

National Masters Championship 2024-2025 - 10/31/2024 to 11/2/2024

Meet Program - 01-11-2024 Eve

Event 29 Women 20 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	Mariam Houssin Kamal	25	El Zohour	NT	_____	_____
1	Yara Moustafa Hassan Aly	28	Olympic	NT	_____	_____
2	Rewida Hesham Tolba	29	Ahly	NT	_____	_____
3	Mariem Mohamed Saeid	29	Cairo	NT	_____	_____
4	Salma Abd EL Hakeem Mohame	28	El Shams	NT	_____	_____
5	Nadien Adel Ageb Wasef	36	El Shams	NT	_____	_____
6	Esraa Fathy Mohamad Dakhly	39	Shooting	NT	_____	_____
7	Sandra Tarek Nabil	37	Heliopolis	NT	_____	_____
8	Yara Yaser Yahia	23	Cairo	NT	_____	_____
9	Mirna Mohamed Mohamed	30	Maadi	NT	_____	_____
Heat 2 of 4 Timed Finals						
0	Omneya Tarif	40	Sporting	NT	_____	_____
1	Lamyaa Mohamad Hassan Khalefa	40	Shooting	NT	_____	_____
2	Nehal Moh. Ahmed Nashed	42	El Gezira	NT	_____	_____
3	Sara Adel Yasin	43	Ahly	NT	_____	_____
4	Heba Mamdouh Ali	41	Ahly	NT	_____	_____
5	Riham Maher Loutfy Elsid	40	El Gezira	NT	_____	_____
6	Salma Mohamed Hassan	48	Maadi	NT	_____	_____
7	Marwa Mohamed Shaheen	46	Smouha	NT	_____	_____
8	Soha Chahine	53	Sporting	NT	_____	_____
Heat 3 of 4 Timed Finals						
0	Nevein Farouk Al Housseiny	60	Heliopolis	NT	_____	_____
1	Neven Ramez Al Nagar	64	Heliopolis	NT	_____	_____
2	Lameia Ahmed Maher	63	El Gezira	NT	_____	_____
3	Mona Mohamad Abdel Khalek	65	Shooting	NT	_____	_____
4	Neven Mohamed Khlel Salah	68	El Gezira	NT	_____	_____
5	Mona Mostafa Fouda	67	Heliopolis	NT	_____	_____
6	Noha Mahmoud Deiab	57	Shooting	NT	_____	_____
7	Manal Fawzi Gadalla	59	Heliopolis	NT	_____	_____
8	Amal Moh. Abd Elghaffar	57	El Gezira	NT	_____	_____
9	Mona Kamel Youseif	70	Heliopolis	NT	_____	_____
Heat 4 of 4 Timed Finals						
3	Fareida Abdel Aziz Gemeia	76	Heliopolis	XNT	_____	_____
4	Nadya Zakareia El Araby	78	El Gezira	NT	_____	_____
5	Madiha Sherif	81	Heliopolis	NT	_____	_____

