

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 10-04-2019 Morning

## Event 208 Boys 14 Year Olds 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 16 Finals</b>				
2	Ahmed Shady Abd ElRahman	14	HELDO	NT
3	Amr Mohamed Ibrahim	14	ELCTR	NT
4	Ali Hany Abdalla Mohamed	14	Taleaa El Gish	47.61
5	Abdelrahman Khaled Mahmo	14	Taleaa El Gish	45.75
6	Mustafa Sayed Hussein Abdel	14	Beni Suef Club	47.52
7	Emad Elden Anter Abd Elrhir	14	NASR	52.93
8	Maher Mohamed Mohamed	14	Raas El Bar Club	NT
<b>Heat 2 of 16 Finals</b>				
1	Moustafa Shapan	14	Taleaa El Gish	41.82
2	Mohamed Ahmed Saleh	14	HLWAN	40.89
3	Karim Tamer Abd el Wahaab	14	SHAMS	40.28
4	Youssef Tarek Mohamed	14	MAY15	38.86
5	Mrawan Mahmoud Ahmed	14	TALBE	37.36
6	Abdelrahman Ahmed Ebrahi	14	MAY15	37.70
7	Sameh Mohamed Sameh	14	Police Club	39.24
8	Stephen Hany Samir Ramzy	14	Taleaa El Gish	40.67
9	Ahmed Mohamed Gadalla	14	Taleaa El Gish	41.77
10	Mohamed Samir Abo ElFtooh	14	NASR	42.36
<b>Heat 3 of 16 Finals</b>				
1	Ahmed Mohamed Sallah	14	Mansheit Naser	36.78
2	Abdel Aziz Yousef Abdel Azi	14	NASR	36.63
3	Hade Mohamed Saed	14	M.ARB	36.13
4	Ahmed Khaled Mohamed Alr	14	Taleaa El Gish	36.06
5	Zayad Badr Fathallah	14	M.S Tagamoa	35.78
6	abd el Rahman Alaa Ibrahim	14	MAY15	35.90
7	Eyad Mohamed Mosad	14	MAY15	36.10
8	Omar Tarik Assem	14	Nasr City	36.56
9	Ahmed Mohamed Yossef	14	Stad Tanta	36.75
10	Mooaz Tamer El Sayeed	14	ZOHUR	37.18
<b>Heat 4 of 16 Finals</b>				
1	Abdelrahman Ahmed Abdeln	14	Cairo	35.26
2	Mostafa Mohamed Mostafa F	14	SHAMS	35.16
3	Zyeed Khaled Mohamed	14	ZMALK	35.11
4	Ziad Gawad Mahmoud	14	Cairo	35.03
5	Seif Ehab Mohamed	14	M.ARB	34.96
6	Ahmed Mohamed Mosaad	14	TALBE	34.97
7	Assem Asad	14	Taleaa El Gish	35.10
8	Zyeed Mohamed Hassan	14	ZMALK	35.12
9	Abd Elrmahman Mohamed S	14	HELDO	35.23
10	Anas Ahmed Helmy Ahmed	14	SHAMS	35.72
<b>Heat 5 of 16 Finals</b>				
1	Karim Samer Galal	14	Cairo	34.80
2	Ahmed Reda Mahmoud	14	MAY15	34.67
3	Moustafa Mohmoud Talaat M	14	HELDO	34.27
4	Youssef Ahmed Abd El Whab	14	ZOHUR	34.13
5	Abd El Manaam Moh Abd Eln	14	GHABA	34.06
6	Seif Walid Hosny Ahmed	14	MAADI	34.06
7	Ayman Yasser Manssour	14	TALBE	34.24
8	Mohamed Abd El Kader Abo	14	ZOHUR	34.49
9	Frouk Mohamed Frouk	14	ZMALK	34.76
10	Yassin Hussuin Mostafa	14	TALBE	34.94

## Heat 6 of 16 Finals

1	Marwan Mohamed Maged	14	Cairo	33.81
2	Anas Hany Shehata	14	TALBE	33.71
3	Mohamed Tarek Abasy	14	Stad Tanta	33.69
4	Abdel Rahman Ahmed Abdel	14	SWEIF	33.62
5	Tarek Ahmed Ali	14	ZOHUR	33.51
6	ali Ahmed abd el Hafez	14	TRSAN	33.62
7	Mahmoud HaSSan Alardy	14	SHOOT	33.66
8	Noor Eldin Mohamed Abdelw	14	Nasr City	33.70
9	Mazen Ashraf Mohamed Abd	14	Bank Ahly Alex	33.76
10	Gaser Mohamed el Shahat	14	TRSAN	33.91

## Heat 7 of 16 Finals

1	Mohamed Abd EL Hamid EL	14	HELOP	33.42
2	Yosif Moh. Fawzi Moh. Kande	14	GEZIR	33.35
3	Hazem Ahmed Hasan	14	TWFIK	33.33
4	Mohamed Wael Abdala Abdel	14	Nasr City	33.26
5	Mostafa Tarek Hassaneen	14	Cairo	33.20
6	Hassan Ahmed Hassan	14	ZMALK	33.22
7	Ahmed Alaa Mahdy	14	AHLY	33.27
8	Loay Amgad el Mongy	14	TRSAN	33.33
9	Ahmed Yasser Yehia	14	Cairo	33.40
10	Monzer Mahmoud Ahmed	14	ZOHUR	33.47

## Heat 8 of 16 Finals

1	Eyad Mohamed Samy	14	ZMALK	33.08
2	Karim Ali Mohamed	14	GHABA	33.00
3	Karem Ashraf	14	GHABA	32.90
4	Yassen ali Yossry	14	HELOP	32.73
5	Mohamed Ahmed Mohamed	14	TWFIK	32.63
6	Mazn Alsaied Atya Dawoud	14	6 OCT	32.65
7	Ammar Mohamed el Gnedy	14	TRSAN	32.78
8	amr Khaled Mohamed Mahm	14	ZMALK	32.96
9	Yosef Mohamed abd Elbaser	14	GHABA	33.07
10	Esmail Amro Ebrahim Elbad	14	SHOOT	33.11

## Heat 9 of 16 Finals

1	Ali Mohamed Mousa	14	TANTA	32.61
2	Ahmed Yhya Zkrya Twfek	14	6 OCT	32.60
3	Mohamed Ahmed Samy Hass	14	SHOOT	32.41
4	Moaz Nasser Eid Abd Allah	14	TALBE	32.39
5	Ahmed Mahmoud Araby	14	TANTA	32.37
6	Youssef Abdullah Nabil	14	ZOHUR	32.38
7	Mohamed AbdEl Rashed Moh	14	GHABA	32.39
8	Marwan Mohamed Sabry	14	ENPPI	32.43
9	Abdelrahman Medhat Ahmed	14	MAY15	32.61
10	Adam amr Essam	14	HELOP	32.62

## Heat 10 of 16 Finals

1	Moustafa Yasser Abd El Latif	14	Sporting	32.34
2	Ahmed Mohamed Ahmed Sol	14	NASR	32.24
3	Ahmed Mohmed Gmal Eprah	14	6 OCT	32.22
4	Yousof Hesham Anwer	14	TANTA	32.16
5	Mohab Tarek Helal Mohamed	14	HELDO	32.03
6	Mahmoud Hesham Mahmouc	14	Mansheit Naser	32.14
7	Mohamed Waled Ibrahim Sal	14	Smouha	32.21
8	Khaled Mhmoud Mostfa Ali	14	6 OCT	32.24
9	Mohaned Zeyad Mohammed	14	TALBE	32.27
10	Ahmed Sameh	14	GHABA	32.36

