

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 109 Girls 14 Year Olds 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|----------------------------|----------------------------|-----|------------------|-----------|
| Heat 1 of 10 Finals | | | | |
| 1 | Yasmin Ahmed El Tahlawy | 14 | AHLY | NT |
| 2 | Hanan Ehab Hassan | 14 | MAY15 | 1:34.44 |
| 3 | Malek aly Abdallah | 14 | BNKG | 1:33.30 |
| 4 | Nourhan Hussien Ahmed | 14 | Taleaa El Gish | 1:31.27 |
| 5 | Marim Wael Galal | 14 | Police Club | 1:29.83 |
| 6 | Habiba Ehab Hassan Ebrahim | 14 | 6 OCT | 1:30.66 |
| 7 | Judy Hossam Eldin Abdelaz | 14 | Nasr City | 1:32.36 |
| 8 | Nour Sherif Adel | 14 | Mansheit Naser | 1:34.16 |
| 9 | Joumana Sayed Shahat | 14 | NASR | NT |
| 10 | Kenzy Amr Hanafy | 14 | DEGLA | NT |
| Heat 2 of 10 Finals | | | | |
| 1 | Hana Hany Mahmed | 14 | Misr | 1:28.47 |
| 2 | Haidy Hamdy Rashad | 14 | ZOHUR | 1:26.16 |
| 3 | Yara Osama Mohamed Zaatar | 14 | Taleaa El Gish | 1:24.07 |
| 4 | Shahenda Hesham Helal | 14 | Raas El Bar Club | 1:22.89 |
| 5 | Lyla Mohamed Rmdan | 14 | 6 OCT | 1:21.13 |
| 6 | Gillan Essam Sayed EL Adly | 14 | SHAMS | 1:21.74 |
| 7 | Rwan Khaled Abdelhalem | 14 | Taleaa El Gish | 1:23.04 |
| 8 | Doha Hussein Fathy Hussein | 14 | NASR | 1:24.86 |
| 9 | Jana Mohamed abd Tawab | 14 | MAY15 | 1:26.31 |
| 10 | Sohaila Walid Ahmed | 14 | Mansheit Naser | 1:29.01 |
| Heat 3 of 10 Finals | | | | |
| 1 | Mounira Alaa Abdelkhlek | 14 | NASR | 1:20.28 |
| 2 | Kenzy Amr El Sayed | 14 | TANTA | 1:18.30 |
| 3 | Fareh Yasser Mohamed Samy | 14 | SHAMS | 1:16.03 |
| 4 | Shahd Emad Hamed Mohame | 14 | RWAD | 1:15.74 |
| 5 | Mariam Ahmed Mohamed Ta | 14 | SHOOT | 1:14.75 |
| 6 | Habiba Sameh Fahmy | 14 | HELOP | 1:15.67 |
| 7 | Heba Allah Ahmed Yahia Moh | 14 | RWAD | 1:15.74 |
| 8 | Jomanah Assem Samer | 14 | MAY15 | 1:17.55 |
| 9 | Shahd Akml Mohamed Moha | 14 | 6 OCT | 1:19.12 |
| 10 | Abrar Hisham Ahmed | 14 | Cairo | 1:20.87 |
| Heat 4 of 10 Finals | | | | |
| 1 | Martina Magdy Bekhet | 14 | ZMALK | 1:14.51 |
| 2 | Yosr Wael Gmal | 14 | HELOP | 1:13.82 |
| 3 | Sara Tarek Ahmed Mohsen | 14 | MAADI | 1:13.64 |
| 4 | Haya HossamEldin Kndel | 14 | Smouha | 1:13.55 |
| 5 | Salma Samir abd el Azim | 14 | TRSAN | 1:12.58 |
| 6 | Haneen amr Abdelaziz | 14 | Cairo | 1:13.09 |
| 7 | Samira Sallah Mahroos | 14 | Mansheit Naser | 1:13.59 |
| 8 | Nour Ahmed Ibrahim Sarhan | 14 | MAADI | 1:13.77 |
| 9 | Judy Awwad Mohamed | 14 | ZOHUR | 1:14.16 |
| 10 | Nouran Mohamed Ali Mohar | 14 | RWAD | 1:14.72 |

Heat 5 of 10 Finals

| | | | | |
|----|------------------------------|----|-----------|---------|
| 1 | Yara Walid Mohamed | 14 | ZMALK | 1:12.28 |
| 2 | Mariam Mostafa Adly | 14 | TANTA | 1:11.74 |
| 3 | Farida Medhat Samir | 14 | ZOHUR | 1:11.34 |
| 4 | Fareh Shiref Hassan Ahmed A | 14 | SHAMS | 1:11.11 |
| 5 | Kenzy amr Ahmed | 14 | ZMALK | 1:10.92 |
| 6 | Zenab Wagdy | 14 | GHABA | 1:11.05 |
| 7 | Shado Abd Elaziz Fayeze Moha | 14 | SHAMS | 1:11.20 |
| 8 | Zena Mahmoud Mohamed Mo | 14 | GHABA | 1:11.46 |
| 9 | Zeina Tamer Zeinhoum | 14 | AHLY | 1:11.81 |
| 10 | Farida amr Atia Saad | 14 | Nasr City | 1:12.47 |

Heat 6 of 10 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Maram Mohamed Wageh Ibra | 14 | Bank Ahly Alex | 1:10.78 |
| 2 | Zahwa Mohsen Sayed | 14 | AHLY | 1:10.62 |
| 3 | Malak Mahmod Hassan | 14 | GHABA | 1:10.00 |
| 4 | Zeina Bassem Ali | 14 | DEGLA | 1:09.70 |
| 5 | Mona Mahmoud Abdalla | 14 | AHLY | 1:09.39 |
| 6 | Nor Ahmed Ali Ahmed | 14 | Bank Ahly Alex | 1:09.63 |
| 7 | Ola Ehab Samier Abd EL Kad | 14 | SHAMS | 1:09.97 |
| 8 | Nor Salah El Din Mohmed | 14 | SHOOT | 1:10.25 |
| 9 | Gana Ashraf Abd El Hafez Mo | 14 | SHOOT | 1:10.77 |
| 10 | Nour Waled Mostafa Askar | 14 | Stad Mansoura | 1:10.88 |

Heat 7 of 10 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Shahd Sherif Abdallah | 14 | M.ARB | 1:09.33 |
| 2 | Reem Mohamed Ibrahim | 14 | ZMALK | 1:09.08 |
| 3 | Lougin Adel Mohamed | 14 | AHLY | 1:09.02 |
| 4 | Yomna Mahmod Hassan | 14 | GHABA | 1:08.86 |
| 5 | Fareda Mohamed Nwar | 14 | TANTA | 1:08.85 |
| 6 | Nor Mahmoud Anbar | 14 | GHABA | 1:08.85 |
| 7 | Alaa Amr El Sokry | 14 | Sporting | 1:08.98 |
| 8 | Marim Mohamed Osman | 14 | NASR | 1:09.07 |
| 9 | Malak Hasan Moh. Elhoshy | 14 | GEZIR | 1:09.31 |
| 10 | Jana Tamer Moh. Essam Eldir | 14 | GEZIR | 1:09.37 |

Heat 8 of 10 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Gana Tarek Mohamed Farid | 14 | SHOOT | 1:08.81 |
| 2 | MLk Mohamed Shwkey Saad | 14 | 6 OCT | 1:08.49 |
| 3 | Aida Ahm. Mohssin Abd Elraz | 14 | GEZIR | 1:08.18 |
| 4 | Malak Mohamed Mahmoud G | 14 | MAADI | 1:07.51 |
| 5 | Nourhan Mohamed Moharar | 14 | TANTA | 1:06.69 |
| 6 | Malak Tarek El Kady | 14 | Sporting | 1:06.89 |
| 7 | Jana Sherif Mahmoud | 14 | DEGLA | 1:08.14 |
| 8 | Nouran Marawan Ramadan | 14 | AHLY | 1:08.20 |
| 9 | Goudy Abdelhalem Fathala Z | 14 | Bank Ahly Alex | 1:08.60 |
| 10 | Alaa Khaled Safwan | 14 | M.ARB | 1:08.83 |

Heat 9 of 10 Finals

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Gody Ahmed Badawy Mhmou | 14 | Smouha | 1:05.56 |
| 2 | Hana Waled Hassan | 14 | GHABA | 1:05.22 |
| 3 | Hanan Ahmed Mohamed Ma | 14 | Olympic | 1:05.06 |
| 4 | Joudy Ahmed Fouad Shokry | 14 | DEGLA | 1:04.75 |
| 5 | Malak Mohamed Mhmoud Ha | 14 | Smouha | 1:04.56 |
| 6 | Malak Khaled Mostafa | 14 | SHOOT | 1:04.62 |
| 7 | Nour Mohamed Hossain | 14 | SHOOT | 1:04.77 |
| 8 | Yara ali el Koshy | 14 | ZMALK | 1:05.16 |
| 9 | Jana Gehad El Assal | 14 | TWFIK | 1:05.36 |
| 10 | Malak Khaled Ahmed Abdalla | 14 | DEGLA | 1:06.43 |

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Heat 10 Finals (#109 Girls 14 Year Olds 100 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Farida Amr Mohamed Abd El | 14 | SHOOT | 1:04.09 |
| 2 | Joudy Mohamed Aly | 14 | Sporting | 1:03.91 |
| 3 | Lama Tamer Mohamed Ahme | 14 | Smouha | 1:03.82 |
| 4 | Malak Ahmed Helmy | 14 | AHLY | 1:02.35 |
| 5 | Malak Mohamed Abbas Moha | 14 | MAADI | 1:01.95 |
| 6 | Nour Mohamed Ibrahim Ali | 14 | Smouha | 1:02.23 |
| 7 | Rodaina Mohamed Saad | 14 | DEGLA | 1:02.41 |
| 8 | Hanin Mohamed AbdElmaks | 14 | Smouha | 1:03.91 |
| 9 | Leila Mohamed Ibrahim | 14 | DEGLA | 1:03.97 |
| 10 | Lela Ahmed Kamal | 14 | GHABA | 1:04.34 |

Event 110 Girls 15 Year Olds 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|----------------------------|----|----------------|---------|
| 4 | Rawan Al Sayed Abdel Mohss | 15 | Canal El Suez | NT |
| 5 | Maryyam Mohamed Hegazy | 15 | Taleaa El Gish | 1:27.95 |
| 6 | Gana Mohamed Khedr | 15 | AHLY | NT |

Heat 2 of 7 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Habeba amr abd el Salam | 15 | HELOP | 1:24.88 |
| 2 | Rana Mohamed Abdel Megui | 15 | HELDO | 1:22.19 |
| 3 | Ayten Hassan Hamza | 15 | Smouha | 1:19.04 |
| 4 | Nada Masbah Mohamed | 15 | ENPPI | 1:17.81 |
| 5 | Eva Gamal Sophe | 15 | GHABA | 1:16.77 |
| 6 | Marim Ahmed Zien Elabdeen | 15 | SHAMS | 1:17.78 |
| 7 | Laila Khaled Faheem | 15 | M.ARB | 1:19.01 |
| 8 | Shaza Ali Ezz Eldin EL bad | 15 | Cairo | 1:20.44 |
| 9 | Lojain Mohamed Magdy Ham | 15 | MAADI | 1:22.31 |
| 10 | Tasnim Hytham | 15 | Cairo | 1:27.47 |

Heat 3 of 7 Finals

| | | | | |
|----|-----------------------------|----|-------|---------|
| 1 | Hana Hamdy Metwaly | 15 | ZOHUR | 1:16.34 |
| 2 | Mariam Ahmed Abdo | 15 | HELOP | 1:15.05 |
| 3 | Farida Tamer Farouk abd ELM | 15 | SHAMS | 1:12.55 |
| 4 | Hana Hesham Moustafa Ham | 15 | MAADI | 1:11.70 |
| 5 | Nagwa Khaled Mohamed Hss | 15 | NASR | 1:11.40 |
| 6 | Lobna Saed Hanfy | 15 | DEGLA | 1:11.58 |
| 7 | Rawya Hossam Nabil | 15 | SHOOT | 1:11.85 |
| 8 | Hana Mohamed Amaar | 15 | TAGAM | 1:14.37 |
| 9 | Amina Adham Ibrahim | 15 | ZOHUR | 1:16.10 |
| 10 | Login Ahmed Foaad | 15 | ENPPI | 1:16.58 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|-------|---------|
| 1 | Jana Mohamed Ahmed | 15 | DEGLA | 1:10.39 |
| 2 | Shahd Hazem Hassan Bahy E | 15 | MAADI | 1:10.25 |
| 3 | Shadin Aksam Mohamed Ami | 15 | SHAMS | 1:09.01 |
| 4 | Sohaila Mohamed abd Elsalai | 15 | DEGLA | 1:08.58 |
| 5 | Khadiga Nabil Ebrahim | 15 | SHOOT | 1:08.39 |
| 6 | Habiba Tarek Maher Fawzy | 15 | MAADI | 1:08.52 |
| 7 | Shahd Hesham Fouad Abaas | 15 | ZMALK | 1:08.84 |
| 8 | Fareda Aly Mohamed Rezk | 15 | TANTA | 1:10.17 |
| 9 | Rawan Emad Bayomy | 15 | DEGLA | 1:10.39 |
| 10 | Gana Ragab Ramdan | 15 | ZMALK | 1:11.21 |

Heat 5 of 7 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Noor Kamel ElNagar | 15 | Sporting | 1:07.98 |
| 2 | Rola Hasan Ragab | 15 | Bank Ahly Alex | 1:07.45 |
| 3 | Lojain Hesham Mohamed | 15 | Cairo | 1:07.09 |
| 4 | Malak Eslam Mohamed Moav | 15 | SHOOT | 1:06.49 |
| 5 | Malak Waled Essam Shabana | 15 | Smouha | 1:06.14 |
| 6 | Lana Mohamed Fathy | 15 | AHLY | 1:06.18 |
| 7 | Shahd Yaser Shaaban | 15 | TANTA | 1:06.80 |
| 8 | Mennatalh Walid Elsayd Moh | 15 | GEZIR | 1:07.42 |
| 9 | Karma Ahmed Nabil | 15 | SHOOT | 1:07.58 |
| 10 | Hna Gmal Rshad Alawdy | 15 | 6 OCT | 1:08.10 |

Heat 6 of 7 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Mohra ez el den Hossam | 15 | HELOP | 1:05.65 |
| 2 | Hana Hazem Mohamed | 15 | HELOP | 1:05.44 |
| 3 | Ziena Ahmed El Sayed | 15 | DEGLA | 1:05.22 |
| 4 | Farah Tarek Hassan | 15 | HELOP | 1:04.57 |
| 5 | Lojaina Khaled Mohamed Mo | 15 | HELDO | 1:04.13 |
| 6 | Malak Khaled Abdelhady | 15 | AHLY | 1:04.28 |
| 7 | Rahma Ashraf Khairy | 15 | MAY15 | 1:05.04 |
| 8 | Habiba Hazem Husin | 15 | Bank Ahly Alex | 1:05.33 |
| 9 | Rouaa Ahmed Ibrahim | 15 | RWAD | 1:05.62 |
| 10 | Malak Khaled Aly | 15 | AHLY | 1:05.95 |

Heat 7 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Shahd Ahmed Abd Elbaky | 15 | Sporting | 1:03.54 |
| 2 | Hana Yasser Ghalab | 15 | AHLY | 1:03.23 |
| 3 | Nelly Elgmal Moh. Sayd Most | 15 | GEZIR | 1:02.65 |
| 4 | Gihan Ahmed Abd El Azim Al | 15 | MAADI | 1:01.04 |
| 5 | Malak Mohamed Abd El Gabe | 15 | Bank Ahly Alex | 59.86 |
| 6 | Farida Ayman Samra | 15 | SHOOT | 1:00.04 |
| 7 | Loujin Abd Alla Slah Zkey | 15 | 6 OCT | 1:01.24 |
| 8 | Habiba Ayman Mahmoud Ha | 15 | Bank Ahly Alex | 1:03.02 |
| 9 | Yasmine Sharif AbdElAziz Ga | 15 | SHAMS | 1:03.41 |
| 10 | Jana Mohamed Abdel Fattah | 15 | Canal El Suez | 1:03.87 |

Event 111 Girls 16 Year Olds 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|-----------------------------|----|----------------|---------|
| 4 | Kholod Khaled Heslen | 16 | Mansheit Naser | 1:39.58 |
| 5 | Rowan Mostafa | 16 | SHOOT | 1:21.88 |
| 6 | Jana Sherif Mohamed Al Saye | 16 | ZOHUR | 1:22.90 |

Heat 2 of 7 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Rawan abd Elhamid | 16 | Police Club | 1:19.12 |
| 2 | Rana Shaban Mostafa Sharf | 16 | Taleaa El Gish | 1:17.03 |
| 3 | Marim Mohamed Ali | 16 | TRSAN | 1:15.99 |
| 4 | Malak Naser Mohamed Ahme | 16 | ZMALK | 1:13.67 |
| 5 | Aisha Ahmed Badawy | 16 | Sporting | 1:12.86 |
| 6 | Alaa Omar Saad | 16 | ROYAL | 1:12.88 |
| 7 | Shahad Mohamed Gamal Ibra | 16 | 6 OCT | 1:14.98 |
| 8 | Rbab Mohmed Ebrahim Salef | 16 | 6 OCT | 1:16.25 |
| 9 | Laila Ahmed Hassan | 16 | Taleaa El Gish | 1:18.48 |
| 10 | Knöz Afify Abd Elkader | 16 | NASR | 1:20.25 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 3 Finals (#111 Girls 16 Year Olds 100 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Joy Barssom Aghib | 16 | AHRAM | 1:12.41 |
| 2 | Shahad Mahmoud Abdel Al R | 16 | SHOOT | 1:12.20 |
| 3 | Habiba Shady Abdel Rahman | 16 | HELDO | 1:12.14 |
| 4 | Fatma Hisham Sarwt | 16 | Sporting | 1:12.02 |
| 5 | Farida Ahmed Akel | 16 | HELOP | 1:11.03 |
| 6 | Nada Haytham El Sayed Heik | 16 | HELDO | 1:11.91 |
| 7 | Yara Hatem Fouad Al Gamy | 16 | ZMALK | 1:12.13 |
| 8 | Kenzy Khaled AbdelAzim Abc | 16 | MAADI | 1:12.17 |
| 9 | Habiba Wael Al Ghanam | 16 | GHABA | 1:12.21 |
| 10 | Nouran Khaled Said Saleh | 16 | TRSAN | 1:12.49 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Alia Ali Mohamed | 16 | HELOP | 1:10.74 |
| 2 | Lagein Haytham Essam Moha | 16 | ZMALK | 1:09.97 |
| 3 | Lina Ahmed Abu El Khair | 16 | Sporting | 1:09.76 |
| 4 | Hidy Mohamed Ramadan | 16 | TANTA | 1:09.33 |
| 5 | Malak Nasr El Din Ibrahim | 16 | ZMALK | 1:08.95 |
| 6 | Sharouk Yehya Ibrahim | 16 | GHABA | 1:09.08 |
| 7 | Rowan Mamdoh Aref Ahmed | 16 | 6 OCT | 1:09.39 |
| 8 | Nada Mohamed Mahmoud Ar | 16 | HLWAN | 1:09.88 |
| 9 | Sara Ali Tawfek Drakoun | 16 | SHOOT | 1:10.64 |
| 10 | Salma Amro Moh. Abd Elfatal | 16 | GEZIR | 1:10.95 |

Heat 5 of 7 Finals

| | | | | |
|----|----------------------------|----|-------------|---------|
| 1 | Habiba Khaled Ahmed | 16 | DEGLA | 1:08.39 |
| 2 | Mariam Mohamed Mohamed | 16 | Police Club | 1:07.93 |
| 3 | Tasneim Ayman Nashat Moha | 16 | Al Hawar | 1:07.60 |
| 4 | Souhaila Moahmed Mahmou | 16 | SHOOT | 1:07.29 |
| 5 | Salma Sherif Hussien Moham | 16 | MAADI | 1:06.66 |
| 6 | Amira Hany Ahmed | 16 | AHLY | 1:07.23 |
| 7 | Caren Hany Gamal | 16 | Sporting | 1:07.36 |
| 8 | Haya Amr Kamal Eldin | 16 | HELOP | 1:07.90 |
| 9 | Malak Mohamed Mohamed A | 16 | MAADI | 1:08.21 |
| 10 | Rahf Elhossuin | 16 | DEGLA | 1:08.50 |

Heat 6 of 7 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Dina Ahmed Elkharash | 16 | Smouha | 1:05.17 |
| 2 | Mariam Emad Hamed Motaw | 16 | ZMALK | 1:04.72 |
| 3 | Malak Wesam Badr | 16 | TANTA | 1:04.16 |
| 4 | Farah Osama Ahmed Mahmo | 16 | Bank Ahly Alex | 1:03.87 |
| 5 | Kenzy Ahmed Ali | 16 | AHLY | 1:03.65 |
| 6 | Malak Omar Ahmed Shawky. | 16 | SHAMS | 1:03.66 |
| 7 | Shad Hossam Hantera | 16 | TANTA | 1:03.92 |
| 8 | Youmna Mohamed Mahmoud | 16 | SHAMS | 1:04.56 |
| 9 | Sara Hossam Eldin Mahmoud | 16 | AHLY | 1:04.88 |
| 10 | Amina Zaky Mohamed Zaky | 16 | Sporting | 1:05.71 |

Heat 7 of 7 Finals

| | | | | |
|----|---------------------------|----|--------|---------|
| 1 | Nadin Adam Ahmed Foad Mo | 16 | SHAMS | 1:03.14 |
| 2 | Hader Waled abd Elfatah | 16 | DEGLA | 1:03.03 |
| 3 | Salma Alaa Mahdy | 16 | AHLY | 1:02.78 |
| 4 | Rawan Mostafa | 16 | DEGLA | 1:01.04 |
| 5 | Rawan Mohamed AboElFadl | 16 | DEGLA | 59.81 |
| 6 | Farida Tharwat Maher | 16 | AHLY | 1:00.48 |
| 7 | Dana Tamer Shafiq | 16 | HELOP | 1:02.56 |
| 8 | Norhan Mohamed Mohi Elzar | 16 | Smouha | 1:02.98 |
| 9 | Fatma Ayman Saeed Ahmed (| 16 | HELDO | 1:03.03 |
| 10 | Alaa Hossam Mohamed Moha | 16 | SHAMS | 1:03.17 |

Event 112 Boys 14 Year Olds 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|------------------------|----|----------------|---------|
| 4 | Mahmoud Mohamed Desouk | 14 | Taleaa El Gish | NT |
| 5 | Moaz Ayman Ahmed | 14 | ZMALK | 3:03.16 |
| 6 | Mohamed Hazm | 14 | Taleaa El Gish | 3:04.85 |

Heat 2 of 7 Finals

| | | | | |
|----|-----------------------------|----|-------|---------|
| 1 | Youseef Hany Fayez | 14 | ZMALK | 2:57.21 |
| 2 | Ahmed Moustafa Zakrya | 14 | ZMALK | 2:56.43 |
| 3 | Ahmed Shady Abd ElRahman | 14 | HELDO | 2:53.07 |
| 4 | Mohamed Ahmed Samy Hass | 14 | SHOOT | 2:49.14 |
| 5 | Ali Mohamed Mousa | 14 | TANTA | 2:47.47 |
| 6 | Anas Hany Shehata | 14 | TALBE | 2:47.60 |
| 7 | Moustafa Mohmoud Talaat M | 14 | HELDO | 2:49.43 |
| 8 | Yosif Moh. Fawzi Moh. Kande | 14 | GEZIR | 2:53.39 |
| 9 | Mohamed Ahmed Mohamed | 14 | TWFIK | 2:57.18 |
| 10 | Ahmed Hossam abd el Mone | 14 | TRSAN | 2:58.33 |

Heat 3 of 7 Finals

| | | | | |
|----|--------------------------|----|-------|---------|
| 1 | Ali Ahmed Saad | 14 | DEGLA | 2:47.07 |
| 2 | Karim Eslam Khaled | 14 | M.ARB | 2:44.85 |
| 3 | Ahmed Mahmoud Araby | 14 | TANTA | 2:43.85 |
| 4 | Mohamed Ali Mohamed Ali | 14 | DEGLA | 2:42.52 |
| 5 | Seif Eldien Islam Shaker | 14 | DEGLA | 2:40.20 |
| 6 | Ammar Mohamed el Gnedy | 14 | TRSAN | 2:40.36 |
| 7 | Mohaned Zeyad Mohammed | 14 | TALBE | 2:43.04 |
| 8 | Abdalla Mohamed Hassan | 14 | AHLY | 2:44.64 |
| 9 | Mohamed Tarek Ahmed | 14 | GHABA | 2:46.71 |
| 10 | Yousof Mohamed Hafez | 14 | TANTA | 2:47.46 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Mostafa Tamer Mamdouh | 14 | Baladyat El Maha | 2:38.92 |
| 2 | Kareem Mohamed Fouad Alg | 14 | TWFIK | 2:38.49 |
| 3 | Yassin Moataz Zakaria | 14 | AHLY | 2:36.61 |
| 4 | Mohamed Yasser Mohmoud | 14 | ZMALK | 2:36.31 |
| 5 | Ziyad Walid Nabiil | 14 | Sporting | 2:35.93 |
| 6 | Ahmed Sameh | 14 | GHABA | 2:36.14 |
| 7 | Adham Monir Mohamed | 14 | MAY15 | 2:36.39 |
| 8 | Houssein Salem Sayed | 14 | Canal El Suez | 2:37.66 |
| 9 | Mohamed Hassan Hafez | 14 | AHLY | 2:38.74 |
| 10 | Adham Moh. Galal ElDin ElSa | 14 | GEZIR | 2:39.66 |

Heat 5 of 7 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Youssef Alaa Mohamed | 14 | DEGLA | 2:34.25 |
| 2 | Ahmed Alaa Mahdy | 14 | AHLY | 2:32.83 |
| 3 | Mohamed Elsaied El Eraqy | 14 | Baladyat El Maha | 2:32.60 |
| 4 | Ahmed Mohamed Ezzt Alhdedi | 14 | 6 OCT | 2:32.37 |
| 5 | Yousif Mohamed Soliman Om | 14 | Smouha | 2:32.05 |
| 6 | Omar Ahmed Hassan Ryaan | 14 | SHAMS | 2:32.36 |
| 7 | Ahmed Adel Eshak | 14 | DEGLA | 2:32.59 |
| 8 | Yasin Housam Fyd Altranesy | 14 | 6 OCT | 2:32.72 |
| 9 | Mohamed Mahmoud Attia | 14 | DEGLA | 2:33.05 |
| 10 | Omar Tarek Omar el Koly | 14 | Al Hawar | 2:34.97 |

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Heat 6 Finals (#112 Boys 14 Year Olds 200 LC Meter Butterfly)

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Mohamed Ezat Ali Elgzar | 14 | Smouha | 2:30.78 |
| 2 | Iyad Mohamed Abdel Azem e | 14 | Al Hawar | 2:29.12 |
| 3 | Khaled Mhmoud Mostfa Ali | 14 | 6 OCT | 2:28.76 |
| 4 | Ahmed Beshar Mostafa Moha | 14 | 6 OCT | 2:28.08 |
| 5 | Ahmed Mohamed Moharam | 14 | Mansoura | 2:28.03 |
| 6 | Yossef Magdy el Azhary | 14 | HELOP | 2:28.04 |
| 7 | Ahmed Hesham Mohsen | 14 | AHLY | 2:28.59 |
| 8 | Waleed Samer Mahmoud | 14 | AHLY | 2:29.02 |
| 9 | Marwan Mostafa Mohamed M | 14 | Smouha | 2:29.51 |
| 10 | Mohamed Khaled Mohamed : | 14 | DEGLA | 2:31.45 |

Heat 7 of 7 Finals

| | | | | |
|----|--------------------------|----|------------------|---------|
| 1 | Ahmed Ayman Mohamed abc | 14 | Stad Mansoura | 2:27.01 |
| 2 | Moaz Mohamed Samer abd. | 14 | Stad Mansoura | 2:25.10 |
| 3 | Nadem Kram Mohamed | 14 | HELOP | 2:22.96 |
| 4 | Yousef Adel Ramadan | 14 | SHAMS | 2:19.51 |
| 5 | Mohamed Yaser Omar | 14 | Raas El Bar Club | 2:17.77 |
| 6 | Mohamed Tarek Rashad Abd | 14 | SHAMS | 2:18.33 |
| 7 | ali Mohamed Sarwat | 14 | HELOP | 2:21.85 |
| 8 | Mohnad Khaled Mohamed M. | 14 | SHOOT | 2:24.02 |
| 9 | Sife Mohamwd Saber | 14 | ZMALK | 2:26.85 |
| 10 | Ahmed Amgad Ahmed | 14 | AHLY | 2:27.55 |

Event 113 Boys 15 Year Olds 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|--------------------------|----|--------|---------|
| 4 | abd Elrahman Saeed Moham | 15 | ZMALK | 3:14.34 |
| 5 | Mohamed Wael Marwan ElB | 15 | SHAMS | 2:52.14 |
| 6 | Adel Mohamed Adel | 15 | RWAD | 2:56.04 |
| 7 | Adam Samer AbdElghany Mg | 15 | Smouha | NT |

Heat 2 of 6 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Moaz Emad Gamal | 15 | Al Shekh Zaeid | 2:46.84 |
| 2 | Abdelrhman Mhmoud Mohar | 15 | 6 OCT | 2:43.18 |
| 3 | SifEldin Hossam Mohamed El | 15 | Smouha | 2:41.96 |
| 4 | Adel Amr Adel | 15 | Sporting | 2:40.07 |
| 5 | Youssef Ahmed Taha | 15 | ZMALK | 2:38.72 |
| 6 | Ali Hesham Moh. Fekre Shrif | 15 | GEZIR | 2:39.53 |
| 7 | Nizar Osama Ameer | 15 | SHOOT | 2:41.07 |
| 8 | Yousef Ahmed Abdel Monem | 15 | 6 OCT | 2:42.76 |
| 9 | Badr Mohamed Badr | 15 | ZMALK | 2:45.16 |
| 10 | Mohamed Ahmed Ramzy Mal | 15 | GHABA | 2:51.65 |

Heat 3 of 6 Finals

| | | | | |
|----|---------------------------|----|-----------|---------|
| 1 | Mohamed Samy Maher | 15 | AHLY | 2:36.29 |
| 2 | Mohmed Ashraf Salah | 15 | DEGLA | 2:35.95 |
| 3 | Moustafa Hany Mohamed Rel | 15 | HELDO | 2:35.09 |
| 4 | Ahmed Afefy Abdelmaqsoud | 15 | ZMALK | 2:34.10 |
| 5 | Esmail Shref Adel | 15 | HELOP | 2:33.67 |
| 6 | Abd Alla Nabil Eprahem | 15 | SHOOT | 2:33.94 |
| 7 | Mohamed Hany Abdelwahed | 15 | AHLY | 2:34.81 |
| 8 | Mohamed Hassan Mohamed | 15 | MAY15 | 2:35.36 |
| 9 | Basel Mohamed abd Alrhmar | 15 | Nasr City | 2:36.04 |
| 10 | Marwan Mohamed Elsayed | 15 | NASR | 2:37.30 |

Heat 4 of 6 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Yousry Mohamed Yousry Zak | 15 | TANTA | 2:32.74 |
| 2 | abd Alaa Mohamed Salah | 15 | ZMALK | 2:32.25 |
| 3 | Ibrahim Waleed Ibrahim Hus | 15 | Smouha | 2:30.37 |
| 4 | Adham Ahmed Mohamed | 15 | GHABA | 2:29.15 |
| 5 | Ahmed Yaser Samy Borham | 15 | Al Hawar | 2:27.92 |
| 6 | Ahmed Khaled Aly El Din | 15 | TANTA | 2:29.07 |
| 7 | Yossif Mohamed Ahmed Sadk | 15 | Sporting | 2:29.20 |
| 8 | Yousef Sherif Fthey | 15 | 6 OCT | 2:31.24 |
| 9 | Abdelmalek Ahmed Khalifa | 15 | DEGLA | 2:32.69 |
| 10 | Seif ElIslam Ahmed Mahmoud | 15 | SHAMS | 2:33.05 |

Heat 5 of 6 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | abd Elrahman Tarek Mohame | 15 | Stad Mansoura | 2:27.71 |
| 2 | Adham Jihad Abd Elmonaim | 15 | SHOOT | 2:25.74 |
| 3 | Moamen Hosam El Din | 15 | TANTA | 2:24.44 |
| 4 | Youssef Mohamed Barakat | 15 | AHLY | 2:23.36 |
| 5 | Yasin Alaa Ibrahim Elbieh | 15 | Smouha | 2:22.21 |
| 6 | Houssen Talal Houssen Sayd | 15 | 6 OCT | 2:22.55 |
| 7 | Amr Mohamed Saad Bayomy | 15 | Al Hawar | 2:23.94 |
| 8 | Mohamed Wael Metwaly | 15 | AHLY | 2:25.65 |
| 9 | Omr Mohamed Salah Moslhy | 15 | 6 OCT | 2:26.83 |
| 10 | Hazem Waheed Ibrahim | 15 | RWAD | 2:27.73 |

Heat 6 of 6 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Islam EL Sayed Mabrouk | 15 | SHAMS | 2:20.48 |
| 2 | Ahmed Taher Allam | 15 | Stad Mansoura | 2:19.57 |
| 3 | Seif Mohamed Mohamed | 15 | DEGLA | 2:15.98 |
| 4 | Mohamed Mostafa Mohamed | 15 | DEGLA | 2:14.55 |
| 5 | Ahmed Tarek Mohamed | 15 | SHOOT | 2:10.03 |
| 6 | Selim Moh. Ahm. Moktar Has. | 15 | GEZIR | 2:11.81 |
| 7 | Fares Mohamed Farouk | 15 | HELOP | 2:15.39 |
| 8 | Zeyad Said Bahgat | 15 | AHLY | 2:19.20 |
| 9 | Adam Karim AL Kady | 15 | SHOOT | 2:20.22 |
| 10 | Mohaned Alaa Mahmod Ali | 15 | Smouha | 2:21.66 |

Event 114 Boys 16 Year Olds 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|--------------------------|----|-----------|---------|
| 2 | Nour Aldeen Ahmed Hassen | 16 | Nasr City | 2:54.12 |
| 3 | Mohamed Ahmed Al Shereif | 16 | SHOOT | 2:41.18 |
| 4 | Mahmoud Essam El Din Abd | 16 | ZOHUR | 2:33.33 |
| 5 | Adham Tarek Mohamed Elmc | 16 | SHAMS | 2:31.39 |
| 6 | Karim Mohamed Tawfek | 16 | DEGLA | 2:32.32 |
| 7 | Yehia Ali Yehia Hassan | 16 | HELDO | 2:35.37 |
| 8 | Hazem Amr Saeed Ahmed | 16 | ZMALK | 2:52.10 |

Heat 2 of 4 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Eslam Mohamed Taha | 16 | AHLY | 2:30.68 |
| 2 | Mohamed Ahmed Essam Akl | 16 | Smouha | 2:30.41 |
| 3 | Omar Hosam Mohamed Attyy | 16 | Al Hawar | 2:29.03 |
| 4 | Ali Ashraf Hussin | 16 | HELOP | 2:25.13 |
| 5 | Marawan Ramadan Abdel-Fa | 16 | AHLY | 2:24.84 |
| 6 | Amr Khaled Elsaid Elhnwi | 16 | DEGLA | 2:24.92 |
| 7 | Mohamed Youssry Hussion | 16 | MAY15 | 2:25.67 |
| 8 | Omar Tamer Farok Sayed Ha | 16 | MAADI | 2:29.80 |
| 9 | Zeiad Hamdy Amin Ossman | 16 | ZMALK | 2:30.49 |
| 10 | Yousef Ekramy Abdel Fattah | 16 | Gezira El Ward | 2:31.34 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#114 Boys 16 Year Olds 200 LC Meter Butterfly)

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Seif El-Din Hatem Taha | 16 | AHLY | 2:23.61 |
| 2 | Abdel Rahman Tarik | 16 | GHABA | 2:23.20 |
| 3 | Mohamed Gamal Ebrahim | 16 | DEGLA | 2:22.34 |
| 4 | Gamal Aymn Gamal abd el M | 16 | SHAMS | 2:20.84 |
| 5 | Yousof Yaser Shaaban | 16 | TANTA | 2:18.81 |
| 6 | Mohamed Ashraf Abdel Ghaf | 16 | DEGLA | 2:19.30 |
| 7 | Yousef Akram Hassan Afefe | 16 | HELOP | 2:20.95 |
| 8 | Mazen Mahmoud Fathy | 16 | TALBE | 2:22.40 |
| 9 | amr Hesham Bayomy | 16 | Cairo | 2:23.30 |
| 10 | Karim Assem Hmad Kasem | 16 | 6 OCT | 2:24.39 |

Heat 4 of 4 Finals

| | | | | |
|----|---------------------------|----|------------------|---------|
| 1 | Ahmed Moataz Abdel-Aziz | 16 | AHLY | 2:17.68 |
| 2 | Omar Ahmed Salem Hamoda | 16 | Smouha | 2:16.30 |
| 3 | Saif ElDin Aiman Ahmed | 16 | DEGLA | 2:15.13 |
| 4 | Saied Mohamed Abd Elgawac | 16 | Sporting | 2:13.84 |
| 5 | Yassin Ayman Ali Toulba | 16 | SHOOT | 2:06.66 |
| 6 | Basel Mohamed Ahmed | 16 | Elethead | 2:08.67 |
| 7 | Moustafa Tarik Moustafa | 16 | HELOP | 2:14.77 |
| 8 | Shady Mahmoud Nader | 16 | AHLY | 2:15.79 |
| 9 | Ali Mogeib Salah El Din | 16 | TALBE | 2:17.17 |
| 10 | Ziad Esam Elhendy | 16 | Raas El Bar Club | 2:18.31 |

Event 115 Girls 14 Year Olds 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 9 Finals

| | | | | |
|---|-----------------------|----|------------------|----|
| 4 | Shahenda Hesham Helal | 14 | Raas El Bar Club | NT |
| 5 | Malek aly Abdallah | 14 | BNKG | NT |
| 6 | Yara Waled Saed | 14 | TAGAM | NT |

Heat 2 of 9 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Gody Tarik Salah Elwilily | 14 | Smouha | NT |
| 2 | Yasmin Ahmed El Tahlawy | 14 | AHLY | NT |
| 3 | Rawan Mohamed Zakaria | 14 | BNKG | 54.56 |
| 4 | Naghaym Ayman Ibrahim | 14 | ZOHUR | 52.76 |
| 5 | Malak Gamal Matwally | 14 | ZOHUR | 50.68 |
| 6 | Mariam Mohamed Hamdy So | 14 | MRAC | 52.36 |
| 7 | Habiba Ehab Hassan Ebrahim | 14 | 6 OCT | 53.46 |
| 8 | Hanen Ehab Hassan | 14 | MAY15 | 56.11 |
| 9 | Dareen Mohamed Ahmed | 14 | Telephonat B.N.S | NT |
| 10 | Dima Mahmoud Al Janini | 14 | Taleaa El Gish | NT |

Heat 3 of 9 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Nadine Ahmed Abdel Maabou | 14 | Taleaa El Gish | 49.68 |
| 2 | Joanna Ateef Gatas | 14 | ZMALK | 49.39 |
| 3 | Yosr Wael Gmal | 14 | HELOP | 48.97 |
| 4 | Gana Mohamed abd el Salam | 14 | AHRAM | 47.69 |
| 5 | Alea Ahm. Adel Abd Elrahma | 14 | GEZIR | 46.55 |
| 6 | Salma Abd Ella Abd Elhamee | 14 | TALBE | 47.57 |
| 7 | Martina Magdy Bekhet | 14 | ZMALK | 48.85 |
| 8 | Zenab Moh. Ibrahim Aly | 14 | GEZIR | 49.31 |
| 9 | Arwa Mohammed Zakaria | 14 | BNKG | 49.45 |
| 10 | Judy Hossam Eldin Abdelaz | 14 | Nasr City | 50.47 |

Heat 4 of 9 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Sherifa Maged | 14 | Sporting | 45.75 |
| 2 | Hanan Aaelf Hossien | 14 | TALBE | 45.19 |
| 3 | Rawan Islam Amr | 14 | AHLY | 44.78 |
| 4 | Amal Atef Ahmed | 14 | ZMALK | 44.36 |
| 5 | Marim Mohamed Osman | 14 | NASR | 44.29 |
| 6 | Habiba Mohamed Moustafa | 14 | HELOP | 44.31 |
| 7 | Esraa Nasser Mahdy | 14 | ZOHUR | 44.47 |
| 8 | Shahd Akml Mohamed Moha | 14 | 6 OCT | 44.83 |
| 9 | Sama Mohamed Sharaf | 14 | TALBE | 45.31 |
| 10 | Fareh Yasser Mohamed Samy | 14 | SHAMS | 46.52 |

Heat 5 of 9 Finals

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Arwa Sherif Mohamed Samy | 14 | SHOOT | 44.23 |
| 2 | Mariam Mohamed Abbas | 14 | AHLY | 43.73 |
| 3 | Nour Ahmed Ibrahim Sarhan | 14 | MAADI | 43.60 |
| 4 | Mariam Ahmed Mohamed Ta | 14 | SHOOT | 43.45 |
| 5 | Kariman Mohamed Zaki ali | 14 | DEGLA | 43.23 |
| 6 | Kenzy Amr El Sayed | 14 | TANTA | 43.31 |
| 7 | Nouran Marawan Ramadan | 14 | AHLY | 43.51 |
| 8 | Hana Walid Mohamed | 14 | AHLY | 43.64 |
| 9 | Salma Samir abd el Azim | 14 | TRSAN | 44.15 |
| 10 | Farida Talaat Lotfy Singer | 14 | HELDO | 44.25 |

Heat 6 of 9 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Jana Alaa | 14 | Sporting | 42.78 |
| 2 | Sarah Hesham Abd El Hamid | 14 | MAY15 | 42.56 |
| 3 | Haneen amr Abdelaziz | 14 | Cairo | 42.38 |
| 4 | Rokaya Khalid El Masry | 14 | Sporting | 42.23 |
| 5 | Logyne Haitham Saad Mahm | 14 | DEGLA | 41.30 |
| 6 | Hana Hisham Mohamed Yous | 14 | Smouha | 42.16 |
| 7 | Judy Awwad Mohamed | 14 | ZOHUR | 42.32 |
| 8 | Malak Hesham Ahmed | 14 | ZMALK | 42.55 |
| 9 | Jana Mohamed Elhalawany | 14 | DEGLA | 42.77 |
| 10 | Lamar Ebrahim Foaad | 14 | MARB | 43.01 |

Heat 7 of 9 Finals

| | | | | |
|----|-----------------------------|----|-----------|-------|
| 1 | Fareh Shiref Hassan Ahmed A | 14 | SHAMS | 41.00 |
| 2 | Sara Mohamed Ezzat | 14 | HELOP | 40.39 |
| 3 | Rana Walid Ahmed | 14 | SHOOT | 40.34 |
| 4 | Sara Saeid Fathy Elsaied | 14 | Nasr City | 40.20 |
| 5 | Reham Amr Basha | 14 | TANTA | 40.07 |
| 6 | Ganna Ahmed Yousof | 14 | TANTA | 40.08 |
| 7 | Rawda Ashrif Ramdan | 14 | MAY15 | 40.28 |
| 8 | Nour Mohamed Fathy | 14 | SHOOT | 40.38 |
| 9 | Gana Ashraf Abd El Hafez Mo | 14 | SHOOT | 40.68 |
| 10 | Sama Houssen Zahyan | 14 | ZMALK | 41.03 |

Heat 8 of 9 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Shams Anas Hessen Elsherif | 14 | SHAMS | 39.52 |
| 2 | Mariam amr Mohamed | 14 | DEGLA | 39.13 |
| 3 | Basmalah Gomaa Ali | 14 | Bank Ahly Alex | 39.08 |
| 4 | Gana Mohamed Abd ElSamed | 14 | SHOOT | 37.89 |
| 5 | Rewan Sherief Zayan | 14 | Olympic | 37.82 |
| 6 | Gana Mohamed Ahmed Salan | 14 | GHABA | 37.82 |
| 7 | Sandra Medhat Mohamed | 14 | AHLY | 38.79 |
| 8 | Razan Mohamed Beshar Adb | 14 | DEGLA | 39.12 |
| 9 | Malak Khaled Ahmed Abdalla | 14 | DEGLA | 39.17 |
| 10 | Shza Ahmed Hmdy Ahmed | 14 | 6 OCT | 39.55 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 9 Finals (#115 Girls 14 Year Olds 50 LC Meter Breaststroke)

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Sara Elhamy Foad Abd El Sall | 14 | MAADI | 37.23 |
| 2 | Nour Mohamed Hossain | 14 | SHOOT | 36.83 |
| 3 | Shahd Mohamed Ismael | 14 | Smouha | 36.63 |
| 4 | Nourhan Mohamed Moharan | 14 | TANTA | 36.55 |
| 5 | Rawan Wael | 14 | AHLY | 35.93 |
| 6 | Goudy Abdelhalem Fathala Z | 14 | Bank Ahly Alex | 36.28 |
| 7 | Nadin Ayman Hessien | 14 | DEGLA | 36.58 |
| 8 | Farah Hassan Ragab | 14 | Y.M.C.A | 36.79 |
| 9 | Maryam Emad Mohamed Elh | 14 | Gezira El Ward | 37.08 |
| 10 | Rodaina Mohamed Mohamed | 14 | Nasr City | 37.40 |

Event 116 Girls 15 Year Olds 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|----------------------------|----|----------------|-------|
| 1 | Menha Magdy Mohamed Gad | 15 | Taleaa El Gish | NT |
| 2 | Selen Shrif Hamed | 15 | ZMALK | 53.34 |
| 3 | Merna Mahmoud Kassem | 15 | AHLY | 51.01 |
| 4 | Dana Mostafa Abdel Monieim | 15 | HELDO | 47.52 |
| 5 | Sara Moustafa Adnan | 15 | SHOOT | 46.50 |
| 6 | Nour Khaled Mohamed | 15 | SHOOT | 46.79 |
| 7 | Lojain Mohamed Magdy Ham | 15 | MAADI | 50.45 |
| 8 | Laila Mohamed Fekry | 15 | M.S Tagamoa | 52.54 |
| 9 | Rawan Al Sayed Abdel Mohss | 15 | Canal El Suez | NT |

Heat 2 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Gana Khaled Adel | 15 | SHOOT | 45.97 |
| 2 | Nada Masbah Mohamed | 15 | ENPPI | 45.22 |
| 3 | Malak Sameh Nageb | 15 | HELOP | 44.86 |
| 4 | Malak Qazzafi Shehata | 15 | GHABA | 43.50 |
| 5 | Wlaa Wahed | 15 | Taleaa El Gish | 42.94 |
| 6 | Robaa Haythem Mostafa abd | 15 | Nasr City | 43.44 |
| 7 | Karen Shref Kastor | 15 | HELOP | 44.36 |
| 8 | Rodaina Mohamed Zaki | 15 | AHLY | 45.07 |
| 9 | Merna Adel Elsayed | 15 | AHLY | 45.61 |
| 10 | Mariam Ramy Ehab Eldin | 15 | AHLY | 46.24 |

Heat 3 of 5 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Sohaila Mohamed abd Elsalai | 15 | DEGLA | 42.28 |
| 2 | Laila Khaled Faheem | 15 | M.ARB | 41.72 |
| 3 | Mariam Hossam | 15 | DEGLA | 41.45 |
| 4 | Salma Mohamedf Abdel Salar | 15 | HELDO | 41.27 |
| 5 | Alia Mohamed Soleman | 15 | ZMALK | 41.12 |
| 6 | Dalya Ahmed Abdel Salam | 15 | MAY15 | 41.14 |
| 7 | Yara Mohamed Shaaban | 15 | RWAD | 41.27 |
| 8 | Mennatalh Walid Elsayd Moh | 15 | GEZIR | 41.71 |
| 9 | Habiba Ayman Mahmoud Hai | 15 | Bank Ahly Alex | 41.79 |
| 10 | Marim Wail Kamal Farag | 15 | SHOOT | 42.80 |

Heat 4 of 5 Finals

| | | | | |
|----|--------------------------|----|----------|-------|
| 1 | Gana Ragab Ramdan | 15 | ZMALK | 40.68 |
| 2 | Alia Slah Elden Ahmed | 15 | HELOP | 40.63 |
| 3 | Lojain Hesham Mohamed | 15 | Cairo | 40.11 |
| 4 | Lele Mohamed Mostafa | 15 | ENPPI | 39.78 |
| 5 | Nour Yasser Ahmed | 15 | ZOHUR | 39.36 |
| 6 | Jomana Ehab Shabana | 15 | Smouha | 39.49 |
| 7 | Malak Yasser Mohamed Ham | 15 | DEGLA | 40.04 |
| 8 | Mariam Safwat Saleh | 15 | ZOHUR | 40.57 |
| 9 | Jana Khalid | 15 | Sporting | 40.68 |
| 10 | Habiba Mohamed Abdallah | 15 | DEGLA | 40.95 |

Heat 5 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Razan Ahmed Hosny | 15 | DEGLA | 37.82 |
| 2 | Hanin Ashraf aly | 15 | Olympic | 37.57 |
| 3 | Laila Ahmed Adel El Kholy | 15 | MAADI | 37.11 |
| 4 | Gana Nasr El Din Ali | 15 | Sporting | 35.88 |
| 5 | Sara Soliman Said | 15 | AHLY | 33.98 |
| 6 | Lian Shady Sabry | 15 | HELOP | 35.30 |
| 7 | Ngm Osama Mohamed Ahme | 15 | 6 OCT | 36.23 |
| 8 | Karma Ahmed Nabil | 15 | SHOOT | 37.12 |
| 9 | Tasnem Mohamed Mohamed | 15 | Smouha | 37.70 |
| 10 | Lobna Ahmed Khalifa | 15 | Bank Ahly Alex | 38.05 |

Event 117 Girls 16 Year Olds 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|----------------------------|----|-------------|-------|
| 1 | Rbab Mohamed Ebrahim Salef | 16 | 6 OCT | 50.16 |
| 2 | Mariam Madhat Moustafa | 16 | M.S Tagamoa | 48.48 |
| 3 | Mariam Mostafa Adnan Ahme | 16 | SHOOT | 46.68 |
| 4 | Mareina Ehab Karam | 16 | ZMALK | 45.07 |
| 5 | Nouran Khaled Said Saleh | 16 | TRSAN | 43.48 |
| 6 | Amina Maged | 16 | Sporting | 43.84 |
| 7 | Fatma Hisham Sarwt | 16 | Sporting | 45.37 |
| 8 | Basant Ahmed Abd Al-Aaty | 16 | SHAMS | 48.44 |
| 9 | Mariam Ahmed Hamdy | 16 | NASR | 49.62 |

Heat 2 of 4 Finals

| | | | | |
|----|-----------------------------|----|---------------|-------|
| 1 | Yasmen Samer Mahmoud | 16 | AHLY | 43.30 |
| 2 | Nour Mohamed Abdel Fattah | 16 | HLWAN | 42.78 |
| 3 | Hidy Mohamed Ramadan | 16 | TANTA | 42.62 |
| 4 | Malak Hesham Samir | 16 | AHLY | 42.45 |
| 5 | Yara Hatem Fouad Al Gamy | 16 | ZMALK | 41.52 |
| 6 | Salma Amro Moh. Abd Elfatal | 16 | GEZIR | 41.60 |
| 7 | Nada abd el Kader Ebrahim | 16 | Stad Mansoura | 42.59 |
| 8 | Nada Haytham El Sayed Heik | 16 | HELDO | 42.67 |
| 9 | Jana Ahmed Abdelhakim | 16 | GHABA | 43.13 |
| 10 | Nourhan Essam El Din Fatthy | 16 | ZOHUR | 43.47 |

Heat 3 of 4 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Naghm Mohamed Slah | 16 | GHABA | 41.06 |
| 2 | Gana Sayed Shaker | 16 | TRSAN | 40.65 |
| 3 | Younna Mohamed Seif El Din | 16 | TRSAN | 40.22 |
| 4 | Habiba Khaled Ahmed | 16 | DEGLA | 39.81 |
| 5 | Hana Ahmed Yousof | 16 | TANTA | 38.75 |
| 6 | Hana Tarek Fared | 16 | SHOOT | 38.76 |
| 7 | Amina Zaky Mohamed Zaky | 16 | Sporting | 40.13 |
| 8 | Malak Amr Essmat Mohamed | 16 | ZOHUR | 40.48 |
| 9 | Mariam Yieha Hasan | 16 | HELOP | 40.87 |
| 10 | Lobna Hossam Mohamed | 16 | AHLY | 41.39 |

Heat 4 of 4 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Sohyla amr abd el Hakeem | 16 | Cairo | 38.37 |
| 2 | Maia Ashraf Hakam | 16 | DEGLA | 38.34 |
| 3 | Hoda Hosam Hosny | 16 | DEGLA | 37.90 |
| 4 | Toka Ahmed Khalifa Mohame | 16 | Bank Ahly Alex | 36.52 |
| 5 | Dina Mosaad El Taiybe | 16 | Sporting | 35.02 |
| 6 | Habiba Hesham Mostafa Harr | 16 | DEGLA | 36.42 |
| 7 | Salma Sherif Hussien Moham | 16 | MAADI | 37.53 |
| 8 | Renada Ayman Ismail Emam | 16 | 6 OCT | 37.98 |
| 9 | Soaad Mohamed Elsaid Ibrah | 16 | Smouha | 38.36 |
| 10 | Haya Amr Kamal Eldin | 16 | HELOP | 38.61 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 118 Boys 14 Year Olds 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|----------------------------|-------------------------------|-----|------------------|-----------|
| Heat 1 of 19 Finals | | | | |
| 4 | Mohamed Ibrahim Desuky | 14 | Canal El Suez | NT |
| 5 | Salih Samy Hassan abo Ghada | 14 | Raas El Bar Club | NT |
| 6 | Mustafa Sayed Hussein Abdel | 14 | Beni Suef Club | NT |
| Heat 2 of 19 Finals | | | | |
| 1 | Amr Mohamed Ibrahim | 14 | ELCTR | NT |
| 2 | Maher Mohamed Mohamed | 14 | Raas El Bar Club | NT |
| 3 | Mohamed Hisham Ali Elemar | 14 | Taleaa El Gish | NT |
| 4 | Sief El Dien Tamer | 14 | Misr | 1:27.44 |
| 5 | Mostafa Abdeljalil Ahmed | 14 | HLWAN | 1:22.03 |
| 6 | Abdelrahman Khaled Mahmo | 14 | Taleaa El Gish | 1:22.44 |
| 7 | Abdel Rahman Ashraf Salah M | 14 | Misr | 1:35.61 |
| 8 | Belal Tamer Abas | 14 | Canal El Suez | NT |
| 9 | Mostafa Ahmed Mostafa | 14 | Telephonat B.N.S | NT |
| Heat 3 of 19 Finals | | | | |
| 1 | Moustafa Shapan | 14 | Taleaa El Gish | 1:21.46 |
| 2 | Haytham Hesham Yehia Mou | 14 | HLWAN | 1:19.32 |
| 3 | Abd Alla Karim Ashraf Mahgc | 14 | GEZIR | 1:18.38 |
| 4 | abd el Rahman Alaa Ibrahim | 14 | MAY15 | 1:17.74 |
| 5 | Sameh Mohamed Sameh | 14 | Police Club | 1:16.12 |
| 6 | Mohamed Mamdouh Hosny F | 14 | RWAD | 1:16.47 |
| 7 | Ahmedd Maged Khorshed | 14 | HELOP | 1:18.28 |
| 8 | Mohamed Badeaa Ibrahim | 14 | Mansheit Naser | 1:19.02 |
| 9 | Mohamed Ashraf Gamal Elde | 14 | RWAD | 1:19.68 |
| 10 | Mohab Mohamed Sand | 14 | Taleaa El Gish | 1:21.62 |
| Heat 4 of 19 Finals | | | | |
| 1 | Karim Waleed Abdelfatah | 14 | MRAC | 1:15.68 |
| 2 | Youssef Mohamed Adbel Rah | 14 | MAY15 | 1:15.38 |
| 3 | Amar Yasser ail | 14 | MAY15 | 1:14.24 |
| 4 | Mohamed Abd El Kader Abo l | 14 | ZOHUR | 1:14.11 |
| 5 | Ali Ibrahim Ahmed | 14 | ZOHUR | 1:13.64 |
| 6 | Eyad Mohamed Mosad | 14 | MAY15 | 1:13.89 |
| 7 | Ahmed Hossam Mohamed At | 14 | SHAMS | 1:14.15 |
| 8 | Ahmed Ramadan Mohamed | 14 | RWAD | 1:14.48 |
| 9 | Mohamed Mohamed Hashm | 14 | MAY15 | 1:15.53 |
| 10 | Adham Amro Nabhan Kadah | 14 | GEZIR | 1:15.79 |
| Heat 5 of 19 Finals | | | | |
| 1 | Yassen Saied | 14 | TALBE | 1:13.60 |
| 2 | Ahmed Mohamed Mosaad | 14 | TALBE | 1:13.20 |
| 3 | Abdel Aziz Yousery Abdel Azi | 14 | NASR | 1:12.53 |
| 4 | Ahmed Magdy Abd Elhakim | 14 | NASR | 1:12.10 |
| 5 | Seif Ehab Mohamed | 14 | M.ARB | 1:12.00 |
| 6 | Mohamed Hisham Mohamed | 14 | NASR | 1:12.02 |
| 7 | Yossef Moh. Ahmed Ameen | 14 | GEZIR | 1:12.15 |
| 8 | Mahmoud Mohamed Al Sayec | 14 | Al Shehk Zaeid | 1:13.15 |
| 9 | Seif Alla Amro Moh. Abd Elfat | 14 | GEZIR | 1:13.57 |
| 10 | Ziad Mohab Mostafa | 14 | TAGAM | 1:13.60 |

Heat 6 of 19 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Yousef Ibrahim abu al Majd | 14 | TALBE | 1:11.76 |
| 2 | Mohamed Taher | 14 | Mansheit Naser | 1:11.66 |
| 3 | Yousef Moustafa Fargaly | 14 | RWAD | 1:11.25 |
| 4 | Ziad Alaa Ahmed Fahim | 14 | ZOHUR | 1:10.70 |
| 5 | Al Sayed Mohamed Al Sayed | 14 | Al Shehk Zaeid | 1:10.57 |
| 6 | Mohamed Tarek Fayiz | 14 | HELOP | 1:10.65 |
| 7 | Abdelrhman Mohamed Zaki | 14 | HLWAN | 1:10.94 |
| 8 | Zayad Badr Fathallah | 14 | M.S Tagamoa | 1:11.29 |
| 9 | Mooaz Tamer El Sayeed | 14 | ZOHUR | 1:11.70 |
| 10 | Mahmoud Mohamed abd Rab | 14 | ENPPI | 1:11.77 |

Heat 7 of 19 Finals

| | | | | |
|----|---------------------------|----|------------------|---------|
| 1 | Mohamed Ashraf Abdelkaren | 14 | GHABA | 1:10.16 |
| 2 | Assem Asad | 14 | Taleaa El Gish | 1:09.84 |
| 3 | Yossef Mohamed Abdelzaher | 14 | Police Club | 1:09.77 |
| 4 | Omar Tarik Assem | 14 | Nasr City | 1:09.61 |
| 5 | Abdulrahman Wael Hassen | 14 | Police Club | 1:09.38 |
| 6 | Ahmed Mohamed Ahmed Sol | 14 | NASR | 1:09.54 |
| 7 | Ahmed Hassan Mohamed | 14 | ZOHUR | 1:09.76 |
| 8 | Seif Walid Hosny Ahmed | 14 | MAADI | 1:09.80 |
| 9 | Mohamed Hesham Ahmed Sa | 14 | Baladyat El Maha | 1:09.91 |
| 10 | Ahmed Saad Al Mandoh Khat | 14 | MAADI | 1:10.46 |

Heat 8 of 19 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Ahmed el Husseny | 14 | HELOP | 1:08.95 |
| 2 | Ali Ahmed Soliman Ali | 14 | RWAD | 1:08.59 |
| 3 | Abd EL Malek Ashour | 14 | SHAMS | 1:08.53 |
| 4 | Ahmed Mohamed Sallah | 14 | Mansheit Naser | 1:08.27 |
| 5 | Anas Ahmed Helmy Ahmed | 14 | SHAMS | 1:08.03 |
| 6 | Ahmed Khaled Mohamed Alr. | 14 | Taleaa El Gish | 1:08.22 |
| 7 | Mohamed Elssameldin Mahr | 14 | Cairo | 1:08.27 |
| 8 | ali Moheb Mwafy | 14 | GHABA | 1:08.59 |
| 9 | Ahmed Tarek Ahmed | 14 | HLWAN | 1:08.88 |
| 10 | Mohamed Hesham Mahmoud | 14 | Mansheit Naser | 1:09.23 |

Heat 9 of 19 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Omar Mohamed Mohamed Kl | 14 | M.ARB | 1:07.88 |
| 2 | Abd El Manaam Moh Abd Elr | 14 | GHABA | 1:07.76 |
| 3 | Mohamed AbdEl Rashed Moh | 14 | GHABA | 1:07.73 |
| 4 | Abdelrahman Medhat Ahmed | 14 | MAY15 | 1:07.65 |
| 5 | Ahmed Khdr abd Elsadc Ebra | 14 | Baladyat El Maha | 1:07.41 |
| 6 | Abdelrahman Ahmed Abdelr | 14 | Cairo | 1:07.63 |
| 7 | Mohamed Ahmed Mohamed | 14 | TWFIK | 1:07.66 |
| 8 | Mohamed Abd EL Hamid EL | 14 | HELOP | 1:07.74 |
| 9 | Karim amr Mahmoud | 14 | Nasr City | 1:07.82 |
| 10 | Ali Mohamed Samir Zaky | 14 | TRSAN | 1:07.89 |

Heat 10 of 19 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Ahmed Yasser Yehia | 14 | Cairo | 1:07.25 |
| 2 | Noor Eldin Mohamed Abdelw | 14 | Nasr City | 1:07.05 |
| 3 | Karim Osama Abu Zaid | 14 | TANTA | 1:06.54 |
| 4 | Mostafa Magdi Mostafa | 14 | HLWAN | 1:06.40 |
| 5 | Khaled Mhmoud Mostfa Ali | 14 | 6 OCT | 1:06.37 |
| 6 | Omar Sherif Hamed | 14 | GHABA | 1:06.38 |
| 7 | Hossam Eldin Ghsan Moham | 14 | Taleaa El Gish | 1:06.41 |
| 8 | Yousef Mohamed Farouk Sale | 14 | 6 OCT | 1:06.74 |
| 9 | Hassan Hossam Hassan Kam | 14 | SHAMS | 1:07.24 |
| 10 | Yosif Moh. Fawzi Moh. Kande | 14 | GEZIR | 1:07.30 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 11 Finals (#118 Boys 14 Year Olds 100 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Youssef Abdullah Nabil | 14 | ZOHUR | 1:06.22 |
| 2 | Ahmed Yhya Zkrya Twfek | 14 | 6 OCT | 1:05.98 |
| 3 | Karim Mohamed Mahmoud | 14 | TANTA | 1:05.83 |
| 4 | Yosef Amr Mohamed Gohar | 14 | MAADI | 1:05.71 |
| 5 | Marawan Bader Eldin Radi | 14 | SHAMS | 1:05.64 |
| 6 | Yousof Mohamed Hafez | 14 | TANTA | 1:05.64 |
| 7 | Ali Waled Yossef | 14 | GHABA | 1:05.78 |
| 8 | Yosef Ashraf Mahmoud Ashoi | 14 | MAADI | 1:05.83 |
| 9 | Mohmed Mostfa Mostfa Deso | 14 | 6 OCT | 1:06.16 |
| 10 | Marwan Mohamed Maged | 14 | Cairo | 1:06.34 |

Heat 12 of 19 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Mahmoud Hesham Mahmouc | 14 | Mansheit Naser | 1:05.33 |
| 2 | Mohamed Sameh Kayed | 14 | ZOHUR | 1:05.24 |
| 3 | amr Khaled Mohamed Mahm | 14 | ZMALK | 1:05.12 |
| 4 | Mohamed Hassan Mohamed | 14 | HLWAN | 1:04.94 |
| 5 | Loai Hany A bd EL Haliem | 14 | SHAMS | 1:04.83 |
| 6 | Mohamed Ezat Ali Elgzar | 14 | Smouha | 1:04.87 |
| 7 | Mohamed Housam Eldin | 14 | ZMALK | 1:05.03 |
| 8 | Adham Monir Mohamed | 14 | MAY15 | 1:05.21 |
| 9 | Adhm Montser Kmaal | 14 | SHOOT | 1:05.26 |
| 10 | Adham Moh. Galal Eldin ELSA | 14 | GEZIR | 1:05.42 |

Heat 13 of 19 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Marwan Mohamed Sabry | 14 | ENPPI | 1:04.69 |
| 2 | abd Elrahman Mohamed Saad | 14 | ZMALK | 1:04.35 |
| 3 | Yassen ali Yossry | 14 | HELOP | 1:04.20 |
| 4 | Mohamed Waled Ibrahim Sal | 14 | Smouha | 1:04.07 |
| 5 | Omar Khaled Khamis | 14 | A S E C | 1:03.94 |
| 6 | Mohamed Yehia aly Elshenaw | 14 | Nasr City | 1:03.96 |
| 7 | Mohammed Abdel Monem M | 14 | RWAD | 1:04.12 |
| 8 | Mazen Ashraf Mohamed Abd | 14 | Bank Ahly Alex | 1:04.34 |
| 9 | Karim Samir Mohamed | 14 | AHRAM | 1:04.45 |
| 10 | Mazen Ahmed Elsayed Helmy | 14 | Olympic | 1:04.71 |

Heat 14 of 19 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Yassin Mohamed al Brens | 14 | ZMALK | 1:03.82 |
| 2 | Karim Ahmed Maged | 14 | ZMALK | 1:03.73 |
| 3 | Basel Amir Ali Hosney | 14 | 6 OCT | 1:03.68 |
| 4 | Omar Tamer Said AbdElaziz | 14 | Smouha | 1:03.41 |
| 5 | Adham Ahmed Allaa Eldin Af | 14 | SHAMS | 1:03.07 |
| 6 | Marawan Ayman Abd El Hafiz | 14 | SHOOT | 1:03.11 |
| 7 | Aly Shref Aly Mohamed | 14 | SHOOT | 1:03.53 |
| 8 | Abd Elrahman Mohammed Z | 14 | RWAD | 1:03.71 |
| 9 | Loay Amgad el Mongy | 14 | TRSAN | 1:03.81 |
| 10 | Mostafa Tarek Hassaneen | 14 | Cairo | 1:03.92 |

Heat 15 of 19 Finals

| | | | | |
|----|--------------------------|----|--------|---------|
| 1 | Abdel Rahman Ahmed Amin | 14 | ENPPI | 1:03.00 |
| 2 | Adham Ayman Monir Hashen | 14 | TRSAN | 1:02.89 |
| 3 | Youssef Mohamed Soliman | 14 | DEGLA | 1:02.81 |
| 4 | Karim Eslam Khaled | 14 | M.ARB | 1:02.79 |
| 5 | Omar Hazem | 14 | ZMALK | 1:02.69 |
| 6 | Ahmed Yaser Mohamed | 14 | M.ARB | 1:02.71 |
| 7 | Adham Khaled Kamal | 14 | SHOOT | 1:02.79 |
| 8 | Yousef Ahmed Shalaby | 14 | TANTA | 1:02.88 |
| 9 | Adham Tarik Ali Baiuomy | 14 | Smouha | 1:02.96 |
| 10 | Omar Walid Mamdouh Al Kh | 14 | MAADI | 1:03.01 |

Heat 16 of 19 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Salah Eldin Mohamed Salahel | 14 | Cairo | 1:02.66 |
| 2 | abd Elrahman Mohamed Bad | 14 | TRSAN | 1:02.46 |
| 3 | Darren Dimitrios Chin | 14 | Sporting | 1:02.22 |
| 4 | Omar Khaled Soliman | 14 | NASR | 1:02.19 |
| 5 | Eyad Ahmed Zakaria | 14 | AHLY | 1:01.84 |
| 6 | Karim Wael Abdala Abdelgeli | 14 | Nasr City | 1:01.96 |
| 7 | omr Mohamed Fathey Yousef | 14 | Stad Mansoura | 1:02.21 |
| 8 | Marawan Hatem Abo Adma | 14 | SHOOT | 1:02.41 |
| 9 | Yosaf Tamr Mosa | 14 | TAGAM | 1:02.49 |
| 10 | Yosef Mohamed abd Elbaser | 14 | GHABA | 1:02.67 |

Heat 17 of 19 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Hesham Nader Kamal | 14 | AHLY | 1:01.74 |
| 2 | Ahmed Mohamed Baranek | 14 | DEGLA | 1:01.39 |
| 3 | Omar Ahmed Elebyary | 14 | TANTA | 1:01.29 |
| 4 | Ahmed Amgad Ahmed | 14 | AHLY | 1:01.03 |
| 5 | Mohamed Elsaid Ibrahim Ba | 14 | Stad Mansoura | 1:00.92 |
| 6 | Ali Khaled Ali | 14 | SHOOT | 1:01.00 |
| 7 | Mohmed Khaled Ookel Abdal | 14 | 6 OCT | 1:01.03 |
| 8 | Seif Ahmed Nasr | 14 | TRSAN | 1:01.30 |
| 9 | Adham Hadee Mohamed Tala | 14 | Bank Ahly Alex | 1:01.57 |
| 10 | Malek amr Mahdy | 14 | Cairo | 1:01.74 |

Heat 18 of 19 Finals

| | | | | |
|----|---------------------------|----|--------|---------|
| 1 | Yousif Mohamed Soliman Om | 14 | Smouha | 1:00.72 |
| 2 | Adam Moh. Awaad Awaad | 14 | GEZIR | 1:00.65 |
| 3 | Fares Husin Atia | 14 | TANTA | 1:00.07 |
| 4 | Mohamed Ahmed Ellethy | 14 | TANTA | 59.91 |
| 5 | Mohamed Taha Abd El Raouf | 14 | DEGLA | 59.51 |
| 6 | Mohamed Yasser Mohamed | 14 | ZMALK | 59.58 |
| 7 | Ahmed Tamer Mostafa Seed | 14 | 6 OCT | 59.98 |
| 8 | Waleed Samer Mahmoud | 14 | AHLY | 1:00.40 |
| 9 | Yasser Walid Abo Elela | 14 | AHLY | 1:00.72 |
| 10 | Mohamed Khaled Mohamed | 14 | DEGLA | 1:00.80 |

Heat 19 of 19 Finals

| | | | | |
|----|---------------------------|----|--------|-------|
| 1 | Ahmed Amr Abdel Azzim | 14 | AHLY | 58.84 |
| 2 | Ahmed Hazem Akram | 14 | DEGLA | 58.44 |
| 3 | Esmat Ashraf Esmat Hatata | 14 | Smouha | 57.76 |
| 4 | Yousif Ahmed Ragab Elsham | 14 | Smouha | 56.97 |
| 5 | Nadem Kram Mohamed | 14 | HELOP | 56.68 |
| 6 | Ahmed Wael el Mohandes | 14 | HELOP | 56.89 |
| 7 | Ziad Ehab Tawfek | 14 | DEGLA | 57.44 |
| 8 | Mohnad Khaled Mohamed M | 14 | SHOOT | 58.43 |
| 9 | Marwan Mohamed Abdallah | 14 | DEGLA | 58.45 |
| 10 | Seif Eldin Ahmed Mohamed | 14 | AHLY | 59.48 |

Event 119 Boys 15 Year Olds 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 14 Finals

| | | | | |
|---|---------------------------|----|------------------|---------|
| 3 | Mohamed Mohamed Galal | 15 | Raas El Bar Club | NT |
| 4 | Tony Ehab Youssef | 15 | Taleaa El Gish | NT |
| 5 | Hessin Ahmed Mohamed | 15 | SHARK | 1:33.87 |
| 6 | Yousef Waleed El Dawy | 15 | DEGLA | NT |
| 7 | Abdel Rahman Khaled Adnan | 15 | BNK.G | NT |

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Meet Program

Heat 2 Finals (#119 Boys 15 Year Olds 100 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Eyad Medhat Almorsy | 15 | M.S Tagamoa | 1:18.12 |
| 2 | Taha Sief Eldin | 15 | MRAC | 1:15.89 |
| 3 | Hady Ahmed Sayed Ahmed | 15 | TRSAN | 1:14.62 |
| 4 | Ahmed Mahmoud Abdullah | 15 | M.S Tagamoa | 1:13.87 |
| 5 | Ahmed Khaled Ahmed Elsher | 15 | BNK.G | 1:13.82 |
| 6 | Abdallah Hassan Mohamed | 15 | Taleaa El Gish | 1:13.83 |
| 7 | Blal Mohamed Abd Elhamed | 15 | NASR | 1:13.88 |
| 8 | Sief Aldien Maged Hasan | 15 | M.S Tagamoa | 1:14.84 |
| 9 | Mazn Essameldin | 15 | Taleaa El Gish | 1:17.45 |
| 10 | Ebrahim Mohamed Elhady | 15 | HLWAN | 1:18.97 |

Heat 3 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Ahmed Abdel Samad Ali | 15 | MAY15 | 1:13.32 |
| 2 | Anas Ahmed Elsafty | 15 | MRAC | 1:11.57 |
| 3 | Youssef Mohamed ElSayed El | 15 | SHAMS | 1:10.85 |
| 4 | Abd Alrhman Ayman Sameer | 15 | Raas El Bar Club | 1:10.54 |
| 5 | Mohamed Sherif Mohamed | 15 | ZOHUR | 1:10.08 |
| 6 | Mazen Ahmed Farouk Rashac | 15 | HELDO | 1:10.44 |
| 7 | Mohamed Ahmed Helmy | 15 | ZOHUR | 1:10.67 |
| 8 | Khalid Tahir Mohamed ali | 15 | TWFIK | 1:11.10 |
| 9 | Fahd Amgd Albyaa | 15 | Raas El Bar Club | 1:11.67 |
| 10 | Farok Mohamed Farok | 15 | HLWAN | 1:13.55 |

Heat 4 of 14 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Adem Mohamed Gamaal Ebrz | 15 | Nasr City | 1:09.45 |
| 2 | Yousf Hesham Hosny | 15 | TRSAN | 1:09.31 |
| 3 | Zeyad Essam | 15 | Baladyat El Maha | 1:08.64 |
| 4 | Hamdy Mohamed Anour | 15 | Misr | 1:08.25 |
| 5 | Sherif Samy Ahmed | 15 | AHRAM | 1:08.07 |
| 6 | Ibrahim Sherif Ibrahim Mahn | 15 | MAADI | 1:08.24 |
| 7 | Omar Nashet Emam | 15 | TAGAM | 1:08.60 |
| 8 | Abdallah Khaled | 15 | Taleaa El Gish | 1:08.98 |
| 9 | Ali Hesham Moh. Fekre Shrif | 15 | GEZIR | 1:09.34 |
| 10 | Yousef Mohmed Hashem | 15 | MAY15 | 1:09.76 |

Heat 5 of 14 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Hasan Marwan Moh. Motaz N | 15 | GEZIR | 1:07.77 |
| 2 | Mohab Mohamed Salah Hosn | 15 | HLWAN | 1:07.36 |
| 3 | Yossef Essam Mohamed Adel | 15 | GHABA | 1:07.27 |
| 4 | Yousif Mohamed Zedan | 15 | M.ARB | 1:07.26 |
| 5 | Mostafa Mohamed gad | 15 | HLWAN | 1:06.50 |
| 6 | Moustafa Hany Mohamed Rei | 15 | HELDO | 1:06.50 |
| 7 | abd Elrhman Mohamed aly | 15 | BNK.G | 1:07.26 |
| 8 | Seif El Din Mohamed Ahmed | 15 | MAADI | 1:07.27 |
| 9 | Youssef Al Moataz Mahmoud | 15 | HELDO | 1:07.75 |
| 10 | Mohamed Tamer Nabil Anwv | 15 | Taleaa El Gish | 1:08.05 |

Heat 6 of 14 Finals

| | | | | |
|----|-----------------------------|----|-----------|---------|
| 1 | Yousef Ayman Mohamed Lotf | 15 | SHAMS | 1:06.16 |
| 2 | Youssef Hisham Kamal | 15 | MRAC | 1:06.13 |
| 3 | Mohamed Ahmed Galal | 15 | ZOHUR | 1:05.86 |
| 4 | Yosef Magdy | 15 | GHABA | 1:05.63 |
| 5 | Ead Ahmed Farowk | 15 | Nasr City | 1:05.44 |
| 6 | Abd Elrahman amr abd Elkh | 15 | M.ARB | 1:05.52 |
| 7 | Hazam Tamer Mohamed | 15 | TAGAM | 1:05.67 |
| 8 | Ahmaed Abdeulnaser Mohan | 15 | ROYAL | 1:06.01 |
| 9 | Mohamed Hassan Mohamed | 15 | MAY15 | 1:06.14 |
| 10 | Hussen Ahm. Bahaa Eldin Fai | 15 | GEZIR | 1:06.37 |

Heat 7 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Ezz El Dn Ramadan El Domar | 15 | Baladyat El Maha | 1:05.29 |
| 2 | Youssef Hassan Salah | 15 | Cairo | 1:05.14 |
| 3 | Mazen Ismail Mohamed Isma | 15 | MAADI | 1:04.94 |
| 4 | Abanop Mohsen | 15 | HELOP | 1:04.73 |
| 5 | Bassem amr Ahmed | 15 | BNK.G | 1:04.38 |
| 6 | Mohamed Ashraf A bd Elazee | 15 | GHABA | 1:04.63 |
| 7 | Hazem Ahmed Mahmoud | 15 | ENPPI | 1:04.85 |
| 8 | Abdel Rahman Mostafa Abde | 15 | RWAD | 1:04.95 |
| 9 | Basel Mohamed abd Alrhmar | 15 | Nasr City | 1:05.16 |
| 10 | Seif Ahmed Mohamed | 15 | MAY15 | 1:05.41 |

Heat 8 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Tarek Ahmed Abd Elwahab | 15 | NASR | 1:04.12 |
| 2 | Karem amr Wafek | 15 | HELOP | 1:03.94 |
| 3 | Youssef Mohamed Abdallah | 15 | ZOHUR | 1:03.87 |
| 4 | Aly Osama Samer Eldhshan | 15 | GEZIR | 1:03.79 |
| 5 | Amar Yasser Mohmed | 15 | ZOHUR | 1:03.62 |
| 6 | Abd Elrahman Hisham Ahme | 15 | M.ARB | 1:03.77 |
| 7 | Mohamed Ahm. Aly Moh. Der | 15 | GEZIR | 1:03.87 |
| 8 | Ahmed Wael el Qelioby | 15 | ZMALK | 1:03.91 |
| 9 | Mohamed Sherif Mostafa Ali | 15 | TWFIK | 1:04.06 |
| 10 | Yousef Fawzy abo Shawaly | 15 | Baladyat El Maha | 1:04.29 |

Heat 9 of 14 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Omar Ahmed Hussien | 15 | Cairo | 1:03.19 |
| 2 | Adham Hossam ELDein Moha | 15 | SHAMS | 1:02.86 |
| 3 | Mohamed Hazem Mohany En | 15 | HELDO | 1:02.69 |
| 4 | Abdallah Ahmed Elsaied | 15 | Cairo | 1:02.28 |
| 5 | Badr Mohamed Badr | 15 | ZMALK | 1:02.21 |
| 6 | Omar Mohamed Mahmod Iss. | 15 | HLWAN | 1:02.27 |
| 7 | Ahmed Mohammed Hamdy S | 15 | Al Hawar | 1:02.56 |
| 8 | Sief Mohamed Salah | 15 | TANTA | 1:02.74 |
| 9 | Adham Ahmed Mohamed | 15 | GHABA | 1:03.06 |
| 10 | Omar Mostafa Hafez Mostafa | 15 | Al Hawar | 1:03.51 |

Heat 10 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Salah Ahmed Nabil Abd ElHa | 15 | SHAMS | 1:02.03 |
| 2 | Ahmed Walid Hamdy | 15 | AHRAM | 1:01.33 |
| 3 | Yousry Mohamed Yousry Zak | 15 | TANTA | 1:01.16 |
| 4 | Ali Ehab Abou Al Ezz | 15 | Raas El Bar Club | 1:01.07 |
| 5 | Mrwan Mohmed Twfik Omra | 15 | 6 OCT | 1:00.63 |
| 6 | Ibrahim Waleed Ibrahim Hus | 15 | Smouha | 1:00.93 |
| 7 | Yosef Mahmoud Said | 15 | Al Shekh Zaeid | 1:01.16 |
| 8 | Walid Salah Abdallah Khali | 15 | RWAD | 1:01.29 |
| 9 | Adham Ramy Yazed | 15 | HELOP | 1:01.77 |
| 10 | Yousof Hazem Shebl Saleh | 15 | TANTA | 1:02.14 |

Heat 11 of 14 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Abdelrahman Yasser Hassan | 15 | Cairo | 1:00.37 |
| 2 | Mohamed Ahmed Mohamed i | 15 | Smouha | 1:00.15 |
| 3 | Mostafa Adel Khalil Ibrahim | 15 | Smouha | 59.90 |
| 4 | Zeyad Karm Mohamdeen | 15 | AHLY | 59.68 |
| 5 | Ziad Abdel Ghany Osman | 15 | RWAD | 59.45 |
| 6 | Mohamed Khaled Mohamed j | 15 | ZMALK | 59.48 |
| 7 | Youssef Mohamed Barakat | 15 | AHLY | 59.77 |
| 8 | Moamen Hosam El Din | 15 | TANTA | 1:00.12 |
| 9 | Abdelrahman Osama Omar | 15 | Cairo | 1:00.16 |
| 10 | Mina Yousif Moris Mikhaee | 15 | Smouha | 1:00.37 |