National Masters Championship 2024-2025 - 10/31/2024 to 11/2/2024

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Event 30 Men 20 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 10 Timed Finals						
2	Rashed Hany Ramadan	21	Rowad	NT	_____	_____
3	Fady Ehab Weliam Gad El Rab	23	Zamalek	NT	_____	_____
4	Mohamed Moataz Abd Elhamid	24	Ahly	NT	_____	_____
5	Kareem Ahmed Shaaban	24	Rowad	NT	_____	_____
6	Mohanad Ashraf Farok Rashwan	22	El Zohour	NT	_____	_____
Heat 2 of 10 Timed Finals						
1	Mohab Abdallah Youssef	27	Ahly	NT	_____	_____
2	Daly Dimitrios	27	Sporting	NT	_____	_____
3	Karim Mohamad Farouk	28	Shooting	NT	_____	_____
4	Mahmoud Mohamed Farag	29	Ahly	NT	_____	_____
5	Omar Wael Hashem Aly	29	El Shams	NT	_____	_____
6	Mohamed Shreif Mohamed	27	Ahly	NT	_____	_____
7	Abd Elrahman Yasser Tarief	27	Cairo	NT	_____	_____
8	Khaled Abdelnaser Aly Abdekader M	25	Shooting	NT	_____	_____
Heat 3 of 10 Timed Finals						
1	Mohamed Amer Ebrahim	30	Smouha	NT	_____	_____
2	Mohamed Ahmed Essa Eid	31	El Gezira	NT	_____	_____
3	Mahmoud Moh. Yosif Mohamed	32	El Gezira	NT	_____	_____
4	Mohamed Ebrahim Al Bakaly	34	Shooting	NT	_____	_____
5	Basem Mohmed Baha Eldin	32	Cairo	NT	_____	_____
6	Mohamed Hussein Mohamed	31	Cairo	NT	_____	_____
7	Mostafa Amen Mahfoz	31	Shooting	NT	_____	_____
Heat 4 of 10 Timed Finals						
1	Ahmed Abou Bakr Souliman	35	Ahly	NT	_____	_____
2	Abd Allah Abdo ElSaid Mattar	37	Maadi	NT	_____	_____
3	Ahmed Yousry Moktar	38	Shooting	NT	_____	_____
4	Abdel Rahman Mohamed Asaad Zag	39	Zamalek	NT	_____	_____
5	Hossam Gaber Abdelmegeed	38	Shooting	NT	_____	_____
6	Ehsan Mohamad Gomaa Mohamad	38	Shooting	NT	_____	_____
7	Amr Mohamed Asaad	36	Zamalek	NT	_____	_____
Heat 5 of 10 Timed Finals						
0	Haytham Fouad Zaky	45	Smouha	NT	_____	_____
1	Ahmed Yousef	46	Sporting	NT	_____	_____
2	Khaled Mohamad Mahmod	48	Shooting	NT	_____	_____
3	Yassen Shazly Fortune	46	Heliopolis	NT	_____	_____
4	Mohamed Ahmad Hany Yossef	45	Shooting	NT	_____	_____
5	Hussin Mohamad Ebrahim Badran	41	Shooting	NT	_____	_____
6	Ahmed Osman Mohamed	43	Ahly	NT	_____	_____
7	Walid Ahmed Badr Radwan	43	Shooting	NT	_____	_____
8	Marko Moheb Mekhaeel Zaky	42	Shooting	NT	_____	_____
9	Sherif Adel Ramsis Eppo	40	Shooting	NT	_____	_____

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Heat 6 Timed Finals... (Event 30 Men 20 & Over 200 LC Meter Breaststroke)

0	Mohamed Mahmoud Fahmy	50	Shooting	NT	_____	_____
1	Mohamed Ahmed Esaad	53	Ahly	NT	_____	_____
2	Waleed Hassan Hussien Zayed	54	Shooting	NT	_____	_____
3	Nezar Ahm. Abdel Rahman Fakhry	54	El Gezira	NT	_____	_____
4	Ahmad Aly Mohamad aly Yousef	52	Shooting	NT	_____	_____
5	Yasser Hussein Fayyad	56	El Shams	NT	_____	_____
6	Mohamed Farouk Twfeek	58	Smouha	NT	_____	_____
7	Waleed Mahmoud Diab	57	Shooting	NT	_____	_____
8	Amr Mohamed Samy Abdel Karim	55	Shooting	NT	_____	_____

Heat 7 of 10 Timed Finals

2	Sherif Mohamed Samy Hassan	60	El Shams	NT	_____	_____
3	Mohamed Mahmoud Mostafa	62	Ahly	NT	_____	_____
4	Khaled Nasr El Din Reiad	64	Heliopolis	NT	_____	_____
5	Abdalla Mah. Khalil Elnahas	63	El Gezira	NT	_____	_____
6	Hany Aziz Sedky	61	Shooting	NT	_____	_____

Heat 8 of 10 Timed Finals

1	Mohamed Esam El Din Ebrahim	67	Heliopolis	NT	_____	_____
2	Ragaa Ahmed Taha Maarouf	67	Shooting	NT	_____	_____
3	Yasser Mohamed Mounir abd el Aziz	68	El Shams	NT	_____	_____
4	Mahmoud Nabih Elteir	69	Ahly	NT	_____	_____
5	Abdel Aziz Mohamed Hashim	68	Heliopolis	NT	_____	_____
6	Ahmed Mohamed Bazaraa	68	Heliopolis	NT	_____	_____
7	Samy Wahby Sief	67	Heliopolis	NT	_____	_____
8	Mostafa Hassan Abou El Fotouh	66	Shooting	NT	_____	_____