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 10-04-2019 Morning

**Heat 11 Finals (#208 Boys 14 Year Olds 50 LC Meter Butterfly)**

1	Mohamed Salem Essa	14	HELOP	31.95
2	Omar Mohamed Mahmoud	14	Sporting	31.92
3	Yousef Hisham ali	14	TRSAN	31.81
4	Abd EL Malek Ashour	14	SHAMS	31.79
5	Ahmed Mohamed Eztt Alhded	14	6 OCT	31.78
6	Khaled Khaled Mohamed Wa	14	SHOOT	31.79
7	Moaaz Mohamed Samer abd	14	Stad Mansoura	31.80
8	Mohamed Elssameldin Mahr	14	Cairo	31.86
9	Youssef Hazem Abdel Megid	14	AHLY	31.95
10	Mohmed Khaled Ookel Abdal	14	6 OCT	31.96

**Heat 12 of 16 Finals**

1	Yousof Mohamed Hafez	14	TANTA	31.54
2	omr Mohamed Fathey Yousef	14	Stad Mansoura	31.30
3	Abd Elrahman Mohammed Z:	14	RWAD	31.19
4	Yehia Mohamed Saad Eldin	14	DEGLA	30.89
5	Omar Khaled Khamis	14	A S E C	30.83
6	Adham Khaled Kamal	14	SHOOT	30.86
7	Mohamed Yehia aly Elshenaw	14	Nasr City	31.15
8	Ziyad Walid Nabiil	14	Sporting	31.20
9	Adham Monir Mohamed	14	MAY15	31.46
10	Karim amr Mahmoud	14	Nasr City	31.74

**Heat 13 of 16 Finals**

1	Mohamed Yasser Mohamed	14	ZMALK	30.78
2	Karim Eslam Khaled	14	M.ARB	30.71
3	Omar Sameh Mohamed Ham	14	AHLY	30.55
4	aly Mohamed aly Elsobky	14	DEGLA	30.40
5	Ahmed Amgad Ahmed	14	AHLY	30.21
6	Ahmed Mohamed Baranek	14	DEGLA	30.22
7	Yossef Magdy el Azhary	14	HELOP	30.47
8	Omar Sherif Hamed	14	GHABA	30.59
9	Ahmed Hesham Mohsen	14	AHLY	30.74
10	Abdel Rahman Ibrahim Hossi	14	Canal El Suez	30.81

**Heat 14 of 16 Finals**

1	Yousef Ahmed Shalaby	14	TANTA	30.13
2	Omar Ahmed Elebyary	14	TANTA	30.07
3	Seif Eldien Islam Shaker	14	DEGLA	29.99
4	Ahmed Ayman Mohamed abc	14	Stad Mansoura	29.98
5	Yehia Emad eL Toukhy	14	Sporting	29.89
6	Yasser Walid Abo Elela	14	AHLY	29.90
7	Mohamed Ezat Ali Elgzar	14	Smouha	29.98
8	Youssef Alaa Mohamed	14	DEGLA	30.04
9	Ahmed Tamer Mostafa Seed	14	6 OCT	30.08
10	Adham Tarik Ali Baiuomy	14	Smouha	30.20

**Heat 15 of 16 Finals**

1	Fares Husin Atia	14	TANTA	29.67
2	Ahmed Adel Eshak	14	DEGLA	29.57
3	Tamem Mohamed Tantawy	14	Sporting	29.54
4	Omar Khaled Soliman	14	NASR	29.26
5	Waleed Samer Mahmoud	14	AHLY	28.90
6	Mostafa Mahmoud Mostafa	14	SHOOT	28.95
7	Aser Hosam Mohamed Elfhm	14	Bank Ahly Alex	29.27
8	Yassin Amr Warda	14	Sporting	29.56
9	Yosaf Tamr Mosa	14	TAGAM	29.59
10	Yousif Mohamed Soliman Om	14	Smouha	29.83

**Heat 16 of 16 Finals**

1	Omar Sherif Galal Eldin Mahr	14	MAADI	28.42
2	Mohamed Khaled Mohamed :	14	DEGLA	28.13
3	Karim Mohamed El Gharabav	14	ZOHUR	28.05
4	Adham Hadee Mohamed Tala	14	Bank Ahly Alex	28.02
5	Nadem Kram Mohamed	14	HELOP	27.67
6	Ahmed Wael el Mohandes	14	HELOP	27.68
7	Esmat Ashraf Esmat Hatata	14	Smouha	28.03
8	Khaled Ahmed Mahmoud Gal	14	Bank Ahly Alex	28.09
9	Mohnad Khaled Mohamed M:	14	SHOOT	28.26
10	Marwan Mostafa Mohamed M	14	Smouha	28.46

**Event 209 Boys 15 Year Olds 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

1	Omar Walied Ahmed Badeer	15	Nasr City	NT
2	Mohamed Ibrahim Mohamed	15	ELCTR	NT
3	Ziad Mohammed Samir Elnag	15	Raas El Bar Club	NT
4	Hessin Ahmed Mohamed	15	SHARK	46.23
5	Abdallah Hassan Mohamed	15	Taleaa El Gish	43.78
6	Mazn Essameldin	15	Taleaa El Gish	44.66
7	Mohamed Mohamed Galal	15	Raas El Bar Club	NT
8	Khalid Tahir Mohamed ali	15	TWFIK	NT
9	Abdel Rahman Khaled Adnan	15	BNK.G	NT

**Heat 2 of 12 Finals**

1	Ahmed Mahmoud Abdullah	15	M.S Tagamoa	41.34
2	Abdelrahman Wessam Mahm	15	TWFIK	39.61
3	Hasan Marwan Moh. Motaz N	15	GEZIR	36.12
4	Ahmed Al Sayed Mohamed	15	Al Shekh Zaeid	34.53
5	Karim Mohamed Mahmoud	15	HELDO	34.15
6	Sherif Samy Ahmed	15	AHRAM	34.29
7	Adem Mohamed Gamaal Ebra	15	Nasr City	34.56
8	Mohamed Tamer Nabil Anww	15	Taleaa El Gish	37.48
9	Taha Sief Eldin	15	MRAC	40.02
10	Adham Abd Elkhalik	15	Al Zaher	41.54

**Heat 3 of 12 Finals**

1	Adham Ahmed AbdeL Aziz	15	RWAD	34.07
2	Youssef Hisham Kamal	15	MRAC	33.49
3	Ahmed Essam Hasan	15	M.ARB	33.14
4	Ahmed Walid Hamdy	15	AHRAM	32.96
5	Youssef Mohamed Abdallah	15	ZOHUR	32.79
6	Seif El Din Mohamed Ahmed	15	MAADI	32.81
7	Seif ELDein Ahmed Ebrahim F	15	SHAMS	33.04
8	Mohamed Sherif Mostafa Ali	15	TWFIK	33.43
9	Karim Ayman Mohamed	15	RWAD	33.97
10	Ahmaed Abdeulnaser Mohar	15	ROYAL	34.11

