

16th Africa Aquatics Junior Swimming Champs - 4/30/2025 to 5/3/2025**Session Report**

Session: 1 Day 1 Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Men 14-18 400 Freestyle	24	3	09:00 AM	_____
Prelims	2 Women 14-18 50 Breaststroke	31	4	09:19 AM	_____
Prelims	3 Men 14-18 100 Backstroke	22	3	09:26 AM	_____
Prelims	4 Women 14-18 400 IM	12	2	09:34 AM	_____
Prelims	5 Men 14-18 100 Breaststroke	34	5	09:49 AM	_____
Prelims	6 Women 14-18 100 Backstroke	31	4	10:01 AM	_____
Prelims	7 Men 14-18 50 Butterfly	40	5	10:11 AM	_____
Finals-S	8 Women 14-18 1500 Freestyle	0	0	10:19 AM	_____
Prelims	9 Men 14-18 4x100 Freestyle Relay	12	2	10:19 AM	_____
Prelims	10 Women 14-18 4x100 Freestyle Relay	14	2	10:29 AM	_____
	Swimmers Counts for Warm-ups: 189	=====	=====		
	Entry / Heat Totals:	220	30		
	Finish Time			10:40 AM	_____

Session: 2 Day 1 Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Men 14-18 400 Freestyle	8	1 u	05:00 PM	_____
Finals	2 Women 14-18 50 Breaststroke	8	1 u	05:06 PM	_____
Finals	3 Men 14-18 100 Backstroke	8	1 u	05:07 PM	_____
Finals	4 Women 14-18 400 IM	8	1 u	05:09 PM	_____
	Break: 24 Minutes: Medals M 400 Free, W 50 Breast				
Finals	5 Men 14-18 100 Breaststroke	8	1 u	05:40 PM	_____
Finals	6 Women 14-18 100 Backstroke	8	1 u	05:42 PM	_____
	Break: 24 Minutes: Medals M 100 Back, W 400 IM				
Finals	7 Men 14-18 50 Butterfly	8	1 u	06:08 PM	_____
Finals-1	8 Women 14-18 1500 Freestyle	8	1	06:09 PM	_____
	Break: 24 Minutes: Medals M 100 Breast, W 100 Ba				
Finals	9 Men 14-18 4x100 Freestyle Relay	8	1 u	06:57 PM	_____
	Break: 36 Minutes: Medals M 50 Fly, W 1500 Free, M				
Finals	10 Women 14-18 4x100 Freestyle Relay	8	1 u	07:38 PM	_____
	Swimmers Counts for Warm-ups: 98	=====	=====		
	Entry / Heat Totals:	80	10		
	Finish Time			07:43 PM	_____

16th Africa Aquatics Junior Swimming Champs - 4/30/2025 to 5/3/2025**Session Report**

Session: 3 Day 2 Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	11 Men 14-18 200 IM	26	4	09:00 AM	_____
Prelims	12 Women 14-18 100 Freestyle	40	5	09:16 AM	_____
Prelims	13 Men 14-18 100 Butterfly	30	4	09:27 AM	_____
Prelims	14 Women 14-18 200 Butterfly	11	2	09:35 AM	_____
Prelims	15 Men 14-18 200 Freestyle	29	4	09:44 AM	_____
Prelims	16 Women 14-18 50 Backstroke	36	5	09:58 AM	_____
Prelims	17 Men 14-18 50 Backstroke	31	4	10:07 AM	_____
Finals-S	18 Women 14-18 800 Freestyle	6	1	10:15 AM	_____
Finals-S	19 Men 14-18 800 Freestyle	9	2	10:27 AM	_____
Prelims	20 Mixed 14-18 4x100 Medley Relay	16	2	10:51 AM	_____
Prelims	21 Women 14-18 4x200 Freestyle Relay	10	2	11:04 AM	_____
	Swimmers Counts for Warm-ups: 175	=====	=====		
	Entry / Heat Totals:	244	35		
	Finish Time			11:27 AM	_____

Session: 4 Day 2 Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Men 14-18 200 IM	8	1 u	05:00 PM	_____
Finals	12 Women 14-18 100 Freestyle	8	1 u	05:04 PM	_____
Finals	13 Men 14-18 100 Butterfly	8	1 u	05:06 PM	_____
	Break: 24 Minutes: Medals W 4x100 Free Relay, M 2				
Finals	14 Women 14-18 200 Butterfly	8	1 u	05:32 PM	_____
Finals	15 Men 14-18 200 Freestyle	8	1 u	05:35 PM	_____
	Break: 24 Minutes: Medals W 100 Free, M 100 Fly				
Finals	16 Women 14-18 50 Backstroke	8	1 u	06:02 PM	_____
Finals	17 Men 14-18 50 Backstroke	8	1 u	06:04 PM	_____
	Break: 24 Minutes: Medals W 200 Fly, M 200 Free				
Finals-1	18 Women 14-18 800 Freestyle	8	1	06:29 PM	_____
Finals-1	19 Men 14-18 800 Freestyle	8	1	06:41 PM	_____
	Break: 24 Minutes: Medals W 50 Back, M 50 Back				
Finals	20 Mixed 14-18 4x100 Medley Relay	8	1 u	07:14 PM	_____
	Break: 36 Minutes: Medals W 800 Free, M 800 Free,				
Finals	21 Women 14-18 4x200 Freestyle Relay	8	1 u	07:56 PM	_____
	Swimmers Counts for Warm-ups: 92	=====	=====		
	Entry / Heat Totals:	88	11		
	Finish Time			08:06 PM	_____

16th Africa Aquatics Junior Swimming Champs - 4/30/2025 to 5/3/2025**Session Report**