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Meet Program

Heat 12 Finals (#119 Boys 15 Year Olds 100 LC Meter Freestyle)

| | | | | |
|----|--------------------------|----|----------------|-------|
| 1 | Abdelrhman Mhmoud Mohar | 15 | 6 OCT | 59.43 |
| 2 | Ahmed Hassan Alwan | 15 | ZMALK | 59.31 |
| 3 | Mostafa Magdy Nabil | 15 | AHLY | 59.25 |
| 4 | amr Tarek Alsaid Alaraby | 15 | Nasr City | 58.87 |
| 5 | Mahmoud Shehab Ahmed Mc | 15 | Bank Ahly Alex | 58.78 |
| 6 | Yahiy Osama Amara | 15 | Sporting | 58.86 |
| 7 | Omar Mohamed Shehata | 15 | DEGLA | 59.03 |
| 8 | Hazem Waheed Ibrahim | 15 | RWAD | 59.27 |
| 9 | Yahia ali eid | 15 | DEGLA | 59.41 |
| 10 | Ahmed Sameh Aly | 15 | Sporting | 59.43 |

Heat 13 of 14 Finals

| | | | | |
|----|-----------------------------|----|------------------|-------|
| 1 | Ibrahim Yaser Abdel Monaeir | 15 | Raas El Bar Club | 58.63 |
| 2 | Ahmed Awny Glal Aly | 15 | 6 OCT | 58.32 |
| 3 | Abd Elrahman Mohamed abd | 15 | M.ARB | 58.20 |
| 4 | Ahmed Hossam Abdallah | 15 | HELOP | 58.10 |
| 5 | Basel Ahmed Habeeb | 15 | SHOOT | 57.92 |
| 6 | Farouk Adel Farouk Amar | 15 | 6 OCT | 58.05 |
| 7 | Nour Eldien Amr Elsaid Moh | 15 | RWAD | 58.15 |
| 8 | Ahmed Hamdy Al Shaik | 15 | SHOOT | 58.23 |
| 9 | Mahmoud Mohamed Shams I | 15 | SHOOT | 58.60 |
| 10 | Mooataz Tarek Ibrahim Aly | 15 | AHLY | 58.64 |

Heat 14 of 14 Finals

| | | | | |
|----|----------------------------|----|---------|-------|
| 1 | Yasen Abdelaziz Mohsen Abe | 15 | 6 OCT | 57.43 |
| 2 | Mounir Ramez Mounir | 15 | SHOOT | 57.18 |
| 3 | Yousef Amr Mohamed | 15 | A S E C | 56.90 |
| 4 | Fares Mohamed Farouk | 15 | HELOP | 55.47 |
| 5 | Adham Mohamed Magdy Mal | 15 | MAADI | 54.35 |
| 6 | Ahmed Sameh Elsaid | 15 | AHLY | 54.89 |
| 7 | Adam Karim AL Kady | 15 | SHOOT | 56.19 |
| 8 | amr Mohamed Anter | 15 | ZMALK | 57.04 |
| 9 | Marawan Ahmed Abdel Moez | 15 | DEGLA | 57.35 |
| 10 | Seif Mohamed Mohamed | 15 | DEGLA | 57.48 |

Event 120 Boys 16 Year Olds 100 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|--------------------------|----|-------|---------|
| 4 | Khaled Reda Abdel Aziem | 16 | ELCTR | NT |
| 5 | Hammad Ahmed Sayed Ahme | 16 | HLWAN | 1:25.77 |
| 6 | Ibrahim Gomaa Mohamd Dei | 16 | SWEIF | NT |

Heat 2 of 12 Finals

| | | | | |
|---|----------------------------|----|----------------|---------|
| 2 | Eslam Mohamed Abdelaal | 16 | Nasr City | 1:20.27 |
| 3 | Ahmed Hafeiz | 16 | AHRAM | 1:12.75 |
| 4 | Adham Hossam Awad Ibrahim | 16 | Taleaa El Gish | 1:10.90 |
| 5 | Mazen Hassen Ibrahim Ahm | 16 | GHABA | 1:08.95 |
| 6 | Ziad Shady Mohyeldien Hash | 16 | Taleaa El Gish | 1:09.27 |
| 7 | Omar Mohamed Omar | 16 | RWAD | 1:11.55 |
| 8 | Ragheb Ahmed Ragheb | 16 | Misr | 1:16.22 |
| 9 | AlHassan Amr Fayed | 16 | Taleaa El Gish | 1:20.90 |

Heat 3 of 12 Finals

| | | | | |
|----|------------------------------|----|-------------|---------|
| 1 | Yousef Alaa Mansor | 16 | BNK.G | 1:08.38 |
| 2 | Ziad Yaser Mansour Abd El H | 16 | MAADI | 1:08.09 |
| 3 | Abdel Rahman Mohamed abd | 16 | MAY15 | 1:07.95 |
| 4 | Mrawan Hisham Lotfy | 16 | Police Club | 1:06.45 |
| 5 | Adham Mohamed Rabie Ibral | 16 | MAADI | 1:06.27 |
| 6 | Omar Hassan Mohmed | 16 | MAY15 | 1:06.31 |
| 7 | Youssef Hossam Mohamed M | 16 | Nasr City | 1:06.90 |
| 8 | Marwan Ahmed Abdalaty | 16 | MAY15 | 1:08.04 |
| 9 | Walid Salah Eldin Wahid Sala | 16 | HELDO | 1:08.10 |
| 10 | Hussin Hamdy Mohamed | 16 | HLWAN | 1:08.55 |

Heat 4 of 12 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Ahmed Hossam Salah | 16 | HLWAN | 1:05.24 |
| 2 | Moemen Kazafy Shehata Bak | 16 | MRAC | 1:04.65 |
| 3 | Yosif Ahmed Saeed Daher | 16 | NASR | 1:04.40 |
| 4 | Eyad Mohamed Abd ElMenea | 16 | TANTA | 1:04.29 |
| 5 | Ahmed Hassan Hussein abu S | 16 | HELDO | 1:03.88 |
| 6 | Mostafa Ayman Mohamed Al | 16 | ZOHUR | 1:04.25 |
| 7 | Abd Alla Mohamed Fathy | 16 | RWAD | 1:04.38 |
| 8 | Mostafa Mohamed Osman | 16 | NASR | 1:04.57 |
| 9 | Omar Waled Mostafa | 16 | GHABA | 1:04.68 |
| 10 | Kamal Yasser Kamal | 16 | MAY15 | 1:05.25 |

Heat 5 of 12 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Omar Ahmed Ibrahim Eldeso | 16 | MAADI | 1:02.77 |
| 2 | Ahmed Amr Mohamed | 16 | HELOP | 1:01.94 |
| 3 | Nour Mohamed Medhat Kam | 16 | 6 OCT | 1:01.67 |
| 4 | Ahmed Akram Mohamed | 16 | ZOHUR | 1:01.54 |
| 5 | Rashed Hany Ramadan | 16 | RWAD | 1:01.23 |
| 6 | Omar Mohamed Zakarya | 16 | TRSAN | 1:01.27 |
| 7 | Mohab Ahmed Elsisi | 16 | TWFIK | 1:01.55 |
| 8 | Marwan Ahmed Said Nabawy | 16 | SHOOT | 1:01.80 |
| 9 | Yousef Mohamed Hamed | 16 | AHRAM | 1:02.13 |
| 10 | Ahmed Mohamed El Sayed | 16 | AHRAM | 1:02.88 |

Heat 6 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mohamed Ahmed Omran Al F | 16 | AHRAM | 1:00.79 |
| 2 | Yousef Ekramy Abdel Fattah | 16 | Gezira El Ward | 1:00.65 |
| 3 | Omar Ahmed El Sherif | 16 | TANTA | 1:00.35 |
| 4 | Yousif Mohamed Anwar | 16 | HELOP | 1:00.29 |
| 5 | Ahmed Mohssein Abdel Mon | 16 | HLWAN | 1:00.18 |
| 6 | Abdel Rahman Amr Mounir | 16 | MAADI | 1:00.25 |
| 7 | Omar Mohamed Farouk Al Sl | 16 | SHOOT | 1:00.34 |
| 8 | Omar Ahmed abd Elrahman | 16 | ZMALK | 1:00.50 |
| 9 | Omar Mostafa Ismail | 16 | ZMALK | 1:00.72 |
| 10 | Yahia Mohamed Abdelaal Ebr | 16 | Nasr City | 1:01.03 |

Heat 7 of 12 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Ali Ashraf Hussin | 16 | HELOP | 59.97 |
| 2 | Mohamed Mostafa Ibrahim M | 16 | SHAMS | 59.80 |
| 3 | Yousef Emad Mohamed Al H | 16 | Gezira El Ward | 59.75 |
| 4 | Ali Tamer Mohamed | 16 | HELOP | 59.67 |
| 5 | Ibrahim Walid Fouad | 16 | Cairo | 59.59 |
| 6 | Karim Adel Ahmed Bahgat | 16 | ZOHUR | 59.60 |
| 7 | Karim Mohamed Ahmed Bad | 16 | TANTA | 59.67 |
| 8 | Ahmed Islam Mahmoud | 16 | ZMALK | 59.76 |
| 9 | Youssef Khaled Ramadan | 16 | BNK.G | 59.94 |
| 10 | Omar Akram Ibrahim | 16 | SHOOT | 1:00.17 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 8 Finals (#120 Boys 16 Year Olds 100 LC Meter Freestyle)

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Mahmoud Waleed Elmasry | 16 | Cairo | 59.37 |
| 2 | Omar Sameh Abd Al-Aziz Alsi | 16 | SHAMS | 59.16 |
| 3 | Mohamed Yaser Mohamed | 16 | GHABA | 58.85 |
| 4 | Yousef Ebrahim Mohamed | 16 | Sporting | 58.66 |
| 5 | Ibrahem Mostafa Talaat | 16 | Smouha | 58.34 |
| 6 | amr Hesham Bayomy | 16 | Cairo | 58.59 |
| 7 | Abdel Rahman Matarawy | 16 | GHABA | 58.77 |
| 8 | Yehya Waled Abdel Shafy | 16 | ZMALK | 59.13 |
| 9 | Mahmoud Moustafa El Marak | 16 | Sporting | 59.26 |
| 10 | Seif Tamer Nabil | 16 | Cairo | 59.51 |

Heat 9 of 12 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Ahmed Osama Tawfek | 16 | M.ARB | 58.25 |
| 2 | Ali Mohamed ali abd el Rahm | 16 | SHAMS | 58.09 |
| 3 | Abdel Rahman Hassan Moha | 16 | TALBE | 57.94 |
| 4 | Abdel Rahman Mohamed Gar | 16 | DEGLA | 57.72 |
| 5 | Yousef Yahya Zakriya Ramady | 16 | Sporting | 57.57 |
| 6 | Zeyad Wahied Hamdy Tawfik | 16 | SHAMS | 57.59 |
| 7 | Mohamed Essam Salah | 16 | DEGLA | 57.79 |
| 8 | Gamal Aymn Gamal abd el M | 16 | SHAMS | 57.98 |
| 9 | Fahd Mohamed aly | 16 | Olympic | 58.12 |
| 10 | Zeiad Osama Fatthy Abdel Ha | 16 | TRSAN | 58.30 |

Heat 10 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Seif Tamer Omran | 16 | DEGLA | 57.28 |
| 2 | Ahmed Osama Mohamed | 16 | Cairo | 57.27 |
| 3 | Eyad Waleed Shanan | 16 | MAADI | 57.08 |
| 4 | Sohaib Khaled Emam | 16 | AHLY | 57.03 |
| 5 | Omar Ahmed Anees | 16 | Gezira El Ward | 56.74 |
| 6 | Yousof Yaser Shaaban | 16 | TANTA | 56.88 |
| 7 | Kareem Husin Atia | 16 | TANTA | 57.08 |
| 8 | Ali Mohamed Ali Makhoulouf | 16 | ZMALK | 57.19 |
| 9 | Kristian Maged Beshher | 16 | Smouha | 57.27 |
| 10 | Hamza Hossam el Maadawy | 16 | HELOP | 57.48 |

Heat 11 of 12 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Amar Hossam Fed El Tranesy | 16 | 6 OCT | 56.63 |
| 2 | Zyad Ahmed Hesem Mahmou | 16 | GHABA | 56.56 |
| 3 | Yassin Emad Abd Elhakim | 16 | Sporting | 56.40 |
| 4 | Abdelrahman Khaled Mohme | 16 | DEGLA | 56.25 |
| 5 | Khaled Mohamed Kamel | 16 | AHLY | 55.91 |
| 6 | Aly Tamer Aly | 16 | Sporting | 56.20 |
| 7 | Mohamed Ashraf Fouad Hass | 16 | 6 OCT | 56.31 |
| 8 | Mohamed Ahmed Abdel Hak | 16 | SHOOT | 56.48 |
| 9 | Ahmed Mohamed Abdel-Fatt | 16 | AHLY | 56.57 |
| 10 | Yahia Ashraf Madkour | 16 | Smouha | 56.67 |

Heat 12 of 12 Finals

| | | | | |
|----|---------------------------|----|---------------|-------|
| 1 | Eyad Mohamed Nabih | 16 | Smouha | 55.82 |
| 2 | Saleh Hossam El Din Saleh | 16 | ZOHUR | 55.65 |
| 3 | Yosif Ahmed Abdel Mohssin | 16 | DEGLA | 55.17 |
| 4 | Waled Mohamed Sophy | 16 | Stad Mansoura | 55.10 |
| 5 | Mohamed Hesham Ismsil Ha | 16 | 6 OCT | 54.36 |
| 6 | Yasin HossamEldin | 16 | Smouha | 54.96 |
| 7 | Marwan Magdy Azzam | 16 | Olympic | 55.11 |
| 8 | Youssef Eslam Farouk | 16 | AHLY | 55.26 |
| 9 | Omar Mohamed Atef | 16 | AHLY | 55.73 |
| 10 | Mohanad Mohamed Wageh | 16 | SHOOT | 55.83 |

Event 121 Girls 14 Year Olds 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|----------------------------|----|-------|---------|
| 4 | Slma Emad Mohmed Mohme | 14 | 6 OCT | 3:16.31 |
| 5 | Nour Reda Mohmed | 14 | MAY15 | 3:14.38 |
| 6 | Arwa Sherif Mohamed Samy | 14 | SHOOT | 3:15.44 |
| 7 | Farida Talaat Lotfy Singer | 14 | HELDO | 3:28.38 |

Heat 2 of 4 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Jannah Mohamed Farouk | 14 | Sporting | 3:11.54 |
| 2 | Hana Ahmed Ateia | 14 | DEGLA | 3:09.31 |
| 3 | Karema Khaled Elbahnsy | 14 | Stad Mansoura | 3:04.79 |
| 4 | Jody Mostafa Az El Din | 14 | ENPPI | 3:02.34 |
| 5 | Sara Sameh Awad Elsaid | 14 | RWAD | 2:59.39 |
| 6 | Mariam Nasr Ahmed Said | 14 | MAY15 | 2:59.81 |
| 7 | Karma Emad Naeem Guda | 14 | HELDO | 3:03.37 |
| 8 | Goudy Wael Ahmed Abd EL M | 14 | SHAMS | 3:05.92 |
| 9 | Kenzy Walid Abdel Ghafour | 14 | AHLY | 3:11.52 |
| 10 | Nor Ahmed Ali Ahmed | 14 | Bank Ahly Alex | 3:12.49 |

Heat 3 of 4 Finals

| | | | | |
|----|---------------------------|----|------------|---------|
| 1 | Gody Tarik Salah Elwilily | 14 | Smouha | 2:56.74 |
| 2 | Aya Ashrf Ahmed Mohmed Al | 14 | 6 OCT | 2:55.26 |
| 3 | Hanin Khaled Ali El Din | 14 | TANTA | 2:53.03 |
| 4 | Lojain Osama Mohamed | 14 | DEGLA | 2:52.22 |
| 5 | Nouran Mahmoud Mohame | 14 | DEGLA | 2:43.92 |
| 6 | Nybal Esmaeel aly | 14 | Al Hawar | 2:49.23 |
| 7 | Kenzy Mohammed Farook M | 14 | Al Hawar | 2:52.56 |
| 8 | Dina Ebrahim Ebid | 14 | Sporting | 2:54.53 |
| 9 | Mariam Bassem Beshay Mou | 14 | HELDO | 2:55.41 |
| 10 | Sama Ahmed Ismail | 14 | Stad Tanta | 2:58.04 |

Heat 4 of 4 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Gody Ahmed Zaki | 14 | TANTA | 2:40.65 |
| 2 | Basant Ibrahim Mahmood | 14 | Gezira El Ward | 2:37.46 |
| 3 | Salma Ahmed Mohamed Khal | 14 | Gezira El Ward | 2:36.47 |
| 4 | Malak Mohamed Mahmoud G | 14 | MAADI | 2:34.18 |
| 5 | Zaina Mohamed Haitham Has | 14 | SHOOT | 2:23.91 |
| 6 | Kenzy Mostafa Zakaria | 14 | AHLY | 2:31.58 |
| 7 | Mena Tarek Aly | 14 | AHLY | 2:35.31 |
| 8 | Nily Kareem | 14 | SHOOT | 2:37.37 |
| 9 | Habiba Khalid Ebrahiem | 14 | TWFIK | 2:37.86 |
| 10 | Salma Ahmed ali Mostafa | 14 | GHABA | 2:42.18 |

Event 122 Girls 15 Year Olds 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|------------------------|----|-------|---------|
| 3 | Fatma Nader Glal Mhrz | 15 | 6 OCT | 3:18.66 |
| 4 | Merna Adel Elsayed | 15 | AHLY | 3:10.95 |
| 5 | Rogada Mohamed Ibrahim | 15 | AHLY | 3:01.51 |
| 6 | Rana Mohamed Tatek | 15 | GHABA | 3:08.04 |
| 7 | Krma Ahmed Elkhodary | 15 | DEGLA | 3:11.62 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#122 Girls 15 Year Olds 200 LC Meter Butterfly)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Malak Walid Ahmed | 15 | AHLY | 2:56.89 |
| 2 | Shadin Aksam Mohamed Ami | 15 | SHAMS | 2:53.16 |
| 3 | Shorouk Mohamed Belal | 15 | AHLY | 2:52.03 |
| 4 | Menat Allah Yousry Zakaria | 15 | TANTA | 2:51.13 |
| 5 | Jana Khalid | 15 | Sporting | 2:41.46 |
| 6 | Shahd Yaser Shaaban | 15 | TANTA | 2:47.04 |
| 7 | Hana Hesham Moustafa Ham | 15 | MAADI | 2:51.31 |
| 8 | Jana Mohamed Ahmed | 15 | DEGLA | 2:52.27 |
| 9 | Dareen Amgad Emad | 15 | ZOHUR | 2:54.18 |
| 10 | Anan Abd Elrahman Ahmed | 15 | SHOOT | 2:59.21 |

Heat 3 of 3 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Shahd Sameh Safouat Shaaba | 15 | HELDO | 2:37.39 |
| 2 | Fatma Mohamed Klel Ebrahim | 15 | 6 OCT | 2:36.50 |
| 3 | Lialy Tamer Nagm | 15 | Al Hawar | 2:35.38 |
| 4 | Kanzy Ibrahim Zaid | 15 | Al Hawar | 2:30.15 |
| 5 | Nour Diaa Elden abo Bakr | 15 | HELOP | 2:21.15 |
| 6 | Rawan Tamer Mohamed | 15 | DEGLA | 2:22.15 |
| 7 | Maya Osama Handosa | 15 | Al Hawar | 2:30.86 |
| 8 | Marim Mhmod Elsaid Elshik | 15 | Smouha | 2:35.63 |
| 9 | Malak Ahmed Nagy Ali | 15 | HELDO | 2:37.19 |
| 10 | Aisha Ahmed Nabil | 15 | AHLY | 2:40.02 |

Event 123 Girls 16 Year Olds 200 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 2 Finals

| | | | | |
|---|-----------------------------|----|----------|---------|
| 1 | Hana Tarek Fared | 16 | SHOOT | 3:20.37 |
| 2 | Malak Sameh Mohamed | 16 | AHLY | 2:52.38 |
| 3 | Mariam Essam Mohamed Sat | 16 | SHOOT | 2:50.73 |
| 4 | Jana Mohamed Ahmed | 16 | DEGLA | 2:47.93 |
| 5 | Bsmala Hassan Mohamed | 16 | M.ARB | 2:41.51 |
| 6 | Mayar Hassan Aly EL Sharkav | 16 | SHAMS | 2:43.40 |
| 7 | Areeg Mohamed Faroak | 16 | Al Hawar | 2:49.81 |
| 8 | Jana Amr Adel Ahmed | 16 | Sporting | 2:52.36 |
| 9 | Noran Wael Ali | 16 | Smouha | 3:18.40 |

Heat 2 of 2 Finals

| | | | | |
|----|-------------------------------|----|---------------|---------|
| 1 | Malak Sherif Shawky El Goha | 16 | MAADI | 2:39.37 |
| 2 | Yara Mahmoud Abdo Mosa | 16 | Al Hawar | 2:36.57 |
| 3 | Shahd Amin Mohamed Amin | 16 | Stad Mansoura | 2:36.08 |
| 4 | Ayah Wael Mostafa | 16 | DEGLA | 2:34.06 |
| 5 | Lojen Deiaa Eldin Abd Elalerr | 16 | DEGLA | 2:22.57 |
| 6 | Lena Ahmed Abdel-Wahab | 16 | AHLY | 2:31.92 |
| 7 | Ranheil Moaataz Ballah Ali Ib | 16 | ZMALK | 2:34.83 |
| 8 | Norhan Mohamed Mohi Elzar | 16 | Smouha | 2:36.22 |
| 9 | Jana Ahmed Ebrahim | 16 | Sporting | 2:36.94 |
| 10 | Nourhan Raaft Elsaid | 16 | AHLY | 2:40.85 |

Event 124 Boys 14 Year Olds 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 14 Finals

| | | | | |
|---|-----------------------------|----|----------------|----|
| 3 | Youssef Ahmed El Tahlawy | 14 | AHLY | NT |
| 4 | Yossef Khaled Magdy Ibrahim | 14 | Taleaa El Gish | NT |
| 5 | Yehia Saied | 14 | Taleaa El Gish | NT |
| 6 | Ziad Mohamed Mansour Darw | 14 | Taleaa El Gish | NT |
| 7 | Omar Salah Mamdouh Ahmei | 14 | Beni Suef Club | NT |

Heat 2 of 14 Finals

| | | | | |
|----|------------------------------|----|------------------|---------|
| 1 | Yaser Ahmed Mohamed Bayo | 14 | MOSTA | NT |
| 2 | Aly Ahmed Elsayed | 14 | Nasr City | 1:01.33 |
| 3 | Yousef Hany Samuael | 14 | MRAC | 50.41 |
| 4 | Saef Eldin Waled Sadek Sayec | 14 | GEZIR | 48.54 |
| 5 | Omar Sayed M Ibrahim | 14 | NASR | 47.42 |
| 6 | Mahmoud Mohamed abd Rab | 14 | ENPPI | 48.25 |
| 7 | Yousif Taher Bakry | 14 | HLWAN | 48.55 |
| 8 | Abdelrahman Walid Abdelkri | 14 | Taleaa El Gish | 51.59 |
| 9 | Mohamed Taha Hossen | 14 | Telephonat B.N.S | NT |
| 10 | Yousif amr Fahmy | 14 | Beni Suef Club | NT |

Heat 3 of 14 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Mrwan Ahmed Farok | 14 | MAY15 | 45.79 |
| 2 | Mostafa Khaled Mostafa Ibral | 14 | SHAMS | 45.29 |
| 3 | Mostafa Abdeljalil Ahmed | 14 | HLWAN | 45.19 |
| 4 | Ahmed Reda Mahmoud | 14 | MAY15 | 44.95 |
| 5 | Yasin Khaled Ahmed Sami | 14 | 6 OCT | 44.70 |
| 6 | Abdelrahman eid Qarny | 14 | M.S Tagamoa | 44.87 |
| 7 | Mario John Nagey Fahmy | 14 | Taleaa El Gish | 44.97 |
| 8 | abd el Rahman Alaa Ibrahim | 14 | MAY15 | 45.29 |
| 9 | Ahmed Yassar Essam | 14 | GHABA | 45.49 |
| 10 | Hazem Ibrahim Nassar | 14 | NASR | 46.41 |

Heat 4 of 14 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Yassin Hesin Mohamed Hesin | 14 | 6 OCT | 44.52 |
| 2 | Abd Elrmahman Mohamed S | 14 | HELDO | 44.12 |
| 3 | Esmael Mohamed Esmael Ab | 14 | 6 OCT | 43.70 |
| 4 | Yehia Khaled Yehia Mohamed | 14 | 6 OCT | 43.23 |
| 5 | Amar Yasser ail | 14 | MAY15 | 43.19 |
| 6 | Mohamed Ahmed Saleh | 14 | HLWAN | 43.21 |
| 7 | Mohamed Hazm | 14 | Taleaa El Gish | 43.70 |
| 8 | Mohamed Hatem Mohamed / | 14 | SHAMS | 43.83 |
| 9 | Bashar Ahmed Mohamed | 14 | M.ARB | 44.24 |
| 10 | Mohamed Ashraf Gamal Elde | 14 | RWAD | 44.63 |

Heat 5 of 14 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Youssef Mohamed Ibrahim | 14 | ZOHUR | 43.11 |
| 2 | Mostafa Mohamed Abdelatef | 14 | M.ARB | 42.72 |
| 3 | Yousef Mohamed Adel | 14 | TANTA | 42.67 |
| 4 | Sief Mohamed Farouk | 14 | Cairo | 42.52 |
| 5 | Eyad Hatem Badwy | 14 | TALBE | 42.42 |
| 6 | Mohamed Taher | 14 | Mansheit Naser | 42.45 |
| 7 | Mohamed Samir Abo ElFtooh | 14 | NASR | 42.55 |
| 8 | Adham Amro Nabhan Kadah | 14 | GEZIR | 42.71 |
| 9 | Ahmed Hossam Mohamed Al | 14 | SHAMS | 43.01 |
| 10 | Ebrahim Sameh Mohamed | 14 | M.ARB | 43.16 |

Heat 6 of 14 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Daniel Imad Talat | 14 | Beni Suef Club | 42.31 |
| 2 | Mario Hany Wadea | 14 | GHABA | 41.77 |
| 3 | Ahmed Mohamed Mosaad | 14 | TALBE | 41.25 |
| 4 | ali Diaa el Gendy | 14 | HELOP | 40.68 |
| 5 | Marwan Mohamed Maged | 14 | Cairo | 40.36 |
| 6 | Abd EL Malek Ashour | 14 | SHAMS | 40.39 |
| 7 | Batrek Ateef Gatas | 14 | ZMALK | 40.80 |
| 8 | Hade Mohamed Saed | 14 | M.ARB | 41.67 |
| 9 | Yousef Ibrahim abu al Majd | 14 | TALBE | 42.09 |
| 10 | Yousof Fady Gamil | 14 | TANTA | 42.39 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 7 Finals (#124 Boys 14 Year Olds 50 LC Meter Breaststroke)

| | | | | |
|----|---------------------------|----|------------------|-------|
| 1 | Ziad Gawad Mahmoud | 14 | Cairo | 40.24 |
| 2 | Yossef Ahmed Galal | 14 | GHABA | 40.02 |
| 3 | Karim Osama Abu Zaid | 14 | TANTA | 39.89 |
| 4 | Abdul Rahman Wayil | 14 | TALBE | 39.83 |
| 5 | Mohamed Hisham Mohamed | 14 | NASR | 39.78 |
| 6 | Ali Ahmed Ali Shaaban | 14 | ZOHUR | 39.79 |
| 7 | Ibrahim Mohamed Ibrahim A | 14 | Raas El Bar Club | 39.83 |
| 8 | abd Elrahman Mohamed Saad | 14 | ZMALK | 39.95 |
| 9 | Ahmed Hassan Mohamed | 14 | ZOHUR | 40.04 |
| 10 | Ahmed Sameh Adel | 14 | Cairo | 40.29 |

Heat 8 of 14 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Yosef Ashraf Mahmoud Asho | 14 | MAADI | 39.22 |
| 2 | Omer Akmel Nabil AL Mazny | 14 | SHOOT | 39.13 |
| 3 | Yehia ali Mohsen | 14 | HELOP | 39.04 |
| 4 | Ahmed Safwat Mohamed | 14 | ZOHUR | 39.01 |
| 5 | Gaser Mohamed el Shahat | 14 | TRSAN | 38.66 |
| 6 | Yousef Mohamed Hashim Mo | 14 | MRAC | 38.72 |
| 7 | Yaseen Nabil Mohamed | 14 | ZMALK | 39.02 |
| 8 | Loai Hany A bd EL Haliem | 14 | SHAMS | 39.07 |
| 9 | Ahmed abd el Hady Hassan | 14 | ZMALK | 39.13 |
| 10 | Abdullah Mostafa Mahmoud | 14 | ZOHUR | 39.77 |

Heat 9 of 14 Finals

| | | | | |
|----|-----------------------------|----|-----------|-------|
| 1 | Belal Mohamed Abd El Aziz S | 14 | MAADI | 38.55 |
| 2 | Marawan Bader Eldin Radi | 14 | SHAMS | 38.40 |
| 3 | Mohmed Khaled Ookel Abdal | 14 | 6 OCT | 38.25 |
| 4 | Yossef Ahmed Farok | 14 | GHABA | 38.16 |
| 5 | Ali Ahmed Abd el Monem Om | 14 | SHAMS | 37.94 |
| 6 | Mohamed Wael Abdala Abdel | 14 | Nasr City | 38.07 |
| 7 | Nour el Sayed Kamal el din | 14 | TRSAN | 38.24 |
| 8 | Omar Hatem Hassan | 14 | ZOHUR | 38.34 |
| 9 | Seif Ahmed Ibrahim | 14 | DEGLA | 38.40 |
| 10 | Ammar Mohamed el Gnedey | 14 | TRSAN | 38.63 |

Heat 10 of 14 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Adham Khaled Kamal | 14 | SHOOT | 37.75 |
| 2 | Youseif Emad Salah | 14 | ZMALK | 37.41 |
| 3 | Ahmed Mohamed Ahmed Elk | 14 | Al Hawar | 37.23 |
| 4 | amr Khaled Mohamed Mahm | 14 | ZMALK | 37.01 |
| 5 | Selim Ihab Ghali | 14 | DEGLA | 36.97 |
| 6 | Mohamed Alaa Azouz | 14 | AHLY | 36.98 |
| 7 | Yahia Mostafa Gamal Eldeen | 14 | RWAD | 37.20 |
| 8 | Yassin Hisham Nour | 14 | Smouha | 37.39 |
| 9 | Hosam Eldien Shreef Mahmo | 14 | TWFIK | 37.63 |
| 10 | Abd Alaa Hany Ahmed | 14 | SHOOT | 37.94 |

Heat 11 of 14 Finals

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Mohamed Amr Mohamed Ala | 14 | ZOHUR | 36.94 |
| 2 | Hamza Mohamed Abo El Dah | 14 | AHLY | 36.71 |
| 3 | Yosef Amr Mohamed Gohar | 14 | MAADI | 36.49 |
| 4 | Ahmed Eslam Hossny | 14 | DEGLA | 36.45 |
| 5 | Adham Hesham Mohamed abc | 14 | SHOOT | 36.27 |
| 6 | Mazn Alsaaid Atya Dawoud | 14 | 6 OCT | 36.29 |
| 7 | Abdalla Gasser AbdelLatif | 14 | AHLY | 36.47 |
| 8 | Amr Maged Abdel Gawad | 14 | DEGLA | 36.63 |
| 9 | Azz El Din Hany Nagy Ahmed | 14 | SHOOT | 36.86 |
| 10 | Mostafa Magdi Mostafa | 14 | HLWAN | 36.94 |

Heat 12 of 14 Finals

| | | | | |
|----|-----------------------------|----|------------|-------|
| 1 | Abdlrhmn Amro Nshat Abdlg | 14 | 6 OCT | 36.18 |
| 2 | Ahmed Amr Magdy | 14 | SHOOT | 35.76 |
| 3 | Youssef Mohamed Soliman | 14 | DEGLA | 35.67 |
| 4 | Mazen Ahmed Elsayed Helmy | 14 | Olympic | 35.38 |
| 5 | Ahmed Emad Samir Hassan | 14 | HELDO | 35.08 |
| 6 | Adam amr Essam | 14 | HELOP | 35.38 |
| 7 | Ahmed Hany Elbadwy | 14 | Stad Tanta | 35.65 |
| 8 | Mrawan amr Mostafa abd el / | 14 | TRSAN | 35.70 |
| 9 | Mohamed Salem Essa | 14 | HELOP | 35.89 |
| 10 | Adham Ahmed Mahmoud | 14 | AHLY | 36.19 |

Heat 13 of 14 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Badr Ahmed Mohamed Anis | 14 | Olympic | 35.03 |
| 2 | Abd EL Rahman Yaser Mohi F | 14 | HELOP | 34.94 |
| 3 | abd Elrahman Mohamed Bad | 14 | TRSAN | 34.70 |
| 4 | Zeyad Mohamed Saad Zaky | 14 | Olympic | 34.55 |
| 5 | Omar Hazem | 14 | ZMALK | 34.46 |
| 6 | Omar Tamer Said AbdElaziz | 14 | Smouha | 34.47 |
| 7 | Darren Dimitrios Chin | 14 | Sporting | 34.62 |
| 8 | Eazz El Din Mohamed Khami: | 14 | Sporting | 34.90 |
| 9 | Ahmed Amr Abdel Azzim | 14 | AHLY | 34.98 |
| 10 | Mohaned LiwaaEldin Ali | 14 | Smouha | 35.07 |

Heat 14 of 14 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Adhm Montser Kmaal | 14 | SHOOT | 34.17 |
| 2 | Adam Moh. Awaad Awaad | 14 | GEZIR | 33.90 |
| 3 | Ahmade Hamed Abbaas | 14 | TALBE | 33.22 |
| 4 | Ali Mohamed Ali Hasan El | 14 | Bank Ahly Alex | 32.75 |
| 5 | Mohamed Mashhour Yehia | 14 | AHLY | 31.79 |
| 6 | Yousof Hesham Anwer | 14 | TANTA | 32.34 |
| 7 | Esmat Ashraf Esmat Hatata | 14 | Smouha | 33.00 |
| 8 | Mohamed Mahmoud Attia | 14 | DEGLA | 33.63 |
| 9 | Nour El Din Ayman | 14 | Sporting | 34.08 |
| 10 | Belal Mohamed Abdel Wahab | 14 | DEGLA | 34.18 |

Event 125 Boys 15 Year Olds 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|-----------------------------|-----|------------------|-----------|
| Heat 1 of 10 Finals | | | | |
| 3 | Abdel Rahman Khaled Adnan | 15 | BNK.G | NT |
| 4 | Mostafa Ashraf ali | 15 | Beni Suef Club | NT |
| 5 | Shady Waleed Esmail | 15 | Telephonat B.N.S | NT |
| 6 | Marwan Ashraf Shaban | 15 | Telephonat B.N.S | NT |
| 7 | Mohamed Hany Mahamud | 15 | Telephonat B.N.S | NT |
| 8 | Yousef Waleed El Dawy | 15 | DEGLA | NT |
| Heat 2 of 10 Finals | | | | |
| 1 | Karim Ahmed Hussin | 15 | Taleaa El Gish | 54.23 |
| 2 | Mostafa Hatem Wahba Ismail | 15 | Taleaa El Gish | 48.56 |
| 3 | Moemen Mahmoud Elsherbir | 15 | Cairo | 46.37 |
| 4 | Eyad Medhat Almorsy | 15 | M.S Tagamoa | 44.23 |
| 5 | Sief Aldien Maged Hasan | 15 | M.S Tagamoa | 43.27 |
| 6 | Seif Yasser Shawky | 15 | Cairo | 43.53 |
| 7 | Ahmed Mohamed Mohamed | 15 | GHABA | 44.49 |
| 8 | Ebrahim Mohamed Elhady | 15 | HLWAN | 47.84 |
| 9 | Yehia Mokhtar Abdel Kader M | 15 | HELDO | 51.35 |
| 10 | Mohamed Ibrahim Mohamed | 15 | ELCTR | NT |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#125 Boys 15 Year Olds 50 LC Meter Breaststroke)

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Abd el Rahman Mohmed Ebrl | 15 | Cairo | 42.47 |
| 2 | Yassin Ihab Mamdouh | 15 | Taleaa El Gish | 42.01 |
| 3 | ApdAlla Mhmoud Mohamed l | 15 | 6 OCT | 40.92 |
| 4 | Mohamed Sherif Mohamed | 15 | ZOHUR | 40.66 |
| 5 | Mohamed Osama abd Alhlem | 15 | Nasr City | 40.26 |
| 6 | Yousif Madbouly Mohamed | 15 | ZMALK | 40.66 |
| 7 | Ahmed Mahmoud Abdullah | 15 | M.S Tagamoa | 40.66 |
| 8 | Nor Elden Shreif | 15 | GHABA | 41.73 |
| 9 | Khalid Tahir Mohamed ali | 15 | TWFIK | 42.06 |
| 10 | Abd ElRahman Osama Mohar | 15 | SHAMS | 42.49 |

Heat 4 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Yousf Hesham Hosny | 15 | TRSAN | 39.98 |
| 2 | Abd El Rahman Mohamed Ab | 15 | Al Hawar | 39.58 |
| 3 | Karim Hany Mohamed Zohdy | 15 | HELDO | 39.35 |
| 4 | Ahmed Al Sayed Mohamed | 15 | Al Shehk Zaeid | 39.33 |
| 5 | Adham Ahmed Abdel Aziz | 15 | RWAD | 38.78 |
| 6 | Ahmed Ezzat Othman Mohan | 15 | Al Hawar | 39.08 |
| 7 | Mohamed Yasser ali | 15 | MAY15 | 39.34 |
| 8 | abd Elrahman Moheb Hosny | 15 | TANTA | 39.52 |
| 9 | Abdel Rahman Mostafa Abde | 15 | RWAD | 39.83 |
| 10 | Mohamed Tarek Mohamed | 15 | ZOHUR | 40.17 |

Heat 5 of 10 Finals

| | | | | |
|----|---------------------------|----|------------------|-------|
| 1 | Ahmed Abdel Samad Ali | 15 | MAY15 | 38.39 |
| 2 | Yosif Khaled | 15 | NASR | 38.13 |
| 3 | Mohamed Amro Hagag | 15 | Raas El Bar Club | 37.80 |
| 4 | Abdalla Mohamed Imbaby | 15 | AHLY | 37.53 |
| 5 | Ziad Shref Housen | 15 | HELOP | 37.44 |
| 6 | Belal Mohamed Youns Mohm | 15 | 6 OCT | 37.50 |
| 7 | Ahmed Mohamed Abdelhalec | 15 | Cairo | 37.73 |
| 8 | Abd Elrahman Ahmed Solima | 15 | Sporting | 37.99 |
| 9 | Abdallah Khaled | 15 | Taleaa El Gish | 38.29 |
| 10 | Ahmed Akram Hamdy Mohar | 15 | NASR | 38.63 |

Heat 6 of 10 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Mahmoudm Tariék Mahmouc | 15 | Taleaa El Gish | 37.34 |
| 2 | Mohamed Ramy | 15 | GHABA | 37.14 |
| 3 | Moustafa Saad Moustafa Farg | 15 | HELDO | 36.88 |
| 4 | Mazen Ismail Mohamed Isma | 15 | MAADI | 36.64 |
| 5 | Hazam Tamer Mohamed | 15 | TAGAM | 36.43 |
| 6 | Hamza Yehia Shafek | 15 | HELOP | 36.53 |
| 7 | Ahmed Tammer Fouad | 15 | SHOOT | 36.79 |
| 8 | Yassin Amro Mohamed Badr | 15 | SHOOT | 37.06 |
| 9 | Yasen Ahmed Hamed | 15 | HELOP | 37.32 |
| 10 | Gmal Sherif Gmal Ebrahim | 15 | 6 OCT | 37.44 |

Heat 7 of 10 Finals

| | | | | |
|----|---------------------------|----|------------------|-------|
| 1 | Yossef Mohamed Bahgt | 15 | SHOOT | 36.34 |
| 2 | Ahmed Tarek Ali Mostafa | 15 | SHAMS | 36.02 |
| 3 | Saif Ahmed Amin Abdalhmed | 15 | Nasr City | 35.74 |
| 4 | Ali Ahmed Abdalla Ali | 15 | ENPPI | 35.63 |
| 5 | Abdallah Ahmed Mohamed | 15 | ZOHUR | 35.50 |
| 6 | Mohamed Ahmed Gamal | 15 | SHOOT | 35.59 |
| 7 | Yosef Magdy | 15 | GHABA | 35.65 |
| 8 | Omar Essam Awad | 15 | ZMALK | 35.89 |
| 9 | Mohamed Naser Saad | 15 | Baladyat El Maha | 36.10 |
| 10 | Abanop Mohsen | 15 | HELOP | 36.38 |

Heat 8 of 10 Finals

| | | | | |
|----|-----------------------------|----|-----------|-------|
| 1 | Moaaz Amr Gamal | 15 | AHLY | 35.30 |
| 2 | Omar Walied Ahmed Badeer | 15 | Nasr City | 35.07 |
| 3 | Omar Ehab Elfaham | 15 | Sporting | 35.01 |
| 4 | Ahmed Mohamed Amr | 15 | ZOHUR | 34.82 |
| 5 | Fares Ramy gad Allah | 15 | HELOP | 34.78 |
| 6 | Omar Mohamed Mahmod Iss | 15 | HLWAN | 34.81 |
| 7 | Adam Samer AbdElghany Mg | 15 | Smouha | 35.00 |
| 8 | Hesham Mohmed Mhmoud A | 15 | 6 OCT | 35.01 |
| 9 | Ali Mahmoud Salah ELDein Ze | 15 | SHAMS | 35.30 |
| 10 | Anas Moustafa Al Sayed Bayo | 15 | HELDO | 35.41 |

Heat 9 of 10 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Bahy Mohy Mohamed | 15 | ZMALK | 34.71 |
| 2 | Abdelrahman Alaaeldin | 15 | AHLY | 34.58 |
| 3 | Mohamed Hisham Beshr | 15 | DEGLA | 34.52 |
| 4 | Abd Elrhman Adel | 15 | GHABA | 34.37 |
| 5 | Braa Ayman Ali | 15 | ZOHUR | 33.87 |
| 6 | Mohamed Ahmed Elryas | 15 | ZMALK | 33.89 |
| 7 | Ahmed Khaled Aly El Din | 15 | TANTA | 34.42 |
| 8 | Ismael Ahmed Refaat | 15 | Sporting | 34.58 |
| 9 | Youssef Mohamed Mostafa | 15 | ZMALK | 34.62 |
| 10 | Yousif Ahmed Hamdy Borhan | 15 | Smouha | 34.76 |

Heat 10 of 10 Finals

| | | | | |
|----|----------------------------|----|--------|-------|
| 1 | Moahamed Sameh Moustafa l | 15 | MAADI | 33.41 |
| 2 | Khaled Hammad Mohamed | 15 | DEGLA | 33.20 |
| 3 | Mahmoud Maged Abo el Ela | 15 | DEGLA | 32.73 |
| 4 | Eyad Osama Ramadan | 15 | AHLY | 32.69 |
| 5 | Ahmed Mohamed El Menyaw | 15 | DEGLA | 31.32 |
| 6 | Ali El Din Tamer Mohamed R | 15 | TANTA | 32.25 |
| 7 | Ahmed Ehab AbdElhamed Ar | 15 | Smouha | 32.72 |
| 8 | Omar Khaled Moustafa Al Ha | 15 | MAADI | 32.90 |
| 9 | Abdelrahman Ashraf Abdelat | 15 | AHLY | 33.29 |
| 10 | Ali Tarak Taha | 15 | ENPPI | 33.52 |

Event 126 Boys 16 Year Olds 50 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 9 Finals

| | | | | |
|---|-----------------------------|----|----------------|-------|
| 2 | Yasin Sameh Fahmy | 16 | HELOP | NT |
| 3 | Yousif Adel Elsayed | 16 | HLWAN | 48.08 |
| 4 | amr Khaled Mohamed | 16 | Cairo | 46.93 |
| 5 | Mohamed Sameh Mohamed | 16 | HELOP | 43.51 |
| 6 | Seif Mohamed Ahm43ed syd | 16 | 6 OCT | 44.57 |
| 7 | Youssef Faysal Mohamed Alsl | 16 | 6 OCT | 47.07 |
| 8 | Mohamed Ahmed Mohamed : | 16 | Beni Suef Club | NT |

Heat 2 of 9 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Mohamed Elhusiny Farok | 16 | HELOP | 42.57 |
| 2 | Mohamed Tarek Mohamed | 16 | MAY15 | 41.11 |
| 3 | Mohamed Hamdy Mohamed | 16 | M.ARB | 40.37 |
| 4 | Ahmed Hamdy Mohamed ali | 16 | HLWAN | 39.90 |
| 5 | Omar Mohamed Omar | 16 | RWAD | 39.26 |
| 6 | Abel Rahman Ali Maher | 16 | ZOHUR | 39.82 |
| 7 | Yousef Mohamed Mostafa Mo | 16 | ZOHUR | 40.19 |
| 8 | Mohamed Rafaat Mohamed | 16 | MAY15 | 40.52 |
| 9 | Mohamed Saed abd Elrashed | 16 | TANTA | 41.69 |
| 10 | Motaz Ahmed Shawky | 16 | Cairo | 43.44 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#126 Boys 16 Year Olds 50 LC Meter Breaststroke)

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Yousief Hazem Mohamed Abc | 16 | SHAMS | 38.65 |
| 2 | Abdel Rahman Mohamed abc | 16 | MAY15 | 38.63 |
| 3 | Yahia Wael Abdalaah | 16 | ZMALK | 37.91 |
| 4 | Ahmed Mohamed El Sayed | 16 | AHRAM | 37.85 |
| 5 | Ahmed Ehab Fayz | 16 | RWAD | 37.48 |
| 6 | Ziad Tarek Essam Anwar Has | 16 | SHAMS | 37.52 |
| 7 | Mostafa Mohamed Osman | 16 | NASR | 37.91 |
| 8 | Youssef Hossam Mohamed M | 16 | Nasr City | 38.24 |
| 9 | Abdelrhman Ashrf Sayed Am | 16 | Taleaa El Gish | 38.64 |
| 10 | Ali Mohamed Ali Kaseim | 16 | ZOHUR | 39.01 |

Heat 4 of 9 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Peiar Eid Rady | 16 | ZMALK | 37.29 |
| 2 | Yassin Mohamed Mostafa | 16 | ZMALK | 37.04 |
| 3 | Ahmed Mohssein Abdel Mon: | 16 | HLWAN | 36.56 |
| 4 | Ahmed Hossam Salah | 16 | HLWAN | 36.16 |
| 5 | Ahmed Ehab Al Sayed | 16 | GHABA | 35.41 |
| 6 | Abdullah Tarek Abdel Salam | 16 | HELDO | 35.91 |
| 7 | Ali Tamer Mohamed | 16 | HELOP | 36.29 |
| 8 | Mohamed Khaled Mohmd Ka | 16 | SHOOT | 36.69 |
| 9 | Omar Mohamed ALSayed Al A | 16 | Raas El Bar Club | 37.24 |
| 10 | Hazem Mohamed Salah El Di | 16 | ZMALK | 37.33 |

Heat 5 of 9 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Zeyad Taha Dabor | 16 | TANTA | 35.35 |
| 2 | Zeiad Osama Fatthy Abdel Ha | 16 | TRSAN | 35.29 |
| 3 | Ahmed Sameh Saed Mohame | 16 | Bank Ahly Alex | 35.11 |
| 4 | Aly Haytham Fouad Helmy | 16 | BNK.G | 34.85 |
| 5 | Yousef Emad Mohamed Al H: | 16 | Gezira El Ward | 34.64 |
| 6 | Eyad Mohamed Abd ElMenea | 16 | TANTA | 34.85 |
| 7 | Ahmed Mohamed Fawzy Zaw | 16 | SHAMS | 35.09 |
| 8 | Yoseif Mahmoud Abou Bakr | 16 | MAY15 | 35.15 |
| 9 | Tarek Mohamed abd Elmona: | 16 | Cairo | 35.32 |
| 10 | Yousef Khaled Salah El Din | 16 | ZOHUR | 35.41 |

Heat 6 of 9 Finals

| | | | | |
|----|-------------------------------|----|----------------|-------|
| 1 | Ahmed Wael Yahya Moustafa | 16 | ZMALK | 34.42 |
| 2 | Mohab Ahmed Elsis | 16 | TWFIK | 34.39 |
| 3 | Mostafa Ashraf Awad Allah | 16 | Olympic | 34.26 |
| 4 | Mohamed Mhmod Mohamed | 16 | Smouha | 34.04 |
| 5 | Gamal Metwaly Gamal Mohar | 16 | ZOHUR | 33.86 |
| 6 | Zeyad Bassam Hussein | 16 | AHLY | 33.87 |
| 7 | Karim Mohamed Salah Barka | 16 | Smouha | 34.06 |
| 8 | Yassin Sherif Zakaria Soulim: | 16 | 6 OCT | 34.37 |
| 9 | Omar Mohamed Abdel Mona: | 16 | SHOOT | 34.41 |
| 10 | Ahmed Amr Ahmed Awad | 16 | Al Shehk Zaeid | 34.60 |

Heat 7 of 9 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Mostafa Gamal Fouaad | 16 | DEGLA | 33.58 |
| 2 | Mahmoud Waleed Elmasry | 16 | Cairo | 33.52 |
| 3 | Seif Samer Sayed Saada | 16 | SHAMS | 33.43 |
| 4 | Morad Yasser Hafez | 16 | DEGLA | 33.37 |
| 5 | Abd ElRahman Shouky Mahr: | 16 | SHOOT | 33.24 |
| 6 | Seif Tamer Omran | 16 | DEGLA | 33.30 |
| 7 | Omar Tamer Hassan | 16 | AHLY | 33.38 |
| 8 | Ziyad Ashraf Osman Taher | 16 | Sporting | 33.44 |
| 9 | Yousif Mohamed Anwar | 16 | HELOP | 33.54 |
| 10 | Karim Kamal Ahmed Mostafa | 16 | 6 OCT | 33.84 |

Heat 8 of 9 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Marwan Mohamed Mohamed | 16 | ENPPI | 33.16 |
| 2 | Mohamed Rizk Hassan Rizk | 16 | Sporting | 33.01 |
| 3 | Saif ELDIn Sameh A.Elmoaez | 16 | DEGLA | 32.92 |
| 4 | Abdel Rahman Hassan Mohar | 16 | TALBE | 32.64 |
| 5 | Karim Mohamed Samy | 16 | AHLY | 32.20 |
| 6 | Amr Mostafa Kodb | 16 | Smouha | 32.41 |
| 7 | abd Rahman Tamer Ismail | 16 | SHOOT | 32.68 |
| 8 | Mostafa Mohamed Mostafa H | 16 | HELDO | 32.99 |
| 9 | Ali Khaled Ahmed Mostafa | 16 | GHABA | 33.14 |
| 10 | Hazem Amr Mohamed | 16 | AHLY | 33.22 |

Heat 9 of 9 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Ahmed Ismail Mohamed Ism: | 16 | MAADI | 32.10 |
| 2 | Adham Hisham Nor | 16 | Smouha | 31.96 |
| 3 | Mohanad Mohamed Wageh | 16 | SHOOT | 31.66 |
| 4 | Zeyad Tamer Hussein | 16 | AHLY | 31.07 |
| 5 | Saif Ahmed abd Elmoniem Er | 16 | SHAMS | 30.70 |
| 6 | Omar Yasser Menis | 16 | Sporting | 30.96 |
| 7 | Hazem Shirif Elsiad AbdElm | 16 | Smouha | 31.10 |
| 8 | Ziad Khaled Shreef | 16 | Cairo | 31.68 |
| 9 | Abdelrahman Khaled Mohme | 16 | DEGLA | 32.03 |
| 10 | Abdalah Waled el Said | 16 | Sporting | 32.10 |

Event 133 Girls 14 Year Olds 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|----------------------------|----|----------------|-------|
| 1 | Salma Osama Sayed | 14 | Taleaa El Gish | NT |
| 2 | Malek aly Abdallah | 14 | BNK.G | 53.51 |
| 3 | Nour Sherif Adel | 14 | Mansheit Naser | 49.75 |
| 4 | Shaza Ayman Mohamed | 14 | Beni Suef Club | 48.00 |
| 5 | Youanna Morcos GabAllah Ge | 14 | HELDO | 47.60 |
| 6 | Mariam Mohamed Hamdy So | 14 | MRAC | 47.67 |
| 7 | Joumana Sayed Shahat | 14 | NASR | 49.12 |
| 8 | Marim Waael Galal | 14 | Police Club | 50.03 |
| 9 | Sama Samir ali Hasn | 14 | Canal El Suez | NT |

Heat 2 of 8 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Engy Ibrahim Ali Sayed Hass: | 14 | Mansheit Naser | 46.88 |
| 2 | Amal Atef Ahmed | 14 | ZMALK | 46.78 |
| 3 | Abrar Hisham Ahmed | 14 | Cairo | 46.39 |
| 4 | Yara Osama Mohamed Zaat | 14 | Taleaa El Gish | 45.70 |
| 5 | Nouran Mohamed Ali Moham: | 14 | RWAD | 43.66 |
| 6 | Mariam Nasr Anwar | 14 | ZMALK | 44.53 |
| 7 | Nour amr abd el Khalek | 14 | HELOP | 46.05 |
| 8 | Malak Gamal Matwally | 14 | ZOHUR | 46.45 |
| 9 | Lyla Mohamed Rmdan | 14 | 6 OCT | 46.78 |
| 10 | Nourhan Hussien Ahmed | 14 | Taleaa El Gish | 47.33 |

Heat 3 of 8 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Malak Asem Hamd Kasem | 14 | 6 OCT | 43.25 |
| 2 | Shahd Emad Hamed Mohame | 14 | RWAD | 43.17 |
| 3 | Nadin Hatem MakramAbd El | 14 | SHOOT | 42.08 |
| 4 | Alia abd el Mohseen Galal | 14 | ZMALK | 41.63 |
| 5 | Nor Salah El Din Mohmed | 14 | SHOOT | 41.13 |
| 6 | Sara Ibrahim Mohamed | 14 | AHLY | 41.34 |
| 7 | Malak Amr Abd EL Khalek | 14 | HELOP | 41.79 |
| 8 | Sindrilla Mohamed Saied | 14 | ZMALK | 42.63 |
| 9 | Rola Mostafa Salah | 14 | SHOOT | 43.23 |
| 10 | Shahd Ahmed al Ansari | 14 | SHOOT | 43.33 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 4 Finals (#133 Girls 14 Year Olds 50 LC Meter Backstroke)

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Reham Amr Basha | 14 | TANTA | 40.40 |
| 2 | Habiba Sameh Fahmy | 14 | HELOP | 40.20 |
| 3 | Joanna Ateef Gatas | 14 | ZMALK | 40.01 |
| 4 | Habiba Walid Mohamed | 14 | AHLY | 39.48 |
| 5 | Malak Hasan Moh. Elhoshy | 14 | GEZIR | 39.11 |
| 6 | Meran Mohammed Ramadan | 14 | TALBE | 39.41 |
| 7 | Fyrouz Wael Youssre | 14 | TALBE | 39.55 |
| 8 | Yosr Wael Gmal | 14 | HELOP | 40.12 |
| 9 | Shahenda Hesham Helal | 14 | Raas El Bar Club | 40.28 |
| 10 | Karma Abdel Fattah Abdul M | 14 | SHOOT | 40.46 |

Heat 5 of 8 Finals

| | | | | |
|----|-----------------------|----|-----------|-------|
| 1 | Yara Walid Mohamed | 14 | ZMALK | 38.88 |
| 2 | Mariam Mostafa Adly | 14 | TANTA | 38.69 |
| 3 | Fareda Shreif Halouda | 14 | HELOP | 38.47 |
| 4 | Yassmen Mohamed Nabil | 14 | MAY15 | 38.13 |
| 5 | Sama Wael Mohamed | 14 | Cairo | 38.04 |
| 6 | Farida amr Atia Saad | 14 | Nasr City | 38.08 |
| 7 | Malak Mostafa Beshir | 14 | AHLY | 38.42 |
| 8 | Nor Mahmoud Anbar | 14 | GHABA | 38.52 |
| 9 | Anan Mohamed Yehia | 14 | M.ARB | 38.71 |
| 10 | Sama Houssen Zahyan | 14 | ZMALK | 38.90 |

Heat 6 of 8 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Habiba Sherif Shams Eldien | 14 | DEGLA | 37.87 |
| 2 | Zahwa Mohsen Sayed | 14 | AHLY | 37.67 |
| 3 | Haya Hisham ali | 14 | TRSAN | 37.43 |
| 4 | Jana Mohamed Mahmoud | 14 | ZOHUR | 36.81 |
| 5 | Karen Emad Email | 14 | DEGLA | 36.68 |
| 6 | Somia Ahmed Mohamed | 14 | GHABA | 36.80 |
| 7 | Zena Mahmoud Mohamed M | 14 | GHABA | 37.12 |
| 8 | Nour Mohamed Abd El Hady | 14 | Sporting | 37.44 |
| 9 | Jana Sherif Mahmoud | 14 | DEGLA | 37.82 |
| 10 | Rim Husin Khallaf | 14 | TANTA | 37.88 |

Heat 7 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Sandra Medhat Mohamed | 14 | AHLY | 36.45 |
| 2 | Soha Hesham El Said Moham | 14 | SHOOT | 36.18 |
| 3 | Haya HossamEldin Kndel | 14 | Smouha | 36.05 |
| 4 | Malak Mohamed Mhmoud He | 14 | Smouha | 35.65 |
| 5 | Joudy Ahmed Fouad Shokry | 14 | DEGLA | 35.06 |
| 6 | Gana Tarek Mohamed Farid | 14 | SHOOT | 35.39 |
| 7 | Kenzy Mostafa Zakaria | 14 | AHLY | 35.66 |
| 8 | Aida Ahm. Mohssin Abd Elraz | 14 | GEZIR | 36.13 |
| 9 | Rewan Saed Khames Mahmo | 14 | Bank Ahly Alex | 36.20 |
| 10 | Alaa Amr El Sokry | 14 | Sporting | 36.57 |

Heat 8 of 8 Finals

| | | | | |
|----|---------------------------|----|---------|-------|
| 1 | Salma Waled Mohamed Elsai | 14 | Smouha | 34.85 |
| 2 | Lela Ahmed Kamal | 14 | GHABA | 33.89 |
| 3 | Jana Gehad El Assal | 14 | TWFIK | 33.47 |
| 4 | Malak Khaled Abdel Aziz | 14 | AHLY | 33.20 |
| 5 | Raghd Mohamed Elsaid Moh | 14 | Smouha | 32.46 |
| 6 | Rodaina Mohamed Saad | 14 | DEGLA | 33.12 |
| 7 | Leila Mohamed Ibrahim | 14 | DEGLA | 33.21 |
| 8 | Hanan Ahmed Mohamed Mal | 14 | Olympic | 33.68 |
| 9 | Gody Ahmed Badawy Mhmou | 14 | Smouha | 34.08 |
| 10 | Mariam Hany Sayed | 14 | DEGLA | 34.97 |

Event 134 Girls 15 Year Olds 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|----------------------------|----|-------|-------|
| 1 | Gana Mohamed Khedr | 15 | AHLY | NT |
| 2 | Malak Ayman Omar Eldeeb | 15 | SHOOT | 44.62 |
| 3 | Tasnim Hytham | 15 | Cairo | 43.85 |
| 4 | Malak Sameh Nageb | 15 | HELOP | 42.23 |
| 5 | Reem Khaled abd el Latif | 15 | ZMALK | 42.15 |
| 6 | Mariem Omer Mohamed Saye | 15 | DEGLA | 42.16 |
| 7 | Habeba amr abd el Salam | 15 | HELOP | 43.68 |
| 8 | Shaza Ali Ezz Eldin EL bad | 15 | Cairo | 43.94 |
| 9 | Anan Emad Eldin Adel | 15 | Cairo | 48.47 |

Heat 2 of 5 Finals

| | | | | |
|----|---------------------------|----|--------|-------|
| 1 | Nour Khaled Mohamed | 15 | SHOOT | 40.71 |
| 2 | Manar Mohamed Galal | 15 | M.ARB | 40.33 |
| 3 | Farah Abd Elmagid Mohamec | 15 | ZOHUR | 39.79 |
| 4 | Shorok Haitham Talaat | 15 | DEGLA | 38.29 |
| 5 | Habiba Safwat Saleh | 15 | ZOHUR | 38.00 |
| 6 | Sandra Ghayes | 15 | GHABA | 38.12 |
| 7 | Habeba Maged Mohsen | 15 | HELOP | 38.49 |
| 8 | Hoda Hesham Mohamed Moh | 15 | 6 OCT | 40.12 |
| 9 | Hna Gmal Rshad Alawdy | 15 | 6 OCT | 40.65 |
| 10 | Ayten Hassan Hamza | 15 | Smouha | 41.07 |

Heat 3 of 5 Finals

| | | | | |
|----|-----------------------------|----|--------|-------|
| 1 | Rawya Hossam Nabil | 15 | SHOOT | 36.97 |
| 2 | Mariam Hesham Aly Abd Han | 15 | TANTA | 36.46 |
| 3 | Shahd Hazem Hassan Bahy E | 15 | MAADI | 36.36 |
| 4 | Malak Mohamed abd el Kerin | 15 | ZMALK | 36.06 |
| 5 | Lina Ahmed Farok AbdElazi | 15 | Smouha | 35.74 |
| 6 | Farah Emel Yosif | 15 | GHABA | 36.00 |
| 7 | Fatima Haytham Abd ElMene | 15 | TANTA | 36.17 |
| 8 | Marim amr Mohamed | 15 | DEGLA | 36.39 |
| 9 | Nelly Elgmal Moh. Sayd Most | 15 | GEZIR | 36.49 |
| 10 | Sara Samir Sedky | 15 | DEGLA | 37.87 |

Heat 4 of 5 Finals

| | | | | |
|----|--------------------------|----|----------------|-------|
| 1 | Mohra ez el den Hossam | 15 | HELOP | 35.69 |
| 2 | Rola Hasan Ragab | 15 | Bank Ahly Alex | 35.51 |
| 3 | Farida Basem Mohamed Meg | 15 | MAADI | 34.96 |
| 4 | Renad Khaled Mahmoud | 15 | AHLY | 34.63 |
| 5 | Mariam Hazem Talaat | 15 | AHLY | 34.59 |
| 6 | Laila Khaled Elraai | 15 | AHLY | 34.60 |
| 7 | Hana Hazem Mohamed | 15 | HELOP | 34.69 |
| 8 | Malak Ahmed Abo Bakr | 15 | SHOOT | 35.04 |
| 9 | Malak Eslam Mohamed Moav | 15 | SHOOT | 35.63 |
| 10 | Rahma Ashraf Khairy | 15 | MAY15 | 35.73 |

Heat 5 of 5 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Farida Hossameldin Mohame | 15 | AHLY | 33.86 |
| 2 | Jouana Ahmed Mohamed Hu | 15 | Smouha | 33.79 |
| 3 | Noor Kamel ElNagar | 15 | Sporting | 33.31 |
| 4 | Hoda Ahmed Hussein | 15 | ZOHUR | 32.80 |
| 5 | Malak Waled Essam Shabana | 15 | Smouha | 31.80 |
| 6 | Rola Abo El Naga El Sayed | 15 | A S E C | 32.24 |
| 7 | Shahd Ahmed Abd Elbaky | 15 | Sporting | 33.26 |
| 8 | Yasmine Sharif AbdElAziz Ga | 15 | SHAMS | 33.62 |
| 9 | Razan Ahmed Hosny | 15 | DEGLA | 33.86 |
| 10 | Hagr Ehab Mohamed Abdelk | 15 | 6 OCT | 34.14 |

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Event 135 Girls 16 Year Olds 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|----------------|-----------|
| Heat 1 of 5 Finals | | | | |
| 3 | Jana Sherif Mohamed Al Saye | 16 | ZOHUR | 50.87 |
| 4 | Hana Wael Mohamed Elkabai | 16 | Smouha | 44.02 |
| 5 | Basant Ahmed Abd Al-Aaty | 16 | SHAMS | 42.36 |
| 6 | Mareina Ehab Karam | 16 | ZMALK | 43.06 |
| 7 | Farida Ahmed Aiyod | 16 | Sporting | 44.32 |
| Heat 2 of 5 Finals | | | | |
| 1 | Habiba Amr Mohamed Talaat | 16 | DEGLA | 42.22 |
| 2 | Rana Shaban Mostafa Sharf | 16 | Taleaa El Gish | 41.81 |
| 3 | Hidy Mohamed Ramadan | 16 | TANTA | 41.28 |
| 4 | Shahad Mohamed Gamal Ibra | 16 | 6 OCT | 40.52 |
| 5 | Jana Ahmed Abdelhakim | 16 | GHABA | 39.50 |
| 6 | Malak Akram Mohamed Fawz | 16 | ZMALK | 40.06 |
| 7 | Nouran Khaled Said Saleh | 16 | TRSAN | 40.82 |
| 8 | Sara Khaled Mahmoud Fawzy | 16 | ZMALK | 41.57 |
| 9 | Sama Aiman Ebrahim | 16 | ZOHUR | 41.82 |
| 10 | Hana Ahmed Osama | 16 | AHLY | 42.22 |
| Heat 3 of 5 Finals | | | | |
| 1 | Yomna Ayman Mohamed | 16 | AHLY | 39.10 |
| 2 | Lagein Haytham Essam Moha | 16 | ZMALK | 38.61 |
| 3 | Kenzy Khaled AbdelAzim Abc | 16 | MAADI | 38.02 |
| 4 | Malak Amr Essmat Mohamed | 16 | ZOHUR | 37.51 |
| 5 | Shaza Ashraf Hosny | 16 | DEGLA | 36.93 |
| 6 | Khadiga Ahmed Arafat | 16 | Sporting | 37.26 |
| 7 | Farida Ahmed Akel | 16 | HELOP | 37.82 |
| 8 | Nada Haytham El Sayed Heik | 16 | HELDO | 38.45 |
| 9 | Mawada Sameh Mohamed | 16 | RWAD | 38.94 |
| 10 | Aisha Ahmed Badawy | 16 | Sporting | 39.27 |
| Heat 4 of 5 Finals | | | | |
| 1 | Kinzy Shref Gabr | 16 | HELOP | 36.34 |
| 2 | Hagar Hassan Abdel Rhman | 16 | TALBE | 36.10 |
| 3 | Amira Hany Ahmed | 16 | AHLY | 36.05 |
| 4 | Sara Ali Tawfek Drakoun | 16 | SHOOT | 35.26 |
| 5 | Hana Hazem Ahmed | 16 | AHLY | 34.83 |
| 6 | Alia Ali Mohamed | 16 | HELOP | 34.99 |
| 7 | Menatalla Yeihia Hasan | 16 | HELOP | 35.91 |
| 8 | Caren Hany Gamal | 16 | Sporting | 36.07 |
| 9 | Fatma Ayman Saeed Ahmed (| 16 | HELDO | 36.14 |
| 10 | Malak Nasr El Din Ibrahim | 16 | ZMALK | 36.73 |
| Heat 5 of 5 Finals | | | | |
| 1 | Mena Ahmed Azmy Ahmed | 16 | Smouha | 34.33 |
| 2 | Amina Zaky Mohamed Zaky | 16 | Sporting | 34.14 |
| 3 | Hana Sameh Ghazy | 16 | SHOOT | 33.19 |
| 4 | Lougin Yousief Ahmed Yousie | 16 | SHAMS | 32.31 |
| 5 | Farah Amr Abdel Motaleib | 16 | SHOOT | 30.99 |
| 6 | Rawan Mohamed AboElFadl | 16 | DEGLA | 31.89 |
| 7 | Kenzy Ahmed Ali | 16 | AHLY | 32.95 |
| 8 | Farah Osama Ahmed Mahmo | 16 | Bank Ahly Alex | 33.60 |
| 9 | Mai Khaled Abdelltif | 16 | DEGLA | 34.30 |
| 10 | Leina Waled Farouk | 16 | SHOOT | 34.59 |

Event 136 Boys 14 Year Olds 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|----------------------------|-------------------------------|-----|------------------|-----------|
| Heat 1 of 13 Finals | | | | |
| 1 | Yaser Ahmed Mohamed Bayo | 14 | MOSTA | NT |
| 2 | Mostafa Ahmed Mostafa | 14 | Telephonat B.N.S | NT |
| 3 | Salih Samy Hassan abo Ghad | 14 | Raas El Bar Club | NT |
| 4 | Omer Mohamed Mahrous | 14 | Taleaa El Gish | NT |
| 5 | Yousef Tamer Ramadan Mohy | 14 | TANTA | 46.45 |
| 6 | Moaz Mohamed Anan | 14 | MAY15 | 52.48 |
| 7 | Maher Mohamed Mohamed | 14 | Raas El Bar Club | NT |
| 8 | Ziad Khaled Said Ibrahim | 14 | Taleaa El Gish | NT |
| 9 | Belal Tamer Abas | 14 | Canal El Suez | NT |
| Heat 2 of 13 Finals | | | | |
| 1 | Sayd Mohmed Sayd | 14 | Police Club | 46.09 |
| 2 | Saif al-Islam Mohamed Mosta | 14 | Police Club | 45.60 |
| 3 | Moaz Osama Mohamed Omar | 14 | M.ARB | 43.68 |
| 4 | Yousof Fady Gamil | 14 | TANTA | 43.41 |
| 5 | Abd Elmahman Mohamed Sc | 14 | HELDO | 42.51 |
| 6 | Abd Alla Karim Ashraf Mahgc | 14 | GEZIR | 42.83 |
| 7 | Abdul Rahman Wayil | 14 | TALBE | 43.58 |
| 8 | Mohamed Mamdouh Hosny F | 14 | RWAD | 44.38 |
| 9 | Ebrahim Moataz | 14 | Taleaa El Gish | 45.61 |
| 10 | Salah Mohamed Salah | 14 | MAY15 | 46.13 |
| Heat 3 of 13 Finals | | | | |
| 1 | Amar Mohamed Nabil | 14 | GHABA | 42.24 |
| 2 | Seif Alla Amro Moh. Abd Elfat | 14 | GEZIR | 42.08 |
| 3 | Abdelrahman Ahmed Abdelir | 14 | Cairo | 41.55 |
| 4 | Ahmed Mohamed Sallah | 14 | Mansheit Naser | 40.94 |
| 5 | Hussein Hassan Ahmed Abou | 14 | HELDO | 40.63 |
| 6 | Mohamed Mohamed Hashm | 14 | MAY15 | 40.90 |
| 7 | Hamza M Abd Elaziz | 14 | NASR | 40.95 |
| 8 | Houseen Mohseen Houseen | 14 | ZMALK | 41.76 |
| 9 | Saif Allah Eslam abd Elkader | 14 | TRSAN | 42.14 |
| 10 | Omar Sayed M Ibrahim | 14 | NASR | 42.24 |
| Heat 4 of 13 Finals | | | | |
| 1 | Ziad Alaa Ahmed Fahim | 14 | ZOHUR | 40.57 |
| 2 | Abdelrahman Hany Hassan | 14 | GHABA | 40.42 |
| 3 | Zyeed Mohamed Hassan | 14 | ZMALK | 40.32 |
| 4 | Karim Waleed Abdelfatah | 14 | MRAC | 40.18 |
| 5 | Ahmed el Husseny | 14 | HELOP | 40.03 |
| 6 | Saif Al Din Ahmed Kamal | 14 | Police Club | 40.17 |
| 7 | Hany Essam Sharkawy | 14 | TRSAN | 40.29 |
| 8 | Zyad Ahmed Abdelmnam Ali | 14 | 6 OCT | 40.39 |
| 9 | Ali Mostafa Mohamed | 14 | ZOHUR | 40.45 |
| 10 | Ahmedd Maged Khorshed | 14 | HELOP | 40.58 |
| Heat 5 of 13 Finals | | | | |
| 1 | Amar Yaser Ali Mohamed | 14 | 6 OCT | 39.48 |
| 2 | Hassn Hatem Mohamed | 14 | ENPPI | 39.14 |
| 3 | Adham Hisham Mahmoud | 14 | Cairo | 38.84 |
| 4 | Abdulrahman Wael Hassen | 14 | Police Club | 38.77 |
| 5 | Adam Ehab Mamdouh | 14 | Taleaa El Gish | 38.38 |
| 6 | Ali Ibrahim Ahmed | 14 | ZOHUR | 38.60 |
| 7 | Hosam Eldien Shreef Mahmo | 14 | TWFIK | 38.83 |
| 8 | Adham Mohammed ali | 14 | TALBE | 38.89 |
| 9 | Sief Mohamed Sadoka | 14 | TANTA | 39.19 |
| 10 | Mostafa Khaled Mostafa Ibral | 14 | SHAMS | 39.86 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 6 Finals (#136 Boys 14 Year Olds 50 LC Meter Backstroke)

| | | | | |
|----|-------------------------|----|----------------|-------|
| 1 | Yossef Moh. Ahmed Ameen | 14 | GEZIR | 38.24 |
| 2 | Abdelrhman Mohamed Zaki | 14 | HLWAN | 37.86 |
| 3 | Monzer Mahmoud Ahmed | 14 | ZOHUR | 37.78 |
| 4 | Mohamed Hesham Mahmoud | 14 | Mansheit Naser | 37.54 |
| 5 | ali abd Elrhman Elsaeed | 14 | ZMALK | 37.33 |
| 6 | Youssef Abdullah Nabil | 14 | ZOHUR | 37.50 |
| 7 | Hmdi Ahmed Hmdi Byomi | 14 | 6 OCT | 37.71 |
| 8 | Mrawan Mahmoud Ahmed | 14 | TALBE | 37.81 |
| 9 | Ahmed Magdy Abd Elhakim | 14 | NASR | 37.94 |
| 10 | Yassin Hisham Nour | 14 | Smouha | 38.31 |

Heat 7 of 13 Finals

| | | | | |
|----|------------------------------|----|------------------|-------|
| 1 | Marwan Mohamed Mahmoud | 14 | ZMALK | 37.22 |
| 2 | Mostafa Mahmoud Mostafa | 14 | SHOOT | 36.90 |
| 3 | Karim Samir Mohamed | 14 | AHRAM | 36.58 |
| 4 | Hazem Ahmed Hasan | 14 | TWFIK | 36.40 |
| 5 | Omar Mohamed Mahmoud | 14 | Sporting | 36.11 |
| 6 | Ahmed Mahmoud Araby | 14 | TANTA | 36.28 |
| 7 | Ibrahim Mohamed Ibrahim A | 14 | Raas El Bar Club | 36.51 |
| 8 | abd Elrahman Mohamed Saad | 14 | ZMALK | 36.60 |
| 9 | Yehia SeifEL din EL Marghany | 14 | SHAMS | 37.00 |
| 10 | Karim Ali Mohamed | 14 | GHABA | 37.27 |

Heat 8 of 13 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Ahmed Yhya Zkrya Twfek | 14 | 6 OCT | 35.93 |
| 2 | Zeyad Mohamed Kamal | 14 | AHLY | 35.82 |
| 3 | Yousif Shawky Mahros | 14 | SHOOT | 35.65 |
| 4 | Mostafa Mahmoud Yousry | 14 | SHOOT | 35.47 |
| 5 | Mostafa Mohamed Mostafa F | 14 | SHAMS | 35.30 |
| 6 | Yousef Hisham ali | 14 | TRSAN | 35.45 |
| 7 | Abdalla Mostafa Ahmed | 14 | AHLY | 35.56 |
| 8 | Ali Waled Yossef | 14 | GHABA | 35.74 |
| 9 | Ziad Tarek Abdelaziz | 14 | Cairo | 35.86 |
| 10 | Mhmoud Mosleh Goda Atya | 14 | 6 OCT | 36.08 |

Heat 9 of 13 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Yosef Ahmed Sabry | 14 | HELOP | 35.21 |
| 2 | Ahmed Khdr abd Elsadm Ebra | 14 | Baladyat El Maha | 35.08 |
| 3 | Ahmed Yasir Mostafa | 14 | SHOOT | 35.04 |
| 4 | Khaled Khaled Mohamed Wa | 14 | SHOOT | 34.97 |
| 5 | Fares Husin Atia | 14 | TANTA | 34.95 |
| 6 | Omar Khaled Hasan | 14 | NASR | 34.97 |
| 7 | Ahmed Sharif Ahmed Abdalla | 14 | SHOOT | 34.98 |
| 8 | Abd El Monaem Mahmoud Al | 14 | ZOHUR | 35.04 |
| 9 | Mohamed Sameh Kayed | 14 | ZOHUR | 35.15 |
| 10 | Ziad Amr Samir | 14 | NASR | 35.24 |

Heat 10 of 13 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Eyad Ashraf Mohamed | 14 | Cairo | 34.79 |
| 2 | Hossien Mohammed Hossien | 14 | TALBE | 34.67 |
| 3 | Mohab Tarek Helal Mohamed | 14 | HELDO | 34.54 |
| 4 | Ziad Mohamed Fathy | 14 | DEGLA | 34.52 |
| 5 | Ahmed Emad Ahmed | 14 | AHLY | 34.32 |
| 6 | Moustafa Yasser Abd El Latif | 14 | Sporting | 34.52 |
| 7 | Ahmed Yaser Mohamed | 14 | M.ARB | 34.53 |
| 8 | Mazen Ashraf Mohamed Abd | 14 | Bank Ahly Alex | 34.61 |
| 9 | Mohamed Waled Ibrahim Sal | 14 | Smouha | 34.76 |
| 10 | AbdElrhman Eslam Essa | 14 | Smouha | 34.83 |

Heat 11 of 13 Finals

| | | | | |
|----|---------------------------|----|---------|-------|
| 1 | Ali Samy | 14 | DEGLA | 34.21 |
| 2 | Karim Mohamed Mahmood | 14 | TANTA | 34.10 |
| 3 | Mohamed Maged Mahmoud | 14 | Olympic | 33.77 |
| 4 | Adham Tarik Ali Baiuomy | 14 | Smouha | 33.60 |
| 5 | Basel Amir Ali Hosney | 14 | 6 OCT | 33.56 |
| 6 | Mohamed Ahmed Maher | 14 | AHLY | 33.60 |
| 7 | Ahmed Hattem Ahmed | 14 | DEGLA | 33.67 |
| 8 | Mohamed Khaled Abdel Maal | 14 | AHLY | 33.85 |
| 9 | Karem Ashraf | 14 | GHABA | 34.14 |
| 10 | Karim Ahmed Maged | 14 | ZMALK | 34.22 |

Heat 12 of 13 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Mohamed Hassan Mohamed | 14 | HLWAN | 33.53 |
| 2 | Seif Eldien Islam Shaker | 14 | DEGLA | 33.13 |
| 3 | Abd El Rahman Mohamed Ali | 14 | SHOOT | 33.00 |
| 4 | Seif Ahmed Nasr | 14 | TRSAN | 32.26 |
| 5 | Adham Hadee Mohamed Tala | 14 | Bank Ahly Alex | 32.00 |
| 6 | Mohamed Ahmed Ellethy | 14 | TANTA | 32.23 |
| 7 | Mohamed Ramy Mohamed | 14 | AHLY | 32.62 |
| 8 | Omar Khaled Khamis | 14 | A S E C | 33.02 |
| 9 | Ahmed Mohmed Gmal Eprah | 14 | 6 OCT | 33.35 |
| 10 | Blal amr Ahmed | 14 | HELOP | 33.54 |

Heat 13 of 13 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Ziad Ehab Tawfek | 14 | DEGLA | 31.63 |
| 2 | Malek amr Mahdy | 14 | Cairo | 31.51 |
| 3 | Ahmed Hazem Akram | 14 | DEGLA | 31.21 |
| 4 | Ahmed Wael el Mohandes | 14 | HELOP | 30.36 |
| 5 | Mohamed Hany Elsayed | 14 | AHLY | 29.82 |
| 6 | Khaled Ahmed Mahmoud Gal | 14 | Bank Ahly Alex | 29.93 |
| 7 | Mohamed Taha Abd El Raouf | 14 | DEGLA | 31.11 |
| 8 | Moamen Khalid Mohamed | 14 | ZMALK | 31.34 |
| 9 | Aser Hosam Mohamed Elfhm | 14 | Bank Ahly Alex | 31.62 |
| 10 | Omar Sherif Galal Eldin Mahr | 14 | MAADI | 31.67 |

Event 137 Boys 15 Year Olds 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------------|-----|------------------|-----------|
| Heat 1 of 9 Finals | | | | |
| 4 | Abdel Rahman Khaled Adnan | 15 | BNK.G | NT |
| 5 | Mohamed Ahmed Mohmed | 15 | Telephonat B.N.S | NT |
| 6 | Fahd Amgd Albyaa | 15 | Raas El Bar Club | NT |
| Heat 2 of 9 Finals | | | | |
| 1 | Tony Ehab Youssef | 15 | Taleaa El Gish | NT |
| 2 | Hsn Hatem Ahmed Ibrahim | 15 | 6 OCT | 41.37 |
| 3 | Blal Mohamed Abd Elhamed | 15 | NASR | 40.55 |
| 4 | Mohamed Tarek Mohamed | 15 | ZOHUR | 40.12 |
| 5 | Mohmed Moataz Mahmoud | 15 | HELDO | 39.56 |
| 6 | Ahmed Mohamed Saleh | 15 | Cairo | 40.03 |
| 7 | Yassin Mohamed Fekry | 15 | ZOHUR | 40.35 |
| 8 | Sief Aldien Maged Hasan | 15 | M.S Tagamoa | 41.05 |
| 9 | Mohamed Ahmed Younes | 15 | Cairo | 45.62 |

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Heat 3 Finals (#137 Boys 15 Year Olds 50 LC Meter Backstroke)

| | | | | |
|----|--------------------------|----|----------------|-------|
| 1 | Mazn Haythim Ezzat | 15 | Taleaa El Gish | 37.60 |
| 2 | Mohamed aly Mahmod Omra | 15 | TANTA | 37.28 |
| 3 | Somow Eldeen Mohamed Esr | 15 | ZOHUR | 36.47 |
| 4 | Ali Fady Houssein | 15 | SHOOT | 36.44 |
| 5 | Mohamed Ahmed Ebrahim | 15 | ZMALK | 35.98 |
| 6 | Yousef Mohmed Hashem | 15 | MAY15 | 36.40 |
| 7 | Ziad Shref Housen | 15 | HELOP | 36.45 |
| 8 | Aly Osama Samer Eldhshan | 15 | GEZIR | 36.61 |
| 9 | Amr Hassan Mahmoud | 15 | RWAD | 37.51 |
| 10 | Ahmed Hossam | 15 | Cairo | 38.26 |