**Heat 4 of 12 Finals**

1	Yousif Mohamed Zedan	15	M.ARB	32.66
2	Amr Hassan Mahmoud	15	RWAD	32.25
3	Kirolos Sameh Fawzy Rasla	15	Taleaa El Gish	32.13
4	Amar Yasser Mohmed	15	ZOHUR	32.10
5	Ahmed Mohamed Amr	15	ZOHUR	32.06
6	Ali Tarak Taha	15	ENPPI	32.06
7	Abdallah Ahmed Mohamed	15	ZOHUR	32.12
8	Mohmed ali abd Elrazek	15	Cairo	32.15
9	Braa Ayman Ali	15	ZOHUR	32.62
10	Mohamed Sherif Mohamed A	15	Nasr City	32.71

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 10-04-2019 Morning

**Heat 5 Finals (#209 Boys 15 Year Olds 50 LC Meter Butterfly)**

1	Mohamed Hassan Mohamed	15	MAY15	32.00
2	Abdel Rahman Mohamed Abc	15	Al Shehk Zaeid	31.95
3	Adham Ahmed Mohamed	15	GHABA	31.87
4	Moustafa Saad Moustafa Farg	15	HELDO	31.78
5	Ead Ahmed Farowk	15	Nasr City	31.61
6	Yousef Sherif Fthey	15	6 OCT	31.71
7	Ahmed ` Amr AbdElazim Hab	15	Smouha	31.79
8	Amr Haitham Nafea	15	Sporting	31.90
9	Omar Mohamed Mahmud Iss	15	HLWAN	31.96
10	Youssef Elsayed Aly	15	AHLY	32.01

**Heat 6 of 12 Finals**

1	Ali Hesham Moh. Fekre Shrif	15	GEZIR	31.57
2	Yousef Mohamed Wanes	15	ENPPI	31.37
3	Yousef Ayman Mohamed Lotf	15	SHAMS	31.21
4	Yousef Fawzy abo Shawaly	15	Baladyat El Maha	31.14
5	Basel Mohamed abd Alrmar	15	Nasr City	31.03
6	Ahmed Waled Farouk	15	Al Hawar	31.09
7	Omr Hosamelden Yhya Abdel	15	6 OCT	31.16
8	Hamza Yehia Shafek	15	HELOP	31.24
9	Aly Abd El Ghany Aly	15	TANTA	31.37
10	Mohamed Salah Mohamed	15	Cairo	31.59

**Heat 7 of 12 Finals**

1	Tarek Ahmed Abd Elwahab	15	NASR	31.01
2	Salah Ahmed Nabil Abd ElHa	15	SHAMS	30.93
3	Abd Elrahman Hisham Ahme	15	M.ARB	30.76
4	Mohamed Emad Mohamed M	15	TRSAN	30.53
5	Sief Mohamed Salah	15	TANTA	30.30
6	ali Moataz Kamal	15	ZMALK	30.47
7	Omar Essam Awad	15	ZMALK	30.72
8	Moaz Emad Gamal	15	Al Shehk Zaeid	30.83
9	Youssef Ayman Talaat	15	AHLY	30.96
10	Karem amr Wafek	15	HELOP	31.02

**Heat 8 of 12 Finals**

1	Seif Ahmed Mohamed	15	MAY15	30.23
2	Zyad Mohamed Adel Mohame	15	Gezira El Ward	30.20
3	Abdelrhman Mhmoud Mohar	15	6 OCT	30.02
4	Seif El Din Ashraf Abd El Azir	15	MAADI	29.99
5	Seif Osama Farok	15	GHABA	29.90
6	Abd Elrahman Ahmed Solima	15	Sporting	29.96
7	Bahy Mohy Mohamed	15	ZMALK	30.01
8	Anas Moustafa Al Sayed Bayo	15	HELDO	30.10
9	Ahmed Yaser Samy Borham	15	Al Hawar	30.21
10	Mrwan Mohmed Twfik Omra	15	6 OCT	30.24

**Heat 9 of 12 Finals**

1	Yusef Ahmed Eprahem Abd E	15	SHOOT	29.88
2	Abdelrahman Yasser Hassan	15	Cairo	29.85
3	Islam EL Sayed Mabrouk	15	SHAMS	29.68
4	Mohamed Ahmed Salem	15	GHABA	29.58
5	Abdelrahman Osama Omar	15	Cairo	29.49
6	Mohamed Khaled Mohamed	15	ZMALK	29.54
7	Yahiy Osama Amara	15	Sporting	29.59
8	Youssef Emad Hanafy Sayed	15	HELDO	29.82
9	Zeyad Ayman Fekry	15	AHLY	29.87
10	Mostafa Ahmed Mostafa	15	SHOOT	29.89

**Heat 10 of 12 Finals**

1	Ahmed Atef Afifi	15	M.ARB	29.45
2	Mohamed Ahmed Ramzy Mal	15	GHABA	29.38
3	Hamza Hamad	15	DEGLA	29.25
4	Mohamed Shref Brakat	15	HELOP	29.19
5	Mohamed Ashraf Zein	15	Canal El Suez	29.11
6	Nour Eldien Amr Elsaid Moh	15	RWAD	29.12
7	Ahmed Hossam Abdallah	15	HELOP	29.21
8	Yousif Mohamed Elsaied Ali	15	Smouha	29.33
9	Mohmed Eslam Mohamed Rs	15	6 OCT	29.39
10	Adam Samer AbdElghany Mg	15	Smouha	29.46

**Heat 11 of 12 Finals**

1	Ali Khaled Osama	15	DEGLA	29.05
2	Ahmed Khaled Aly El Din	15	TANTA	28.82
3	Yahia Ahmed Mohamed Mou	15	Smouha	28.75
4	Ibrahim Waleed Ibrahim Hus	15	Smouha	28.70
5	Mahmoud Maged Abo el Ela	15	DEGLA	28.50
6	Marwan Adel Abdel Muti	15	Police Club	28.67
7	Abd Elrahman Mohamed abd	15	M.ARB	28.70
8	Eyad Osama Ramadan	15	AHLY	28.79
9	Badr Mohamed Badr	15	ZMALK	28.94
10	Ali Ehab Abou Al Ezz	15	Raas El Bar Club	29.08

**Heat 12 of 12 Finals**

1	Abd El Rahman Ahmed Saed	15	TANTA	28.33
2	Ahmed Tamer Mohamed	15	SHOOT	28.23
3	Moamen Hosam El Din	15	TANTA	27.96
4	Ahmed Tarek Mohamed	15	SHOOT	27.61
5	Seif Mohamed Mohamed	15	DEGLA	27.21
6	Fares Mohamed Farouk	15	HELOP	27.54
7	Adam Karim AL Kady	15	SHOOT	27.62
8	Youssef Mohamed Barakat	15	AHLY	28.18
9	Yousef Amr Mohamed	15	A S E C	28.25
10	Omar Mohamed Shehata	15	DEGLA	28.46

**Event 210 Boys 16 Year Olds 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Finals**

1	AlHassan Amr Fayed	16	Taleaa El Gish	44.26
2	Belal Abd Elwadod Mohamed	16	RWAD	35.15
3	Ahmed Sameh Saed Mohame	16	Bank Ahly Alex	33.71
4	Omar Ahmed Ibrahim Eldeso	16	MAADI	33.13
5	Ali Maher Mahmoud	16	GHABA	32.70
6	Hamza Mohamed Darwish	16	Misr	32.70
7	Omar Mohamed Zakarya	16	TRSAN	33.18
8	Fares Fathy Ahmed	16	HELOP	34.75
9	Eslam Mohamed Abdelaal	16	Nasr City	38.14
10	Omar Mohamed AlSayed Al A	16	Raas El Bar Club	NT