Session: 5 Day 3 Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	22 Women 14-18 100 Breaststroke	29	4	09:00 AM	_____
Prelims	23 Men 14-18 50 Freestyle	45	6	09:11 AM	_____
Prelims	24 Women 14-18 200 Backstroke	18	3	09:20 AM	_____
Prelims	25 Men 14-18 200 Breaststroke	20	3	09:32 AM	_____
Prelims	26 Women 14-18 400 Freestyle	16	2	09:44 AM	_____
Prelims	27 Men 14-18 200 Butterfly	21	3	09:58 AM	_____
Prelims	28 Women 14-18 200 IM	18	3	10:11 AM	_____
Finals-S	29 Men 14-18 1500 Freestyle	6	1	10:23 AM	_____
Prelims	30 Women 14-18 50 Butterfly	37	5	10:48 AM	_____
Prelims	31 Men 14-18 4x200 Freestyle Relay	7	1	10:56 AM	_____
Prelims	32 Mixed 14-18 4x100 Freestyle Relay	16	2	11:07 AM	_____
	Swimmers Counts for Warm-ups: 185	=====	=====		
	Entry / Heat Totals:	233	33		
	Finish Time			11:19 AM	_____

Session: 6 Day 3 Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	22 Women 14-18 100 Breaststroke	8	1 u	05:00 PM	_____
Finals	23 Men 14-18 50 Freestyle	8	1 u	05:03 PM	_____
Finals	24 Women 14-18 200 Backstroke	8	1 u	05:04 PM	_____
	Break: 24 Minutes: Medals W 4x200 Free Relay, M 1				
Finals	25 Men 14-18 200 Breaststroke	8	1 u	05:32 PM	_____
Finals	26 Women 14-18 400 Freestyle	8	1 u	05:35 PM	_____
	Break: 24 Minutes: Medals M 50 Free, W 200 Back				
Finals	27 Men 14-18 200 Butterfly	8	1 u	06:05 PM	_____
Finals	28 Women 14-18 200 IM	8	1 u	06:08 PM	_____
	Break: 24 Minutes: Medals M 200 Breast, W 400 Fre				
Finals-1	29 Men 14-18 1500 Freestyle	8	1	06:35 PM	_____
Finals	30 Women 14-18 50 Butterfly	8	1 u	06:53 PM	_____
	Break: 24 Minutes: Medals M 200 Fly, W 200 IM				
Finals	31 Men 14-18 4x200 Freestyle Relay	7	1 u	07:19 PM	_____
	Break: 36 Minutes: Medals M 1500 Free, W 50 Fly, M				
Finals	32 Mixed 14-18 4x100 Freestyle Relay	8	1 u	08:04 PM	_____
	Swimmers Counts for Warm-ups: 102	=====	=====		
	Entry / Heat Totals:	87	11		
	Finish Time			08:09 PM	_____

16th Africa Aquatics Junior Swimming Champs - 4/30/2025 to 5/3/2025**Session Report**

Session: 7 Day 4 Prelims

Day of Meet: 4 Starts at 09:00 AM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	33 Men 14-18 100 Freestyle	40	5	09:00 AM	_____
Prelims	34 Women 14-18 200 Breaststroke	17	3	09:10 AM	_____
Prelims	35 Men 14-18 400 IM	18	3	09:23 AM	_____
Prelims	36 Women 14-18 50 Freestyle	44	6	09:44 AM	_____
Prelims	37 Men 14-18 50 Breaststroke	37	5	09:53 AM	_____
Prelims	38 Women 14-18 200 Freestyle	28	4	10:01 AM	_____
Prelims	39 Men 14-18 200 Backstroke	16	2	10:16 AM	_____
Prelims	40 Women 14-18 100 Butterfly	25	4	10:23 AM	_____
Prelims	41 Women 14-18 4x100 Medley Relay	14	2	10:33 AM	_____
Prelims	42 Men 14-18 4x100 Medley Relay	12	2	10:46 AM	_____
	Swimmers Counts for Warm-ups: 184	=====	=====		
	Entry / Heat Totals:	251	36		
	Finish Time			10:57 AM	_____

Session: 8 Day 4 Finals

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Men 14-18 100 Freestyle	8	1 u	05:00 PM	_____
Finals	34 Women 14-18 200 Breaststroke	8	1 u	05:02 PM	_____
Finals	35 Men 14-18 400 IM	8	1 u	05:06 PM	_____
	Break: 24 Minutes: Medals X 4x100 Free Relay, M 11				
Finals	36 Women 14-18 50 Freestyle	8	1 u	05:36 PM	_____
Finals	37 Men 14-18 50 Breaststroke	8	1 u	05:37 PM	_____
	Break: 24 Minutes: Medals W 200 Breast, M 400 IM				
Finals	38 Women 14-18 200 Freestyle	8	1 u	06:03 PM	_____
Finals	39 Men 14-18 200 Backstroke	8	1 u	06:06 PM	_____
	Break: 24 Minutes: Medals W 50 Free, M 50 Breast				
Finals	40 Women 14-18 100 Butterfly	8	1 u	06:33 PM	_____
	Break: 12 Minutes: Medals W 200 Free, M 200 Back				
Finals	41 Women 14-18 4x100 Medley Relay	8	1 u	06:47 PM	_____
	Break: 12 Minutes: Medals W 100 Fly				
Finals	42 Men 14-18 4x100 Medley Relay	8	1 u	07:05 PM	_____
	Break: 36 Minutes: Medals W 400 Med Relay, M 400				
	Swimmers Counts for Warm-ups: 90	=====	=====		
	Entry / Heat Totals:	80	10		
	Finish Time			07:46 PM	_____