Heat 9 of 10 Timed Finals

0	Ramzy Attia Ibrahim	70	Ahly	NT	_____	_____
1	Abdelmawgod Goma Abdelmawgod	71	Shooting	NT	_____	_____
2	Mohamed Mosaad Fayed	72	Heliopolis	NT	_____	_____
3	Taher Khaled Mohamed Abou Sann	74	Shooting	NT	_____	_____
4	Magdy Elshahir Mamdo Osman	74	Ahly	NT	_____	_____
5	Elmy Sayed Hussein	74	Ahly	NT	_____	_____
6	Mohsein Abdel Kawy Al Housseiny	73	Ahly	NT	_____	_____
7	Gamal Ismail Mohamed	71	Shooting	NT	_____	_____
8	Elsayed Hassan AboElwafa	70	Canal El Suez	NT	_____	_____

Heat 10 of 10 Timed Finals

2	Said Ahmed Kamal	80	Ahly	NT	_____	_____
3	Salah El Din Mostafa Al Saba	82	Shooting	NT	_____	_____
4	Housam Zaki Fahmy	83	El Gezira	NT	_____	_____
5	Yousef Anwar Ahm. Wahsh	80	El Gezira	NT	_____	_____
6	Mohamed Ali Mousa	76	Ahly	NT	_____	_____
7	Ahmed Hany Yosef Ezz El Din	75	Shooting	NT	_____	_____

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Meet Program - 01-11-2024 Eve

Event 31 Women 20 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
0	Farha Ehab Abou El Senoun	25	Heliopolis	NT	_____	_____
1	Klara Esam Adly Nashed Soliman	26	Shooting	NT	_____	_____
2	Rafif Hesham Sayed Eid	29	El Shams	NT	_____	_____
3	Sanna Ashraf Mohmed	29	Cairo	NT	_____	_____
4	Hannya Hossam Nabil Ibrahim	27	El Gezira	NT	_____	_____
5	Raneem Mohamed Sayed	25	Ahly	NT	_____	_____
6	Esraa Emad Mohamed	21	El Shrook	NT	_____	_____
7	Yara Yaser Yahia	23	Cairo	NT	_____	_____
8	Rodaina Wael Mohamed Sobhy	21	Rowad	NT	_____	_____
9	Malak Wesam Badr	21	Tanta	NT	_____	_____
Heat 2 of 6 Timed Finals						
2	Raghda Khaled Abdelhamid	31	Shooting	NT	_____	_____
3	Shorouk Ehab	31	Cairo	NT	_____	_____
4	Noha Moussad Mohamed Ismaiel	33	El Zohour	NT	_____	_____
5	Mena Naser Radwan	33	Heliopolis	NT	_____	_____
6	Maha Hesham Mohamed	31	Shooting	NT	_____	_____
7	Mayar Salah Said Ahmed	30	El Shams	NT	_____	_____
Heat 3 of 6 Timed Finals						
0	Nesma Hussein Embaby	40	Ahly	NT	_____	_____
1	Ghada Salah Omar	41	Ahly	NT	_____	_____
2	Omnia Fakhry	42	Ahly	NT	_____	_____
3	Heba Mamdouh Ali	41	Ahly	NT	_____	_____
4	Riham Maher Loutfy Elsid	40	El Gezira	NT	_____	_____
5	Samaha Yassine Moubarak Ahmed	36	El Shams	NT	_____	_____
6	Nora Fouad Ali Ibrahim	38	Shooting	NT	_____	_____
7	Shaymaa Samy Tawfeik	39	Heliopolis	NT	_____	_____
8	Hebatollah Yahya Abdelrahman Ism:	38	Shooting	NT	_____	_____
9	Reem Sobhyf Hassan	36	Ahly	NT	_____	_____
Heat 4 of 6 Timed Finals						
0	Maha Elmarghany	46	Ahly	NT	_____	_____
1	Mariam Mahmud Mostafa	47	Shooting	NT	_____	_____
2	Mona Mahmoud Rizk	48	El Gezira	NT	_____	_____
3	Hala Amr Moh.Tawfik Abd Elfatah	49	El Gezira	NT	_____	_____
4	Taline Albert Dekermendjian	48	El Gezira	NT	_____	_____
5	Nevein Mahmoud Ali	47	Shooting	NT	_____	_____
6	Monica Elena Bopescu	51	Shooting	NT	_____	_____
7	Rania Sami	53	Sporting	NT	_____	_____
8	Salam Taha Houssein	53	Shooting	NT	_____	_____
9	Heba Hassan Mahmoud	50	Shooting	NT	_____	_____
Heat 5 of 6 Timed Finals						
0	Gehan Abdalla	55	Ahly	NT	_____	_____
1	Nahla Housen Gmal EL Den	57	Heliopolis	NT	_____	_____
2	Noha Mahmoud Deiab	57	Shooting	NT	_____	_____
3	Sherwet Wafaa Moh. Hafez	57	El Gezira	NT	_____	_____
4	May Mohamed Ossman Neiazay	60	Shooting	NT	_____	_____
5	Nazla Faeidalla	64	Ahly	NT	_____	_____
6	Ingrid Wassmann	61	El Gezira	NT	_____	_____
7	Nisren Saad	66	Sporting	NT	_____	_____
8	Omnia Labib Hanna Labib	65	Shooting	NT	_____	_____