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## Meet Program - 10-04-2019 Morning

**Heat 2 Finals (#210 Boys 16 Year Olds 50 LC Meter Butterfly)**

1	Adam Sabah Said Mahmoud	16	6 OCT	31.84
2	Zeiad Hany Hamed Mohamec	16	GHABA	31.66
3	Adham Mohamed Rabie Ibral	16	MAADI	31.43
4	Abd Alla Mohamed Fathy	16	RWAD	31.33
5	Yehya Waled Abdel Shafy	16	ZMALK	31.11
6	Kamal Yasser Kamal	16	MAY15	31.19
7	Ahmed Akram Mohamed	16	ZOHUR	31.42
8	Nour Mohamed Medhat Kam	16	6 OCT	31.62
9	Omar Hassan Mohmed	16	MAY15	31.71
10	Ebrahim Mohamed Hamed	16	TANTA	31.93

**Heat 3 of 9 Finals**

1	Ziad Shady Mohyeldien Hash	16	Taleaa El Gish	30.87
2	Ahmed Ehab Fayz	16	RWAD	30.77
3	Hassan Abdelaal Abas	16	SHOOT	30.57
4	Omar Tamer Farok Sayed Has	16	MAADI	30.46
5	Mahmoud Essam El Din Abd	16	ZOHUR	30.35
6	Mohamed Ahmed Hamdy	16	Cairo	30.42
7	Ahmed Amr Mohamed	16	HELOP	30.52
8	Yehya Waled Shawky Saleh	16	ZMALK	30.77
9	Mohamed Akram Zakria Abd	16	Cairo	30.81
10	Omar Ahmed abd Elrahman	16	ZMALK	30.91

**Heat 4 of 9 Finals**

1	Eyad Mohamed Abd ElMenea	16	TANTA	30.26
2	Mohmod Aly Omran	16	TANTA	30.15
3	Ali Ashraf Hussin	16	HELOP	29.96
4	Ibrahim Walid Fouad	16	Cairo	29.88
5	Mohamed Yaser Mohamed	16	GHABA	29.56
6	Youssef Khaled Ramadan	16	BNK.G	29.70
7	Ahmed Hesham Mostafa	16	SHOOT	29.95
8	Ali Mohamed ali abd el Rahm	16	SHAMS	30.07
9	Ahmed Ismail Mohamed Ism:	16	MAADI	30.23
10	Omar Mostafa Ismail	16	ZMALK	30.32

**Heat 5 of 9 Finals**

1	Yousef Ekramy Abdel Fattah	16	Gezira El Ward	29.47
2	Ahmed Osama Tawfek	16	M.ARB	29.31
3	Yousef Emad Mohamed Al Hi	16	Gezira El Ward	29.23
4	Mostafa Abou Elabas Youssef	16	BNK.G	29.17
5	Omar Yasser Karam	16	Cairo	29.06
6	Mohamed Mostafa Ibrahim M	16	SHAMS	29.15
7	Mostafa Mohamed Osman	16	NASR	29.22
8	Omar Mohamed Saad Ahmed	16	SHAMS	29.25
9	Ali Tamer Mohamed	16	HELOP	29.37
10	Omar Ahmed El Sherif	16	TANTA	29.50

**Heat 6 of 9 Finals**

1	Zeyad Wahied Hamdy Tawfik	16	SHAMS	28.99
2	Adham Ahmed Hassan	16	AHLY	28.60
3	Omar Essameldin Kashef	16	AHLY	28.48
4	Adham Hisham Nor	16	Smouha	28.41
5	Mostafa Mohamed Mostafa H	16	HELDO	28.31
6	Fares Ehab Shabana	16	Smouha	28.39
7	abd Rahman Tamer Ismail	16	SHOOT	28.46
8	Ali Mohamed Ali Makhlouf	16	ZMALK	28.60
9	Gonathan Ezzat Danyal	16	AHLY	28.74
10	Zyad Ahmed Hesén Mahmou	16	GHABA	29.06

**Heat 7 of 9 Finals**

1	Mohamed Ashraf	16	Sporting	28.21
2	Youssef Mohamed Wael Ema	16	DEGLA	28.00
3	Hazem Shirif Elsiad AbdElm	16	Smouha	27.92
4	Yousef Ebrahim Mohamed	16	Sporting	27.80
5	Mohamed Essam Salah	16	DEGLA	27.68
6	Selim Hamad	16	DEGLA	27.76
7	Yousef Akram Hassan Afefe	16	HELOP	27.90
8	Eyad Waleed Shanan	16	MAADI	27.93
9	Ahmed Mohssein Abdel Mon:	16	HLWAN	28.19
10	Seif El Din Sameh Mostafa Ab	16	AHRAM	28.26

**Heat 8 of 9 Finals**

1	Seif Tamer Omran	16	DEGLA	27.54
2	Kareem Husin Atia	16	TANTA	27.52
3	Yassin Emad Abd Elhakim	16	Sporting	27.46
4	Marwan Magdy Azzam	16	Olympic	27.34
5	Yasen Amro Yassen Abd Elrah	16	GEZIR	27.17
6	Saleh Hossam El Din Saleh	16	ZOHUR	27.18
7	Amar Hossam Fed El Tranesy	16	6 OCT	27.42
8	Ahmed Osama Mohamed	16	Cairo	27.48
9	Basel Mohamed Ahmed	16	Elethead	27.53
10	Ahmed Mohamed El Ghandou	16	DEGLA	27.55

**Heat 9 of 9 Finals**

1	Eyad Mohamed Nabih	16	Smouha	27.10
2	Ziad Esam Elhendy	16	Raas El Bar Club	26.94
3	Mohanad Mohamed Wageh	16	SHOOT	26.84
4	Youssef Eslam Farouk	16	AHLY	26.72
5	Omar Yasser Menis	16	Sporting	26.62
6	Yassin Ayman Ali Toulba	16	SHOOT	26.64
7	Yasin HossamEldin	16	Smouha	26.81
8	Gamal Aymn Gamal abd el M:	16	SHAMS	26.89
9	Sohaib Khaled Emam	16	AHLY	26.96
10	Ali Mogeib Salah El Din	16	TALBE	27.12

**Event 211 Girls 14 Year Olds 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

1	Rahma Tarek Mahmed Youse:	14	NASR	5:47.78
2	Nadin Atef Mohamed	14	AHLY	5:33.32
3	Shado Abd Elaziz Fayez Moh:	14	SHAMS	5:29.90
4	Ola Ehab Samier Abd EL Kad:	14	SHAMS	5:27.84
5	Jannah Mohamed Farouk	14	Sporting	5:27.60
6	Goudy Wael Ahmed Abd EL M	14	SHAMS	5:27.75
7	Hana Hisham Mohamed Yous	14	Smouha	5:28.49
8	Arwa Magd Elsayed	14	AHLY	5:32.33
9	Afrosena Sameh Kamel	14	AHRAM	5:40.70