Heat 4 of 9 Finals

| | | | | |
|----|---------------------------|----|---------------|-------|
| 1 | Sife Eldin Mohamed Salem | 15 | ZMALK | 35.69 |
| 2 | Omar Sherif Mohamed Elnaq | 15 | GHABA | 35.55 |
| 3 | Yosef Ismail Atef | 15 | Canal El Suez | 35.14 |
| 4 | Ramez Mohamed Mahmoud | 15 | TALBE | 34.77 |
| 5 | Omar Ahmed Hussien | 15 | Cairo | 34.68 |
| 6 | Ziad Abdel Ghany Osman | 15 | RWAD | 34.74 |
| 7 | Abdel Rahman Mostafa Abde | 15 | RWAD | 34.79 |
| 8 | Karem amr Wafek | 15 | HELOP | 35.37 |
| 9 | Adham Ramy Yazed | 15 | HELOP | 35.67 |
| 10 | Mostafa Mohamed gad | 15 | HLWAN | 35.88 |

Heat 5 of 9 Finals

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Amr Mohamed Helmy Ibrahim | 15 | HELDO | 34.53 |
| 2 | Madih Mohamed Sobhi | 15 | TWFIK | 34.24 |
| 3 | Abdallah Ahmed Elsaid | 15 | Cairo | 34.11 |
| 4 | Mohamed Ahmed Elryas | 15 | ZMALK | 33.51 |
| 5 | Omar Alaa Eldin Wahba | 15 | SHAMS | 33.06 |
| 6 | Ahmed Gamal Mostafa | 15 | TALBE | 33.50 |
| 7 | Nour El Din Ahmed Salah Mo | 15 | MAADI | 33.89 |
| 8 | Ramy Kamel Mohamed Kame | 15 | RWAD | 34.13 |
| 9 | Mohamed Ahmed Galal | 15 | ZOHUR | 34.24 |
| 10 | ali Hany el Samra | 15 | HELOP | 34.59 |

Heat 6 of 9 Finals

| | | | | |
|----|--------------------------------|----|------------------|-------|
| 1 | Seif El Din Ashraf Abd El Azin | 15 | MAADI | 32.90 |
| 2 | Zeyad Ayman Fekry | 15 | AHLY | 32.79 |
| 3 | Salah Ahmed Nabil Abd ElHa | 15 | SHAMS | 32.77 |
| 4 | Aser Mohamed Mosaad | 15 | AHLY | 32.65 |
| 5 | Sief Mohamed Mahmohd | 15 | Baladyat El Maha | 32.39 |
| 6 | Abd El Rahman Mohamed Me | 15 | Smouha | 32.50 |
| 7 | Aly Hesham Alkabany | 15 | AHLY | 32.65 |
| 8 | Mahmoud Mohamed Shams I | 15 | SHOOT | 32.78 |
| 9 | Mohamed Ahmed Salem | 15 | GHABA | 32.81 |
| 10 | Almotz Bellah Housen Mohar | 15 | 6 OCT | 32.94 |

Heat 7 of 9 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Youssef Emad Hanafy Sayed | 15 | HELDO | 32.23 |
| 2 | Amar Yasser Mohmed | 15 | ZOHUR | 32.03 |
| 3 | Ahmed Ihab Ali | 15 | DEGLA | 31.95 |
| 4 | Yahia Ahmed Mohamed Mou | 15 | Smouha | 31.86 |
| 5 | Walid Salah Abdallah Khali | 15 | RWAD | 31.68 |
| 6 | Nour Eldin Ahmed Rady | 15 | AHLY | 31.70 |
| 7 | Abd Elrahman Ahmed Solima | 15 | Sporting | 31.94 |
| 8 | Islam EL Sayed Mabrouk | 15 | SHAMS | 31.96 |
| 9 | Yassin ali Mohamed Fayez Sa | 15 | DEGLA | 32.07 |
| 10 | Mohmed Gmal Abdelnaser At | 15 | 6 OCT | 32.35 |

Heat 8 of 9 Finals

| | | | | |
|----|-----------------------------|----|------------------|-------|
| 1 | Yousif Wael Hamed Elsaid | 15 | Smouha | 31.65 |
| 2 | Yousof Hazem Shebl Saleh | 15 | TANTA | 31.32 |
| 3 | Mostafa Magdy Nabil | 15 | AHLY | 31.20 |
| 4 | amr Tarek Alsaid Alaraby | 15 | Nasr City | 31.00 |
| 5 | Yousef Mohamed Abdel Halin | 15 | DEGLA | 30.87 |
| 6 | Yossif Serag Mahmoud Hassi | 15 | Nasr City | 30.88 |
| 7 | Yossif Mohamed Ahmed Sadk | 15 | Sporting | 31.07 |
| 8 | Omar Hany Mohamed Galal | 15 | Gezira El Ward | 31.22 |
| 9 | Ibrahim Yaser Abdel Monaer | 15 | Raas El Bar Club | 31.43 |
| 10 | Seif ELDein Ahmed Ebrahim F | 15 | SHAMS | 31.67 |

Heat 9 of 9 Finals

| | | | | |
|----|----------------------------|----|--------|-------|
| 1 | Yousif Mohamed Elsaied Ali | 15 | Smouha | 30.58 |
| 2 | Adham Mohamed Magdy Mal | 15 | MAADI | 30.46 |
| 3 | Ahmed Awny Glal Aly | 15 | 6 OCT | 30.02 |
| 4 | Omer Badr Kamel | 15 | SHOOT | 29.66 |
| 5 | Ahmed Hamdy Al Shaik | 15 | SHOOT | 29.16 |
| 6 | Marawan Ahmed Abdel Moez | 15 | DEGLA | 29.48 |
| 7 | Ahmed Hassan Alwan | 15 | ZMALK | 29.85 |
| 8 | Omar Ahmed Hegazy | 15 | TANTA | 30.19 |
| 9 | Ali Khaled Osama | 15 | DEGLA | 30.50 |
| 10 | Ahmed Tamer Mohamed | 15 | SHOOT | 30.73 |

Event 138 Boys 16 Year Olds 50 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|-----------------------------|----|------------------|-------|
| 2 | Omar Mohamed AlSayed Al A | 16 | Raas El Bar Club | NT |
| 3 | Belal Abd Elwadod Mohamed | 16 | RWAD | 38.06 |
| 4 | Hussin Hamdy Mohamed | 16 | HLWAN | 37.25 |
| 5 | Ahmed Moataz Kamel | 16 | SHOOT | 36.28 |
| 6 | Kareem Montaser | 16 | Cairo | 36.99 |
| 7 | Ziad Yaser Mansour Abd El H | 16 | MAADI | 37.68 |
| 8 | Mohamed Ahmed Mahmoud | 16 | HELOP | 38.93 |
| 9 | Khaled Reda Abdel Aziem | 16 | ELCTR | NT |

Heat 2 of 7 Finals

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Mohamed Akram Zakria Abd | 16 | Cairo | 36.21 |
| 2 | Mohamed Hossam Ali | 16 | ZMALK | 35.92 |
| 3 | Omar Mohamed Zakarya | 16 | TRSAN | 35.31 |
| 4 | Yosif Ahmed Saeed Daher | 16 | NASR | 35.23 |
| 5 | Omar Ahmed Ibrahim Eldeso | 16 | MAADI | 34.91 |
| 6 | Abd Elrahman Hany Moh. Ha: | 16 | GEZIR | 35.12 |
| 7 | Ali Maher Mahmoud | 16 | GHABA | 35.27 |
| 8 | Ahmed Allaa Said Ali | 16 | 6 OCT | 35.75 |
| 9 | Ahmed Mohamed Abdel Rahr | 16 | 6 OCT | 36.18 |
| 10 | Omar Ahmed Al Hossein Ali | 16 | SHOOT | 36.28 |

Heat 3 of 7 Finals

| | | | | |
|----|--------------------------|----|-------|-------|
| 1 | Ahmed Mohamed Ahmed Fat | 16 | SHOOT | 34.80 |
| 2 | Ali Ashraf Hussin | 16 | HELOP | 33.98 |
| 3 | Omar Ahmed Ragab | 16 | TANTA | 33.54 |
| 4 | Abdel Rahman Amr Mounir | 16 | MAADI | 33.41 |
| 5 | Ahmed Hesham Mostafa | 16 | SHOOT | 33.04 |
| 6 | Ahmed Mohamed Mostafa | 16 | TANTA | 33.15 |
| 7 | Yehya Waled Abdel Shafy | 16 | ZMALK | 33.46 |
| 8 | Omar Mohamed Gamal El Kh | 16 | TANTA | 33.76 |
| 9 | Yousef Yaser Abdel Kader | 16 | ZMALK | 34.30 |
| 10 | Mohamed Hisham Fouad | 16 | NASR | 34.82 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 4 Finals (#138 Boys 16 Year Olds 50 LC Meter Backstroke)

| | | | | |
|----|-----------------------------|----|-------|-------|
| 1 | Mohamed Maged Abdel Aziz | 16 | DEGLA | 32.77 |
| 2 | Locman Mostafa Abdel Sabou | 16 | TALBE | 32.58 |
| 3 | Ali Mohamed Refaat Abdel Re | 16 | HELDO | 32.09 |
| 4 | Omar Sameh Abd Al-Aziz Als | 16 | SHAMS | 31.88 |
| 5 | Selim Hamad | 16 | DEGLA | 31.81 |
| 6 | Karim Osama Khalifa | 16 | DEGLA | 31.87 |
| 7 | Omar Yasser Karam | 16 | Cairo | 31.96 |
| 8 | Omar Ahmed El Sherif | 16 | TANTA | 32.55 |
| 9 | Abdalla Mohamed Abdel Mor | 16 | ENPPI | 32.76 |
| 10 | Ali Mohamed Ali Makhoulouf | 16 | ZMALK | 32.83 |

Heat 5 of 7 Finals

| | | | | |
|----|-----------------------------|----|-------------|-------|
| 1 | Abdulrahman Mohamed Mah | 16 | Police Club | 31.71 |
| 2 | Mostafa Abou Elabas Youssef | 16 | BNKG | 31.63 |
| 3 | Zeyad Wahied Hamdy Tawfik | 16 | SHAMS | 31.35 |
| 4 | Mohamed Ashraf | 16 | Sporting | 31.09 |
| 5 | Zeyad Bassam Hussein | 16 | AHLY | 30.98 |
| 6 | Karim Adel Ahmed Bahgat | 16 | ZOHUR | 31.08 |
| 7 | Yousef Akram Hassan Afefe | 16 | HELOP | 31.19 |
| 8 | Ahmed Waled Ibrahim Salan | 16 | Smouha | 31.59 |
| 9 | Yahia Abd el Aaty Said | 16 | DEGLA | 31.63 |
| 10 | Omar Mohamed Abdelbaaqy | 16 | GHABA | 31.74 |

Heat 6 of 7 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Fahd Mohamed aly | 16 | Olympic | 30.82 |
| 2 | Keirlis Gamal Sophy | 16 | GHABA | 30.73 |
| 3 | Omar Sherif Sayed | 16 | ZMALK | 30.46 |
| 4 | Ali Mogeib Salah El Din | 16 | TALBE | 30.39 |
| 5 | Yosif Ahmed Abdel Mohssin | 16 | DEGLA | 30.19 |
| 6 | Mohamed Mostafa Ibrahim M | 16 | SHAMS | 30.36 |
| 7 | Ibrahim Mostafa Talaat | 16 | Smouha | 30.42 |
| 8 | Eyad Waleed Shanan | 16 | MAADI | 30.65 |
| 9 | Omar Ahmed El Faitory | 16 | Sporting | 30.77 |
| 10 | Adham Ahmed Hassan | 16 | AHLY | 30.92 |

Heat 7 of 7 Finals

| | | | | |
|----|----------------------------|----|---------------|-------|
| 1 | Ahmed Mohamed Abdel-Fatt | 16 | AHLY | 30.00 |
| 2 | Yousif Ashraf Madkour | 16 | Smouha | 29.64 |
| 3 | Kareem Husin Atia | 16 | TANTA | 29.29 |
| 4 | Mohamed Ahmed Abdel Haki | 16 | SHOOT | 28.98 |
| 5 | Waled Mohamed Sophy | 16 | Stad Mansoura | 28.29 |
| 6 | Yasin HossamEldin | 16 | Smouha | 28.44 |
| 7 | Yasen Amro Yasen Abd Elrah | 16 | GEZIR | 28.99 |
| 8 | Sohaib Khaled Emam | 16 | AHLY | 29.55 |
| 9 | Omar Mohamed Atef | 16 | AHLY | 29.76 |
| 10 | Amr Medhat Bader | 16 | Smouha | 30.14 |

Event 139 Girls 14 Year Olds 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|---------------------------|----|------------------|---------|
| 4 | Shahenda Hesham Helal | 14 | Raas El Bar Club | NT |
| 5 | Judy Hossam Eldin Abdelaz | 14 | Nasr City | 1:51.13 |
| 6 | Joumana Yaser Rifaat | 14 | SHOOT | 1:52.70 |
| 7 | Yasmin Ahmed El Tahlawy | 14 | AHLY | NT |

Heat 2 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Nadine Ahmed Abdel Maabou | 14 | Taleaa El Gish | 1:48.44 |
| 2 | Jana Mohamed Rashad | 14 | HLWAN | 1:43.21 |
| 3 | Gana Khaled Ali Ali | 14 | SHOOT | 1:40.93 |
| 4 | Sama Mohamed Sharaf | 14 | TALBE | 1:40.20 |
| 5 | Sara Sameh Awad Elsaid | 14 | RWAD | 1:38.93 |
| 6 | Hanan Aadelf Hossien | 14 | TALBE | 1:39.10 |
| 7 | Salma Abd Ella Abd Elhameer | 14 | TALBE | 1:40.38 |
| 8 | Shahd Akml Mohamed Moha | 14 | 6 OCT | 1:42.43 |
| 9 | Gana Mohamed abd el Salam | 14 | AHRAM | 1:43.31 |
| 10 | Malak Gamal Matwally | 14 | ZOHUR | 1:49.00 |

Heat 3 of 8 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Yara Waled Saed | 14 | TAGAM | 1:36.09 |
| 2 | Laila Tarek Bakry | 14 | HELOP | 1:35.90 |
| 3 | Jana Alaa | 14 | Sporting | 1:35.43 |
| 4 | Sarah Hesham Abd El Hamid | 14 | MAY15 | 1:35.18 |
| 5 | Habiba Mohamed Moustafa | 14 | HELOP | 1:34.76 |
| 6 | Haneen amr Abdelaziz | 14 | Cairo | 1:35.01 |
| 7 | Malak Hesham Ahmed | 14 | ZMALK | 1:35.22 |
| 8 | Farida Talaat Lotfy Singer | 14 | HELDO | 1:35.61 |
| 9 | Nour Mohamed Khairy Moha | 14 | DEGLA | 1:36.03 |
| 10 | Mariam Ahmed Mohamed Ta | 14 | SHOOT | 1:36.92 |

Heat 4 of 8 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Rokaya Khalid El Masry | 14 | Sporting | 1:34.13 |
| 2 | Jana Mohamed Elhalawany | 14 | DEGLA | 1:33.84 |
| 3 | Mariam Ahmed Mohamed | 14 | AHLY | 1:33.43 |
| 4 | Hana Hisham Mohamed Yous | 14 | Smouha | 1:32.93 |
| 5 | Zeina Tamer Zeinhoum | 14 | AHLY | 1:32.30 |
| 6 | Afrosena Sameh Kamel | 14 | AHRAM | 1:32.47 |
| 7 | Farida Medhat Samir | 14 | ZOHUR | 1:33.13 |
| 8 | Kenzy Amr El Sayed | 14 | TANTA | 1:33.81 |
| 9 | Esraa Nasser Mahdy | 14 | ZOHUR | 1:33.91 |
| 10 | Judy Awwad Mohamed | 14 | ZOHUR | 1:34.18 |

Heat 5 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Gana Mahmoud ali Agme | 14 | MARB | 1:31.03 |
| 2 | Donia Ebrahim Ebid | 14 | Sporting | 1:30.67 |
| 3 | Sara Mohamed Ezzat | 14 | HELOP | 1:30.32 |
| 4 | Gana Ashraf Abd El Hafez Mo | 14 | SHOOT | 1:29.88 |
| 5 | Sama Houssem Zahyan | 14 | ZMALK | 1:29.40 |
| 6 | Rana Walid Ahmed | 14 | SHOOT | 1:29.50 |
| 7 | Mona Mahmoud Abdalla | 14 | AHLY | 1:30.20 |
| 8 | Basmala Ahmed AbdElftah | 14 | Smouha | 1:30.38 |
| 9 | Nor Mahmoud Anbar | 14 | GHABA | 1:30.78 |
| 10 | Lamar Ebrahim Foaad | 14 | MARB | 1:32.22 |

Heat 6 of 8 Finals

| | | | | |
|----|-----------------------------|----|-----------|---------|
| 1 | Maryem Sobhy abd el Fatah | 14 | TRSAN | 1:29.30 |
| 2 | Goudy Ahmed Elsayed | 14 | AHLY | 1:28.80 |
| 3 | Shza Ahmed Hmdy Ahmed | 14 | 6 OCT | 1:28.23 |
| 4 | Zeina Bassem Ali | 14 | DEGLA | 1:28.16 |
| 5 | Nour Mohamed Fathy | 14 | SHOOT | 1:27.26 |
| 6 | Rawda Ashrif Ramdan | 14 | MAY15 | 1:27.91 |
| 7 | Fareh Shiref Hassan Ahmed / | 14 | SHAMS | 1:28.18 |
| 8 | Fdwa Amer Ahmed Rmdan | 14 | 6 OCT | 1:28.61 |
| 9 | Sara Saeid Fathy Elsaied | 14 | Nasr City | 1:29.15 |
| 10 | Reham Amr Basha | 14 | TANTA | 1:29.33 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 7 Finals (#139 Girls 14 Year Olds 100 LC Meter Breaststroke)

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Shams Anas Hessen Elsherif | 14 | SHAMS | 1:26.50 |
| 2 | Malak Khaled Ahmed Abdalla | 14 | DEGLA | 1:24.99 |
| 3 | Gana Mohamed Abd ElSamed | 14 | SHOOT | 1:24.46 |
| 4 | Gana Mohamed Ahmed Salan | 14 | GHABA | 1:24.10 |
| 5 | Nadin Ayman Hessien | 14 | DEGLA | 1:23.62 |
| 6 | Rewan Sherief Zayan | 14 | Olympic | 1:23.68 |
| 7 | Razan Mohamed Beshar Adb | 14 | DEGLA | 1:24.29 |
| 8 | Basmalah Gomaa Ali | 14 | Bank Ahly Alex | 1:24.79 |
| 9 | Sandra Medhat Mohamed | 14 | AHLY | 1:26.26 |
| 10 | Ganna Ahmed Yousof | 14 | TANTA | 1:27.13 |

Heat 8 of 8 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Rodaina Mohamed Mohamed | 14 | Nasr City | 1:23.53 |
| 2 | Mariam amr Mohamed | 14 | DEGLA | 1:22.58 |
| 3 | Maryam Emad Mohamed Elh | 14 | Gezira El Ward | 1:21.65 |
| 4 | Sara Elhamy Foad Abd El Sall | 14 | MAADI | 1:19.46 |
| 5 | Malak Mohamed Abbas Moha | 14 | MAADI | 1:18.93 |
| 6 | Goudy Abdelhalem Fathala Z | 14 | Bank Ahly Alex | 1:19.03 |
| 7 | Rawan Wael | 14 | AHLY | 1:20.16 |
| 8 | Nourhan Mohamed Moharan | 14 | TANTA | 1:22.12 |
| 9 | Farah Hassan Ragab | 14 | Y.M.C.A | 1:22.89 |
| 10 | Shahd Mohamed Ismael | 14 | Smouha | 1:23.56 |

Event 140 Girls 15 Year Olds 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|-------------------------|----|----------------|---------|
| 4 | Menha Magdy Mohamed Gad | 15 | Taleaa El Gish | NT |
| 5 | Gana Mohamed Ashraf | 15 | AHLY | 1:53.11 |
| 6 | Selen Shrif Hamed | 15 | ZMALK | 1:53.23 |
| 7 | Malak Qazzafi Shehata | 15 | GHABA | NT |

Heat 2 of 5 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | HanaYasser Hanfy Mohmed | 15 | HELDO | 1:46.34 |
| 2 | Nour Khaled Mohamed | 15 | SHOOT | 1:44.26 |
| 3 | Malak Sameh Nageb | 15 | HELOP | 1:41.92 |
| 4 | Hana Mohamed Amaar | 15 | TAGAM | 1:40.37 |
| 5 | Marim Wail Kamal Farag | 15 | SHOOT | 1:38.11 |
| 6 | Habiba Tarek Maher Fawzy | 15 | MAADI | 1:40.22 |
| 7 | Dana Mostafa Abdel Monieim | 15 | HELDO | 1:41.22 |
| 8 | Fareda Aly Mohamed Rezk | 15 | TANTA | 1:41.96 |
| 9 | Rodaina Mohamed Zaki | 15 | AHLY | 1:45.07 |
| 10 | Rahaf Ayman Aly | 15 | AHLY | 1:51.75 |

Heat 3 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Mayar Khaled Abdalla | 15 | AHLY | 1:36.66 |
| 2 | Omnia Mohamed Mostafa | 15 | HLWAN | 1:35.95 |
| 3 | Zeina Rafik Elsaady | 15 | DEGLA | 1:32.32 |
| 4 | Gana Ragab Ramdan | 15 | ZMALK | 1:31.14 |
| 5 | Fareda Yasser Mohamed Abd | 15 | 6 OCT | 1:30.79 |
| 6 | Alia Mohamed Soleman | 15 | ZMALK | 1:30.84 |
| 7 | Yara Mohamed Shaaban | 15 | RWAD | 1:31.65 |
| 8 | Farah Basem | 15 | DEGLA | 1:33.40 |
| 9 | Aya Mohamed Hosam Elden | 15 | 6 OCT | 1:36.33 |
| 10 | Wlaa Wahed | 15 | Taleaa El Gish | 1:37.02 |

Heat 4 of 5 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Mariam Safwat Saleh | 15 | ZOHUR | 1:28.99 |
| 2 | Habiba Mohamed Abdallah | 15 | DEGLA | 1:28.74 |
| 3 | Malak Yasser Mohamed Ham | 15 | DEGLA | 1:27.96 |
| 4 | Nour Yasser Ahmed | 15 | ZOHUR | 1:27.57 |
| 5 | Farida Tamer Farouk abd EIM | 15 | SHAMS | 1:25.53 |
| 6 | Mallk Mahmoud Fahmy | 15 | MAY15 | 1:27.38 |
| 7 | Salma Mohamedf Abdel Salar | 15 | HELDO | 1:27.84 |
| 8 | Jomana Ehab Shabana | 15 | Smouha | 1:28.17 |
| 9 | Lele Mohamed Mostafa | 15 | ENPPI | 1:28.86 |
| 10 | Alia Slah Elden Ahmed | 15 | HELOP | 1:30.47 |

Heat 5 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Lobna Ahmed Khalifa | 15 | Bank Ahly Alex | 1:23.51 |
| 2 | Karma Ahmed Nabil | 15 | SHOOT | 1:22.22 |
| 3 | Lian Shady Sabry | 15 | HELOP | 1:19.55 |
| 4 | Laila Ahmed Adel El Kholy | 15 | MAADI | 1:18.42 |
| 5 | Sara Soliman Said | 15 | AHLY | 1:13.96 |
| 6 | Rawan Tamer Mohamed | 15 | DEGLA | 1:14.47 |
| 7 | Gana Nasr El Din Ali | 15 | Sporting | 1:19.42 |
| 8 | Ngm Osama Mohamed Ahme | 15 | 6 OCT | 1:19.96 |
| 9 | Tasnem Mohamed Mohamed | 15 | Smouha | 1:22.67 |
| 10 | Dalya Ahmed Abdel Salam | 15 | MAY15 | 1:24.62 |

Event 141 Girls 16 Year Olds 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|---------------------------|----|-------------|---------|
| 3 | Mariam Madhat Moustafa | 16 | M.S Tagamoa | 1:46.91 |
| 4 | Hidy Mohamed Ramadan | 16 | TANTA | 1:37.46 |
| 5 | Amina Maged | 16 | Sporting | 1:35.75 |
| 6 | Gana Sayed Shaker | 16 | TRSAN | 1:36.90 |
| 7 | Mariam Mostafa Adnan Ahme | 16 | SHOOT | 1:45.57 |

Heat 2 of 4 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Malak Sameh Mohamed | 16 | AHLY | 1:34.45 |
| 2 | Nour Mohamed Abdel Fattah | 16 | HLWAN | 1:33.37 |
| 3 | Malak Hesham Samir | 16 | AHLY | 1:33.11 |
| 4 | Naghm Mohamed Slah | 16 | GHABA | 1:31.52 |
| 5 | Nourhan Essam El Din Fatthy | 16 | ZOHUR | 1:30.63 |
| 6 | Mennatullah Ashraf Mahmou | 16 | HELDO | 1:31.13 |
| 7 | Lougin Mohamed Gamal | 16 | DEGLA | 1:31.97 |
| 8 | Nada abd el Kader Ebrahim | 16 | Stad Mansoura | 1:33.24 |
| 9 | Yasmen Samer Mahmoud | 16 | AHLY | 1:34.37 |
| 10 | Yara Hatem Fouad Al Gamy | 16 | ZMALK | 1:35.51 |

Heat 3 of 4 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Habiba Khaled Ahmed | 16 | DEGLA | 1:29.84 |
| 2 | Lobna Hossam Mohamed | 16 | AHLY | 1:28.97 |
| 3 | Hana Ahmed Yousof | 16 | TANTA | 1:25.95 |
| 4 | Sohyla amr abd el Hakeem | 16 | Cairo | 1:24.70 |
| 5 | Malak Mohamed Ezzat Al Hac | 16 | 6 OCT | 1:24.27 |
| 6 | Maia Ashraf Hakam | 16 | DEGLA | 1:24.42 |
| 7 | Soaad Mohamed Elsaid Ibrah | 16 | Smouha | 1:24.72 |
| 8 | Hana Mohamed Ashour | 16 | HELOP | 1:26.30 |
| 9 | Mariam Yieha Hasan | 16 | HELOP | 1:29.48 |
| 10 | Salma Amro Moh. Abd Elfatal | 16 | GEZIR | 1:30.08 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 4 Finals (#141 Girls 16 Year Olds 100 LC Meter Breaststroke)

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Youmna Mohamed Seif El Din | 16 | TRSAN | 1:24.07 |
| 2 | Amina Ahmed El Sharkawy | 16 | Sporting | 1:23.32 |
| 3 | Alya Mostafa Mohamed | 16 | AHLY | 1:21.30 |
| 4 | Hoda Hosam Hosny | 16 | DEGLA | 1:20.75 |
| 5 | Dina Mosaad El Taiybe | 16 | Sporting | 1:16.26 |
| 6 | Habiba Hesham Mostafa Har | 16 | DEGLA | 1:19.58 |
| 7 | Toka Ahmed Khalifa Mohame | 16 | Bank Ahly Alex | 1:21.18 |
| 8 | Renada Ayman Ismail Emam | 16 | 6 OCT | 1:22.72 |
| 9 | Salma Sherif Hussien Moham | 16 | MAADI | 1:23.76 |
| 10 | Tasneem Mohamed Rashad | 16 | RWAD | 1:24.27 |

Event 142 Boys 14 Year Olds 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 10 Finals

| | | | | |
|---|-------------------------|----|----------------|----|
| 4 | Belal Tamer Abas | 14 | Canal El Suez | NT |
| 5 | Yehia Saied | 14 | Taleaa El Gish | NT |
| 6 | Zeyad Mohamed Saad Zaky | 14 | Olympic | NT |

Heat 2 of 10 Finals

| | | | | |
|---|----------------------------|----|----------------|---------|
| 1 | Mario John Nagey Fahmy | 14 | Taleaa El Gish | NT |
| 2 | Ahmed Mohamed Al Sayed | 14 | Canal El Suez | NT |
| 3 | Stephen Hany Samir Ramzy | 14 | Taleaa El Gish | 3:30.34 |
| 4 | Ahmed Reda Mahmoud | 14 | MAY15 | 3:30.30 |
| 5 | Mohamed Samir Abo ElFtooh | 14 | NASR | 3:22.31 |
| 6 | Mohamed Hatem Mohamed / | 14 | SHAMS | 3:28.60 |
| 7 | Youssef Medhat Abdelazim M | 14 | Taleaa El Gish | 3:30.34 |
| 8 | Youssef Ahmed El Tahlawy | 14 | AHLY | NT |
| 9 | Mohamed Tamer Fahmy | 14 | Canal El Suez | NT |

Heat 3 of 10 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Ziad Mohab Mostafa | 14 | TAGAM | 3:21.92 |
| 2 | Mostafa Mohamed Abdelatef | 14 | M.ARB | 3:19.54 |
| 3 | Batrek Ateef Gatas | 14 | ZMALK | 3:18.04 |
| 4 | Amen Ayman Amen | 14 | ZMALK | 3:15.95 |
| 5 | Yaser Ahmed Mohamed Bayo | 14 | MOSTA | 3:15.81 |
| 6 | Hossam Fahim Waled | 14 | TRSAN | 3:15.82 |
| 7 | Mohamed Hesham Ahmed Sa | 14 | Baladyat El Maha | 3:16.96 |
| 8 | Marwan Waled Salem | 14 | Canal El Suez | 3:18.04 |
| 9 | Youssef Hazm | 14 | Taleaa El Gish | 3:21.46 |
| 10 | Yossef Khaled Magdy Ibrahim | 14 | Taleaa El Gish | 3:21.94 |

Heat 4 of 10 Finals

| | | | | |
|----|-------------------------------|----|-------|---------|
| 1 | Yossef Moh. Shrif Moh. Elbari | 14 | GEZIR | 3:14.42 |
| 2 | Mohamed Hisham Mohamed | 14 | NASR | 3:13.45 |
| 3 | Mazen Gamal Abdallah | 14 | TALBE | 3:10.05 |
| 4 | Ahmed abd el Hady Hassan | 14 | ZMALK | 3:08.11 |
| 5 | ali Diaa el Gendy | 14 | HELOP | 3:07.42 |
| 6 | Omar Ehab Rida | 14 | SHOOT | 3:07.50 |
| 7 | Yehia SeifEL din EL Marghany | 14 | SHAMS | 3:09.89 |
| 8 | Hade Mohamed Saed | 14 | M.ARB | 3:10.58 |
| 9 | Nour el Sayed Kamal el din | 14 | TRSAN | 3:13.69 |
| 10 | Yossef Ahmed Galal | 14 | GHABA | 3:15.75 |

Heat 5 of 10 Finals

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Abd Alaa Hany Ahmed | 14 | SHOOT | 3:06.81 |
| 2 | Ahmed Sameh Adel | 14 | Cairo | 3:06.67 |
| 3 | Yasin Mohamed Abu Raya | 14 | TANTA | 3:05.84 |
| 4 | Adam amr Essam | 14 | HELOP | 3:03.71 |
| 5 | Hosam Eldien Shreef Mahmo | 14 | TWFIK | 3:01.48 |
| 6 | Mazen Ahmed Elsayed Helmy | 14 | Olympic | 3:01.82 |
| 7 | Yehia ali Mohsen | 14 | HELOP | 3:04.29 |
| 8 | Ziad Amr Samir | 14 | NASR | 3:06.12 |
| 9 | Yaseen Nabil Mohamed | 14 | ZMALK | 3:06.71 |
| 10 | Yasein Abdel Hady Ahamed A | 14 | HELDO | 3:06.99 |

Heat 6 of 10 Finals

| | | | | |
|----|------------------------------|----|-----------|---------|
| 1 | Belal Mohamed Abd El Aziz S | 14 | MAADI | 3:00.83 |
| 2 | Azz El Din Hany Nagy Ahmed | 14 | SHOOT | 2:59.75 |
| 3 | Mohamed Wael Abdala Abdel | 14 | Nasr City | 2:59.05 |
| 4 | Yahia Mostafa Gamal Eldeen ! | 14 | RWAD | 2:57.65 |
| 5 | Mostafa Magdi Mostafa | 14 | HLWAN | 2:56.95 |
| 6 | Abdalla Alaa Elden Fahmy | 14 | M.ARB | 2:57.31 |
| 7 | Omar Hazem | 14 | ZMALK | 2:58.38 |
| 8 | Mohamed Tarek Seiam | 14 | HELOP | 2:59.59 |
| 9 | Gaser Mohamed el Shahat | 14 | TRSAN | 3:00.41 |
| 10 | Ali Ahmed Abd el Monem Om | 14 | SHAMS | 3:01.11 |

Heat 7 of 10 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Omar Tamer Said AbdelElaziz | 14 | Smouha | 2:56.41 |
| 2 | Selim Ihab Ghali | 14 | DEGLA | 2:55.52 |
| 3 | Abdla Mohmd Ahmd Ali Alml | 14 | 6 OCT | 2:55.14 |
| 4 | Amr Maged Abdel Gawad | 14 | DEGLA | 2:54.52 |
| 5 | Seif Mostafa Elkady | 14 | AHLY | 2:54.17 |
| 6 | Seif Ahmed Ibrahim | 14 | DEGLA | 2:54.21 |
| 7 | Ahmed Hany Elbadwy | 14 | Stad Tanta | 2:54.56 |
| 8 | Abdlrhmn Amro Nshat Abdlg | 14 | 6 OCT | 2:55.16 |
| 9 | Mostafa Emad Mohamed Awc | 14 | Gezira El Ward | 2:56.26 |
| 10 | Marwan Mohamed Sabry | 14 | ENPPI | 2:56.56 |

Heat 8 of 10 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Ahmed Eslam Hossny | 14 | DEGLA | 2:53.29 |
| 2 | Ahmed Mohamed Ahmed Elk | 14 | Al Hawar | 2:52.65 |
| 3 | Adham Hesham Mohmed abc | 14 | SHOOT | 2:50.72 |
| 4 | Yassin Hisham Nour | 14 | Smouha | 2:50.62 |
| 5 | Yassin Moataaz Zakaria | 14 | AHLY | 2:48.38 |
| 6 | Mohamed Emad Shaaban | 14 | AHLY | 2:50.33 |
| 7 | Abdalla Gasser AbdelLatif | 14 | AHLY | 2:50.69 |
| 8 | Abd EL Rahman Yaser Mohi E | 14 | HELOP | 2:51.66 |
| 9 | Omar Hatem Hassan | 14 | ZOHUR | 2:52.70 |
| 10 | Youssef Tamer Mohamed Har | 14 | DEGLA | 2:53.54 |

Heat 9 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Badr Ahmed Mohamed Anis | 14 | Olympic | 2:46.84 |
| 2 | Belal Mohamed Abdel Wahab | 14 | DEGLA | 2:46.02 |
| 3 | Mohamed Salem Essa | 14 | HELOP | 2:45.63 |
| 4 | Mohamed LiwaaEldin Ali | 14 | Smouha | 2:44.98 |
| 5 | Youssef Ehab Mostafa | 14 | AHLY | 2:44.44 |
| 6 | Ali Mohamed Ali Hasan El | 14 | Bank Ahly Alex | 2:44.86 |
| 7 | abd Elrahman Mohamed Bad | 14 | TRSAN | 2:45.45 |
| 8 | Nour El Din Ayman | 14 | Sporting | 2:45.70 |
| 9 | Adhm Montser Kmaal | 14 | SHOOT | 2:46.76 |
| 10 | Omar Walid Mamdouh Al Khc | 14 | MAADI | 2:47.96 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 10 Finals (#142 Boys 14 Year Olds 200 LC Meter Breaststroke)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Eazz El Din Mohamed Khami: | 14 | Sporting | 2:43.44 |
| 2 | Darren Dimitrios Chin | 14 | Sporting | 2:42.46 |
| 3 | Yousof Hesham Anwer | 14 | TANTA | 2:41.46 |
| 4 | Karim Mohamed El Gharabav | 14 | ZOHUR | 2:38.37 |
| 5 | Mohamed Mashhour Yehia | 14 | AHLY | 2:32.04 |
| 6 | Yousef Adel Ramadan | 14 | SHAMS | 2:37.21 |
| 7 | Ahmed Emad Samir Hassan | 14 | HELDO | 2:40.87 |
| 8 | Ahmade Hamed Abbaas | 14 | TALBE | 2:41.52 |
| 9 | Ahmed Amr Magdy | 14 | SHOOT | 2:42.83 |
| 10 | Mohamed Mahmoud Attia | 14 | DEGLA | 2:43.65 |

Event 143 Boys 15 Year Olds 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|-------------------------|----|------------------|----|
| 4 | Yousef Waleed El Dawy | 15 | DEGLA | NT |
| 5 | Mohamed Amro Hagag | 15 | Raas El Bar Club | NT |
| 6 | Mohamed Ibrahim Mohamed | 15 | ELCTR | NT |

Heat 2 of 6 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Ahmed Walid Hamdy | 15 | AHRAM | 3:16.50 |
| 2 | Ahmed Ezzat Othman Mohan | 15 | Al Hawar | 3:14.62 |
| 3 | Mohmed Tamer Samer Moha | 15 | 6 OCT | 3:11.59 |
| 4 | Ahmed Nasr Mansour | 15 | SHOOT | 3:06.50 |
| 5 | Abanop Mohsen | 15 | HELOP | 3:01.17 |
| 6 | Yassin Amro Mohamed Badr | 15 | SHOOT | 3:05.22 |
| 7 | Abd El Rahman Mohamed Ab | 15 | Al Hawar | 3:09.07 |
| 8 | Ahmed Abdel Samad Ali | 15 | MAY15 | 3:12.41 |
| 9 | Yassin Ihab Mamdouh | 15 | Taleaa El Gish | 3:15.02 |
| 10 | Esmail Shref Adel | 15 | HELOP | 3:20.76 |

Heat 3 of 6 Finals

| | | | | |
|----|--------------------------|----|------------------|---------|
| 1 | Abd Elrahman Hany Ahmed | 15 | SHOOT | 3:00.61 |
| 2 | Yasen Ahmed Hamed | 15 | HELOP | 2:58.51 |
| 3 | Belal Mohamed Youns Mohm | 15 | 6 OCT | 2:54.58 |
| 4 | Mahmoudm Tariq Mahmou | 15 | Taleaa El Gish | 2:53.90 |
| 5 | Hesham Mohamed Mhmoud A | 15 | 6 OCT | 2:53.08 |
| 6 | Braa Ayman Ali | 15 | ZOHUR | 2:53.32 |
| 7 | Yosif Khaled | 15 | NASR | 2:54.24 |
| 8 | Ahmed Akram Hamdy Mohar | 15 | NASR | 2:54.79 |
| 9 | Ali Ahmed Abdalla Ali | 15 | ENPPI | 2:58.76 |
| 10 | Mohamed Naser Saad | 15 | Baladyat El Maha | 3:01.12 |

Heat 4 of 6 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Ali Tarak Taha | 15 | ENPPI | 2:52.51 |
| 2 | Mazen Ismail Mohamed Isma | 15 | MAADI | 2:51.81 |
| 3 | Ahmed Tarek Ali Mostafa | 15 | SHAMS | 2:51.49 |
| 4 | Omar Mohamed Mahmud Iss | 15 | HLWAN | 2:49.97 |
| 5 | Mohamed Khaled Adb Elhake | 15 | SHOOT | 2:46.90 |
| 6 | Abdelrahman Alaaeldin | 15 | AHLY | 2:47.43 |
| 7 | Abdallah Ahmed Mohamed | 15 | ZOHUR | 2:51.01 |
| 8 | Bahy Mohy Mohamed | 15 | ZMALK | 2:51.56 |
| 9 | Mohamed Ahmed Gamal | 15 | SHOOT | 2:52.00 |
| 10 | Mohamed Ramy | 15 | GHABA | 2:52.52 |

Heat 5 of 6 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Mohamed Hisham Beshr | 15 | DEGLA | 2:46.14 |
| 2 | Moaaz Amr Gamal | 15 | AHLY | 2:46.01 |
| 3 | Anas Moustafa Al Sayed Bayo | 15 | HELDO | 2:44.93 |
| 4 | Mohamed Ahmed Elryas | 15 | ZMALK | 2:43.87 |
| 5 | Ali Mahmoud Salah ElDein Ze | 15 | SHAMS | 2:42.82 |
| 6 | Khaled Hammad Mohamed | 15 | DEGLA | 2:43.14 |
| 7 | Moahamed Sameh Moustafa l | 15 | MAADI | 2:44.18 |
| 8 | Omar Ehab Elfaham | 15 | Sporting | 2:46.00 |
| 9 | Abd Elrhman Adel | 15 | GHABA | 2:46.08 |
| 10 | Yousif Ahmed Hamdy Borhan | 15 | Smouha | 2:46.32 |

Heat 6 of 6 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Zeyad Karm Mohamdeen | 15 | AHLY | 2:40.98 |
| 2 | Ahmed Ehab AbdElhamed Ar | 15 | Smouha | 2:39.41 |
| 3 | Ahmed Mohamed El Menyaw | 15 | DEGLA | 2:37.37 |
| 4 | Omar Khaled Moustafa Al Ha | 15 | MAADI | 2:34.24 |
| 5 | Selim Moh. Ahm. Moktar Has | 15 | GEZIR | 2:29.68 |
| 6 | Ali El Din Tamer Mohamed Ri | 15 | TANTA | 2:32.69 |
| 7 | Eyad Osama Ramadan | 15 | AHLY | 2:37.11 |
| 8 | Mahmoud Maged Abo el Ela | 15 | DEGLA | 2:37.55 |
| 9 | Ahmed Mohamed Amr | 15 | ZOHUR | 2:40.54 |
| 10 | Abdelrahman Ashraf Abdelat | 15 | AHLY | 2:41.21 |

Event 144 Boys 16 Year Olds 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|---------------------------|----|-------|---------|
| 4 | Ahmed Wael Yahya Moustafa | 16 | ZMALK | NT |
| 5 | Ahmed Maged Mohamed | 16 | ZMALK | 3:19.52 |
| 6 | Marwan Khalied Mohamed Si | 16 | ZMALK | 3:21.78 |

Heat 2 of 6 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mohamed Ahmed Atta | 16 | SHOOT | 3:14.54 |
| 2 | Abdelrhman Ashrf Sayed Ami | 16 | Taleaa El Gish | 3:12.79 |
| 3 | Abdelrahman Ezzelden Sayd | 16 | M.ARB | 3:10.11 |
| 4 | Omar Hosam El Din Mohame | 16 | SHOOT | 3:08.65 |
| 5 | Rashed Hany Ramadan | 16 | RWAD | 3:03.64 |
| 6 | Mohamed Khaled Mohmd Ka | 16 | SHOOT | 3:05.41 |
| 7 | Ahmed Ehab Fayz | 16 | RWAD | 3:08.94 |
| 8 | Youssef Mohamed Tawfik Ebr | 16 | Nasr City | 3:10.44 |
| 9 | Peiar Eid Rady | 16 | ZMALK | 3:13.53 |
| 10 | Ahmed Hamdy Mohamed ali | 16 | HLWAN | 3:15.53 |

Heat 3 of 6 Finals

| | | | | |
|----|------------------------------|----|-------|---------|
| 1 | Yousef Khaled Salah El Din | 16 | ZOHUR | 2:56.80 |
| 2 | Yassin Mohamed Mostafa | 16 | ZMALK | 2:54.16 |
| 3 | abd Rahman Tamer Ismail | 16 | SHOOT | 2:51.56 |
| 4 | Hazem Amr Mohamed | 16 | AHLY | 2:49.94 |
| 5 | Mohab Ahmed Elsisi | 16 | TWFIK | 2:48.77 |
| 6 | Omar Tamer Hassan | 16 | AHLY | 2:49.30 |
| 7 | Ali Khaled Mohamed Mahmo | 16 | RWAD | 2:51.45 |
| 8 | Yassin Sherif Zakaria Soulim | 16 | 6 OCT | 2:54.00 |
| 9 | Aly Haytham Fouad Helmy | 16 | BNK.G | 2:55.52 |
| 10 | Zeyad Taha Dabor | 16 | TANTA | 2:57.39 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 4 Finals (#144 Boys 16 Year Olds 200 LC Meter Breaststroke)

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Mazen Mohamed Elwakel | 16 | Smouha | 2:47.83 |
| 2 | Omar Mohamed Abdel Mona | 16 | SHOOT | 2:47.37 |
| 3 | Mohamed Youssry Hussion | 16 | MAY15 | 2:46.82 |
| 4 | Omar Mostafa Abdelmohsen | 16 | MAADI | 2:45.76 |
| 5 | Ahmed Sameh Saed Mohame | 16 | Bank Ahly Alex | 2:45.05 |
| 6 | Mostafa Ashraf Awad Allah | 16 | Olympic | 2:45.12 |
| 7 | Ahmed Sameh Awad | 16 | RWAD | 2:45.86 |
| 8 | Mohamed Rizk Hassan Rizk | 16 | Sporting | 2:47.34 |
| 9 | Seif El Din Sameh Mostafa Ab | 16 | AHRAM | 2:47.76 |
| 10 | Zeiad Osama Fattthy Abdel Ha | 16 | TRSAN | 2:48.56 |

Heat 5 of 6 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Mohamed Medhat | 16 | DEGLA | 2:43.98 |
| 2 | Morad Yaser Hafez | 16 | DEGLA | 2:42.92 |
| 3 | Abdelrahman Khaled Mohme | 16 | DEGLA | 2:40.36 |
| 4 | Ali Khaled Ahmed Mostafa | 16 | GHABA | 2:39.73 |
| 5 | Hazem Shirif Elsiad AbdElm | 16 | Smouha | 2:38.30 |
| 6 | Ahmed Osama Mohamed | 16 | Cairo | 2:38.70 |
| 7 | Zeyad Tamer Hussein | 16 | AHLY | 2:40.35 |
| 8 | Gamal Metwaly Gamal Mohar | 16 | ZOHUR | 2:41.07 |
| 9 | Ziyad Ashraf Osman Taher | 16 | Sporting | 2:42.99 |
| 10 | Youssef Hamdy Mahmoud | 16 | AHLY | 2:44.95 |

Heat 6 of 6 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Amr Mostafa Kodb | 16 | Smouha | 2:37.18 |
| 2 | Ahmed Ismail Mohamed Ism: | 16 | MAADI | 2:34.30 |
| 3 | Karim Mohamed Samy | 16 | AHLY | 2:34.23 |
| 4 | Mohamed Ashraf Fouad Hass | 16 | 6 OCT | 2:31.42 |
| 5 | Saif EIDIn Sameh A.Elmoaez | 16 | DEGLA | 2:30.49 |
| 6 | Saif Ahmed abd Elmoniem Er | 16 | SHAMS | 2:30.81 |
| 7 | Abdalah Waled el Said | 16 | Sporting | 2:32.87 |
| 8 | Adham Hisham Nor | 16 | Smouha | 2:34.27 |
| 9 | Mohamed Mhmod Mohamed | 16 | Smouha | 2:34.66 |
| 10 | Ramiz Elsaedy Abdoh | 16 | DEGLA | 2:37.22 |

Event 145 Girls 14 Year Olds 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------------|-----|----------|-----------|
| Heat 1 of 4 Finals | | | | |
| 4 | Afrosena Sameh Kamel | 14 | AHRAM | 11:56.96 |
| 5 | Goudy Wael Ahmed Abd EL M | 14 | SHAMS | 11:17.58 |
| 6 | Lana Yasir Mohamed Gamal | 14 | SHOOT | 11:34.54 |
| Heat 2 of 4 Finals | | | | |
| 1 | Sama Wael Mohamed EL Had | 14 | SHAMS | 11:16.34 |
| 2 | Mayar Abdelazem Ahmed | 14 | M.ARB | 11:06.29 |
| 3 | Kenzy Mohammed Farook M | 14 | Al Hawar | 10:59.23 |
| 4 | Marim Ahmed Farouk | 14 | AHRAM | 10:53.39 |
| 5 | Gana Mohamed Abdelsamea | 14 | M.ARB | 10:42.47 |
| 6 | Reem Mohamed Ibrahim | 14 | ZMALK | 10:44.66 |
| 7 | Aya Ashrf Ahmed Mohmed Al | 14 | 6 OCT | 10:56.63 |
| 8 | Berehan Khaled Khalaf | 14 | DEGLA | 11:05.61 |
| 9 | Zahwa Elhoussin Mohamed | 14 | DEGLA | 11:10.93 |

Heat 3 of 4 Finals

| | | | | |
|----|----------------------------|----|---------------|----------|
| 1 | Karema Khaled Elbahnsy | 14 | Stad Mansoura | 10:39.45 |
| 2 | Malak Mohamed Sayed Khalii | 14 | DEGLA | 10:37.12 |
| 3 | Malak Sameh Abd Elaziz | 14 | GHABA | 10:30.83 |
| 4 | Joudy Ahmed Mohamed Nou | 14 | MAY15 | 10:24.04 |
| 5 | Joudy Mohamed Aly | 14 | Sporting | 10:15.79 |
| 6 | Maryem Sobhy abd el Fatah | 14 | TRSAN | 10:18.14 |
| 7 | Salma Khaled Elsayed | 14 | DEGLA | 10:24.40 |
| 8 | Jana Hassan Abdel Fattah | 14 | DEGLA | 10:34.19 |
| 9 | Fdwa Amer Ahmed Rmdan | 14 | 6 OCT | 10:39.28 |
| 10 | Lougin Adel Mohamed | 14 | AHLY | 10:40.19 |

Heat 4 of 4 Finals

| | | | | |
|----|---------------------------|----|----------------|----------|
| 1 | Goumana Tarek Yehia | 14 | AHLY | 10:06.64 |
| 2 | Nour Ahmed aly Elsheshtaw | 14 | Gezira El Ward | 10:02.48 |
| 3 | Malak Ahmed Helmy | 14 | AHLY | 9:57.02 |
| 4 | Mena Tarek Aly | 14 | AHLY | 9:52.12 |
| 5 | Zaina Mohamed Haitham Has | 14 | SHOOT | 9:30.47 |
| 6 | Sara Mohamed Bhaa | 14 | HELOP | 9:39.06 |
| 7 | Kenzi Magdy Elshahat | 14 | Elethead | 9:53.26 |
| 8 | Habeba Maysara Abdelhamec | 14 | M.ARB | 10:01.19 |
| 9 | Basant Ibrahim Mahmood | 14 | Gezira El Ward | 10:02.74 |
| 10 | Salma Ahmed ali Mostafa | 14 | GHABA | 10:10.55 |

Event 146 Girls 15 Year Olds 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|---------------------------|------------------------------|-----|----------------|-----------|
| Heat 1 of 3 Finals | | | | |
| 2 | Sara Samir Sedky | 15 | DEGLA | 11:45.13 |
| 3 | Hana Mohie el den Osman | 15 | HELOP | 11:08.13 |
| 4 | Fareda Aly Mohamed Rezk | 15 | TANTA | 10:58.34 |
| 5 | Monika Ayman Raaouf Eriyar | 15 | SHAMS | 10:46.41 |
| 6 | Malak Mohamed abd el Kerin | 15 | ZMALK | 10:52.79 |
| 7 | Malak Ahmed Zahran | 15 | Al Hawar | 10:59.14 |
| 8 | Halaa Samy Yahya | 15 | SHAMS | 11:16.59 |
| 9 | Malak Amr Hassan Allam | 15 | SHOOT | NT |
| Heat 2 of 3 Finals | | | | |
| 1 | Salma Waled | 15 | Smouha | 10:40.75 |
| 2 | Mariam Ebrahim ElShazly | 15 | Sporting | 10:37.22 |
| 3 | Shorouk Mohamed Belal | 15 | AHLY | 10:30.81 |
| 4 | Gannat Allah Alaa El Din Ahr | 15 | ENPPI | 10:23.64 |
| 5 | Menat Allah Yousry Zakaria | 15 | TANTA | 10:15.29 |
| 6 | Malak Ahmed Nagy Ali | 15 | HELDO | 10:23.19 |
| 7 | Merna Mohamed adb Elhady | 15 | ZMALK | 10:28.01 |
| 8 | Alyaa Mhmoud Kmal Hsn | 15 | 6 OCT | 10:31.48 |
| 9 | Shahd Hany Hussein Darwisf | 15 | SHAMS | 10:38.09 |
| 10 | Dalya Ahmed Abdel Salam | 15 | MAY15 | 10:44.64 |
| Heat 3 of 3 Finals | | | | |
| 1 | Marim Mhmod Elsaid Elshik | 15 | Smouha | 10:00.23 |
| 2 | Maya Osama Handosa | 15 | Al Hawar | 9:53.73 |
| 3 | Mariam Hesham Mohamed | 15 | AHLY | 9:51.52 |
| 4 | Aisha Ahmed Nabil | 15 | AHLY | 9:45.43 |
| 5 | Loujin Abd Alla Slah Zkey | 15 | 6 OCT | 9:26.61 |
| 6 | Kanzy Ibrahim Zaid | 15 | Al Hawar | 9:38.73 |
| 7 | Shahd Sameh Safouat Shaaba | 15 | HELDO | 9:49.56 |
| 8 | Hana Aly Mahmoud | 15 | AHLY | 9:52.42 |
| 9 | Malak Mohamed Abd El Gabe | 15 | Bank Ahly Alex | 9:57.70 |
| 10 | Salma Ahmed Mohamed Ram | 15 | DEGLA | 10:04.12 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 147 Girls 16 Year Olds 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|-------------------------|----|----------|----------|
| 1 | Zina Ahmed Nabil | 16 | Sporting | 11:34.22 |
| 2 | Noureen Alaa Azouz | 16 | AHLY | 10:59.73 |
| 3 | Lina Ahmed Abu El Khair | 16 | Sporting | 10:56.42 |
| 4 | Jana Amr Adel Ahmed | 16 | Sporting | 10:38.89 |
| 5 | Bsmala Hassan Mohamed | 16 | M.ARB | 10:35.86 |
| 6 | Mariam Essam Mohamed Sa | 16 | SHOOT | 10:38.75 |
| 7 | Hana Tarek Fared | 16 | SHOOT | 10:48.87 |
| 8 | Mariam Mohamed Osama Mc | 16 | SHOOT | 10:57.86 |
| 9 | Kenzy Tamer Farouk | 16 | DEGLA | 11:02.47 |

Heat 2 of 3 Finals

| | | | | |
|----|-------------------------------|----|----------------|----------|
| 1 | Ranheil Moaataz Ballah Ali Ib | 16 | ZMALK | 10:29.74 |
| 2 | Gana Emad Gaad Hosny | 16 | SHAMS | 10:22.17 |
| 3 | Sara Hossam Eldin Mahmoud | 16 | AHLY | 10:14.15 |
| 4 | Toka Ahmed Khalifa Mohame | 16 | Bank Ahly Alex | 10:09.18 |
| 5 | Yara Mahmoud Abdo Mosa | 16 | Al Hawar | 10:06.35 |
| 6 | Youmna Mohamed Mahmoud | 16 | SHAMS | 10:08.63 |
| 7 | Rodaina Wael Mohamed | 16 | RWAD | 10:12.28 |
| 8 | Nourhan Raafat Elsaid | 16 | AHLY | 10:17.12 |
| 9 | Malak Mohamed Ezzat Al Hac | 16 | 6 OCT | 10:29.27 |
| 10 | Souhaila Moahmed Mahmou | 16 | SHOOT | 10:32.02 |

Heat 3 of 3 Finals

| | | | | |
|----|-----------------------------|----|----------------|----------|
| 1 | Amany Mahmoud Basheir | 16 | Gezira El Ward | 9:58.05 |
| 2 | Shad Ahmed Deiaa | 16 | Stad Mansoura | 9:57.33 |
| 3 | Amina Ahmed El Sharkawy | 16 | Sporting | 9:54.98 |
| 4 | Salma Mohamed Ibrahim Has | 16 | SHAMS | 9:47.70 |
| 5 | Salma Hany Mostafa Abdelka | 16 | MAADI | 9:21.46 |
| 6 | Farida Tharwat Maher | 16 | AHLY | 9:29.89 |
| 7 | Nadin Adam Ahmed Foad Mo | 16 | SHAMS | 9:52.64 |
| 8 | Sohaaila Ahmed Hamdy Bauc | 16 | 6 OCT | 9:56.86 |
| 9 | Rawan Mostafa | 16 | DEGLA | 9:57.41 |
| 10 | Mayar Hassan Aly EL Sharkav | 16 | SHAMS | 10:05.16 |

Event 148 Boys 14 Year Olds 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|--------------------------|----|-------|---------|
| 3 | Ammar Mohamed el Gnedey | 14 | TRSAN | NT |
| 4 | Mrawan Mahmoud Ahmed | 14 | TALBE | 6:25.24 |
| 5 | Yousf Aymn Ebrahim Ahmed | 14 | 6 OCT | 6:13.91 |
| 6 | Mostafa Mohamed Mourad | 14 | DEGLA | 6:19.43 |
| 7 | Ahmed Adel Eshak | 14 | DEGLA | NT |

Heat 2 of 5 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Ali Mohamed Mousa | 14 | TANTA | 5:55.45 |
| 2 | Omar Hatem Hassan | 14 | ZOHUR | 5:50.55 |
| 3 | Abd El Monaem Mahmoud Al | 14 | ZOHUR | 5:49.60 |
| 4 | Mohamed Hassan Hafez | 14 | AHLY | 5:43.33 |
| 5 | Ali Nader Ali Mohamed | 14 | DEGLA | 5:40.56 |
| 6 | Omar Tarek Omar el Koly | 14 | Al Hawar | 5:40.58 |
| 7 | Abdla Mohmd Ahmd Ali Almi | 14 | 6 OCT | 5:43.93 |
| 8 | Abdalla Mohamed Hassan | 14 | AHLY | 5:50.23 |
| 9 | Moaz Nasser Eid Abd Allah | 14 | TALBE | 5:51.65 |
| 10 | Ahmed Moustafa Zakrya | 14 | ZMALK | 6:07.09 |

Heat 3 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Mohammed Abdel Monem M | 14 | RWAD | 5:37.22 |
| 2 | Yehia Mohamed Saad Eldin | 14 | DEGLA | 5:34.14 |
| 3 | Kareem Mohamed Fouad Alg | 14 | TWFIK | 5:32.71 |
| 4 | Ahmade Hamed Abbaas | 14 | TALBE | 5:30.99 |
| 5 | Moamen Khalid Mohamed | 14 | ZMALK | 5:28.74 |
| 6 | Mostafa Emad Mohamed Aw | 14 | Gezira El Ward | 5:30.67 |
| 7 | Abd El Rahman Mohamed Fai | 14 | SHOOT | 5:32.13 |
| 8 | Adham Mhammed Arafa Has | 14 | Al Hawar | 5:33.38 |
| 9 | Yassin Moaataz Zakaria | 14 | AHLY | 5:34.69 |
| 10 | Adham Mohamed Elarby | 14 | Smouha | 5:37.43 |

Heat 4 of 5 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Omar Ahmed Hassan Ryaan | 14 | SHAMS | 5:28.36 |
| 2 | Ahmed Amr Magdy | 14 | SHOOT | 5:27.01 |
| 3 | Iyad Mohamed Abdel Azem e | 14 | Al Hawar | 5:26.21 |
| 4 | Marawan Emad Hamed | 14 | AHLY | 5:23.01 |
| 5 | Marwan Mostafa Mohamed M | 14 | Smouha | 5:22.00 |
| 6 | Yousf Mohamed Mdht Mohme | 14 | 6 OCT | 5:22.56 |
| 7 | Mohaned LiwaaEldin Ali | 14 | Smouha | 5:24.23 |
| 8 | Ahmed Hesham Mohsen | 14 | AHLY | 5:26.91 |
| 9 | Ziyad Walid Nabiil | 14 | Sporting | 5:28.31 |
| 10 | Omar Mohsen Ramdan AbdE | 14 | Smouha | 5:28.54 |

Heat 5 of 5 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Seif Walaa Antar | 14 | DEGLA | 5:19.86 |
| 2 | Ahmed Ayman Ali Mohamed | 14 | SHAMS | 5:13.50 |
| 3 | ali Mohamed Sarwat | 14 | HELOP | 5:10.28 |
| 4 | Ahmed Mohamed Moharam | 14 | Mansoura | 5:04.27 |
| 5 | Mohamed Hany Elsayed | 14 | AHLY | 5:03.86 |
| 6 | Ali Mohamed Ali Hasan El | 14 | Bank Ahly Alex | 5:04.26 |
| 7 | Nour El Din Ayman | 14 | Sporting | 5:08.89 |
| 8 | Yousef Adel Ramadan | 14 | SHAMS | 5:11.70 |
| 9 | Youssef Ehab Mostafa | 14 | AHLY | 5:14.94 |
| 10 | Tamem Mohamed Tantawy | 14 | Sporting | 5:20.40 |

Event 149 Boys 15 Year Olds 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|---------------------------|----|--------|---------|
| 4 | Yossef Mohamed Bahgt | 15 | SHOOT | NT |
| 5 | Youssef Ahmed Taha | 15 | ZMALK | 6:03.21 |
| 6 | Adel Mohamed Adel | 15 | RWAD | 6:18.54 |
| 7 | Omar Mohamed Mostafa Elsa | 15 | Smouha | NT |

Heat 2 of 4 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Yousif Ahmed Hamdy Borhan | 15 | Smouha | 5:45.81 |
| 2 | Fares Ramy gad Allah | 15 | HELOP | 5:33.43 |
| 3 | Omar Ehab Elfaham | 15 | Sporting | 5:31.93 |
| 4 | Hesham Mohamed Mhmoud A | 15 | 6 OCT | 5:31.01 |
| 5 | Saad Elden Saeed Saad | 15 | Sporting | 5:23.28 |
| 6 | Seif ElIslam Ahmed Mahmou | 15 | SHAMS | 5:30.91 |
| 7 | Adam Samer AbdElghany Mg | 15 | Smouha | 5:31.81 |
| 8 | Esmail Shref Adel | 15 | HELOP | 5:32.60 |
| 9 | Hussen Ahm. Bahaa Eldin Far | 15 | GEZIR | 5:43.41 |
| 10 | Yousef Ayman Mohamed Lotf | 15 | SHAMS | 5:53.56 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#149 Boys 15 Year Olds 400 LC Meter IM)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Aly Hesham Alkabany | 15 | AHLY | 5:18.63 |
| 2 | Ahmed Wael Ibrahim | 15 | DEGLA | 5:15.35 |
| 3 | Yasin Alaa Ibrahim Elbieh | 15 | Smouha | 5:12.61 |
| 4 | Mooataz Tarek Ibrahim Moha | 15 | AHLY | 5:09.58 |
| 5 | Omr Mohamed Salah Moshly | 15 | 6 OCT | 5:08.12 |
| 6 | Yassin Esam El Din | 15 | Sporting | 5:09.40 |
| 7 | Youssef Magdy Elhady | 15 | AHLY | 5:10.06 |
| 8 | Ali El Din Tamer Mohamed R | 15 | TANTA | 5:13.69 |
| 9 | Ismael Ahmed Refaat | 15 | Sporting | 5:18.60 |
| 10 | Abdelrahman Ashraf Abdelat | 15 | AHLY | 5:22.94 |

Heat 4 of 4 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Houssen Talal Houssen Sayd | 15 | 6 OCT | 5:07.77 |
| 2 | Ahmed Ehab Abdelhamed Ar | 15 | Smouha | 5:06.13 |
| 3 | Yousef Mohamed Abdel Halin | 15 | DEGLA | 5:04.69 |
| 4 | Mohamed Mostafa Mohamed | 15 | DEGLA | 5:01.83 |
| 5 | Selim Moh. Ahm. Moktar Has | 15 | GEZIR | 4:41.79 |
| 6 | Seif Ahmed Hegazy | 15 | AHLY | 4:53.95 |
| 7 | Yasen Abdelaziz Mohsen Abe | 15 | 6 OCT | 5:02.53 |
| 8 | Ahmed Tarek Mohamed | 15 | SHOOT | 5:04.76 |
| 9 | Omer Badr Kamel | 15 | SHOOT | 5:06.27 |
| 10 | Yasin Hatem Sery | 15 | HELOP | 5:07.86 |

Event 150 Boys 16 Year Olds 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|---------------------------|----------------------------|-----|----------|-----------|
| Heat 1 of 4 Finals | | | | |
| 4 | Omar Ahmed Salem Hamoda | 16 | Smouha | NT |
| 5 | Hussein Walid Adel | 16 | AHLY | 5:38.27 |
| 6 | Amr Ragaay Mohamed Farid | 16 | AHLY | 5:44.67 |
| Heat 2 of 4 Finals | | | | |
| 1 | Zeyad Taha Dabor | 16 | TANTA | 5:30.53 |
| 2 | Yahia Abd el Aaty Said | 16 | DEGLA | 5:27.98 |
| 3 | Ahmed Hesham Nageib | 16 | ZMALK | 5:22.72 |
| 4 | Adham Tarek Mohamed Elmc | 16 | SHAMS | 5:21.01 |
| 5 | Ziyad Ashraf Osman Taher | 16 | Sporting | 5:19.92 |
| 6 | Yosef Mohamed Hegazy Hasa | 16 | Al Hawar | 5:20.82 |
| 7 | Mohamed Gamal Ebrahim | 16 | DEGLA | 5:21.19 |
| 8 | Mazen Mohamed Elwakel | 16 | Smouha | 5:26.78 |
| 9 | Mazen Wael Ali Gaber | 16 | Smouha | 5:29.17 |
| 10 | Mohab Mohamed Elsaid Moh | 16 | Smouha | 5:36.63 |
| Heat 3 of 4 Finals | | | | |
| 1 | Mohamed Ashraf Abdel Ghaf | 16 | DEGLA | 5:18.70 |
| 2 | Mazin Taha Ebrahim | 16 | DEGLA | 5:15.48 |
| 3 | Karim Kamal Ahmed Mostafa | 16 | 6 OCT | 5:14.47 |
| 4 | Mohamed Ahmed Essam Akl | 16 | Smouha | 5:13.23 |
| 5 | Ahmed Moataz Abdel-Aziz | 16 | AHLY | 5:06.17 |
| 6 | Yousef Hasham abd el Fatah | 16 | Sporting | 5:10.90 |
| 7 | Karim Mohamed Samy | 16 | AHLY | 5:14.05 |
| 8 | Zeiad Hamdy Amin Ossman | 16 | ZMALK | 5:15.13 |
| 9 | Omar Mostafa Abdelmohsen | 16 | MAADI | 5:17.15 |
| 10 | Omar Hosam Mohamed Atyy; | 16 | Al Hawar | 5:18.96 |

Heat 4 of 4 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Yassin Amir | 16 | GHABA | 5:04.80 |
| 2 | Zyad Magdi abd el Khalaa | 16 | ZMALK | 5:04.09 |
| 3 | Omar Sherif Sayed | 16 | ZMALK | 5:01.20 |
| 4 | Ramiz Elsaeyd Abdoh | 16 | DEGLA | 4:56.22 |
| 5 | Yassin Ayman Ali Toulba | 16 | SHOOT | 4:52.12 |
| 6 | Saied Mohamed Abd Elgawac | 16 | Sporting | 4:53.10 |
| 7 | Ziad Khaled Shreef | 16 | Cairo | 4:57.08 |
| 8 | Basel Mohamed Ahmed | 16 | Elethead | 5:02.30 |
| 9 | Nour El-Din Mostafa Mohamc | 16 | AHLY | 5:04.70 |
| 10 | Ahmed Sameh Awad | 16 | RWAD | 5:05.86 |

Event 151 Boys 14 Year Olds 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|----------------------------|------------------------------|-----|------------------|-----------|
| Heat 1 of 17 Finals | | | | |
| 1 | Mohamed Taha Hossen | 14 | Telephonat B.N.S | NT |
| 2 | Yousif amr Fahmy | 14 | Beni Suef Club | NT |
| 3 | Salih Samy Hassan abo Ghad | 14 | Raas El Bar Club | NT |
| 4 | Aly Ahmed Elsayed | 14 | Nasr City | 46.73 |
| 5 | Ali Hany Abdalla Mohamed | 14 | Taleaa El Gish | 39.88 |
| 6 | Yousef Salah Jaber | 14 | Misr | 46.56 |
| 7 | Maher Mohamed Mohamed | 14 | Raas El Bar Club | NT |
| 8 | Ziad Mohamed Mansour Darv | 14 | Taleaa El Gish | NT |
| 9 | Marwan Mohamed Bakry | 14 | Beni Suef Club | NT |
| Heat 2 of 17 Finals | | | | |
| 1 | Saif al-Islam Mohamed Mosta | 14 | Police Club | 38.10 |
| 2 | Abdelrahman Ahmed Ebrahi | 14 | MAY15 | 36.95 |
| 3 | Mohab Mohamed Sand | 14 | Taleaa El Gish | 36.79 |
| 4 | Abdelrahman eid Qarny | 14 | M.S Tagamoa | 36.09 |
| 5 | Mostafa Abdeljalil Ahmed | 14 | HLWAN | 35.98 |
| 6 | Moustafa Shapan | 14 | Taleaa El Gish | 36.07 |
| 7 | Abd Alla Karim Ashraf Mahgc | 14 | GEZIR | 36.79 |
| 8 | Mohamed Mamdouh Hosny F | 14 | RWAD | 36.91 |
| 9 | Sief El Dien Tamer | 14 | Misr | 37.88 |
| 10 | Abdel Rahman Ashraf Salah M | 14 | Misr | 39.42 |
| Heat 3 of 17 Finals | | | | |
| 1 | Mustafa Sayed Hussein Abdel | 14 | Beni Suef Club | 35.55 |
| 2 | Haytham Hesham Yehia Mou | 14 | HLWAN | 35.24 |
| 3 | Mrwan Ahmed Farok | 14 | MAY15 | 35.14 |
| 4 | Mohamed Badaea Ibrahim | 14 | Mansheit Naser | 34.70 |
| 5 | Salah Mohamed Salah | 14 | MAY15 | 34.37 |
| 6 | Saif Al Din Ahmed Kamal | 14 | Police Club | 34.58 |
| 7 | Sayd Mohamed Sayd | 14 | Police Club | 34.91 |
| 8 | Sameh Mohamed Sameh | 14 | Police Club | 35.15 |
| 9 | Mohamed Ashraf Gamal Elde | 14 | RWAD | 35.27 |
| 10 | Daved Ayman Nabil | 14 | Cairo | 35.76 |
| Heat 4 of 17 Finals | | | | |
| 1 | Saef Eldin Waled Sadek Sayec | 14 | GEZIR | 34.12 |
| 2 | Zyad Ahmed Abdelmnam Ali | 14 | 6 OCT | 33.83 |
| 3 | Hosam Eldien Shreef Mahmo | 14 | TWFIK | 33.62 |
| 4 | Mohamed Samir Abo ElFtooh | 14 | NASR | 33.60 |
| 5 | Karim Waleed Abdelfatah | 14 | MRAC | 33.19 |
| 6 | Mohamed Mohamed Hashm | 14 | MAY15 | 33.21 |
| 7 | Ahmedd Maged Khorshed | 14 | HELOP | 33.60 |
| 8 | Saif Allah Eslam abd Elkader | 14 | TRSAN | 33.70 |
| 9 | Yassin Hussuin Mostafa | 14 | TALBE | 33.96 |
| 10 | Marawan Mohamed Saed Abc | 14 | 6 OCT | 34.23 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 5 Finals (#151 Boys 14 Year Olds 50 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Hamza M Abd Elaziz | 14 | NASR | 33.12 |
| 2 | Adham Amro Nabhan Kadah | 14 | GEZIR | 33.02 |
| 3 | Esmael Mohamed Esmael Ab | 14 | 6 OCT | 32.89 |
| 4 | Belal Ahmed Mohamed Elsaic | 14 | MRAC | 32.76 |
| 5 | Yousef Moustafa Fargaly | 14 | RWAD | 32.56 |
| 6 | Amar Yasser ail | 14 | MAY15 | 32.68 |
| 7 | Mohamed Taher | 14 | Mansheit Naser | 32.78 |
| 8 | Ahmed Mohamed Mosaad | 14 | TALBE | 32.93 |
| 9 | Mahmoud Mohamed abd Rab | 14 | ENPPI | 33.05 |
| 10 | Eyad Mohamed Mosad | 14 | MAY15 | 33.15 |

Heat 6 of 17 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Tarek Ahmed Ali | 14 | ZOHUR | 32.38 |
| 2 | Mohamed Hisham Mohamed | 14 | NASR | 32.24 |
| 3 | Yousef Mohamed Hashim Mo | 14 | MRAC | 32.22 |
| 4 | Ahmed Magdy Abd Elhakim | 14 | NASR | 32.15 |
| 5 | Yossef Moh. Ahmed Ameen | 14 | GEZIR | 32.10 |
| 6 | Karim Samer Galal | 14 | Cairo | 32.12 |
| 7 | Ahmed Saad Al Mandoh Khat | 14 | MAADI | 32.21 |
| 8 | Monzer Mahmoud Ahmed | 14 | ZOHUR | 32.24 |
| 9 | Youssef Ahmed Abd El Whab | 14 | ZOHUR | 32.34 |
| 10 | Mooaz Tamer El Sayeed | 14 | ZOHUR | 32.47 |

Heat 7 of 17 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Assem Asad | 14 | Taleaa El Gish | 32.00 |
| 2 | Ahmed Hossam Mohamed Al | 14 | SHAMS | 31.94 |
| 3 | Yousef Mohamed Adel | 14 | TANTA | 31.86 |
| 4 | ali abd Elrhman Elsaeed | 14 | ZMALK | 31.76 |
| 5 | Mohamed Ashraf Abdelkaren | 14 | GHABA | 31.70 |
| 6 | Ziad Alaa Ahmed Fahim | 14 | ZOHUR | 31.75 |
| 7 | Yossef Mohamed Abdelzاهر | 14 | Police Club | 31.85 |
| 8 | Zyeaad Mohamed Hassan | 14 | ZMALK | 31.89 |
| 9 | Abdel Rahman Ahmed Abdel | 14 | SWEIF | 32.00 |
| 10 | Yassen Saied | 14 | TALBE | 32.10 |

Heat 8 of 17 Finals

| | | | | |
|----|-----------------------------|----|-------------|-------|
| 1 | Mostafa Magdi Mostafa | 14 | HLWAN | 31.52 |
| 2 | Ahmed Hassan Mohamed | 14 | ZOHUR | 31.37 |
| 3 | Abd EL Malek Ashour | 14 | SHAMS | 31.32 |
| 4 | Anas Ahmed Helmy Ahmed | 14 | SHAMS | 31.26 |
| 5 | Abd El Manaam Moh Abd Eln | 14 | GHABA | 31.19 |
| 6 | Omar Tarik Assem | 14 | Nasr City | 31.24 |
| 7 | Karim Ali Mohamed | 14 | GHABA | 31.27 |
| 8 | Zayad Badr Fathallah | 14 | M.S Tagamoa | 31.37 |
| 9 | Yosif Moh. Fawzi Moh. Kande | 14 | GEZIR | 31.40 |
| 10 | Abdelrahman Hany Hassan | 14 | GHABA | 31.70 |

Heat 9 of 17 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Mohamed Ahmed Mohamed | 14 | TWFIK | 31.05 |
| 2 | Ahmed el Husseny | 14 | HELOP | 30.98 |
| 3 | Hossam Eldin Ghsan Moham | 14 | Taleaa El Gish | 30.74 |
| 4 | Abdelrahman Medhat Ahmeç | 14 | MAY15 | 30.44 |
| 5 | Abdulrahman Wael Hassen | 14 | Police Club | 30.38 |
| 6 | Ziad Tarek Abdelaziz | 14 | Cairo | 30.39 |
| 7 | Mohamed Elssameldin Mahr | 14 | Cairo | 30.60 |
| 8 | Seif Walid Hosny Ahmed | 14 | MAADI | 30.78 |
| 9 | Ahmed Khaled Mohamed Alr. | 14 | Taleaa El Gish | 31.01 |
| 10 | Mohamed Hesham Mahmoud | 14 | Mansheit Naser | 31.14 |

Heat 10 of 17 Finals

| | | | | |
|----|---------------------------|----|-----------|-------|
| 1 | Karim amr Mahmoud | 14 | Nasr City | 30.27 |
| 2 | Omar Khaled Hasan | 14 | NASR | 30.23 |
| 3 | Yasin Mohamed Abu Raya | 14 | TANTA | 30.19 |
| 4 | Mohmed Mostfa Mostfa Deso | 14 | 6 OCT | 29.96 |
| 5 | Abdelrahman Ahmed Abdelr | 14 | Cairo | 29.87 |
| 6 | Nour ElDin Sherif Mabrouk | 14 | AHLY | 29.94 |
| 7 | Karim Mohamed Mahmood | 14 | TANTA | 30.03 |
| 8 | Abdelrhman Eslam Essa | 14 | Smouha | 30.23 |
| 9 | Omar Mohamed Mahmoud | 14 | Sporting | 30.24 |
| 10 | Ali Mohamed Samir Zaky | 14 | TRSAN | 30.29 |

Heat 11 of 17 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Abd El Monaem Mahmoud Al | 14 | ZOHUR | 29.73 |
| 2 | Ali Waled Yossef | 14 | GHABA | 29.67 |
| 3 | Mohab Tarek Helal Mohamed | 14 | HELDO | 29.57 |
| 4 | Nour El Din Khaled Mamdou | 14 | AHLY | 29.51 |
| 5 | Yosef Mohamed abd Elbaser | 14 | GHABA | 29.40 |
| 6 | Mohamed Khaled Abdel Maal | 14 | AHLY | 29.43 |
| 7 | Loay Amgad el Mongy | 14 | TRSAN | 29.53 |
| 8 | Noor Eldin Mohamed Abdelw | 14 | Nasr City | 29.66 |
| 9 | Mahmoud Hesham Mahmoud | 14 | Mansheit Naser | 29.67 |
| 10 | Hazem Ahmed Hasan | 14 | TWFIK | 29.75 |

Heat 12 of 17 Finals

| | | | | |
|----|---------------------------|----|---------------|-------|
| 1 | Marawan Bader Eldin Radi | 14 | SHAMS | 29.38 |
| 2 | Yosef Amr Mohamed Gohar | 14 | MAADI | 29.35 |
| 3 | Mohamed Hassan Mohamed | 14 | HLWAN | 29.30 |
| 4 | Karim Eslam Khaled | 14 | M.ARB | 29.27 |
| 5 | Mahmoud Ahmed Mahmoud | 14 | DEGLA | 29.22 |
| 6 | Adam amr Essam | 14 | HELOP | 29.26 |
| 7 | Karim Samir Mohamed | 14 | AHRAM | 29.30 |
| 8 | Yassen ali Yossry | 14 | HELOP | 29.31 |
| 9 | omr Mohamed Fathey Yousef | 14 | Stad Mansoura | 29.35 |
| 10 | abd Elrahman Mohamed Saac | 14 | ZMALK | 29.38 |

Heat 13 of 17 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Yousef Fathy Aswy Hasan | 14 | 6 OCT | 29.15 |
| 2 | Mostafa Mahmoud Mostafa | 14 | SHOOT | 28.98 |
| 3 | Mazen Ashraf Mohamed Abd | 14 | Bank Ahly Alex | 28.91 |
| 4 | amr Khaled Mohamed Mahm | 14 | ZMALK | 28.78 |
| 5 | Abd El Rahman Mohamed Ali | 14 | SHOOT | 28.63 |
| 6 | Yousef Hisham ali | 14 | TRSAN | 28.74 |
| 7 | Khaled Khaled Mohamed Wai | 14 | SHOOT | 28.83 |
| 8 | Mohamed Yehia aly Elshenav | 14 | Nasr City | 28.94 |
| 9 | Abdel Rahman Ibrahim Hossı | 14 | Canal El Suez | 29.08 |
| 10 | Ali Ahmed Abd el Monem Om | 14 | SHAMS | 29.16 |

Heat 14 of 17 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Youseif Emad Salah | 14 | ZMALK | 28.59 |
| 2 | Aly Shref Aly Mohamed | 14 | SHOOT | 28.52 |
| 3 | Mazen Ahmed Elsayed Helmy | 14 | Olympic | 28.49 |
| 4 | Omar Khaled Khamis | 14 | A S E C | 28.46 |
| 5 | Youssef Mohamed Soliman | 14 | DEGLA | 28.41 |
| 6 | Adham Khaled Kamal | 14 | SHOOT | 28.41 |
| 7 | Marawan Hatem Abo Adma | 14 | SHOOT | 28.47 |
| 8 | Yassin Amr Warda | 14 | Sporting | 28.51 |
| 9 | aly Mohamed aly Elsobky | 14 | DEGLA | 28.57 |
| 10 | Omar Walid Mohamed | 14 | AHLY | 28.62 |

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Meet Program

Heat 15 Finals (#151 Boys 14 Year Olds 50 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|---------|-------|
| 1 | Mohmed Khaled Ookel Abdal | 14 | 6 OCT | 28.34 |
| 2 | Karim Sameh Mohamed | 14 | DEGLA | 28.21 |
| 3 | Malek amr Mahdy | 14 | Cairo | 28.16 |
| 4 | Adham Ahmed Mahmoud | 14 | AHLY | 28.12 |
| 5 | Loai Hany A bd EL Haliem | 14 | SHAMS | 27.98 |
| 6 | Yosaf Tamr Mosa | 14 | TAGAM | 28.12 |
| 7 | Yousef Ahmed Shalaby | 14 | TANTA | 28.14 |
| 8 | Omar Hazem | 14 | ZMALK | 28.20 |
| 9 | Abd EL Rahman Yaser Mohi E | 14 | HELOP | 28.22 |
| 10 | AbdAllah Ehab Saieed | 14 | A S E C | 28.38 |

Heat 16 of 17 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Omar Khaled Soliman | 14 | NASR | 27.92 |
| 2 | Omar Ahmed Elebyary | 14 | TANTA | 27.77 |
| 3 | Yasser Walid Abo Elela | 14 | AHLY | 27.71 |
| 4 | Yehia Emad eL Toukhy | 14 | Sporting | 27.60 |
| 5 | Adham Hadee Mohamed Tala | 14 | Bank Ahly Alex | 27.45 |
| 6 | Mohamed Yasser Mohamed | 14 | ZMALK | 27.58 |
| 7 | Seif Ahmed Nasr | 14 | TRSAN | 27.70 |
| 8 | Adham Tarik Ali Baiuomy | 14 | Smouha | 27.71 |
| 9 | Fares Husin Atia | 14 | TANTA | 27.92 |
| 10 | Mohamed Waled Ibrahim Sal | 14 | Smouha | 27.96 |

