd Hesham Fouad Abaas	15	ZMALK	35.03
4	Farida Hossameldin Mohame	15	AHLY	34.71
5	Rola Hasan Ragab	15	Bank Ahly Alex	34.60
6	Mallk Mahmoud Fahmy	15	MAY15	34.64
7	Malak Khaled Aly	15	AHLY	34.98
8	Krma Ahmed Elkhodary	15	DEGLA	35.12
9	Mennatalh Walid Elsayd Moh	15	GEZIR	35.22
10	Malak Walid Ahmed	15	AHLY	35.38

Heat 5 of 7 Finals

1	Habiba Safwat Saleh	15	ZOHUR	34.25
2	Hana Hazem Mohamed	15	HELOP	34.04
3	Hana Hesham Moustafa Ham	15	MAADI	33.91
4	Lana Mohamed Fathy	15	AHLY	33.82
5	Shadin Aksam Mohamed Ami	15	SHAMS	33.26
6	Malak Abd Elaziz Zanaty	15	M.ARB	33.34
7	Nagwa Khaled Mohamed Hss	15	NASR	33.84
8	Malak Yasser Mohamed Ham	15	DEGLA	34.03
9	Malak Ahmed Abo Bakr	15	SHOOT	34.24
10	Salma Hesham Mohamed	15	ZMALK	34.27

Heat 6 of 7 Finals

1	Farah Tarek Hassan	15	HELOP	33.05
2	Habiba Ayman Mahmoud Hai	15	Bank Ahly Alex	32.49
3	Khadiga Nabil Ebrahim	15	SHOOT	32.17
4	Lian Shady Sabry	15	HELOP	31.86
5	Rouaa Ahmed Ibrahim	15	RWAD	31.72
6	Shahd Yaser Shaaban	15	TANTA	31.75
7	Malak Waled Essam Shabana	15	Smouha	32.16
8	Lojaina Khaled Mohamed Mo	15	HELDO	32.30
9	Habiba Hazem Husin	15	Bank Ahly Alex	32.58
10	Jana Mohamed Abdel Fattah	15	Canal El Suez	33.21

Heat 7 of 7 Finals

1	Razan Ahmed Hosny	15	DEGLA	31.30
2	Rahma Ashraf Khairy	15	MAY15	30.84
3	Gihan Ahmed Abd El Azim At	15	MAADI	30.59
4	Tasnem Mohamed Mohamed	15	Smouha	30.28
5	Farida Ayman Samra	15	SHOOT	29.36
6	Jana Khalid	15	Sporting	29.99
7	Hanin Ashraf aly	15	Olympic	30.50
8	Lialy Tamer Nagm	15	Al Hawar	30.80
9	Mohra ez el den Hossam	15	HELOP	31.14
10	Malak Mohamed Abd Elmane	15	GHABA	31.39

Event 222 Girls 16 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1	Jana Sherif Mohamed Al Saye	16	ZOHUR	41.83
2	Habiba Wael Al Ghanam	16	GHABA	38.60
3	Shahad Mahmoud Abdel Al R	16	SHOOT	37.69
4	Nouran Khaled Said Saleh	16	TRSAN	37.12
5	Lina Amr Mohamedabd AbdE	16	HELDO	36.65
6	Alaa Omar Saad	16	ROYAL	36.92
7	Yara Hatem Fouad Al Gamy	16	ZMALK	37.60
8	Sara Ali Tawfek Drakoun	16	SHOOT	38.21
9	Shahad Mohamed Gamal Ibra	16	6 OCT	39.64

Heat 2 of 5 Finals

1	Gana Emad Gaad Hosny	16	SHAMS	35.74
2	Khadiga Ahmed Arafat	16	Sporting	35.19
3	Farida Ahmed Akel	16	HELOP	34.76
4	Rowan Mamdoh Aref Ahmed	16	6 OCT	34.36
5	Rahf Elhossuin	16	DEGLA	34.21
6	Malk Abd Ellatif Galal	16	HELOP	34.24
7	Aisha Ahmed Badawy	16	Sporting	34.53
8	Shahd Walaa Noaaman	16	AHLY	34.80
9	Lougin Mohamed Gamal	16	DEGLA	35.52
10	Basant Ahmed Abd Al-Aaty	16	SHAMS	36.64

Heat 3 of 5 Finals

1	Mennatullah Ashraf Mahmou	16	HELDO	33.80
2	Leina Waled Farouk	16	SHOOT	33.59
3	Hana Ahmed Yousof	16	TANTA	33.39
4	Sharouk Yehya Ibrahim	16	GHABA	33.34
5	Jana Amr Adel Ahmed	16	Sporting	32.85
6	Malak Mohamed Mohamed A	16	MAADI	32.93
7	Tasneem Mohamed Rashad	16	RWAD	33.36
8	Amira Hany Ahmed	16	AHLY	33.56
9	Amina Zaky Mohamed Zaky	16	Sporting	33.74
10	Noran Wael Ali	16	Smouha	34.17

Heat 4 of 5 Finals

1	Shad Hossam Hantera	16	TANTA	32.59
2	Malak Sameh Mohamed	16	AHLY	32.46
3	Hagar Hassan Abdel Rhman	16	TALBE	32.37
4	Hana Sameh Ghazy	16	SHOOT	32.19
5	Jana Mohamed Ahmed	16	DEGLA	32.07
6	Salma Alaa Mahdy	16	AHLY	32.09
7	Maia Ashraf Hakam	16	DEGLA	32.23
8	Alaa Hossam Mohamed Moha	16	SHAMS	32.39
9	Farah Ehab Fo`ad Elhussin	16	Smouha	32.49
10	Kenzy Ahmed Ali	16	AHLY	32.79

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19**Meet Program - 10-04-2019 Eveinig****Heat 5 Finals (#222 Girls 16 Year Olds 50 LC Meter Butterfly)**

1	Mena Ahmed Azmy Ahmed	16	Smouha	32.00
2	Kinzy Shref Gabr	16	HELOP	31.44
3	Ganna Samir Mohamed Ham	16	GHABA	30.73
4	Lougin Yousief Ahmed Yousie	16	SHAMS	30.52
5	Rawan Mohamed AboElFadl	16	DEGLA	29.32
6	Norhan Mohamed Mohi Elza	16	Smouha	29.74
7	Jana Ahmed Ebrahim	16	Sporting	30.61
8	Mariam Emad Hamed Motaw	16	ZMALK	30.90
9	Shahd Amin Mohamed Amin	16	Stad Mansoura	31.87
10	Dana Tamer Shafiq	16	HELOP	32.03