**Heat 2 of 5 Finals**

1	Lana Yasir Mohamed Gamal	14	SHOOT	5:26.01
2	Sama Wael Mohamed EL Had	14	SHAMS	5:25.34
3	Berehan Khaled Khalaf	14	DEGLA	5:21.12
4	Farida Medhat Samir	14	ZOHUR	5:20.96
5	Yassmen Mohmed Nabil	14	MAY15	5:20.69
6	Zahwa Elhoussin Mohamed	14	DEGLA	5:20.92
7	Nadeen Hossam Hosny	14	DEGLA	5:21.02
8	Malak Mahmod Hassan	14	GHABA	5:23.26
9	Nour Mohamed Abd El Hady	14	Sporting	5:25.52
10	Aya Ashrf Ahmed Mohmed Al	14	6 OCT	5:26.65

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 10-04-2019 Morning

**Heat 3 Finals (#211 Girls 14 Year Olds 400 LC Meter Freestyle)**

1	Mariam Ahmed Mohamed	14	AHLY	5:20.09
2	Mayar Abdelazem Ahmed	14	M.ARB	5:17.85
3	Gana Mohamed Abdelsamea	14	M.ARB	5:14.20
4	Basmalah Gomaa Ali	14	Bank Ahly Alex	5:08.68
5	Malak Mohamed Sayed Khalii	14	DEGLA	5:07.94
6	Salma Khaled Elsayed	14	DEGLA	5:08.62
7	Jana Hassan Abdel Fattah	14	DEGLA	5:10.72
8	Fdwa Amer Ahmed Rmdan	14	6 OCT	5:15.03
9	Marim Ahmed Farouk	14	AHRAM	5:18.12
10	Mona Mahmoud Abdalla	14	AHLY	5:20.68

**Heat 4 of 5 Finals**

1	Malak Mohamed Mahmoud G	14	MAADI	5:03.23
2	Nily Karem	14	SHOOT	5:02.97
3	Malak Sameh Abd Elaziz	14	GHABA	5:02.62
4	Joudy Ahmed Fouad Shokry	14	DEGLA	5:01.56
5	Nour Ahmed aly Elsheshtaw	14	Gezira El Ward	4:56.47
6	Lama Tamer Mohamed Ahme	14	Smouha	4:57.80
7	Reem Mohamed Ibrahim	14	ZMALK	5:01.88
8	Maryem Sobhy abd el Fatah	14	TRSAN	5:02.75
9	Farida Amr Mohamed Abd El	14	SHOOT	5:03.02
10	Lougin Adel Mohamed	14	AHLY	5:07.65

**Heat 5 of 5 Finals**

1	Basant Ibrahim Mahmud	14	Gezira El Ward	4:53.83
2	Yara ali el Koshy	14	ZMALK	4:52.58
3	Mena Tarek Aly	14	AHLY	4:50.52
4	Kenzi Magdy Elshahat	14	Elethead	4:46.14
5	Sara Mohamed Bhaa	14	HELOP	4:42.01
6	Malak Mohamed Abbas Moha	14	MAADI	4:42.70
7	Malak Ahmed Helmy	14	AHLY	4:47.13
8	Habeba Maysara Abdelhamec	14	M.ARB	4:50.57
9	Joudy Mohamed Aly	14	Sporting	4:52.67
10	Salma Ahmed ali Mostafa	14	GHABA	4:54.69

**Event 212 Girls 15 Year Olds 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Finals</b>				
1	Rana Mohamed Tatek	15	GHABA	5:49.52
2	Rawan Emad Bayomy	15	DEGLA	5:30.81
3	Habeba Maged Mohsen	15	HELOP	5:27.86
4	Dareen Amgad Emad	15	ZOHUR	5:25.71
5	Merna Adel Elsayed	15	AHLY	5:25.32
6	Omnia Mohamed Mostafa	15	HLWAN	5:25.67
7	Esraa Ehab Zamel	15	ZMALK	5:26.25
8	Malak Ahmed Mohamed	15	DEGLA	5:28.08
9	Dina Hesham Mohamed	15	ZMALK	5:41.66
10	Malak Amr Hassan Allam	15	SHOOT	6:11.06

**Heat 2 of 4 Finals**

1	Malak Ahmed Zahran	15	Al Hawar	5:17.27
2	Habiba Tarek Maher Fawzy	15	MAADI	5:16.02
3	Monika Ayman Raaouf Eriyar	15	SHAMS	5:12.59
4	Shahd Hany Hussein Darwish	15	SHAMS	5:10.98
5	Farah Tarek Hassan	15	HELOP	5:07.93
6	Yasmine Yasser Mamdouh	15	SHOOT	5:08.60
7	Jana Mohamed Ahmed	15	DEGLA	5:11.05
8	Shahd Ahmed Yehya	15	TRSAN	5:14.18
9	Fareda Aly Mohamed Rezk	15	TANTA	5:16.40
10	Halaa Samy Yahya	15	SHAMS	5:23.71

**Heat 3 of 4 Finals**

1	Jouana Ahmed Mohamed Hus	15	Smouha	5:06.46
2	Alyaa Mhmoud Kmal Hsn	15	6 OCT	5:05.22
3	Jana Mohamed Abdel Fattah	15	Canal El Suez	5:01.80
4	Menat Allah Yousry Zakaria	15	TANTA	5:00.02
5	Mariam Hesham Mohamed	15	AHLY	4:50.57
6	Mariam Ebrahim ElShazly	15	Sporting	4:58.50
7	Ziena Ahmed El Sayed	15	DEGLA	5:01.70
8	Habiba Hazem Husin	15	Bank Ahly Alex	5:05.10
9	Merna Mohamed adb Elhady	15	ZMALK	5:05.43
10	Gannat Allah Alaa El Din Ahr	15	ENPPI	5:07.57

**Heat 4 of 4 Finals**

1	Hana Aly Mahmoud	15	AHLY	4:48.02
2	Lialy Tamer Nagm	15	Al Hawar	4:47.69
3	Malak Mohamed Abd El Gabe	15	Bank Ahly Alex	4:46.03
4	Kanzy Ibrahim Zaid	15	Al Hawar	4:41.23
5	Sara Soliman Said	15	AHLY	4:36.98
6	Loujin Abd Alla Slah Zkey	15	6 OCT	4:37.56
7	Salma Ahmed Mohamed Ram	15	DEGLA	4:44.87
8	Aisha Ahmed Nabil	15	AHLY	4:46.72
9	Shahd Sameh Safouat Shaaba	15	HELDO	4:47.83
10	Marim Mhmod Elsaid Elshik	15	Smouha	4:49.42

**Event 213 Girls 16 Year Olds 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals</b>				
1	Yasmein Hesham Mahmoud F	16	6 OCT	5:27.91
2	Habiba Shady Abdel Rahman	16	HELDO	5:25.12
3	Kenzy Tamer Farouk	16	DEGLA	5:17.78
4	Mariam Essam Mohamed Sa	16	SHOOT	5:06.28
5	Souhaila Moahmed Mahmou	16	SHOOT	5:03.94
6	Ranheil Moaataz Ballah Ali Ib	16	ZMALK	5:04.36
7	Bsmala Hassan Mohamed	16	M.ARB	5:08.19
8	Mariam Mohamed Osama Mo	16	SHOOT	5:19.86
9	Kinzy Shref Gabr	16	HELOP	5:26.13
10	Zeina Adham Mohamed Ahm	16	BNK.G	5:38.70