Heat 17 of 17 Finals

| | | | | |
|----|------------------------------|----|--------|-------|
| 1 | Mohamed Ahmed Ellethy | 14 | TANTA | 27.19 |
| 2 | Mohamed Khaled Mohamed : | 14 | DEGLA | 26.78 |
| 3 | Adam Moh. Awaad Awaad | 14 | GEZIR | 26.44 |
| 4 | Mohnad Khaled Mohamed M: | 14 | SHOOT | 25.91 |
| 5 | Ahmed Wael el Mohandes | 14 | HELOP | 25.37 |
| 6 | Omar Sherif Galal Eldin Mahr | 14 | MAADI | 25.78 |
| 7 | Esmat Ashraf Esmat Hatata | 14 | Smouha | 25.99 |
| 8 | Ziad Ehab Tawfek | 14 | DEGLA | 26.73 |
| 9 | Waleed Samer Mahmoud | 14 | AHLY | 27.12 |
| 10 | Mohamed Taha Abd El Raouf | 14 | DEGLA | 27.23 |

Event 152 Boys 15 Year Olds 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 14 Finals

| | | | | |
|---|---------------------------|----|------------------|----|
| 4 | Shady Waleed Esmail | 15 | Telephonat B.N.S | NT |
| 5 | Mohamed Hany Mahamud | 15 | Telephonat B.N.S | NT |
| 6 | Ziad Mohammed Samir Elnag | 15 | Raas El Bar Club | NT |
| 7 | Abdel Rahman Khaled Adnan | 15 | BNK.G | NT |

Heat 2 of 14 Finals

| | | | | |
|----|-------------------------|----|------------------|-------|
| 1 | Yousef Waleed El Dawy | 15 | DEGLA | NT |
| 2 | Mostafa Ashraf ali | 15 | Beni Suef Club | NT |
| 3 | Hessin Ahmed Mohamed | 15 | SHARK | 39.21 |
| 4 | Ziad Mohamed Gamil | 15 | HLWAN | 37.84 |
| 5 | Karim Ahmed Hussin | 15 | Taleaa El Gish | 35.46 |
| 6 | Adham Abd Elkhalik | 15 | Al Zaher | 37.79 |
| 7 | Omar Mostafa Saad | 15 | Misr | 38.47 |
| 8 | Mahmoud Ihab Mahmoud | 15 | Misr | 39.32 |
| 9 | Mohamed Ahmed Mohmed | 15 | Telephonat B.N.S | NT |
| 10 | Mahmoudm Tariék Mahmoud | 15 | Taleaa El Gish | NT |

Heat 3 of 14 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Eyad Medhat Almorsy | 15 | M.S Tagamoa | 34.24 |
| 2 | Abd ElRahman Osama Mohar | 15 | SHAMS | 34.04 |
| 3 | Abdallah Hassan Mohamed | 15 | Taleaa El Gish | 33.85 |
| 4 | Abdelrahman Wessam Mahm | 15 | TWFIK | 33.64 |
| 5 | Mohand Mohamed Fawzy | 15 | HLWAN | 33.05 |
| 6 | Karim Hany Mohamed Zohdy | 15 | HELDO | 33.10 |
| 7 | Shrif Ayman Shrif Noor | 15 | GEZIR | 33.69 |
| 8 | Ahmed Khaled Ahmed Elsher | 15 | BNK.G | 34.02 |
| 9 | Ahmed Mohamed Mohamed i | 15 | GHABA | 34.21 |
| 10 | Ebrahim Mohamed Elhady | 15 | HLWAN | 35.09 |

Heat 4 of 14 Finals

| | | | | |
|----|---------------------------|----|-------------|-------|
| 1 | Anas Ahmed Elsafty | 15 | MRAC | 32.71 |
| 2 | Mohamed Ahmed Helmy | 15 | ZOHUR | 32.37 |
| 3 | Omar Maged Zaki | 15 | ZOHUR | 32.33 |
| 4 | Ahmed Hesham Sabah | 15 | HELOP | 31.86 |
| 5 | Khalid Tahir Mohamed ali | 15 | TWFIK | 31.78 |
| 6 | Sief Aldien Maged Hasan | 15 | M.S Tagamoa | 31.83 |
| 7 | Mazen Ahmed Farouk Rashad | 15 | HELDO | 32.19 |
| 8 | Ahmed Mahmoud Abdullah | 15 | M.S Tagamoa | 32.35 |
| 9 | Farok Mohamed Farok | 15 | HLWAN | 32.59 |
| 10 | Blal Mohmed Abd Elhamed | 15 | NASR | 32.93 |

Heat 5 of 14 Finals

| | | | | |
|----|-----------------------------|----|------------------|-------|
| 1 | Yousf Hesham Hosny | 15 | TRSAN | 31.55 |
| 2 | Abd Alrhman Ayman Sameer | 15 | Raas El Bar Club | 31.47 |
| 3 | Omar Sherif Mohamed Elnaq | 15 | GHABA | 31.05 |
| 4 | Ali Hesham Moh. Fekre Shrif | 15 | GEZIR | 30.95 |
| 5 | abd Elrahman Moheb Hosny | 15 | TANTA | 30.84 |
| 6 | Sherif Samy Ahmed | 15 | AHRAM | 30.85 |
| 7 | Karim Mohamed Mahmoud | 15 | HELDO | 31.00 |
| 8 | Mohamed Ahmed Galal | 15 | ZOHUR | 31.19 |
| 9 | Mohamed Sherif Mohamed | 15 | ZOHUR | 31.48 |
| 10 | Ibrahim Sherif Ibrahim Mahn | 15 | MAADI | 31.64 |

Heat 6 of 14 Finals

| | | | | |
|----|---------------------------|----|------------------|-------|
| 1 | Sief Mohamed Mahmohd | 15 | Baladyat El Maha | 30.64 |
| 2 | Mohamed Tamer Nabil Anww | 15 | Taleaa El Gish | 30.48 |
| 3 | abd Elrhman Mohamed aly | 15 | BNK.G | 30.18 |
| 4 | Karim Ayman Mohamed | 15 | RWAD | 30.05 |
| 5 | Youssef Hisham Kamal | 15 | MRAC | 29.90 |
| 6 | Kirolos Sameh Fawzy Rasla | 15 | Taleaa El Gish | 29.91 |
| 7 | Ahmed Hossam | 15 | Cairo | 30.14 |
| 8 | Hamdy Mohamed Anour | 15 | Misr | 30.46 |
| 9 | Abdel Rahman Mohamed Abc | 15 | Al Shehk Zaeid | 30.49 |
| 10 | Seif El Din Mohamed Ahmed | 15 | MAADI | 30.75 |

Heat 7 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Mohmed ali abd Elrazek | 15 | Cairo | 29.85 |
| 2 | Ezz El Dn Ramadan El Domar | 15 | Baladyat El Maha | 29.70 |
| 3 | Basel Mohamed abd Alrhmar | 15 | Nasr City | 29.66 |
| 4 | Mohamed Mohamed Galal | 15 | Raas El Bar Club | 29.58 |
| 5 | Hazam Tamer Mohamed | 15 | TAGAM | 29.57 |
| 6 | Omar Nashet Emam | 15 | TAGAM | 29.58 |
| 7 | ali Hany el Samra | 15 | HELOP | 29.61 |
| 8 | Hazem Ahmed Mahmoud | 15 | ENPPI | 29.66 |
| 9 | Ead Ahmed Farowk | 15 | Nasr City | 29.77 |
| 10 | Mohamed aly Mahmod Omra | 15 | TANTA | 29.86 |

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Meet Program

Heat 8 Finals (#152 Boys 15 Year Olds 50 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Yossef Essam Mohamed Adel | 15 | GHABA | 29.50 |
| 2 | Ahmed Mohamed Abdelhalee | 15 | Cairo | 29.19 |
| 3 | Abd Elrahman Hisham Ahme | 15 | M.ARB | 29.11 |
| 4 | Aly Osama Samer Eldhshan | 15 | GEZIR | 29.08 |
| 5 | Karem amr Wafek | 15 | HELOP | 29.04 |
| 6 | Amr Mohamed Helmy Ibrahim | 15 | HELDO | 29.08 |
| 7 | Youssef Mohamed Abdallah | 15 | ZOHUR | 29.08 |
| 8 | Ali Tarak Taha | 15 | ENPPI | 29.18 |
| 9 | Ahmaed Abdeulnaser Mohan | 15 | ROYAL | 29.50 |
| 10 | Seif Ahmed Mohamed | 15 | MAY15 | 29.56 |

Heat 9 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Omar Mostafa Hafez Mostafa | 15 | Al Hawar | 29.00 |
| 2 | Tarek Ahmed Abd Elwahab | 15 | NASR | 28.79 |
| 3 | Omr Hosamelden Yhya Abdel | 15 | 6 OCT | 28.73 |
| 4 | Yosef Magdy | 15 | GHABA | 28.64 |
| 5 | Abdel Rahman Mostafa Abde | 15 | RWAD | 28.48 |
| 6 | Yousef Fawzy abo Shawaly | 15 | Baladyat El Maha | 28.58 |
| 7 | Mostafa Walid Mostafa AlSw | 15 | TANTA | 28.66 |
| 8 | Yosef Ismail Atef | 15 | Canal El Suez | 28.73 |
| 9 | Hasan Marwan Moh. Motaz N | 15 | GEZIR | 28.82 |
| 10 | Abdelrhman Mhmoud Hsn M | 15 | 6 OCT | 29.02 |

Heat 10 of 14 Finals

| | | | | |
|----|----------------------------|----|------------|-------|
| 1 | ali Moataz Kamal | 15 | ZMALK | 28.47 |
| 2 | Husin Mohamed Abd El Fatal | 15 | Stad Tanta | 28.36 |
| 3 | Yousif Wael Hamed Elsaid | 15 | Smouha | 28.26 |
| 4 | Yossif Serag Mahmoud Hassi | 15 | Nasr City | 28.13 |
| 5 | Mostafa Ahmed Mostafa | 15 | SHOOT | 27.93 |
| 6 | Yousif Mohamed Elsaied Ali | 15 | Smouha | 28.04 |
| 7 | Aly Hassan Elkhayat | 15 | AHLY | 28.20 |
| 8 | Ahmed Walid Hamdy | 15 | AHRAM | 28.31 |
| 9 | Abdallah Ahmed Elsaid | 15 | Cairo | 28.38 |
| 10 | Mohmed Gmal Abdelnaser At | 15 | 6 OCT | 28.47 |

Heat 11 of 14 Finals

| | | | | |
|----|----------------------------|----|-----------|-------|
| 1 | Abdelrahman Alaaeldin | 15 | AHLY | 27.91 |
| 2 | Omar Walied Ahmed Badeer | 15 | Nasr City | 27.82 |
| 3 | Nour Eldin Ahmed Rady | 15 | AHLY | 27.67 |
| 4 | Abdelrahman Yasser Hassan | 15 | Cairo | 27.58 |
| 5 | Saif Ahmed Amin Abdalhmed | 15 | Nasr City | 27.48 |
| 6 | Ibrahim Waleed Ibrahim Hus | 15 | Smouha | 27.57 |
| 7 | Ahmed Sameh Aly | 15 | Sporting | 27.62 |
| 8 | Abd El Rahman Mohamed Me | 15 | Smouha | 27.75 |
| 9 | Salah Ahmed Nabil Abd ElHa | 15 | SHAMS | 27.88 |
| 10 | Badr Mohamed Badr | 15 | ZMALK | 27.91 |

Heat 12 of 14 Finals

| | | | | |
|----|-----------------------------|----|------------------|-------|
| 1 | Ali Ehab Abou Al Ezz | 15 | Raas El Bar Club | 27.41 |
| 2 | Mohamed Ashraf Zein | 15 | Canal El Suez | 27.40 |
| 3 | Mrwan Mohmed Twfik Omra | 15 | 6 OCT | 27.21 |
| 4 | Ahmed Ihab Ali | 15 | DEGLA | 27.10 |
| 5 | Shref Amad Abd ElAzim | 15 | SHOOT | 27.02 |
| 6 | Mohamed Shref Brakat | 15 | HELOP | 27.06 |
| 7 | Ibrahim Yaser Abdel Monaeir | 15 | Raas El Bar Club | 27.18 |
| 8 | Mohamed Ahmed Elfakharan | 15 | TANTA | 27.37 |
| 9 | Youssef Mohamed Mostafa | 15 | ZMALK | 27.41 |
| 10 | Yahiy Osama Amara | 15 | Sporting | 27.47 |

Heat 13 of 14 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Ziad Abdel Ghany Osman | 15 | RWAD | 26.98 |
| 2 | Mostafa Magdy Nabil | 15 | AHLY | 26.94 |
| 3 | Walid Salah Abdallah Khali | 15 | RWAD | 26.87 |
| 4 | Mohamed Khaled Mohamed | 15 | ZMALK | 26.85 |
| 5 | Omar Mohamed Shehata | 15 | DEGLA | 26.39 |
| 6 | Hamza Hamad | 15 | DEGLA | 26.62 |
| 7 | Mahmoud Shehab Ahmed Mc | 15 | Bank Ahly Alex | 26.86 |
| 8 | Mohmed Eslam Mohamed Rs | 15 | 6 OCT | 26.91 |
| 9 | Mohamed Ahmed Mohamed | 15 | Smouha | 26.95 |
| 10 | Nour Eldien Amr Elsaid Moh | 15 | RWAD | 26.99 |

Heat 14 of 14 Finals

| | | | | |
|----|---------------------------|----|---------|-------|
| 1 | Mooataz Tarek Ibrahim Aly | 15 | AHLY | 26.32 |
| 2 | Yousef Amr Mohamed | 15 | A S E C | 26.27 |
| 3 | Ahmed Hamdy Al Shaik | 15 | SHOOT | 26.15 |
| 4 | Fares Mohamed Farouk | 15 | HELOP | 25.66 |
| 5 | Adham Mohamed Magdy Mal | 15 | MAADI | 25.45 |
| 6 | Adam Karim AL Kady | 15 | SHOOT | 25.60 |
| 7 | Seif Mohamed Mohamed | 15 | DEGLA | 26.12 |
| 8 | Ahmed Hassan Alwan | 15 | ZMALK | 26.16 |
| 9 | Abd Elrahman Mohamed abd | 15 | M.ARB | 26.31 |
| 10 | Basel Ahmed Habeeb | 15 | SHOOT | 26.38 |

Event 153 Boys 16 Year Olds 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|-------------------------|----|----------------|-------|
| 4 | Khaled Reda Abdel Aziem | 16 | ELCTR | NT |
| 5 | AlHassan Amr Fayed | 16 | Taleaa El Gish | 37.17 |
| 6 | Mohamed Mahmoud Mokhta | 16 | TRSAN | 37.64 |

Heat 2 of 12 Finals

| | | | | |
|---|------------------------|----|-----------|-------|
| 2 | Ahmed Nader Nasr Ahmed | 16 | HELDO | 35.58 |
| 3 | Omar Mohamed Omar | 16 | RWAD | 32.80 |
| 4 | Ragheb Ahmed Ragheb | 16 | Misr | 32.38 |
| 5 | Mohamed Tarek Mohamed | 16 | MAY15 | 32.26 |
| 6 | Mohamed Iprahem Saed | 16 | Misr | 32.27 |
| 7 | Ahmed Hafeiz | 16 | AHRAM | 32.42 |
| 8 | Yousif Adel Elsayed | 16 | HLWAN | 35.43 |
| 9 | Eslam Mohamed Abdelaal | 16 | Nasr City | 35.98 |

Heat 3 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Mohamed Ahmed Mohamed | 16 | Beni Suef Club | 31.57 |
| 2 | Adham Hossam Awad Ibrahim | 16 | Taleaa El Gish | 31.13 |
| 3 | Ziad Shady Mohyeldien Hash | 16 | Taleaa El Gish | 30.88 |
| 4 | Hamza Mohamed Darwish | 16 | Misr | 30.48 |
| 5 | Adham Mohamed Rabie Ibral | 16 | MAADI | 30.02 |
| 6 | Hussin Hamdy Mohamed | 16 | HLWAN | 30.02 |
| 7 | Ibrahim Gomaa Mohamd Dei | 16 | SWEIF | 30.58 |
| 8 | Mohamed Saed abd Elrashed | 16 | TANTA | 31.02 |
| 9 | Mohamed Rafaat Mohamed | 16 | MAY15 | 31.50 |
| 10 | Abel Rahman Ali Maher | 16 | ZOHUR | 31.77 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 4 Finals (#153 Boys 16 Year Olds 50 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Ziad Kamel Ibrahim Kamel | 16 | Cairo | 29.83 |
| 2 | Omar Waled Mostafa | 16 | GHABA | 29.63 |
| 3 | Ahmed Sameh Saed Mohame | 16 | Bank Ahly Alex | 29.41 |
| 4 | Mohamed Ahmed Hamdy | 16 | Cairo | 29.21 |
| 5 | Adam Ihab Hosny Abdel Wah | 16 | HELDO | 28.61 |
| 6 | Ahmed Mohamed El Sayed | 16 | AHRAM | 28.93 |
| 7 | Youssef Ihab Hosny Abdel W | 16 | HELDO | 29.22 |
| 8 | Abd Elrahman Hany Moh. Ha | 16 | GEZIR | 29.56 |
| 9 | Ahmed Mohamed Abdel Rahr | 16 | 6 OCT | 29.68 |
| 10 | Mostafa Ayman Mohamed Al | 16 | ZOHUR | 29.84 |

Heat 5 of 12 Finals

| | | | | |
|----|---------------------------|----|------------------|-------|
| 1 | Yosif Ahmed Saeed Daher | 16 | NASR | 28.51 |
| 2 | Omar Ahmed Ragab | 16 | TANTA | 28.46 |
| 3 | Omar Ahmed Ibrahim Eldeso | 16 | MAADI | 28.29 |
| 4 | Belal Ahmed Belal Mohamed | 16 | SHAMS | 28.16 |
| 5 | Omar Mohamed ALSayed Al A | 16 | Raas El Bar Club | 28.09 |
| 6 | Eyad Mohamed Abd ELMenea | 16 | TANTA | 28.13 |
| 7 | Abd Alla Mohamed Fathy | 16 | RWAD | 28.18 |
| 8 | Ahmed Akram Mohamed | 16 | ZOHUR | 28.30 |
| 9 | Yousef Mohamed Hamed | 16 | AHRAM | 28.50 |
| 10 | Kamal Yasser Kamal | 16 | MAY15 | 28.56 |

Heat 6 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Yousef Ekramy Abdel Fattah | 16 | Gezira El Ward | 27.95 |
| 2 | Omar Mohamed Farouk Al Si | 16 | SHOOT | 27.90 |
| 3 | Ali Maher Mahmoud | 16 | GHABA | 27.68 |
| 4 | Marwan Ahmed Said Nabawy | 16 | SHOOT | 27.58 |
| 5 | Yasin Sameh Fahmy | 16 | HELOP | 27.46 |
| 6 | Yousef Yaser Abdel Kader | 16 | ZMALK | 27.57 |
| 7 | Omar Mohamed Zakarya | 16 | TRSAN | 27.61 |
| 8 | Nour Mohamed Medhat Kam | 16 | 6 OCT | 27.82 |
| 9 | Adam Sabah Said Mahmoud | 16 | 6 OCT | 27.91 |
| 10 | Mostafa Mohamed Osman | 16 | NASR | 27.98 |

Heat 7 of 12 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Ali Tamer Mohamed | 16 | HELOP | 27.39 |
| 2 | Omar Ahmed abd Elrahman | 16 | ZMALK | 27.35 |
| 3 | Zeiad Osama Fatthy Abdel Ha | 16 | TRSAN | 27.16 |
| 4 | Yehya Waled Abdel Shafy | 16 | ZMALK | 27.15 |
| 5 | Yousef Emad Mohamed Al H | 16 | Gezira El Ward | 27.12 |
| 6 | Zeyad Wahied Hamdy Tawfik | 16 | SHAMS | 27.12 |
| 7 | abd Rahman Tamer Ismail | 16 | SHOOT | 27.15 |
| 8 | Mahmoud Waleed Elmasry | 16 | Cairo | 27.34 |
| 9 | Aly Haytham Fouad Helmy | 16 | BNK.G | 27.37 |
| 10 | Omar Mohamed Ezz El Dawla | 16 | ZMALK | 27.45 |

Heat 8 of 12 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Mohamed Ashraf | 16 | Sporting | 27.09 |
| 2 | Gonathan Ezzat Danyal | 16 | AHLY | 26.97 |
| 3 | Abdel-Rahman Walid Moham | 16 | AHLY | 26.91 |
| 4 | Abdel Rahman Matarawy | 16 | GHABA | 26.87 |
| 5 | Mostafa Abou Elabas Youssef | 16 | BNK.G | 26.74 |
| 6 | Yousif Mohamed Anwar | 16 | HELOP | 26.87 |
| 7 | Ahmed Mohssein Abdel Mon | 16 | HLWAN | 26.88 |
| 8 | Seif Tamer Nabil | 16 | Cairo | 26.93 |
| 9 | Ibrahim Walid Fouad | 16 | Cairo | 27.00 |
| 10 | Abdel Rahman Amr Mounir | 16 | MAADI | 27.10 |

Heat 9 of 12 Finals

| | | | | |
|----|------------------------------|----|----------|-------|
| 1 | Ali Mohamed ali abd el Rahm | 16 | SHAMS | 26.73 |
| 2 | Ahmed Ismail Mohamed Ism | 16 | MAADI | 26.71 |
| 3 | Karim Kamal Ahmed Mostafa | 16 | 6 OCT | 26.64 |
| 4 | Yousef Ebrahim Mohamed | 16 | Sporting | 26.63 |
| 5 | Seif El Din Sameh Mostafa Ab | 16 | AHRAM | 26.58 |
| 6 | Ibrahem Mostafa Talaat | 16 | Smouha | 26.58 |
| 7 | Morad Yaser Hafez | 16 | DEGLA | 26.64 |
| 8 | Ali Khaled Ahmed Mostafa | 16 | GHABA | 26.69 |
| 9 | Omar Yasser Karam | 16 | Cairo | 26.73 |
| 10 | Ahmed Osama Tawfek | 16 | M.ARB | 26.73 |

Heat 10 of 12 Finals

| | | | | |
|----|----------------------------|----|---------|-------|
| 1 | Saif Ahmed abd Elmoniem Er | 16 | SHAMS | 26.51 |
| 2 | Mohamed Ahmed Abdel Haka | 16 | SHOOT | 26.48 |
| 3 | Ahmed Mohamed El Ghandou | 16 | DEGLA | 26.46 |
| 4 | Mohamed Abdel Fattah Moha | 16 | BNK.G | 26.37 |
| 5 | Zyad Ahmed Hesen Mahmou | 16 | GHABA | 26.26 |
| 6 | Abdel Rahman Hassan Moha | 16 | TALBE | 26.35 |
| 7 | Seif Tamer Omran | 16 | DEGLA | 26.38 |
| 8 | Fahd Mohamed aly | 16 | Olympic | 26.47 |
| 9 | Adham Ahmed Hassan | 16 | AHLY | 26.50 |
| 10 | Mazen Wael Ali Gaber | 16 | Smouha | 26.52 |

Heat 11 of 12 Finals

| | | | | |
|----|---------------------------|----|------------------|-------|
| 1 | Yassin Emad Abd Elhakim | 16 | Sporting | 26.18 |
| 2 | Yousof Yaser Shaaban | 16 | TANTA | 26.14 |
| 3 | Mohamed Essam Salah | 16 | DEGLA | 26.09 |
| 4 | Aly Tamer Aly | 16 | Sporting | 26.01 |
| 5 | Hamza Hossam el Maadawy | 16 | HELOP | 25.87 |
| 6 | Eyad Mohamed Nabih | 16 | Smouha | 25.90 |
| 7 | Ali Mohamed Ali Makhlof | 16 | ZMALK | 26.04 |
| 8 | Ziad Esam Elhendy | 16 | Raas El Bar Club | 26.13 |
| 9 | Yousef Akram Hassan Afefe | 16 | HELOP | 26.14 |
| 10 | Eyad Waleed Shanan | 16 | MAADI | 26.21 |

Heat 12 of 12 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Kareem Husin Atia | 16 | TANTA | 25.77 |
| 2 | Yosif Ahmed Abdel Mohssin | 16 | DEGLA | 25.52 |
| 3 | Saleh Hossam El Din Saleh | 16 | ZOHUR | 25.32 |
| 4 | Mohanad Mohamed Wageh | 16 | SHOOT | 25.01 |
| 5 | Omar Yasser Menis | 16 | Sporting | 24.59 |
| 6 | Yasin HossamEldin | 16 | Smouha | 24.96 |
| 7 | Omar Mohamed Atef | 16 | AHLY | 25.15 |
| 8 | Kristian Maged Beshar | 16 | Smouha | 25.36 |
| 9 | Gamal Aymn Gamal abd el M | 16 | SHAMS | 25.58 |
| 10 | Ahmed Mohamed Abdel-Fatt | 16 | AHLY | 25.77 |

Event 154 Girls 14 Year Olds 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 10 Finals

| | | | | |
|---|------------------------|----|------------------|-------|
| 3 | Shahenda Hesham Helal | 14 | Raas El Bar Club | NT |
| 4 | Salma Osama Sayed | 14 | Taleaa El Gish | NT |
| 5 | Shaza Ayman Mohamed | 14 | Beni Suef Club | 41.55 |
| 6 | Hanan Ehab Hassan | 14 | MAY15 | 42.10 |
| 7 | Dareen Mohamed Ahmed | 14 | Telephonat B.N.S | NT |
| 8 | Dima Mahmoud Al Janini | 14 | Taleaa El Gish | NT |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#154 Girls 14 Year Olds 50 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Habiba Ehab Hassan Ebrahim | 14 | 6 OCT | 41.32 |
| 2 | Nourhan Hussien Ahmed | 14 | Taleaa El Gish | 40.32 |
| 3 | Rawan Mohamed Zakaria | 14 | BNK.G | 39.70 |
| 4 | Halla Ahmed | 14 | ZMALK | 39.42 |
| 5 | Malak Gamal Matwally | 14 | ZOHUR | 39.00 |
| 6 | Judy Hossam Eldin Abdelaz | 14 | Nasr City | 39.10 |
| 7 | Arwa Mohammed Zakaria | 14 | BNK.G | 39.50 |
| 8 | Marim Waael Galal | 14 | Police Club | 40.00 |
| 9 | Mirna Mohamed Mansour | 14 | Misr | 40.52 |
| 10 | Zenab Moh. Ibrahim Aly | 14 | GEZIR | 41.39 |

Heat 3 of 10 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Alea Ahm. Adel Abd Elrahma | 14 | GEZIR | 37.70 |
| 2 | Klara Alfred Sabr | 14 | ZMALK | 37.02 |
| 3 | Abrar Hisham Ahmed | 14 | Cairo | 36.61 |
| 4 | Gana Wael Mamon | 14 | M.ARB | 36.55 |
| 5 | Haidy Hamdy Rashad | 14 | ZOHUR | 35.93 |
| 6 | Menna Alla Mohamed Moust | 14 | ZMALK | 36.29 |
| 7 | Rwan Khaled Abdelhalem | 14 | Taleaa El Gish | 36.60 |
| 8 | Yara Osama Mohamed Zaatar | 14 | Taleaa El Gish | 36.95 |
| 9 | Hana Hany Mahmed | 14 | Misr | 37.15 |
| 10 | Nour amr abd el Khalek | 14 | HELOP | 38.44 |

Heat 4 of 10 Finals

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Mariam Mohamed Hamdy So | 14 | MRAC | 35.65 |
| 2 | Farida Aiman Mohamed Nabi | 14 | SHOOT | 35.41 |
| 3 | Sarah Hesham Abd El Hamid | 14 | MAY15 | 35.16 |
| 4 | Karma Abdel Fattah Abdul M | 14 | SHOOT | 34.73 |
| 5 | Fareh Yasser Mohamed Samy | 14 | SHAMS | 34.60 |
| 6 | Heba Allah Ahmed Yahia Mo | 14 | RWAD | 34.73 |
| 7 | Jomanah Assem Samer | 14 | MAY15 | 35.05 |
| 8 | Shahd Akml Mohamed Moha | 14 | 6 OCT | 35.25 |
| 9 | Mounira Alaa Abdelkhlek | 14 | NASR | 35.42 |
| 10 | Gillan Essam Sayed EL Adly | 14 | SHAMS | 35.87 |

Heat 5 of 10 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Habiba Sameh Fahmy | 14 | HELOP | 34.23 |
| 2 | Mariam Mostafa Adly | 14 | TANTA | 33.76 |
| 3 | Rawan Islam Amr | 14 | AHLY | 33.74 |
| 4 | Rana Walid Ahmed | 14 | SHOOT | 33.64 |
| 5 | Yosr Wael Gmal | 14 | HELOP | 33.42 |
| 6 | Sara Ibrahim Mohamed | 14 | AHLY | 33.61 |
| 7 | Alia abd el Mohseen Galal | 14 | ZMALK | 33.67 |
| 8 | Afrosena Sameh Kamel | 14 | AHRAM | 33.76 |
| 9 | Gana Ahmed Mohamed Zaki | 14 | AHLY | 33.92 |
| 10 | Mariam Ahmed Mohamed Ta | 14 | SHOOT | 34.23 |

Heat 6 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Nour Waled Mostafa Askar | 14 | Stad Mansoura | 33.08 |
| 2 | Nour Ahmed Ibrahim Sarhan | 14 | MAADI | 32.95 |
| 3 | Nor Salah El Din Mohamed | 14 | SHOOT | 32.76 |
| 4 | Martina Magdy Bekhet | 14 | ZMALK | 32.59 |
| 5 | Salma Samir abd el Azim | 14 | TRSAN | 32.46 |
| 6 | Nour Ahmed Samer | 14 | Sporting | 32.57 |
| 7 | Malak Islam Mohamed | 14 | AHLY | 32.62 |
| 8 | Farida amr Atia Saad | 14 | Nasr City | 32.79 |
| 9 | Samira Sallah Mahroos | 14 | Mansheit Naser | 33.04 |
| 10 | Haneen amr Abdelaziz | 14 | Cairo | 33.37 |

Heat 7 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Sara Mohamed Ezzat | 14 | HELOP | 32.25 |
| 2 | Maram Mohamed Wageh Ibr | 14 | Bank Ahly Alex | 32.15 |
| 3 | Logyne Haitham Saad Mahm | 14 | DEGLA | 31.86 |
| 4 | Gana Mohamed Ahmed Salan | 14 | GHABA | 31.82 |
| 5 | Salma Waled Mohamed Elsay | 14 | Smouha | 31.76 |
| 6 | Zahwa Mohsen Sayed | 14 | AHLY | 31.78 |
| 7 | Zena Mahmoud Mohamed M | 14 | GHABA | 31.83 |
| 8 | Nouran Marawan Ramadan | 14 | AHLY | 32.05 |
| 9 | Sandra Medhat Mohamed | 14 | AHLY | 32.18 |
| 10 | Jana Ahmed Abdallah | 14 | DEGLA | 32.28 |

Heat 8 of 10 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Mlk Mohamed Shwkey Saad | 14 | 6 OCT | 31.57 |
| 2 | Haya Hisham ali | 14 | TRSAN | 31.53 |
| 3 | Alaa Amr El Sokry | 14 | Sporting | 31.41 |
| 4 | Sara Saeid Fathy Elsaied | 14 | Nasr City | 31.26 |
| 5 | Gana Tarek Mohamed Farid | 14 | SHOOT | 30.98 |
| 6 | Nor Ahmed Ali Ahmed | 14 | Bank Ahly Alex | 31.04 |
| 7 | Fareda Mohamed Nwar | 14 | TANTA | 31.31 |
| 8 | Jana Sherif Mahmoud | 14 | DEGLA | 31.47 |
| 9 | Alaa Khaled Safwan | 14 | M.ARB | 31.55 |
| 10 | Shams Anas Hessen Elsherif | 14 | SHAMS | 31.72 |

Heat 9 of 10 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Jana Tamer Moh. Essam Eldir | 14 | GEZIR | 30.97 |
| 2 | Nadin Ayman Hessien | 14 | DEGLA | 30.92 |
| 3 | Haya HossamEldin Kndel | 14 | Smouha | 30.71 |
| 4 | Malak Khaled Ahmed Abdalla | 14 | DEGLA | 30.57 |
| 5 | Aida Ahm. Mohssin Abd Elraz | 14 | GEZIR | 29.86 |
| 6 | Jana Gehad El Assal | 14 | TWFIK | 30.00 |
| 7 | Somia Ahmed Mohamed | 14 | GHABA | 30.70 |
| 8 | Marim Mohamed Osman | 14 | NASR | 30.80 |
| 9 | Malak Tarek El Kady | 14 | Sporting | 30.94 |
| 10 | Malak Hasan Moh. Elhoshy | 14 | GEZIR | 30.98 |

Heat 10 of 10 Finals

| | | | | |
|----|--------------------------|----|--------|-------|
| 1 | Nour Mohamed Hossain | 14 | SHOOT | 29.56 |
| 2 | Malak Mohamed Mhmoud H | 14 | Smouha | 29.29 |
| 3 | Leila Mohamed Ibrahim | 14 | DEGLA | 29.09 |
| 4 | Raghd Mohamed Elsaid Moh | 14 | Smouha | 28.81 |
| 5 | Rodaina Mohamed Saad | 14 | DEGLA | 28.49 |
| 6 | Nour Mohamed Ibrahim Ali | 14 | Smouha | 28.74 |
| 7 | Hana Waled Hassan | 14 | GHABA | 29.01 |
| 8 | Lela Ahmed Kamal | 14 | GHABA | 29.18 |
| 9 | Gody Ahmed Badawy Mhmou | 14 | Smouha | 29.30 |
| 10 | Hanin Mohamed AbdElmaks | 14 | Smouha | 29.65 |

Event 155 Girls 15 Year Olds 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|----------------------|----|-------------|-------|
| 4 | Gana Mohamed Khedr | 15 | AHLY | NT |
| 5 | Tasneem Gamal Beshar | 15 | SHARK | 38.64 |
| 6 | Laila Mohamed Fekry | 15 | M.S Tagamoa | 42.33 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#155 Girls 15 Year Olds 50 LC Meter Freestyle)

| | | | | |
|---|----------------------------|----|----------------|-------|
| 2 | Tasnim Hytham | 15 | Cairo | 38.12 |
| 3 | Marim Ahmed Zien Elabdeen | 15 | SHAMS | 35.84 |
| 4 | Laila Khaled Faheem | 15 | M.ARB | 35.67 |
| 5 | Nada Masbah Mohamed | 15 | ENPPI | 35.63 |
| 6 | Shaza Ali Ezz Eldin EL bad | 15 | Cairo | 35.65 |
| 7 | Wlaa Wahed | 15 | Taleaa El Gish | 35.70 |
| 8 | Lojain Mohamed Magdy Ham | 15 | MAADI | 37.85 |
| 9 | Maryiam Mohamed Hegazy | 15 | Taleaa El Gish | 38.53 |

Heat 3 of 8 Finals

| | | | | |
|----|--------------------------|----|--------|-------|
| 1 | Malak Sameh Nageb | 15 | HELOP | 34.79 |
| 2 | Ayten Hassan Hamza | 15 | Smouha | 34.53 |
| 3 | Farah Ahmed El Sersawy | 15 | DEGLA | 33.98 |
| 4 | Mariam Omer Mohamed Saye | 15 | DEGLA | 33.75 |
| 5 | Reem Khaled abd el Latif | 15 | ZMALK | 33.64 |
| 6 | Amina Adham Ibrahim | 15 | ZOHUR | 33.71 |
| 7 | Gana Ragab Ramdan | 15 | ZMALK | 33.98 |
| 8 | Nour Khaled Mohamed | 15 | SHOOT | 34.23 |
| 9 | Login Ahmed Foaad | 15 | ENPPI | 34.54 |
| 10 | Hana Hamdy Metwaly | 15 | ZOHUR | 35.06 |

Heat 4 of 8 Finals

| | | | | |
|----|---------------------------|----|-----------|-------|
| 1 | Alia Mohamed Soleman | 15 | ZMALK | 33.24 |
| 2 | Farah Abd Elmagid Mohamec | 15 | ZOHUR | 33.12 |
| 3 | Marim Wail Kamal Farag | 15 | SHOOT | 32.82 |
| 4 | Alia Slah Elden Ahmed | 15 | HELOP | 32.53 |
| 5 | Habiba Safwat Saleh | 15 | ZOHUR | 32.21 |
| 6 | Sara Samir Sedky | 15 | DEGLA | 32.25 |
| 7 | Shahd Hazem Hassan Bahy E | 15 | MAADI | 32.81 |
| 8 | Hana Mohamed Amaar | 15 | TAGAM | 32.82 |
| 9 | Mariam Ahmed Abdo | 15 | HELOP | 33.19 |
| 10 | Robaa Haythem Mostafa abd | 15 | Nasr City | 33.38 |

Heat 5 of 8 Finals

| | | | | |
|----|---------------------------|----|-------------|-------|
| 1 | Mareen Aimen Kamal Ghatas | 15 | Nasr City | 32.14 |
| 2 | Dina Hesham Mohamed | 15 | ZMALK | 32.10 |
| 3 | Lobna Saed Hanfy | 15 | DEGLA | 31.92 |
| 4 | Hana Ahmed Heseen | 15 | GHABA | 31.82 |
| 5 | Hna Gmal Rshad Alawdy | 15 | 6 OCT | 31.14 |
| 6 | Mariam Safwat Saleh | 15 | ZOHUR | 31.15 |
| 7 | Salma Hossam al Deen Ahme | 15 | Police Club | 31.85 |
| 8 | Rawan Emad Bayomy | 15 | DEGLA | 32.00 |
| 9 | Malak Abd Elaziz Zanaty | 15 | M.ARB | 32.11 |
| 10 | Nagwa Khaled Mohamed Hss | 15 | NASR | 32.20 |

Heat 6 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Shahd Hesham Fouad Abaas | 15 | ZMALK | 31.11 |
| 2 | Lana Mohamed Fathy | 15 | AHLY | 30.89 |
| 3 | Malak Eslam Mohamed Moav | 15 | SHOOT | 30.75 |
| 4 | Khadiga Nabil Eprahim | 15 | SHOOT | 30.71 |
| 5 | Malak Khaled Abdelhady | 15 | AHLY | 30.63 |
| 6 | Rola Hasan Ragab | 15 | Bank Ahly Alex | 30.69 |
| 7 | Jouana Ahmed Mohamed Hus | 15 | Smouha | 30.72 |
| 8 | Mennatalh Walid Elsayd Moh | 15 | GEZIR | 30.76 |
| 9 | Lina Ahmed Farok AbdElazi | 15 | Smouha | 31.04 |
| 10 | Farah Emel Yosif | 15 | GHABA | 31.12 |

Heat 7 of 8 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Noor Kamel ElNagar | 15 | Sporting | 30.21 |
| 2 | Rouaa Ahmed Ibrahim | 15 | RWAD | 30.18 |
| 3 | Mohra ez el den Hossam | 15 | HELOP | 29.88 |
| 4 | Mariam Ebrahim ElShazly | 15 | Sporting | 29.64 |
| 5 | Jana Khalid | 15 | Sporting | 29.41 |
| 6 | Lojaina Khaled Mohamed Mo | 15 | HELDO | 29.55 |
| 7 | Rahma Ashraf Khairy | 15 | MAY15 | 29.73 |
| 8 | Lojain Hesham Mohamed | 15 | Cairo | 30.12 |
| 9 | Mariam Hazem Talaat | 15 | AHLY | 30.19 |
| 10 | Shahd Yaser Shaaban | 15 | TANTA | 30.29 |

Heat 8 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Farah Tarek Hassan | 15 | HELOP | 29.36 |
| 2 | Jana Mohamed Abdel Fattah | 15 | Canal El Suez | 29.21 |
| 3 | Nelly Elgmal Moh. Sayd Most | 15 | GEZIR | 29.08 |
| 4 | Gihan Ahmed Abd El Azim Al | 15 | MAADI | 28.88 |
| 5 | Farida Ayman Samra | 15 | SHOOT | 28.21 |
| 6 | Habiba Ayman Mahmoud Ha | 15 | Bank Ahly Alex | 28.34 |
| 7 | Rola Abo El Naga El Sayed | 15 | A S E C | 29.08 |
| 8 | Shahd Ahmed Abd Elbaky | 15 | Sporting | 29.19 |
| 9 | Yasmine Sharif AbdElAziz Ga | 15 | SHAMS | 29.30 |
| 10 | Hana Yasser Ghalab | 15 | AHLY | 29.39 |

Event 156 Girls 16 Year Olds 50 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|----------------------|----|----------------|-------|
| 3 | Noran ali Tawfek | 16 | TRSAN | 40.73 |
| 4 | Alaa Badeaa Ibrahim | 16 | Mansheit Naser | 39.41 |
| 5 | Shahd Sherif Ibrahim | 16 | ZMALK | 37.71 |
| 6 | Mariam Ahmed Hamdy | 16 | NASR | 38.28 |
| 7 | Kenzy Waeal Saied | 16 | Misr | 39.72 |

Heat 2 of 7 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Aya Tarik Ghaleib Abdel Rahr | 16 | ZOHUR | 37.34 |
| 2 | Farida Wael Kandil | 16 | DEGLA | 36.41 |
| 3 | Mariam Mostafa Adnan Ahme | 16 | SHOOT | 35.16 |
| 4 | Rana Shaban Mostafa Sharf | 16 | Taleaa El Gish | 34.61 |
| 5 | Malak Naser Mohamed Ahme | 16 | ZMALK | 34.08 |
| 6 | Nda Mostfa Mhmoud mlaApd | 16 | 6 OCT | 34.54 |
| 7 | Shahad Mohamed Gamal Ibra | 16 | 6 OCT | 34.93 |
| 8 | Jana Sherif Mohamed Al Saye | 16 | ZOHUR | 35.87 |
| 9 | Gana Sayed Shaker | 16 | TRSAN | 37.25 |
| 10 | Mariam Madhat Moustafa | 16 | M.S Tagamoa | 37.52 |

Heat 3 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Habiba Shady Abdel Rahman | 16 | HELDO | 33.67 |
| 2 | Rbab Mohamed Ebrahim Salef | 16 | 6 OCT | 33.54 |
| 3 | Shahad Mahmoud Abdel Al R | 16 | SHOOT | 33.25 |
| 4 | Salma Amro Moh. Abd Elfatal | 16 | GEZIR | 32.80 |
| 5 | Nour Mohamed Abdel Fattah | 16 | HLWAN | 32.56 |
| 6 | Malak Amr Essmat Mohamed | 16 | ZOHUR | 32.57 |
| 7 | Yomna Ayman Mohamed | 16 | AHLY | 32.93 |
| 8 | Marim Mohamed Ali | 16 | TRSAN | 33.50 |
| 9 | Lina Amr Mohamedabd AbdE | 16 | HELDO | 33.62 |
| 10 | Laila Ahmed Hassan | 16 | Taleaa El Gish | 33.78 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 4 Finals (#156 Girls 16 Year Olds 50 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Nada Haytham El Sayed Heik | 16 | HELDO | 32.42 |
| 2 | Khadiga Ahmed Arafat | 16 | Sporting | 32.28 |
| 3 | Renada Ayman Ismail Emam | 16 | 6 OCT | 32.04 |
| 4 | Habiba Wael Al Ghanam | 16 | GHABA | 31.95 |
| 5 | Lagein Haytham Essam Moha | 16 | ZMALK | 31.81 |
| 6 | Menatalla Yehia Hasan | 16 | HELOP | 31.82 |
| 7 | Hidy Mohamed Ramadan | 16 | TANTA | 31.98 |
| 8 | Alaa Omar Saad | 16 | ROYAL | 32.14 |
| 9 | Nouran Khaled Said Saleh | 16 | TRSAN | 32.41 |
| 10 | Aisha Ahmed Badawy | 16 | Sporting | 32.44 |

Heat 5 of 7 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Rahf Elhossuin | 16 | DEGLA | 31.60 |
| 2 | Rowan Mamdoh Aref Ahmed | 16 | 6 OCT | 31.43 |
| 3 | Sharouk Yehya Ibrahim | 16 | GHABA | 31.30 |
| 4 | Malak Mohamed Mohamed A | 16 | MAADI | 30.99 |
| 5 | Farah Ehab Fo`ad Elhussin | 16 | Smouha | 30.87 |
| 6 | Habiba Khaled Ahmed | 16 | DEGLA | 30.97 |
| 7 | Alia Ali Mohamed | 16 | HELOP | 31.11 |
| 8 | Nada Mohamed Mahmoud Ar | 16 | HLWAN | 31.41 |
| 9 | Fatma Hisham Sarwt | 16 | Sporting | 31.49 |
| 10 | Haya Amr Kamal Eldin | 16 | HELOP | 31.65 |

Heat 6 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Caren Hany Gamal | 16 | Sporting | 30.37 |
| 2 | Sherifa Ahm. Mohsin Abd Elr | 16 | GEZIR | 30.12 |
| 3 | Amira Hany Ahmed | 16 | AHLY | 30.05 |
| 4 | Hagar Hassan Abdel Rhman | 16 | TALBE | 29.88 |
| 5 | Dina Ahmed Elkharash | 16 | Smouha | 29.69 |
| 6 | Alaa Hossam Mohamed Moha | 16 | SHAMS | 29.81 |
| 7 | Mena Ahmed Azmy Ahmed | 16 | Smouha | 29.94 |
| 8 | Malak Wesam Badr | 16 | TANTA | 30.08 |
| 9 | Shad Hossam Hantera | 16 | TANTA | 30.24 |
| 10 | Gana Emad Gaad Hosny | 16 | SHAMS | 30.68 |

Heat 7 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------|-------|
| 1 | Ganna Samir Mohamed Ham | 16 | GHABA | 29.40 |
| 2 | Malak Omar Ahmed Shawky | 16 | SHAMS | 29.26 |
| 3 | Dana Tamer Shafiq | 16 | HELOP | 28.44 |
| 4 | Lougin Yousief Ahmed Yousie | 16 | SHAMS | 28.26 |
| 5 | Rawan Mohamed AboElFadl | 16 | DEGLA | 27.56 |
| 6 | Farah Amr Abdel Motaleib | 16 | SHOOT | 28.11 |
| 7 | Fatma Ayman Saeed Ahmed | 16 | HELDO | 28.37 |
| 8 | Norhan Mohamed Mohi Elzai | 16 | Smouha | 28.79 |
| 9 | Amina Zaky Mohamed Zaky | 16 | Sporting | 29.37 |
| 10 | Salma Alaa Mahdy | 16 | AHLY | 29.41 |

Event 157 Boys 14 Year Olds 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 14 Finals

| | | | | |
|---|----------------------------|----|------------------|---------|
| 1 | Youssef Ahmed El Tahlawy | 14 | AHLY | NT |
| 2 | Belal Tamer Abas | 14 | Canal El Suez | NT |
| 3 | Daniel Imad Talat | 14 | Beni Suef Club | NT |
| 4 | Yousif amr Fahmy | 14 | Beni Suef Club | NT |
| 5 | Mrwan Ahmed Farok | 14 | MAY15 | 1:48.21 |
| 6 | Mazan Ahmed Abdalaty | 14 | MAY15 | 1:49.56 |
| 7 | Yehia Saied | 14 | Taleaa El Gish | NT |
| 8 | Ibrahim Mohamed Ibrahim A | 14 | Raas El Bar Club | NT |
| 9 | Abdelrahman Walid Abdelkri | 14 | Taleaa El Gish | NT |

Heat 2 of 14 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Yousif Taher Bakry | 14 | HLWAN | 1:45.62 |
| 2 | Mostafa Khaled Mostafa Ibral | 14 | SHAMS | 1:44.53 |
| 3 | Mohamed Ashraf Gamal Elde | 14 | RWAD | 1:43.16 |
| 4 | Adham Amro Nabhan Kadah | 14 | GEZIR | 1:41.14 |
| 5 | Yasin Khaled Ahmed Sami | 14 | 6 OCT | 1:40.55 |
| 6 | Ahmed Yassar Essam | 14 | GHABA | 1:40.71 |
| 7 | Yassen Moh. Shrif Moh. Elbar | 14 | GEZIR | 1:41.47 |
| 8 | Omar Salah Mamdouh Ahme | 14 | Beni Suef Club | 1:43.23 |
| 9 | Hazem Ibrahim Nassar | 14 | NASR | 1:45.15 |
| 10 | Mahmoud Mohamed abd Rab | 14 | ENPPI | 1:46.76 |

Heat 3 of 14 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mario John Nagey Fahmy | 14 | Taleaa El Gish | 1:39.51 |
| 2 | Yousef Mohamed Adel | 14 | TANTA | 1:39.18 |
| 3 | Eyad Hatem Badwy | 14 | TALBE | 1:38.56 |
| 4 | Sief Mohamed Farouk | 14 | Cairo | 1:36.95 |
| 5 | Bashar Ahmed Mohamed | 14 | M.ARB | 1:36.20 |
| 6 | Mohammed Aadel Mostafa | 14 | TALBE | 1:36.35 |
| 7 | Stephen Hany Samir Ramzy | 14 | Taleaa El Gish | 1:37.65 |
| 8 | Ahmed Hossam Mohamed Al | 14 | SHAMS | 1:38.58 |
| 9 | abd el Rahman Alaa Ibrahim | 14 | MAY15 | 1:39.51 |
| 10 | Youssef Medhat Abdelazim M | 14 | Taleaa El Gish | 1:40.41 |

Heat 4 of 14 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mohamed Hatem Mohamed / | 14 | SHAMS | 1:36.14 |
| 2 | Ebrahim Sameh Mohamed | 14 | M.ARB | 1:35.78 |
| 3 | Ahmed Reda Mahmoud | 14 | MAY15 | 1:34.92 |
| 4 | Ahmed Mohamed Mosaad | 14 | TALBE | 1:34.46 |
| 5 | Marwan Waled Salem | 14 | Canal El Suez | 1:34.36 |
| 6 | Youssef Hazm | 14 | Taleaa El Gish | 1:34.41 |
| 7 | Yehia Khaled Yehia Mohamed | 14 | 6 OCT | 1:34.84 |
| 8 | Mohamed Taher | 14 | Mansheit Naser | 1:35.60 |
| 9 | Said Hatem Said | 14 | NASR | 1:35.85 |
| 10 | Youssef Mohamed Adbel Rah | 14 | MAY15 | 1:36.15 |

Heat 5 of 14 Finals

| | | | | |
|----|------------------------------|----|------------------|---------|
| 1 | Hossam Fahim Waled | 14 | TRSAN | 1:34.32 |
| 2 | Ziad Mohab Mostafa | 14 | TAGAM | 1:34.08 |
| 3 | Abdullah Mostafa Mahmoud | 14 | ZOHUR | 1:33.32 |
| 4 | Mario Hany Wadea | 14 | GHABA | 1:31.89 |
| 5 | Abd EL Malek Ashour | 14 | SHAMS | 1:30.76 |
| 6 | Mohamed Hesham Ahmed Sa | 14 | Baladyat El Maha | 1:31.21 |
| 7 | Yossef Khaled Magdy Ibrahim | 14 | Taleaa El Gish | 1:33.13 |
| 8 | Yossef Moh. Shrif Moh. Elbar | 14 | GEZIR | 1:33.60 |
| 9 | Mohamed Samir Abo ElFtooh | 14 | NASR | 1:34.32 |
| 10 | Abd Allah Mahmoud Fathy | 14 | TRSAN | 1:34.33 |

Heat 6 of 14 Finals

| | | | | |
|----|------------------------|----|---------------|---------|
| 1 | Ahmed Hassan Mohamed | 14 | ZOHUR | 1:30.65 |
| 2 | Abdul Rahman Wayil | 14 | TALBE | 1:30.11 |
| 3 | ali Diaa el Gendy | 14 | HELOP | 1:30.01 |
| 4 | Mohamed Tamer Fahmy | 14 | Canal El Suez | 1:29.57 |
| 5 | Ahmed Mohamed Al Sayed | 14 | Canal El Suez | 1:29.18 |
| 6 | Ahmed Safwat Mohamed | 14 | ZOHUR | 1:29.38 |
| 7 | Yossef Ahmed Galal | 14 | GHABA | 1:29.65 |
| 8 | Yaseen Nabil Mohamed | 14 | ZMALK | 1:30.10 |
| 9 | Hade Mohamed Saed | 14 | M.ARB | 1:30.17 |
| 10 | Batrek Ateef Gatas | 14 | ZMALK | 1:30.68 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 7 Finals (#157 Boys 14 Year Olds 100 LC Meter Breaststroke)

| | | | | |
|----|------------------------------|----|-------|---------|
| 1 | Nour el Sayed Kamal el din | 14 | TRSAN | 1:28.52 |
| 2 | Karim Osama Abu Zaid | 14 | TANTA | 1:28.25 |
| 3 | Ziad Amr Samir | 14 | NASR | 1:27.83 |
| 4 | Omar Ehab Rida | 14 | SHOOT | 1:27.78 |
| 5 | Ahmed Mohamed Gmal Eprah | 14 | 6 OCT | 1:27.23 |
| 6 | Yehia ali Mohsen | 14 | HELOP | 1:27.54 |
| 7 | Omer Akmel Nabil AL Mazny | 14 | SHOOT | 1:27.80 |
| 8 | Yehia SeifEL din EL Marghany | 14 | SHAMS | 1:27.87 |
| 9 | Mohamed Hisham Mohamed | 14 | NASR | 1:28.46 |
| 10 | Yaser Ahmed Mohamed Bayo | 14 | MOSTA | 1:28.66 |

Heat 8 of 14 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Yosef Ashraf Mahmoud Asho | 14 | MAADI | 1:26.73 |
| 2 | Yasein Abdel Hady Ahamed A | 14 | HELDO | 1:26.61 |
| 3 | Yosef Amr Mohamed Gohar | 14 | MAADI | 1:26.14 |
| 4 | Youseif Emad Salah | 14 | ZMALK | 1:25.77 |
| 5 | Abd Alaa Hany Ahmed | 14 | SHOOT | 1:25.17 |
| 6 | Ahmed abd el Hady Hassan | 14 | ZMALK | 1:25.67 |
| 7 | Jerome Peter Maher | 14 | ZOHUR | 1:25.78 |
| 8 | Yousef Mohamed Hashim Mo | 14 | MRAC | 1:26.41 |
| 9 | Yasin Mohamed Abu Raya | 14 | TANTA | 1:26.65 |
| 10 | Loai Hany A bd EL Haliem | 14 | SHAMS | 1:26.82 |

Heat 9 of 14 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Hosam Eldien Shreef Mahmo | 14 | TWFIK | 1:24.94 |
| 2 | amr Khaled Mohamed Mahm | 14 | ZMALK | 1:24.60 |
| 3 | Ali Ahmed Abd el Monem Om | 14 | SHAMS | 1:24.30 |
| 4 | Mostafa Emad Mohamed Awc | 14 | Gezira El Ward | 1:23.89 |
| 5 | Abdla Mohmd Ahmd Ali Alml | 14 | 6 OCT | 1:23.23 |
| 6 | Belal Mohamed Abd El Aziz S | 14 | MAADI | 1:23.37 |
| 7 | Azz El Din Hany Nagy Ahmed | 14 | SHOOT | 1:24.18 |
| 8 | Yossef Ahmed Farok | 14 | GHABA | 1:24.37 |
| 9 | Mohamed Wael Abdala Abdel | 14 | Nasr City | 1:24.69 |
| 10 | Gaser Mohamed el Shahat | 14 | TRSAN | 1:25.09 |

Heat 10 of 14 Finals

| | | | | |
|----|-----------------------------|----|---------|---------|
| 1 | Marwan Mohamed Sabry | 14 | ENPPI | 1:23.18 |
| 2 | Yahia Mostafa Gamal Eldeen | 14 | RWAD | 1:22.64 |
| 3 | Youssef Tamer Mohamed Har | 14 | DEGLA | 1:21.98 |
| 4 | Mrawan amr Mostafa abd el / | 14 | TRSAN | 1:21.51 |
| 5 | Omar Hatem Hassan | 14 | ZOHUR | 1:21.39 |
| 6 | Mostafa Magdi Mostafa | 14 | HLWAN | 1:21.40 |
| 7 | Selim Ihab Ghali | 14 | DEGLA | 1:21.62 |
| 8 | Adam amr Essam | 14 | HELOP | 1:22.02 |
| 9 | Mohamed Amr Mohamed Ala | 14 | ZOHUR | 1:22.96 |
| 10 | Mazen Ahmed Elsayed Helmy | 14 | Olympic | 1:23.21 |

Heat 11 of 14 Finals

| | | | | |
|----|---------------------------|----|------------|---------|
| 1 | Abdalla Alaa Elden Fahmy | 14 | M.ARB | 1:21.21 |
| 2 | Mohamed Emad Shaaban | 14 | AHLY | 1:20.89 |
| 3 | Mohamed Tarek Seiam | 14 | HELOP | 1:20.76 |
| 4 | Ahmed Eslam Hossny | 14 | DEGLA | 1:20.27 |
| 5 | Abdalla Gasser AbdelLatif | 14 | AHLY | 1:20.16 |
| 6 | Mazn Alsaeid Atya Dawoud | 14 | 6 OCT | 1:20.21 |
| 7 | Yassin Hisham Nour | 14 | Smouha | 1:20.32 |
| 8 | Amr Maged Abdel Gawad | 14 | DEGLA | 1:20.78 |
| 9 | Ahmed Hany Elbadwy | 14 | Stad Tanta | 1:21.04 |
| 10 | Aly Mostafa Tareef | 14 | AHLY | 1:21.27 |

Heat 12 of 14 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Ahmed Mohamed Ahmed Elk | 14 | Al Hawar | 1:19.95 |
| 2 | Mohamed Yasser Mohamed | 14 | ZMALK | 1:19.76 |
| 3 | Adham Hesham Mohmed abc | 14 | SHOOT | 1:19.40 |
| 4 | Abd EL Rahman Yaser Mohi F | 14 | HELOP | 1:18.95 |
| 5 | Adhm Montser Kmaal | 14 | SHOOT | 1:18.65 |
| 6 | Youssef Mohamed Soliman | 14 | DEGLA | 1:18.79 |
| 7 | Omar Hazem | 14 | ZMALK | 1:19.34 |
| 8 | Ahmed Amgad Ahmed | 14 | AHLY | 1:19.50 |
| 9 | Badr Ahmed Mohamed Anis | 14 | Olympic | 1:19.80 |
| 10 | Abdlrhmn Amro Nshat Abdlg | 14 | 6 OCT | 1:20.09 |

Heat 13 of 14 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Omar Walid Mamdouh Al Kh | 14 | MAADI | 1:18.43 |
| 2 | Youssef Ehab Mostafa | 14 | AHLY | 1:17.92 |
| 3 | Omar Tamer Said AbdElaziz | 14 | Smouha | 1:17.28 |
| 4 | Mohaned LiwaaEldin Ali | 14 | Smouha | 1:16.85 |
| 5 | Eazz El Din Mohamed Khami | 14 | Sporting | 1:16.09 |
| 6 | abd Elrahman Mohamed Bad | 14 | TRSAN | 1:16.64 |
| 7 | Esmat Ashraf Esmat Hatata | 14 | Smouha | 1:17.07 |
| 8 | Mohamed Salem Essa | 14 | HELOP | 1:17.82 |
| 9 | Zeyad Mohamed Saad Zaky | 14 | Olympic | 1:18.31 |
| 10 | Ahmed Amr Magdy | 14 | SHOOT | 1:18.53 |

Heat 14 of 14 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Belal Mohamed Abdel Wahab | 14 | DEGLA | 1:15.78 |
| 2 | Nour El Din Ayman | 14 | Sporting | 1:15.49 |
| 3 | Mohamed Mahmoud Attia | 14 | DEGLA | 1:15.34 |
| 4 | Ali Mohamed Ali Hasan El | 14 | Bank Ahly Alex | 1:12.21 |
| 5 | Mohamed Mashhour Yehia | 14 | AHLY | 1:10.71 |
| 6 | Karim Mohamed El Gharabav | 14 | ZOHUR | 1:11.41 |
| 7 | Yousof Hesham Anwer | 14 | TANTA | 1:12.63 |
| 8 | Ahmade Hamed Abbaas | 14 | TALBE | 1:15.38 |
| 9 | Ahmed Emad Samir Hassan | 14 | HELDO | 1:15.54 |
| 10 | Darren Dimitrios Chin | 14 | Sporting | 1:15.92 |

Event 158 Boys 15 Year Olds 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|----------------------------|-----|------------------|-----------|
| Heat 1 of 9 Finals | | | | |
| 4 | Marwan Ashraf Shaban | 15 | Telephonat B.N.S | NT |
| 5 | Mostafa Hatem Wahba Ismail | 15 | Taleaa El Gish | NT |
| 6 | Yousef Waleed El Dawy | 15 | DEGLA | NT |
| Heat 2 of 9 Finals | | | | |
| 1 | Yousf Hesham Hosny | 15 | TRSAN | NT |
| 2 | Eyad Medhat Almorsy | 15 | M.S Tagamoa | 1:41.23 |
| 3 | Ahmed Khaled Ahmed Elsher | 15 | BNK.G | 1:39.52 |
| 4 | Khalid Tahir Mohamed ali | 15 | TWFIK | 1:37.84 |
| 5 | Yassin Ihab Mamdouh | 15 | Taleaa El Gish | 1:37.39 |
| 6 | Hady Ahmed Sayed Ahmed | 15 | TRSAN | 1:37.66 |
| 7 | Seif Mohamed Hossny ElSam | 15 | SHAMS | 1:38.23 |
| 8 | Sief Aldien Maged Hasan | 15 | M.S Tagamoa | 1:40.19 |
| 9 | Ebrahim Mohamed Elhady | 15 | HLWAN | 1:53.21 |
| 10 | Mohamed Ibrahim Mohamed | 15 | ELCTR | NT |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#158 Boys 15 Year Olds 100 LC Meter Breaststroke)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Mohamed Ahmed Helmy | 15 | ZOHUR | 1:31.85 |
| 2 | Adel Mohamed Adel | 15 | RWAD | 1:30.61 |
| 3 | Abdallah Khaled | 15 | Taleaa El Gish | 1:30.06 |
| 4 | Yousof Ekramy Medhat Kame | 15 | TANTA | 1:28.61 |
| 5 | Youssef Al Moataz Mahmoud | 15 | HELDO | 1:27.95 |
| 6 | Ahmed Al Sayed Mohamed | 15 | Al Shehk Zaeid | 1:28.19 |
| 7 | Ziad Ahmed abd el Sabour | 15 | ZMALK | 1:29.77 |
| 8 | Mohamed Tarek Mohamed | 15 | ZOHUR | 1:30.60 |
| 9 | abd Elrahman Moheb Hosny | 15 | TANTA | 1:30.78 |
| 10 | Ahmed Mahmoud Abdullah | 15 | M.S Tagamoa | 1:32.12 |

Heat 4 of 9 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Mohamed Yasser ali | 15 | MAY15 | 1:27.89 |
| 2 | Hussen Ahm. Bahaa Eldin Far | 15 | GEZIR | 1:25.42 |
| 3 | Abdalaa Mohamed Abd el Ral | 15 | SHOOT | 1:24.32 |
| 4 | Gmal Sherif Gmal Ebrahim | 15 | 6 OCT | 1:23.80 |
| 5 | Yasen Ahmed Hamed | 15 | HELOP | 1:23.44 |
| 6 | Moustafa Saad Moustafa Farg | 15 | HELDO | 1:23.65 |
| 7 | Yassin Amro Mohamed Badr | 15 | SHOOT | 1:24.04 |
| 8 | Ahmed Ezzat Othman Mohan | 15 | Al Hawar | 1:24.69 |
| 9 | Abd El Rahman Mohamed Ab | 15 | Al Hawar | 1:27.62 |
| 10 | Ahmed Abdel Samad Ali | 15 | MAY15 | 1:27.92 |

Heat 5 of 9 Finals

| | | | | |
|----|--------------------------|----|------------------|---------|
| 1 | Kareem Ayman Mohamed Ga | 15 | TANTA | 1:23.30 |
| 2 | Abd Elrahman Hany Ahmed | 15 | SHOOT | 1:22.72 |
| 3 | Hamza Yehia Shafek | 15 | HELOP | 1:22.05 |
| 4 | Yosif Khaled | 15 | NASR | 1:21.58 |
| 5 | Yosef Magdy | 15 | GHABA | 1:21.47 |
| 6 | Hazam Tamer Mohamed | 15 | TAGAM | 1:21.58 |
| 7 | Abanop Mohsen | 15 | HELOP | 1:21.85 |
| 8 | Mahmoudm Tariék Mahmouc | 15 | Taleaa El Gish | 1:22.42 |
| 9 | Mohamed Naser Saad | 15 | Baladyat El Maha | 1:23.09 |
| 10 | Belal Mohamed Youns Mohm | 15 | 6 OCT | 1:23.43 |

Heat 6 of 9 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Ahmed Akram Hamdy Mohar | 15 | NASR | 1:20.96 |
| 2 | Mazen Ismail Mohamed Isma | 15 | MAADI | 1:20.17 |
| 3 | Braa Ayman Ali | 15 | ZOHUR | 1:19.62 |
| 4 | Omar Essam Awad | 15 | ZMALK | 1:19.44 |
| 5 | Ahmed Tarek Ali Mostafa | 15 | SHAMS | 1:19.27 |
| 6 | Abdallah Ahmed Mohamed | 15 | ZOHUR | 1:19.39 |
| 7 | Mohamed Ramy | 15 | GHABA | 1:19.51 |
| 8 | Ahmed Hossam Abdallah | 15 | HELOP | 1:19.72 |
| 9 | Mohamed Emad El Din | 15 | TANTA | 1:20.28 |
| 10 | Seif Osama Farok | 15 | GHABA | 1:21.44 |

Heat 7 of 9 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Omar Mohamed Mahmud Iss | 15 | HLWAN | 1:19.18 |
| 2 | Mohamed Ahmed Gamal | 15 | SHOOT | 1:18.53 |
| 3 | Fares Ramy gad Allah | 15 | HELOP | 1:18.47 |
| 4 | Omar Ehab Elfaham | 15 | Sporting | 1:17.85 |
| 5 | Mohamed Khaled Adb Elhake | 15 | SHOOT | 1:17.07 |
| 6 | Ismael Ahmed Refaat | 15 | Sporting | 1:17.22 |
| 7 | Hesham Mohmed Mhmoud A | 15 | 6 OCT | 1:18.01 |
| 8 | Bahy Mohy Mohamed | 15 | ZMALK | 1:18.52 |
| 9 | Ali Ahmed Abdalla Ali | 15 | ENPPI | 1:19.03 |
| 10 | Moaz Amr Gamal | 15 | AHLY | 1:19.23 |

Heat 8 of 9 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Mohamed Hisham Beshr | 15 | DEGLA | 1:16.69 |
| 2 | Anas Moustafa Al Sayed Bayo | 15 | HELDO | 1:16.62 |
| 3 | Youssef Mohamed Mostafa | 15 | ZMALK | 1:15.95 |
| 4 | Moahamed Sameh Moustafa | 15 | MAADI | 1:15.81 |
| 5 | Zeyad Karm Mohamdeen | 15 | AHLY | 1:15.50 |
| 6 | Ali Tarak Taha | 15 | ENPPI | 1:15.81 |
| 7 | Abd Elrhman Adel | 15 | GHABA | 1:15.91 |
| 8 | Yousif Ahmed Hamdy Borhan | 15 | Smouha | 1:16.51 |
| 9 | Ali Mahmoud Salah ElDein Ze | 15 | SHAMS | 1:16.62 |
| 10 | Abdelrahman Alaaeldin | 15 | AHLY | 1:17.02 |

Heat 9 of 9 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Ahmed Ehab AbdElhamed Ar | 15 | Smouha | 1:14.30 |
| 2 | Khaled Hammad Mohamed | 15 | DEGLA | 1:13.91 |
| 3 | Mahmoud Maged Abo el Ela | 15 | DEGLA | 1:12.24 |
| 4 | Ali El Din Tamer Mohamed Ri | 15 | TANTA | 1:11.05 |
| 5 | Omar Khaled Moustafa Al Ha | 15 | MAADI | 1:10.48 |
| 6 | Ahmed Mohamed El Menyaw | 15 | DEGLA | 1:10.48 |
| 7 | Eyad Osama Ramadan | 15 | AHLY | 1:11.78 |
| 8 | Abdelrahman Ashraf Abdelat | 15 | AHLY | 1:13.58 |
| 9 | Mohamed Ahmed Elryas | 15 | ZMALK | 1:14.08 |
| 10 | Ahmed Mohamed Amr | 15 | ZOHUR | 1:14.63 |

Event 159 Boys 16 Year Olds 100 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|---------------------------|----|----------------|---------|
| 4 | Mohamed Ahmed Mohamed | 16 | Beni Suef Club | NT |
| 5 | Mohamed Sameh Mohamed | 16 | HELOP | 1:35.85 |
| 6 | Yasin Sameh Fahmy | 16 | HELOP | NT |
| 7 | Ahmed Wael Yahya Moustafa | 16 | ZMALK | NT |

Heat 2 of 8 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Abd Elrahman Hany Moh. Ha | 16 | GEZIR | 1:33.17 |
| 2 | Seif El Din Mohamed Samir | 16 | ZMALK | 1:29.86 |
| 3 | Mohamed Saed abd Elrashed | 16 | TANTA | 1:28.54 |
| 4 | Omar Mohamed Omar | 16 | RWAD | 1:28.11 |
| 5 | Peiar Eid Rady | 16 | ZMALK | 1:27.69 |
| 6 | Yousief Hazem Mohamed Abc | 16 | SHAMS | 1:27.88 |
| 7 | Moemen Kazafy Shehata Bak | 16 | MRAC | 1:28.50 |
| 8 | Ahmed Hamdy Mohamed ali | 16 | HLWAN | 1:29.11 |
| 9 | Mohamed Hamdy Mohamed | 16 | MARB | 1:30.54 |
| 10 | Abel Rahman Ali Maher | 16 | ZOHUR | 1:33.41 |

Heat 3 of 8 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Ahmed Mohamed El Sayed | 16 | AHRAM | 1:26.56 |
| 2 | Mohamed Khaled Mohmd Ka | 16 | SHOOT | 1:24.29 |
| 3 | Ahmed Ehab Fayz | 16 | RWAD | 1:22.72 |
| 4 | Abdullah Tarek Abdel Salam l | 16 | HELDO | 1:21.58 |
| 5 | Ahmed Mohamed Fawzy Zaw | 16 | SHAMS | 1:20.99 |
| 6 | Seif Samer Sayed Saada | 16 | SHAMS | 1:21.04 |
| 7 | Ahmed Hossam Salah | 16 | HLWAN | 1:21.72 |
| 8 | Hazem Mohamed Salah El Di | 16 | ZMALK | 1:23.58 |
| 9 | Abdel Rahman Mohamed abd | 16 | MAY15 | 1:26.42 |
| 10 | Abdelrhman Ashrf Sayed Am | 16 | Taleaa El Gish | 1:27.12 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 4 Finals (#159 Boys 16 Year Olds 100 LC Meter Breaststroke)

| | | | | |
|----|------------------------------|----|-------|---------|
| 1 | Eyad Mohamed Abd ElMenea | 16 | TANTA | 1:19.76 |
| 2 | Zeyad Taha Dabor | 16 | TANTA | 1:19.56 |
| 3 | Yousef Khaled Salah El Din | 16 | ZOHUR | 1:18.65 |
| 4 | Omar Mohamed Abdel Mona | 16 | SHOOT | 1:18.23 |
| 5 | Omar Mostafa Abdelmohsen | 16 | MAADI | 1:17.56 |
| 6 | Mahmoud Waleed Elmasry | 16 | Cairo | 1:17.65 |
| 7 | Yassin Sherif Zakaria Soulim | 16 | 6 OCT | 1:18.28 |
| 8 | Yassin Mohamed Mostafa | 16 | ZMALK | 1:19.08 |
| 9 | Marwan Mohamed Mohamed | 16 | ENPPI | 1:19.75 |
| 10 | Yoseif Mahmoud Abou Bakr | 16 | MAY15 | 1:19.99 |

Heat 5 of 8 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Mohamed Youssef Hussion | 16 | MAY15 | 1:17.02 |
| 2 | Ahmed Sameh Awad | 16 | RWAD | 1:16.56 |
| 3 | Ali Khaled Mohamed Mahmo | 16 | RWAD | 1:16.20 |
| 4 | Abd ElRahman Shouky Mahr | 16 | SHOOT | 1:15.78 |
| 5 | Mostafa Ashraf Awad Allah | 16 | Olympic | 1:15.61 |
| 6 | Omar Tamer Hassan | 16 | AHLY | 1:15.75 |
| 7 | Abdel Rahman Hassan Mohar | 16 | TALBE | 1:15.82 |
| 8 | Ahmed Amr Ahmed Awad | 16 | Al Shehk Zaeid | 1:16.39 |
| 9 | Ahmed Sameh Saed Mohame | 16 | Bank Ahly Alex | 1:16.83 |
| 10 | Mohab Ahmed Elsis | 16 | TWFIK | 1:17.22 |

Heat 6 of 8 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Mohab Mohamed Elsaid Moh | 16 | Smouha | 1:15.55 |
| 2 | Youssef Hamdy Mahmoud | 16 | AHLY | 1:15.37 |
| 3 | Ziyad Ashraf Osman Taher | 16 | Sporting | 1:15.05 |
| 4 | Mohamed Rizk Hassan Rizk | 16 | Sporting | 1:14.67 |
| 5 | Morad Yaser Hafez | 16 | DEGLA | 1:14.48 |
| 6 | Ahmed Osama Mohamed | 16 | Cairo | 1:14.63 |
| 7 | abd Rahman Tamer Ismail | 16 | SHOOT | 1:14.96 |
| 8 | Karim Kamal Ahmed Mostafa | 16 | 6 OCT | 1:15.27 |
| 9 | Yousif Mohamed Anwar | 16 | HELOP | 1:15.46 |
| 10 | Seif Tamer Omran | 16 | DEGLA | 1:15.55 |

Heat 7 of 8 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Mostafa Mohamed Mostafa H | 16 | HELDO | 1:14.01 |
| 2 | Mohamed Mhmod Mohamed | 16 | Smouha | 1:13.09 |
| 3 | Hazem Amr Mohamed | 16 | AHLY | 1:12.77 |
| 4 | Ziad Khaled Shreef | 16 | Cairo | 1:11.56 |
| 5 | Ahmed Ismail Mohamed Ism: | 16 | MAADI | 1:11.35 |
| 6 | Saif EIDIn Sameh A.Elmoaez | 16 | DEGLA | 1:11.38 |
| 7 | Abdelrahman Khaled Mohme | 16 | DEGLA | 1:12.35 |
| 8 | Ramiz Elsaeyd Abdoh | 16 | DEGLA | 1:12.97 |
| 9 | Ali Khaled Ahmed Mostafa | 16 | GHABA | 1:13.67 |
| 10 | Gamal Metwaly Gamal Mohar | 16 | ZOHUR | 1:14.32 |

Heat 8 of 8 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Mohanad Mohamed Wageh | 16 | SHOOT | 1:10.81 |
| 2 | Mohamed Ashraf Fouad Hass | 16 | 6 OCT | 1:10.68 |
| 3 | Amr Mostafa Kodb | 16 | Smouha | 1:10.56 |
| 4 | Adham Hisham Nor | 16 | Smouha | 1:10.37 |
| 5 | Saif Ahmed abd Elmoniem Er | 16 | SHAMS | 1:08.46 |
| 6 | Omar Yasser Menis | 16 | Sporting | 1:08.58 |
| 7 | Hazem Shirif Elsiad AbdElm | 16 | Smouha | 1:10.42 |
| 8 | Karim Mohamed Samy | 16 | AHLY | 1:10.63 |
| 9 | Abdalah Waled el Said | 16 | Sporting | 1:10.79 |
| 10 | Zeyad Tamer Hussein | 16 | AHLY | 1:10.81 |

Event 160 Girls 14 Year Olds 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|----------------------------|----|-------|---------|
| 4 | Yasmin Ahmed El Tahlawy | 14 | AHLY | NT |
| 5 | Joumana Yaser Rifaat | 14 | SHOOT | 3:53.23 |
| 6 | Salma Abd Ella Abd Elhamee | 14 | TALBE | NT |

Heat 2 of 7 Finals

| | | | | |
|---|---------------------------|----|----------|---------|
| 2 | Hanan Aadelf Hossien | 14 | TALBE | 3:41.37 |
| 3 | Mariam Mohamed Abbas | 14 | AHLY | 3:33.37 |
| 4 | Malak Hesham Ahmed | 14 | ZMALK | 3:29.13 |
| 5 | Jana Alaa | 14 | Sporting | 3:28.30 |
| 6 | Sarah Hesham Abd El Hamid | 14 | MAY15 | 3:28.42 |
| 7 | Sherifa Maged | 14 | Sporting | 3:33.33 |
| 8 | Afrosena Sameh Kamel | 14 | AHRAM | 3:38.61 |
| 9 | Jana Mohamed Rashad | 14 | HLWAN | 3:41.46 |

Heat 3 of 7 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Rokaya Khalid El Masry | 14 | Sporting | 3:26.86 |
| 2 | Habiba Mohamed Moustafa | 14 | HELOP | 3:25.69 |
| 3 | Judy Awwad Mohamed | 14 | ZOHUR | 3:21.24 |
| 4 | Eman Mohamed Rashad | 14 | AHLY | 3:21.09 |
| 5 | Esraa Nasser Mahdy | 14 | ZOHUR | 3:19.20 |
| 6 | Sara Mohamed Ezzat | 14 | HELOP | 3:19.47 |
| 7 | Kenzy Amr El Sayed | 14 | TANTA | 3:21.16 |
| 8 | Gana Ahmed Mohamed Zaki | 14 | AHLY | 3:23.59 |
| 9 | Yara Waled Saed | 14 | TAGAM | 3:26.19 |
| 10 | Farida Talaat Lotfy Singer | 14 | HELDO | 3:27.68 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Lamar Ebrahim Foaad | 14 | MARB | 3:15.88 |
| 2 | Dorra Hesham Sayed Zahran | 14 | DEGLA | 3:15.23 |
| 3 | Fdwa Amer Ahmed Rmdan | 14 | 6 OCT | 3:14.97 |
| 4 | Sama Housen Zahyan | 14 | ZMALK | 3:14.45 |
| 5 | Hana Hisham Mohamed Yous | 14 | Smouha | 3:13.06 |
| 6 | Zeina Bassem Ali | 14 | DEGLA | 3:13.36 |
| 7 | Rahaf Ahmed Esmaeel | 14 | ZMALK | 3:14.83 |
| 8 | Dina Ebrahim Ebid | 14 | Sporting | 3:15.05 |
| 9 | Gana Ashraf Abd El Hafez Mo | 14 | SHOOT | 3:15.37 |
| 10 | Gana Mahmoud ali Agme | 14 | MARB | 3:16.70 |

Heat 5 of 7 Finals

| | | | | |
|----|-----------------------------|----|-----------|---------|
| 1 | Goudy Ahmed Elsayed | 14 | AHLY | 3:10.64 |
| 2 | Sara Saeid Fathy Elsaied | 14 | Nasr City | 3:09.41 |
| 3 | Fareh Shiref Hassan Ahmed A | 14 | SHAMS | 3:09.13 |
| 4 | Nour Mohamed Fathy | 14 | SHOOT | 3:08.43 |
| 5 | Donia Ebrahim Ebid | 14 | Sporting | 3:06.43 |
| 6 | Shza Ahmed Hmdy Ahmed | 14 | 6 OCT | 3:07.67 |
| 7 | Gana Mohamed Abd ElSamed | 14 | SHOOT | 3:08.61 |
| 8 | Rawda Ashrif Ramdan | 14 | MAY15 | 3:09.20 |
| 9 | Rana Walid Ahmed | 14 | SHOOT | 3:09.63 |
| 10 | Berehan Khaled Khalaf | 14 | DEGLA | 3:11.94 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 6 Finals (#160 Girls 14 Year Olds 200 LC Meter Breaststroke)

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Malak Khaled Ahmed Abdalla | 14 | DEGLA | 3:05.73 |
| 2 | Sandra Medhat Mohamed | 14 | AHLY | 3:04.29 |
| 3 | Shams Anas Hessen Elsherif | 14 | SHAMS | 3:03.34 |
| 4 | Nor Mahmoud Anbar | 14 | GHABA | 3:02.00 |
| 5 | Razan Mohamed Beshar Adb | 14 | DEGLA | 3:00.88 |
| 6 | Nadin Ayman Hessien | 14 | DEGLA | 3:01.22 |
| 7 | Rawan Wael | 14 | AHLY | 3:02.68 |
| 8 | Nourhan Mohamed Moharan | 14 | TANTA | 3:04.25 |
| 9 | Rewan Sherief Zayan | 14 | Olympic | 3:04.82 |
| 10 | Ganna Ahmed Yousof | 14 | TANTA | 3:05.82 |

Heat 7 of 7 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Farah Hassan Ragab | 14 | Y.M.C.A | 2:59.46 |
| 2 | Basmalah Gomaa Ali | 14 | Bank Ahly Alex | 2:58.79 |
| 3 | Mariam Mohamed Emad Fah | 14 | MAADI | 2:54.51 |
| 4 | Maryam Emad Mohamed Elh | 14 | Gezira El Ward | 2:50.96 |
| 5 | Goudy Abdelhalem Fathala Z | 14 | Bank Ahly Alex | 2:48.70 |
| 6 | Sara Elhamy Foad Abd El Sall | 14 | MAADI | 2:50.23 |
| 7 | Mariam amr Mohamed | 14 | DEGLA | 2:54.44 |
| 8 | Gana Mohamed Ahmed Salan | 14 | GHABA | 2:58.75 |
| 9 | Shahd Mohamed Ismael | 14 | Smouha | 2:58.91 |
| 10 | Rodaina Mohamed Mohamed | 14 | Nasr City | 3:00.22 |

Event 161 Girls 15 Year Olds 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|-------------------------|----|----------------|---------|
| 2 | Rahaf Ayman Aly | 15 | AHLY | 3:55.69 |
| 3 | Wlaa Wahed | 15 | Taleaa El Gish | 3:26.26 |
| 4 | Malak Qazzafi Shehata | 15 | GHABA | 3:20.93 |
| 5 | Alia Slah Elden Ahmed | 15 | HELOP | 3:19.47 |
| 6 | Jomana Ehab Shabana | 15 | Smouha | 3:19.89 |
| 7 | Yara Mohamed Shaaban | 15 | RWAD | 3:21.30 |
| 8 | Rodaina Mohamed Zaki | 15 | AHLY | 3:44.15 |
| 9 | Menha Magdy Mohamed Gad | 15 | Taleaa El Gish | NT |