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Heat 6 Timed Finals... (Event 31 Women 20 & Over 100 LC Meter Freestyle)

1	Nagwa Yousef Gharab	81	Heliopolis	NT	_____	_____
2	Nageya Salah El Din Zolfakar	81	El Gezira	NT	_____	_____
3	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	_____	_____
4	Nahed Hassan Roshdy	73	El Gezira	NT	_____	_____
5	Omima Hassan Nesim	71	Ahly	NT	_____	_____
6	Inas Elattar Ahm. Anwar Elattar	77	El Gezira	NT	_____	_____
7	Sohair el Attar Ahm. Anwar el Attar	75	El Gezira	NT	_____	_____
8	Nabela Ahmed Sayed Ahmed	87	El Gezira	NT	_____	_____

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Event 32 Men 20 & Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 14 Timed Finals						
2	Sief Mohamed Salah	20	Tanta	NT	_____	_____
3	Rashed Hany Ramadan	21	Rowad	NT	_____	_____
4	Ahmed Moh. Ahm. Abd Elaziz	24	El Gezira	NT	_____	_____
5	Yousef Walid Elbanawy	22	El Gezira	NT	_____	_____
6	Adham Abaza	20	Sporting	NT	_____	_____
Heat 2 of 14 Timed Finals						
0	Abdel Rahman Mohamed Adnan	26	Ahly	NT	_____	_____
1	Amen Saad Kamel	28	Shooting	NT	_____	_____
2	Ahmed Yousef Ahmed Yousef	28	Ahly	NT	_____	_____
3	Seif Mohamed Medhat	29	Ahly	NT	_____	_____
4	Ahmad Magdy Omar Omara	29	Shooting	NT	_____	_____
5	Mostafa Ahmed Solayman	29	Ahly	NT	_____	_____
6	Khaled Ahmed Attia	28	Canal El Suez	NT	_____	_____
7	Mohamed Ahmed Aboelabbas	28	El Shams	NT	_____	_____
8	Mohamed Shreif Mohamed	27	Ahly	NT	_____	_____
9	Ahmed Maghawry	26	Sporting	NT	_____	_____
Heat 3 of 14 Timed Finals						
0	Mohamed Hussein Mohamed	31	Cairo	NT	_____	_____
1	Sherif Samy Ahmed	32	El Zohour	NT	_____	_____
2	Mohammad Hassan Abdelmoneam	32	Shooting	NT	_____	_____
3	Yahia Abdelhalim Mohamed Ahmed	34	El Shams	NT	_____	_____
4	Abdel Hakeim Essam Farag	34	Heliopolis	NT	_____	_____
5	Adham Nagy	34	Sporting	NT	_____	_____
6	Amro Essam Aly Abd El Naby	33	El Gezira	NT	_____	_____
7	Mahmoud Moh. Yosif Mohamed	32	El Gezira	NT	_____	_____
8	Tarek Elsayed Mohamad Zayan	32	Shooting	NT	_____	_____
9	Omar Mohamed Abdelfattah Mohar	31	El Shams	NT	_____	_____
Heat 4 of 14 Timed Finals						
1	Ali Wael Hashem	25	El Shams	NT	_____	_____
2	Nour Eldin Ahmad Elwesemy	26	Shooting	NT	_____	_____
3	Karem Mohamed El Gayar	25	Heliopolis	NT	_____	_____
4	Belal Mosaad Altybe	25	Sporting	NT	_____	_____
5	Mohamed Ahmed Shendy	30	Ahly	NT	_____	_____
6	Ebrahim Mohamad Mokhtar Sator	31	Shooting	NT	_____	_____
7	Omar Abdelmonem Mohmed	31	Cairo	NT	_____	_____
Heat 5 of 14 Timed Finals						
0	Islam Mohamed Teema	35	Canal El Suez	NT	_____	_____
1	Shehab Younis	36	Aero Sports	NT	_____	_____
2	Ahmed Abd Elrehim	37	Sporting	NT	_____	_____
3	Mohamed Yosif Ibrahim Bekhit	38	Smouha	NT	_____	_____
4	Islam Ahmed Abdelaziz	39	Canal El Suez	NT	_____	_____
5	Ehsan Mohamad Goma Mohamed	38	Shooting	NT	_____	_____
6	Mohamed Khaled Ahmed	38	Maadi	NT	_____	_____
7	Adham El-Huseen El-Bassam	36	El Ghaba	NT	_____	_____
8	Amr Saber Abdelgaber	36	Shooting	NT	_____	_____
9	Hosam Mohammad Alghazaly	35	Shooting	NT	_____	_____