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 10-04-2019 Morning

**Heat 2 Finals (#213 Girls 16 Year Olds 400 LC Meter Freestyle)**

1	Shad Hossam Hantera	16	TANTA	5:00.68
2	Gana Emad Gaad Hosny	16	SHAMS	4:56.96
3	Hader Waled abd Elfatah	16	DEGLA	4:55.38
4	Mayar Hassan Aly EL Sharkav	16	SHAMS	4:55.02
5	Lena Ahmed Abdel-Wahab	16	AHLY	4:54.60
6	Rodaina Wael Mohamed	16	RWAD	4:54.89
7	Yara Mahmoud Abdo Mosa	16	Al Hawar	4:55.22
8	Amany Mahmoud Basheir	16	Gezira El Ward	4:56.26
9	Sara Hossam Eldin Mahmoud	16	AHLY	5:00.14
10	Tasneim Ayman Nashat Moh	16	Al Hawar	5:01.54

**Heat 3 of 3 Finals**

1	Malak Sherif Shawky El Goha	16	MAADI	4:52.85
2	Shad Ahmed Deiaa	16	Stad Mansoura	4:50.46
3	Sohaieila Ahmed Hamdy Bauc	16	6 OCT	4:46.24
4	Rawan Mostafa	16	DEGLA	4:43.79
5	Salma Hany Mostafa Abdelka	16	MAADI	4:31.66
6	Farida Tharwat Maher	16	AHLY	4:33.53
7	Nadin Adam Ahmed Foad Mo	16	SHAMS	4:44.08
8	Salma Mohamed Ibrahim Has	16	SHAMS	4:50.01
9	Salma Alaa Mahdy	16	AHLY	4:50.62
10	Younna Mohamed Mahmoud	16	SHAMS	4:54.12

**Event 214 Boys 14 Year Olds 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

3	Salih Samy Hassan abo Ghad	14	Raas El Bar Club	NT
4	Mohamed Ibrahim Desuky	14	Canal El Suez	NT
5	Ebrahim Moataz	14	Taleaa El Gish	NT
6	Amr Mohamed Ibrahim	14	ELCTR	NT
7	Ibrahim Mohamed Ibrahim A	14	Raas El Bar Club	NT

**Heat 2 of 12 Finals**

1	Salah Mohamed Salah	14	MAY15	1:41.50
2	Yousef Tamer Ramadan Mohy	14	TANTA	1:38.95
3	Mohamed Mamdouh Hosny F	14	RWAD	1:34.69
4	Ahmed Wesam Badr	14	TANTA	1:34.28
5	Omar Sayed M Ibrahim	14	NASR	1:32.34
6	Seif Alla Amro Moh. Abd Elfat	14	GEZIR	1:32.44
7	Fady Salah Youssef	14	ZOHUR	1:34.29
8	Moaz Osama Mohamed Omar	14	M.ARB	1:35.50
9	Steven Tamer Soliman	14	ZMALK	1:41.44
10	Maher Mohamed Mohamed	14	Raas El Bar Club	NT

**Heat 3 of 12 Finals**

1	Houseen Mohseen Houseen	14	ZMALK	1:30.21
2	Adham Mohammed ali	14	TALBE	1:30.04
3	Haytham Hesham Yehia Mou	14	HLWAN	1:29.09
4	Ahmed Mohamed Sallah	14	Mansheit Naser	1:28.39
5	Mohamed Tarek Fayiz	14	HELOP	1:27.10
6	Ziad Khaled Said Ibrahim	14	Taleaa El Gish	1:27.64
7	Ziad Alaa Ahmed Fahim	14	ZOHUR	1:28.61
8	Abd Alla Karim Ashraf Mahgc	14	GEZIR	1:29.30
9	Karim Waleed Abdelfatah	14	MRAC	1:30.09
10	Mosaad abd Elrahman abd El	14	TRSAN	1:30.92

**Heat 4 of 12 Finals**

1	Abdelrahman Hany Hassan	14	GHABA	1:26.69
2	Hany Essam Sharkawy	14	TRSAN	1:25.68
3	Monzer Mahmoud Ahmed	14	ZOHUR	1:24.77
4	Al Sayed Mohamed Al Sayed	14	Al Shehk Zaeid	1:24.35
5	Ahmed Magdy Abd Elhakim	14	NASR	1:23.56
6	Ali Ibrahim Ahmed	14	ZOHUR	1:23.69
7	Ali Mostafa Mohamed	14	ZOHUR	1:24.37
8	Yaseen Nabil Mohamed	14	ZMALK	1:25.06
9	Omer Mohamed Mahrous	14	Taleaa El Gish	1:25.91
10	Yossef Mohamed Abdelzاهر	14	Police Club	1:27.01

**Heat 5 of 12 Finals**

1	Mrwan Mahmoud Ahmed	14	TALBE	1:22.84
2	Mostafa Mohamed Mostafa F	14	SHAMS	1:22.39
3	Ziad Tarek Abdelaziz	14	Cairo	1:21.91
4	Adam Ehab Mamdouh	14	Taleaa El Gish	1:21.61
5	Fares Sherif Mahmoud Fared	14	SHOOT	1:21.00
6	Ahmed Tarek Ahmed	14	HLWAN	1:21.18
7	Yossef Moh. Ahmed Ameen	14	GEZIR	1:21.69
8	Ali Ahmed Soliman Ali	14	RWAD	1:22.21
9	Hassn Hatem Mohamed	14	ENPPI	1:22.61
10	Mohamed Hesham Mahmoud	14	Mansheit Naser	1:23.36

**Heat 6 of 12 Finals**

1	Yossef Moh. Shrif Moh. Elbar	14	GEZIR	1:20.71
2	Farok Mohamed Fayk Alshaa	14	6 OCT	1:20.14
3	Abdelrhman Mohamed Zaki	14	HLWAN	1:19.67
4	Ali Waled Yossef	14	GHABA	1:19.15
5	Mohamed Waled Ibrahim Sal	14	Smouha	1:18.26
6	Ahmed Yasir Mostafa	14	SHOOT	1:18.31
7	Yehia SeifEL din EL Marghany	14	SHAMS	1:19.25
8	Yaser Khaled Mamdouh ali	14	TRSAN	1:20.07
9	Mazen Yousry El Ghonimy	14	TANTA	1:20.18
10	Hmdi Ahmed Hmdi Byomi	14	6 OCT	1:20.80

**Heat 7 of 12 Finals**

1	Mostafa Mahmoud Yousry	14	SHOOT	1:18.12
2	Ahmed Sharif Ahmed Abdalla	14	SHOOT	1:18.07
3	Mahmoud Hesham Mahmoud	14	Mansheit Naser	1:17.72
4	Yosef Ahmed Sabry	14	HELOP	1:17.38
5	abd Elrahman Mohamed Saad	14	ZMALK	1:17.18
6	Yousif Shawky Mahros	14	SHOOT	1:17.36
7	Ziad Amr Samir	14	NASR	1:17.53
8	Mhmoud Mosleh Goda Atya	14	6 OCT	1:17.73
9	Mhmoud Wled Fkri Mhmoud	14	6 OCT	1:18.11
10	Omar Ahmed Magdy Abd AIM	14	HELDO	1:18.19

**Heat 8 of 12 Finals**

1	Omar Khaled Hasan	14	NASR	1:16.96
2	Adham Mhammed Arafa Has	14	Al Hawar	1:16.83
3	Ahmed Sameh Abdelkader	14	DEGLA	1:16.73
4	Mohamed Ahmed Mohamed	14	DEGLA	1:16.37
5	Mohamed Khaled Abdel Maal	14	AHLY	1:16.25
6	Ali Samy	14	DEGLA	1:16.25
7	Mohmd Ahmed Faruk Abdllhr	14	6 OCT	1:16.44
8	Khaled Khaled Mohamed Wal	14	SHOOT	1:16.74
9	Abdelrhman Eslam Essa	14	Smouha	1:16.84
10	Abdel Rahman Ahmed Amin	14	ENPPI	1:17.03

## Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

## Meet Program - 10-04-2019 Morning

**Heat 9 Finals (#214 Boys 14 Year Olds 100 LC Meter Backstroke)**

1	Mohamed Fouad	14	ZMALK	1:16.06
2	Kareem Mohamed Fouad Alg	14	TWFIK	1:15.67
3	Mohab Tarek Helal Mohamed	14	HELDO	1:15.40
4	Basel Amir Ali Hosney	14	6 OCT	1:14.96
5	Karim Mohamed Mahmood	14	TANTA	1:14.21
6	Moustafa Yasser Abd El Latif	14	Sporting	1:14.40
7	Mazen Ashraf Mohamed Abd	14	Bank Ahly Alex	1:15.24
8	Karim Ahmed Maged	14	ZMALK	1:15.42
9	Abdalla Mostafa Ahmed	14	AHLY	1:15.75
10	Abd El Monaem Mahmoud Al	14	ZOHUR	1:16.17

**Heat 10 of 12 Finals**

1	Yehia Mohamed Saad Eldin	14	DEGLA	1:14.01
2	Ahmed Mohamed Gmal Eprah	14	6 OCT	1:13.72
3	Karem Ashraf	14	GHABA	1:13.17
4	Mahmoud Emad Abd Elmogh	14	ZOHUR	1:12.67
5	Ahmed Hattem Ahmed	14	DEGLA	1:12.30
6	Ahmed Yaser Mohamed	14	M.ARB	1:12.44
7	Hossien Mohammed Hossien	14	TALBE	1:12.70
8	Mohamed Hassan Mohamed	14	HLWAN	1:13.26
9	Ahmed Emad Ahmed	14	AHLY	1:13.92
10	Yehia Emad eL Toukhy	14	Sporting	1:14.13

**Heat 11 of 12 Finals**

1	Mohamed Maged Mahmoud	14	Olympic	1:12.04
2	Mohamed Ahmed Maher	14	AHLY	1:11.08
3	Mohamed Ahmed Ellethy	14	TANTA	1:10.84
4	Aser Hosam Mohamed Elfhm	14	Bank Ahly Alex	1:10.43
5	Adham Mohamed Elarby	14	Smouha	1:09.55
6	Mohamed Ramy Mohamed	14	AHLY	1:10.03
7	Abdel Rahman Khaled Zakari	14	AHLY	1:10.48
8	Abd El Rahman Mohamed Ali	14	SHOOT	1:10.94
9	Yassin Amr Warda	14	Sporting	1:11.54
10	Seif Ahmed Nasr	14	TRSAN	1:12.05

**Heat 12 of 12 Finals**

1	Omar Ehab Ahmed Ghoraba	14	A S E C	1:08.78
2	Moamen Khalid Mohamed	14	ZMALK	1:08.43
3	Ahmed Wael el Mohandes	14	HELOP	1:07.24
4	Mohamed Yaser Omar	14	Raas El Bar Club	1:05.87
5	Mohamed Hany Elsayed	14	AHLY	1:02.76
6	Khaled Ahmed Mahmoud Gal	14	Bank Ahly Alex	1:05.11
7	Ahmed Hazem Akram	14	DEGLA	1:06.53
8	Mohamed Taha Abd El Raouf	14	DEGLA	1:08.27
9	Malek amr Mahdy	14	Cairo	1:08.78
10	Tamem Mohamed Tantawy	14	Sporting	1:09.14

**Event 215 Boys 15 Year Olds 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

4	Yasen Abdelaziz Mohsen Abe	15	6 OCT	NT
5	abd Alaa Mohamed Salah	15	ZMALK	1:22.55
6	Blal Mohamed Abd Elhamed	15	NASR	1:25.59

**Heat 2 of 8 Finals**

1	Hussein Ashraf Moustafa Kan	15	HELDO	1:22.14
2	Somow Eldeen Mohamed Esr	15	ZOHUR	1:21.23
3	Mohab Mohamed Salah Hosn	15	HLWAN	1:20.45
4	Mazn Haythim Ezzat	15	Taleaa El Gish	1:19.60
5	Yousef Mohmed Hashem	15	MAY15	1:19.08
6	Aly Osama Samer Eldhshan	15	GEZIR	1:19.19
7	Omar Nashet Emam	15	TAGAM	1:20.23
8	Ziad Wael Mohamed	15	ZMALK	1:21.22
9	Bassem amr Ahmed	15	BNKG	1:21.57

**Heat 3 of 8 Finals**

1	Tuka Ahmed Apu Elolla	15	SHOOT	1:18.13
2	Adham Ramy Yazed	15	HELOP	1:16.58
3	Amr Mohamed Helmy Ibrahim	15	HELDO	1:16.47
4	Seif El Din Ashraf Abd El Azin	15	MAADI	1:14.91
5	Mohamed Ahmed Farghly	15	GHABA	1:14.69
6	Omar Ahmed Hussien	15	Cairo	1:14.80
7	ali Hany el Samra	15	HELOP	1:15.03
8	Amr Haitham Nafea	15	Sporting	1:16.54
9	Mostafa Mohamed gad	15	HLWAN	1:17.37
10	Ramez Mohamed Mahmoud	15	TALBE	1:18.17

**Heat 4 of 8 Finals**

1	Youssef Hassan Salah	15	Cairo	1:14.06
2	Omar Alaa Eldin Wahba	15	SHAMS	1:13.53
3	Mohamed Ashraf A bd Elazee	15	GHABA	1:12.73
4	Ziad Abdel Ghany Osman	15	RWAD	1:11.79
5	Nour El Din Ahmed Salah Mo	15	MAADI	1:11.59
6	Saad ElDen Saeed Saad	15	Sporting	1:11.72
7	Mohamed Ahmed Galal	15	ZOHUR	1:12.51
8	Mostafa Walid Mostafa AlSwæ	15	TANTA	1:12.82
9	Ahmed Gamal Mostafa	15	TALBE	1:13.92
10	Madih Mohamed Sobhi	15	TWFIK	1:14.45

**Heat 5 of 8 Finals**

1	Ahmed Hassan Alwan	15	ZMALK	1:11.28
2	Mahmoud Mohamed Shams F	15	SHOOT	1:11.03
3	Youssef Elsayed Aly	15	AHLY	1:10.97
4	Ahmed Ihab Ali	15	DEGLA	1:10.24
5	Almotz Bellah Housen Mohar	15	6 OCT	1:09.85
6	Mohamed Ahm. Aly Moh. Der	15	GEZIR	1:10.21
7	Walid Salah Abdallah Khali	15	RWAD	1:10.39
8	Mohamed Ahmed Salem	15	GHABA	1:11.03
9	Yosef Shereef Yosef Oweda	15	Gezira El Ward	1:11.23
10	Omar Mostafa Hafez Mostafa	15	Al Hawar	1:11.37