Heat 2 of 3 Finals

| | | | | |
|----|------------------------------|----|------------|---------|
| 1 | Arwa Ahmed Hasan | 15 | Stad Tanta | 3:14.12 |
| 2 | Lele Mohamed Mostafa | 15 | ENPPI | 3:11.74 |
| 3 | Mariam Safwat Saleh | 15 | ZOHUR | 3:07.30 |
| 4 | Habiba Mohamed Abdallah | 15 | DEGLA | 3:05.29 |
| 5 | Farida Tamer Farouk abd EIM | 15 | SHAMS | 3:03.72 |
| 6 | Salma Mohamedf Abdel Salar | 15 | HELDO | 3:04.12 |
| 7 | Sohailla Mohamed abd Elsalat | 15 | DEGLA | 3:07.05 |
| 8 | Malak Yasser Mohamed Ham | 15 | DEGLA | 3:07.39 |
| 9 | Farah Basem | 15 | DEGLA | 3:12.53 |
| 10 | Gana Ragab Ramdan | 15 | ZMALK | 3:17.04 |

Heat 3 of 3 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Dalya Ahmed Abdel Salam | 15 | MAY15 | 3:03.16 |
| 2 | Karma Ahmed Nabil | 15 | SHOOT | 2:55.61 |
| 3 | Gana Nasr El Din Ali | 15 | Sporting | 2:49.18 |
| 4 | Sara Soliman Said | 15 | AHLY | 2:39.53 |
| 5 | Nour Diaa Elden abo Bakr | 15 | HELOP | 2:37.93 |
| 6 | Rawan Tamer Mohamed | 15 | DEGLA | 2:37.97 |
| 7 | Laila Ahmed Adel El Kholy | 15 | MAADI | 2:46.46 |
| 8 | Ngm Osama Mohamed Ahme | 15 | 6 OCT | 2:51.64 |
| 9 | Tasnem Mohamed Mohamed | 15 | Smouha | 2:59.80 |
| 10 | Lobna Ahmed Khalifa | 15 | Bank Ahly Alex | 3:03.24 |

Event 162 Girls 16 Year Olds 200 LC Meter Breaststroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|---------------------------|----|-------------|---------|
| 2 | Joy Barssom Aghib | 16 | AHRAM | 3:52.26 |
| 3 | Zeina Adham Mohamed Ahm | 16 | BNKG | 3:34.85 |
| 4 | Amina Maged | 16 | Sporting | 3:29.36 |
| 5 | Mariam Mohamed Osama Mc | 16 | SHOOT | 3:22.46 |
| 6 | Yasmen Samer Mahmoud | 16 | AHLY | 3:23.50 |
| 7 | Nour Mohamed Abdel Fattah | 16 | HLWAN | 3:30.75 |
| 8 | Rawan abd Elhamid | 16 | Police Club | 3:42.45 |

Heat 2 of 3 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Shahd Walaa Noaaman | 16 | AHLY | 3:18.63 |
| 2 | Salma Amro Moh. Abd Elfatal | 16 | GEZIR | 3:13.28 |
| 3 | Lobna Hossam Mohamed | 16 | AHLY | 3:12.00 |
| 4 | Renada Ayman Ismail Emam | 16 | 6 OCT | 3:05.91 |
| 5 | Hana Mohamed Ashour | 16 | HELOP | 3:05.63 |
| 6 | Maia Ashraf Hakam | 16 | DEGLA | 3:05.75 |
| 7 | Nourhan Essam El Din Fatthy | 16 | ZOHUR | 3:09.71 |
| 8 | Shaza Ashraf Hosny | 16 | DEGLA | 3:12.93 |
| 9 | Nada abd el Kader Ebrahim | 16 | Stad Mansoura | 3:18.52 |
| 10 | Naghm Mohamed Slah | 16 | GHABA | 3:20.51 |

Heat 3 of 3 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Soaad Mohamed Elsaid Ibrah | 16 | Smouha | 3:05.03 |
| 2 | Hoda Hosam Hosny | 16 | DEGLA | 2:58.67 |
| 3 | Youmna Mohamed Seif El Din | 16 | TRSAN | 2:58.29 |
| 4 | Toka Ahmed Khalifa Mohame | 16 | Bank Ahly Alex | 2:56.27 |
| 5 | Dina Mosaad El Taiybe | 16 | Sporting | 2:43.01 |
| 6 | Habiba Hesham Mostafa Har | 16 | DEGLA | 2:49.80 |
| 7 | Tasneem Mohamed Rashad | 16 | RWAD | 2:58.01 |
| 8 | Alya Mostafa Mohamed | 16 | AHLY | 2:58.41 |
| 9 | Malak Mohamed Ezzat Al Hac | 16 | 6 OCT | 3:00.29 |
| 10 | Hana Ahmed Yousof | 16 | TANTA | 3:05.04 |

Event 163 Boys 14 Year Olds 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|---------------------------|----|---------------|----------|
| 2 | Yosef Fathy Al Ghanduor | 14 | Canal El Suez | NT |
| 3 | Ahmed Mohamed Al Sayed | 14 | Canal El Suez | NT |
| 4 | Mohamed Tarek Fayiz | 14 | HELOP | 11:01.80 |
| 5 | Omar Shrif Moustafa | 14 | ZMALK | 10:34.38 |
| 6 | Esmail Amro Ebrahim Elbad | 14 | SHOOT | 10:47.02 |
| 7 | Moaaz Ahmed Ismail | 14 | Canal El Suez | NT |
| 8 | Houssein Salem Sayed | 14 | Canal El Suez | NT |
| 9 | Mohamed Tamer Fahmy | 14 | Canal El Suez | NT |

Heat 2 of 6 Finals

| | | | | |
|----|----------------------------|----|-------|----------|
| 1 | Mazen Yousry El Ghonimy | 14 | TANTA | 10:32.44 |
| 2 | Yousef Mohamed Farouk Sale | 14 | 6 OCT | 10:21.40 |
| 3 | Ahmed Tarek Mohamed Abde | 14 | M.ARB | 10:20.62 |
| 4 | Abd El Rahman Mohamed Fai | 14 | SHOOT | 10:18.64 |
| 5 | Eyad Mohamed Gamal | 14 | DEGLA | 10:07.17 |
| 6 | Mhmoud Wled Fkri Mhmoud | 14 | 6 OCT | 10:13.87 |
| 7 | Ahmed Ramy El Sayed Abdall | 14 | DEGLA | 10:20.06 |
| 8 | Mohamed Housam Eldin | 14 | ZMALK | 10:21.05 |
| 9 | Saif Esam Abd Elmenem | 14 | NASR | 10:27.56 |
| 10 | Moaaz Nasser Eid Abd Allah | 14 | TALBE | 10:33.19 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#163 Boys 14 Year Olds 800 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|------------------|----------|
| 1 | Mohamed Ali Mohamed Ali | 14 | DEGLA | 10:03.46 |
| 2 | Adham Mhammed Arafa Has | 14 | Al Hawar | 10:01.10 |
| 3 | Iyad Mohamed Abdel Azem e | 14 | Al Hawar | 9:59.84 |
| 4 | Mostafa Emad Mohamed Aw | 14 | Gezira El Ward | 9:56.83 |
| 5 | Salah Eldin Mohamed Salahe | 14 | Cairo | 9:54.79 |
| 6 | Yasin Mahmoud Mostafa | 14 | SHOOT | 9:54.95 |
| 7 | Yousif Ayman Mohamed Elgw | 14 | Smouha | 9:59.18 |
| 8 | Mostafa Tamer Mamdouh | 14 | Baladyat El Maha | 10:00.20 |
| 9 | Yossif Khaled Morsy | 14 | A S E C | 10:01.53 |
| 10 | Fathey Ahmed Fathey abd el | 14 | Stad Mansoura | 10:05.93 |

Heat 4 of 6 Finals

| | | | | |
|----|----------------------------|----|-------------|---------|
| 1 | Aly Shref Aly Mohamed | 14 | SHOOT | 9:52.86 |
| 2 | Marwan Mohamed Abdallah | 14 | DEGLA | 9:50.59 |
| 3 | Omar Tarek Omar el Koly | 14 | Al Hawar | 9:48.63 |
| 4 | Abd ElRahman Mohamed Ain | 14 | SHOOT | 9:45.32 |
| 5 | Marawan Ayman Abd El Hafiz | 14 | SHOOT | 9:41.90 |
| 6 | Omar Wael Galal | 14 | Police Club | 9:44.35 |
| 7 | Mohamed Tarek Seiam | 14 | HELOP | 9:47.34 |
| 8 | Omar Ibrahim Elshahat Eln | 14 | Smouha | 9:49.97 |
| 9 | Ahmed Beshar Mostafa Moha | 14 | 6 OCT | 9:52.77 |
| 10 | Hesham Nader Kamal | 14 | AHLY | 9:54.12 |

Heat 5 of 6 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Marawan Emad Hamed | 14 | AHLY | 9:40.05 |
| 2 | Marawan Tarek Ehab | 14 | AHLY | 9:37.97 |
| 3 | Mohamed Tarek Rashad Abd | 14 | SHAMS | 9:35.93 |
| 4 | Yousf Mohmed Mdht Mohme | 14 | 6 OCT | 9:33.83 |
| 5 | Yasin Housam Fyd Altranesy | 14 | 6 OCT | 9:31.80 |
| 6 | Sife Mohamwd Saber | 14 | ZMALK | 9:32.68 |
| 7 | Ali Khaled Ali | 14 | SHOOT | 9:34.83 |
| 8 | Amr Khaled Mohamed Abdel | 14 | DEGLA | 9:36.87 |
| 9 | Eyad Ahmed Zakaria | 14 | AHLY | 9:37.98 |
| 10 | Ahmed Mahmoud Fouad Mah | 14 | DEGLA | 9:40.24 |

Heat 6 of 6 Finals

| | | | | |
|----|---------------------------|----|------------------|---------|
| 1 | Mohamed Ahmed Fouad | 14 | AHLY | 9:27.96 |
| 2 | Omar Mohsen Ramdan AbdE | 14 | Smouha | 9:27.55 |
| 3 | Adham Ayman Monir Hashen | 14 | TRSAN | 9:21.07 |
| 4 | Mohamed Elsaid Ibrahim Ba | 14 | Stad Mansoura | 9:12.90 |
| 5 | Seif Eldin Ahmed Mohamed | 14 | AHLY | 9:05.94 |
| 6 | Omar Ahmed Hassan Ryaan | 14 | SHAMS | 9:06.16 |
| 7 | Ahmed Ayman Ali Mohamed | 14 | SHAMS | 9:17.64 |
| 8 | Seif Walaa Antar | 14 | DEGLA | 9:25.49 |
| 9 | Omar Gaber Aly | 14 | AHLY | 9:27.89 |
| 10 | Mohamed Elsaied El Eraqy | 14 | Baladyat El Maha | 9:28.35 |

Event 164 Boys 15 Year Olds 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-----------------------------|----|----------|----------|
| 1 | Mostafa Walid Mostafa AlSwa | 15 | TANTA | NT |
| 2 | Ali Mohamed Gamal | 15 | DEGLA | 10:30.99 |
| 3 | Zeyad Mohamed Abdel Fatah | 15 | Al Hawar | 10:12.44 |
| 4 | Youssef Ahmed Taha | 15 | ZMALK | 10:07.53 |
| 5 | Youssef Amgad Ali Fahmy | 15 | SHAMS | 10:02.87 |
| 6 | Amr Mohamed Saad Bayomy | 15 | Al Hawar | 10:04.84 |
| 7 | Abdelrahman Ased Mohamec | 15 | DEGLA | 10:09.01 |
| 8 | Ez Elden Tamer | 15 | GHABA | 10:30.77 |
| 9 | SifEldin Hossam Mohamed El | 15 | Smouha | 10:32.14 |

Heat 2 of 4 Finals

| | | | | |
|----|----------------------------|----|----------|----------|
| 1 | Mina Yousif Moris Mikhaee | 15 | Smouha | 10:00.06 |
| 2 | Seif Amr Samir Abd ElSamad | 15 | SHAMS | 9:56.43 |
| 3 | Adel Amr Adel | 15 | Sporting | 9:54.65 |
| 4 | Mohamed Emad El Din | 15 | TANTA | 9:47.71 |
| 5 | Omar Moamed Lotfy Abdo Yo | 15 | Al Hawar | 9:45.40 |
| 6 | Mohamed Khaled Adb Elhake | 15 | SHOOT | 9:46.44 |
| 7 | Mohamed Samy Maher | 15 | AHLY | 9:51.69 |
| 8 | Yousef Ahmed Abdel Monem | 15 | 6 OCT | 9:56.01 |
| 9 | Nour Maged Mohamed | 15 | SHOOT | 9:57.22 |
| 10 | Abd Elrahman amr abd Elkh | 15 | M.ARB | 10:00.89 |

Heat 3 of 4 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Ahmed Mohammed Hamdy S | 15 | Al Hawar | 9:41.56 |
| 2 | Yosef Shereef Yosef Oweda | 15 | Gezira El Ward | 9:36.68 |
| 3 | Mounir Ramez Mounir | 15 | SHOOT | 9:30.91 |
| 4 | Samir Sameh el Batal | 15 | DEGLA | 9:20.91 |
| 5 | Houssen Talal Houssen Sayd | 15 | 6 OCT | 9:14.57 |
| 6 | Yassin Esam El Din | 15 | Sporting | 9:19.86 |
| 7 | Ahmed Hazem Mohamed Apc | 15 | 6 OCT | 9:29.78 |
| 8 | Saad ElDen Saeed Saad | 15 | Sporting | 9:31.62 |
| 9 | Mahmoud Hesham El Ansary | 15 | DEGLA | 9:39.01 |
| 10 | Ahmed Yaser Samy Borham | 15 | Al Hawar | 9:42.69 |

Heat 4 of 4 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Farouk Adel Farouk Amar | 15 | 6 OCT | 9:14.02 |
| 2 | Mostafa Adel Khalil Ibrahim | 15 | Smouha | 9:04.65 |
| 3 | Mooataz Tarek Ibrahim Moha | 15 | AHLY | 9:01.03 |
| 4 | Youssef Magdy Elhady | 15 | AHLY | 8:55.15 |
| 5 | Ahmed Sameh Elsaid | 15 | AHLY | 8:41.47 |
| 6 | amr Mohamed Anter | 15 | ZMALK | 8:47.66 |
| 7 | Yasin Hatem Sery | 15 | HELOP | 8:58.16 |
| 8 | Ahmed Mohamed Elhoussein | 15 | AHLY | 9:01.91 |
| 9 | Ahmed Taher Allam | 15 | Stad Mansoura | 9:07.82 |
| 10 | abd Elrahman Tarek Mohame | 15 | Stad Mansoura | 9:14.38 |

Event 165 Boys 16 Year Olds 800 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|------------------------------|----|---------------|----------|
| 4 | Mohamed Al Sayed Ali Alleith | 16 | Stad Mansoura | NT |
| 5 | Mohamed Ehab Elsaeyd | 16 | DEGLA | 10:46.17 |
| 6 | Nour Aldeen Ahmed Hassen | 16 | Nasr City | 11:09.25 |

Heat 2 of 5 Finals

| | | | | |
|---|---------------------------|----|---------------|----------|
| 2 | Mohamed Osama Mohamd Al | 16 | SHOOT | 10:13.17 |
| 3 | Seif El Din Said Mohamed | 16 | ENPPI | 10:00.58 |
| 4 | Yosef Mohamed Hegazy Hasa | 16 | Al Hawar | 9:54.27 |
| 5 | Mohamed Wael Abdel Monae | 16 | ENPPI | 9:46.28 |
| 6 | Khaled Ahmed Farouk Ramd | 16 | Cairo | 9:48.57 |
| 7 | Mahmoud Essam El Din Abda | 16 | ZOHUR | 9:57.93 |
| 8 | Mohamed Ahmed Omran Al E | 16 | AHRAM | 10:10.01 |
| 9 | Omar Ahmed Ismail | 16 | Canal El Suez | 10:21.25 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 3 Finals (#165 Boys 16 Year Olds 800 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Yousef Hasham abd el Fatah | 16 | Sporting | 9:42.12 |
| 2 | Yousif Khaled Mohamed Ahm | 16 | Smouha | 9:39.57 |
| 3 | Ahmed Islam Mahmoud | 16 | ZMALK | 9:34.31 |
| 4 | Omar Medhat Hassan | 16 | AHLY | 9:32.65 |
| 5 | Zeiad Hamdy Amin Ossman | 16 | ZMALK | 9:27.89 |
| 6 | Yassin Amir | 16 | GHABA | 9:31.71 |
| 7 | Ahmed Mahmoud Abd Elazee | 16 | RWAD | 9:33.89 |
| 8 | Karim Mohamed Ahmed Bad | 16 | TANTA | 9:36.39 |
| 9 | Ahmed Mohamed Noaaman | 16 | Smouha | 9:39.71 |
| 10 | Mohamed Mostafa Mohamed | 16 | Nasr City | 9:45.84 |

Heat 4 of 5 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Omar Akram Ibrahim | 16 | SHOOT | 9:22.32 |
| 2 | Ahmed Hesham Nageib | 16 | ZMALK | 9:19.82 |
| 3 | Mohamed Hany Sadek | 16 | Gezira El Ward | 9:16.71 |
| 4 | Ahmed Sameh Awad | 16 | RWAD | 9:15.05 |
| 5 | Yousef Yahya Zakriya Ramady | 16 | Sporting | 9:14.55 |
| 6 | Yahia Ashraf Madkour | 16 | Smouha | 9:14.98 |
| 7 | Zyad Wael Abass Bhr | 16 | 6 OCT | 9:16.63 |
| 8 | Mostafa Mohamed Mahmoud | 16 | AHLY | 9:17.92 |
| 9 | Mahmoud Moustafa El Marak | 16 | Sporting | 9:21.35 |
| 10 | Omar Hosam Mohamed Atyy | 16 | Al Hawar | 9:22.69 |

Heat 5 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Karim Mohamed Mamdouh | 16 | AHLY | 9:08.25 |
| 2 | Abo Baker Hazem Hosney Mc | 16 | SHAMS | 9:06.37 |
| 3 | Khaled Mohamed Kamel | 16 | AHLY | 8:57.65 |
| 4 | Mrawan Mostafa Mowaled | 16 | DEGLA | 8:47.89 |
| 5 | Shady Mahmoud Nader | 16 | AHLY | 8:45.77 |
| 6 | Mohamed Hesham Ismsil Hai | 16 | 6 OCT | 8:46.84 |
| 7 | Moustafa Tarik Moustafa | 16 | HELOP | 8:53.25 |
| 8 | Mohamed Mahmoud Moham | 16 | GHABA | 8:58.11 |
| 9 | Omar Ahmed Anees | 16 | Gezira El Ward | 9:07.20 |
| 10 | Karim Assem Hmad Kasem | 16 | 6 OCT | 9:09.67 |

Event 166 Girls 14 Year Olds 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|----------|-----------|
| Heat 1 of 4 Finals | | | | |
| 4 | Lojain Osama Mohamed | 14 | DEGLA | NT |
| 5 | Leila Ahmed Ebrahim Ali Eid | 14 | HELDO | 6:51.50 |
| 6 | Farida Talaat Lotfy Singer | 14 | HELDO | 7:08.16 |
| Heat 2 of 4 Finals | | | | |
| 1 | Sara Sameh Awad Elsaïd | 14 | RWAD | 6:46.22 |
| 2 | Shaden Abo El Ela Hamdy | 14 | AHLY | 6:41.52 |
| 3 | Sama Wael Mohamed EL Had | 14 | SHAMS | 6:23.68 |
| 4 | Nareman Mohamed Ibrahim | 14 | TALBE | 6:20.43 |
| 5 | Mariam Nasr Ahmed Said | 14 | MAY15 | 6:15.32 |
| 6 | Kenzy Amr Hanafy | 14 | DEGLA | 6:15.48 |
| 7 | Hana Ahmed Ateia | 14 | DEGLA | 6:23.23 |
| 8 | Nour Ahmed Samer | 14 | Sporting | 6:23.78 |
| 9 | Karma Emad Naeem Guda | 14 | HELDO | 6:41.59 |

Heat 3 of 4 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Basmala Ahmed AbdElftah | 14 | Smouha | 6:12.41 |
| 2 | Nybal Esmaeel aly | 14 | Al Hawar | 6:03.36 |
| 3 | Goudy Ahmed Elsayed | 14 | AHLY | 6:02.70 |
| 4 | Gody Tarik Salah Elwilily | 14 | Smouha | 6:00.63 |
| 5 | Kenzi Magdy Elshahat | 14 | Elethad | 5:57.52 |
| 6 | Salma Khaled Elsayed | 14 | DEGLA | 5:57.76 |
| 7 | Aya Ashrf Ahmed Mohamed Al | 14 | 6 OCT | 6:01.55 |
| 8 | Donia Ebrahim Ebid | 14 | Sporting | 6:03.07 |
| 9 | Rahaf Ahmed Esmaeel | 14 | ZMALK | 6:11.33 |
| 10 | Mariam Bassem Beshay Mou | 14 | HELDO | 6:15.05 |

Heat 4 of 4 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Maryam Emad Mohamed Elh | 14 | Gezira El Ward | 5:49.66 |
| 2 | Nouran Mahmoud Mohamed | 14 | DEGLA | 5:38.44 |
| 3 | Joudy Ahmed Mohamed Nou | 14 | MAY15 | 5:36.08 |
| 4 | Yara ali el Koshy | 14 | ZMALK | 5:34.32 |
| 5 | Zaina Mohamed Haitham Has | 14 | SHOOT | 5:14.32 |
| 6 | Kenzy Mostafa Zakaria | 14 | AHLY | 5:28.30 |
| 7 | Mena Tarek Aly | 14 | AHLY | 5:34.77 |
| 8 | Mariam Mohamed Emad Fah | 14 | MAADI | 5:38.05 |
| 9 | Salma Ahmed Mohamed Khal | 14 | Gezira El Ward | 5:39.55 |
| 10 | Dina Ebrahim Ebid | 14 | Sporting | 5:55.77 |

Event 167 Girls 15 Year Olds 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|---------------------------|----------------------------|-----|----------|-----------|
| Heat 1 of 2 Finals | | | | |
| 1 | Salma Hesham Mohamed | 15 | ZMALK | 6:42.04 |
| 2 | Fatma Nader Glal Mhrz | 15 | 6 OCT | 6:38.10 |
| 3 | Aya Mohamed Hosam Elden / | 15 | 6 OCT | 6:30.55 |
| 4 | Merna Mohamed adb Elhady | 15 | ZMALK | 6:19.45 |
| 5 | Salma Waled | 15 | Smouha | 5:57.29 |
| 6 | Malak Ahmed Nagy Ali | 15 | HELDO | 6:05.77 |
| 7 | Salma Mohamedf Abdel Salar | 15 | HELDO | 6:26.50 |
| 8 | Malak Ahmed Mohamed | 15 | DEGLA | 6:31.72 |
| 9 | Hoda Hesham Mohamed Moh | 15 | 6 OCT | 6:40.91 |
| Heat 2 of 2 Finals | | | | |
| 1 | Malak Khaled Abdelhady | 15 | AHLY | 5:52.11 |
| 2 | Marim Mhmod Elsaid Elshik | 15 | Smouha | 5:39.12 |
| 3 | Hanin Ashraf aly | 15 | Olympic | 5:35.52 |
| 4 | Fatma Mohamed Klel Ebrahir | 15 | 6 OCT | 5:27.06 |
| 5 | Rawan Tamer Mohamed | 15 | DEGLA | 5:06.27 |
| 6 | Nour Diaa Elden abo Bakr | 15 | HELOP | 5:08.92 |
| 7 | Maya Osama Handosa | 15 | Al Hawar | 5:35.29 |
| 8 | Gana Nasr El Din Ali | 15 | Sporting | 5:38.47 |
| 9 | Mariam Hesham Mohamed | 15 | AHLY | 5:43.25 |
| 10 | Hana Mohie el den Osman | 15 | HELOP | 5:54.43 |

Event 168 Girls 16 Year Olds 400 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------------|-----|----------|-----------|
| Heat 1 of 3 Finals | | | | |
| 2 | Dina Mosaad El Taiybe | 16 | Sporting | NT |
| 3 | Zeina Adham Mohamed Ahm | 16 | BNKG | 6:33.99 |
| 4 | Naghm Mohamed Slah | 16 | GHABA | 6:25.64 |
| 5 | Mariam Mohamed Osama Mc | 16 | SHOOT | 6:17.60 |
| 6 | Noran Wael Ali | 16 | Smouha | 6:17.61 |
| 7 | Rahma Mohamed Hassan Abc | 16 | HELDO | 6:29.71 |
| 8 | Basant Ahmed Abd Al-Aaty | 16 | SHAMS | 6:36.63 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 2 Finals (#168 Girls 16 Year Olds 400 LC Meter IM)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Soaad Mohamed Elsaid Ibrah | 16 | Smouha | 6:14.57 |
| 2 | Nourhan Raaft Elsaid | 16 | AHLY | 6:08.52 |
| 3 | Hana Tarek Fared | 16 | SHOOT | 6:05.68 |
| 4 | Jana Ahmed Ebrahim | 16 | Sporting | 5:54.93 |
| 5 | Yara Mahmoud Abdo Mosa | 16 | Al Hawar | 5:42.55 |
| 6 | Tasneem Mohamed Rashad | 16 | RWAD | 5:54.30 |
| 7 | Areeg Mohamed Faroak | 16 | Al Hawar | 6:00.61 |
| 8 | Lobna Hossam Mohamed | 16 | AHLY | 6:06.17 |
| 9 | Farah Ehab Fo'ad Elhussin | 16 | Smouha | 6:10.27 |
| 10 | Zina Ahmed Nabil | 16 | Sporting | 6:17.08 |

Heat 3 of 3 Finals

| | | | | |
|----|------------------------------|----|----------|---------|
| 1 | Mai Khaled Abdeltif | 16 | DEGLA | 5:40.15 |
| 2 | Sohaieila Ahmed Hamdy Bauc | 16 | 6 OCT | 5:37.75 |
| 3 | Amina Ahmed El Sharkawy | 16 | Sporting | 5:37.11 |
| 4 | Habiba Hesham Mostafa Ham | 16 | DEGLA | 5:29.39 |
| 5 | Lojen Deiaa Eldin Abd Elalem | 16 | DEGLA | 5:14.81 |
| 6 | Alya Mostafa Mohamed | 16 | AHLY | 5:29.05 |
| 7 | Lena Ahmed Abdel-Wahab | 16 | AHLY | 5:36.58 |
| 8 | Malak Sherif Shawky El Goha | 16 | MAADI | 5:37.15 |
| 9 | Ayah Wael Mostafa | 16 | DEGLA | 5:38.34 |
| 10 | Mariam Emad Hamed Motaw | 16 | ZMALK | 5:41.97 |

Event 169 Girls 14 Year Olds 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|---------------------------|----|----------------|----|
| 4 | Yara Osama Mohamed Zaatar | 14 | Taleaa El Gish | NT |
| 5 | Nourhan Hussien Ahmed | 14 | Taleaa El Gish | NT |
| 6 | Hagar Tamir Mohamed | 14 | SHOOT | NT |

Heat 2 of 8 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Sama Samir ali Hasn | 14 | Canal El Suez | NT |
| 2 | Lyla Mohamed Rmdan | 14 | 6 OCT | 1:42.11 |
| 3 | Engy Ibrahim Ali Sayed Hassa | 14 | Mansheit Naser | 1:40.09 |
| 4 | Malak Asem Hamd Kasem | 14 | 6 OCT | 1:34.42 |
| 5 | Alia abd el Mohseen Galal | 14 | ZMALK | 1:32.82 |
| 6 | Sindrilla Mohamed Saied | 14 | ZMALK | 1:33.61 |
| 7 | Laila Mohamed Tarek | 14 | SHOOT | 1:37.77 |
| 8 | Youanna Morcos GabAllah Ge | 14 | HELDO | 1:40.78 |
| 9 | Jana Mohmed abd Tawab | 14 | MAY15 | 1:48.09 |
| 10 | Jana Amir Abdel Fattah | 14 | Canal El Suez | NT |

Heat 3 of 8 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Karma Abdel Fattah Abdul M | 14 | SHOOT | 1:31.68 |
| 2 | Shahd Emad Hamed Mohame | 14 | RWAD | 1:31.22 |
| 3 | Malak Amr Abd EL Khalek | 14 | HELOP | 1:30.58 |
| 4 | Doha Hussein Fathy Hussein | 14 | NASR | 1:30.34 |
| 5 | Mayar Abdelazem Ahmed | 14 | M.ARB | 1:29.15 |
| 6 | Yosr Wael Gmal | 14 | HELOP | 1:29.34 |
| 7 | Shza Ahmed Hmdy Ahmed | 14 | 6 OCT | 1:30.43 |
| 8 | Lyla Tamer Ahmed Mgdey | 14 | 6 OCT | 1:31.03 |
| 9 | Nor Salah El Din Mohmed | 14 | SHOOT | 1:31.61 |
| 10 | Malak Hesham Ahmed | 14 | ZMALK | 1:32.52 |

Heat 4 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Fareda Shreif Halouda | 14 | HELOP | 1:28.41 |
| 2 | Leila Ahmed Ebrahim Ali Eid | 14 | HELDO | 1:28.10 |
| 3 | Habiba Walid Mohamed | 14 | AHLY | 1:26.17 |
| 4 | Habiba Sameh Fahmy | 14 | HELOP | 1:25.77 |
| 5 | Habiba Mohamed Moustafa | 14 | HELOP | 1:25.34 |
| 6 | Mlk Mohamed Shwkey Saad | 14 | 6 OCT | 1:25.50 |
| 7 | Samira Sallah Mahroos | 14 | Mansheit Naser | 1:26.05 |
| 8 | Joanna Ateef Gatas | 14 | ZMALK | 1:27.49 |
| 9 | Gana Walid Mohamed | 14 | AHLY | 1:28.19 |
| 10 | Laila Tarek Bakry | 14 | HELOP | 1:28.76 |

Heat 5 of 8 Finals

| | | | | |
|----|--------------------------|----|-----------|---------|
| 1 | Shahd Sherif Abdallah | 14 | M.ARB | 1:24.59 |
| 2 | Ganna Ahmed Yousof | 14 | TANTA | 1:24.41 |
| 3 | Sama Wael Mohamed EL Had | 14 | SHAMS | 1:22.57 |
| 4 | Nadeen Hossam Hosny | 14 | DEGLA | 1:22.30 |
| 5 | Farida amr Atia Saad | 14 | Nasr City | 1:21.97 |
| 6 | Mariam Ahmed Mohamed | 14 | AHLY | 1:22.27 |
| 7 | Fyrouz Wael Yousse | 14 | TALBE | 1:22.51 |
| 8 | Nareman Mohamed Ibrahim | 14 | TALBE | 1:22.83 |
| 9 | Yara Walid Mohamed | 14 | ZMALK | 1:24.44 |
| 10 | Reem Gamal Mohamed | 14 | ZMALK | 1:25.16 |

Heat 6 of 8 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Habiba Sherif Shams Eldien | 14 | DEGLA | 1:21.76 |
| 2 | Zeina Tamer Zeinhoum | 14 | AHLY | 1:21.37 |
| 3 | Zena Mahmoud Mohamed M | 14 | GHABA | 1:20.77 |
| 4 | Malak Mostafa Beshir | 14 | AHLY | 1:20.48 |
| 5 | Somia Ahmed Mohamed | 14 | GHABA | 1:19.92 |
| 6 | Karen Emad Email | 14 | DEGLA | 1:19.93 |
| 7 | Nour Mohamed Abd El Hady | 14 | Sporting | 1:20.64 |
| 8 | Rim Husin Khallaf | 14 | TANTA | 1:21.21 |
| 9 | Gana Tarek Mohamed Farid | 14 | SHOOT | 1:21.67 |
| 10 | Anan Mohamed Yehia | 14 | M.ARB | 1:21.80 |

Heat 7 of 8 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Malak Tarek El Kady | 14 | Sporting | 1:18.86 |
| 2 | Rewan Saed Khames Mahmo | 14 | Bank Ahly Alex | 1:18.47 |
| 3 | Jana Hassan Abdel Fattah | 14 | DEGLA | 1:18.09 |
| 4 | Gody Ahmed Badawy Mhmo | 14 | Smouha | 1:16.38 |
| 5 | Mariam Hany Sayed | 14 | DEGLA | 1:14.73 |
| 6 | Joudy Ahmed Fouad Shokry | 14 | DEGLA | 1:15.86 |
| 7 | Jana Mohamed Mahmoud | 14 | ZOHUR | 1:17.75 |
| 8 | Alaa Amr El Sokry | 14 | Sporting | 1:18.22 |
| 9 | Salma Waled Mohamed Elsay | 14 | Smouha | 1:18.80 |
| 10 | Soha Hesham El Said Moham | 14 | SHOOT | 1:19.29 |

Heat 8 of 8 Finals

| | | | | |
|----|---------------------------|----|---------|---------|
| 1 | Lama Tamer Mohamed Ahme | 14 | Smouha | 1:13.20 |
| 2 | Goumana Tarek Yehia | 14 | AHLY | 1:12.59 |
| 3 | Malak Khaled Abdel Aziz | 14 | AHLY | 1:11.99 |
| 4 | Hanan Ahmed Mohamed Ma | 14 | Olympic | 1:11.70 |
| 5 | Raghd Mohamed Elsaid Moh | 14 | Smouha | 1:09.95 |
| 6 | Farida Amr Mohamed Abd El | 14 | SHOOT | 1:10.33 |
| 7 | Mariem Mohamed Emad Fah | 14 | MAADI | 1:11.91 |
| 8 | Jana Gehad El Assal | 14 | TWFIK | 1:12.36 |
| 9 | Leila Mohamed Ibrahim | 14 | DEGLA | 1:12.83 |
| 10 | Lela Ahmed Kamal | 14 | GHABA | 1:14.14 |

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Event 170 Girls 15 Year Olds 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|----------------|-----------|
| Heat 1 of 5 Finals | | | | |
| 3 | Habeba amr abd el Salam | 15 | HELOP | 1:36.09 |
| 4 | Ayten Hassan Hamza | 15 | Smouha | 1:26.41 |
| 5 | Shorok Haitham Talaat | 15 | DEGLA | 1:25.74 |
| 6 | Salma Hesham Mohamed | 15 | ZMALK | 1:26.37 |
| 7 | Hoda Hesham Mohamed Mo | 15 | 6 OCT | 1:27.60 |
| 8 | Gana Mohamed Khedr | 15 | AHLY | NT |
| Heat 2 of 5 Finals | | | | |
| 1 | Dina Hesham Mohamed | 15 | ZMALK | 1:24.67 |
| 2 | Mariam Hossam | 15 | DEGLA | 1:24.09 |
| 3 | Lobna Saed Hanfy | 15 | DEGLA | 1:23.93 |
| 4 | Sandra Ghayes | 15 | GHABA | 1:20.91 |
| 5 | Habiba Safwat Saleh | 15 | ZOHUR | 1:20.28 |
| 6 | Lobna Ahmed Khalifa | 15 | Bank Ahly Alex | 1:20.30 |
| 7 | Esraa Ehab Zamel | 15 | ZMALK | 1:21.32 |
| 8 | Halaa Samy Yahya | 15 | SHAMS | 1:23.94 |
| 9 | Habeba Maged Mohsen | 15 | HELOP | 1:24.46 |
| 10 | Rawya Hossam Nabil | 15 | SHOOT | 1:25.34 |
| Heat 3 of 5 Finals | | | | |
| 1 | Mohra ez el den Hossam | 15 | HELOP | 1:18.88 |
| 2 | Fareda Yasser Mohamed Abd | 15 | 6 OCT | 1:18.42 |
| 3 | Marim amr Mohamed | 15 | DEGLA | 1:17.97 |
| 4 | Malak Mohamed abd el Kerin | 15 | ZMALK | 1:17.86 |
| 5 | Malak Eslam Mohamed Moav | 15 | SHOOT | 1:17.14 |
| 6 | Hana Mohie el den Osman | 15 | HELOP | 1:17.60 |
| 7 | Hana Yasser Ghalab | 15 | AHLY | 1:17.87 |
| 8 | Rola Hasan Ragab | 15 | Bank Ahly Alex | 1:18.07 |
| 9 | Fatima Haytham Abd ElMene | 15 | TANTA | 1:18.60 |
| 10 | Mariam Hesham Aly Abd Har | 15 | TANTA | 1:19.43 |
| Heat 4 of 5 Finals | | | | |
| 1 | Yasmine Yasser Mamdouh | 15 | SHOOT | 1:16.66 |
| 2 | Razan Ahmed Hosny | 15 | DEGLA | 1:16.17 |
| 3 | Hana Hazem Mohamed | 15 | HELOP | 1:15.89 |
| 4 | Renad Khaled Mahmoud | 15 | AHLY | 1:15.25 |
| 5 | Hagr Ehab Mohamed Abdelk | 15 | 6 OCT | 1:15.07 |
| 6 | Mariam Hazem Talaat | 15 | AHLY | 1:15.11 |
| 7 | Farah Emel Yosif | 15 | GHABA | 1:15.57 |
| 8 | Malak Ahmed Abo Bakr | 15 | SHOOT | 1:16.09 |
| 9 | Shahd Hazem Hassan Bahy E | 15 | MAADI | 1:16.64 |
| 10 | Lina Ahmed Farok AbdElazi | 15 | Smouha | 1:16.87 |
| Heat 5 of 5 Finals | | | | |
| 1 | Jouana Ahmed Mohamed Hus | 15 | Smouha | 1:13.61 |
| 2 | Noor Kamel ElNagar | 15 | Sporting | 1:12.56 |
| 3 | Malak Waled Essam Shabana | 15 | Smouha | 1:10.85 |
| 4 | Rola Abo El Naga El Sayed | 15 | A S E C | 1:10.47 |
| 5 | Hoda Ahmed Hussein | 15 | ZOHUR | 1:09.23 |
| 6 | Fatma Mohamed Klel Ebrahim | 15 | 6 OCT | 1:10.34 |
| 7 | Shahd Ahmed Abd Elbaky | 15 | Sporting | 1:10.69 |
| 8 | Farida Ayman Samra | 15 | SHOOT | 1:11.48 |
| 9 | Farida Hossameldin Mohame | 15 | AHLY | 1:13.18 |
| 10 | Yasmine Sharif AbdElAziz Ga | 15 | SHAMS | 1:13.85 |

Event 171 Girls 16 Year Olds 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|----------------|-----------|
| Heat 1 of 5 Finals | | | | |
| 4 | Shahed Osama Ahmed | 16 | RWAD | 1:36.76 |
| 5 | Mareina Ehab Karam | 16 | ZMALK | 1:34.35 |
| 6 | Farida Ahmed Aiyod | 16 | Sporting | 1:35.38 |
| 7 | Hana Wael Mohamed Elkaba | 16 | Smouha | 1:37.23 |
| Heat 2 of 5 Finals | | | | |
| 1 | Rana Shaban Mostafa Sharf | 16 | Taleaa El Gish | 1:30.16 |
| 2 | Mariam Mohamed Moustafa | 16 | DEGLA | 1:28.16 |
| 3 | Habiba Wael Al Ghanam | 16 | GHABA | 1:26.27 |
| 4 | Joy Barssom Aghib | 16 | AHRAM | 1:25.24 |
| 5 | Kenzy Khaled AbdelAzim Abc | 16 | MAADI | 1:24.48 |
| 6 | Jana Ahmed Abdelhakim | 16 | GHABA | 1:24.85 |
| 7 | Salma Mohamed Shobir | 16 | TANTA | 1:25.64 |
| 8 | Malak Akram Mohamed Fawz | 16 | ZMALK | 1:27.60 |
| 9 | Sara Khaled Mahmoud Fawzy | 16 | ZMALK | 1:29.53 |
| 10 | Knoz Afify Abd Elkader | 16 | NASR | 1:32.15 |
| Heat 3 of 5 Finals | | | | |
| 1 | Lagein Haytham Essam Moha | 16 | ZMALK | 1:23.86 |
| 2 | Shaza Ashraf Hosny | 16 | DEGLA | 1:22.78 |
| 3 | Mariam Mohamed Mohamed | 16 | Police Club | 1:22.12 |
| 4 | Khadiga Ahmed Arafat | 16 | Sporting | 1:21.43 |
| 5 | Mawada Sameh Mohamed | 16 | RWAD | 1:20.94 |
| 6 | Caren Hany Gamal | 16 | Sporting | 1:20.99 |
| 7 | Zina Ahmed Nabil | 16 | Sporting | 1:21.94 |
| 8 | Rahma Mohamed Hassan Abc | 16 | HELDO | 1:22.58 |
| 9 | Nada Haytham El Sayed Heik | 16 | HELDO | 1:22.97 |
| 10 | Malak Amr Essmat Mohamed | 16 | ZOHUR | 1:24.00 |
| Heat 4 of 5 Finals | | | | |
| 1 | Alia Ali Mohamed | 16 | HELOP | 1:18.48 |
| 2 | Hagar Hassan Abdel Rhman | 16 | TALBE | 1:17.53 |
| 3 | Malak Nasr El Din Ibrahim | 16 | ZMALK | 1:17.37 |
| 4 | Sara Ali Tawfek Drakoun | 16 | SHOOT | 1:16.38 |
| 5 | Shad Ahmed Deiaa | 16 | Stad Mansoura | 1:15.75 |
| 6 | Hader Waled abd Elfatah | 16 | DEGLA | 1:16.25 |
| 7 | Hana Hazem Ahmed | 16 | AHLY | 1:17.09 |
| 8 | Leina Waled Farouk | 16 | SHOOT | 1:17.46 |
| 9 | Dina Ahmed Elkharash | 16 | Smouha | 1:17.74 |
| 10 | Farida Ahmed Akel | 16 | HELOP | 1:20.32 |
| Heat 5 of 5 Finals | | | | |
| 1 | Mai Khaled Abdeltif | 16 | DEGLA | 1:14.79 |
| 2 | Hana Sameh Ghazy | 16 | SHOOT | 1:14.61 |
| 3 | Farah Osama Ahmed Mahmo | 16 | Bank Ahly Alex | 1:12.87 |
| 4 | Dana Tamer Shafiq | 16 | HELOP | 1:10.78 |
| 5 | Farah Amr Abdel Motaleib | 16 | SHOOT | 1:07.20 |
| 6 | Kenzy Ahmed Ali | 16 | AHLY | 1:10.71 |
| 7 | Lougin Yousief Ahmed Yousie | 16 | SHAMS | 1:11.12 |
| 8 | Souhaila Moahmed Mahmoud | 16 | SHOOT | 1:13.92 |
| 9 | Mena Ahmed Azmy Ahmed | 16 | Smouha | 1:14.69 |
| 10 | Malak Wesam Badr | 16 | TANTA | 1:15.74 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 172 Boys 14 Year Olds 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-------------------------------|-----|----------------|-----------|
| Heat 1 of 8 Finals | | | | |
| 2 | Yaser Ahmed Mohamed Bayo | 14 | MOSTA | NT |
| 3 | Mohamed Hassan Mohamed | 14 | HLWAN | NT |
| 4 | Adm Mohamed Khalifa | 14 | SHOOT | 3:11.68 |
| 5 | Omer Mohamed Mahrous | 14 | Taleaa El Gish | 3:06.61 |
| 6 | Ziad Khaled Said Ibrahim | 14 | Taleaa El Gish | 3:10.36 |
| 7 | Houseen Mohseen Houseen | 14 | ZMALK | 3:15.50 |
| 8 | Sief Mohamed Sadoka | 14 | TANTA | NT |
| Heat 2 of 8 Finals | | | | |
| 1 | Hassan Ahmed Hassan | 14 | ZMALK | 3:04.59 |
| 2 | Omar Walid Saber | 14 | SHOOT | 3:02.02 |
| 3 | Ahmed Tarek Ahmed | 14 | HLWAN | 3:00.26 |
| 4 | Hany Essam Sharkawy | 14 | TRSAN | 2:59.00 |
| 5 | Adam Ehab Mamdouh | 14 | Taleaa El Gish | 2:55.35 |
| 6 | Ahmed Magdy Abd Elhakim | 14 | NASR | 2:58.43 |
| 7 | Ali Ibrahim Ahmed | 14 | ZOHUR | 2:59.32 |
| 8 | Hassn Hatem Mohamed | 14 | ENPPI | 3:00.51 |
| 9 | Abd Alla Karim Ashraf Mahg | 14 | GEZIR | 3:03.64 |
| 10 | Zyad Ahmed Abdelmnam Ali | 14 | 6 OCT | 3:06.49 |
| Heat 3 of 8 Finals | | | | |
| 1 | Fares Sherif Mahmoud Fared | 14 | SHOOT | 2:54.75 |
| 2 | Ali Mohamed Mousa | 14 | TANTA | 2:51.93 |
| 3 | Ahmed Sharif Ahmed Abdalla | 14 | SHOOT | 2:50.25 |
| 4 | Ali Ahmed Soliman Ali | 14 | RWAD | 2:49.87 |
| 5 | Yosef Ahmed Sabry | 14 | HELOP | 2:48.87 |
| 6 | Abdalla Mohamed Saeid Mtwli | 14 | 6 OCT | 2:49.22 |
| 7 | Omar Ahmed Magdy Abd AlM | 14 | HELDO | 2:50.16 |
| 8 | Farok Mohamed Fayk Alshaa | 14 | 6 OCT | 2:51.33 |
| 9 | Mrawan Mahmoud Ahmed | 14 | TALBE | 2:52.89 |
| 10 | Ayman Yasser Manssour | 14 | TALBE | 2:54.99 |
| Heat 4 of 8 Finals | | | | |
| 1 | Omar Khaled Hasan | 14 | NASR | 2:47.27 |
| 2 | Mhmoud Mosleh Goda Atya | 14 | 6 OCT | 2:46.21 |
| 3 | Yousif Shawky Mahros | 14 | SHOOT | 2:44.97 |
| 4 | Youssef Marwan Saied | 14 | DEGLA | 2:43.67 |
| 5 | Omar Wael Galal | 14 | Police Club | 2:43.53 |
| 6 | Mohamed Fouad | 14 | ZMALK | 2:43.58 |
| 7 | Ziad Amr Samir | 14 | NASR | 2:44.78 |
| 8 | Mhmoud Wled Fkri Mhmoud | 14 | 6 OCT | 2:45.08 |
| 9 | Yossef Magdy el Azhary | 14 | HELOP | 2:47.26 |
| 10 | Yossef Moh. Shrif Moh. Elbart | 14 | GEZIR | 2:47.75 |
| Heat 5 of 8 Finals | | | | |
| 1 | Adham Mhammed Arafa Has | 14 | Al Hawar | 2:43.07 |
| 2 | Ahmed Sameh Abdelkader | 14 | DEGLA | 2:42.28 |
| 3 | Karim Mohamed Mahmood | 14 | TANTA | 2:41.87 |
| 4 | Ahmed Emad Ahmed | 14 | AHLY | 2:40.47 |
| 5 | Karem Ashraf | 14 | GHABA | 2:39.57 |
| 6 | Kareem Mohamed Fouad Alg | 14 | TWFIK | 2:39.93 |
| 7 | Abd El Monaem Mahmoud Al | 14 | ZOHUR | 2:41.60 |
| 8 | Abdalla Mostafa Ahmed | 14 | AHLY | 2:41.93 |
| 9 | Mohmd Ahmed Faruk Abdlhr | 14 | 6 OCT | 2:43.05 |
| 10 | Mohamed Ahmed Mohamed | 14 | DEGLA | 2:43.34 |

Heat 6 of 8 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Mohamed Ahmed Ellethy | 14 | TANTA | 2:37.85 |
| 2 | Ahmed Yaser Mohamed | 14 | M.ARB | 2:37.32 |
| 3 | Aser Hosam Mohamed Elfhm | 14 | Bank Ahly Alex | 2:35.70 |
| 4 | Ahmed Hattem Ahmed | 14 | DEGLA | 2:35.54 |
| 5 | Ziyad Walid Nabiil | 14 | Sporting | 2:34.99 |
| 6 | Yassin Amr Warda | 14 | Sporting | 2:35.51 |
| 7 | Mahmoud Emad Abd Elmogh | 14 | ZOHUR | 2:35.56 |
| 8 | Seif Ahmed Nasr | 14 | TRSAN | 2:37.05 |
| 9 | Moustafa Yasser Abd El Latif | 14 | Sporting | 2:37.54 |
| 10 | Ali Khaled Ali | 14 | SHOOT | 2:38.25 |

Heat 7 of 8 Finals

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Mohamed Maged Mahmoud | 14 | Olympic | 2:33.65 |
| 2 | Mohamed Ahmed Maher | 14 | AHLY | 2:32.83 |
| 3 | Amr Khaled Mohamed Abdel | 14 | DEGLA | 2:32.75 |
| 4 | Abdel Rahman Khaled Zakari | 14 | AHLY | 2:31.18 |
| 5 | Ahmed Amr Abdel Azzim | 14 | AHLY | 2:29.77 |
| 6 | Malek amr Mahdy | 14 | Cairo | 2:30.94 |
| 7 | Adham Mohamed Elarby | 14 | Smouha | 2:31.92 |
| 8 | Mohamed Taha Abd El Raouf | 14 | DEGLA | 2:32.77 |
| 9 | Abd El Rahman Mohamed Ali | 14 | SHOOT | 2:33.00 |
| 10 | Hossien Mohammed Hossien | 14 | TALBE | 2:34.85 |

Heat 8 of 8 Finals

| | | | | |
|----|---------------------------|----|------------------|---------|
| 1 | ali Mohamed Sarwat | 14 | HELOP | 2:29.21 |
| 2 | Omar Ehab Ahmed Ghoraba | 14 | A S E C | 2:27.99 |
| 3 | Yousif Ahmed Ragab Elsham | 14 | Smouha | 2:26.92 |
| 4 | Mohamed Yaser Omar | 14 | Raas El Bar Club | 2:24.12 |
| 5 | Mohamed Hany Elsayed | 14 | AHLY | 2:16.37 |
| 6 | Khaled Ahmed Mahmoud Gal | 14 | Bank Ahly Alex | 2:23.60 |
| 7 | Ahmed Hazem Akram | 14 | DEGLA | 2:26.08 |
| 8 | Ahmed Mohamed Moharam | 14 | Mansoura | 2:27.86 |
| 9 | Mohamed Ramy Mohamed | 14 | AHLY | 2:29.08 |
| 10 | Moamen Khalid Mohamed | 14 | ZMALK | 2:29.67 |

Event 173 Boys 15 Year Olds 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|------------------|-----------|
| Heat 1 of 6 Finals | | | | |
| 4 | Somow Eldeen Mohamed Esr | 15 | ZOHUR | 2:55.47 |
| 5 | Mohab Mohamed Salah Hosn | 15 | HLWAN | 2:53.85 |
| 6 | Hussein Ashraf Moustafa Kan | 15 | HELDO | 2:55.05 |
| 7 | Amr Ashraf Gabalaa | 15 | Raas El Bar Club | NT |
| Heat 2 of 6 Finals | | | | |
| 1 | Mazn Haythim Ezzat | 15 | Taleaa El Gish | 2:52.64 |
| 2 | Ziad Wael Mohamed | 15 | ZMALK | 2:49.65 |
| 3 | Yousef Mohamed Hashem | 15 | MAY15 | 2:44.37 |
| 4 | Mohamed Ahmed Farghly | 15 | GHABA | 2:41.40 |
| 5 | Youssef Hassan Salah | 15 | Cairo | 2:36.99 |
| 6 | Mohamed Ahmed Galal | 15 | ZOHUR | 2:37.94 |
| 7 | Mohamed Hassan Mohamed | 15 | MAY15 | 2:43.50 |
| 8 | Adham Ramy Yazed | 15 | HELOP | 2:44.65 |
| 9 | Ramy Kamel Mohamed Kame | 15 | RWAD | 2:50.05 |
| 10 | Omar Nashet Emam | 15 | TAGAM | 2:53.16 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 3 Finals (#173 Boys 15 Year Olds 200 LC Meter Backstroke)

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Youssef Elsayed Aly | 15 | AHLY | 2:36.18 |
| 2 | Mostafa Walid Mostafa AlSw | 15 | TANTA | 2:35.86 |
| 3 | Marawan Ahmed Salah | 15 | DEGLA | 2:33.16 |
| 4 | Nour El Din Ahmed Salah Mo | 15 | MAADI | 2:32.94 |
| 5 | Mohamed Ahm. Aly Moh. Der | 15 | GEZIR | 2:32.52 |
| 6 | Amar Yasser Mohamed | 15 | ZOHUR | 2:32.59 |
| 7 | Mohmed Gmal Abdelnaser At | 15 | 6 OCT | 2:33.10 |
| 8 | Mohamed Ahmed Salem | 15 | GHABA | 2:33.22 |
| 9 | Omar Ahmed Hegazy | 15 | TANTA | 2:36.15 |
| 10 | Walid Salah Abdallah Khali | 15 | RWAD | 2:36.79 |

Heat 4 of 6 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Omar Mohamed Mostafa Elsa | 15 | Smouha | 2:31.85 |
| 2 | Yousof Hazem Shebl Saleh | 15 | TANTA | 2:30.89 |
| 3 | Aser Mohamed Mosaad | 15 | AHLY | 2:30.22 |
| 4 | Almotz Bellah Housen Mohar | 15 | 6 OCT | 2:29.87 |
| 5 | Mohamed Ahmed Mohamed | 15 | Smouha | 2:29.68 |
| 6 | Sief Mohamed Mahmohd | 15 | Baladyat El Maha | 2:29.79 |
| 7 | Mostafa Magdy Nabil | 15 | AHLY | 2:30.07 |
| 8 | Mohaned Alaa Mahmud Ali | 15 | Smouha | 2:30.84 |
| 9 | Yousif Wael Hamed Elsaid | 15 | Smouha | 2:31.29 |
| 10 | Yassin ali Mohamed Fayez Sa | 15 | DEGLA | 2:31.94 |

Heat 5 of 6 Finals

| | | | | |
|----|------------------------------|----|-----------|---------|
| 1 | Ahmed Hassan Alwan | 15 | ZMALK | 2:29.37 |
| 2 | Yossif Mohamed Ahmed Sadk | 15 | Sporting | 2:28.01 |
| 3 | Aly Hesham Alkabany | 15 | AHLY | 2:26.22 |
| 4 | Nour Eldin Ahmed Rady | 15 | AHLY | 2:25.55 |
| 5 | Abd El Rahman Ahmed Saed | 15 | TANTA | 2:25.40 |
| 6 | Ali Khaled Osama | 15 | DEGLA | 2:25.54 |
| 7 | Ahmed Tamer Mohamed | 15 | SHOOT | 2:25.70 |
| 8 | Omr Mohamed Salah Moshly | 15 | 6 OCT | 2:26.63 |
| 9 | Yossif Serag Mahmoud Hassi | 15 | Nasr City | 2:28.62 |
| 10 | Youssef Dieya ElSayed Elkiki | 15 | SHAMS | 2:29.39 |

Heat 6 of 6 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | amr Tarek Alsaid Alaraby | 15 | Nasr City | 2:22.65 |
| 2 | Yasen Abdelaziz Mohsen Abe | 15 | 6 OCT | 2:21.98 |
| 3 | Yousef Mohamed Abdel Halin | 15 | DEGLA | 2:21.71 |
| 4 | Omer Badr Kamel | 15 | SHOOT | 2:18.40 |
| 5 | Ahmed Hamdy Al Shaik | 15 | SHOOT | 2:17.06 |
| 6 | Marawan Ahmed Abdel Moez | 15 | DEGLA | 2:17.81 |
| 7 | Ahmed Awny Glal Aly | 15 | 6 OCT | 2:21.34 |
| 8 | Omar Hany Mohamed Galal | 15 | Gezira El Ward | 2:21.76 |
| 9 | Yasin Alaa Ibrahim Elbieh | 15 | Smouha | 2:22.58 |
| 10 | Seif ElDein Ahmed Ebrahim F | 15 | SHAMS | 2:24.05 |

Event 174 Boys 16 Year Olds 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|----------------------------|----|----------------|---------|
| 4 | Ziad Shady Mohyeldien Hash | 16 | Taleaa El Gish | NT |
| 5 | Marwan Ahmed Abdalaty | 16 | MAY15 | 2:54.03 |
| 6 | Hussin Hamdy Mohamed | 16 | HLWAN | 3:01.64 |

Heat 2 of 5 Finals

| | | | | |
|---|----------------------------|----|--------|---------|
| 1 | Mohamed Hisham Fouad | 16 | NASR | 2:48.21 |
| 2 | Yousef Yaser Abdel Kader | 16 | ZMALK | 2:40.26 |
| 3 | Karim Hassan Ahmed | 16 | DEGLA | 2:36.08 |
| 4 | Ahmed Waled Ibrahim Salarr | 16 | Smouha | 2:34.46 |
| 5 | Ibrahim Mostafa Talaat | 16 | Smouha | 2:32.99 |
| 6 | Zeiad Hamdy Amin Ossman | 16 | ZMALK | 2:33.35 |
| 7 | Abdalla Mohamed Abdel Mor | 16 | ENPPI | 2:36.07 |
| 8 | Mohamed Hossam Ali | 16 | ZMALK | 2:36.79 |
| 9 | Ebrahim Mohamed Hamed | 16 | TANTA | 2:43.13 |

Heat 3 of 5 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Omar Ahmed El Fatory | 16 | Sporting | 2:32.22 |
| 2 | Mohamed Tamer Mohamed Z | 16 | Smouha | 2:31.26 |
| 3 | Mohamed Hany Sadek | 16 | Gezira El Ward | 2:30.66 |
| 4 | Yahia Abd el Aaty Said | 16 | DEGLA | 2:30.47 |
| 5 | Amr Medhat Bader | 16 | Smouha | 2:29.94 |
| 6 | Khaled Ahmed Farouk Ramda | 16 | Cairo | 2:29.99 |
| 7 | Locman Mostafa Abdel Sabou | 16 | TALBE | 2:30.66 |
| 8 | Mohamed Ragaay Mohamed | 16 | AHLY | 2:31.15 |
| 9 | Yahia Mohamed Abdelaal Ebr | 16 | Nasr City | 2:31.75 |
| 10 | Ahmed Mahmoud Abd Elazee | 16 | RWAD | 2:32.71 |

Heat 4 of 5 Finals

| | | | | |
|----|----------------------------|----|-------------|---------|
| 1 | Yosef Mohamed Hegazy Hasa | 16 | Al Hawar | 2:26.28 |
| 2 | Zyad Waael Abass Bhr | 16 | 6 OCT | 2:25.82 |
| 3 | Mohamed Maged Abdel Aziz | 16 | DEGLA | 2:25.46 |
| 4 | Hussein Walid Adel | 16 | AHLY | 2:24.90 |
| 5 | Omar Medhat Hassan | 16 | AHLY | 2:24.28 |
| 6 | Ramiz Elsaeyd Abdoh | 16 | DEGLA | 2:24.65 |
| 7 | Ali Ahmed Dawood | 16 | AHLY | 2:25.43 |
| 8 | Fahd Mohamed aly | 16 | Olympic | 2:25.68 |
| 9 | Abdulrahman Mohamed Mah | 16 | Police Club | 2:25.88 |
| 10 | Yousef Hasham abd el Fatah | 16 | Sporting | 2:27.60 |

Heat 5 of 5 Finals

| | | | | |
|----|--------------------------|----|---------------|---------|
| 1 | Yassin Amir | 16 | GHABA | 2:22.69 |
| 2 | Omar Sherif Sayed | 16 | ZMALK | 2:19.40 |
| 3 | Karim Mohamed Mamdouh | 16 | AHLY | 2:17.04 |
| 4 | Keirlis Gamal Sophy | 16 | GHABA | 2:15.81 |
| 5 | Mrawan Mostafa Mowaled | 16 | DEGLA | 2:11.09 |
| 6 | Waled Mohamed Sophy | 16 | Stad Mansoura | 2:12.98 |
| 7 | Zyad Magdi abd el Khalaa | 16 | ZMALK | 2:16.89 |
| 8 | Mohamed Ahmed Abdel Hak | 16 | SHOOT | 2:18.34 |
| 9 | Yousif Ashraf Madkour | 16 | Smouha | 2:20.06 |
| 10 | Karim Adel Ahmed Bahgat | 16 | ZOHUR | 2:23.39 |

Event 175 Girls 14 Year Olds 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|------------------------|----|-------|---------|
| 4 | Jana Mohamed abd Tawab | 14 | MAY15 | 3:48.26 |
| 5 | Rola Mostafa Salah | 14 | SHOOT | 3:25.02 |
| 6 | Malak Asem Hamd Kasem | 14 | 6 OCT | 3:27.52 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#175 Girls 14 Year Olds 200 LC Meter IM)

| | | | | |
|---|----------------------------|----|-------|---------|
| 2 | Nouran Mohamed Ali Moham | 14 | RWAD | 3:14.79 |
| 3 | Ola Ehab Samier Abd EL Kad | 14 | SHAMS | 3:09.48 |
| 4 | Arwa Sherif Mohamed Samy | 14 | SHOOT | 3:08.48 |
| 5 | Shza Ahmed Hmdy Ahmed | 14 | 6 OCT | 3:07.10 |
| 6 | Sara Sameh Awad Elsaïd | 14 | RWAD | 3:07.66 |
| 7 | Nour Reda Mohmed | 14 | MAY15 | 3:08.49 |
| 8 | Malak Hesham Ahmed | 14 | ZMALK | 3:11.57 |
| 9 | Jana Mohamed Rashad | 14 | HLWAN | 3:22.18 |

Heat 3 of 8 Finals

| | | | | |
|----|-----------------------------|----|-------|---------|
| 1 | Salma Samir abd el Azim | 14 | TRSAN | 3:05.86 |
| 2 | Nour Mohamed Khairy Moha | 14 | DEGLA | 3:04.99 |
| 3 | Laila Tarek Bakry | 14 | HELOP | 3:03.79 |
| 4 | Jana Mohamed Elhalawany | 14 | DEGLA | 3:01.76 |
| 5 | Esraa Nasser Mahdy | 14 | ZOHUR | 3:00.73 |
| 6 | Shado Abd Elaziz Fayez Moha | 14 | SHAMS | 3:00.88 |
| 7 | Hana Ahmed Ateia | 14 | DEGLA | 3:02.60 |
| 8 | Hanin Khaled Ali El Din | 14 | TANTA | 3:03.85 |
| 9 | Habiba Sameh Fahmy | 14 | HELOP | 3:05.86 |
| 10 | Kenzy amr Ahmed | 14 | ZMALK | 3:06.37 |

Heat 4 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Maram Mohamed Wageh Ibr | 14 | Bank Ahly Alex | 3:00.34 |
| 2 | Habiba Mohamed Moustafa | 14 | HELOP | 2:59.91 |
| 3 | Rokaya Khalid El Masry | 14 | Sporting | 2:59.34 |
| 4 | Nour Mohamed Fathy | 14 | SHOOT | 2:57.91 |
| 5 | MLk Mohamed Shwkey Saad | 14 | 6 OCT | 2:57.38 |
| 6 | Nour Ahmed Samer | 14 | Sporting | 2:57.80 |
| 7 | Shams Anas Hessen Elsherif | 14 | SHAMS | 2:58.41 |
| 8 | Mariam Bassem Beshay Mou | 14 | HELDO | 2:59.79 |
| 9 | Farida Medhat Samir | 14 | ZOHUR | 3:00.09 |
| 10 | Marim Ahmed Farouk | 14 | AHRAM | 3:00.57 |

Heat 5 of 8 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Malak Mostafa Beshir | 14 | AHLY | 2:56.54 |
| 2 | Dorra Hesham Sayed Zahran | 14 | DEGLA | 2:55.99 |
| 3 | Gana Ashraf Abd El Hafez Mo | 14 | SHOOT | 2:55.42 |
| 4 | Gody Tarik Salah Elwilily | 14 | Smouha | 2:52.63 |
| 5 | Rawda Ashrif Ramdan | 14 | MAY15 | 2:52.13 |
| 6 | Mariam Ahmed Mohamed | 14 | AHLY | 2:52.39 |
| 7 | Nor Mahmoud Anbar | 14 | GHABA | 2:52.70 |
| 8 | Hana Hisham Mohamed Yous | 14 | Smouha | 2:55.65 |
| 9 | Reham Amr Basha | 14 | TANTA | 2:56.45 |
| 10 | Mona Mahmoud Abdalla | 14 | AHLY | 2:56.85 |

Heat 6 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Gody Ahmed Zaki | 14 | TANTA | 2:51.78 |
| 2 | Donia Ebrahim Ebid | 14 | Sporting | 2:50.48 |
| 3 | Jana Mohamed Mahmoud | 14 | ZOHUR | 2:50.44 |
| 4 | Goudy Abdelhalem Fathala Z | 14 | Bank Ahly Alex | 2:49.47 |
| 5 | Goudy Ahmed Elsayed | 14 | AHLY | 2:49.06 |
| 6 | Basmala Ahmed AbdelFtah | 14 | Smouha | 2:49.36 |
| 7 | Dina Ebrahim Ebid | 14 | Sporting | 2:50.23 |
| 8 | Habeba Maysara Abdelhamec | 14 | M.ARB | 2:50.45 |
| 9 | Mariam Nasr Ahmed Said | 14 | MAY15 | 2:51.61 |
| 10 | Rewan Saed Khames Mahmo | 14 | Bank Ahly Alex | 2:52.03 |

Heat 7 of 8 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Salma Khaled Elsayed | 14 | DEGLA | 2:47.00 |
| 2 | Gana Mohamed Abd ElSamed | 14 | SHOOT | 2:46.10 |
| 3 | Salma Ahmed Mohamed Khal | 14 | Gezira El Ward | 2:45.71 |
| 4 | Hanaf Ahmed Mohamed Mal | 14 | Olympic | 2:42.85 |
| 5 | Maryam Emad Mohamed Elh | 14 | Gezira El Ward | 2:41.41 |
| 6 | Rodaina Mohamed Mohamed | 14 | Nasr City | 2:41.90 |
| 7 | Joudy Ahmed Mohamed Nou | 14 | MAY15 | 2:42.89 |
| 8 | Mariam amr Mohamed | 14 | DEGLA | 2:45.89 |
| 9 | Rahaf Ahmed Esmaeel | 14 | ZMALK | 2:46.26 |
| 10 | Basmalah Gomaa Ali | 14 | Bank Ahly Alex | 2:47.36 |

Heat 8 of 8 Finals

| | | | | |
|----|------------------------------|----|--------|---------|
| 1 | Nouran Mahmoud Mohamed | 14 | DEGLA | 2:40.96 |
| 2 | Malak Khaled Abdel Aziz | 14 | AHLY | 2:39.20 |
| 3 | Sara Mohamed Bhaa | 14 | HELOP | 2:38.63 |
| 4 | Kenzy Mostafa Zakaria | 14 | AHLY | 2:35.64 |
| 5 | Malak Mohamed Abbas Moha | 14 | MAADI | 2:32.86 |
| 6 | Mariam Mohamed Emad Fah | 14 | MAADI | 2:34.18 |
| 7 | Yara ali el Koshy | 14 | ZMALK | 2:38.17 |
| 8 | Sara Elhamy Foad Abd El Sall | 14 | MAADI | 2:39.09 |
| 9 | Raghd Mohamed Elsaid Moha | 14 | Smouha | 2:40.89 |
| 10 | Rawan Wael | 14 | AHLY | 2:41.23 |

Event 176 Girls 15 Year Olds 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|--------------------------|----|-------|---------|
| 2 | Farida Ayman Mohamed Dah | 15 | HLWAN | 3:21.00 |
| 3 | Malak Qazzafi Shehata | 15 | GHABA | 3:09.55 |
| 4 | Esraa Ehab Zamel | 15 | ZMALK | 3:07.08 |
| 5 | Dina Hesham Mohamed | 15 | ZMALK | 3:01.96 |
| 6 | Salma Hesham Mohamed | 15 | ZMALK | 3:04.11 |
| 7 | Mona Adel Abdalla | 15 | AHLY | 3:07.79 |
| 8 | Mariam Essam ali Rezk | 15 | GHABA | 3:10.75 |
| 9 | Rawan Tamer Mohamed | 15 | DEGLA | NT |

Heat 2 of 4 Finals

| | | | | |
|----|------------------------------|----|--------|---------|
| 1 | Lele Mohamed Mostafa | 15 | ENPPI | 2:57.74 |
| 2 | Khadiga Nabil Ebrahim | 15 | SHOOT | 2:57.14 |
| 3 | Gannat Allah Alaa El Din Ahr | 15 | ENPPI | 2:55.91 |
| 4 | Malak Khaled Aly | 15 | AHLY | 2:54.18 |
| 5 | Lina Ahmed Farok AbdElazi | 15 | Smouha | 2:52.77 |
| 6 | Sohaila Mohamed abd Elsalal | 15 | DEGLA | 2:53.02 |
| 7 | Dareen Amgad Emad | 15 | ZOHUR | 2:55.15 |
| 8 | Salma Mohamedf Abdel Salar | 15 | HELDO | 2:56.14 |
| 9 | Mariam Hossam | 15 | DEGLA | 2:57.21 |
| 10 | Malak Walid Ahmed | 15 | AHLY | 2:59.97 |

Heat 3 of 4 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Fareda Yasser Mohamed Abd | 15 | 6 OCT | 2:50.85 |
| 2 | Hana Mohie el den Osman | 15 | HELOP | 2:49.78 |
| 3 | Dalya Ahmed Abdel Salam | 15 | MAY15 | 2:48.21 |
| 4 | Lian Shady Sabry | 15 | HELOP | 2:47.41 |
| 5 | Nour Yasser Ahmed | 15 | ZOHUR | 2:44.97 |
| 6 | Hagr Ehab Mohamed Abdelk | 15 | 6 OCT | 2:46.99 |
| 7 | Lobna Ahmed Khalifa | 15 | Bank Ahly Alex | 2:47.41 |
| 8 | Mallk Mahmoud Fahmy | 15 | MAY15 | 2:49.19 |
| 9 | Hana Hesham Moustafa Ham | 15 | MAADI | 2:50.28 |
| 10 | Habiba Mohamed Abdallah | 15 | DEGLA | 2:51.61 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 4 Finals (#176 Girls 15 Year Olds 200 LC Meter IM)

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Ziena Ahmed El Sayed | 15 | DEGLA | 2:43.30 |
| 2 | Hana Aly Mahmoud | 15 | AHLY | 2:39.98 |
| 3 | Gana Nasr El Din Ali | 15 | Sporting | 2:38.39 |
| 4 | Hanin Ashraf aly | 15 | Olympic | 2:37.29 |
| 5 | Nour Diaa Elden abo Bakr | 15 | HELOP | 2:22.86 |
| 6 | Fatma Mohamed Klel Ebrahim | 15 | 6 OCT | 2:31.60 |
| 7 | Malak Mohamed Abd El Gabe | 15 | Bank Ahly Alex | 2:37.54 |
| 8 | Maya Osama Handosa | 15 | Al Hawar | 2:38.97 |
| 9 | Laila Ahmed Adel El Kholy | 15 | MAADI | 2:40.84 |
| 10 | Renad Khaled Mahmoud | 15 | AHLY | 2:44.63 |

Event 177 Girls 16 Year Olds 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-------------------------|----|-------|---------|
| 4 | Joy Barssom Aghib | 16 | AHRAM | 3:17.97 |
| 5 | Zeina Adham Mohamed Ahm | 16 | BNK.G | 3:09.32 |
| 6 | Yasmen Samer Mahmoud | 16 | AHLY | 3:15.05 |

Heat 2 of 4 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Basant Ahmed Abd Al-Aaty | 16 | SHAMS | 3:07.67 |
| 2 | Yasmein Hesham Mahmoud I | 16 | 6 OCT | 3:03.65 |
| 3 | Noran Wael Ali | 16 | Smouha | 2:58.21 |
| 4 | Hana Mohamed Ashour | 16 | HELOP | 2:54.30 |
| 5 | Lobna Hossam Mohamed | 16 | AHLY | 2:52.07 |
| 6 | Farah Ehab Fo'ad Elhussin | 16 | Smouha | 2:53.86 |
| 7 | Shahd Walaa Noaaman | 16 | AHLY | 2:56.07 |
| 8 | Yomna Ayman Mohamed | 16 | AHLY | 3:00.72 |
| 9 | Mawada Sameh Mohamed | 16 | RWAD | 3:07.07 |
| 10 | Amina Maged | 16 | Sporting | 3:08.80 |

Heat 3 of 4 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Jana Ahmed Ebrahim | 16 | Sporting | 2:50.60 |
| 2 | Soaad Mohamed Elsaid Ibrah | 16 | Smouha | 2:48.91 |
| 3 | Mena Ahmed Azmy Ahmed | 16 | Smouha | 2:48.47 |
| 4 | Shahd Amin Mohamed Amin | 16 | Stad Mansoura | 2:46.56 |
| 5 | Malak Wesam Badr | 16 | TANTA | 2:43.63 |
| 6 | Tasneem Mohamed Rashad | 16 | RWAD | 2:46.28 |
| 7 | Hana Tarek Fared | 16 | SHOOT | 2:47.31 |
| 8 | Kinzy Shref Gabr | 16 | HELOP | 2:48.85 |
| 9 | Mennatullah Ashraf Mahmou | 16 | HELDO | 2:49.35 |
| 10 | Rodaina Wael Mohamed | 16 | RWAD | 2:50.61 |

Heat 4 of 4 Finals

| | | | | |
|----|------------------------------|----|----------|---------|
| 1 | Malak Sherif Shawky El Goha | 16 | MAADI | 2:41.02 |
| 2 | Mariam Emad Hamed Motaw | 16 | ZMALK | 2:40.33 |
| 3 | Alya Mostafa Mohamed | 16 | AHLY | 2:36.28 |
| 4 | Farah Amr Abdel Motaleib | 16 | SHOOT | 2:34.06 |
| 5 | Lojen Deiaa Eldin Abd Elaler | 16 | DEGLA | 2:22.67 |
| 6 | Dina Mosaad El Taiybe | 16 | Sporting | 2:33.25 |
| 7 | Habiba Hesham Mostafa Har | 16 | DEGLA | 2:36.15 |
| 8 | Ayah Wael Mostafa | 16 | DEGLA | 2:39.43 |
| 9 | Amina Ahmed El Sharkawy | 16 | Sporting | 2:40.86 |
| 10 | Mai Khaled Abdelltif | 16 | DEGLA | 2:41.98 |

Event 178 Boys 14 Year Olds 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 14 Finals

| | | | | |
|---|---------------------------|----|----------------|---------|
| 2 | Ahmed Mohamed Gadalla | 14 | Taleaa El Gish | NT |
| 3 | Mahmoud Mohamed Desouky | 14 | Taleaa El Gish | NT |
| 4 | Gamal Ahmed Gamal din | 14 | TALBE | NT |
| 5 | Ahmed Wesam Badr | 14 | TANTA | 2:55.45 |
| 6 | Abdelrahman Khaled Mahmo | 14 | Taleaa El Gish | 2:59.03 |
| 7 | Mohamed Hisham Ali Elemar | 14 | Taleaa El Gish | NT |
| 8 | Amr Mohamed Ibrahim | 14 | ELCTR | NT |
| 9 | Ebrahim Moataz | 14 | Taleaa El Gish | NT |

Heat 2 of 14 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Youssef Mohamed Ibrahim | 14 | ZOHUR | 2:52.23 |
| 2 | Hamza M Abd Elaziz | 14 | NASR | 2:51.11 |
| 3 | Marwan Tamer Fares | 14 | ZOHUR | 2:47.40 |
| 4 | Youssef Lotfy El Sayed | 14 | ZOHUR | 2:44.85 |
| 5 | Mohamed Ebrahem Sadoma | 14 | TANTA | 2:41.88 |
| 6 | Yaser Khaled Mamdouh ali | 14 | TRSAN | 2:42.03 |
| 7 | Youssef Mohamed Abdel Rah | 14 | MAY15 | 2:47.31 |
| 8 | Haytham Hesham Yehia Mou | 14 | HLWAN | 2:51.01 |
| 9 | Zeyad Amer Arby | 14 | TALBE | 2:51.21 |
| 10 | Mohammed Aadel Mostafa | 14 | TALBE | 2:54.73 |

Heat 3 of 14 Finals

| | | | | |
|----|-------------------------------|----|----------------|---------|
| 1 | Mohamed Taher | 14 | Mansheit Naser | 2:41.48 |
| 2 | Ziad Alaa Ahmed Fahim | 14 | ZOHUR | 2:39.93 |
| 3 | Abd Elrohman Hassen Abd El | 14 | TALBE | 2:38.81 |
| 4 | Ali Ibrahim Ahmed | 14 | ZOHUR | 2:38.37 |
| 5 | Ahmed Ramadan Mohamed | 14 | RWAD | 2:37.65 |
| 6 | Abdel Aziz Yousery Abdel Azi | 14 | NASR | 2:38.26 |
| 7 | Noor Eldin Mohamed Abdelw | 14 | Nasr City | 2:38.72 |
| 8 | Mahmoud Mohamed Al Sayec | 14 | Al Shehk Zaeid | 2:39.65 |
| 9 | Seif Alla Amro Moh. Abd Elfat | 14 | GEZIR | 2:39.99 |
| 10 | Ahmed Hossam abd el Monea | 14 | TRSAN | 2:41.86 |

Heat 4 of 14 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Abdelrhman Mohamed Zaki | 14 | HLWAN | 2:37.30 |
| 2 | Yousef Moustafa Fargaly | 14 | RWAD | 2:35.40 |
| 3 | Ziad Mohab Mostafa | 14 | TAGAM | 2:34.36 |
| 4 | Frouk Mohamed Frouk | 14 | ZMALK | 2:33.03 |
| 5 | Ahmed Mohamed Sallah | 14 | Mansheit Naser | 2:32.79 |
| 6 | Yossef Moh. Shrif Moh. Elbar | 14 | GEZIR | 2:32.84 |
| 7 | Hassn Hatem Mohamed | 14 | ENPPI | 2:33.45 |
| 8 | Al Sayed Mohamed Al Sayed | 14 | Al Shehk Zaeid | 2:34.69 |
| 9 | Yassen Moh. Shrif Moh. Elbar | 14 | GEZIR | 2:36.40 |
| 10 | Zayad Badr Fathallah | 14 | M.S Tagamoa | 2:37.47 |

Heat 5 of 14 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Omar Tarik Assem | 14 | Nasr City | 2:32.75 |
| 2 | Mohamed Ashraf Abdelkaren | 14 | GHABA | 2:31.84 |
| 3 | Mohamed Hesham Mahmoud | 14 | Mansheit Naser | 2:30.69 |
| 4 | Zayad Atef Mohamed Ahmed | 14 | GHABA | 2:30.11 |
| 5 | Yossef Mohamed Abdelzaher | 14 | Police Club | 2:28.93 |
| 6 | Mohamed AbdEl Rashed Moh | 14 | GHABA | 2:30.01 |
| 7 | Mohamed Tarek Fayiz | 14 | HELOP | 2:30.41 |
| 8 | Karim Samer Galal | 14 | Cairo | 2:30.86 |
| 9 | Mazen Gamal Abdallah | 14 | TALBE | 2:32.34 |
| 10 | Assem Asad | 14 | Taleaa El Gish | 2:32.78 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

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Heat 6 Finals (#178 Boys 14 Year Olds 200 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Ahmed Tarek Ahmed | 14 | HLWAN | 2:27.94 |
| 2 | Marwan Mohamed Maged | 14 | Cairo | 2:27.45 |
| 3 | Mohamed Fouad | 14 | ZMALK | 2:27.33 |
| 4 | Yaseen Nabil Mohamed | 14 | ZMALK | 2:27.24 |
| 5 | Omar Mohamed Mohamed Kl | 14 | M.ARB | 2:26.66 |
| 6 | Youssef Walid Mahmoud Ahn | 14 | Taleaa El Gish | 2:27.12 |
| 7 | Ali Ahmed Soliman Ali | 14 | RWAD | 2:27.32 |
| 8 | Seif Walid Hosny Ahmed | 14 | MAADI | 2:27.42 |
| 9 | Mahmoud Emad Abd Elmogh | 14 | ZOHUR | 2:27.70 |
| 10 | Karim amr Mahmoud | 14 | Nasr City | 2:28.16 |

Heat 7 of 14 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Omar Shrif Moustafa | 14 | ZMALK | 2:26.28 |
| 2 | Omar Mohamed Mahmoud | 14 | Sporting | 2:26.05 |
| 3 | Mohamed Elssameldin Mahr | 14 | Cairo | 2:25.68 |
| 4 | Hassan Hossam Hassan Kam | 14 | SHAMS | 2:24.96 |
| 5 | Loai Hany A bd EL Haliem | 14 | SHAMS | 2:24.13 |
| 6 | Ahmed Shady Abd ElRahman | 14 | HELDO | 2:24.50 |
| 7 | Adham Hisham Mahmoud | 14 | Cairo | 2:25.53 |
| 8 | Saif Esam Abd Elmenem | 14 | NASR | 2:25.78 |
| 9 | Omar Ahmed Magdy Abd AlM | 14 | HELDO | 2:26.18 |
| 10 | Ahmed Yasser Yehia | 14 | Cairo | 2:26.44 |

Heat 8 of 14 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Marawan Bader Eldin Radi | 14 | SHAMS | 2:23.57 |
| 2 | Youssef Abdullah Nabil | 14 | ZOHUR | 2:23.12 |
| 3 | Mazn Alsaeid Atya Dawoud | 14 | 6 OCT | 2:22.24 |
| 4 | Fathey Ahmed Fathey abd el | 14 | Stad Mansoura | 2:22.15 |
| 5 | Yousif Ayman Mohamed Elgw | 14 | Smouha | 2:21.86 |
| 6 | Yousef Ahmed Shalaby | 14 | TANTA | 2:22.08 |
| 7 | Mostafa Tarek Hassaneen | 14 | Cairo | 2:22.20 |
| 8 | Yousof Mohamed Hafez | 14 | TANTA | 2:22.68 |
| 9 | Yosef Ashraf Mahmoud Ashoi | 14 | MAADI | 2:23.40 |
| 10 | Ahmed Tarek Mohamed Abde | 14 | M.ARB | 2:23.62 |