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Heat 6 Timed Finals... (Event 32 Men 20 & Over 100 LC Meter Freestyle)

1	Ahmed Abdelrahman Yamani	41	Canal El Suez	NT	_____	_____
2	Mohammad Hesham Gamal Eddin A	42	Shooting	NT	_____	_____
3	Eslam Mahmoud Mohamad	43	Shooting	NT	_____	_____
4	Ahmed Saied Mohmed	43	Cairo	NT	_____	_____
5	Mohamad Ahmad Ezzat Emam	43	Shooting	NT	_____	_____
6	Marko Moheb Mekhaeel Zaky	42	Shooting	NT	_____	_____
7	Karim Mohamed Anwar Eid	41	El Shams	NT	_____	_____
8	Gouzeif Georg Demetry Ghaly	40	El Gezira	NT	_____	_____

Heat 7 of 14 Timed Finals

2	Abdelmoneim Khalaf	45	Sporting	NT	_____	_____
3	Ahmed Nabil Abdel Aziz	46	El Shams	NT	_____	_____
4	Mohamed Sabry Al Hakim	47	El Gezira	NT	_____	_____
5	Sherief Fathe abd Elwahab	47	Cairo	NT	_____	_____
6	Ahmed Ismail Zohny El Hefnawy	46	El Shams	NT	_____	_____

Heat 8 of 14 Timed Finals

0	Karim Mohamed Elsokary	51	Ahly	NT	_____	_____
1	Ahmed Khalil Abdel Hady	52	Ahly	NT	_____	_____
2	Yasser Hamdy Abdel Khalek	52	Maadi	NT	_____	_____
3	Ayman Al Quidy	52	Yacht Alex	NT	_____	_____
4	Mohamad Mohamad Abdel Hamed F	53	Shooting	NT	_____	_____
5	Mohammad Mahmoud Mareiy	53	Shooting	NT	_____	_____
6	Ahmad Aly Mohamad aly Yousef	52	Shooting	NT	_____	_____
7	Nabil Fayez Hanin	52	Shooting	NT	_____	_____
8	Yaser Aseim Mahmoud	51	Heliopolis	NT	_____	_____
9	Ahmad Hassn Abdo Elkhyal	50	Smouha	NT	_____	_____

Heat 9 of 14 Timed Finals

0	Yasser Hussein Fayyad	56	El Shams	NT	_____	_____
1	Ashraf Mohmed Fouad	57	Cairo	NT	_____	_____
2	Osama Nayef Sleem	57	Canal El Suez	NT	_____	_____
3	Mahmoud Safwat Hasan Mohamed	58	El Shams	NT	_____	_____
4	Khaled Hossny Abdel Salan	58	Shooting	NT	_____	_____
5	Hesham Mohamad Elkaluby	58	Shooting	NT	_____	_____
6	Ashraf Hamdy Zeiyada	58	Shooting	NT	_____	_____
7	Mostafa Amer	57	Ahly	NT	_____	_____
8	Walid Mohamed Ibrahim ElSheikh	57	Maadi	NT	_____	_____
9	Zahran Abdel Aziz Zahran	55	Shooting	NT	_____	_____