**Heat 6 of 8 Finals**

1	Yousif Wael Hamed Elsaid	15	Smouha	1:09.62
2	Amar Yasser Mohmed	15	ZOHUR	1:09.29
3	Mohamed Ahmed Mohamed i	15	Smouha	1:09.10
4	Yousif Mohamed Elsaied Ali	15	Smouha	1:08.79
5	Aly Hesham Alkabany	15	AHLY	1:08.61
6	Mohamed Alaa Mahmod Ali	15	Smouha	1:08.78
7	Yassin ali Mohamed Fayez Sai	15	DEGLA	1:09.05
8	Aser Mohamed Mosaad	15	AHLY	1:09.25
9	Sief Mohamed Mahmohd	15	Baladyat El Maha	1:09.35
10	Mohmed Gmal Abdelnaser At	15	6 OCT	1:09.66

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## Meet Program - 10-04-2019 Morning

**Heat 7 Finals (#215 Boys 15 Year Olds 100 LC Meter Backstroke)**

1	Nour Eldin Ahmed Rady	15	AHLY	1:08.36
2	Yossif Mohamed Ahmed Sadk	15	Sporting	1:07.94
3	Yousof Hazem Shebl Saleh	15	TANTA	1:07.91
4	Ali Khaled Osama	15	DEGLA	1:06.91
5	amr Tarek Alsaïd Alaraby	15	Nasr City	1:06.58
6	Seif ElDein Ahmed Ebrahim F	15	SHAMS	1:06.82
7	Mahmoud Shehab Ahmed Mc	15	Bank Ahly Alex	1:07.66
8	Yossif Serag Mahmoud Hassin	15	Nasr City	1:07.93
9	Omar Ahmed Hegazy	15	TANTA	1:07.98
10	Youssef Dieya ElSayed Elkiki	15	SHAMS	1:08.59

**Heat 8 of 8 Finals**

1	Adham Mohamed Magdy Mal	15	MAADI	1:06.18
2	Mostafa Magdy Nabil	15	AHLY	1:06.03
3	Omar Hany Mohamed Galal	15	Gezira El Ward	1:05.74
4	Ahmed Awny Glal Aly	15	6 OCT	1:04.28
5	Ahmed Hamdy Al Shaik	15	SHOOT	1:02.75
6	Marawan Ahmed Abdel Moez	15	DEGLA	1:03.09
7	Omer Badr Kamel	15	SHOOT	1:04.55
8	Yasin Alaa Ibrahim Elbieh	15	Smouha	1:05.92
9	Yousef Mohamed Abdel Halin	15	DEGLA	1:06.04
10	Ahmed Tamer Mohamed	15	SHOOT	1:06.43

**Event 216 Boys 16 Year Olds 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

4	Khaled Reda Abdel Aziem	16	ELCTR	NT
5	Hussin Hamdy Mohamed	16	HLWAN	1:23.35
6	Mohamed Ahmed Mahmoud	16	HELOP	1:28.37

**Heat 2 of 7 Finals**

1	Omar Mohamed Gamal El Kh	16	TANTA	1:19.84
2	Abdel Rahman Amr Mounir	16	MAADI	1:17.33
3	Ahmed Allaa Said Ali	16	6 OCT	1:17.29
4	Yosif Ahmed Saeed Daher	16	NASR	1:16.83
5	Moemen Kazafy Shehata Bak	16	MRAC	1:16.39
6	Marwan Ahmed Abdalaty	16	MAY15	1:16.81
7	Omar Ahmed Ibrahim Eldeso	16	MAADI	1:16.88
8	Ahmed Mohamed Ahmed Fat	16	SHOOT	1:17.31
9	Mohamed Hisham Fouad	16	NASR	1:19.69

**Heat 3 of 7 Finals**

1	Ahmed Hesham Mostafa	16	SHOOT	1:16.00
2	Yousef Mohamed Hamed	16	AHRAM	1:14.59
3	Ahmed Mohamed Mostafa	16	TANTA	1:13.68
4	Omar Ahmed El Sherif	16	TANTA	1:12.59
5	Ahmed Mahmoud Abd Elazee	16	RWAD	1:12.27
6	Yehya Waled Abdel Shafy	16	ZMALK	1:12.28
7	Yousef Yaser Abdel Kader	16	ZMALK	1:13.33
8	Mohamed Hossam Ali	16	ZMALK	1:14.43
9	Ebrahim Mohamed Hamed	16	TANTA	1:15.09
10	Faris Mohamed Abdel Kader	16	GHABA	1:16.33

**Heat 4 of 7 Finals**

1	Abdalla Mohamed Abdel Mor	16	ENPPI	1:11.60
2	Karim Osama Khalifa	16	DEGLA	1:11.43
3	Omar Mohamed Farouk Al Si	16	SHOOT	1:10.53
4	Fo`ad Haitham	16	Smouha	1:10.14
5	Ahmed Hessian Abbas	16	Cairo	1:09.55
6	Ali Mohamed Refaat Abdel R	16	HELDO	1:10.06
7	Mohamed Ashraf	16	Sporting	1:10.34
8	Omar Mohamed Abdelbaaqy	16	GHABA	1:11.36
9	Locman Mostafa Abdel Sabou	16	TALBE	1:11.60
10	Karim Hassan Ahmed	16	DEGLA	1:11.66

**Heat 5 of 7 Finals**

1	Khaled Ahmed Farouk Ramd	16	Cairo	1:09.36
2	Mohamed Tamer Mohamed Z	16	Smouha	1:09.06
3	Ali Ahmed Dawood	16	AHLY	1:08.55
4	Mohamed Maged Abdel Aziz	16	DEGLA	1:08.05
5	Fahd Mohamed aly	16	Olympic	1:07.81
6	Abdulrahman Mohamed Mah	16	Police Club	1:07.83
7	Yahia Abd el Aaty Said	16	DEGLA	1:08.53
8	Ibrahem Mostafa Talaat	16	Smouha	1:08.86
9	Zeyad Bassam Hussein	16	AHLY	1:09.34
10	Abdel Rahman Matarawy	16	GHABA	1:09.36

**Heat 6 of 7 Finals**

1	Amr Medhat Bader	16	Smouha	1:07.69
2	Omar Ahmed El Fatory	16	Sporting	1:07.37
3	Zyad Waael Abass Bhr	16	6 OCT	1:06.88
4	Karim Adel Ahmed Bahgat	16	ZOHUR	1:05.90
5	Ahmed Mohamed Abdel-Fatt	16	AHLY	1:04.86
6	Omar Sherif Sayed	16	ZMALK	1:05.20
7	Hussein Walid Adel	16	AHLY	1:06.32
8	Kareem Husin Atia	16	TANTA	1:07.36
9	Zeyad Wahied Hamdy Tawfik	16	SHAMS	1:07.51
10	Yahia Mohamed Abdelaal Ebr	16	Nasr City	1:07.70

**Heat 7 of 7 Finals**

1	Mohamed Mostafa Ibrahim M	16	SHAMS	1:04.14
2	Keirlis Gamal Sophy	16	GHABA	1:03.94
3	Yousif Ashraf Madkour	16	Smouha	1:03.53
4	Mohamed Ahmed Abdel Hak	16	SHOOT	1:02.66
5	Saied Mohamed Abd Elgawac	16	Sporting	1:01.51
6	Waled Mohamed Sophy	16	Stad Mansoura	1:01.51
7	Yasen Amro Yasen Abd Elrah	16	GEZIR	1:02.89
8	Omar Mohamed Atef	16	AHLY	1:03.65
9	Zyad Magdi abd el Khalaa	16	ZMALK	1:03.98
10	Yosif Ahmed Abdel Mohssin	16	DEGLA	1:04.60