Heat 9 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Karim Ahmed Maged | 14 | ZMALK | 2:21.80 |
| 2 | Khaled Mhmoud Mostfa Ali | 14 | 6 OCT | 2:21.30 |
| 3 | Yossef Magdy el Azhary | 14 | HELOP | 2:21.17 |
| 4 | Adham Khaled Kamal | 14 | SHOOT | 2:20.79 |
| 5 | Mohammed Abdel Monem M | 14 | RWAD | 2:20.70 |
| 6 | Yousef Mohamed Farouk Sale | 14 | 6 OCT | 2:20.78 |
| 7 | Ahmed Mohamed Ezzt Alhded | 14 | 6 OCT | 2:21.02 |
| 8 | Mohamed Housam Eldin | 14 | ZMALK | 2:21.27 |
| 9 | Mostafa Tamer Mamdouh | 14 | Baladyat El Maha | 2:21.63 |
| 10 | Mohamed Tarek Ahmed | 14 | GHABA | 2:21.80 |

Heat 10 of 14 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Adham Moh. Galal ElDin ElSa | 14 | GEZIR | 2:20.67 |
| 2 | Moaz Mohamed Samer abd | 14 | Stad Mansoura | 2:19.37 |
| 3 | Yossif Khaled Morsy | 14 | A S E C | 2:19.01 |
| 4 | Yosef Mohamed abd Elbaser | 14 | GHABA | 2:18.80 |
| 5 | aly Mohamed aly Elsobky | 14 | DEGLA | 2:18.55 |
| 6 | Mohmed Khaled Ookel Abdal | 14 | 6 OCT | 2:18.79 |
| 7 | Omar Walid Mamdouh Al Kh | 14 | MAADI | 2:18.86 |
| 8 | Yasin Mahmoud Mostafa | 14 | SHOOT | 2:19.06 |
| 9 | Abd El Rahman Mohamed Ali | 14 | SHOOT | 2:19.90 |
| 10 | Abd Elrahman Mohammed Z | 14 | RWAD | 2:20.67 |

Heat 11 of 14 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Basel Amir Ali Hosney | 14 | 6 OCT | 2:18.09 |
| 2 | Omar Khaled Khamis | 14 | A S E C | 2:17.46 |
| 3 | Omar Ibrahim Elshahat Eln | 14 | Smouha | 2:17.09 |
| 4 | Amr Maged Abdel Gawad | 14 | DEGLA | 2:15.70 |
| 5 | Yousif Mohamed Soliman Om | 14 | Smouha | 2:15.37 |
| 6 | Salah Eldin Mohamed Salahel | 14 | Cairo | 2:15.61 |
| 7 | Omar Ahmed Elebyary | 14 | TANTA | 2:15.85 |
| 8 | Adham Ahmed Allaa Eldin Al | 14 | SHAMS | 2:17.40 |
| 9 | Youssef Alaa Mohamed | 14 | DEGLA | 2:17.53 |
| 10 | omr Mohamed Fathey Yousef | 14 | Stad Mansoura | 2:18.30 |

Heat 12 of 14 Finals

| | | | | |
|----|--------------------------|----|------------------|---------|
| 1 | Aly Shref Aly Mohamed | 14 | SHOOT | 2:15.31 |
| 2 | Omar Wael Galal | 14 | Police Club | 2:14.88 |
| 3 | Marawan Tarek Ehab | 14 | AHLY | 2:14.47 |
| 4 | Adham Ayman Monir Hashen | 14 | TRSAN | 2:14.40 |
| 5 | Mohamed Ahmed Fouad | 14 | AHLY | 2:13.44 |
| 6 | Fares Husin Atia | 14 | TANTA | 2:13.74 |
| 7 | Hesham Nader Kamal | 14 | AHLY | 2:14.43 |
| 8 | Amr Khaled Mohamed Abdel | 14 | DEGLA | 2:14.76 |
| 9 | Mohamed Elsaied El Eraqy | 14 | Baladyat El Maha | 2:14.94 |
| 10 | Adam Moh. Awaad Awaad | 14 | GEZIR | 2:15.35 |

Heat 13 of 14 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Karim Wael Abdala Abdelgeli | 14 | Nasr City | 2:12.88 |
| 2 | Ahmed Ayman Mohamed abd | 14 | Stad Mansoura | 2:12.40 |
| 3 | Seif Walaa Antar | 14 | DEGLA | 2:11.63 |
| 4 | Ali Khaled Ali | 14 | SHOOT | 2:10.34 |
| 5 | Sife Mohamwd Saber | 14 | ZMALK | 2:09.98 |
| 6 | Marwan Mostafa Mohamed M | 14 | Smouha | 2:10.11 |
| 7 | Abd ElRahman Mohamed Ain | 14 | SHOOT | 2:11.50 |
| 8 | Marwan Mohamed Abdallah | 14 | DEGLA | 2:11.97 |
| 9 | Eyad Ahmed Zakaria | 14 | AHLY | 2:12.52 |
| 10 | Marawan Ayman Abd El Hafiz | 14 | SHOOT | 2:13.35 |

Heat 14 of 14 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Omar Gaber Aly | 14 | AHLY | 2:09.57 |
| 2 | Ahmed Amr Abdel Azzim | 14 | AHLY | 2:09.03 |
| 3 | Seif Eldin Ahmed Mohamed | 14 | AHLY | 2:07.83 |
| 4 | Mohamed Yaser Omar | 14 | Raas El Bar Club | 2:05.26 |
| 5 | Ziad Ehab Tawfek | 14 | DEGLA | 2:03.18 |
| 6 | Yousif Ahmed Ragab Elshame | 14 | Smouha | 2:03.71 |
| 7 | Nadem Kram Mohamed | 14 | HELOP | 2:05.39 |
| 8 | Mohamed Elsaied Ibrahim Ba | 14 | Stad Mansoura | 2:08.48 |
| 9 | Omar Mohsen Ramdan Abde | 14 | Smouha | 2:09.20 |
| 10 | Ahmed Tamer Mostafa Seed | 14 | 6 OCT | 2:09.69 |

Event 179 Boys 15 Year Olds 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 10 Finals

| | | | | |
|---|---------------------------|----|------------------|---------|
| 2 | Amr Ashraf Gabalaa | 15 | Raas El Bar Club | NT |
| 3 | Ahmed Mohamed Saleh | 15 | Cairo | 2:41.57 |
| 4 | Zeyad Ahmed Makhlof Elagm | 15 | TANTA | 2:40.06 |
| 5 | Mohamed Sherif Mohamed | 15 | ZOHUR | 2:36.52 |
| 6 | Ahmed Hesham Sabah | 15 | HELOP | 2:39.64 |
| 7 | Blal Mohmed Abd Elhamed | 15 | NASR | 2:40.70 |
| 8 | Yosef Ismail Atef | 15 | Canal El Suez | NT |

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Heat 2 Finals (#179 Boys 15 Year Olds 200 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|------------------|---------|
| 1 | Mohamed Ahmed Helmy | 15 | ZOHUR | 2:33.88 |
| 2 | Mohamed Mohamed Galal | 15 | Raas El Bar Club | 2:33.10 |
| 3 | Yossef Essam Mohamed Adel | 15 | GHABA | 2:32.09 |
| 4 | Ziad Wael Mohamed | 15 | ZMALK | 2:31.81 |
| 5 | Mohamed aly Mahmud Omra | 15 | TANTA | 2:31.45 |
| 6 | Mohab Mohamed Salah Hosn | 15 | HLWAN | 2:31.50 |
| 7 | Karim Mohamed Mahmoud | 15 | HELDO | 2:32.07 |
| 8 | Yousef Mohamed Hashem | 15 | MAY15 | 2:32.77 |
| 9 | abd Elrahman Saeed Moham | 15 | ZMALK | 2:33.78 |
| 10 | Abd Alrhman Ayman Sameer | 15 | Raas El Bar Club | 2:35.24 |

Heat 3 of 10 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Adham Alaa El Dien Shaaban | 15 | ZOHUR | 2:29.67 |
| 2 | Mohamed Salah Mohamed | 15 | Cairo | 2:26.53 |
| 3 | Mostafa Mohamed gad | 15 | HLWAN | 2:26.15 |
| 4 | Youssef Hisham Kamal | 15 | MRAC | 2:25.78 |
| 5 | Ahmaed Abdeulnaser Mohan | 15 | ROYAL | 2:25.32 |
| 6 | Zeyad Essam | 15 | Baladyat El Maha | 2:25.52 |
| 7 | Ez Elden Tamer | 15 | GHABA | 2:26.05 |
| 8 | Abd El Rahman Yaser Abas M | 15 | MAADI | 2:26.19 |
| 9 | Ibrahim Sherif Ibrahim Mahn | 15 | MAADI | 2:29.59 |
| 10 | Karim Ayman Mohamed | 15 | RWAD | 2:29.77 |

Heat 4 of 10 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Marwan Mohamed Elsayed | 15 | NASR | 2:25.17 |
| 2 | Ahmed ` Amr AbdElazim Hab | 15 | Smouha | 2:24.89 |
| 3 | Ali Fady Houssein | 15 | SHOOT | 2:22.27 |
| 4 | Mohamed Ashraf A bd Elazee | 15 | GHABA | 2:21.51 |
| 5 | Sife Eldin Mohamed Salem | 15 | ZMALK | 2:21.34 |
| 6 | Hazem Ahmed Mahmoud | 15 | ENPPI | 2:21.44 |
| 7 | Sief Mohamed Salah | 15 | TANTA | 2:22.23 |
| 8 | Abanop Mohsen | 15 | HELOP | 2:22.34 |
| 9 | Abd Elrahman Hisham Ahme | 15 | M.ARB | 2:24.90 |
| 10 | Abdel Rahman Mostafa Abde | 15 | RWAD | 2:25.29 |

Heat 5 of 10 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Youssef Mohamed Abdallah | 15 | ZOHUR | 2:21.12 |
| 2 | Omar Mostafa Hafez Mostafa | 15 | Al Hawar | 2:20.15 |
| 3 | Youssef Hassan Salah | 15 | Cairo | 2:19.43 |
| 4 | Omar Ahmed Hussien | 15 | Cairo | 2:18.86 |
| 5 | Adham Ramy Yazed | 15 | HELOP | 2:18.04 |
| 6 | Seif ElIslam Ahmed Mahmou | 15 | SHAMS | 2:18.45 |
| 7 | Abd Elrahman amr abd Elkh | 15 | M.ARB | 2:18.94 |
| 8 | Ahmed Walid Hamdy | 15 | AHRAM | 2:19.98 |
| 9 | Mohamed Sherif Mostafa Ali | 15 | TWFIK | 2:20.21 |
| 10 | Seif Amr Samir Abd ElSamad | 15 | SHAMS | 2:21.23 |

Heat 6 of 10 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Amr Mohamed Saad Bayomy | 15 | Al Hawar | 2:17.92 |
| 2 | Ahmed Mohammed Hamdy S | 15 | Al Hawar | 2:16.94 |
| 3 | Nour El Din Ahmed Salah Mo | 15 | MAADI | 2:16.03 |
| 4 | Mrwan Mohmed Twfik Omra | 15 | 6 OCT | 2:15.37 |
| 5 | Yousry Mohamed Yousry Zak | 15 | TANTA | 2:13.69 |
| 6 | Shref Amad Abd ElAzim | 15 | SHOOT | 2:14.09 |
| 7 | Omar Moamed Lotfy Abdo Yo | 15 | Al Hawar | 2:15.85 |
| 8 | Ali Ehab Abou Al Ezz | 15 | Raas El Bar Club | 2:16.57 |
| 9 | Mohamed Hazem Mohany En | 15 | HELDO | 2:17.67 |
| 10 | Adham Hossam ElDein Moha | 15 | SHAMS | 2:17.98 |

Heat 7 of 10 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Marawan Ahmed Salah | 15 | DEGLA | 2:13.26 |
| 2 | Youssef Dieya ElSayed Elkiki | 15 | SHAMS | 2:12.95 |
| 3 | Mohamed Ahmed Mohamed | 15 | Smouha | 2:12.33 |
| 4 | Mahmoud Hesham El Ansary | 15 | DEGLA | 2:12.02 |
| 5 | Yahia ali eid | 15 | DEGLA | 2:11.71 |
| 6 | amr Tarek Alsaid Alaraby | 15 | Nasr City | 2:11.98 |
| 7 | Mina Yousif Moris Mikhaee | 15 | Smouha | 2:12.18 |
| 8 | Yosef Shereef Yosef Oweda | 15 | Gezira El Ward | 2:12.40 |
| 9 | Ahmed Yaser Samy Borham | 15 | Al Hawar | 2:12.98 |
| 10 | Omar Alaa Eldin Wahba | 15 | SHAMS | 2:13.59 |

Heat 8 of 10 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Ibrahim Yaser Abdel Monaeir | 15 | Raas El Bar Club | 2:11.43 |
| 2 | Abd El Rahman Ahmed Saed | 15 | TANTA | 2:11.25 |
| 3 | Samir Sameh el Batal | 15 | DEGLA | 2:10.70 |
| 4 | Abdelrhman Mhmoud Mohar | 15 | 6 OCT | 2:10.14 |
| 5 | Ahmed Awny Glal Aly | 15 | 6 OCT | 2:09.55 |
| 6 | Moahamed Sameh Moustafa | 15 | MAADI | 2:10.09 |
| 7 | Ahmed Taher Allam | 15 | Stad Mansoura | 2:10.23 |
| 8 | Mahmoud Mohamed Shams I | 15 | SHOOT | 2:11.16 |
| 9 | Abdelrahman Osama Omar | 15 | Cairo | 2:11.26 |
| 10 | Yahiy Osama Amara | 15 | Sporting | 2:11.59 |

Heat 9 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Ahmed Hazem Mohamed Apc | 15 | 6 OCT | 2:09.01 |
| 2 | Ahmed Hossam Abdallah | 15 | HELOP | 2:08.70 |
| 3 | Yassin Esam El Din | 15 | Sporting | 2:08.44 |
| 4 | Mounir Ramez Mounir | 15 | SHOOT | 2:06.91 |
| 5 | Marawan Ahmed Abdel Moez | 15 | DEGLA | 2:06.72 |
| 6 | Mahmoud Shehab Ahmed Mc | 15 | Bank Ahly Alex | 2:06.84 |
| 7 | Hazem Waheed Ibrahim | 15 | RWAD | 2:07.50 |
| 8 | Basel Ahmed Habeeb | 15 | SHOOT | 2:08.60 |
| 9 | abd Elrahman Tarek Mohame | 15 | Stad Mansoura | 2:09.01 |
| 10 | Ziad Abdel Ghany Osman | 15 | RWAD | 2:09.54 |

Heat 10 of 10 Finals

| | | | | |
|----|-----------------------------|----|---------|---------|
| 1 | Mooataz Tarek Ibrahim Moha | 15 | AHLY | 2:06.11 |
| 2 | Yousef Amr Mohamed | 15 | A S E C | 2:05.78 |
| 3 | Youssef Magdy Elhady | 15 | AHLY | 2:03.65 |
| 4 | Adham Mohamed Magdy Mal | 15 | MAADI | 2:02.35 |
| 5 | Ahmed Sameh Elsaid | 15 | AHLY | 1:58.78 |
| 6 | amr Mohamed Anter | 15 | ZMALK | 2:02.15 |
| 7 | Seif Ahmed Hegazy | 15 | AHLY | 2:02.84 |
| 8 | Farouk Adel Farouk Amar | 15 | 6 OCT | 2:04.76 |
| 9 | Ahmed Mohamed Elhoussein | 15 | AHLY | 2:06.10 |
| 10 | Mostafa Adel Khalil Ibrahim | 15 | Smouha | 2:06.36 |

Event 180 Boys 16 Year Olds 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|---------------------------|----|----------------|---------|
| 2 | Khaled Reda Abdel Aziem | 16 | ELCTR | NT |
| 3 | Adham Hossam Awad Ibrahim | 16 | Taleaa El Gish | 2:37.30 |
| 4 | Fares Fathy Ahmed | 16 | HELOP | 2:29.38 |
| 5 | Abd Alla Mohamed Fathy | 16 | RWAD | 2:25.38 |
| 6 | Mostafa Ayman Mohamed Al | 16 | ZOHUR | 2:25.57 |
| 7 | Mohamed Sameh Mohamed | 16 | HELOP | 2:35.24 |
| 8 | Mohamed Ahmed Essam Akl | 16 | Smouha | NT |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#180 Boys 16 Year Olds 200 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|-------------|---------|
| 1 | Mrawan Hisham Lotfy | 16 | Police Club | 2:24.35 |
| 2 | Hassan Abdelaal Abas | 16 | SHOOT | 2:18.76 |
| 3 | Omar Ahmed abd Elrahman | 16 | ZMALK | 2:18.27 |
| 4 | Ahmed Akram Mohamed | 16 | ZOHUR | 2:17.78 |
| 5 | Omar Mohamed Ezz El Dawla | 16 | ZMALK | 2:16.22 |
| 6 | Marwan Ahmed Said Nabawy | 16 | SHOOT | 2:17.36 |
| 7 | Mohab Ahmed Elsis | 16 | TWFIK | 2:17.85 |
| 8 | Aly Haytham Fouad Helmy | 16 | BNKG | 2:18.51 |
| 9 | Ziad Tarek Essam Anwar Has | 16 | SHAMS | 2:23.38 |
| 10 | Ziad Kamel Ibrahim Kamel | 16 | Cairo | 2:25.12 |

Heat 3 of 7 Finals

| | | | | |
|----|---------------------------|----|-----------|---------|
| 1 | Mohamed Mostafa Mohamed | 16 | Nasr City | 2:15.90 |
| 2 | Mahmoud Waleed Elmasry | 16 | Cairo | 2:15.11 |
| 3 | Ahmed Hesham Nageib | 16 | ZMALK | 2:12.91 |
| 4 | Omar Akram Ibrahim | 16 | SHOOT | 2:12.08 |
| 5 | Ahmed Osama Tawfek | 16 | M.ARB | 2:11.66 |
| 6 | Abdel Rahman Tarik | 16 | GHABA | 2:11.76 |
| 7 | Ali Tamer Mohamed | 16 | HELOP | 2:12.63 |
| 8 | Omar Mohamed Farouk Al Si | 16 | SHOOT | 2:14.68 |
| 9 | Mohamed Osama Mohamd Al | 16 | SHOOT | 2:15.45 |
| 10 | Mohamed Ahmed Hamdy | 16 | Cairo | 2:16.11 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Mohamed Hany Sadek | 16 | Gezira El Ward | 2:11.09 |
| 2 | Yousif Khaled Mohamed Ahm | 16 | Smouha | 2:10.29 |
| 3 | Ali Mohamed ali abd el Rahm | 16 | SHAMS | 2:09.71 |
| 4 | Omar Sameh Abd Al-Aziz Alsi | 16 | SHAMS | 2:08.69 |
| 5 | Ahmed Mahmoud Abd Elazee | 16 | RWAD | 2:08.27 |
| 6 | Mohamed Yaser Mohamed | 16 | GHABA | 2:08.50 |
| 7 | Karim Adel Ahmed Bahgat | 16 | ZOHUR | 2:08.99 |
| 8 | Youssef Khaled Ramadan | 16 | BNKG | 2:10.10 |
| 9 | Ahmed Islam Mahmoud | 16 | ZMALK | 2:10.42 |
| 10 | Adham Tarek Mohamed Elmc | 16 | SHAMS | 2:11.62 |

Heat 5 of 7 Finals

| | | | | |
|----|------------------------------|----|---------------|---------|
| 1 | Mohamed Al Sayed Ali Alleith | 16 | Stad Mansoura | 2:08.01 |
| 2 | Zyad Ahmed Hesem Mahmou | 16 | GHABA | 2:07.43 |
| 3 | Omar Ahmed El Faitory | 16 | Sporting | 2:07.12 |
| 4 | Aly Tamer Aly | 16 | Sporting | 2:06.66 |
| 5 | Yousof Yaser Shaaban | 16 | TANTA | 2:05.90 |
| 6 | Abo Baker Hazem Hosney Mc | 16 | SHAMS | 2:06.31 |
| 7 | Yahia Ashraf Madkour | 16 | Smouha | 2:06.81 |
| 8 | Mazin Taha Ebrahim | 16 | DEGLA | 2:07.33 |
| 9 | Mohamed Essam Salah | 16 | DEGLA | 2:07.59 |
| 10 | Mahmoud Moustafa El Marak | 16 | Sporting | 2:08.10 |

Heat 6 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Yasin HossamEldin | 16 | Smouha | 2:04.96 |
| 2 | Omar Ahmed Anees | 16 | Gezira El Ward | 2:04.87 |
| 3 | Yousef Yahya Zakriya Ramady | 16 | Sporting | 2:04.54 |
| 4 | Ahmed Moataz Abdel-Aziz | 16 | AHLY | 2:03.25 |
| 5 | Omar Medhat Hassan | 16 | AHLY | 2:03.17 |
| 6 | Shady Mahmoud Nader | 16 | AHLY | 2:03.21 |
| 7 | Eyad Mohamed Nabih | 16 | Smouha | 2:03.34 |
| 8 | Yosif Ahmed Abdel Mohssin | 16 | DEGLA | 2:04.80 |
| 9 | Peitar Morcouc Abdou | 16 | GHABA | 2:04.91 |
| 10 | Saif Eldin Aiman Ahmed | 16 | DEGLA | 2:04.99 |

Heat 7 of 7 Finals

| | | | | |
|----|---------------------------|----|---------------|---------|
| 1 | Yassin Emad Abd Elhakim | 16 | Sporting | 2:02.45 |
| 2 | Mohamed Mahmoud Moham | 16 | GHABA | 2:02.25 |
| 3 | Moustafa Tarik Moustafa | 16 | HELOP | 2:01.85 |
| 4 | Marwan Magdy Azzam | 16 | Olympic | 1:59.45 |
| 5 | Mrawan Mostafa Mowaled | 16 | DEGLA | 1:58.58 |
| 6 | Waled Mohamed Sophy | 16 | Stad Mansoura | 1:59.37 |
| 7 | Mohamed Hesham Ismsil Ha | 16 | 6 OCT | 2:00.52 |
| 8 | Khaled Mohamed Kamel | 16 | AHLY | 2:02.02 |
| 9 | Mohamed Ashraf Fouad Hass | 16 | 6 OCT | 2:02.40 |
| 10 | Youssef Eslam Farouk | 16 | AHLY | 2:02.51 |

Event 181 Girls 14 Year Olds 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|----------------------------|----|-------|----------|
| 4 | Malak Mohamed Sayed Khalii | 14 | DEGLA | 21:06.16 |
| 5 | Mayar Abdelazem Ahmed | 14 | M.ARB | 20:54.36 |
| 6 | Marim Ahmed Farouk | 14 | AHRAM | 21:04.90 |
| 7 | Aya Ashrf Ahmed Mohmed Al | 14 | 6 OCT | 21:21.79 |

Heat 2 of 3 Finals

| | | | | |
|----|---------------------------|----|----------------|----------|
| 1 | Karema Khaled Elbahnsy | 14 | Stad Mansoura | 20:40.99 |
| 2 | Gana Mohamed Abdelsamea | 14 | M.ARB | 20:32.58 |
| 3 | Salma Ahmed Mohamed Khal | 14 | Gezira El Ward | 20:23.73 |
| 4 | Malak Sameh Abd Elaziz | 14 | GHABA | 19:55.19 |
| 5 | Salma Ahmed ali Mostafa | 14 | GHABA | 19:35.77 |
| 6 | Nily Kareem | 14 | SHOOT | 19:43.89 |
| 7 | Reem Mohamed Ibrahim | 14 | ZMALK | 20:23.17 |
| 8 | Jana Hassan Abdel Fattah | 14 | DEGLA | 20:30.24 |
| 9 | Dorra Hesham Sayed Zahran | 14 | DEGLA | 20:32.78 |
| 10 | Berehan Khaled Khalaf | 14 | DEGLA | 20:50.37 |

Heat 3 of 3 Finals

| | | | | |
|----|---------------------------|----|----------------|----------|
| 1 | Joudy Ahmed Mohamed Nou | 14 | MAY15 | 19:34.96 |
| 2 | Goumana Tarek Yehia | 14 | AHLY | 19:25.38 |
| 3 | Kenzi Magdy Elshahat | 14 | Elethead | 19:05.96 |
| 4 | Malak Ahmed Helmy | 14 | AHLY | 19:01.97 |
| 5 | Zaina Mohamed Haitham Has | 14 | SHOOT | 18:21.53 |
| 6 | Sara Mohamed Bhaa | 14 | HELOP | 18:53.95 |
| 7 | Nour Ahmed aly Elsheshtaw | 14 | Gezira El Ward | 19:04.35 |
| 8 | Mena Tarek Aly | 14 | AHLY | 19:09.38 |
| 9 | Basant Ibrahim Mahmod | 14 | Gezira El Ward | 19:29.56 |
| 10 | Joudy Mohamed Aly | 14 | Sporting | 19:35.32 |

Event 182 Girls 15 Year Olds 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|---------------------|----|-------|----------|
| 4 | Halaa Samy Yahya | 15 | SHAMS | 21:46.44 |
| 5 | Esraa Ehab Zamel | 15 | ZMALK | 21:14.48 |
| 6 | Lugen Mohamed Nabil | 15 | SHOOT | 21:30.27 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#182 Girls 15 Year Olds 1500 LC Meter Freestyle)

| | | | | |
|---|----------------------------|----|----------|----------|
| 1 | Yasmine Yasser Mamdouh | 15 | SHOOT | 20:40.90 |
| 2 | Shahd Hany Hussein Darwish | 15 | SHAMS | 20:32.03 |
| 3 | Monika Ayman Raaouf Eriyar | 15 | SHAMS | 20:25.98 |
| 4 | Malak Ahmed Nagy Ali | 15 | HELDO | 20:03.42 |
| 5 | Merna Mohamed adb Elhady | 15 | ZMALK | 19:46.10 |
| 6 | Mariam Ebrahim ElShazly | 15 | Sporting | 20:01.17 |
| 7 | Alyaa Mhmoud Kmal Hsn | 15 | 6 OCT | 20:17.83 |
| 8 | Fareda Yasser Mohamed Abd | 15 | 6 OCT | 20:31.23 |
| 9 | Shorouk Mohamed Belal | 15 | AHLY | 20:38.84 |

Heat 3 of 3 Finals

| | | | | |
|----|----------------------------|----|----------|----------|
| 1 | Menat Allah Yousry Zakaria | 15 | TANTA | 19:20.62 |
| 2 | Hana Aly Mahmoud | 15 | AHLY | 19:14.28 |
| 3 | Maya Osama Handosa | 15 | Al Hawar | 19:02.50 |
| 4 | Kanzy Ibrahim Zaid | 15 | Al Hawar | 18:48.56 |
| 5 | Loujin Abd Alla Slah Zkey | 15 | 6 OCT | 18:06.68 |
| 6 | Aisha Ahmed Nabil | 15 | AHLY | 18:47.14 |
| 7 | Marim Mhmod Elsaïd Elshik | 15 | Smouha | 18:54.88 |
| 8 | Mariam Hesham Mohamed | 15 | AHLY | 19:10.63 |
| 9 | Salma Ahmed Mohamed Ram | 15 | DEGLA | 19:18.94 |
| 10 | Shahd Sameh Safouat Shaaba | 15 | HELDO | 19:33.03 |

Event 183 Girls 16 Year Olds 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|---|--------------------------|----|----------|----------|
| 4 | Zina Ahmed Nabil | 16 | Sporting | NT |
| 5 | Kenzy Tamer Farouk | 16 | DEGLA | 21:24.89 |
| 6 | Mariam Essam Mohamed Saï | 16 | SHOOT | 21:26.62 |

Heat 2 of 3 Finals

| | | | | |
|---|-------------------------------|----|----------------|----------|
| 2 | Jana Amr Adel Ahmed | 16 | Sporting | 20:32.23 |
| 3 | Ranheil Moaataz Ballah Ali Ib | 16 | ZMALK | 20:22.68 |
| 4 | Toka Ahmed Khalifa Mohame | 16 | Bank Ahly Alex | 19:42.00 |
| 5 | Shad Ahmed Deïaa | 16 | Stad Mansoura | 19:38.11 |
| 6 | Rodaina Wael Mohamed | 16 | RWAD | 19:38.70 |
| 7 | Malak Mohamed Ezzat Al Hac | 16 | 6 OCT | 19:56.30 |
| 8 | Bsmala Hassan Mohamed | 16 | M.ARB | 20:23.61 |
| 9 | Lina Ahmed Abu El Khair | 16 | Sporting | 20:55.78 |

Heat 3 of 3 Finals

| | | | | |
|----|-----------------------------|----|----------------|----------|
| 1 | Mayar Hassan Aly EL Sharkav | 16 | SHAMS | 19:19.37 |
| 2 | Amany Mahmoud Basheir | 16 | Gezira El Ward | 19:16.00 |
| 3 | Amina Ahmed El Sharkawy | 16 | Sporting | 19:04.91 |
| 4 | Nadin Adam Ahmed Foad Mo | 16 | SHAMS | 18:52.51 |
| 5 | Farida Tharwat Maher | 16 | AHLY | 17:56.38 |
| 6 | Salma Hany Mostafa Abdelka | 16 | MAADI | 18:13.27 |
| 7 | Salma Mohamed Ibrahim Has | 16 | SHAMS | 18:55.32 |
| 8 | Yara Mahmoud Abdo Mosa | 16 | Al Hawar | 19:13.18 |
| 9 | Sohaëila Ahmed Hamdy Bauc | 16 | 6 OCT | 19:19.22 |
| 10 | Gana Emad Gaad Hosny | 16 | SHAMS | 19:36.22 |

Event 184 Boys 14 Year Olds 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|-----------------------------|----|------------------|----|
| 4 | Ibrahim Mohamed Ibrahim A | 14 | Raas El Bar Club | NT |
| 5 | Mrawan amr Mostafa abd el / | 14 | TRSAN | NT |
| 6 | Salih Samy Hassan abo Ghad | 14 | Raas El Bar Club | NT |

Heat 2 of 12 Finals

| | | | | |
|----|-------------------------------|----|----------------|---------|
| 1 | Abdelrahman Ahmed Ebrahit | 14 | MAY15 | 3:25.84 |
| 2 | Zeyad Amer Arby | 14 | TALBE | 3:15.85 |
| 3 | Youssef Hazm | 14 | Taleaa El Gish | 3:11.10 |
| 4 | Seif Alla Amro Moh. Abd Elfat | 14 | GEZIR | 3:05.54 |
| 5 | Mohamed Abd El Kader Abo l | 14 | ZOHUR | 3:04.46 |
| 6 | Yossef Khaled Magdy Ibrahim | 14 | Taleaa El Gish | 3:04.90 |
| 7 | Abd Elrmahman Mohamed Saï | 14 | HELDO | 3:06.95 |
| 8 | Abd Elrohman Ehab Lotfe | 14 | TALBE | 3:13.26 |
| 9 | Ahmed Wesam Badr | 14 | TANTA | 3:21.20 |
| 10 | Darren Dimitrios Chin | 14 | Sporting | NT |

Heat 3 of 12 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Bashar Ahmed Mohamed | 14 | M.ARB | 3:03.12 |
| 2 | Yossef Mahmod Azzat | 14 | GHABA | 3:00.71 |
| 3 | Tarek Ahmed Ali | 14 | ZOHUR | 2:59.21 |
| 4 | ez Elden Mohamed Mostafa T | 14 | Al Hawar | 2:58.07 |
| 5 | Omar Mohamed Mohamed Kl | 14 | M.ARB | 2:56.36 |
| 6 | Frouk Mohamed Frouk | 14 | ZMALK | 2:57.10 |
| 7 | Yaser Khaled Mamdouh ali | 14 | TRSAN | 2:58.97 |
| 8 | Abdelrahman Ahmed Abdelr | 14 | Cairo | 3:00.18 |
| 9 | Ahmed Reda Mahmoud | 14 | MAY15 | 3:01.95 |
| 10 | Zyeed Khaled Mohamed | 14 | ZMALK | 3:03.61 |

Heat 4 of 12 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Ahmed Moustafa Zakrya | 14 | ZMALK | 2:55.74 |
| 2 | Saif Esam Abd Elmenem | 14 | NASR | 2:55.42 |
| 3 | Adham Hisham Mahmoud | 14 | Cairo | 2:55.09 |
| 4 | Saif El Dien Ahmed Mohamec | 14 | AHRAM | 2:54.34 |
| 5 | Yousf Aymn Ebrahim Ahmed | 14 | 6 OCT | 2:53.72 |
| 6 | ali Diaa el Gendy | 14 | HELOP | 2:54.23 |
| 7 | Ali Ahmed Ali Shaaban | 14 | ZOHUR | 2:54.83 |
| 8 | Zayad Atef Mohamed Ahmed | 14 | GHABA | 2:55.28 |
| 9 | Hade Mohamed Saed | 14 | M.ARB | 2:55.68 |
| 10 | Ali Ahmed Soliman Ali | 14 | RWAD | 2:55.97 |

Heat 5 of 12 Finals

| | | | | |
|----|------------------------------|----|---------------|---------|
| 1 | Ahmed Hussam El Den Ahme | 14 | SHOOT | 2:52.97 |
| 2 | Yosef Fathy Al Ghanduor | 14 | Canal El Suez | 2:52.61 |
| 3 | Yassin Hisham Nour | 14 | Smouha | 2:51.76 |
| 4 | Karim Osama Abu Zaid | 14 | TANTA | 2:50.17 |
| 5 | Abdlrhmn Amro Nshat Abdlg | 14 | 6 OCT | 2:49.60 |
| 6 | Yehia SeifEL din EL Marghany | 14 | SHAMS | 2:50.06 |
| 7 | Farok Mohamed Fayk Alshaaï | 14 | 6 OCT | 2:51.40 |
| 8 | Yahia Mostafa Gamal Eldeen ! | 14 | RWAD | 2:52.37 |
| 9 | Yasein Abdel Hady Ahamed A | 14 | HELDO | 2:52.77 |
| 10 | Omar Ehab Rida | 14 | SHOOT | 2:53.65 |

Heat 6 of 12 Finals

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Basel Osama Mohamed | 14 | HLWAN | 2:49.18 |
| 2 | Yosef Ashraf Mahmoud Ashoi | 14 | MAADI | 2:48.43 |
| 3 | Mostafa Mahmoud Mostafa | 14 | SHOOT | 2:45.74 |
| 4 | Omar Hatem Hassan | 14 | ZOHUR | 2:44.53 |
| 5 | Mohamed Sameh Kayed | 14 | ZOHUR | 2:44.09 |
| 6 | Mohamed Salem Essa | 14 | HELOP | 2:44.30 |
| 7 | Mohamed Maged Mahmoud | 14 | Olympic | 2:45.27 |
| 8 | Mohamed Wael Abdala Abdel | 14 | Nasr City | 2:45.78 |
| 9 | Moaaz Nasser Eid Abd Allah | 14 | TALBE | 2:48.77 |
| 10 | Yasin Mohamed Abu Raya | 14 | TANTA | 2:49.23 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 7 Finals (#184 Boys 14 Year Olds 200 LC Meter IM)

| | | | | |
|----|-----------------------------|----|-----------|---------|
| 1 | Abd Elrahman Mohammed Z: | 14 | RWAD | 2:43.79 |
| 2 | Karem Ashraf | 14 | GHABA | 2:43.63 |
| 3 | Adham Mhammed Arafa Has: | 14 | Al Hawar | 2:43.19 |
| 4 | Karim Wael Abdala Abdelgeli | 14 | Nasr City | 2:43.03 |
| 5 | Adham Monir Mohamed | 14 | MAY15 | 2:41.87 |
| 6 | Omar Sherif Hamed | 14 | GHABA | 2:42.38 |
| 7 | Ahmed Tarek Mohamed Abde | 14 | M.ARB | 2:43.16 |
| 8 | Mazn Alsaeid Atya Dawwoud | 14 | 6 OCT | 2:43.51 |
| 9 | Karim Ahmed Maged | 14 | ZMALK | 2:43.63 |
| 10 | Yasin Mahmoud Mostafa | 14 | SHOOT | 2:44.03 |

Heat 8 of 12 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Abdla Mohmd Ahmd Ali Alml | 14 | 6 OCT | 2:41.29 |
| 2 | Ahmed Mohamed Ahmed Elk | 14 | Al Hawar | 2:40.88 |
| 3 | Ahmed Mohmed Gmal Eprah | 14 | 6 OCT | 2:40.18 |
| 4 | Iyad Mohamed Abdel Azem e | 14 | Al Hawar | 2:38.53 |
| 5 | Eazz El Din Mohamed Khami: | 14 | Sporting | 2:38.14 |
| 6 | Yassin Moaataz Zakaria | 14 | AHLY | 2:38.32 |
| 7 | Mohammed Abdel Monem M | 14 | RWAD | 2:40.13 |
| 8 | Ali Ahmed Abd el Monem Om: | 14 | SHAMS | 2:40.59 |
| 9 | Mohamed Yasser Mohmoud | 14 | ZMALK | 2:41.28 |
| 10 | Omar Tamer Said AbdElaziz | 14 | Smouha | 2:41.70 |

Heat 9 of 12 Finals

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Abd EL Rahman Yaser Mohi E | 14 | HELOP | 2:35.99 |
| 2 | Badr Ahmed Mohamed Anis | 14 | Olympic | 2:35.67 |
| 3 | Yousf Mohmed Mdht Mohme | 14 | 6 OCT | 2:34.63 |
| 4 | Belal Mohamed Abdel Wahab | 14 | DEGLA | 2:34.25 |
| 5 | Abd El Rahman Mohamed Fai | 14 | SHOOT | 2:34.16 |
| 6 | Mohamed Yasser Mohamed | 14 | ZMALK | 2:34.25 |
| 7 | Mohamed Tarek Seiam | 14 | HELOP | 2:34.55 |
| 8 | Omar Sameh Mohamed Ham | 14 | AHLY | 2:35.08 |
| 9 | Omar Walid Mamdouh Al Kh: | 14 | MAADI | 2:35.76 |
| 10 | Marwan Mohamed Sabry | 14 | ENPPI | 2:38.07 |

Heat 10 of 12 Finals

| | | | | |
|----|--------------------------|----|---------|---------|
| 1 | Youssef Alaa Mohamed | 14 | DEGLA | 2:33.96 |
| 2 | Ahmade Hamed Abbaas | 14 | TALBE | 2:33.52 |
| 3 | Karim amr Abd el Monem | 14 | DEGLA | 2:32.84 |
| 4 | Mohaned LiwaaEldin Ali | 14 | Smouha | 2:32.74 |
| 5 | Ahmed Hesham Mohsen | 14 | AHLY | 2:32.34 |
| 6 | Amr Maged Abdel Gawad | 14 | DEGLA | 2:32.62 |
| 7 | Marwan Mohamed Abdallah | 14 | DEGLA | 2:32.82 |
| 8 | Adham Mohamed Elarby | 14 | Smouha | 2:33.38 |
| 9 | abd Elrahman Mohamed Bad | 14 | TRSAN | 2:33.85 |
| 10 | Zeyad Mohamed Saad Zaky | 14 | Olympic | 2:34.00 |

Heat 11 of 12 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Mohamed Mahmoud Attia | 14 | DEGLA | 2:31.18 |
| 2 | Ahmed Amr Magdy | 14 | SHOOT | 2:30.62 |
| 3 | Youssef Ehab Mostafa | 14 | AHLY | 2:29.17 |
| 4 | Yousof Hesham Anwer | 14 | TANTA | 2:29.07 |
| 5 | Omar Gaber Aly | 14 | AHLY | 2:28.39 |
| 6 | Moamen Khalid Mohamed | 14 | ZMALK | 2:28.90 |
| 7 | Ahmed Emad Samir Hassan | 14 | HELDO | 2:29.08 |
| 8 | Ahmed Ayman Ali Mohamed | 14 | SHAMS | 2:29.42 |
| 9 | Abd ElRahman Mohamed Ain | 14 | SHOOT | 2:30.89 |
| 10 | Tamem Mohamed Tantawy | 14 | Sporting | 2:32.27 |

Heat 12 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | ali Mohamed Sarwat | 14 | HELOP | 2:28.05 |
| 2 | Ahmed Hazem Akram | 14 | DEGLA | 2:26.65 |
| 3 | Mohamed Mashhour Yehia | 14 | AHLY | 2:23.48 |
| 4 | Ali Mohamed Ali Hasan El | 14 | Bank Ahly Alex | 2:23.04 |
| 5 | Mohamed Hany Elsayed | 14 | AHLY | 2:21.37 |
| 6 | Yousif Ahmed Ragab Elsham: | 14 | Smouha | 2:22.77 |
| 7 | Yousef Adel Ramadan | 14 | SHAMS | 2:23.31 |
| 8 | Nour El Din Ayman | 14 | Sporting | 2:25.37 |
| 9 | Ahmed Mohamed Moharam | 14 | Mansoura | 2:27.06 |
| 10 | Karim Mohamed El Gharabav | 14 | ZOHUR | 2:28.28 |

Event 185 Boys 15 Year Olds 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|---------------------------|----|------------------|---------|
| 2 | Ziad Mohammed Samir Elnag | 15 | Raas El Bar Club | NT |
| 3 | Mazn Haythim Ezzat | 15 | Taleaa El Gish | NT |
| 4 | ApdAlla Mhmoud Mohamed I | 15 | 6 OCT | 3:00.05 |
| 5 | Karim Ayman Mohamed | 15 | RWAD | 2:57.43 |
| 6 | Ahmed Mohamed Abdelhalee | 15 | Cairo | 2:58.23 |
| 7 | Amr Ashraf Gabalaa | 15 | Raas El Bar Club | 3:25.16 |
| 8 | Mohaned Alaa Mahmod Ali | 15 | Smouha | NT |

Heat 2 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Ramy Kamel Mohamed Kame | 15 | RWAD | 2:53.84 |
| 2 | Kirolos Sameh Fawzy Rasla | 15 | Taleaa El Gish | 2:52.11 |
| 3 | Adel Mohamed Adel | 15 | RWAD | 2:51.31 |
| 4 | Zeyad Mohamed Abdel Fatah | 15 | Al Hawar | 2:48.51 |
| 5 | Mohamed Ahmed Ebrahim | 15 | ZMALK | 2:46.69 |
| 6 | Yousof Ekramy Medhat Kame | 15 | TANTA | 2:47.52 |
| 7 | Youssef Sameh Elsaid | 15 | Stad Tanta | 2:50.15 |
| 8 | Adham Alaa El Dien Shaaban | 15 | ZOHUR | 2:51.82 |
| 9 | Amr Hassan Mahmoud | 15 | RWAD | 2:52.67 |
| 10 | Seif Ahmed Mohamed | 15 | MAY15 | 2:55.33 |

Heat 3 of 8 Finals

| | | | | |
|----|--------------------------------|----|----------|---------|
| 1 | Mohamed Ahm. Aly Moh. Der | 15 | GEZIR | 2:45.10 |
| 2 | Ahmed Tarek Ali Mostafa | 15 | SHAMS | 2:44.49 |
| 3 | Ali Ahmed Abdalla Ali | 15 | ENPPI | 2:43.82 |
| 4 | Mohamed Ramy | 15 | GHABA | 2:43.26 |
| 5 | Nour Eldien Amr Elsaid Moh: | 15 | RWAD | 2:41.65 |
| 6 | Ahmed Waled Farouk | 15 | Al Hawar | 2:43.06 |
| 7 | Sief Mohamed Salah | 15 | TANTA | 2:43.71 |
| 8 | Seif El Din Ashraf Abd El Azin | 15 | MAADI | 2:43.91 |
| 9 | Yousef Ayman Mohamed Lotf | 15 | SHAMS | 2:44.63 |
| 10 | Hamza Yehia Shafek | 15 | HELOP | 2:46.12 |

Heat 4 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Esmail Shref Adel | 15 | HELOP | 2:40.92 |
| 2 | Yousif Wael Hamed Elsaid | 15 | Smouha | 2:40.08 |
| 3 | Ahmed Akram Hamdy Mohar | 15 | NASR | 2:39.53 |
| 4 | Seif Osama Farok | 15 | GHABA | 2:38.68 |
| 5 | Ali Mahmoud Salah ELDein Ze | 15 | SHAMS | 2:37.23 |
| 6 | Omar Ehab Elfaham | 15 | Sporting | 2:38.38 |
| 7 | Abdallah Ahmed Mohamed | 15 | ZOHUR | 2:39.04 |
| 8 | Aly Ibrahim Assem | 15 | AHLY | 2:39.57 |
| 9 | Omar Hany Mohamed Galal | 15 | Gezira El Ward | 2:40.19 |
| 10 | Hussen Ahm. Bahaa Eldin Far | 15 | GEZIR | 2:41.37 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 5 Finals (#185 Boys 15 Year Olds 200 LC Meter IM)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Yousif Ahmed Hamdy Borhan | 15 | Smouha | 2:35.88 |
| 2 | Shref Amad Abd ElAzim | 15 | SHOOT | 2:34.96 |
| 3 | Mohamed Khaled Mohamed | 15 | ZMALK | 2:33.77 |
| 4 | Seif ElIslam Ahmed Mahmou | 15 | SHAMS | 2:32.39 |
| 5 | Yosef Mahmoud Said | 15 | Al Shehk Zaeid | 2:32.21 |
| 6 | Ahmed Hazem Mohamed Apr | 15 | 6 OCT | 2:32.36 |
| 7 | Mooataz Tarek Ibrahim Aly | 15 | AHLY | 2:32.72 |
| 8 | Ahmed Mohamed Amr | 15 | ZOHUR | 2:33.78 |
| 9 | Hesham Mohmed Mhmoud A | 15 | 6 OCT | 2:35.31 |
| 10 | Abd Elrahman Ahmed Solima | 15 | Sporting | 2:36.23 |

Heat 6 of 8 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Abdelrahman Osama Omar | 15 | Cairo | 2:32.17 |
| 2 | Ahmed Hossam Abdallah | 15 | HELOP | 2:31.81 |
| 3 | Moamen Hosam El Din | 15 | TANTA | 2:31.39 |
| 4 | Fares Ramy gad Allah | 15 | HELOP | 2:30.35 |
| 5 | Moahamed Sameh Moustafa | 15 | MAADI | 2:28.95 |
| 6 | Abdelrahman Ashraf Abdelat | 15 | AHLY | 2:30.01 |
| 7 | Omar Mohamed Mostafa Elsa | 15 | Smouha | 2:30.38 |
| 8 | Zeyad Karm Mohamdeen | 15 | AHLY | 2:31.70 |
| 9 | Bahy Mohy Mohamed | 15 | ZMALK | 2:32.03 |
| 10 | Mohamed Ahmed Elryas | 15 | ZMALK | 2:32.18 |

Heat 7 of 8 Finals

| | | | | |
|----|--------------------------|----|-----------|---------|
| 1 | Abd El Rahman Ahmed Saed | 15 | TANTA | 2:27.95 |
| 2 | Ahmed Wael Ibrahim | 15 | DEGLA | 2:27.71 |
| 3 | Ahmed Tamer Mohamed | 15 | SHOOT | 2:25.69 |
| 4 | Mohamed Mostafa Mohamed | 15 | DEGLA | 2:24.81 |
| 5 | Mounir Ramez Mounir | 15 | SHOOT | 2:24.73 |
| 6 | Ahmed Mohamed El Menyaw | 15 | DEGLA | 2:24.78 |
| 7 | Omr Mohamed Salah Moshly | 15 | 6 OCT | 2:25.50 |
| 8 | Yasin Hatem Sery | 15 | HELOP | 2:25.93 |
| 9 | Ismael Ahmed Refaat | 15 | Sporting | 2:27.81 |
| 10 | Omar Walied Ahmed Badeer | 15 | Nasr City | 2:28.01 |

Heat 8 of 8 Finals

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Ahmed Ehab AbdElhamed Ar | 15 | Smouha | 2:23.71 |
| 2 | Ahmed Tarek Mohamed | 15 | SHOOT | 2:23.02 |
| 3 | Yousef Mohamed Abdel Halin | 15 | DEGLA | 2:22.62 |
| 4 | Yasen Abdelaziz Mohsen Abe | 15 | 6 OCT | 2:19.98 |
| 5 | Selim Moh. Ahm. Moktar Has | 15 | GEZIR | 2:14.03 |
| 6 | Seif Ahmed Hegazy | 15 | AHLY | 2:19.00 |
| 7 | Ali El Din Tamer Mohamed R | 15 | TANTA | 2:22.61 |
| 8 | Yousef Amr Mohamed | 15 | A S E C | 2:22.67 |
| 9 | Omer Badr Kamel | 15 | SHOOT | 2:23.48 |
| 10 | Omar Mohamed Shehata | 15 | DEGLA | 2:24.72 |

Event 186 Boys 16 Year Olds 200 LC Meter IM

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|--------------------------|----|-------|---------|
| 4 | Yousef Mohamed Hamed | 16 | AHRAM | NT |
| 5 | Abdel Rahman Mohamed abc | 16 | MAY15 | 2:58.89 |
| 6 | Yasin Sameh Fahmy | 16 | HELOP | NT |

Heat 2 of 7 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Abd Alla Mohamed Fathy | 16 | RWAD | 2:54.62 |
| 2 | Moemen Kazafy Shehata Bak | 16 | MRAC | 2:45.94 |
| 3 | Yassin Mohamed Mostafa | 16 | ZMALK | 2:45.13 |
| 4 | Ahmed Ehab Fayz | 16 | RWAD | 2:44.71 |
| 5 | Ebrahim Mohamed Hamed | 16 | TANTA | 2:42.80 |
| 6 | Mostafa Ayman Mohamed Al | 16 | ZOHUR | 2:43.96 |
| 7 | Omar Waled Mostafa | 16 | GHABA | 2:45.08 |
| 8 | Hazem Amr Saeed Ahmed | 16 | ZMALK | 2:45.16 |
| 9 | Faris Mohamed Abdel Kader | 16 | GHABA | 2:49.18 |
| 10 | Adham Mohamed Rabie Ibral | 16 | MAADI | 2:55.61 |

Heat 3 of 7 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Ahmed Amr Mohamed | 16 | HELOP | 2:40.83 |
| 2 | Mohamed Ahmed Mohamd A | 16 | 6 OCT | 2:39.23 |
| 3 | Marwan Ahmed Said Nabawy | 16 | SHOOT | 2:38.19 |
| 4 | Omar Mohamed Abdel Mona | 16 | SHOOT | 2:35.87 |
| 5 | Mohamed Osama Mohamd Al | 16 | SHOOT | 2:35.04 |
| 6 | Ali Khaled Mohamed Mahmo | 16 | RWAD | 2:35.50 |
| 7 | Ahmed Akram Mohamed | 16 | ZOHUR | 2:37.73 |
| 8 | Aly Haytham Fouad Helmy | 16 | BNK.G | 2:38.33 |
| 9 | Hazem Mohamed Salah El Di | 16 | ZMALK | 2:40.26 |
| 10 | Abd ElRahman Shouky Mahr | 16 | SHOOT | 2:40.85 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Zeyad Taha Dabor | 16 | TANTA | 2:34.22 |
| 2 | Mohamed Youssry Hussion | 16 | MAY15 | 2:31.96 |
| 3 | Saif Ahmed abd Elmoniem Er | 16 | SHAMS | 2:30.67 |
| 4 | Mazen Mohamed Elwakel | 16 | Smouha | 2:30.42 |
| 5 | Ali Mohamed Ali Makhlof | 16 | ZMALK | 2:29.56 |
| 6 | Zeiad Osama Fatthy Abdel Ha | 16 | TRSAN | 2:30.10 |
| 7 | Mohamed Mostafa Ibrahim M | 16 | SHAMS | 2:30.45 |
| 8 | Yosef Mohamed Hegazy Hasa | 16 | Al Hawar | 2:31.69 |
| 9 | Gamal Metwaly Gamal Mohar | 16 | ZOHUR | 2:33.04 |
| 10 | Yousif Mohamed Anwar | 16 | HELOP | 2:34.90 |

Heat 5 of 7 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Mostafa Mohamed Mahmoud | 16 | AHLY | 2:28.82 |
| 2 | Ziyad Ashraf Osman Taher | 16 | Sporting | 2:27.71 |
| 3 | Yousif Ashraf Madkour | 16 | Smouha | 2:27.04 |
| 4 | Amar Hossam Fed El Tranesy | 16 | 6 OCT | 2:25.83 |
| 5 | Ahmed Sameh Awad | 16 | RWAD | 2:24.80 |
| 6 | Aly Tamer Aly | 16 | Sporting | 2:25.01 |
| 7 | Adham Hisham Nor | 16 | Smouha | 2:26.83 |
| 8 | Ali Khaled Ahmed Mostafa | 16 | GHABA | 2:27.40 |
| 9 | Omar Mostafa Abdelmohsen | 16 | MAADI | 2:28.13 |
| 10 | Mohamed Mhmod Mohamed | 16 | Smouha | 2:28.88 |

Heat 6 of 7 Finals

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Karim Kamal Ahmed Mostafa | 16 | 6 OCT | 2:24.24 |
| 2 | Mazin Taha Ebrahim | 16 | DEGLA | 2:23.65 |
| 3 | Mohamed Ahmed Essam Akl | 16 | Smouha | 2:23.40 |
| 4 | Yasen Amro Yasen Abd Elrah | 16 | GEZIR | 2:21.89 |
| 5 | Ziad Khaled Shreef | 16 | Cairo | 2:21.39 |
| 6 | Karim Mohamed Samy | 16 | AHLY | 2:21.44 |
| 7 | Ramiz Elsaeyd Abdo | 16 | DEGLA | 2:22.09 |
| 8 | Ahmed Osama Mohamed | 16 | Cairo | 2:23.58 |
| 9 | Abdelrahman Khaled Mohme | 16 | DEGLA | 2:23.86 |
| 10 | Saif ELDIn Sameh A.Elmoaez | 16 | DEGLA | 2:24.80 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 7 Finals (#186 Boys 16 Year Olds 200 LC Meter IM)

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Ahmed Moaataz Abdel-Aziz | 16 | AHLY | 2:20.13 |
| 2 | Youssef Eslam Farouk | 16 | AHLY | 2:18.53 |
| 3 | Omar Yasser Menis | 16 | Sporting | 2:17.45 |
| 4 | Mohamed Ashraf Fouad Hass | 16 | 6 OCT | 2:16.18 |
| 5 | Mrawan Mostafa Mowaled | 16 | DEGLA | 2:14.80 |
| 6 | Saied Mohamed Abd Elgawac | 16 | Sporting | 2:16.15 |
| 7 | Yassin Ayman Ali Toulba | 16 | SHOOT | 2:16.91 |
| 8 | Omar Mohamed Atef | 16 | AHLY | 2:18.09 |
| 9 | Omar Sherif Sayed | 16 | ZMALK | 2:18.94 |
| 10 | Yassin Amir | 16 | GHABA | 2:20.80 |

Event 187 Girls 14 Year Olds 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|-------------------------|----|----------------|---------|
| 1 | Jana Amir Abdel Fattah | 14 | Canal El Suez | NT |
| 2 | Jana Mohamed abd Tawab | 14 | MAY15 | 3:12.35 |
| 3 | Jana Hatem Said | 14 | NASR | 3:11.50 |
| 4 | Lyla Mohamed Rmdan | 14 | 6 OCT | 2:57.32 |
| 5 | Shahd Akml Mohamed Moha | 14 | 6 OCT | 2:54.35 |
| 6 | Mariam Nasr Anwar | 14 | ZMALK | 2:55.04 |
| 7 | Klara Alfred Sabr | 14 | ZMALK | 3:02.11 |
| 8 | Joumana Sayed Shahat | 14 | NASR | 3:11.60 |
| 9 | Sohaila Walid Ahmed | 14 | Mansheit Naser | 3:16.70 |

Heat 2 of 7 Finals

| | | | | |
|----|--------------------------|----|-------|---------|
| 1 | Ganna Ahmed Yousof | 14 | TANTA | 2:51.46 |
| 2 | Shahd Emad Hamed Mohame | 14 | RWAD | 2:49.72 |
| 3 | Mariam Ahmed Mohamed Ta | 14 | SHOOT | 2:43.65 |
| 4 | Nouran Mohamed Ali Moham | 14 | RWAD | 2:41.65 |
| 5 | Mariam Mostafa Adly | 14 | TANTA | 2:39.74 |
| 6 | Jody Mostafa Az El Din | 14 | ENPPI | 2:39.81 |
| 7 | Slma Emad Mohamed Mohmei | 14 | 6 OCT | 2:42.70 |
| 8 | Rahma Tarek Mahmed Youse | 14 | NASR | 2:44.15 |
| 9 | Kenzy Amr El Sayed | 14 | TANTA | 2:50.95 |
| 10 | Jomanah Assem Samer | 14 | MAY15 | 2:53.15 |

Heat 3 of 7 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Salma Mohamed Ewees | 14 | AHLY | 2:39.32 |
| 2 | Nour Mohamed Fathy | 14 | SHOOT | 2:37.34 |
| 3 | Shaden Abo El Ela Hamdy | 14 | AHLY | 2:36.95 |
| 4 | Jannah Mohamed Farouk | 14 | Sporting | 2:35.80 |
| 5 | Kenzy amr Ahmed | 14 | ZMALK | 2:34.88 |
| 6 | Lana Yasir Mohamed Gamal | 14 | SHOOT | 2:35.03 |
| 7 | Meran Mohammed Ramadan | 14 | TALBE | 2:36.31 |
| 8 | Nadin Atef Mohamed | 14 | AHLY | 2:37.01 |
| 9 | Sara Mohamed Ezzat | 14 | HELOP | 2:37.58 |
| 10 | Rana Walid Ahmed | 14 | SHOOT | 2:39.72 |

Heat 4 of 7 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Nor Salah El Din Mohamed | 14 | SHOOT | 2:34.35 |
| 2 | Fareh Shiref Hassan Ahmed / | 14 | SHAMS | 2:33.98 |
| 3 | Nour Waled Mostafa Askar | 14 | Stad Mansoura | 2:33.14 |
| 4 | Nour Mohamed Abd El Hady | 14 | Sporting | 2:32.24 |
| 5 | Marim Ahmed Farouk | 14 | AHRAM | 2:32.11 |
| 6 | Jana Mohamed Mahmoud | 14 | ZOHUR | 2:32.14 |
| 7 | Alaa Khaled Safwan | 14 | M.ARB | 2:32.45 |
| 8 | Farida Medhat Samir | 14 | ZOHUR | 2:33.96 |
| 9 | Shado Abd Elaziz Fayez Moh | 14 | SHAMS | 2:34.08 |
| 10 | Ola Ehab Samier Abd EL Kad | 14 | SHAMS | 2:34.41 |

Heat 5 of 7 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Rim Husin Khallaf | 14 | TANTA | 2:31.61 |
| 2 | Mona Mahmoud Abdalla | 14 | AHLY | 2:29.72 |
| 3 | Malak Mohamed Sayed Khali | 14 | DEGLA | 2:29.22 |
| 4 | Lougin Adel Mohamed | 14 | AHLY | 2:28.57 |
| 5 | Karema Khaled Elbahnsy | 14 | Stad Mansoura | 2:26.34 |
| 6 | Gana Mohamed Abdelsamea | 14 | M.ARB | 2:28.44 |
| 7 | Zeina Bassem Ali | 14 | DEGLA | 2:29.00 |
| 8 | Jana Tamer Moh. Essam Eldir | 14 | GEZIR | 2:29.65 |
| 9 | Berehan Khaled Khalaf | 14 | DEGLA | 2:29.95 |
| 10 | Malak Mahmud Hassan | 14 | GHABA | 2:32.11 |

Heat 6 of 7 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Malak Sameh Abd Elaziz | 14 | GHABA | 2:24.16 |
| 2 | Nour Ahmed aly Elsheshtaw | 14 | Gezira El Ward | 2:23.85 |
| 3 | Leila Mohamed Ibrahim | 14 | DEGLA | 2:23.69 |
| 4 | Kenzi Magdy Elshahat | 14 | Elethead | 2:21.17 |
| 5 | Joudy Mohamed Aly | 14 | Sporting | 2:20.14 |
| 6 | Farida Amr Mohamed Abd El | 14 | SHOOT | 2:20.41 |
| 7 | Habeba Maysara Abdelhamec | 14 | M.ARB | 2:22.85 |
| 8 | Mariam Hany Sayed | 14 | DEGLA | 2:23.73 |
| 9 | Reem Mohamed Ibrahim | 14 | ZMALK | 2:23.91 |
| 10 | Gody Ahmed Zaki | 14 | TANTA | 2:25.79 |

Heat 7 of 7 Finals

| | | | | |
|----|--------------------------|----|--------|---------|
| 1 | Joudy Ahmed Fouad Shokry | 14 | DEGLA | 2:19.57 |
| 2 | Yara ali el Koshy | 14 | ZMALK | 2:17.90 |
| 3 | Goumana Tarek Yehia | 14 | AHLY | 2:15.87 |
| 4 | Malak Ahmed Helmy | 14 | AHLY | 2:15.14 |
| 5 | Malak Mohamed Abbas Moha | 14 | MAADI | 2:12.97 |
| 6 | Nour Mohamed Ibrahim Ali | 14 | Smouha | 2:15.11 |
| 7 | Sara Mohamed Bhaa | 14 | HELOP | 2:15.78 |
| 8 | Lama Tamer Mohamed Ahme | 14 | Smouha | 2:17.60 |
| 9 | Hanin Mohamed AbdElmaks | 14 | Smouha | 2:19.26 |
| 10 | Malak Khaled Mostafa | 14 | SHOOT | 2:19.72 |

Event 188 Girls 15 Year Olds 200 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|---------------------------|----|---------------|---------|
| 4 | Jana Mohamed Abdel Fattah | 15 | Canal El Suez | NT |
| 5 | Marim Wail Kamal Farag | 15 | SHOOT | 2:52.30 |
| 6 | Salma Abd ElTawab ElSayed | 15 | NASR | 3:06.85 |

Heat 2 of 6 Finals

| | | | | |
|---|-----------------------------|----|-------|---------|
| 1 | Mariam Essam ali Rezk | 15 | GHABA | 2:50.89 |
| 2 | Mariam Ahmed Abdo | 15 | HELOP | 2:46.39 |
| 3 | Farah Abd Elmagid Mohamec | 15 | ZOHUR | 2:45.16 |
| 4 | Rana Mohamed Tatek | 15 | GHABA | 2:38.40 |
| 5 | Lele Mohamed Mostafa | 15 | ENPPI | 2:36.62 |
| 6 | Habeba Maged Mohsen | 15 | HELOP | 2:37.05 |
| 7 | Farida Tamer Farouk abd ELM | 15 | SHAMS | 2:40.37 |
| 8 | Hana Hamdy Metwaly | 15 | ZOHUR | 2:45.74 |
| 9 | Login Ahmed Foaad | 15 | ENPPI | 2:47.43 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#188 Girls 15 Year Olds 200 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Fatima Haytham Abd ElMene | 15 | TANTA | 2:36.13 |
| 2 | Omnia Mohamed Mostafa | 15 | HLWAN | 2:32.45 |
| 3 | Lugen Mohamed Nabil | 15 | SHOOT | 2:31.79 |
| 4 | Anan Abd Elrahman Ahmed | 15 | SHOOT | 2:31.46 |
| 5 | Jana Mohamed Ahmed | 15 | DEGLA | 2:30.45 |
| 6 | Shahd Ahmed Yehya | 15 | TRSAN | 2:30.95 |
| 7 | Rawan Emad Bayomy | 15 | DEGLA | 2:31.66 |
| 8 | Habiba Tarek Maher Fawzy | 15 | MAADI | 2:32.16 |
| 9 | Malak Ahmed Zahran | 15 | Al Hawar | 2:34.44 |
| 10 | Dina Hesham Mohamed | 15 | ZMALK | 2:36.36 |

Heat 4 of 6 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Salma Waled | 15 | Smouha | 2:29.36 |
| 2 | Farah Tarek Hassan | 15 | HELOP | 2:28.91 |
| 3 | Karma Ahmed Nabil | 15 | SHOOT | 2:28.31 |
| 4 | Mariam Safwat Saleh | 15 | ZOHUR | 2:26.62 |
| 5 | Alyaa Mhmoud Kmal Hsn | 15 | 6 OCT | 2:25.43 |
| 6 | Merna Mohamed adb Elhady | 15 | ZMALK | 2:25.55 |
| 7 | Hana Hazem Mohamed | 15 | HELOP | 2:27.68 |
| 8 | Lojain Hesham Mohamed | 15 | Cairo | 2:28.40 |
| 9 | Sohaila Mohamed abd Elsalai | 15 | DEGLA | 2:29.28 |
| 10 | Fareda Aly Mohamed Rezk | 15 | TANTA | 2:30.29 |

Heat 5 of 6 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Mariam Ebrahim ElShazly | 15 | Sporting | 2:23.50 |
| 2 | Habiba Ayman Mahmoud Hai | 15 | Bank Ahly Alex | 2:20.77 |
| 3 | Nelly Elgmal Moh. Sayd Most | 15 | GEZIR | 2:20.28 |
| 4 | Habiba Hazem Husin | 15 | Bank Ahly Alex | 2:19.92 |
| 5 | Ziena Ahmed El Sayed | 15 | DEGLA | 2:19.31 |
| 6 | Hana Aly Mahmoud | 15 | AHLY | 2:19.82 |
| 7 | Malak Khaled Abdelhady | 15 | AHLY | 2:20.08 |
| 8 | Lojaina Khaled Mohamed Mo | 15 | HELDO | 2:20.71 |
| 9 | Rouaa Ahmed Ibrahim | 15 | RWAD | 2:20.91 |
| 10 | Ngm Osama Mohamed Ahme | 15 | 6 OCT | 2:23.78 |

Heat 6 of 6 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Aisha Ahmed Nabil | 15 | AHLY | 2:15.90 |
| 2 | Malak Mohamed Abd El Gabe | 15 | Bank Ahly Alex | 2:15.08 |
| 3 | Salma Ahmed Mohamed Ram | 15 | DEGLA | 2:13.72 |
| 4 | Sara Soliman Said | 15 | AHLY | 2:13.37 |
| 5 | Farida Ayman Samra | 15 | SHOOT | 2:09.25 |
| 6 | Loujin Abd Alla Slah Zkey | 15 | 6 OCT | 2:09.93 |
| 7 | Gihan Ahmed Abd El Azim At | 15 | MAADI | 2:13.40 |
| 8 | Hoda Ahmed Hussein | 15 | ZOHUR | 2:15.07 |
| 9 | Lialy Tamer Nagm | 15 | Al Hawar | 2:15.42 |
| 10 | Hana Yasser Ghalab | 15 | AHLY | 2:18.69 |

Event 189 Girls 16 Year Olds 200 LC Meter Freestyle

Lane Name Age Team Seed Time

Heat 1 of 5 Finals

| | | | | |
|---|---------------------------|----|----------------|---------|
| 3 | Rana Shaban Mostafa Sharf | 16 | Taleaa El Gish | NT |
| 4 | Shahed Osama Ahmed | 16 | RWAD | 2:48.87 |
| 5 | Marim Mohamed Ali | 16 | TRSAN | 2:46.97 |
| 6 | Jana Ahmed Abdelhakim | 16 | GHABA | 2:47.07 |
| 7 | Nada abd el Kader Ebrahim | 16 | Stad Mansoura | 2:49.67 |
| 8 | Laila Ahmed Hassan | 16 | Taleaa El Gish | NT |

Heat 2 of 5 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Malak Naser Mohamed Ahme | 16 | ZMALK | 2:42.84 |
| 2 | Alaa Omar Saad | 16 | ROYAL | 2:39.54 |
| 3 | Shahad Mahmoud Abdel Al R | 16 | SHOOT | 2:38.18 |
| 4 | Yasmeim Hesham Mahmoud F | 16 | 6 OCT | 2:35.27 |
| 5 | Habiba Shady Abdel Rahman | 16 | HELDO | 2:33.65 |
| 6 | Lagein Haytham Essam Moha | 16 | ZMALK | 2:33.92 |
| 7 | Salma Mohamed Shobir | 16 | TANTA | 2:37.72 |
| 8 | Zeina Adham Mohamed Ahm | 16 | BNKG | 2:39.32 |
| 9 | Habiba Wael Al Ghanam | 16 | GHABA | 2:42.40 |
| 10 | Shahad Mohamed Gamal Ibra | 16 | 6 OCT | 2:46.16 |

Heat 3 of 5 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Mawada Sameh Mohamed | 16 | RWAD | 2:32.75 |
| 2 | Salma Sherif Hussien Moham | 16 | MAADI | 2:32.58 |
| 3 | Rahf Elhossuin | 16 | DEGLA | 2:31.65 |
| 4 | Hana Mohamed Ashour | 16 | HELOP | 2:30.72 |
| 5 | Kenzy Tamer Farouk | 16 | DEGLA | 2:28.82 |
| 6 | Amira Hany Ahmed | 16 | AHLY | 2:30.59 |
| 7 | Lina Ahmed Abu El Khair | 16 | Sporting | 2:30.76 |
| 8 | Leina Waled Farouk | 16 | SHOOT | 2:32.21 |
| 9 | Caren Hany Gamal | 16 | Sporting | 2:32.60 |
| 10 | Nada Mohamed Mahmoud Ar | 16 | HLWAN | 2:33.36 |

Heat 4 of 5 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Shahd Amin Mohamed Amin | 16 | Stad Mansoura | 2:23.81 |
| 2 | Dina Ahmed Elkharash | 16 | Smouha | 2:21.07 |
| 3 | Amany Mahmoud Basheir | 16 | Gezira El Ward | 2:20.66 |
| 4 | Nadin Adam Ahmed Foad Mo | 16 | SHAMS | 2:20.21 |
| 5 | Shad Ahmed Deiaa | 16 | Stad Mansoura | 2:19.50 |
| 6 | Shad Hossam Hantera | 16 | TANTA | 2:20.10 |
| 7 | Sara Hossam Eldin Mahmoud | 16 | AHLY | 2:20.28 |
| 8 | Younna Mohamed Mahmoud | 16 | SHAMS | 2:20.72 |
| 9 | Nourhan Raft Elsaid | 16 | AHLY | 2:22.97 |
| 10 | Tasneim Ayman Nashat Moha | 16 | Al Hawar | 2:24.67 |

Heat 5 of 5 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Salma Mohamed Ibrahim Has | 16 | SHAMS | 2:18.18 |
| 2 | Ayah Wael Mostafa | 16 | DEGLA | 2:17.44 |
| 3 | Salma Alaa Mahdy | 16 | AHLY | 2:15.77 |
| 4 | Farida Tharwat Maher | 16 | AHLY | 2:13.75 |
| 5 | Salma Hany Mostafa Abdelka | 16 | MAADI | 2:11.12 |
| 6 | Sohaaila Ahmed Hamdy Bauc | 16 | 6 OCT | 2:13.75 |
| 7 | Rawan Mostafa | 16 | DEGLA | 2:14.29 |
| 8 | Hader Waled abd Elfatah | 16 | DEGLA | 2:15.91 |
| 9 | Farah Osama Ahmed Mahmo | 16 | Bank Ahly Alex | 2:17.48 |
| 10 | Alaa Hossam Mohamed Moha | 16 | SHAMS | 2:19.28 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 190 Boys 14 Year Olds 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|----------------------------|------------------------------|-----|----------------|-----------|
| Heat 1 of 12 Finals | | | | |
| 1 | Ahmed Saad Al Mandoh Khat | 14 | MAADI | NT |
| 2 | Ahmed Mohamed Ahmed Sol | 14 | NASR | NT |
| 3 | Ahmed Wesam Badr | 14 | TANTA | 1:36.73 |
| 4 | Mohamed Sherif Fouad | 14 | Cairo | 1:32.01 |
| 5 | Abdel Aziz Yousery Abdel Azi | 14 | NASR | 1:27.47 |
| 6 | Sameh Mohamed Sameh | 14 | Police Club | 1:30.36 |
| 7 | Youssef Tarek Mohamed | 14 | MAY15 | 1:35.78 |
| 8 | Mahmoud Mohamed Desouk | 14 | Taleaa El Gish | NT |
| 9 | Abdel Rahman Ahmed Abdel | 14 | SWEIF | NT |
| 10 | omr Mohamed Fathey Yousef | 14 | Stad Mansoura | NT |
| Heat 2 of 12 Finals | | | | |
| 1 | Abdel Rahman Adel Abdel Ra | 14 | TALBE | 1:25.60 |
| 2 | Abd Elrohman Ehab Lotfe | 14 | TALBE | 1:24.86 |
| 3 | Karim Samer Galal | 14 | Cairo | 1:22.03 |
| 4 | Youseef Hany Fayez | 14 | ZMALK | 1:20.95 |
| 5 | Hassan Hossam Hassan Kam | 14 | SHAMS | 1:20.60 |
| 6 | Mohmed Wled Talat Hsanen | 14 | 6 OCT | 1:20.93 |
| 7 | Tarek Ahmed Ali | 14 | ZOHUR | 1:21.06 |
| 8 | Yassen Saied | 14 | TALBE | 1:24.72 |
| 9 | Youssef Ahmed Abd El Whab | 14 | ZOHUR | 1:25.12 |
| 10 | abd el Rahman Alaa Ibrahim | 14 | MAY15 | 1:26.76 |
| Heat 3 of 12 Finals | | | | |
| 1 | Seif Walid Hosny Ahmed | 14 | MAADI | 1:20.00 |
| 2 | Mohamed Ebrahim Sadoma | 14 | TANTA | 1:19.21 |
| 3 | Mohamed Hazm | 14 | Taleaa El Gish | 1:17.87 |
| 4 | Eyad Mohamed Samy | 14 | ZMALK | 1:17.83 |
| 5 | Yousf Aymn Ebrahim Ahmed | 14 | 6 OCT | 1:17.33 |
| 6 | Ahmed Shady Abd ElRahman | 14 | HELDO | 1:17.72 |
| 7 | Yossef Mahmud Azzat | 14 | GHABA | 1:17.84 |
| 8 | Ahmed Moustafa Zakrya | 14 | ZMALK | 1:17.95 |
| 9 | Mohamed Abd El Kader Abo | 14 | ZOHUR | 1:19.90 |
| 10 | Yassin Hussuin Mostafa | 14 | TALBE | 1:20.37 |
| Heat 4 of 12 Finals | | | | |
| 1 | Frouk Mohamed Frouk | 14 | ZMALK | 1:17.01 |
| 2 | Karim amr Mahmoud | 14 | Nasr City | 1:16.57 |
| 3 | Abdelrahman Medhat Ahmed | 14 | MAY15 | 1:16.12 |
| 4 | ali Ahmed abd el Hafez | 14 | TRSAN | 1:15.86 |
| 5 | sif El Din Mohamed Afifi | 14 | SHOOT | 1:15.79 |
| 6 | Moustafa Mohmoud Talaat M | 14 | HELDO | 1:15.80 |
| 7 | Loay Amgad el Mongy | 14 | TRSAN | 1:15.95 |
| 8 | Mohamed Tarek Ahmed | 14 | GHABA | 1:16.25 |
| 9 | Hassan Ahmed Hassan | 14 | ZMALK | 1:16.80 |
| 10 | Basel Osama Mohamed | 14 | HLWAN | 1:17.19 |

Heat 5 of 12 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Ahmed Yasser Yehia | 14 | Cairo | 1:15.16 |
| 2 | Mohab Tarek Helal Mohamed | 14 | HELDO | 1:14.85 |
| 3 | Yosef Ahmed Sabry | 14 | HELOP | 1:14.55 |
| 4 | Mostafa Tarek Hassaneen | 14 | Cairo | 1:14.03 |
| 5 | Karim Ali Mohamed | 14 | GHABA | 1:13.64 |
| 6 | Ammar Mohamed el Gnedy | 14 | TRSAN | 1:13.88 |
| 7 | Omar Mohamed Mahmoud | 14 | Sporting | 1:14.06 |
| 8 | Anas Hany Shehata | 14 | TALBE | 1:14.85 |
| 9 | Mohamed Ahmed Mohamed | 14 | TWFIK | 1:14.97 |
| 10 | Hossien Mohammed Hossien | 14 | TALBE | 1:15.76 |

Heat 6 of 12 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Yosif Moh. Fawzi Moh. Kande | 14 | GEZIR | 1:13.31 |
| 2 | Kareem Mohamed Fouad Alg | 14 | TWFIK | 1:13.17 |
| 3 | Adam Wael Adel | 14 | DEGLA | 1:12.70 |
| 4 | Mohamed Elssameldin Mahr | 14 | Cairo | 1:12.66 |
| 5 | Ahmed Mahmoud Araby | 14 | TANTA | 1:12.34 |
| 6 | Ali Mohamed Mousa | 14 | TANTA | 1:12.60 |
| 7 | Ahmed Tarek Mohamed Abde | 14 | M.ARB | 1:12.67 |
| 8 | Mahmoud Hesham Mahmoud | 14 | Mansheit Naser | 1:12.85 |
| 9 | Mohamed Ahmed Samy Hass | 14 | SHOOT | 1:13.25 |
| 10 | Mohamed Zeyad Mohammed | 14 | TALBE | 1:13.62 |

Heat 7 of 12 Finals

| | | | | |
|----|------------------------------|----|----------|---------|
| 1 | Abd Elrahman Mohammed Zi | 14 | RWAD | 1:11.69 |
| 2 | Adham Monir Mohamed | 14 | MAY15 | 1:11.45 |
| 3 | Ahmed Sameh | 14 | GHABA | 1:11.34 |
| 4 | Yasin Housam Fyd Altranesy | 14 | 6 OCT | 1:10.89 |
| 5 | Adham Ahmed Allaa Eldin Ah | 14 | SHAMS | 1:10.38 |
| 6 | Omar Sameh Mohamed Ham | 14 | AHLY | 1:10.42 |
| 7 | Yousof Mohamed Hafez | 14 | TANTA | 1:11.18 |
| 8 | Ahmed Alaa Mahdy | 14 | AHLY | 1:11.44 |
| 9 | Moustafa Yasser Abd El Latif | 14 | Sporting | 1:11.69 |
| 10 | Adham Moh. Galal Eldin ElSa | 14 | GEZIR | 1:12.05 |

Heat 8 of 12 Finals

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Yosaf Tamr Mosa | 14 | TAGAM | 1:10.09 |
| 2 | Mohamed Yehia aly Elshenaw | 14 | Nasr City | 1:09.77 |
| 3 | Adham Tarik Ali Baiuomy | 14 | Smouha | 1:09.37 |
| 4 | Adham Mohamed Elarby | 14 | Smouha | 1:09.30 |
| 5 | Yasser Walid Abo Elela | 14 | AHLY | 1:09.10 |
| 6 | Karim amr Abd el Monem | 14 | DEGLA | 1:09.19 |
| 7 | Iyad Mohamed Abdel Azem e | 14 | Al Hawar | 1:09.34 |
| 8 | Marawan Hatem Abo Adma | 14 | SHOOT | 1:09.53 |
| 9 | Mohamed Yasser Mohmoud | 14 | ZMALK | 1:09.92 |
| 10 | Khaled Mhmoud Mostfa Ali | 14 | 6 OCT | 1:10.18 |

Heat 9 of 12 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Ziyad Walid Nabiil | 14 | Sporting | 1:09.02 |
| 2 | Yehia Mohamed Saad Eldin | 14 | DEGLA | 1:08.97 |
| 3 | Ahmed Tamer Mostafa Seed | 14 | 6 OCT | 1:08.34 |
| 4 | Omar Ahmed Elebyary | 14 | TANTA | 1:08.27 |
| 5 | Ahmed Beshher Mostafa Moha | 14 | 6 OCT | 1:07.99 |
| 6 | Moaz Mohamed Samer abd | 14 | Stad Mansoura | 1:08.12 |
| 7 | Karim Eslam Khaled | 14 | M.ARB | 1:08.32 |
| 8 | Abdel Rahman Ibrahim Hoss | 14 | Canal El Suez | 1:08.77 |
| 9 | Ahmed Mohmed Ezzt Alhdedi | 14 | 6 OCT | 1:09.00 |
| 10 | Seif Eldien Islam Shaker | 14 | DEGLA | 1:09.03 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 10 Finals (#190 Boys 14 Year Olds 100 LC Meter Butterfly)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Omar Sherif Hamed | 14 | GHABA | 1:07.48 |
| 2 | Yousef Ahmed Shalaby | 14 | TANTA | 1:07.09 |
| 3 | Ahmed Hesham Mohsen | 14 | AHLY | 1:06.85 |
| 4 | Yossef Magdy el Azhary | 14 | HELOP | 1:06.52 |
| 5 | Abd ElRahman Mohamed Ain | 14 | SHOOT | 1:06.45 |
| 6 | Youssef Ehab Mostafa | 14 | AHLY | 1:06.47 |
| 7 | Karim Mohamed El Gharabav | 14 | ZOHUR | 1:06.61 |
| 8 | Tamem Mohamed Tantawy | 14 | Sporting | 1:07.07 |
| 9 | Ahmed Amgad Ahmed | 14 | AHLY | 1:07.32 |
| 10 | Aser Hosam Mohamed Elfhm | 14 | Bank Ahly Alex | 1:07.89 |

Heat 11 of 12 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Mostafa Mahmoud Mostafa | 14 | SHOOT | 1:06.34 |
| 2 | Youssef Alaa Mohamed | 14 | DEGLA | 1:06.21 |
| 3 | Marawan Ayman Abd El Hafiz | 14 | SHOOT | 1:06.00 |
| 4 | Ahmed Adel Eshak | 14 | DEGLA | 1:05.63 |
| 5 | Waleed Samer Mahmoud | 14 | AHLY | 1:05.45 |
| 6 | Ahmed Ayman Mohamed abc | 14 | Stad Mansoura | 1:05.62 |
| 7 | Yousif Mohamed Soliman Om | 14 | Smouha | 1:05.98 |
| 8 | Omar Khaled Soliman | 14 | NASR | 1:06.06 |
| 9 | Mohamed Ezat Ali Elgzar | 14 | Smouha | 1:06.28 |
| 10 | Yassin Amr Warda | 14 | Sporting | 1:06.42 |