Heat 10 of 14 Timed Finals

1	Abdalla Mah. Khalil Elnahas	63	El Gezira	NT	_____	_____
2	Sherif Mohamad Mahmoud Hamma	64	Shooting	NT	_____	_____
3	Ahmed Morsy Mostafa Fahmy	64	El Gezira	NT	_____	_____
4	Amr Ahmad Hamed Darwish	64	Shooting	NT	_____	_____
5	Ahmed Mohamed Ibrahim	64	Shooting	NT	_____	_____
6	Essam Elsayed Abdalla	63	Ahly	NT	_____	_____
7	Ahmed Ezz Eldin Moh. Essa	50	El Gezira	NT	_____	_____

Heat 11 of 14 Timed Finals

1	Amr Abd Elfatah	65	Sporting	NT	_____	_____
2	Ahmad Azmy	65	Smouha	NT	_____	_____
3	Samy Wahby Sief	67	Heliopolis	NT	_____	_____
4	Ahmed Ibrahim Edreis	69	Heliopolis	NT	_____	_____
5	Mohamed Yehia Ibrahim Selim	68	Maadi	NT	_____	_____
6	Hesham Fouad Mahmoud	66	Cairo	NT	_____	_____
7	Hossny Hassan Ali	65	Ahly	NT	_____	_____

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Heat 12 Timed Finals... (Event 32 Men 20 & Over 100 LC Meter Freestyle)

0	Montaser Mohamed Awad	70	Ahly	NT	_____	_____
1	Mohamed Kamel Mazen	71	Ahly	NT	_____	_____
2	Moaataz Mohamed Talaat	72	Heliopolis	NT	_____	_____
3	Hany Kamal Nasar	72	Heliopolis	NT	_____	_____
4	Mohamed Mahmoud Abas	74	Shooting	NT	_____	_____
5	Abdel Sameia Abdel Hakim Ahmed	74	Maadi	NT	_____	_____
6	Sherin Mohamed Eltayeb	72	Ahly	NT	_____	_____
7	Mohamad Abdelfattah Mohamad	71	Shooting	NT	_____	_____
8	Alsayed Mohamad Boraei	70	Shooting	NT	_____	_____

Heat 13 of 14 Timed Finals

2	Ramy Ahmed Refaat	75	El Gezira	NT	_____	_____
3	Mohamed Hassan Elkady	76	Smouha	NT	_____	_____
4	Mohamed Abdelfatah	79	Sporting	NT	_____	_____
5	Mohamed Ali Mousa	76	Ahly	NT	_____	_____
6	Youssef Zaki Hussein	75	Ahly	NT	_____	_____
7	Gharib Ahmed Attia	75	Canal El Suez	NT	_____	_____

Heat 14 of 14 Timed Finals

0	Mostafa Ebrahim Mohamad Hussin	80	Shooting	NT	_____	_____
1	Bahgat Mohamed Farag Hamza	81	El Gezira	NT	_____	_____
2	Mostafa Mohamed Rashad	83	Ahly	NT	_____	_____
3	Ehab Shalabi	84	Heliopolis	NT	_____	_____
4	Baheig Boshra Meikhaeil	84	Heliopolis	NT	_____	_____
5	Mosaad Hassan Shehab	81	Shooting	NT	_____	_____
6	Yousef Anwar Ahm. Wahsh	80	El Gezira	NT	_____	_____
7	Mahfouz Gerges Ghabreial	91	Ahly	NT	_____	_____
8	Ahmed Hamada	85	Sporting	NT	_____	_____