Heat 12 of 12 Finals

| | | | | |
|----|------------------------------|----|------------------|---------|
| 1 | Mohamed Khaled Mohamed : | 14 | DEGLA | 1:04.16 |
| 2 | Mohamed Tarek Rashad Abd | 14 | SHAMS | 1:03.26 |
| 3 | Mohnad Khaled Mohamed M: | 14 | SHOOT | 1:02.95 |
| 4 | Yousef Adel Ramadan | 14 | SHAMS | 1:02.81 |
| 5 | Mohamed Yaser Omar | 14 | Raas El Bar Club | 1:00.78 |
| 6 | Nadem Kram Mohamed | 14 | HELOP | 1:02.73 |
| 7 | Khaled Ahmed Mahmoud Gal | 14 | Bank Ahly Alex | 1:02.85 |
| 8 | Omar Sherif Galal Eldin Mahr | 14 | MAADI | 1:03.10 |
| 9 | Marwan Mostafa Mohamed M | 14 | Smouha | 1:03.48 |
| 10 | Adham Hadee Mohamed Tala | 14 | Bank Ahly Alex | 1:04.22 |

Event 191 Boys 15 Year Olds 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|----------------------------|----------------------------|-----|------------------|-----------|
| Heat 1 of 10 Finals | | | | |
| 4 | Mohamed Ashraf Zein | 15 | Canal El Suez | NT |
| 5 | Mohamed Ibrahim Mohamed | 15 | ELCTR | NT |
| 6 | Mohamed Mohamed Galal | 15 | Raas El Bar Club | NT |
| Heat 2 of 10 Finals | | | | |
| 1 | Seif El Din Mohamed Ahmed | 15 | MAADI | 1:25.81 |
| 2 | abd Elrahman Saeed Moham | 15 | ZMALK | 1:23.13 |
| 3 | Mohamed Sherif Mostafa Ali | 15 | TWFIK | 1:18.30 |
| 4 | Ahmaed Abdeulnaser Mohan | 15 | ROYAL | 1:18.03 |
| 5 | Mohamed Wael Marwan ElB | 15 | SHAMS | 1:15.44 |
| 6 | Ahmed Essam Hasan | 15 | M.ARB | 1:17.29 |
| 7 | Ez Elden Tamer | 15 | GHABA | 1:18.24 |
| 8 | Sherif Samy Ahmed | 15 | AHRAM | 1:18.54 |
| 9 | Adem Mohamed Gamaal Ebr | 15 | Nasr City | 1:24.09 |
| 10 | Ziad Mohammed Samir Elna | 15 | Raas El Bar Club | NT |

Heat 3 of 10 Finals

| | | | | |
|----|--------------------------------|----|-----------|---------|
| 1 | Marwan Mohamed Elsayed | 15 | NASR | 1:15.16 |
| 2 | Omar Tamer Nashaat | 15 | Al Hawar | 1:13.37 |
| 3 | Youssef Mohamed Abdallah | 15 | ZOHUR | 1:13.28 |
| 4 | Seif El Din Ashraf Abd El Azin | 15 | MAADI | 1:12.21 |
| 5 | Mohamed Hany Abdelwahed | 15 | AHLY | 1:11.83 |
| 6 | Abd El Rahman Yaser Abas M | 15 | MAADI | 1:11.93 |
| 7 | Yousif Mohamed Zedan | 15 | M.ARB | 1:13.12 |
| 8 | ali Moataz Kamal | 15 | ZMALK | 1:13.34 |
| 9 | Yousef Mohamed Wanes | 15 | ENPPI | 1:14.10 |
| 10 | Mohamed Sherif Mohamed A | 15 | Nasr City | 1:15.43 |

Heat 4 of 10 Finals

| | | | | |
|----|-----------------------------|----|-----------|---------|
| 1 | Mohamed Salah Mohamed | 15 | Cairo | 1:11.67 |
| 2 | Ead Ahmed Farowk | 15 | Nasr City | 1:11.55 |
| 3 | Moustafa Hany Mohamed Ref | 15 | HELDO | 1:11.17 |
| 4 | Ahmed ` Amr Abdelazim Hab | 15 | Smouha | 1:10.45 |
| 5 | Yousef Ayman Mohamed Lotf | 15 | SHAMS | 1:10.15 |
| 6 | Mohamed Hassan Mohamed | 15 | MAY15 | 1:10.29 |
| 7 | Sief Mohamed Salah | 15 | TANTA | 1:10.54 |
| 8 | Abd Elrahman Ahmed Solima | 15 | Sporting | 1:11.52 |
| 9 | Abdelrahman Yasser Hassan | 15 | Cairo | 1:11.62 |
| 10 | Ali Hesham Moh. Fekre Shrif | 15 | GEZIR | 1:11.76 |

Heat 5 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Abd Elrahman Hisham Ahme | 15 | M.ARB | 1:09.90 |
| 2 | Mohamed Hazem Mohany En | 15 | HELDO | 1:09.63 |
| 3 | Omar Hany Mohamed Galal | 15 | Gezira El Ward | 1:09.35 |
| 4 | Yousef Sherif Fthey | 15 | 6 OCT | 1:09.07 |
| 5 | Ahmed Waled Farouk | 15 | Al Hawar | 1:08.70 |
| 6 | Adham Ahmed Mohamed | 15 | GHABA | 1:09.01 |
| 7 | Basel Mohamed abd Alrhmar | 15 | Nasr City | 1:09.12 |
| 8 | Omar Essam Awad | 15 | ZMALK | 1:09.57 |
| 9 | Moaaz Emad Gamal | 15 | Al Shekh Zaeid | 1:09.77 |
| 10 | Karem amr Wafek | 15 | HELOP | 1:09.91 |

Heat 6 of 10 Finals

| | | | | |
|----|--------------------------|----|----------------|---------|
| 1 | Adel Amr Adel | 15 | Sporting | 1:08.66 |
| 2 | Fares Ramy gad Allah | 15 | HELOP | 1:08.12 |
| 3 | Abdelmalek Ahmed Khalifa | 15 | DEGLA | 1:07.74 |
| 4 | Seif Osama Farok | 15 | GHABA | 1:07.55 |
| 5 | Amr Mohamed Saad Bayomy | 15 | Al Hawar | 1:07.22 |
| 6 | Yahiy Osama Amara | 15 | Sporting | 1:07.53 |
| 7 | Yosef Mahmoud Said | 15 | Al Shekh Zaeid | 1:07.70 |
| 8 | Mostafa Ahmed Mostafa | 15 | SHOOT | 1:07.75 |
| 9 | abd Alaa Mohamed Salah | 15 | ZMALK | 1:08.65 |
| 10 | Seif Ahmed Mohamed | 15 | MAY15 | 1:08.66 |

Heat 7 of 10 Finals

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Abd Alla Nabil Eprahem | 15 | SHOOT | 1:06.64 |
| 2 | Mohamed Ahmed Ramzy Mal | 15 | GHABA | 1:06.50 |
| 3 | Nour Eldien Amr Elsaid Moh | 15 | RWAD | 1:06.45 |
| 4 | Adam Samer AbdElghany Mg | 15 | Smouha | 1:06.29 |
| 5 | Badr Mohamed Badr | 15 | ZMALK | 1:06.23 |
| 6 | Hazem Waheed Ibrahim | 15 | RWAD | 1:06.24 |
| 7 | Yahia Ahmed Mohamed Mou: | 15 | Smouha | 1:06.40 |
| 8 | Ali Ehab Abou Al Ezz | 15 | Raas El Bar Club | 1:06.46 |
| 9 | Abdallah Ashraf | 15 | DEGLA | 1:06.53 |
| 10 | Mohamed Wael Metwaly | 15 | AHLY | 1:07.04 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 8 Finals (#191 Boys 15 Year Olds 100 LC Meter Butterfly)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Ahmed Yaser Samy Borham | 15 | Al Hawar | 1:06.17 |
| 2 | Yahia ali eid | 15 | DEGLA | 1:05.95 |
| 3 | Ahmed Atef Afifi | 15 | M.ARB | 1:05.75 |
| 4 | Zeyad Said Bahgat | 15 | AHLY | 1:05.55 |
| 5 | Youssef Emad Hanafy Sayed | 15 | HELDO | 1:05.43 |
| 6 | Ibrahim Waleed Ibrahim Hus | 15 | Smouha | 1:05.51 |
| 7 | Mohamed Emad Mohamed M | 15 | TRSAN | 1:05.59 |
| 8 | Mrwan Mohamed Twfik Omra | 15 | 6 OCT | 1:05.91 |
| 9 | Abdelrhman Mhmoud Mohar | 15 | 6 OCT | 1:06.14 |
| 10 | Adham Gihad Abd Elmonaim | 15 | SHOOT | 1:06.20 |

Heat 9 of 10 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Abdelrahman Osama Omar | 15 | Cairo | 1:05.29 |
| 2 | Abd El Rahman Ahmed Saed | 15 | TANTA | 1:05.09 |
| 3 | Omr Mohamed Salah Moshly | 15 | 6 OCT | 1:04.43 |
| 4 | Islam EL Sayed Mabrouk | 15 | SHAMS | 1:03.98 |
| 5 | Mohmed Eslam Mohamed Rs | 15 | 6 OCT | 1:03.53 |
| 6 | Mohaned Alaa Mahmud Ali | 15 | Smouha | 1:03.91 |
| 7 | Ahmed Khaled Aly El Din | 15 | TANTA | 1:04.33 |
| 8 | Yossif Mohamed Ahmed Sadk | 15 | Sporting | 1:04.47 |
| 9 | Seif ElIslam Ahmed Mahmou | 15 | SHAMS | 1:05.20 |
| 10 | Zyad Mohamed Adel Moham | 15 | Gezira El Ward | 1:05.40 |

Heat 10 of 10 Finals

| | | | | |
|----|----------------------------|----|-------------|---------|
| 1 | Marwan Adel Abdel Muti | 15 | Police Club | 1:02.46 |
| 2 | Moamen Hosam El Din | 15 | TANTA | 1:02.15 |
| 3 | Seif Mohamed Mohamed | 15 | DEGLA | 1:01.19 |
| 4 | Fares Mohamed Farouk | 15 | HELOP | 1:00.67 |
| 5 | Selim Moh. Ahm. Moktar Has | 15 | GEZIR | 59.48 |
| 6 | Ahmed Tarek Mohamed | 15 | SHOOT | 1:00.23 |
| 7 | Seif Ahmed Hegazy | 15 | AHLY | 1:00.89 |
| 8 | Adam Karim AL Kady | 15 | SHOOT | 1:01.33 |
| 9 | Omar Mohamed Shehata | 15 | DEGLA | 1:02.16 |
| 10 | Youssef Mohamed Barakat | 15 | AHLY | 1:03.06 |

Event 192 Boys 16 Year Olds 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|--------------------------|----|-----------|---------|
| 4 | Eslam Mohamed Abdelaal | 16 | Nasr City | 1:29.17 |
| 5 | Abdel Rahman Mohamed abc | 16 | MAY15 | 1:20.74 |
| 6 | Zeiad Mohamed Sayed Moha | 16 | ZMALK | 1:25.14 |

Heat 2 of 8 Finals

| | | | | |
|---|---------------------------|----|-----------|---------|
| 2 | Nour Aldeen Ahmed Hassen | 16 | Nasr City | 1:16.32 |
| 3 | Zeiad Hany Hamed Mohamec | 16 | GHABA | 1:15.29 |
| 4 | Faris Mohamed Abdel Kader | 16 | GHABA | 1:13.92 |
| 5 | Mohamed Ahmed Mohamd A | 16 | 6 OCT | 1:12.50 |
| 6 | Yehya Waled Shawky Saleh | 16 | ZMALK | 1:13.29 |
| 7 | Hazem Amr Saeed Ahmed | 16 | ZMALK | 1:15.19 |
| 8 | Adham Mohamed Rabie Ibral | 16 | MAADI | 1:15.91 |
| 9 | Yahia Mohamed Nabil | 16 | MAY15 | 1:20.27 |

Heat 3 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Omar Khaled Mohamed | 16 | Cairo | 1:11.71 |
| 2 | Omar Waled Mostafa | 16 | GHABA | 1:10.89 |
| 3 | Yousef Mohamed Hamed | 16 | AHRAM | 1:10.22 |
| 4 | Hassan Abdelaal Abas | 16 | SHOOT | 1:10.03 |
| 5 | Kareem Wael Marwan Al Bak | 16 | SHAMS | 1:09.33 |
| 6 | Mohamed Ahmed Al Shereif | 16 | SHOOT | 1:09.49 |
| 7 | Omar Mostafa Ismail | 16 | ZMALK | 1:10.19 |
| 8 | Nour Mohamed Medhat Kam | 16 | 6 OCT | 1:10.72 |
| 9 | Hazem Mohamed Salah El Di | 16 | ZMALK | 1:11.39 |
| 10 | Ziad Shady Mohyeldien Hash | 16 | Taleaa El Gish | 1:11.84 |

Heat 4 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mostafa Mohamed Osman | 16 | NASR | 1:08.22 |
| 2 | Yousef Emad Mohamed Al H | 16 | Gezira El Ward | 1:07.85 |
| 3 | Omar Mostafa Abdelmohsen | 16 | MAADI | 1:06.39 |
| 4 | Omar Tamer Farok Sayed Has | 16 | MAADI | 1:06.23 |
| 5 | Youssef Khaled Ramadan | 16 | BNK.G | 1:05.90 |
| 6 | Yousef Ebrahim Mohamed | 16 | Sporting | 1:06.04 |
| 7 | Abdalah Waled el Said | 16 | Sporting | 1:06.38 |
| 8 | Yehia Ali Yehia Hassan | 16 | HELDO | 1:06.48 |
| 9 | Ahmed Hassan Hussein abu S | 16 | HELDO | 1:08.22 |
| 10 | Mohamed Osama Mohamd Al | 16 | SHOOT | 1:08.31 |

Heat 5 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mohamed Salama Gaber Sala | 16 | Smouha | 1:05.55 |
| 2 | Fares Ehab Shabana | 16 | Smouha | 1:05.37 |
| 3 | Mohamed Yaser Mohamed | 16 | GHABA | 1:05.05 |
| 4 | Adham Tarek Mohamed Elmc | 16 | SHAMS | 1:04.62 |
| 5 | Ali Khaled Mohamed Mahmo | 16 | RWAD | 1:04.34 |
| 6 | amr Hesham Bayomy | 16 | Cairo | 1:04.62 |
| 7 | Mohamed Youssry Hussion | 16 | MAY15 | 1:04.67 |
| 8 | Ali Ashraf Hussin | 16 | HELOP | 1:05.06 |
| 9 | Karim Assem Hmad Kasem | 16 | 6 OCT | 1:05.51 |
| 10 | Yousef Ekramy Abdel Fattah | 16 | Gezira El Ward | 1:05.66 |

Heat 6 of 8 Finals

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Abdel Rahman Tarik | 16 | GHABA | 1:04.13 |
| 2 | Adham Ahmed Hassan | 16 | AHLY | 1:03.75 |
| 3 | Mohamed Ahmed Essam Akl | 16 | Smouha | 1:03.26 |
| 4 | Eyad Waleed Shanana | 16 | MAADI | 1:02.73 |
| 5 | Omar Ahmed Salem Hamoda | 16 | Smouha | 1:01.63 |
| 6 | Mazin Taha Ebrahim | 16 | DEGLA | 1:02.55 |
| 7 | Yahia Mohamed Abdelaal Ebr | 16 | Nasr City | 1:02.88 |
| 8 | Youssef Mohamed Wael Ema | 16 | DEGLA | 1:03.60 |
| 9 | Karim Hesham Mohamed Ref | 16 | AHLY | 1:03.76 |
| 10 | Marawan Ramadan Abdel-Fa | 16 | AHLY | 1:04.30 |

Heat 7 of 8 Finals

| | | | | |
|----|----------------------------|----|---------|---------|
| 1 | Mohamed Essam Salah | 16 | DEGLA | 1:01.48 |
| 2 | Saif ElDin Aiman Ahmed | 16 | DEGLA | 1:01.03 |
| 3 | Yasen Amro Yasen Abd Elrah | 16 | GEZIR | 1:00.78 |
| 4 | Yousof Yaser Shaaban | 16 | TANTA | 1:00.71 |
| 5 | Ali Mogeib Salah El Din | 16 | TALBE | 1:00.18 |
| 6 | Marwan Magdy Azzam | 16 | Olympic | 1:00.66 |
| 7 | Eyad Mohamed Nabih | 16 | Smouha | 1:00.74 |
| 8 | Yousef Akram Hassan Afefe | 16 | HELOP | 1:00.99 |
| 9 | Saleh Hossam El Din Saleh | 16 | ZOHUR | 1:01.23 |
| 10 | Ahmed Moadat Abdel-Aziz | 16 | AHLY | 1:01.55 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 8 Finals (#192 Boys 16 Year Olds 100 LC Meter Butterfly)

| | | | | |
|----|----------------------------|----|------------------|---------|
| 1 | Ahmed Mohamed El Ghandou | 16 | DEGLA | 1:00.11 |
| 2 | Ziad Khaled Shreef | 16 | Cairo | 59.72 |
| 3 | Gamal Aymn Gamal abd el Ma | 16 | SHAMS | 59.50 |
| 4 | Saied Mohamed Abd Elgawac | 16 | Sporting | 59.11 |
| 5 | Yassin Ayman Ali Toulba | 16 | SHOOT | 57.31 |
| 6 | Basel Mohamed Ahmed | 16 | Elethead | 58.80 |
| 7 | Amar Hossam Fed El Tranesy | 16 | 6 OCT | 59.37 |
| 8 | Ziad Esam Elhendy | 16 | Raas El Bar Club | 59.58 |
| 9 | Sohaib Khaled Emam | 16 | AHLY | 1:00.01 |
| 10 | Yassin Emad Abd Elhakim | 16 | Sporting | 1:00.13 |

Event 193 Girls 14 Year Olds 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|----------------------------|----|-------|---------|
| 4 | Reem Gamal Mohamed | 14 | ZMALK | NT |
| 5 | Sindrilla Mohamed Saied | 14 | ZMALK | 3:23.31 |
| 6 | Youanna Morcos GabAllah Ge | 14 | HELDO | 3:43.37 |

Heat 2 of 6 Finals

| | | | | |
|---|----------------------------|----|---------------|---------|
| 2 | Doha Hussein Fathy Hussein | 14 | NASR | 3:18.07 |
| 3 | Nouran Mohamed Ali Moham | 14 | RWAD | 3:16.37 |
| 4 | Sara Ibrahim Mohamed | 14 | AHLY | 3:14.47 |
| 5 | Malak Amr Abd EL Khalek | 14 | HELOP | 3:12.60 |
| 6 | Karma Abdel Fattah Abdul M | 14 | SHOOT | 3:13.74 |
| 7 | Shahd Emad Hamed Mohame | 14 | RWAD | 3:15.79 |
| 8 | Jana Amir Abdel Fattah | 14 | Canal El Suez | 3:17.09 |
| 9 | Karma Emad Naeem Guda | 14 | HELDO | 3:23.28 |

Heat 3 of 6 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Joanna Ateef Gatas | 14 | ZMALK | 3:09.07 |
| 2 | Habiba Ahmed Abd El Fattah | 14 | DEGLA | 3:06.55 |
| 3 | Malak Mohamed Abd Elnaby | 14 | DEGLA | 3:03.32 |
| 4 | Mariam Mostafa Adly | 14 | TANTA | 3:03.12 |
| 5 | Anan Mohamed Yehia | 14 | M.ARB | 3:01.18 |
| 6 | Mariam Bassem Beshay Mou | 14 | HELDO | 3:01.95 |
| 7 | Laila Mohamed Nabil Baiomy | 14 | HELOP | 3:03.20 |
| 8 | Habiba Walid Mohamed | 14 | AHLY | 3:03.70 |
| 9 | Samira Sallah Mahroos | 14 | Mansheit Naser | 3:08.81 |
| 10 | Mariam Nader Kadry | 14 | DEGLA | 3:09.38 |

Heat 4 of 6 Finals

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Sama Wael Mohamed EL Had | 14 | SHAMS | 2:59.36 |
| 2 | Farida amr Atia Saad | 14 | Nasr City | 2:59.05 |
| 3 | Somia Ahmed Mohamed | 14 | GHABA | 2:57.43 |
| 4 | Fyrouz Wael Youssre | 14 | TALBE | 2:55.89 |
| 5 | Nour Mohamed Abd El Hady | 14 | Sporting | 2:53.18 |
| 6 | Yassmen Mohmed Nabil | 14 | MAY15 | 2:53.66 |
| 7 | Zeina Tamer Zeinhoum | 14 | AHLY | 2:56.92 |
| 8 | Shahd Sherif Abdallah | 14 | M.ARB | 2:57.62 |
| 9 | Yara Walid Mohamed | 14 | ZMALK | 2:59.27 |
| 10 | Ola Ehab Samier Abd EL Kad | 14 | SHAMS | 3:01.14 |

Heat 5 of 6 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mariam Ahmed Mohamed | 14 | AHLY | 2:51.18 |
| 2 | Jana Mohamed Mahmoud | 14 | ZOHUR | 2:46.78 |
| 3 | Malak Mohamed Sayed Khalii | 14 | DEGLA | 2:46.16 |
| 4 | Soha Hesham El Said Moham | 14 | SHOOT | 2:45.19 |
| 5 | Jana Gehad El Assal | 14 | TWFIK | 2:40.49 |
| 6 | Nour Ahmed aly Elsheshtaw | 14 | Gezira El Ward | 2:44.95 |
| 7 | Malak Sameh Abd Elaziz | 14 | GHABA | 2:45.72 |
| 8 | Jana Hassan Abdel Fattah | 14 | DEGLA | 2:46.55 |
| 9 | Malak Mostafa Beshir | 14 | AHLY | 2:48.52 |
| 10 | Basmala Ahmed AbdElftah | 14 | Smouha | 2:51.34 |

Heat 6 of 6 Finals

| | | | | |
|----|---------------------------|----|---------|---------|
| 1 | Mariam Hany Sayed | 14 | DEGLA | 2:40.08 |
| 2 | Malak Khaled Abdel Aziz | 14 | AHLY | 2:36.33 |
| 3 | Lama Tamer Mohamed Ahme | 14 | Smouha | 2:33.83 |
| 4 | Mariem Mohamed Emad Fahı | 14 | MAADI | 2:32.52 |
| 5 | Raghd Mohamed Elsaid Moh | 14 | Smouha | 2:30.95 |
| 6 | Farida Amr Mohamed Abd El | 14 | SHOOT | 2:32.04 |
| 7 | Hanan Ahmed Mohamed Maı | 14 | Olympic | 2:33.64 |
| 8 | Kenzy Mostafa Zakaria | 14 | AHLY | 2:34.82 |
| 9 | Joudy Ahmed Mohamed Nou | 14 | MAY15 | 2:39.67 |
| 10 | Salma Khaled Elsayed | 14 | DEGLA | 2:40.27 |

Event 194 Girls 15 Year Olds 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|----|------------------------|----|-------|---------|
| 1 | Mariam Essam ali Rezk | 15 | GHABA | 3:16.88 |
| 2 | Lobna Saed Hanfy | 15 | DEGLA | 3:06.50 |
| 3 | Fatma Nader Glal Mhrz | 15 | 6 OCT | 3:02.79 |
| 4 | Omnia Mohamed Mostafa | 15 | HLWAN | 3:01.87 |
| 5 | Habeba Maged Mohsen | 15 | HELOP | 3:00.73 |
| 6 | Sandra Ghayes | 15 | GHABA | 3:01.54 |
| 7 | Eva Gamal Sophe | 15 | GHABA | 3:02.51 |
| 8 | Rogada Mohamed Ibrahim | 15 | AHLY | 3:03.42 |
| 9 | Rawya Hossam Nabil | 15 | SHOOT | 3:10.41 |
| 10 | Gana Mohamed Khedr | 15 | AHLY | NT |

Heat 2 of 4 Finals

| | | | | |
|----|------------------------------|----|-------|---------|
| 1 | Mariam Hossam | 15 | DEGLA | 2:59.70 |
| 2 | Esraa Ehab Zamel | 15 | ZMALK | 2:57.01 |
| 3 | Halaa Samy Yahya | 15 | SHAMS | 2:54.09 |
| 4 | Habiba Safwat Saleh | 15 | ZOHUR | 2:53.05 |
| 5 | Fatima Haytham Abd ElMene | 15 | TANTA | 2:49.99 |
| 6 | Mariam Hesham Aly Abd Han | 15 | TANTA | 2:52.43 |
| 7 | Shahd Ahmed Yehya | 15 | TRSAN | 2:53.41 |
| 8 | Gannat Allah Alaa El Din Ahr | 15 | ENPPI | 2:54.82 |
| 9 | Dareen Amgad Emad | 15 | ZOHUR | 2:57.95 |
| 10 | Habiba Ahmed Hesham | 15 | AHLY | 2:59.81 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#194 Girls 15 Year Olds 200 LC Meter Backstroke)

| | | | | |
|----|----------------------------|----|--------|---------|
| 1 | Fareda Yasser Mohamed Abd | 15 | 6 OCT | 2:47.53 |
| 2 | Malak Ahmed Abo Bakr | 15 | SHOOT | 2:46.72 |
| 3 | Yasmine Yasser Mamdouh | 15 | SHOOT | 2:45.29 |
| 4 | Malak Eslam Mohamed Moav | 15 | SHOOT | 2:44.82 |
| 5 | Malak Mohamed abd el Kerin | 15 | ZMALK | 2:44.09 |
| 6 | Lina Ahmed Farok AbdElazi | 15 | Smouha | 2:44.29 |
| 7 | Renad Khaled Mahmoud | 15 | AHLY | 2:45.24 |
| 8 | Hana Mohie el den Osman | 15 | HELOP | 2:46.68 |
| 9 | Marim amr Mohamed | 15 | DEGLA | 2:47.06 |
| 10 | Shahd Hazem Hassan Bahy E | 15 | MAADI | 2:48.06 |

Heat 4 of 4 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Jouana Ahmed Mohamed Hus | 15 | Smouha | 2:39.71 |
| 2 | Noor Kamel ElNagar | 15 | Sporting | 2:39.37 |
| 3 | Shahd Ahmed Abd Elbaky | 15 | Sporting | 2:35.66 |
| 4 | Malak Waled Essam Shabana | 15 | Smouha | 2:32.73 |
| 5 | Hoda Ahmed Hussein | 15 | ZOHUR | 2:28.44 |
| 6 | Fatma Mohamed Klel Ebrahir | 15 | 6 OCT | 2:31.18 |
| 7 | Rola Abo El Naga El Sayed | 15 | A S E C | 2:34.92 |
| 8 | Yasmine Sharif AbdElAziz Ga | 15 | SHAMS | 2:38.80 |
| 9 | Farah Emel Yosif | 15 | GHABA | 2:39.43 |
| 10 | Mariam Hazem Talaat | 15 | AHLY | 2:43.63 |

Event 195 Girls 16 Year Olds 200 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|---------------------------|----|----------|---------|
| 3 | Shahed Osama Ahmed | 16 | RWAD | 3:21.35 |
| 4 | Farida Ahmed Aiyod | 16 | Sporting | 3:20.23 |
| 5 | Yomna Ayman Mohamed | 16 | AHLY | 3:09.17 |
| 6 | Malak Akram Mohamed Fawz | 16 | ZMALK | 3:09.25 |
| 7 | Hana Wael Mohamed Elkabai | 16 | Smouha | 3:21.16 |

Heat 2 of 4 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Zina Ahmed Nabil | 16 | Sporting | 2:56.85 |
| 2 | Farida Ahmed Akel | 16 | HELOP | 2:55.78 |
| 3 | Rahma Mohamed Hassan Ab | 16 | HELDO | 2:53.93 |
| 4 | Leina Waled Farouk | 16 | SHOOT | 2:50.05 |
| 5 | Malak Mohamed Ezzat Al Hac | 16 | 6 OCT | 2:49.79 |
| 6 | Kenzy Tamer Farouk | 16 | DEGLA | 2:49.94 |
| 7 | Alia Ali Mohamed | 16 | HELOP | 2:51.94 |
| 8 | Rodaina Wael Mohamed | 16 | RWAD | 2:54.08 |
| 9 | Mawada Sameh Mohamed | 16 | RWAD | 2:56.44 |
| 10 | Sara Khaled Mahmoud Fawzy | 16 | ZMALK | 3:07.50 |

Heat 3 of 4 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Sara Ali Tawfek Drakoun | 16 | SHOOT | 2:46.89 |
| 2 | Hader Waled abd Elfatah | 16 | DEGLA | 2:44.80 |
| 3 | Fatma Ayman Saeed Ahmed (| 16 | HELDO | 2:43.91 |
| 4 | Dina Ahmed Elkharash | 16 | Smouha | 2:41.27 |
| 5 | Tasneim Ayman Nashat Moh | 16 | Al Hawar | 2:39.75 |
| 6 | Sara Hossam Eldin Mahmoud | 16 | AHLY | 2:40.66 |
| 7 | Malak Wesam Badr | 16 | TANTA | 2:42.77 |
| 8 | Hana Sameh Ghazy | 16 | SHOOT | 2:43.99 |
| 9 | Malak Nasr El Din Ibrahim | 16 | ZMALK | 2:45.19 |
| 10 | Hana Hazem Ahmed | 16 | AHLY | 2:47.31 |

Heat 4 of 4 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Lougin Yousief Ahmed Yousie | 16 | SHAMS | 2:39.29 |
| 2 | Mai Khaled Abdeltif | 16 | DEGLA | 2:38.03 |
| 3 | Kenzy Ahmed Ali | 16 | AHLY | 2:36.34 |
| 4 | Dana Tamer Shafiq | 16 | HELOP | 2:32.98 |
| 5 | Farah Amr Abdel Motaleib | 16 | SHOOT | 2:26.38 |
| 6 | Lojen Deiaa Eldin Abd Elaler | 16 | DEGLA | 2:29.64 |
| 7 | Farah Osama Ahmed Mahmo | 16 | Bank Ahly Alex | 2:34.16 |
| 8 | Souhaila Moahmed Mahmoud | 16 | SHOOT | 2:37.33 |
| 9 | Jana Ahmed Ebrahim | 16 | Sporting | 2:38.69 |
| 10 | Rawan Mostafa | 16 | DEGLA | 2:39.42 |

Event 202 Boys 14 Year Olds 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|--------------------------|----|------------------|----------|
| 2 | Houssein Salem Sayed | 14 | Canal El Suez | NT |
| 3 | Mohab Mohammed abd Elazi | 14 | Al Hawar | 20:10.85 |
| 4 | Ali Ahmed Saad | 14 | DEGLA | 19:53.36 |
| 5 | Mostafa Tamer Mamdouh | 14 | Baladyat El Maha | 19:25.37 |
| 6 | Mhmoud Wled Fkri Mhmoud | 14 | 6 OCT | 19:46.84 |
| 7 | Saif Esam Abd Elmenem | 14 | NASR | 19:55.22 |
| 8 | Yosef Fathy Al Ghanduor | 14 | Canal El Suez | NT |
| 9 | Moaaz Ahmed Ismail | 14 | Canal El Suez | NT |

Heat 2 of 4 Finals

| | | | | |
|----|------------------------------|----|----------------|----------|
| 1 | Mohamed Yasser Mohmoud | 14 | ZMALK | 19:19.64 |
| 2 | Salah Eldin Mohamed Salahel | 14 | Cairo | 19:15.21 |
| 3 | Mostafa Emad Mohamed Awz | 14 | Gezira El Ward | 19:02.04 |
| 4 | Hesham Nader Kamal | 14 | AHLY | 18:51.78 |
| 5 | Adham Ahmed Mahmoud | 14 | AHLY | 18:50.91 |
| 6 | Omar Tarek Omar el Koly | 14 | Al Hawar | 18:51.68 |
| 7 | Yasin Mahmoud Mostafa | 14 | SHOOT | 18:55.85 |
| 8 | Mohamed Ali Mohamed Ali | 14 | DEGLA | 19:14.74 |
| 9 | Eyad Mohamed Gamal | 14 | DEGLA | 19:16.50 |
| 10 | Fathey Ahmed Fathey abd el i | 14 | Stad Mansoura | 19:22.53 |

Heat 3 of 4 Finals

| | | | | |
|----|----------------------------|----|--------|----------|
| 1 | Mohamed Tarek Rashad Abd | 14 | SHAMS | 18:46.24 |
| 2 | Ahmed Beshar Mostafa Moha | 14 | 6 OCT | 18:41.26 |
| 3 | Yousf Mohmed Mdht Mohme | 14 | 6 OCT | 18:27.99 |
| 4 | Ahmed Mahmoud Fouad Mah | 14 | DEGLA | 18:26.80 |
| 5 | Omar Gaber Aly | 14 | AHLY | 18:18.71 |
| 6 | Amr Khaled Mohamed Abdel | 14 | DEGLA | 18:24.66 |
| 7 | Yasin Housam Fyd Altranesy | 14 | 6 OCT | 18:27.60 |
| 8 | Marawan Emad Hamed | 14 | AHLY | 18:33.71 |
| 9 | Marawan Tarek Ehab | 14 | AHLY | 18:44.08 |
| 10 | Omar Ibrahim Elshahat Eln | 14 | Smouha | 18:46.29 |

Heat 4 of 4 Finals

| | | | | |
|----|----------------------------|----|------------------|----------|
| 1 | Mohamed Elsaied El Eraqy | 14 | Baladyat El Maha | 18:11.80 |
| 2 | Adham Ayman Monir Hashen | 14 | TRSAN | 18:06.64 |
| 3 | Sife Mohamwd Saber | 14 | ZMALK | 17:56.99 |
| 4 | Seif Eldin Ahmed Mohamed | 14 | AHLY | 17:39.59 |
| 5 | Omar Ahmed Hassan Ryaan | 14 | SHAMS | 17:25.92 |
| 6 | Ahmed Ayman Ali Mohamed | 14 | SHAMS | 17:29.31 |
| 7 | Mohamed Elsaied Ibrahim Ba | 14 | Stad Mansoura | 17:47.46 |
| 8 | Mohamed Ahmed Fouad | 14 | AHLY | 17:58.04 |
| 9 | Seif Walaa Antar | 14 | DEGLA | 18:10.28 |
| 10 | Omar Mohsen Ramdan AbdEl | 14 | Smouha | 18:12.02 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 203 Boys 15 Year Olds 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|----------------------------|----|-------|----------|
| 4 | Abd El Rahman Yaser Abas M | 15 | MAADI | 21:21.80 |
| 5 | Youssef Ahmed Taha | 15 | ZMALK | 19:18.89 |
| 6 | Youssef Amgad Ali Fahmy | 15 | SHAMS | 19:34.95 |

Heat 2 of 4 Finals

| | | | | |
|----|----------------------------|----|----------|----------|
| 1 | Nour Maged Mohamed | 15 | SHOOT | 19:04.39 |
| 2 | Mohamed Emad El Din | 15 | TANTA | 18:53.37 |
| 3 | Mohamed Khaled Adb Elhake | 15 | SHOOT | 18:42.87 |
| 4 | Adel Amr Adel | 15 | Sporting | 18:40.13 |
| 5 | Srag El Den Ahmed | 15 | Sporting | 18:32.01 |
| 6 | Mahmoud Hesham El Ansary | 15 | DEGLA | 18:34.38 |
| 7 | Ahmed Mohammed Hamdy S | 15 | Al Hawar | 18:41.10 |
| 8 | Zeyad Mohamed Abdel Fatah | 15 | Al Hawar | 18:52.84 |
| 9 | Seif Amr Samir Abd ElSamad | 15 | SHAMS | 18:56.30 |
| 10 | Yousef Ahmed Abdel Monem | 15 | 6 OCT | 19:07.16 |

Heat 3 of 4 Finals

| | | | | |
|----|------------------------------|----|----------------|----------|
| 1 | Ahmed Hazem Mohamed Apr | 15 | 6 OCT | 18:22.80 |
| 2 | Saad ElDen Saeed Saad | 15 | Sporting | 18:17.25 |
| 3 | Yasin Alaa Ibrahim Elbieh | 15 | Smouha | 18:04.58 |
| 4 | Houssen Talal Houssen Sayd | 15 | 6 OCT | 17:44.76 |
| 5 | Yassin Esam El Din | 15 | Sporting | 17:41.64 |
| 6 | Ahmed Taher Allam | 15 | Stad Mansoura | 17:42.53 |
| 7 | Mohamed Mostafa Mohamed | 15 | DEGLA | 18:03.75 |
| 8 | Samir Sameh el Batal | 15 | DEGLA | 18:04.94 |
| 9 | Youssef Dieya ElSayed Elkiki | 15 | SHAMS | 18:18.70 |
| 10 | Yosef Shereef Yosef Oweda | 15 | Gezira El Ward | 18:23.93 |

Heat 4 of 4 Finals

| | | | | |
|----|-----------------------------|----|---------------|----------|
| 1 | Zeyad Said Bahgat | 15 | AHLY | 17:37.91 |
| 2 | Farouk Adel Farouk Amar | 15 | 6 OCT | 17:35.03 |
| 3 | Mostafa Adel Khalil Ibrahim | 15 | Smouha | 17:22.70 |
| 4 | Youssef Magdy Elhady | 15 | AHLY | 17:11.70 |
| 5 | amr Mohamed Anter | 15 | ZMALK | 16:44.41 |
| 6 | Ahmed Sameh Elsaid | 15 | AHLY | 16:48.03 |
| 7 | Yasin Hatem Sery | 15 | HELOP | 17:18.02 |
| 8 | Mooataz Tarek Ibrahim Moha | 15 | AHLY | 17:25.34 |
| 9 | Ahmed Mohamed Elhoussein | 15 | AHLY | 17:35.14 |
| 10 | abd Elrahman Tarek Mohame | 15 | Stad Mansoura | 17:41.11 |

Event 204 Boys 16 Year Olds 1500 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 4 Finals

| | | | | |
|---|-------------------------|----|-----------|----------|
| 4 | Mohamed Ehab Elsaeyd | 16 | DEGLA | 20:26.66 |
| 5 | Mohamed Mostafa Mohamed | 16 | Nasr City | 19:37.60 |
| 6 | Mohamed Gamal Ebrahim | 16 | DEGLA | 20:09.36 |

Heat 2 of 4 Finals

| | | | | |
|----|-----------------------------|----|----------|----------|
| 1 | Seif El Din Said Mohamed | 16 | ENPPI | 18:52.19 |
| 2 | Khaled Ahmed Farouk Ramd | 16 | Cairo | 18:34.55 |
| 3 | Karim Mohamed Ahmed Bad | 16 | TANTA | 18:29.12 |
| 4 | Ahmed Islam Mahmoud | 16 | ZMALK | 18:22.78 |
| 5 | Yousef Yahya Zakriya Ramady | 16 | Sporting | 18:11.51 |
| 6 | Omar Akram Ibrahim | 16 | SHOOT | 18:13.14 |
| 7 | Zyad Waael Abass Bhr | 16 | 6 OCT | 18:26.97 |
| 8 | Yousif Khaled Mohamed Ahm | 16 | Smouha | 18:31.83 |
| 9 | Mohamed Wael Abdel Monae | 16 | ENPPI | 18:40.98 |
| 10 | Belal Maged Soliman | 16 | AHLY | 19:06.04 |

Heat 3 of 4 Finals

| | | | | |
|----|------------------------------|----|----------------|----------|
| 1 | Zeiad Hamdy Amin Ossman | 16 | ZMALK | 18:08.96 |
| 2 | Omar Medhat Hassan | 16 | AHLY | 18:01.98 |
| 3 | Mahmoud Moustafa El Marak | 16 | Sporting | 17:59.14 |
| 4 | Yahia Ashraf Madkour | 16 | Smouha | 17:56.22 |
| 5 | Mohamed Hany Sadek | 16 | Gezira El Ward | 17:46.98 |
| 6 | Abo Baker Hazem Hosney Mc | 16 | SHAMS | 17:48.04 |
| 7 | Omar Hosam Mohamed Atyy | 16 | Al Hawar | 17:58.81 |
| 8 | Mohamed Al Sayed Ali Alleith | 16 | Stad Mansoura | 18:01.17 |
| 9 | amr Hesham Bayomy | 16 | Cairo | 18:06.40 |
| 10 | Yousef Hasham abd el Fatah | 16 | Sporting | 18:10.57 |

Heat 4 of 4 Finals

| | | | | |
|----|--------------------------|----|----------------|----------|
| 1 | Ahmed Hesham Nageib | 16 | ZMALK | 17:41.41 |
| 2 | Karim Assem Hmad Kasem | 16 | 6 OCT | 17:38.09 |
| 3 | Khaled Mohamed Kamel | 16 | AHLY | 17:25.34 |
| 4 | Moustafa Tarik Moustafa | 16 | HELOP | 17:07.21 |
| 5 | Mohamed Hesham Ismsil Ha | 16 | 6 OCT | 16:58.10 |
| 6 | Shady Mahmoud Nader | 16 | AHLY | 17:05.88 |
| 7 | Mohamed Mahmoud Moham | 16 | GHABA | 17:22.81 |
| 8 | Karim Mohamed Mamdouh | 16 | AHLY | 17:32.35 |
| 9 | Omar Ahmed Anees | 16 | Gezira El Ward | 17:38.14 |
| 10 | Saif ElDin Aiman Ahmed | 16 | DEGLA | 17:41.42 |

Event 205 Girls 14 Year Olds 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|-----------------------------|----|-------|---------|
| 2 | Shaden Abo El Ela Hamdy | 14 | AHLY | 1:29.54 |
| 3 | Fareda Shreif Halouda | 14 | HELOP | 1:27.12 |
| 4 | Heba Allah Ahmed Yahia Mo | 14 | RWAD | 1:26.97 |
| 5 | Slma Emad Mohmed Mohme | 14 | 6 OCT | 1:26.42 |
| 6 | Arwa Sherif Mohamed Samy | 14 | SHOOT | 1:26.76 |
| 7 | Salma Mohamed Ewees | 14 | AHLY | 1:27.11 |
| 8 | Leila Ahmed Ebrahim Ali Eid | 14 | HELDO | 1:28.44 |
| 9 | Gillan Essam Sayed EL Adly | 14 | SHAMS | 1:39.04 |

Heat 2 of 6 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Jannah Mohamed Farouk | 14 | Sporting | 1:25.60 |
| 2 | Shado Abd Elaziz Fayeze Moha | 14 | SHAMS | 1:24.95 |
| 3 | Marim Mohamed Osman | 14 | NASR | 1:23.98 |
| 4 | Samira Sallah Mahroos | 14 | Mansheit Naser | 1:22.40 |
| 5 | Goudy Wael Ahmed Abd EL M | 14 | SHAMS | 1:22.23 |
| 6 | Nour Reda Mohmed | 14 | MAY15 | 1:22.33 |
| 7 | Karma Emad Naeem Guda | 14 | HELDO | 1:23.93 |
| 8 | Kenzy amr Ahmed | 14 | ZMALK | 1:24.41 |
| 9 | Kenzy Walid Abdel Ghafour | 14 | AHLY | 1:25.29 |
| 10 | Gana Mohamed Abdelsamea | 14 | M.ARB | 1:26.02 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#205 Girls 14 Year Olds 100 LC Meter Butterfly)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Hana Ahmed Ateia | 14 | DEGLA | 1:21.85 |
| 2 | Nadin Atef Mohamed | 14 | AHLY | 1:21.50 |
| 3 | Mariam Bassem Beshay Mou | 14 | HELDO | 1:20.37 |
| 4 | Jody Mostafa Az El Din | 14 | ENPPI | 1:20.21 |
| 5 | Nor Ahmed Ali Ahmed | 14 | Bank Ahly Alex | 1:19.57 |
| 6 | Rewan Saed Khames Mahmo | 14 | Bank Ahly Alex | 1:20.14 |
| 7 | Maram Mohamed Wageh Ibr | 14 | Bank Ahly Alex | 1:20.27 |
| 8 | Nour Ahmed Ibrahim Sarhan | 14 | MAADI | 1:21.07 |
| 9 | Sara Sameh Awad Elsaid | 14 | RWAD | 1:21.62 |
| 10 | Lyla Tamer Ahmed Mgdey | 14 | 6 OCT | 1:21.85 |

Heat 4 of 6 Finals

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Nour Ahmed Samer | 14 | Sporting | 1:19.04 |
| 2 | Donia Ebrahim Ebid | 14 | Sporting | 1:18.84 |
| 3 | Lojain Osama Mohamed | 14 | DEGLA | 1:17.45 |
| 4 | Malak Tarek El Kady | 14 | Sporting | 1:16.65 |
| 5 | Gody Tarik Salah Elwilily | 14 | Smouha | 1:16.24 |
| 6 | Rim Husin Khallaf | 14 | TANTA | 1:16.46 |
| 7 | Dina Ebrahim Ebid | 14 | Sporting | 1:17.29 |
| 8 | Mariam Nasr Ahmed Said | 14 | MAY15 | 1:18.81 |
| 9 | Lana Yasir Mohamed Gamal | 14 | SHOOT | 1:18.91 |
| 10 | Hanin Khaled Ali El Din | 14 | TANTA | 1:19.15 |

Heat 5 of 6 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Goudy Ahmed Elsayed | 14 | AHLY | 1:14.99 |
| 2 | Malak Mohamed Mhmoud Ha | 14 | Smouha | 1:14.65 |
| 3 | Salma Ahmed Mohamed Khal | 14 | Gezira El Ward | 1:13.13 |
| 4 | Salma Ahmed ali Mostafa | 14 | GHABA | 1:12.07 |
| 5 | Hanin Mohamed AbdElmaks | 14 | Smouha | 1:11.43 |
| 6 | Habiba Khalid Ebrahiem | 14 | TWFIK | 1:11.99 |
| 7 | Nouran Mahmoud Mohamed | 14 | DEGLA | 1:12.10 |
| 8 | Rahaf Ahmed Esmaeel | 14 | ZMALK | 1:14.63 |
| 9 | Zahwa Mohsen Sayed | 14 | AHLY | 1:14.68 |
| 10 | Habeba Maysara Abdelhamec | 14 | M.ARB | 1:16.11 |

Heat 6 of 6 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Hana Waled Hassan | 14 | GHABA | 1:11.23 |
| 2 | Nily Karem | 14 | SHOOT | 1:10.46 |
| 3 | Malak Mohamed Mahmoud G | 14 | MAADI | 1:09.50 |
| 4 | Rodaina Mohamed Saad | 14 | DEGLA | 1:06.63 |
| 5 | Nour Mohamed Ibrahim Ali | 14 | Smouha | 1:06.16 |
| 6 | Zaina Mohamed Haitham Has | 14 | SHOOT | 1:06.34 |
| 7 | Nour Mohamed Hossain | 14 | SHOOT | 1:09.40 |
| 8 | Goumana Tarek Yehia | 14 | AHLY | 1:10.43 |
| 9 | Basant Ibrahim Mahmud | 14 | Gezira El Ward | 1:10.55 |
| 10 | Gody Ahmed Zaki | 14 | TANTA | 1:11.36 |

Event 206 Girls 15 Year Olds 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|---------------------------|----|-------|---------|
| 4 | Mariam Essam ali Rezk | 15 | GHABA | 1:47.34 |
| 5 | Amina Adham Ibrahim | 15 | ZOHUR | 1:37.14 |
| 6 | Marim Ahmed Zien Elabdeen | 15 | SHAMS | 1:42.86 |

Heat 2 of 5 Finals

| | | | | |
|---|---------------------------|----|-------|---------|
| 2 | Hoda Hesham Mohamed Moh | 15 | 6 OCT | 1:34.65 |
| 3 | Rana Mohamed Tatek | 15 | GHABA | 1:25.55 |
| 4 | Malak Yasser Mohamed Ham | 15 | DEGLA | 1:22.89 |
| 5 | Malak Khaled Aly | 15 | AHLY | 1:22.16 |
| 6 | Dareen Amgad Emad | 15 | ZOHUR | 1:22.44 |
| 7 | Merna Adel Elsayed | 15 | AHLY | 1:24.05 |
| 8 | Fatma Nader Glal Mhrz | 15 | 6 OCT | 1:31.15 |
| 9 | Salma Abd ElTawab ElSayed | 15 | NASR | 1:36.97 |

Heat 3 of 5 Finals

| | | | | |
|----|----------------------------|----|-------|---------|
| 1 | Malak Walid Ahmed | 15 | AHLY | 1:20.00 |
| 2 | Shahd Hany Hussein Darwish | 15 | SHAMS | 1:19.29 |
| 3 | Malak Ahmed Abo Bakr | 15 | SHOOT | 1:18.21 |
| 4 | Mallk Mahmoud Fahmy | 15 | MAY15 | 1:18.13 |
| 5 | Malak Abd Elaziz Zanaty | 15 | M.ARB | 1:17.96 |
| 6 | Anan Abd Elrahman Ahmed | 15 | SHOOT | 1:18.11 |
| 7 | Menat Allah Yousry Zakaria | 15 | TANTA | 1:18.19 |
| 8 | Rogada Mohamed Ibrahim | 15 | AHLY | 1:19.22 |
| 9 | Jana Mohamed Ahmed | 15 | DEGLA | 1:19.52 |
| 10 | Lana Mohamed Fathy | 15 | AHLY | 1:21.77 |

Heat 4 of 5 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Hana Hesham Moustafa Ham | 15 | MAADI | 1:15.15 |
| 2 | Ziena Ahmed El Sayed | 15 | DEGLA | 1:13.69 |
| 3 | Habiba Hazem Husin | 15 | Bank Ahly Alex | 1:13.01 |
| 4 | Rouaa Ahmed Ibrahim | 15 | RWAD | 1:12.95 |
| 5 | Lojaina Khaled Mohamed Mo | 15 | HELDO | 1:12.17 |
| 6 | Razan Ahmed Hosny | 15 | DEGLA | 1:12.59 |
| 7 | Malak Ahmed Nagy Ali | 15 | HELDO | 1:12.97 |
| 8 | Shahd Sameh Safouat Shaaba | 15 | HELDO | 1:13.06 |
| 9 | Shadin Aksam Mohamed Ami | 15 | SHAMS | 1:13.83 |
| 10 | Khadiga Nabil Ebrahim | 15 | SHOOT | 1:15.33 |

Heat 5 of 5 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Shahd Yaser Shaaban | 15 | TANTA | 1:10.40 |
| 2 | Jana Khalid | 15 | Sporting | 1:08.17 |
| 3 | Lialy Tamer Nagm | 15 | Al Hawar | 1:08.14 |
| 4 | Hanin Ashraf aly | 15 | Olympic | 1:07.12 |
| 5 | Nour Diaa Elden abo Bakr | 15 | HELOP | 1:02.72 |
| 6 | Kanzy Ibrahim Zaid | 15 | Al Hawar | 1:06.74 |
| 7 | Gihan Ahmed Abd El Azim Al | 15 | MAADI | 1:07.54 |
| 8 | Salma Ahmed Mohamed Ram | 15 | DEGLA | 1:08.14 |
| 9 | Tasnem Mohamed Mohamed | 15 | Smouha | 1:08.44 |
| 10 | Lian Shady Sabry | 15 | HELOP | 1:10.75 |

Event 207 Girls 16 Year Olds 100 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|----|-----------------------------|----|-------|---------|
| 1 | Shahd Walaa Noaaman | 16 | AHLY | 1:20.46 |
| 2 | Sharouk Yehya Ibrahim | 16 | GHABA | 1:18.76 |
| 3 | Mariam Essam Mohamed Sa | 16 | SHOOT | 1:15.96 |
| 4 | Malak Mohamed Mohamed A | 16 | MAADI | 1:15.59 |
| 5 | Salma Mohamed Ibrahim Has | 16 | SHAMS | 1:14.18 |
| 6 | Mayar Hassan Aly EL Sharkav | 16 | SHAMS | 1:14.70 |
| 7 | Malak Sameh Mohamed | 16 | AHLY | 1:15.89 |
| 8 | Hana Ahmed Yousof | 16 | TANTA | 1:17.64 |
| 9 | Asrar Ehab Al Sayed | 16 | GHABA | 1:19.60 |
| 10 | Joy Barssom Aghib | 16 | AHRAM | 1:29.82 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#207 Girls 16 Year Olds 100 LC Meter Butterfly)

| | | | | |
|----|--------------------------------|----|----------------|---------|
| 1 | Farah Ehab Fo'ad Elhussin | 16 | Smouha | 1:13.60 |
| 2 | Maia Ashraf Hakam | 16 | DEGLA | 1:13.52 |
| 3 | Bsmala Hassan Mohamed | 16 | M.ARB | 1:13.15 |
| 4 | Nourhan Raaft Elsaid | 16 | AHLY | 1:12.69 |
| 5 | Ranheil Moaat az Ballah Ali Ib | 16 | ZMALK | 1:12.02 |
| 6 | Amany Mahmoud Basheir | 16 | Gezira El Ward | 1:12.53 |
| 7 | Kinzy Shref Gabr | 16 | HELOP | 1:12.71 |
| 8 | Jana Mohamed Ahmed | 16 | DEGLA | 1:13.48 |
| 9 | Malak Sherif Shawky El Goha | 16 | MAADI | 1:13.52 |
| 10 | Jana Amr Adel Ahmed | 16 | Sporting | 1:13.64 |

Heat 3 of 3 Finals

| | | | | |
|----|------------------------------|----|---------------|---------|
| 1 | Ayah Wael Mostafa | 16 | DEGLA | 1:10.22 |
| 2 | Alya Mostafa Mohamed | 16 | AHLY | 1:10.07 |
| 3 | Lena Ahmed Abdel-Wahab | 16 | AHLY | 1:08.91 |
| 4 | Norhan Mohamed Mohi Elzai | 16 | Smouha | 1:06.62 |
| 5 | Lojen Deiaa Eldin Abd Elalem | 16 | DEGLA | 1:04.15 |
| 6 | Salma Hany Mostafa Abdelka | 16 | MAADI | 1:05.63 |
| 7 | Rawan Mohamed AboElFadl | 16 | DEGLA | 1:07.19 |
| 8 | Mariam Emad Hamed Motaw | 16 | ZMALK | 1:09.05 |
| 9 | Shahd Amin Mohamed Amin | 16 | Stad Mansoura | 1:10.10 |
| 10 | Ganna Samir Mohamed Hamz | 16 | GHABA | 1:11.86 |

Event 208 Boys 14 Year Olds 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 16 Finals

| | | | | |
|---|-----------------------------|----|------------------|-------|
| 2 | Ahmed Shady Abd ElRahman | 14 | HELDO | NT |
| 3 | Amr Mohamed Ibrahim | 14 | ELCTR | NT |
| 4 | Ali Hany Abdalla Mohamed | 14 | Taleaa El Gish | 47.61 |
| 5 | Abdelrahman Khaled Mahmo | 14 | Taleaa El Gish | 45.75 |
| 6 | Mustafa Sayed Hussein Abdel | 14 | Beni Suef Club | 47.52 |
| 7 | Emad Elden Anter Abd Elrhir | 14 | NASR | 52.93 |
| 8 | Maher Mohamed Mohamed | 14 | Raas El Bar Club | NT |

Heat 2 of 16 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Moustafa Shapan | 14 | Taleaa El Gish | 41.82 |
| 2 | Mohamed Ahmed Saleh | 14 | HLWAN | 40.89 |
| 3 | Karim Tamer Abd el Wahaab | 14 | SHAMS | 40.28 |
| 4 | Youssef Tarek Mohamed | 14 | MAY15 | 38.86 |
| 5 | Mrawan Mahmoud Ahmed | 14 | TALBE | 37.36 |
| 6 | Abdelrahman Ahmed Ebrahi | 14 | MAY15 | 37.70 |
| 7 | Sameh Mohamed Sameh | 14 | Police Club | 39.24 |
| 8 | Stephen Hany Samir Ramzy | 14 | Taleaa El Gish | 40.67 |
| 9 | Ahmed Mohamed Gadalla | 14 | Taleaa El Gish | 41.77 |
| 10 | Mohamed Samir Abo ElFtooh | 14 | NASR | 42.36 |

Heat 3 of 16 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Ahmed Mohamed Sallah | 14 | Mansheit Naser | 36.78 |
| 2 | Abdel Aziz Yousery Abdel Azi | 14 | NASR | 36.63 |
| 3 | Hade Mohamed Saed | 14 | M.ARB | 36.13 |
| 4 | Ahmed Khaled Mohamed Alr | 14 | Taleaa El Gish | 36.06 |
| 5 | Zayad Badr Fathallah | 14 | M.S Tagamoa | 35.78 |
| 6 | abd el Rahman Alaa Ibrahim | 14 | MAY15 | 35.90 |
| 7 | Eyad Mohamed Mosad | 14 | MAY15 | 36.10 |
| 8 | Omar Tarik Assem | 14 | Nasr City | 36.56 |
| 9 | Ahmed Mohamed Yossef | 14 | Stad Tanta | 36.75 |
| 10 | Mooaz Tamer El Sayeed | 14 | ZOHUR | 37.18 |

Heat 4 of 16 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Abdelrahman Ahmed Abdelnr | 14 | Cairo | 35.26 |
| 2 | Mostafa Mohamed Mostafa F | 14 | SHAMS | 35.16 |
| 3 | Zyeed Khaled Mohamed | 14 | ZMALK | 35.11 |
| 4 | Ziad Gawad Mahmoud | 14 | Cairo | 35.03 |
| 5 | Seif Ehab Mohamed | 14 | M.ARB | 34.96 |
| 6 | Ahmed Mohamed Mosaad | 14 | TALBE | 34.97 |
| 7 | Assem Asad | 14 | Taleaa El Gish | 35.10 |
| 8 | Zyeed Mohamed Hassan | 14 | ZMALK | 35.12 |
| 9 | Abd Elmahman Mohamed S | 14 | HELDO | 35.23 |
| 10 | Anas Ahmed Helmy Ahmed | 14 | SHAMS | 35.72 |

Heat 5 of 16 Finals

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Karim Samer Galal | 14 | Cairo | 34.80 |
| 2 | Ahmed Reda Mahmoud | 14 | MAY15 | 34.67 |
| 3 | Moustafa Mohmoud Talaat M | 14 | HELDO | 34.27 |
| 4 | Youssef Ahmed Abd El Whab | 14 | ZOHUR | 34.13 |
| 5 | Abd El Manaam Moh Abd Elnr | 14 | GHABA | 34.06 |
| 6 | Seif Walid Hosny Ahmed | 14 | MAADI | 34.06 |
| 7 | Ayman Yasser Manssour | 14 | TALBE | 34.24 |
| 8 | Mohamed Abd El Kader Abo l | 14 | ZOHUR | 34.49 |
| 9 | Frouk Mohamed Frouk | 14 | ZMALK | 34.76 |
| 10 | Yassin Hussuin Mostafa | 14 | TALBE | 34.94 |

Heat 6 of 16 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Marwan Mohamed Maged | 14 | Cairo | 33.81 |
| 2 | Anas Hany Shehata | 14 | TALBE | 33.71 |
| 3 | Mohamed Tarek Abasy | 14 | Stad Tanta | 33.69 |
| 4 | Abdel Rahman Ahmed Abdel | 14 | SWEIF | 33.62 |
| 5 | Tarek Ahmed Ali | 14 | ZOHUR | 33.51 |
| 6 | ali Ahmed abd el Hafez | 14 | TRSAN | 33.62 |
| 7 | Mahmoud HaSSan Alardy | 14 | SHOOT | 33.66 |
| 8 | Noor Eldin Mohamed Abdelw | 14 | Nasr City | 33.70 |
| 9 | Mazen Ashraf Mohamed Abd | 14 | Bank Ahly Alex | 33.76 |
| 10 | Gaser Mohamed el Shahat | 14 | TRSAN | 33.91 |

Heat 7 of 16 Finals

| | | | | |
|----|-----------------------------|----|-----------|-------|
| 1 | Mohamed Abd EL Hamid EL | 14 | HELOP | 33.42 |
| 2 | Yosif Moh. Fawzi Moh. Kande | 14 | GEZIR | 33.35 |
| 3 | Hazem Ahmed Hasan | 14 | TWFIK | 33.33 |
| 4 | Mohamed Wael Abdala Abdel | 14 | Nasr City | 33.26 |
| 5 | Mostafa Tarek Hassaneen | 14 | Cairo | 33.20 |
| 6 | Hassan Ahmed Hassan | 14 | ZMALK | 33.22 |
| 7 | Ahmed Alaa Mahdy | 14 | AHLY | 33.27 |
| 8 | Loay Amgad el Mongy | 14 | TRSAN | 33.33 |
| 9 | Ahmed Yasser Yehia | 14 | Cairo | 33.40 |
| 10 | Monzer Mahmoud Ahmed | 14 | ZOHUR | 33.47 |

Heat 8 of 16 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Eyad Mohamed Samy | 14 | ZMALK | 33.08 |
| 2 | Karim Ali Mohamed | 14 | GHABA | 33.00 |
| 3 | Karem Ashraf | 14 | GHABA | 32.90 |
| 4 | Yassen ali Yossry | 14 | HELOP | 32.73 |
| 5 | Mohamed Ahmed Mohamed | 14 | TWFIK | 32.63 |
| 6 | Mazn Alsaeid Atya Dawoud | 14 | 6 OCT | 32.65 |
| 7 | Ammar Mohamed el Gnedy | 14 | TRSAN | 32.78 |
| 8 | amr Khaled Mohamed Mahm | 14 | ZMALK | 32.96 |
| 9 | Yosef Mohamed abd Elbaser | 14 | GHABA | 33.07 |
| 10 | Esmail Amro Ebrahim Elbad | 14 | SHOOT | 33.11 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 9 Finals (#208 Boys 14 Year Olds 50 LC Meter Butterfly)

| | | | | |
|----|----------------------------|----|-------|-------|
| 1 | Ali Mohamed Mousa | 14 | TANTA | 32.61 |
| 2 | Ahmed Yhya Zkrya Twfek | 14 | 6 OCT | 32.60 |
| 3 | Mohamed Ahmed Samy Hass | 14 | SHOOT | 32.41 |
| 4 | Moaaz Nasser Eid Abd Allah | 14 | TALBE | 32.39 |
| 5 | Ahmed Mahmoud Araby | 14 | TANTA | 32.37 |
| 6 | Youssef Abdullah Nabil | 14 | ZOHUR | 32.38 |
| 7 | Mohamed AbdEl Rashed Moh | 14 | GHABA | 32.39 |
| 8 | Marwan Mohamed Sabry | 14 | ENPPI | 32.43 |
| 9 | Abdelrahman Medhat Ahmec | 14 | MAY15 | 32.61 |
| 10 | Adam amr Essam | 14 | HELOP | 32.62 |

Heat 10 of 16 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Moustafa Yasser Abd El Latif | 14 | Sporting | 32.34 |
| 2 | Ahmed Mohamed Ahmed Sol | 14 | NASR | 32.24 |
| 3 | Ahmed Mohamed Gmal Eprah | 14 | 6 OCT | 32.22 |
| 4 | Yousof Hesham Anwer | 14 | TANTA | 32.16 |
| 5 | Mohab Tarek Helal Mohamed | 14 | HELDO | 32.03 |
| 6 | Mahmoud Hesham Mahmouc | 14 | Mansheit Naser | 32.14 |
| 7 | Mohamed Waled Ibrahim Sal | 14 | Smouha | 32.21 |
| 8 | Khaled Mhmoud Mostfa Ali | 14 | 6 OCT | 32.24 |
| 9 | Mohaned Zeyad Mohammed | 14 | TALBE | 32.27 |
| 10 | Ahmed Sameh | 14 | GHABA | 32.36 |

Heat 11 of 16 Finals

| | | | | |
|----|---------------------------|----|---------------|-------|
| 1 | Mohamed Salem Essa | 14 | HELOP | 31.95 |
| 2 | Omar Mohamed Mahmoud | 14 | Sporting | 31.92 |
| 3 | Yousef Hisham ali | 14 | TRSAN | 31.81 |
| 4 | Abd EL Malek Ashour | 14 | SHAMS | 31.79 |
| 5 | Ahmed Mohamed Ezzt Alhded | 14 | 6 OCT | 31.78 |
| 6 | Khaled Khaled Mohamed Wa | 14 | SHOOT | 31.79 |
| 7 | Moaaz Mohamed Samer abd | 14 | Stad Mansoura | 31.80 |
| 8 | Mohamed Elssameldin Mahr | 14 | Cairo | 31.86 |
| 9 | Youssef Hazem Abdel Megid | 14 | AHLY | 31.95 |
| 10 | Mohmed Khaled Ookel Abdal | 14 | 6 OCT | 31.96 |

Heat 12 of 16 Finals

| | | | | |
|----|----------------------------|----|---------------|-------|
| 1 | Yousof Mohamed Hafez | 14 | TANTA | 31.54 |
| 2 | omr Mohamed Fathey Yousef | 14 | Stad Mansoura | 31.30 |
| 3 | Abd Elrahman Mohammed Zi | 14 | RWAD | 31.19 |
| 4 | Yehia Mohamed Saad Eldin | 14 | DEGLA | 30.89 |
| 5 | Omar Khaled Khamis | 14 | A S E C | 30.83 |
| 6 | Adham Khaled Kamal | 14 | SHOOT | 30.86 |
| 7 | Mohamed Yehia aly Elshenaw | 14 | Nasr City | 31.15 |
| 8 | Ziyad Walid Nabiil | 14 | Sporting | 31.20 |
| 9 | Adham Monir Mohamed | 14 | MAY15 | 31.46 |
| 10 | Karim amr Mahmoud | 14 | Nasr City | 31.74 |

Heat 13 of 16 Finals

| | | | | |
|----|----------------------------|----|---------------|-------|
| 1 | Mohamed Yasser Mohamed | 14 | ZMALK | 30.78 |
| 2 | Karim Eslam Khaled | 14 | M.ARB | 30.71 |
| 3 | Omar Sameh Mohamed Ham | 14 | AHLY | 30.55 |
| 4 | aly Mohamed aly Elsobky | 14 | DEGLA | 30.40 |
| 5 | Ahmed Amgad Ahmed | 14 | AHLY | 30.21 |
| 6 | Ahmed Mohamed Baranek | 14 | DEGLA | 30.22 |
| 7 | Yossef Magdy el Azhary | 14 | HELOP | 30.47 |
| 8 | Omar Sherif Hamed | 14 | GHABA | 30.59 |
| 9 | Ahmed Hesham Mohsen | 14 | AHLY | 30.74 |
| 10 | Abdel Rahman Ibrahim Hossi | 14 | Canal El Suez | 30.81 |

Heat 14 of 16 Finals

| | | | | |
|----|--------------------------|----|---------------|-------|
| 1 | Yousef Ahmed Shalaby | 14 | TANTA | 30.13 |
| 2 | Omar Ahmed Elebyary | 14 | TANTA | 30.07 |
| 3 | Seif Eldien Islam Shaker | 14 | DEGLA | 29.99 |
| 4 | Ahmed Ayman Mohamed abd | 14 | Stad Mansoura | 29.98 |
| 5 | Yehia Emad eL Toukhy | 14 | Sporting | 29.89 |
| 6 | Yasser Walid Abo Elela | 14 | AHLY | 29.90 |
| 7 | Mohamed Ezat Ali Elgzar | 14 | Smouha | 29.98 |
| 8 | Youssef Alaa Mohamed | 14 | DEGLA | 30.04 |
| 9 | Ahmed Tamer Mostafa Seed | 14 | 6 OCT | 30.08 |
| 10 | Adham Tarik Ali Baiuomy | 14 | Smouha | 30.20 |

Heat 15 of 16 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Fares Husin Atia | 14 | TANTA | 29.67 |
| 2 | Ahmed Adel Eshak | 14 | DEGLA | 29.57 |
| 3 | Tamem Mohamed Tantawy | 14 | Sporting | 29.54 |
| 4 | Omar Khaled Soliman | 14 | NASR | 29.26 |
| 5 | Waleed Samer Mahmoud | 14 | AHLY | 28.90 |
| 6 | Mostafa Mahmoud Mostafa | 14 | SHOOT | 28.95 |
| 7 | Aser Hosam Mohamed Elfhm | 14 | Bank Ahly Alex | 29.27 |
| 8 | Yassin Amr Warda | 14 | Sporting | 29.56 |
| 9 | Yosaf Tamr Mosa | 14 | TAGAM | 29.59 |
| 10 | Yousif Mohamed Soliman Om | 14 | Smouha | 29.83 |

Heat 16 of 16 Finals

| | | | | |
|----|------------------------------|----|----------------|-------|
| 1 | Omar Sherif Galal Eldin Mahr | 14 | MAADI | 28.42 |
| 2 | Mohamed Khaled Mohamed : | 14 | DEGLA | 28.13 |
| 3 | Karim Mohamed El Gharabav | 14 | ZOHUR | 28.05 |
| 4 | Adham Hadee Mohamed Tala | 14 | Bank Ahly Alex | 28.02 |
| 5 | Nadem Kram Mohamed | 14 | HELOP | 27.67 |
| 6 | Ahmed Wael el Mohandes | 14 | HELOP | 27.68 |
| 7 | Esmat Ashraf Esmat Hatata | 14 | Smouha | 28.03 |
| 8 | Khaled Ahmed Mahmoud Gal | 14 | Bank Ahly Alex | 28.09 |
| 9 | Mohnad Khaled Mohamed M: | 14 | SHOOT | 28.26 |
| 10 | Marwan Mostafa Mohamed M | 14 | Smouha | 28.46 |

Event 209 Boys 15 Year Olds 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|---------------------------|----|------------------|-------|
| 1 | Omar Walied Ahmed Badeer | 15 | Nasr City | NT |
| 2 | Mohamed Ibrahim Mohamed | 15 | ELCTR | NT |
| 3 | Ziad Mohammed Samir Elnag | 15 | Raas El Bar Club | NT |
| 4 | Hessin Ahmed Mohamed | 15 | SHARK | 46.23 |
| 5 | Abdallah Hassan Mohamed | 15 | Taleaa El Gish | 43.78 |
| 6 | Mazn Essameldin | 15 | Taleaa El Gish | 44.66 |
| 7 | Mohamed Mohamed Galal | 15 | Raas El Bar Club | NT |
| 8 | Khalid Tahir Mohamed ali | 15 | TWFIK | NT |
| 9 | Abdel Rahman Khaled Adnan | 15 | BNK.G | NT |

Heat 2 of 12 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Ahmed Mahmoud Abdullah | 15 | M.S Tagamoa | 41.34 |
| 2 | Abdelrahman Wessam Mahm | 15 | TWFIK | 39.61 |
| 3 | Hasan Marwan Moh. Motaz N | 15 | GEZIR | 36.12 |
| 4 | Ahmed Al Sayed Mohamed | 15 | Al Shehk Zaeid | 34.53 |
| 5 | Karim Mohamed Mahmoud | 15 | HELDO | 34.15 |
| 6 | Sherif Samy Ahmed | 15 | AHRAM | 34.29 |
| 7 | Adem Mohamed Gamaal Ebr | 15 | Nasr City | 34.56 |
| 8 | Mohamed Tamer Nabil Anww | 15 | Taleaa El Gish | 37.48 |
| 9 | Taha Sief Eldin | 15 | MRAC | 40.02 |
| 10 | Adham Abd Elkhalik | 15 | Al Zaher | 41.54 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 3 Finals (#209 Boys 15 Year Olds 50 LC Meter Butterfly)

| | | | | |
|----|-----------------------------|----|-------|-------|
| 1 | Adham Ahmed Abdel Aziz | 15 | RWAD | 34.07 |
| 2 | Youssef Hisham Kamal | 15 | MRAC | 33.49 |
| 3 | Ahmed Essam Hasan | 15 | M.ARB | 33.14 |
| 4 | Ahmed Walid Hamdy | 15 | AHRAM | 32.96 |
| 5 | Youssef Mohamed Abdallah | 15 | ZOHUR | 32.79 |
| 6 | Seif El Din Mohamed Ahmed | 15 | MAADI | 32.81 |
| 7 | Seif ElDein Ahmed Ebrahim F | 15 | SHAMS | 33.04 |
| 8 | Mohamed Sherif Mostafa Ali | 15 | TWFIK | 33.43 |
| 9 | Karim Ayman Mohamed | 15 | RWAD | 33.97 |
| 10 | Ahmaed Abdeulnaser Mohan | 15 | ROYAL | 34.11 |

Heat 4 of 12 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Yousif Mohamed Zedan | 15 | M.ARB | 32.66 |
| 2 | Amr Hassan Mahmoud | 15 | RWAD | 32.25 |
| 3 | Kirolos Sameh Fawzy Rasla | 15 | Taleaa El Gish | 32.13 |
| 4 | Amar Yasser Mohamed | 15 | ZOHUR | 32.10 |
| 5 | Ahmed Mohamed Amr | 15 | ZOHUR | 32.06 |
| 6 | Ali Tarak Taha | 15 | ENPPI | 32.06 |
| 7 | Abdallah Ahmed Mohamed | 15 | ZOHUR | 32.12 |
| 8 | Mohmed ali abd Elrazek | 15 | Cairo | 32.15 |
| 9 | Braa Ayman Ali | 15 | ZOHUR | 32.62 |
| 10 | Mohamed Sherif Mohamed A | 15 | Nasr City | 32.71 |

Heat 5 of 12 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Mohamed Hassan Mohamed | 15 | MAY15 | 32.00 |
| 2 | Abdel Rahman Mohamed Abc | 15 | Al Shehk Zaeid | 31.95 |
| 3 | Adham Ahmed Mohamed | 15 | GHABA | 31.87 |
| 4 | Moustafa Saad Moustafa Farg | 15 | HELDO | 31.78 |
| 5 | Ead Ahmed Farowk | 15 | Nasr City | 31.61 |
| 6 | Yousef Sherif Fthey | 15 | 6 OCT | 31.71 |
| 7 | Ahmed ` Amr AbdElazim Hab | 15 | Smouha | 31.79 |
| 8 | Amr Haitham Nafea | 15 | Sporting | 31.90 |
| 9 | Omar Mohamed Mahmod Iss | 15 | HLWAN | 31.96 |
| 10 | Youssef Elsayed Aly | 15 | AHLY | 32.01 |

Heat 6 of 12 Finals

| | | | | |
|----|-----------------------------|----|------------------|-------|
| 1 | Ali Hesham Moh. Fekre Shrif | 15 | GEZIR | 31.57 |
| 2 | Yousef Mohamed Wanes | 15 | ENPPI | 31.37 |
| 3 | Yousef Ayman Mohamed Lotf | 15 | SHAMS | 31.21 |
| 4 | Yousef Fawzy abo Shawaly | 15 | Baladyat El Maha | 31.14 |
| 5 | Basel Mohamed abd Alrmar | 15 | Nasr City | 31.03 |
| 6 | Ahmed Waled Farouk | 15 | Al Hawar | 31.09 |
| 7 | Omr Hosamelden Yhya Abdel | 15 | 6 OCT | 31.16 |
| 8 | Hamza Yehia Shafek | 15 | HELOP | 31.24 |
| 9 | Aly Abd El Ghany Aly | 15 | TANTA | 31.37 |
| 10 | Mohamed Salah Mohamed | 15 | Cairo | 31.59 |

Heat 7 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Tarek Ahmed Abd Elwahab | 15 | NASR | 31.01 |
| 2 | Salah Ahmed Nabil Abd ElHa | 15 | SHAMS | 30.93 |
| 3 | Abd Elrahman Hisham Ahme | 15 | M.ARB | 30.76 |
| 4 | Mohamed Emad Mohamed M | 15 | TRSAN | 30.53 |
| 5 | Sief Mohamed Salah | 15 | TANTA | 30.30 |
| 6 | ali Moataz Kamal | 15 | ZMALK | 30.47 |
| 7 | Omar Essam Awad | 15 | ZMALK | 30.72 |
| 8 | Moaz Emad Gamal | 15 | Al Shehk Zaeid | 30.83 |
| 9 | Youssef Ayman Talaat | 15 | AHLY | 30.96 |
| 10 | Karem amr Wafek | 15 | HELOP | 31.02 |

Heat 8 of 12 Finals

| | | | | |
|----|--------------------------------|----|----------------|-------|
| 1 | Seif Ahmed Mohamed | 15 | MAY15 | 30.23 |
| 2 | Zyad Mohamed Adel Moham | 15 | Gezira El Ward | 30.20 |
| 3 | Abdelrhman Mhmoud Mohar | 15 | 6 OCT | 30.02 |
| 4 | Seif El Din Ashraf Abd El Azin | 15 | MAADI | 29.99 |
| 5 | Seif Osama Farok | 15 | GHABA | 29.90 |
| 6 | Abd Elrahman Ahmed Solima | 15 | Sporting | 29.96 |
| 7 | Bahy Mohy Mohamed | 15 | ZMALK | 30.01 |
| 8 | Anas Moustafa Al Sayed Bayo | 15 | HELDO | 30.10 |
| 9 | Ahmed Yaser Samy Borham | 15 | Al Hawar | 30.21 |
| 10 | Mrwan Mohmed Twfik Omra | 15 | 6 OCT | 30.24 |

Heat 9 of 12 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Yusef Ahmed Eprahem Abd E | 15 | SHOOT | 29.88 |
| 2 | Abdelrahman Yasser Hassan | 15 | Cairo | 29.85 |
| 3 | Islam EL Sayed Mabrouk | 15 | SHAMS | 29.68 |
| 4 | Mohamed Ahmed Salem | 15 | GHABA | 29.58 |
| 5 | Abdelrahman Osama Omar | 15 | Cairo | 29.49 |
| 6 | Mohamed Khaled Mohamed , | 15 | ZMALK | 29.54 |
| 7 | Yahiy Osama Amara | 15 | Sporting | 29.59 |
| 8 | Youssef Emad Hanafy Sayed | 15 | HELDO | 29.82 |
| 9 | Zeyad Ayman Fekry | 15 | AHLY | 29.87 |
| 10 | Mostafa Ahmed Mostafa | 15 | SHOOT | 29.89 |

Heat 10 of 12 Finals

| | | | | |
|----|----------------------------|----|---------------|-------|
| 1 | Ahmed Atef Afifi | 15 | M.ARB | 29.45 |
| 2 | Mohamed Ahmed Ramzy Mal | 15 | GHABA | 29.38 |
| 3 | Hamza Hamad | 15 | DEGLA | 29.25 |
| 4 | Mohamed Shref Brakat | 15 | HELOP | 29.19 |
| 5 | Mohamed Ashraf Zein | 15 | Canal El Suez | 29.11 |
| 6 | Nour Eldien Amr Elsaid Moh | 15 | RWAD | 29.12 |
| 7 | Ahmed Hossam Abdallah | 15 | HELOP | 29.21 |
| 8 | Yousif Mohamed Elsaied Ali | 15 | Smouha | 29.33 |
| 9 | Mohmed Eslam Mohamed Rs | 15 | 6 OCT | 29.39 |
| 10 | Adam Samer AbdElghany Mg | 15 | Smouha | 29.46 |

Heat 11 of 12 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Ali Khaled Osama | 15 | DEGLA | 29.05 |
| 2 | Ahmed Khaled Aly El Din | 15 | TANTA | 28.82 |
| 3 | Yahia Ahmed Mohamed Mou | 15 | Smouha | 28.75 |
| 4 | Ibrahim Waleed Ibrahim Hus | 15 | Smouha | 28.70 |
| 5 | Mahmoud Maged Abo el Ela | 15 | DEGLA | 28.50 |
| 6 | Marwan Adel Abdel Muti | 15 | Police Club | 28.67 |
| 7 | Abd Elrahman Mohamed abd | 15 | M.ARB | 28.70 |
| 8 | Eyad Osama Ramadan | 15 | AHLY | 28.79 |
| 9 | Badr Mohamed Badr | 15 | ZMALK | 28.94 |
| 10 | Ali Ehab Abou Al Ezz | 15 | Raas El Bar Club | 29.08 |

Heat 12 of 12 Finals

| | | | | |
|----|--------------------------|----|---------|-------|
| 1 | Abd El Rahman Ahmed Saed | 15 | TANTA | 28.33 |
| 2 | Ahmed Tamer Mohamed | 15 | SHOOT | 28.23 |
| 3 | Moamen Hosam El Din | 15 | TANTA | 27.96 |
| 4 | Ahmed Tarek Mohamed | 15 | SHOOT | 27.61 |
| 5 | Seif Mohamed Mohamed | 15 | DEGLA | 27.21 |
| 6 | Fares Mohamed Farouk | 15 | HELOP | 27.54 |
| 7 | Adam Karim AL Kady | 15 | SHOOT | 27.62 |
| 8 | Youssef Mohamed Barakat | 15 | AHLY | 28.18 |
| 9 | Yousef Amr Mohamed | 15 | A S E C | 28.25 |
| 10 | Omar Mohamed Shehata | 15 | DEGLA | 28.46 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 210 Boys 16 Year Olds 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|------------------|-----------|
| Heat 1 of 9 Finals | | | | |
| 1 | AlHassan Amr Fayed | 16 | Taleaa El Gish | 44.26 |
| 2 | Belal Abd Elwadod Mohamed | 16 | RWAD | 35.15 |
| 3 | Ahmed Sameh Saed Mohame | 16 | Bank Ahly Alex | 33.71 |
| 4 | Omar Ahmed Ibrahim Eldeso | 16 | MAADI | 33.13 |
| 5 | Ali Maher Mahmoud | 16 | GHABA | 32.70 |
| 6 | Hamza Mohamed Darwish | 16 | Misr | 32.70 |
| 7 | Omar Mohamed Zakarya | 16 | TRSAN | 33.18 |
| 8 | Fares Fathy Ahmed | 16 | HELOP | 34.75 |
| 9 | Eslam Mohamed Abdelaal | 16 | Nasr City | 38.14 |
| 10 | Omar Mohamed ALSayed Al A | 16 | Raas El Bar Club | NT |
| Heat 2 of 9 Finals | | | | |
| 1 | Adam Sabah Said Mahmoud | 16 | 6 OCT | 31.84 |
| 2 | Zeiad Hany Hamed Mohamec | 16 | GHABA | 31.66 |
| 3 | Adham Mohamed Rabie Ibral | 16 | MAADI | 31.43 |
| 4 | Abd Alla Mohamed Fathy | 16 | RWAD | 31.33 |
| 5 | Yehya Waled Abdel Shafy | 16 | ZMALK | 31.11 |
| 6 | Kamal Yasser Kamal | 16 | MAY15 | 31.19 |
| 7 | Ahmed Akram Mohamed | 16 | ZOHUR | 31.42 |
| 8 | Nour Mohamed Medhat Kam | 16 | 6 OCT | 31.62 |
| 9 | Omar Hassan Mohmed | 16 | MAY15 | 31.71 |
| 10 | Ebrahim Mohamed Hamed | 16 | TANTA | 31.93 |
| Heat 3 of 9 Finals | | | | |
| 1 | Ziad Shady Mohyeldien Hash | 16 | Taleaa El Gish | 30.87 |
| 2 | Ahmed Ehab Fayz | 16 | RWAD | 30.77 |
| 3 | Hassan Abdelaal Abas | 16 | SHOOT | 30.57 |
| 4 | Omar Tamer Farok Sayed Has | 16 | MAADI | 30.46 |
| 5 | Mahmoud Essam El Din Abde | 16 | ZOHUR | 30.35 |
| 6 | Mohamed Ahmed Hamdy | 16 | Cairo | 30.42 |
| 7 | Ahmed Amr Mohamed | 16 | HELOP | 30.52 |
| 8 | Yehya Waled Shawky Saleh | 16 | ZMALK | 30.77 |
| 9 | Mohamed Akram Zakria Abd | 16 | Cairo | 30.81 |
| 10 | Omar Ahmed abd Elrahman | 16 | ZMALK | 30.91 |
| Heat 4 of 9 Finals | | | | |
| 1 | Eyad Mohamed Abd ElMenea | 16 | TANTA | 30.26 |
| 2 | Mohmod Aly Omran | 16 | TANTA | 30.15 |
| 3 | Ali Ashraf Hussin | 16 | HELOP | 29.96 |
| 4 | Ibrahim Walid Fouad | 16 | Cairo | 29.88 |
| 5 | Mohamed Yaser Mohamed | 16 | GHABA | 29.56 |
| 6 | Youssef Khaled Ramadan | 16 | BNK.G | 29.70 |
| 7 | Ahmed Hesham Mostafa | 16 | SHOOT | 29.95 |
| 8 | Ali Mohamed ali abd el Rahm | 16 | SHAMS | 30.07 |
| 9 | Ahmed Ismail Mohamed Ism: | 16 | MAADI | 30.23 |
| 10 | Omar Mostafa Ismail | 16 | ZMALK | 30.32 |

Heat 5 of 9 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Yousef Ekramy Abdel Fattah | 16 | Gezira El Ward | 29.47 |
| 2 | Ahmed Osama Tawfek | 16 | M.ARB | 29.31 |
| 3 | Yousef Emad Mohamed Al H: | 16 | Gezira El Ward | 29.23 |
| 4 | Mostafa Abou Elabas Youssef | 16 | BNK.G | 29.17 |
| 5 | Omar Yasser Karam | 16 | Cairo | 29.06 |
| 6 | Mohamed Mostafa Ibrahim M | 16 | SHAMS | 29.15 |
| 7 | Mostafa Mohamed Osman | 16 | NASR | 29.22 |
| 8 | Omar Mohamed Saad Ahmed | 16 | SHAMS | 29.25 |
| 9 | Ali Tamer Mohamed | 16 | HELOP | 29.37 |
| 10 | Omar Ahmed El Sherif | 16 | TANTA | 29.50 |

Heat 6 of 9 Finals

| | | | | |
|----|----------------------------|----|--------|-------|
| 1 | Zeyad Wahied Hamdy Tawfik | 16 | SHAMS | 28.99 |
| 2 | Adham Ahmed Hassan | 16 | AHLY | 28.60 |
| 3 | Omar Essameldin Kashef | 16 | AHLY | 28.48 |
| 4 | Adham Hisham Nor | 16 | Smouha | 28.41 |
| 5 | Mostafa Mohamed Mostafa H | 16 | HELDO | 28.31 |
| 6 | Fares Ehab Shabana | 16 | Smouha | 28.39 |
| 7 | abd Rahman Tamer Ismail | 16 | SHOOT | 28.46 |
| 8 | Ali Mohamed Ali Makhoulouf | 16 | ZMALK | 28.60 |
| 9 | Gonathan Ezzat Danyal | 16 | AHLY | 28.74 |
| 10 | Zyad Ahmed Hesen Mahmou | 16 | GHABA | 29.06 |

Heat 7 of 9 Finals

| | | | | |
|----|------------------------------|----|----------|-------|
| 1 | Mohamed Ashraf | 16 | Sporting | 28.21 |
| 2 | Youssef Mohamed Wael Emari | 16 | DEGLA | 28.00 |
| 3 | Hazem Shirif Elsiad AbdElm | 16 | Smouha | 27.92 |
| 4 | Yousef Ebrahim Mohamed | 16 | Sporting | 27.80 |
| 5 | Mohamed Essam Salah | 16 | DEGLA | 27.68 |
| 6 | Selim Hamad | 16 | DEGLA | 27.76 |
| 7 | Yousef Akram Hassan Afefe | 16 | HELOP | 27.90 |
| 8 | Eyad Waleed Shanan | 16 | MAADI | 27.93 |
| 9 | Ahmed Mohssein Abdel Mon: | 16 | HLWAN | 28.19 |
| 10 | Seif El Din Sameh Mostafa Ab | 16 | AHRAM | 28.26 |

Heat 8 of 9 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Seif Tamer Omran | 16 | DEGLA | 27.54 |
| 2 | Kareem Husin Atia | 16 | TANTA | 27.52 |
| 3 | Yassin Emad Abd Elhakim | 16 | Sporting | 27.46 |
| 4 | Marwan Magdy Azzam | 16 | Olympic | 27.34 |
| 5 | Yasen Amro Yasen Abd Elrah | 16 | GEZIR | 27.17 |
| 6 | Saleh Hossam El Din Saleh | 16 | ZOHUR | 27.18 |
| 7 | Amar Hossam Fed El Tranesy | 16 | 6 OCT | 27.42 |
| 8 | Ahmed Osama Mohamed | 16 | Cairo | 27.48 |
| 9 | Basel Mohamed Ahmed | 16 | Elethead | 27.53 |
| 10 | Ahmed Mohamed El Ghandou | 16 | DEGLA | 27.55 |

Heat 9 of 9 Finals

| | | | | |
|----|----------------------------|----|------------------|-------|
| 1 | Eyad Mohamed Nabih | 16 | Smouha | 27.10 |
| 2 | Ziad Esam Elhendy | 16 | Raas El Bar Club | 26.94 |
| 3 | Mohanad Mohamed Wageh | 16 | SHOOT | 26.84 |
| 4 | Youssef Eslam Farouk | 16 | AHLY | 26.72 |
| 5 | Omar Yasser Menis | 16 | Sporting | 26.62 |
| 6 | Yassin Ayman Ali Toulba | 16 | SHOOT | 26.64 |
| 7 | Yasin HossamEldin | 16 | Smouha | 26.81 |
| 8 | Gamal Aymn Gamal abd el M: | 16 | SHAMS | 26.89 |
| 9 | Sohaib Khaled Emam | 16 | AHLY | 26.96 |
| 10 | Ali Mogeib Salah El Din | 16 | TALBE | 27.12 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 211 Girls 14 Year Olds 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------------------|-----|----------------|-----------|
| Heat 1 of 5 Finals | | | | |
| 1 | Rahma Tarek Mahmed Youse | 14 | NASR | 5:47.78 |
| 2 | Nadin Atef Mohamed | 14 | AHLY | 5:33.32 |
| 3 | Shado Abd Elaziz Fayed Moha | 14 | SHAMS | 5:29.90 |
| 4 | Ola Ehab Samier Abd EL Kadi | 14 | SHAMS | 5:27.84 |
| 5 | Jannah Mohamed Farouk | 14 | Sporting | 5:27.60 |
| 6 | Goudy Wael Ahmed Abd EL M | 14 | SHAMS | 5:27.75 |
| 7 | Hana Hisham Mohamed Yous | 14 | Smouha | 5:28.49 |
| 8 | Arwa Magd Elsayed | 14 | AHLY | 5:32.33 |
| 9 | Afrosena Sameh Kamel | 14 | AHRAM | 5:40.70 |
| Heat 2 of 5 Finals | | | | |
| 1 | Lana Yasir Mohamed Gamal | 14 | SHOOT | 5:26.01 |
| 2 | Sama Wael Mohamed EL Had | 14 | SHAMS | 5:25.34 |
| 3 | Berehan Khaled Khalaf | 14 | DEGLA | 5:21.12 |
| 4 | Farida Medhat Samir | 14 | ZOHUR | 5:20.96 |
| 5 | Yassmen Mohamed Nabil | 14 | MAY15 | 5:20.69 |
| 6 | Zahwa Elhoussin Mohamed | 14 | DEGLA | 5:20.92 |
| 7 | Nadeen Hossam Hosny | 14 | DEGLA | 5:21.02 |
| 8 | Malak Mahmud Hassan | 14 | GHABA | 5:23.26 |
| 9 | Nour Mohamed Abd El Hady | 14 | Sporting | 5:25.52 |
| 10 | Aya Ashrf Ahmed Mohamed Al | 14 | 6 OCT | 5:26.65 |
| Heat 3 of 5 Finals | | | | |
| 1 | Mariam Ahmed Mohamed | 14 | AHLY | 5:20.09 |
| 2 | Mayar Abdelazem Ahmed | 14 | M.ARB | 5:17.85 |
| 3 | Gana Mohamed Abdelsamea | 14 | M.ARB | 5:14.20 |
| 4 | Basmalah Gomaa Ali | 14 | Bank Ahly Alex | 5:08.68 |
| 5 | Malak Mohamed Sayed Khalii | 14 | DEGLA | 5:07.94 |
| 6 | Salma Khaled Elsayed | 14 | DEGLA | 5:08.62 |
| 7 | Jana Hassan Abdel Fattah | 14 | DEGLA | 5:10.72 |
| 8 | Fdwa Amer Ahmed Rmdan | 14 | 6 OCT | 5:15.03 |
| 9 | Marim Ahmed Farouk | 14 | AHRAM | 5:18.12 |
| 10 | Mona Mahmoud Abdalla | 14 | AHLY | 5:20.68 |
| Heat 4 of 5 Finals | | | | |
| 1 | Malak Mohamed Mahmoud G | 14 | MAADI | 5:03.23 |
| 2 | Nily Karem | 14 | SHOOT | 5:02.97 |
| 3 | Malak Sameh Abd Elaziz | 14 | GHABA | 5:02.62 |
| 4 | Joudy Ahmed Fouad Shokry | 14 | DEGLA | 5:01.56 |
| 5 | Nour Ahmed aly Elsheshtaw | 14 | Gezira El Ward | 4:56.47 |
| 6 | Lama Tamer Mohamed Ahme | 14 | Smouha | 4:57.80 |
| 7 | Reem Mohamed Ibrahim | 14 | ZMALK | 5:01.88 |
| 8 | Maryem Sobhy abd el Fatah | 14 | TRSAN | 5:02.75 |
| 9 | Farida Amr Mohamed Abd El | 14 | SHOOT | 5:03.02 |
| 10 | Lougin Adel Mohamed | 14 | AHLY | 5:07.65 |
| Heat 5 of 5 Finals | | | | |
| 1 | Basant Ibrahim Mahmud | 14 | Gezira El Ward | 4:53.83 |
| 2 | Yara ali el Koshy | 14 | ZMALK | 4:52.58 |
| 3 | Mena Tarek Aly | 14 | AHLY | 4:50.52 |
| 4 | Kenzi Magdy Elshahat | 14 | Elethead | 4:46.14 |
| 5 | Sara Mohamed Bhaa | 14 | HELOP | 4:42.01 |
| 6 | Malak Mohamed Abbas Moha | 14 | MAADI | 4:42.70 |
| 7 | Malak Ahmed Helmy | 14 | AHLY | 4:47.13 |
| 8 | Habeba Maysara Abdelhamec | 14 | M.ARB | 4:50.57 |
| 9 | Joudy Mohamed Aly | 14 | Sporting | 4:52.67 |
| 10 | Salma Ahmed ali Mostafa | 14 | GHABA | 4:54.69 |

Event 212 Girls 15 Year Olds 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-------------------------------|-----|----------------|-----------|
| Heat 1 of 4 Finals | | | | |
| 1 | Rana Mohamed Tatek | 15 | GHABA | 5:49.52 |
| 2 | Rawan Emad Bayomy | 15 | DEGLA | 5:30.81 |
| 3 | Habeba Maged Mohsen | 15 | HELOP | 5:27.86 |
| 4 | Dareen Amgad Emad | 15 | ZOHUR | 5:25.71 |
| 5 | Merna Adel Elsayed | 15 | AHLY | 5:25.32 |
| 6 | Omnia Mohamed Mostafa | 15 | HLWAN | 5:25.67 |
| 7 | Esraa Ehab Zamel | 15 | ZMALK | 5:26.25 |
| 8 | Malak Ahmed Mohamed | 15 | DEGLA | 5:28.08 |
| 9 | Dina Hesham Mohamed | 15 | ZMALK | 5:41.66 |
| 10 | Malak Amr Hassan Allam | 15 | SHOOT | 6:11.06 |
| Heat 2 of 4 Finals | | | | |
| 1 | Malak Ahmed Zahran | 15 | Al Hawar | 5:17.27 |
| 2 | Habiba Tarek Maher Fawzy | 15 | MAADI | 5:16.02 |
| 3 | Monika Ayman Raaouf Eriyar | 15 | SHAMS | 5:12.59 |
| 4 | Shahd Hany Hussein Darwisf | 15 | SHAMS | 5:10.98 |
| 5 | Farah Tarek Hassan | 15 | HELOP | 5:07.93 |
| 6 | Yasmine Yasser Mamdouh | 15 | SHOOT | 5:08.60 |
| 7 | Jana Mohamed Ahmed | 15 | DEGLA | 5:11.05 |
| 8 | Shahd Ahmed Yehya | 15 | TRSAN | 5:14.18 |
| 9 | Fareda Aly Mohamed Rezk | 15 | TANTA | 5:16.40 |
| 10 | Halaa Samy Yahya | 15 | SHAMS | 5:23.71 |
| Heat 3 of 4 Finals | | | | |
| 1 | Jouana Ahmed Mohamed Hus | 15 | Smouha | 5:06.46 |
| 2 | Alyaa Mhmoud Kmal Hsn | 15 | 6 OCT | 5:05.22 |
| 3 | Jana Mohamed Abdel Fattah | 15 | Canal El Suez | 5:01.80 |
| 4 | Menat Allah Yousry Zakaria | 15 | TANTA | 5:00.02 |
| 5 | Mariam Hesham Mohamed | 15 | AHLY | 4:50.57 |
| 6 | Mariam Ebrahim ElShazly | 15 | Sporting | 4:58.50 |
| 7 | Ziena Ahmed El Sayed | 15 | DEGLA | 5:01.70 |
| 8 | Habiba Hazem Husin | 15 | Bank Ahly Alex | 5:05.10 |
| 9 | Merna Mohamed adb Elhady | 15 | ZMALK | 5:05.43 |
| 10 | Gannat Allah Alaa El Din Ahrr | 15 | ENPPI | 5:07.57 |
| Heat 4 of 4 Finals | | | | |
| 1 | Hana Aly Mahmoud | 15 | AHLY | 4:48.02 |
| 2 | Lialy Tamer Nagm | 15 | Al Hawar | 4:47.69 |
| 3 | Malak Mohamed Abd El Gabe | 15 | Bank Ahly Alex | 4:46.03 |
| 4 | Kanzy Ibrahim Zaid | 15 | Al Hawar | 4:41.23 |
| 5 | Sara Soliman Said | 15 | AHLY | 4:36.98 |
| 6 | Loujin Abd Alla Slah Zkey | 15 | 6 OCT | 4:37.56 |
| 7 | Salma Ahmed Mohamed Ram | 15 | DEGLA | 4:44.87 |
| 8 | Aisha Ahmed Nabil | 15 | AHLY | 4:46.72 |
| 9 | Shahd Sameh Safouat Shaaba | 15 | HELDO | 4:47.83 |
| 10 | Marim Mhmod Elsaid Elshik | 15 | Smouha | 4:49.42 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 213 Girls 16 Year Olds 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 3 Finals

| | | | | |
|----|--------------------------------|----|-------|---------|
| 1 | Yasmein Hesham Mahmoud I | 16 | 6 OCT | 5:27.91 |
| 2 | Habiba Shady Abdel Rahman | 16 | HELDO | 5:25.12 |
| 3 | Kenzy Tamer Farouk | 16 | DEGLA | 5:17.78 |
| 4 | Mariam Essam Mohamed Sa | 16 | SHOOT | 5:06.28 |
| 5 | Souhaila Moahmed Mahmou | 16 | SHOOT | 5:03.94 |
| 6 | Ranheil Moaatatz Ballah Ali Ib | 16 | ZMALK | 5:04.36 |
| 7 | Bsmala Hassan Mohamed | 16 | M.ARB | 5:08.19 |
| 8 | Mariam Mohamed Osama Mc | 16 | SHOOT | 5:19.86 |
| 9 | Kinzy Shref Gabr | 16 | HELOP | 5:26.13 |
| 10 | Zeina Adham Mohamed Ahm | 16 | BNKG | 5:38.70 |

Heat 2 of 3 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Shad Hossam Hantera | 16 | TANTA | 5:00.68 |
| 2 | Gana Emad Gaad Hosny | 16 | SHAMS | 4:56.96 |
| 3 | Hader Waled abd Elfatah | 16 | DEGLA | 4:55.38 |
| 4 | Mayar Hassan Aly EL Sharkav | 16 | SHAMS | 4:55.02 |
| 5 | Lena Ahmed Abdel-Wahab | 16 | AHLY | 4:54.60 |
| 6 | Rodaina Wael Mohamed | 16 | RWAD | 4:54.89 |
| 7 | Yara Mahmoud Abdo Mosa | 16 | Al Hawar | 4:55.22 |
| 8 | Amany Mahmoud Basheir | 16 | Gezira El Ward | 4:56.26 |
| 9 | Sara Hossam Eldin Mahmoud | 16 | AHLY | 5:00.14 |
| 10 | Tasneim Ayman Nashat Moh | 16 | Al Hawar | 5:01.54 |

Heat 3 of 3 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Malak Sherif Shawky El Goha | 16 | MAADI | 4:52.85 |
| 2 | Shad Ahmed Deiaa | 16 | Stad Mansoura | 4:50.46 |
| 3 | Sohaieila Ahmed Hamdy Bauc | 16 | 6 OCT | 4:46.24 |
| 4 | Rawan Mostafa | 16 | DEGLA | 4:43.79 |
| 5 | Salma Hany Mostafa Abdelka | 16 | MAADI | 4:31.66 |
| 6 | Farida Tharwat Maher | 16 | AHLY | 4:33.53 |
| 7 | Nadin Adam Ahmed Foad Mo | 16 | SHAMS | 4:44.08 |
| 8 | Salma Mohamed Ibrahim Has | 16 | SHAMS | 4:50.01 |
| 9 | Salma Alaa Mahdy | 16 | AHLY | 4:50.62 |
| 10 | Youmna Mohamed Mahmoud | 16 | SHAMS | 4:54.12 |

Event 214 Boys 14 Year Olds 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 12 Finals

| | | | | |
|---|----------------------------|----|------------------|----|
| 3 | Salih Samy Hassan abo Ghad | 14 | Raas El Bar Club | NT |
| 4 | Mohamed Ibrahim Desuky | 14 | Canal El Suez | NT |
| 5 | Ebrahim Moataz | 14 | Taleaa El Gish | NT |
| 6 | Amr Mohamed Ibrahim | 14 | ELCTR | NT |
| 7 | Ibrahim Mohamed Ibrahim A | 14 | Raas El Bar Club | NT |

Heat 2 of 12 Finals

| | | | | |
|----|-------------------------------|----|------------------|---------|
| 1 | Salah Mohamed Salah | 14 | MAY15 | 1:41.50 |
| 2 | Yousef Tamer Ramadan Mohy | 14 | TANTA | 1:38.95 |
| 3 | Mohamed Mamdouh Hosny F | 14 | RWAD | 1:34.69 |
| 4 | Ahmed Wesam Badr | 14 | TANTA | 1:34.28 |
| 5 | Omar Sayed M Ibrahim | 14 | NASR | 1:32.34 |
| 6 | Seif Alla Amro Moh. Abd Elfat | 14 | GEZIR | 1:32.44 |
| 7 | Fady Salah Youssef | 14 | ZOHUR | 1:34.29 |
| 8 | Moaz Osama Mohamed Omar | 14 | M.ARB | 1:35.50 |
| 9 | Steven Tamer Soliman | 14 | ZMALK | 1:41.44 |
| 10 | Maher Mohamed Mohamed | 14 | Raas El Bar Club | NT |

Heat 3 of 12 Finals

| | | | | |
|----|-----------------------------|----|----------------|---------|
| 1 | Houseen Mohseen Houseen | 14 | ZMALK | 1:30.21 |
| 2 | Adham Mohammed ali | 14 | TALBE | 1:30.04 |
| 3 | Haytham Hesham Yehia Mou | 14 | HLWAN | 1:29.09 |
| 4 | Ahmed Mohamed Sallah | 14 | Mansheit Naser | 1:28.39 |
| 5 | Mohamed Tarek Fayiz | 14 | HELOP | 1:27.10 |
| 6 | Ziad Khaled Said Ibrahim | 14 | Taleaa El Gish | 1:27.64 |
| 7 | Ziad Alaa Ahmed Fahim | 14 | ZOHUR | 1:28.61 |
| 8 | Abd Alla Karim Ashraf Mahgc | 14 | GEZIR | 1:29.30 |
| 9 | Karim Waleed Abdelfatah | 14 | MRAC | 1:30.09 |
| 10 | Mosaad abd Elrahman abd El | 14 | TRSAN | 1:30.92 |

Heat 4 of 12 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Abdelrahman Hany Hassan | 14 | GHABA | 1:26.69 |
| 2 | Hany Essam Sharkawy | 14 | TRSAN | 1:25.68 |
| 3 | Monzer Mahmoud Ahmed | 14 | ZOHUR | 1:24.77 |
| 4 | Al Sayed Mohamed Al Sayed | 14 | Al Shekh Zaeid | 1:24.35 |
| 5 | Ahmed Magdy Abd Elhakim | 14 | NASR | 1:23.56 |
| 6 | Ali Ibrahim Ahmed | 14 | ZOHUR | 1:23.69 |
| 7 | Ali Mostafa Mohamed | 14 | ZOHUR | 1:24.37 |
| 8 | Yaseen Nabil Mohamed | 14 | ZMALK | 1:25.06 |
| 9 | Omer Mohamed Mahrous | 14 | Taleaa El Gish | 1:25.91 |
| 10 | Yossef Mohamed Abdelzاهر | 14 | Police Club | 1:27.01 |

Heat 5 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mrawan Mahmoud Ahmed | 14 | TALBE | 1:22.84 |
| 2 | Mostafa Mohamed Mostafa F | 14 | SHAMS | 1:22.39 |
| 3 | Ziad Tarek Abdelaziz | 14 | Cairo | 1:21.91 |
| 4 | Adam Ehab Mamdouh | 14 | Taleaa El Gish | 1:21.61 |
| 5 | Fares Sherif Mahmoud Fared | 14 | SHOOT | 1:21.00 |
| 6 | Ahmed Tarek Ahmed | 14 | HLWAN | 1:21.18 |
| 7 | Yossef Moh. Ahmed Ameen | 14 | GEZIR | 1:21.69 |
| 8 | Ali Ahmed Soliman Ali | 14 | RWAD | 1:22.21 |
| 9 | Hassn Hatem Mohamed | 14 | ENPPI | 1:22.61 |
| 10 | Mohamed Hesham Mahmoud | 14 | Mansheit Naser | 1:23.36 |

Heat 6 of 12 Finals

| | | | | |
|----|------------------------------|----|--------|---------|
| 1 | Yossef Moh. Shrif Moh. Elbar | 14 | GEZIR | 1:20.71 |
| 2 | Farok Mohamed Fayk Alshaa | 14 | 6 OCT | 1:20.14 |
| 3 | Abdelrhman Mohamed Zaki | 14 | HLWAN | 1:19.67 |
| 4 | Ali Waled Yossef | 14 | GHABA | 1:19.15 |
| 5 | Mohamed Waled Ibrahim Sal | 14 | Smouha | 1:18.26 |
| 6 | Ahmed Yasir Mostafa | 14 | SHOOT | 1:18.31 |
| 7 | Yehia SeifEL din EL Marghany | 14 | SHAMS | 1:19.25 |
| 8 | Yaser Khaled Mamdouh ali | 14 | TRSAN | 1:20.07 |
| 9 | Mazen Yousry El Ghonimy | 14 | TANTA | 1:20.18 |
| 10 | Hmdi Ahmed Hmdi Byomi | 14 | 6 OCT | 1:20.80 |

Heat 7 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mostafa Mahmoud Yousry | 14 | SHOOT | 1:18.12 |
| 2 | Ahmed Sharif Ahmed Abdalle | 14 | SHOOT | 1:18.07 |
| 3 | Mahmoud Hesham Mahmouc | 14 | Mansheit Naser | 1:17.72 |
| 4 | Yosef Ahmed Sabry | 14 | HELOP | 1:17.38 |
| 5 | abd Elrahman Mohamed Saac | 14 | ZMALK | 1:17.18 |
| 6 | Yousif Shawky Mahros | 14 | SHOOT | 1:17.36 |
| 7 | Ziad Amr Samir | 14 | NASR | 1:17.53 |
| 8 | Mhmoud Mosleh Goda Atya | 14 | 6 OCT | 1:17.73 |
| 9 | Mhmoud Wled Fkri Mhmoud | 14 | 6 OCT | 1:18.11 |
| 10 | Omar Ahmed Magdy Abd AlM | 14 | HELDO | 1:18.19 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 8 Finals (#214 Boys 14 Year Olds 100 LC Meter Backstroke)

| | | | | |
|----|---------------------------|----|----------|---------|
| 1 | Omar Khaled Hasan | 14 | NASR | 1:16.96 |
| 2 | Adham Mhammed Arafa Has | 14 | Al Hawar | 1:16.83 |
| 3 | Ahmed Sameh Abdelkader | 14 | DEGLA | 1:16.73 |
| 4 | Mohamed Ahmed Mohamed | 14 | DEGLA | 1:16.37 |
| 5 | Mohamed Khaled Abdel Maal | 14 | AHLY | 1:16.25 |
| 6 | Ali Samy | 14 | DEGLA | 1:16.25 |
| 7 | Mohmd Ahmed Faruk Abdlhr | 14 | 6 OCT | 1:16.44 |
| 8 | Khaled Khaled Mohamed Wa | 14 | SHOOT | 1:16.74 |
| 9 | AbdElrhman Eslam Essa | 14 | Smouha | 1:16.84 |
| 10 | Abdel Rahman Ahmed Amin | 14 | ENPPI | 1:17.03 |

Heat 9 of 12 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Mohamed Fouad | 14 | ZMALK | 1:16.06 |
| 2 | Kareem Mohamed Fouad Alg | 14 | TWFIK | 1:15.67 |
| 3 | Mohab Tarek Helal Mohamed | 14 | HELDO | 1:15.40 |
| 4 | Basel Amir Ali Hosney | 14 | 6 OCT | 1:14.96 |
| 5 | Karim Mohamed Mahmood | 14 | TANTA | 1:14.21 |
| 6 | Moustafa Yasser Abd El Latif | 14 | Sporting | 1:14.40 |
| 7 | Mazen Ashraf Mohamed Abd | 14 | Bank Ahly Alex | 1:15.24 |
| 8 | Karim Ahmed Maged | 14 | ZMALK | 1:15.42 |
| 9 | Abdalla Mostafa Ahmed | 14 | AHLY | 1:15.75 |
| 10 | Abd El Monaem Mahmoud Al | 14 | ZOHUR | 1:16.17 |

Heat 10 of 12 Finals

| | | | | |
|----|--------------------------|----|----------|---------|
| 1 | Yehia Mohamed Saad Eldin | 14 | DEGLA | 1:14.01 |
| 2 | Ahmed Mohamed Gmal Eprah | 14 | 6 OCT | 1:13.72 |
| 3 | Karem Ashraf | 14 | GHABA | 1:13.17 |
| 4 | Mahmoud Emad Abd Elmogh | 14 | ZOHUR | 1:12.67 |
| 5 | Ahmed Hattem Ahmed | 14 | DEGLA | 1:12.30 |
| 6 | Ahmed Yaser Mohamed | 14 | M.ARB | 1:12.44 |
| 7 | Hossien Mohammed Hossien | 14 | TALBE | 1:12.70 |
| 8 | Mohamed Hassan Mohamed | 14 | HLWAN | 1:13.26 |
| 9 | Ahmed Emad Ahmed | 14 | AHLY | 1:13.92 |
| 10 | Yehia Emad eL Toukhy | 14 | Sporting | 1:14.13 |

Heat 11 of 12 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mohamed Maged Mahmoud | 14 | Olympic | 1:12.04 |
| 2 | Mohamed Ahmed Maher | 14 | AHLY | 1:11.08 |
| 3 | Mohamed Ahmed Ellethy | 14 | TANTA | 1:10.84 |
| 4 | Aser Hosam Mohamed Elfhm | 14 | Bank Ahly Alex | 1:10.43 |
| 5 | Adham Mohamed Elarby | 14 | Smouha | 1:09.55 |
| 6 | Mohamed Ramy Mohamed | 14 | AHLY | 1:10.03 |
| 7 | Abdel Rahman Khaled Zakari | 14 | AHLY | 1:10.48 |
| 8 | Abd El Rahman Mohamed Ali | 14 | SHOOT | 1:10.94 |
| 9 | Yassin Amr Warda | 14 | Sporting | 1:11.54 |
| 10 | Seif Ahmed Nasr | 14 | TRSAN | 1:12.05 |

Heat 12 of 12 Finals

| | | | | |
|----|---------------------------|----|------------------|---------|
| 1 | Omar Ehab Ahmed Ghoraba | 14 | A S E C | 1:08.78 |
| 2 | Moamen Khalid Mohamed | 14 | ZMALK | 1:08.43 |
| 3 | Ahmed Wael el Mohandes | 14 | HELOP | 1:07.24 |
| 4 | Mohamed Yaser Omar | 14 | Raas El Bar Club | 1:05.87 |
| 5 | Mohamed Hany Elsayed | 14 | AHLY | 1:02.76 |
| 6 | Khaled Ahmed Mahmoud Gal | 14 | Bank Ahly Alex | 1:05.11 |
| 7 | Ahmed Hazem Akram | 14 | DEGLA | 1:06.53 |
| 8 | Mohamed Taha Abd El Raouf | 14 | DEGLA | 1:08.27 |
| 9 | Malek amr Mahdy | 14 | Cairo | 1:08.78 |
| 10 | Tamem Mohamed Tantawy | 14 | Sporting | 1:09.14 |

Event 215 Boys 15 Year Olds 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 8 Finals

| | | | | |
|---|----------------------------|----|-------|---------|
| 4 | Yasen Abdelaziz Mohsen Abe | 15 | 6 OCT | NT |
| 5 | abd Alaa Mohamed Salah | 15 | ZMALK | 1:22.55 |
| 6 | Blal Mohmed Abd Elhamed | 15 | NASR | 1:25.59 |

Heat 2 of 8 Finals

| | | | | |
|---|-----------------------------|----|----------------|---------|
| 1 | Hussein Ashraf Moustafa Kan | 15 | HELDO | 1:22.14 |
| 2 | Somow Eldeen Mohamed Esr | 15 | ZOHUR | 1:21.23 |
| 3 | Mohab Mohamed Salah Hosn | 15 | HLWAN | 1:20.45 |
| 4 | Mazn Haythim Ezzat | 15 | Taleaa El Gish | 1:19.60 |
| 5 | Yousef Mohamed Hashem | 15 | MAY15 | 1:19.08 |
| 6 | Aly Osama Samer Eldhshan | 15 | GEZIR | 1:19.19 |
| 7 | Omar Nashet Emam | 15 | TAGAM | 1:20.23 |
| 8 | Ziad Wael Mohamed | 15 | ZMALK | 1:21.22 |
| 9 | Bassem amr Ahmed | 15 | BNKG | 1:21.57 |

Heat 3 of 8 Finals

| | | | | |
|----|--------------------------------|----|----------|---------|
| 1 | Tuka Ahmed Apu Elolla | 15 | SHOOT | 1:18.13 |
| 2 | Adham Ramy Yazed | 15 | HELOP | 1:16.58 |
| 3 | Amr Mohamed Helmy Ibrahim | 15 | HELDO | 1:16.47 |
| 4 | Seif El Din Ashraf Abd El Azin | 15 | MAADI | 1:14.91 |
| 5 | Mohamed Ahmed Farghly | 15 | GHABA | 1:14.69 |
| 6 | Omar Ahmed Hussien | 15 | Cairo | 1:14.80 |
| 7 | ali Hany el Samra | 15 | HELOP | 1:15.03 |
| 8 | Amr Haitham Nafea | 15 | Sporting | 1:16.54 |
| 9 | Mostafa Mohamed gad | 15 | HLWAN | 1:17.37 |
| 10 | Ramez Mohamed Mahmoud | 15 | TALBE | 1:18.17 |

Heat 4 of 8 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Youssef Hassan Salah | 15 | Cairo | 1:14.06 |
| 2 | Omar Alaa Eldin Wahba | 15 | SHAMS | 1:13.53 |
| 3 | Mohamed Ashraf A bd Elazee | 15 | GHABA | 1:12.73 |
| 4 | Ziad Abdel Ghany Osman | 15 | RWAD | 1:11.79 |
| 5 | Nour El Din Ahmed Salah Mo | 15 | MAADI | 1:11.59 |
| 6 | Saad ElDen Saeed Saad | 15 | Sporting | 1:11.72 |
| 7 | Mohamed Ahmed Galal | 15 | ZOHUR | 1:12.51 |
| 8 | Mostafa Walid Mostafa AlSwæ | 15 | TANTA | 1:12.82 |
| 9 | Ahmed Gamal Mostafa | 15 | TALBE | 1:13.92 |
| 10 | Madih Mohamed Sobhi | 15 | TWFIK | 1:14.45 |

Heat 5 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Ahmed Hassan Alwan | 15 | ZMALK | 1:11.28 |
| 2 | Mahmoud Mohamed Shams I | 15 | SHOOT | 1:11.03 |
| 3 | Youssef Elsayed Aly | 15 | AHLY | 1:10.97 |
| 4 | Ahmed Ihab Ali | 15 | DEGLA | 1:10.24 |
| 5 | Almotz Bellah Housen Mohar | 15 | 6 OCT | 1:09.85 |
| 6 | Mohamed Ahm. Aly Moh. Der | 15 | GEZIR | 1:10.21 |
| 7 | Walid Salah Abdallah Khali | 15 | RWAD | 1:10.39 |
| 8 | Mohamed Ahmed Salem | 15 | GHABA | 1:11.03 |
| 9 | Yosef Shereef Yosef Oweda | 15 | Gezira El Ward | 1:11.23 |
| 10 | Omar Mostafa Hafez Mostafa | 15 | Al Hawar | 1:11.37 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 6 Finals (#215 Boys 15 Year Olds 100 LC Meter Backstroke)

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Yousif Wael Hamed Elsaid | 15 | Smouha | 1:09.62 |
| 2 | Amar Yasser Mohamed | 15 | ZOHUR | 1:09.29 |
| 3 | Mohamed Ahmed Mohamed | 15 | Smouha | 1:09.10 |
| 4 | Yousif Mohamed Elsaied Ali | 15 | Smouha | 1:08.79 |
| 5 | Aly Hesham Alkabany | 15 | AHLY | 1:08.61 |
| 6 | Mohaned Alaa Mahmud Ali | 15 | Smouha | 1:08.78 |
| 7 | Yassin ali Mohamed Fayez Sa | 15 | DEGLA | 1:09.05 |
| 8 | Aser Mohamed Mosaad | 15 | AHLY | 1:09.25 |
| 9 | Sief Mohamed Mahmohd | 15 | Baladyat El Maha | 1:09.35 |
| 10 | Mohmed Gmal Abdelnaser At | 15 | 6 OCT | 1:09.66 |

Heat 7 of 8 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Nour Eldin Ahmed Rady | 15 | AHLY | 1:08.36 |
| 2 | Yossif Mohamed Ahmed Sadk | 15 | Sporting | 1:07.94 |
| 3 | Yousof Hazem Shebl Saleh | 15 | TANTA | 1:07.91 |
| 4 | Ali Khaled Osama | 15 | DEGLA | 1:06.91 |
| 5 | amr Tarek Alsaid Alaraby | 15 | Nasr City | 1:06.58 |
| 6 | Seif ElDein Ahmed Ebrahim F | 15 | SHAMS | 1:06.82 |
| 7 | Mahmoud Shehab Ahmed Mc | 15 | Bank Ahly Alex | 1:07.66 |
| 8 | Yossif Serag Mahmoud Hassii | 15 | Nasr City | 1:07.93 |
| 9 | Omar Ahmed Hegazy | 15 | TANTA | 1:07.98 |
| 10 | Youssef Dieya ElSayed Elkiki | 15 | SHAMS | 1:08.59 |

Heat 8 of 8 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Adham Mohamed Magdy Mal | 15 | MAADI | 1:06.18 |
| 2 | Mostafa Magdy Nabil | 15 | AHLY | 1:06.03 |
| 3 | Omar Hany Mohamed Galal | 15 | Gezira El Ward | 1:05.74 |
| 4 | Ahmed Awny Glal Aly | 15 | 6 OCT | 1:04.28 |
| 5 | Ahmed Hamdy Al Shaik | 15 | SHOOT | 1:02.75 |
| 6 | Marawan Ahmed Abdel Moez | 15 | DEGLA | 1:03.09 |
| 7 | Omer Badr Kamel | 15 | SHOOT | 1:04.55 |
| 8 | Yasin Alaa Ibrahim Elbieh | 15 | Smouha | 1:05.92 |
| 9 | Yousef Mohamed Abdel Halin | 15 | DEGLA | 1:06.04 |
| 10 | Ahmed Tamer Mohamed | 15 | SHOOT | 1:06.43 |

Event 216 Boys 16 Year Olds 100 LC Meter Backstroke

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------------|-----|-------|-----------|
| Heat 1 of 7 Finals | | | | |
| 4 | Khaled Reda Abdel Aziem | 16 | ELCTR | NT |
| 5 | Hussin Hamdy Mohamed | 16 | HLWAN | 1:23.35 |
| 6 | Mohamed Ahmed Mahmoud | 16 | HELOP | 1:28.37 |
| Heat 2 of 7 Finals | | | | |
| 1 | Omar Mohamed Gamal El Kh | 16 | TANTA | 1:19.84 |
| 2 | Abdel Rahman Amr Mounir | 16 | MAADI | 1:17.33 |
| 3 | Ahmed Allaa Said Ali | 16 | 6 OCT | 1:17.29 |
| 4 | Yosif Ahmed Saeed Daher | 16 | NASR | 1:16.83 |
| 5 | Moemen Kazafy Shehata Bak | 16 | MRAC | 1:16.39 |
| 6 | Marwan Ahmed Abdalaty | 16 | MAY15 | 1:16.81 |
| 7 | Omar Ahmed Ibrahim Eldeso | 16 | MAADI | 1:16.88 |
| 8 | Ahmed Mohamed Ahmed Fat | 16 | SHOOT | 1:17.31 |
| 9 | Mohamed Hisham Fouad | 16 | NASR | 1:19.69 |

Heat 3 of 7 Finals

| | | | | |
|----|---------------------------|----|-------|---------|
| 1 | Ahmed Hesham Mostafa | 16 | SHOOT | 1:16.00 |
| 2 | Yousef Mohamed Hamed | 16 | AHRAM | 1:14.59 |
| 3 | Ahmed Mohamed Mostafa | 16 | TANTA | 1:13.68 |
| 4 | Omar Ahmed El Sherif | 16 | TANTA | 1:12.59 |
| 5 | Ahmed Mahmoud Abd Elazec | 16 | RWAD | 1:12.27 |
| 6 | Yehya Waled Abdel Shafy | 16 | ZMALK | 1:12.28 |
| 7 | Yousef Yaser Abdel Kader | 16 | ZMALK | 1:13.33 |
| 8 | Mohamed Hossam Ali | 16 | ZMALK | 1:14.43 |
| 9 | Ebrahim Mohamed Hamed | 16 | TANTA | 1:15.09 |
| 10 | Faris Mohamed Abdel Kader | 16 | GHABA | 1:16.33 |

Heat 4 of 7 Finals

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Abdalla Mohamed Abdel Mor | 16 | ENPPI | 1:11.60 |
| 2 | Karim Osama Khalifa | 16 | DEGLA | 1:11.43 |
| 3 | Omar Mohamed Farouk Al Sl | 16 | SHOOT | 1:10.53 |
| 4 | Fo`ad Haitham | 16 | Smouha | 1:10.14 |
| 5 | Ahmed Hessian Abbas | 16 | Cairo | 1:09.55 |
| 6 | Ali Mohamed Refaat Abdel R | 16 | HELDO | 1:10.06 |
| 7 | Mohamed Ashraf | 16 | Sporting | 1:10.34 |
| 8 | Omar Mohamed Abdelbaaqy | 16 | GHABA | 1:11.36 |
| 9 | Locman Mostafa Abdel Sabou | 16 | TALBE | 1:11.60 |
| 10 | Karim Hassan Ahmed | 16 | DEGLA | 1:11.66 |

Heat 5 of 7 Finals

| | | | | |
|----|--------------------------|----|-------------|---------|
| 1 | Khaled Ahmed Farouk Ramd | 16 | Cairo | 1:09.36 |
| 2 | Mohamed Tamer Mohamed Z | 16 | Smouha | 1:09.06 |
| 3 | Ali Ahmed Dawood | 16 | AHLY | 1:08.55 |
| 4 | Mohamed Maged Abdel Aziz | 16 | DEGLA | 1:08.05 |
| 5 | Fahd Mohamed aly | 16 | Olympic | 1:07.81 |
| 6 | Abdulrahman Mohamed Mah | 16 | Police Club | 1:07.83 |
| 7 | Yahia Abd el Aaty Said | 16 | DEGLA | 1:08.53 |
| 8 | Ibrahim Mostafa Talaat | 16 | Smouha | 1:08.86 |
| 9 | Zeyad Bassam Hussein | 16 | AHLY | 1:09.34 |
| 10 | Abdel Rahman Matarawy | 16 | GHABA | 1:09.36 |

Heat 6 of 7 Finals

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Amr Medhat Bader | 16 | Smouha | 1:07.69 |
| 2 | Omar Ahmed El Faitory | 16 | Sporting | 1:07.37 |
| 3 | Zyad Waael Abass Bhr | 16 | 6 OCT | 1:06.88 |
| 4 | Karim Adel Ahmed Bahgat | 16 | ZOHUR | 1:05.90 |
| 5 | Ahmed Mohamed Abdel-Fatt | 16 | AHLY | 1:04.86 |
| 6 | Omar Sherif Sayed | 16 | ZMALK | 1:05.20 |
| 7 | Hussein Walid Adel | 16 | AHLY | 1:06.32 |
| 8 | Kareem Husin Atia | 16 | TANTA | 1:07.36 |
| 9 | Zeyad Wahied Hamdy Tawfik | 16 | SHAMS | 1:07.51 |
| 10 | Yahia Mohamed Abdelaal Ebr | 16 | Nasr City | 1:07.70 |

Heat 7 of 7 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Mohamed Mostafa Ibrahim M | 16 | SHAMS | 1:04.14 |
| 2 | Keirlis Gamal Sophy | 16 | GHABA | 1:03.94 |
| 3 | Yousif Ashraf Madkour | 16 | Smouha | 1:03.53 |
| 4 | Mohamed Ahmed Abdel Hak | 16 | SHOOT | 1:02.66 |
| 5 | Saied Mohamed Abd Elgawac | 16 | Sporting | 1:01.51 |
| 6 | Waled Mohamed Sophy | 16 | Stad Mansoura | 1:01.51 |
| 7 | Yasen Amro Yasen Abd Elrah | 16 | GEZIR | 1:02.89 |
| 8 | Omar Mohamed Atef | 16 | AHLY | 1:03.65 |
| 9 | Zyad Magdi abd el Khalaa | 16 | ZMALK | 1:03.98 |
| 10 | Yosif Ahmed Abdel Mohssin | 16 | DEGLA | 1:04.60 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Event 217 Boys 14 Year Olds 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 9 Finals

| | | | | |
|---|------------------------------|----|---------------|---------|
| 3 | Amr Mohamed Ibrahim | 14 | ELCTR | NT |
| 4 | Yassen Moh. Shrif Moh. Elbar | 14 | GEZIR | 5:24.53 |
| 5 | Moaz Nasser Eid Abd Allah | 14 | TALBE | 5:17.32 |
| 6 | Mohamed Tarek Fayiz | 14 | HELOP | 5:19.49 |
| 7 | Mohamed Tamer Fahmy | 14 | Canal El Suez | NT |
| 8 | Houssein Salem Sayed | 14 | Canal El Suez | NT |

Heat 2 of 9 Finals

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Yosef Ahmed Sabry | 14 | HELOP | 5:15.00 |
| 2 | Mohamed AbdEl Rashed Moh | 14 | GHABA | 5:12.98 |
| 3 | Karim Osama Abu Zaid | 14 | TANTA | 5:09.66 |
| 4 | Omar Shrif Moustafa | 14 | ZMALK | 5:07.26 |
| 5 | Adam Ehab Mamdouh | 14 | Taleaa El Gish | 5:05.06 |
| 6 | Mohamed Fouad | 14 | ZMALK | 5:06.54 |
| 7 | Omar Mohamed Mohamed Kl | 14 | M.ARB | 5:08.11 |
| 8 | Adham Hisham Mahmoud | 14 | Cairo | 5:10.06 |
| 9 | Mahmoud Emad Abd Elmogh | 14 | ZOHUR | 5:12.98 |
| 10 | Youssef Walid Mahmoud Ahn | 14 | Taleaa El Gish | 5:15.20 |

Heat 3 of 9 Finals

| | | | | |
|----|--------------------------|----|---------------|---------|
| 1 | Saif Esam Abd Elmenem | 14 | NASR | 5:04.38 |
| 2 | Marawan Bader Eldin Radi | 14 | SHAMS | 5:02.76 |
| 3 | Mostafa Tarek Hassaneen | 14 | Cairo | 5:02.43 |
| 4 | Ahmed Shady Abd ElRahman | 14 | HELDO | 4:59.83 |
| 5 | Yousif Shawky Mahros | 14 | SHOOT | 4:59.43 |
| 6 | Ahmed Tarek Mohamed Abd | 14 | M.ARB | 4:59.48 |
| 7 | Hassan Hossam Hassan Kam | 14 | SHAMS | 5:01.58 |
| 8 | Moaz Ahmed Ismail | 14 | Canal El Suez | 5:02.46 |
| 9 | Omar Ahmed Magdy Abd AlM | 14 | HELDO | 5:02.91 |
| 10 | Mazen Yousry El Ghonimy | 14 | TANTA | 5:04.59 |

Heat 4 of 9 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Mhmoud Wled Fkri Mhmoud | 14 | 6 OCT | 4:58.15 |
| 2 | Mohamed Maged Mahmoud | 14 | Olympic | 4:57.69 |
| 3 | Ahmed Mohamed Al Sayed | 14 | Canal El Suez | 4:57.43 |
| 4 | Adham Moh. Galal ElDin ElSa | 14 | GEZIR | 4:55.48 |
| 5 | Abdel Rahman Ahmed Amin | 14 | ENPPI | 4:54.36 |
| 6 | Mostafa Tamer Mamdouh | 14 | Baladyat El Maha | 4:55.26 |
| 7 | Abd El Rahman Mohamed Fa | 14 | SHOOT | 4:56.68 |
| 8 | Mohamed Yasser Mohmoud | 14 | ZMALK | 4:57.61 |
| 9 | Ahmed Mohmed Ezzt Alhded | 14 | 6 OCT | 4:57.84 |
| 10 | Mohamed Housam Eldin | 14 | ZMALK | 4:58.16 |

Heat 5 of 9 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Fathey Ahmed Fathey abd el | 14 | Stad Mansoura | 4:52.47 |
| 2 | Yousif Ayman Mohamed Elgw | 14 | Smouha | 4:51.88 |
| 3 | Mohammed Abdel Monem M | 14 | RWAD | 4:51.46 |
| 4 | Moaz Mohamed Samer abd | 14 | Stad Mansoura | 4:49.78 |
| 5 | Karim amr Abd el Monem | 14 | DEGLA | 4:49.08 |
| 6 | Yasin Mahmoud Mostafa | 14 | SHOOT | 4:49.48 |
| 7 | Eazz El Din Mohamed Khami | 14 | Sporting | 4:50.13 |
| 8 | Yosef Mohamed abd Elbaser | 14 | GHABA | 4:51.66 |
| 9 | Ahmed Yaser Mohamed | 14 | M.ARB | 4:51.92 |
| 10 | Mohamed Ali Mohamed Ali | 14 | DEGLA | 4:53.65 |

Heat 6 of 9 Finals

| | | | | |
|----|-----------------------------|----|---------------|---------|
| 1 | Omar Tarek Omar el Koly | 14 | Al Hawar | 4:47.99 |
| 2 | Omar Wael Galal | 14 | Police Club | 4:46.69 |
| 3 | Ahmed Ayman Mohamed abd | 14 | Stad Mansoura | 4:45.15 |
| 4 | Mohamed Tarek Seiam | 14 | HELOP | 4:44.50 |
| 5 | Aly Shref Aly Mohamed | 14 | SHOOT | 4:43.68 |
| 6 | Marawan Ayman Abd El Hafiz | 14 | SHOOT | 4:44.20 |
| 7 | Salah Eldin Mohamed Salahel | 14 | Cairo | 4:45.04 |
| 8 | Omar Ibrahim Elshahat Eln | 14 | Smouha | 4:46.31 |
| 9 | Ahmed Mahmoud Fouad Mah | 14 | DEGLA | 4:47.53 |
| 10 | Basel Amir Ali Hosney | 14 | 6 OCT | 4:48.73 |

Heat 7 of 9 Finals

| | | | | |
|----|-----------------------------|----|-----------|---------|
| 1 | Yasin Housam Fyd Altranesy | 14 | 6 OCT | 4:41.90 |
| 2 | Ahmed Emad Samir Hassan | 14 | HELDO | 4:41.39 |
| 3 | Amr Khaled Mohamed Abdel | 14 | DEGLA | 4:40.63 |
| 4 | Karim Wael Abdala Abdelgeli | 14 | Nasr City | 4:38.97 |
| 5 | Seif Walaa Antar | 14 | DEGLA | 4:38.10 |
| 6 | Omar Gaber Aly | 14 | AHLY | 4:38.17 |
| 7 | Ali Khaled Ali | 14 | SHOOT | 4:39.39 |
| 8 | Yousf Mohmed Mdht Mohme | 14 | 6 OCT | 4:41.13 |
| 9 | Abd ElRahman Mohamed Ain | 14 | SHOOT | 4:41.74 |
| 10 | Ahmed Beshher Mostafa Moha | 14 | 6 OCT | 4:42.13 |

Heat 8 of 9 Finals

| | | | | |
|----|--------------------------|----|------------------|---------|
| 1 | Mohamed Mashhour Yehia | 14 | AHLY | 4:37.82 |
| 2 | Sife Mohamwd Saber | 14 | ZMALK | 4:37.36 |
| 3 | Mohamed Tarek Rashad Abd | 14 | SHAMS | 4:37.03 |
| 4 | Eyad Ahmed Zakaria | 14 | AHLY | 4:36.61 |
| 5 | Mohamed Ahmed Fouad | 14 | AHLY | 4:35.51 |
| 6 | Ahmed Amr Abdel Azzim | 14 | AHLY | 4:35.94 |
| 7 | Marwan Mohamed Abdallah | 14 | DEGLA | 4:36.70 |
| 8 | Adham Ayman Monir Hashen | 14 | TRSAN | 4:37.09 |
| 9 | Ahmed Tamer Mostafa Seed | 14 | 6 OCT | 4:37.55 |
| 10 | Mohamed Elsaied El Eraqy | 14 | Baladyat El Maha | 4:37.90 |

Heat 9 of 9 Finals

| | | | | |
|----|----------------------------|----|---------------|---------|
| 1 | Ahmed Mohamed Moharam | 14 | Mansoura | 4:35.08 |
| 2 | ali Mohamed Sarwat | 14 | HELOP | 4:33.61 |
| 3 | Ahmed Ayman Ali Mohamed | 14 | SHAMS | 4:29.27 |
| 4 | Mohamed Elsaied Ibrahem Ba | 14 | Stad Mansoura | 4:26.90 |
| 5 | Ziad Ehab Tawfek | 14 | DEGLA | 4:23.35 |
| 6 | Seif Eldin Ahmed Mohamed | 14 | AHLY | 4:24.20 |
| 7 | Yousif Ahmed Ragab Elshame | 14 | Smouha | 4:28.76 |
| 8 | Omar Ahmed Hassan Ryaan | 14 | SHAMS | 4:32.60 |
| 9 | Marawan Emad Hamed | 14 | AHLY | 4:35.07 |
| 10 | Omar Mohsen Ramdan AbdEl | 14 | Smouha | 4:35.32 |

Event 218 Boys 15 Year Olds 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|-----------------------------|----|---------------|---------|
| 2 | Yosef Ismail Atef | 15 | Canal El Suez | NT |
| 3 | Ibrahim Sherif Ibrahim Mahn | 15 | MAADI | 5:14.77 |
| 4 | Ez Elden Tamer | 15 | GHABA | 5:08.38 |
| 5 | Mohamed Ahmed Ramzy Mal | 15 | GHABA | 5:03.55 |
| 6 | Esmail Shref Adel | 15 | HELOP | 5:04.28 |
| 7 | Abd El Rahman Yaser Abas M | 15 | MAADI | 5:11.37 |
| 8 | Adham Alaa El Dien Shaaban | 15 | ZOHUR | 5:17.09 |
| 9 | Omar Walied Ahmed Badeer | 15 | Nasr City | NT |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#218 Boys 15 Year Olds 400 LC Meter Freestyle)

| | | | | |
|----|----------------------------|----|----------|---------|
| 1 | Mohamed Ahm. Aly Moh. Der | 15 | GEZIR | 4:58.15 |
| 2 | Marwan Mohamed Elsayed | 15 | NASR | 4:55.56 |
| 3 | Youssef Hassan Salah | 15 | Cairo | 4:54.69 |
| 4 | Abdelrahman Ased Mohamec | 15 | DEGLA | 4:52.23 |
| 5 | Yousef Ahmed Abdel Monem | 15 | 6 OCT | 4:51.78 |
| 6 | Zeyad Mohamed Abdel Fatah | 15 | Al Hawar | 4:51.94 |
| 7 | Amr Mohamed Saad Bayomy | 15 | Al Hawar | 4:53.52 |
| 8 | Ahmed Akram Hamdy Mohar | 15 | NASR | 4:55.13 |
| 9 | Omar Mostafa Hafez Mostafa | 15 | Al Hawar | 4:56.63 |
| 10 | Mohamed Sherif Mostafa Ali | 15 | TWFIK | 5:01.67 |

Heat 3 of 6 Finals

| | | | | |
|----|-----------------------------|----|------------------|---------|
| 1 | Youssef Ahmed Taha | 15 | ZMALK | 4:50.63 |
| 2 | Ibrahim Yaser Abdel Monaeir | 15 | Raas El Bar Club | 4:49.19 |
| 3 | Adham Gihad Abd Elmonaim | 15 | SHOOT | 4:48.68 |
| 4 | Nour Maged Mohamed | 15 | SHOOT | 4:46.74 |
| 5 | Yousry Mohamed Yousry Zak | 15 | TANTA | 4:42.74 |
| 6 | Abdelmalek Ahmed Khalifa | 15 | DEGLA | 4:44.64 |
| 7 | Adel Amr Adel | 15 | Sporting | 4:48.37 |
| 8 | Omar Essam Awad | 15 | ZMALK | 4:48.96 |
| 9 | Seif Amr Samir Abd ElSamad | 15 | SHAMS | 4:49.30 |
| 10 | Abd Elrahman amr abd Elkh | 15 | M.ARB | 4:51.35 |

Heat 4 of 6 Finals

| | | | | |
|----|----------------------------|----|----------------|---------|
| 1 | Mina Yousif Moris Mikhaee | 15 | Smouha | 4:42.46 |
| 2 | Omar Moamed Lotfy Abdo Yo | 15 | Al Hawar | 4:40.47 |
| 3 | Mahmoud Hesham El Ansary | 15 | DEGLA | 4:39.98 |
| 4 | Nour El Din Ahmed Salah Mo | 15 | MAADI | 4:39.79 |
| 5 | Mahmoud Mohamed Shams I | 15 | SHOOT | 4:36.73 |
| 6 | Ismael Ahmed Refaat | 15 | Sporting | 4:39.39 |
| 7 | Saad ElDen Saeed Saad | 15 | Sporting | 4:39.84 |
| 8 | Ahmed Mohammed Hamdy S | 15 | Al Hawar | 4:40.39 |
| 9 | Mahmoud Shehab Ahmed Mc | 15 | Bank Ahly Alex | 4:42.25 |
| 10 | Mohamed Emad El Din | 15 | TANTA | 4:42.60 |

Heat 5 of 6 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Yosef Shereef Yosef Oweda | 15 | Gezira El Ward | 4:36.32 |
| 2 | Ahmed Hazem Mohamed Apt | 15 | 6 OCT | 4:35.03 |
| 3 | Ahmed Taher Allam | 15 | Stad Mansoura | 4:32.96 |
| 4 | Mohamed Mostafa Mohamed | 15 | DEGLA | 4:32.08 |
| 5 | Yassin Esam El Din | 15 | Sporting | 4:30.09 |
| 6 | abd Elrahman Tarek Mohame | 15 | Stad Mansoura | 4:30.47 |
| 7 | Mounir Ramez Mounir | 15 | SHOOT | 4:32.57 |
| 8 | Samir Sameh el Batal | 15 | DEGLA | 4:34.69 |
| 9 | Hazem Waheed Ibrahim | 15 | RWAD | 4:35.37 |
| 10 | Youssef Dieya ElSayed Elkiki | 15 | SHAMS | 4:36.65 |

Heat 6 of 6 Finals

| | | | | |
|----|-----------------------------|----|--------|---------|
| 1 | Ahmed Mohamed Elhoussein | 15 | AHLY | 4:26.40 |
| 2 | Mooataz Tarek Ibrahim Moha | 15 | AHLY | 4:23.38 |
| 3 | Yasin Hatem Sery | 15 | HELOP | 4:19.65 |
| 4 | Youssef Magdy Elhady | 15 | AHLY | 4:17.15 |
| 5 | Ahmed Sameh Elsaid | 15 | AHLY | 4:08.48 |
| 6 | amr Mohamed Anter | 15 | ZMALK | 4:13.83 |
| 7 | Seif Ahmed Hegazy | 15 | AHLY | 4:19.16 |
| 8 | Farouk Adel Farouk Amar | 15 | 6 OCT | 4:23.19 |
| 9 | Mostafa Adel Khalil Ibrahim | 15 | Smouha | 4:24.51 |
| 10 | Houssen Talal Houssen Sayd | 15 | 6 OCT | 4:27.88 |

Event 219 Boys 16 Year Olds 400 LC Meter Freestyle

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 6 Finals

| | | | | |
|---|--------------------------|----|---------------|---------|
| 3 | Omar Ahmed Ismail | 16 | Canal El Suez | NT |
| 4 | Omar Khaled Mohamed | 16 | Cairo | 5:28.18 |
| 5 | Nour Aldeen Ahmed Hassen | 16 | Nasr City | 5:20.91 |
| 6 | Mohamed Sameh Mohamed | 16 | HELOP | 5:25.22 |
| 7 | Mazen Hassen Ibrahim Ahm | 16 | GHABA | 5:38.22 |

Heat 2 of 6 Finals

| | | | | |
|----|----------------------------|----|-------------|---------|
| 1 | Hassan Abdelaal Abas | 16 | SHOOT | 5:10.78 |
| 2 | Omar Mohamed Ezz El Dawla | 16 | ZMALK | 4:55.89 |
| 3 | Abdalla Mohamed Abdel Mor | 16 | ENPPI | 4:53.10 |
| 4 | Seif El Din Said Mohamed | 16 | ENPPI | 4:51.85 |
| 5 | Mahmoud Essam El Din Abd | 16 | ZOHUR | 4:49.55 |
| 6 | Omar Tamer Farok Sayed Has | 16 | MAADI | 4:50.87 |
| 7 | Mohamed Ahmed Omran Al E | 16 | AHRAM | 4:52.10 |
| 8 | Mohamed Tamer Mohamed Z | 16 | Smouha | 4:55.06 |
| 9 | Mohamed Osama Mohamd Al | 16 | SHOOT | 4:57.84 |
| 10 | Mrawan Hisham Lotfy | 16 | Police Club | 5:12.07 |

Heat 3 of 6 Finals

| | | | | |
|----|----------------------------|----|-----------|---------|
| 1 | Ahmed Mohamed Noaaman | 16 | Smouha | 4:46.70 |
| 2 | Khaled Ahmed Farouk Ramda | 16 | Cairo | 4:44.43 |
| 3 | Youssef Mohamed Wael Ema | 16 | DEGLA | 4:41.84 |
| 4 | Karim Mohamed Ahmed Bad | 16 | TANTA | 4:36.90 |
| 5 | Youssef Khaled Ramadan | 16 | BNK.G | 4:36.56 |
| 6 | Yousef Hasham abd el Fatah | 16 | Sporting | 4:36.65 |
| 7 | Yousif Khaled Mohamed Ahm | 16 | Smouha | 4:38.11 |
| 8 | Karim Hassan Ahmed | 16 | DEGLA | 4:43.13 |
| 9 | Mohamed Wael Abdel Monae | 16 | ENPPI | 4:44.44 |
| 10 | Mohamed Mostafa Mohamed | 16 | Nasr City | 4:47.26 |

Heat 4 of 6 Finals

| | | | | |
|----|------------------------------|----|----------------|---------|
| 1 | Ahmed Islam Mahmoud | 16 | ZMALK | 4:35.06 |
| 2 | Omar Akram Ibrahim | 16 | SHOOT | 4:34.20 |
| 3 | Mohamed Al Sayed Ali Alleith | 16 | Stad Mansoura | 4:33.42 |
| 4 | Mohamed Hany Sadek | 16 | Gezira El Ward | 4:32.33 |
| 5 | Karim Assem Hmad Kasem | 16 | 6 OCT | 4:30.14 |
| 6 | Ahmed Hesham Nageib | 16 | ZMALK | 4:31.59 |
| 7 | Mazin Taha Ebrahim | 16 | DEGLA | 4:33.32 |
| 8 | Omar Ahmed El Faitory | 16 | Sporting | 4:33.91 |
| 9 | Mostafa Mohamed Mahmoud | 16 | AHLY | 4:34.44 |
| 10 | Ahmed Mahmoud Abd Elazee | 16 | RWAD | 4:35.77 |

Heat 5 of 6 Finals

| | | | | |
|----|-----------------------------|----|----------|---------|
| 1 | Mahmoud Moustafa El Marak | 16 | Sporting | 4:29.48 |
| 2 | Keirlis Gamal Sophy | 16 | GHABA | 4:29.09 |
| 3 | Yousef Yahya Zakriya Ramady | 16 | Sporting | 4:26.45 |
| 4 | Yahia Ashraf Madkour | 16 | Smouha | 4:25.31 |
| 5 | Marwan Magdy Azzam | 16 | Olympic | 4:22.44 |
| 6 | Omar Medhat Hassan | 16 | AHLY | 4:24.39 |
| 7 | Zyad Waael Abass Bhr | 16 | 6 OCT | 4:25.96 |
| 8 | Ali Mogeib Salah El Din | 16 | TALBE | 4:28.25 |
| 9 | Abo Baker Hazem Hosney Mc | 16 | SHAMS | 4:29.20 |
| 10 | amr Hesham Bayomy | 16 | Cairo | 4:29.77 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 6 Finals (#219 Boys 16 Year Olds 400 LC Meter Freestyle)

| | | | | |
|----|---------------------------|----|----------------|---------|
| 1 | Omar Ahmed Anees | 16 | Gezira El Ward | 4:21.67 |
| 2 | Mohamed Mahmoud Moham | 16 | GHABA | 4:18.53 |
| 3 | Khaled Mohamed Kamel | 16 | AHLY | 4:14.80 |
| 4 | Karim Mohamed Mamdouh | 16 | AHLY | 4:14.00 |
| 5 | Mrawan Mostafa Mowaled | 16 | DEGLA | 4:10.51 |
| 6 | Shady Mahmoud Nader | 16 | AHLY | 4:13.31 |
| 7 | Moustafa Tarik Moustafa | 16 | HELOP | 4:14.14 |
| 8 | Mohamed Hesham Ismsil Hai | 16 | 6 OCT | 4:15.91 |
| 9 | Basel Mohamed Ahmed | 16 | Elethead | 4:20.55 |
| 10 | Saif Eldin Aiman Ahmed | 16 | DEGLA | 4:21.99 |

Event 220 Girls 14 Year Olds 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Sohaila Walid Ahmed | 14 | Mansheit Naser | 48.64 |
| 2 | Mounira Alaa Abdelkhlek | 14 | NASR | 46.07 |
| 3 | Rwan Khaled Abdelhalem | 14 | Taleaa El Gish | 41.77 |
| 4 | Heba Allah Ahmed Yahia Moh | 14 | RWAD | 40.03 |
| 5 | Soha Hesham El Said Moham | 14 | SHOOT | 37.95 |
| 6 | Jana Mohamed Rashad | 14 | HLWAN | 39.62 |
| 7 | Slma Emad Mohmed Mohmei | 14 | 6 OCT | 40.05 |
| 8 | Jana Mohmed abd Tawab | 14 | MAY15 | 42.71 |
| 9 | Lyla Mohamed Rmdan | 14 | 6 OCT | 47.74 |
| 10 | Martina Magdy Bekhet | 14 | ZMALK | 49.13 |

Heat 2 of 7 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Dorra Hesham Sayed Zahran | 14 | DEGLA | 37.05 |
| 2 | Esraa Nasser Mahdy | 14 | ZOHUR | 36.79 |
| 3 | Nour Reda Mohamed | 14 | MAY15 | 36.48 |
| 4 | Yomna Mahmud Hassan | 14 | GHABA | 36.34 |
| 5 | Hana Ahmed Ateia | 14 | DEGLA | 36.23 |
| 6 | Mariam Nasr Ahmed Said | 14 | MAY15 | 36.33 |
| 7 | Fareda Shreif Halouda | 14 | HELOP | 36.39 |
| 8 | Rokaya Khalid El Masry | 14 | Sporting | 36.64 |
| 9 | Sarah Hesham Abd El Hamid | 14 | MAY15 | 36.95 |
| 10 | Arwa Sherif Mohamed Samy | 14 | SHOOT | 37.27 |

Heat 3 of 7 Finals

| | | | | |
|----|---------------------------|----|-------|-------|
| 1 | Mrk Mohamed Shwkey Saad | 14 | 6 OCT | 35.97 |
| 2 | Nour Ahmed Ibrahim Sarhan | 14 | MAADI | 35.76 |
| 3 | Gana Tarek Mohamed Farid | 14 | SHOOT | 35.73 |
| 4 | Nouran Marawan Ramadan | 14 | AHLY | 35.53 |
| 5 | Jody Mostafa Az El Din | 14 | ENPPI | 35.44 |
| 6 | Hanin Khaled Ali El Din | 14 | TANTA | 35.46 |
| 7 | Sama Housen Zahyan | 14 | ZMALK | 35.68 |
| 8 | Zeina Tamer Zeinhoum | 14 | AHLY | 35.76 |
| 9 | Rawda Ashrif Ramdan | 14 | MAY15 | 35.76 |
| 10 | Nadin Atef Mohamed | 14 | AHLY | 36.14 |

Heat 4 of 7 Finals

| | | | | |
|----|--------------------------|----|----------|-------|
| 1 | Lyla Tamer Ahmed Mgdey | 14 | 6 OCT | 35.32 |
| 2 | Jana Ahmed Abdallah | 14 | DEGLA | 35.14 |
| 3 | Lana Yasir Mohamed Gamal | 14 | SHOOT | 35.11 |
| 4 | Fareda Mohamed Nwar | 14 | TANTA | 35.01 |
| 5 | Nareman Mohamed Ibrahim | 14 | TALBE | 34.62 |
| 6 | Salma Samir abd el Azim | 14 | TRSAN | 34.88 |
| 7 | Alaa Amr El Sokry | 14 | Sporting | 35.06 |
| 8 | Malak Mostafa Beshir | 14 | AHLY | 35.13 |
| 9 | Nadin Ayman Hessien | 14 | DEGLA | 35.26 |
| 10 | Jannah Mohamed Farouk | 14 | Sporting | 35.42 |

Heat 5 of 7 Finals

| | | | | |
|----|-----------------------------|----|----------------|-------|
| 1 | Malak Hasan Moh. Elhoshy | 14 | GEZIR | 34.47 |
| 2 | Marim Mohamed Osman | 14 | NASR | 34.05 |
| 3 | Malak Tarek El Kady | 14 | Sporting | 33.76 |
| 4 | Shahd Mohamed Ismael | 14 | Smouha | 33.40 |
| 5 | Maram Mohamed Wageh Ibr | 14 | Bank Ahly Alex | 33.30 |
| 6 | Rewan Saed Khames Mahmo | 14 | Bank Ahly Alex | 33.32 |
| 7 | Nor Ahmed Ali Ahmed | 14 | Bank Ahly Alex | 33.73 |
| 8 | Salma Waled Mohamed Elsayi | 14 | Smouha | 33.84 |
| 9 | Aida Ahm. Mohssin Abd Elraz | 14 | GEZIR | 34.37 |
| 10 | Nour Ahmed Samer | 14 | Sporting | 34.56 |

Heat 6 of 7 Finals

| | | | | |
|----|--------------------------|----|--------|-------|
| 1 | Rim Husin Khallaf | 14 | TANTA | 32.47 |
| 2 | Zahwa Mohsen Sayed | 14 | AHLY | 32.33 |
| 3 | Gody Ahmed Badawy Mhmo | 14 | Smouha | 32.15 |
| 4 | Gana Mohamed Abd ElSamed | 14 | SHOOT | 32.08 |
| 5 | Malak Mohamed Mahmoud G | 14 | MAADI | 31.95 |
| 6 | Farah Mohammed Abd Rabb | 14 | DEGLA | 32.07 |
| 7 | Gody Ahmed Zaki | 14 | TANTA | 32.12 |
| 8 | Rahaf Ahmed Esmaeel | 14 | ZMALK | 32.32 |
| 9 | Mariam Hany Sayed | 14 | DEGLA | 32.44 |
| 10 | Habiba Khalid Ebrahiem | 14 | TWFIK | 32.64 |

Heat 7 of 7 Finals

| | | | | |
|----|--------------------------|----|-----------|-------|
| 1 | Hanin Mohamed AbdElmaks | 14 | Smouha | 31.50 |
| 2 | Malak Mohamed Mhmoud He | 14 | Smouha | 31.33 |
| 3 | Malak Khaled Abdel Aziz | 14 | AHLY | 30.86 |
| 4 | Hana Waled Hassan | 14 | GHABA | 29.83 |
| 5 | Nour Mohamed Ibrahim Ali | 14 | Smouha | 29.33 |
| 6 | Rodaina Mohamed Saad | 14 | DEGLA | 29.64 |
| 7 | Rawan Wael | 14 | AHLY | 30.19 |
| 8 | Nour Mohamed Hossain | 14 | SHOOT | 30.96 |
| 9 | Rodaina Mohamed Mohamed | 14 | Nasr City | 31.39 |
| 10 | Nily Karem | 14 | SHOOT | 31.56 |

Event 221 Girls 15 Year Olds 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 7 Finals

| | | | | |
|---|--------------------------|----|-------|-------|
| 4 | Nada Masbah Mohamed | 15 | ENPPI | 49.68 |
| 5 | Tasneem Gamal Beshir | 15 | SHARK | 44.80 |
| 6 | Lojain Mohamed Magdy Ham | 15 | MAADI | 45.63 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19

Meet Program

Heat 2 Finals (#221 Girls 15 Year Olds 50 LC Meter Butterfly)

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Malak Ayman Omar Eldeeb | 15 | SHOOT | 42.94 |
| 2 | Marim Ahmed Zien Elabdeen | 15 | SHAMS | 41.41 |
| 3 | Wlaa Wahed | 15 | Taleaa El Gish | 39.33 |
| 4 | Hana Hamdy Metwaly | 15 | ZOHUR | 38.78 |
| 5 | Malak Qazzafi Shehata | 15 | GHABA | 38.47 |
| 6 | Malak Amr Hassan Allam | 15 | SHOOT | 38.75 |
| 7 | Habiba Tarek Maher Fawzy | 15 | MAADI | 38.93 |
| 8 | Rana Mohamed Abdel Megui | 15 | HELDO | 39.61 |
| 9 | Amina Adham Ibrahim | 15 | ZOHUR | 42.37 |
| 10 | Shaza Ali Ezz Eldin EL bad | 15 | Cairo | 43.78 |

Heat 3 of 7 Finals

| | | | | |
|----|----------------------------|----|-------------|-------|
| 1 | Salma Hossam al Deen Ahme | 15 | Police Club | 37.77 |
| 2 | Farah Abd Elmagid Mohamec | 15 | ZOHUR | 36.69 |
| 3 | Farida Ayman Mohamed Dah | 15 | HLWAN | 36.43 |
| 4 | Malak Ahmed Mohamed | 15 | DEGLA | 35.86 |
| 5 | Rogada Mohamed Ibrahim | 15 | AHLY | 35.49 |
| 6 | Monika Ayman Raaouf Eriyar | 15 | SHAMS | 35.67 |
| 7 | Hana Ahmed Heseen | 15 | GHABA | 36.08 |
| 8 | Mareen Aimen Kamal Ghatas | 15 | Nasr City | 36.57 |
| 9 | Omnia Mohamed Mostafa | 15 | HLWAN | 37.64 |
| 10 | Salma Abd ElTawab ElSayed | 15 | NASR | 37.87 |

Heat 4 of 7 Finals

| | | | | |
|----|----------------------------|----|----------------|-------|
| 1 | Alia Slah Elden Ahmed | 15 | HELOP | 35.36 |
| 2 | Sara Samir Sedky | 15 | DEGLA | 35.21 |
| 3 | Shahd Hesham Fouad Abaas | 15 | ZMALK | 35.03 |
| 4 | Farida Hossameldin Mohame | 15 | AHLY | 34.71 |
| 5 | Rola Hasan Ragab | 15 | Bank Ahly Alex | 34.60 |
| 6 | Mallk Mahmoud Fahmy | 15 | MAY15 | 34.64 |
| 7 | Malak Khaled Aly | 15 | AHLY | 34.98 |
| 8 | Krma Ahmed Elkhodary | 15 | DEGLA | 35.12 |
| 9 | Mennatalh Walid Elsayd Moh | 15 | GEZIR | 35.22 |
| 10 | Malak Walid Ahmed | 15 | AHLY | 35.38 |

Heat 5 of 7 Finals

| | | | | |
|----|--------------------------|----|-------|-------|
| 1 | Habiba Safwat Saleh | 15 | ZOHUR | 34.25 |
| 2 | Hana Hazem Mohamed | 15 | HELOP | 34.04 |
| 3 | Hana Hesham Moustafa Ham | 15 | MAADI | 33.91 |
| 4 | Lana Mohamed Fathy | 15 | AHLY | 33.82 |
| 5 | Shadin Aksam Mohamed Ami | 15 | SHAMS | 33.26 |
| 6 | Malak Abd Elaziz Zanaty | 15 | M.ARB | 33.34 |
| 7 | Nagwa Khaled Mohamed Hss | 15 | NASR | 33.84 |
| 8 | Malak Yasser Mohamed Ham | 15 | DEGLA | 34.03 |
| 9 | Malak Ahmed Abo Bakr | 15 | SHOOT | 34.24 |
| 10 | Salma Hesham Mohamed | 15 | ZMALK | 34.27 |

Heat 6 of 7 Finals

| | | | | |
|----|---------------------------|----|----------------|-------|
| 1 | Farah Tarek Hassan | 15 | HELOP | 33.05 |
| 2 | Habiba Ayman Mahmoud Hai | 15 | Bank Ahly Alex | 32.49 |
| 3 | Khadiga Nabil Eprahim | 15 | SHOOT | 32.17 |
| 4 | Lian Shady Sabry | 15 | HELOP | 31.86 |
| 5 | Rouaa Ahmed Ibrahim | 15 | RWAD | 31.72 |
| 6 | Shahd Yaser Shaaban | 15 | TANTA | 31.75 |
| 7 | Malak Waled Essam Shabana | 15 | Smouha | 32.16 |
| 8 | Lojaina Khaled Mohamed Mo | 15 | HELDO | 32.30 |
| 9 | Habiba Hazem Husin | 15 | Bank Ahly Alex | 32.58 |
| 10 | Jana Mohamed Abdel Fattah | 15 | Canal El Suez | 33.21 |

Heat 7 of 7 Finals

| | | | | |
|----|----------------------------|----|----------|-------|
| 1 | Razan Ahmed Hosny | 15 | DEGLA | 31.30 |
| 2 | Rahma Ashraf Khairy | 15 | MAY15 | 30.84 |
| 3 | Gihan Ahmed Abd El Azim At | 15 | MAADI | 30.59 |
| 4 | Tasnem Mohamed Mohamed | 15 | Smouha | 30.28 |
| 5 | Farida Ayman Samra | 15 | SHOOT | 29.36 |
| 6 | Jana Khalid | 15 | Sporting | 29.99 |
| 7 | Hanin Ashraf aly | 15 | Olympic | 30.50 |
| 8 | Lialy Tamer Nagm | 15 | Al Hawar | 30.80 |
| 9 | Mohra ez el den Hossam | 15 | HELOP | 31.14 |
| 10 | Malak Mohamed Abd Elmane | 15 | GHABA | 31.39 |

Event 222 Girls 16 Year Olds 50 LC Meter Butterfly

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 5 Finals

| | | | | |
|---|-----------------------------|----|-------|-------|
| 1 | Jana Sherif Mohamed Al Saye | 16 | ZOHUR | 41.83 |
| 2 | Habiba Wael Al Ghanam | 16 | GHABA | 38.60 |
| 3 | Shahad Mahmoud Abdel Al R | 16 | SHOOT | 37.69 |
| 4 | Nouran Khaled Said Saleh | 16 | TRSAN | 37.12 |
| 5 | Lina Amr Mohamedabd AbdE | 16 | HELDO | 36.65 |
| 6 | Alaa Omar Saad | 16 | ROYAL | 36.92 |
| 7 | Yara Hatem Fouad Al Gamy | 16 | ZMALK | 37.60 |
| 8 | Sara Ali Tawfek Drakoun | 16 | SHOOT | 38.21 |
| 9 | Shahad Mohamed Gamal Ibra | 16 | 6 OCT | 39.64 |

Heat 2 of 5 Finals

| | | | | |
|----|--------------------------|----|----------|-------|
| 1 | Gana Emad Gaad Hosny | 16 | SHAMS | 35.74 |
| 2 | Khadiga Ahmed Arafat | 16 | Sporting | 35.19 |
| 3 | Farida Ahmed Akel | 16 | HELOP | 34.76 |
| 4 | Rowan Mamdoh Aref Ahmed | 16 | 6 OCT | 34.36 |
| 5 | Rahf Elhossuin | 16 | DEGLA | 34.21 |
| 6 | Malk Abd Ellatif Galal | 16 | HELOP | 34.24 |
| 7 | Aisha Ahmed Badawy | 16 | Sporting | 34.53 |
| 8 | Shahd Walaa Noaaman | 16 | AHLY | 34.80 |
| 9 | Lougin Mohamed Gamal | 16 | DEGLA | 35.52 |
| 10 | Basant Ahmed Abd Al-Aaty | 16 | SHAMS | 36.64 |

Heat 3 of 5 Finals

| | | | | |
|----|---------------------------|----|----------|-------|
| 1 | Mennatullah Ashraf Mahmou | 16 | HELDO | 33.80 |
| 2 | Leina Waled Farouk | 16 | SHOOT | 33.59 |
| 3 | Hana Ahmed Yousof | 16 | TANTA | 33.39 |
| 4 | Sharouk Yehya Ibrahim | 16 | GHABA | 33.34 |
| 5 | Jana Amr Adel Ahmed | 16 | Sporting | 32.85 |
| 6 | Malak Mohamed Mohamed A | 16 | MAADI | 32.93 |
| 7 | Tasneem Mohamed Rashad | 16 | RWAD | 33.36 |
| 8 | Amira Hany Ahmed | 16 | AHLY | 33.56 |
| 9 | Amina Zaky Mohamed Zaky | 16 | Sporting | 33.74 |
| 10 | Noran Wael Ali | 16 | Smouha | 34.17 |

Heat 4 of 5 Finals

| | | | | |
|----|---------------------------|----|--------|-------|
| 1 | Shad Hossam Hantera | 16 | TANTA | 32.59 |
| 2 | Malak Sameh Mohamed | 16 | AHLY | 32.46 |
| 3 | Hagar Hassan Abdel Rhman | 16 | TALBE | 32.37 |
| 4 | Hana Sameh Ghazy | 16 | SHOOT | 32.19 |
| 5 | Jana Mohamed Ahmed | 16 | DEGLA | 32.07 |
| 6 | Salma Alaa Mahdy | 16 | AHLY | 32.09 |
| 7 | Maia Ashraf Hakam | 16 | DEGLA | 32.23 |
| 8 | Alaa Hossam Mohamed Moha | 16 | SHAMS | 32.39 |
| 9 | Farah Ehab Fo`ad Elhussin | 16 | Smouha | 32.49 |
| 10 | Kenzy Ahmed Ali | 16 | AHLY | 32.79 |

Egypt Swimming Cup 2018-2019 - 29-Mar-19 to 18-Apr-19**Meet Program****Heat 5 Finals (#222 Girls 16 Year Olds 50 LC Meter Butterfly)**

| | | | | |
|----|-----------------------------|----|---------------|-------|
| 1 | Mena Ahmed Azmy Ahmed | 16 | Smouha | 32.00 |
| 2 | Kinzy Shref Gabr | 16 | HELOP | 31.44 |
| 3 | Ganna Samir Mohamed Ham | 16 | GHABA | 30.73 |
| 4 | Lougin Yousief Ahmed Yousie | 16 | SHAMS | 30.52 |
| 5 | Rawan Mohamed AboElFadl | 16 | DEGLA | 29.32 |
| 6 | Norhan Mohamed Mohi Elza | 16 | Smouha | 29.74 |
| 7 | Jana Ahmed Ebrahim | 16 | Sporting | 30.61 |
| 8 | Mariam Emad Hamed Motaw | 16 | ZMALK | 30.90 |
| 9 | Shahd Amin Mohamed Amin | 16 | Stad Mansoura | 31.87 |
| 10 | Dana Tamer Shafiq | 16 | HELOP | 32.03 |