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Event 33 Women 20 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 10 Timed Finals						
3	Mariam Essam Mohamad Saber Fari	21	Shooting	NT	_____	_____
4	26066 Mohamed	24	El Ghaba	NT	_____	_____
5	Tasniem Alaa Saber Ahmed	23	El Ghaba	NT	_____	_____
6	Rodaina Wael Mohamed Sobhy	21	Rowad	NT	_____	_____
Heat 2 of 10 Timed Finals						
0	Raneem Mohamed Sayed	25	Ahly	NT	_____	_____
1	Malak Amer El Nady	26	Ahly	NT	_____	_____
2	Hannya Hossam Nabil Ibrahim	27	El Gezira	NT	_____	_____
3	Mariam Reda Mahmoud Elmaghr	27	Smouha	NT	_____	_____
4	Sanna Ashraf Mohamed	29	Cairo	NT	_____	_____
5	Nour Hany Abu Elazm	28	Sporting	NT	_____	_____
6	Mariam Sakr	27	Ahly	NT	_____	_____
7	Maryam Ashraf Abdalla	26	Shooting	NT	_____	_____
8	Merhan Yasser Mohamed Salem	25	El Zohour	NT	_____	_____
9	Farha Ehab Abou El Senoun	25	Heliopolis	NT	_____	_____
Heat 3 of 10 Timed Finals						
2	Shorouk Ehab	31	Cairo	NT	_____	_____
3	Maha Hesham Mohamed	31	Shooting	NT	_____	_____
4	Mona Mostafa Sayed	33	Ahly	NT	_____	_____
5	Wesam Hossam Eddin Ebrahim	33	Shooting	NT	_____	_____
6	Raghda Khaled Abdelhamid	31	Shooting	NT	_____	_____
7	Zena Essam Mohamad Saber Farid	25	Shooting	NT	_____	_____
Heat 4 of 10 Timed Finals						
0	Passant Magdy Mahmoud Moussa	35	El Shams	NT	_____	_____
1	Hoda Hossam Mohammed Mohi	36	El Shams	NT	_____	_____
2	Eniy Mohamad Amr Ezzat Mehrez	37	Shooting	NT	_____	_____
3	Hanan Aly Saad Zaklol ElMaazawy	38	El Gezira	NT	_____	_____
4	Esraa Fathy Mohamad Dakhly	39	Shooting	NT	_____	_____
5	Hebatollah Yahya Abdelrahman Ism:	38	Shooting	NT	_____	_____
6	Nora Fouad Ali Ibrahim	38	Shooting	NT	_____	_____
7	Yasmin Moh. Foad Nassar	37	El Gezira	NT	_____	_____
8	Reem Sobhyf Hassan	36	Ahly	NT	_____	_____
Heat 5 of 10 Timed Finals						
0	Omneya Tarif	40	Sporting	NT	_____	_____
1	Nashwa Moteia Abas	40	Ahly	NT	_____	_____
2	Nevine Alaa	40	Yacht Alex	NT	_____	_____
3	Omnia Fakhry	42	Ahly	NT	_____	_____
4	Yasmin Hamdy	44	Sporting	NT	_____	_____
5	Basant Moh. Ashraf Montaser	44	El Gezira	NT	_____	_____
6	Noha Mohamed Youssef	41	Maadi	NT	_____	_____
7	Nesma Hussein Embaby	40	Ahly	NT	_____	_____
8	Sherouk El Shennawy	40	Maadi	NT	_____	_____

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Heat 6 Timed Finals... (Event 33 Women 20 & Over 50 LC Meter Backstroke)

1	Manal Esam Ahmed	45	Ahly	NT	_____	_____
2	Asma Higazy	46	Sporting	NT	_____	_____
3	Taline Albert Dekermendjian	48	El Gezira	NT	_____	_____
4	Nevein Mahmoud Ali	47	Shooting	NT	_____	_____
5	Nesren Saaddin Alsayed Morgan	45	Shooting	NT	_____	_____
6	Rasha Yousef Moh. Tawfik Abd Elftal	50	El Gezira	NT	_____	_____
7	Rania Sami	53	Sporting	NT	_____	_____
8	Heba Hassan Mahmoud	50	Shooting	NT	_____	_____

Heat 7 of 10 Timed Finals

1	Maha Mohamed Mahmoud Labib	55	El Shams	NT	_____	_____
2	Amal Moh. Abd Elghaffar	57	El Gezira	NT	_____	_____
3	Nahla Housen Gmal EL Den	57	Heliopolis	NT	_____	_____
4	Manal Fawzi Gadalla	59	Heliopolis	NT	_____	_____
5	Sherien Ali Sery	58	Heliopolis	NT	_____	_____
6	Dalia Abdelfattah Ahmed	57	Ahly	NT	_____	_____
7	Nadein Ali Azmy	55	Maadi	NT	_____	_____

Heat 8 of 10 Timed Finals

0	Omnia Labib Hanna Labib	65	Shooting	NT	_____	_____
1	Soaad Shfeik Ahmed Abo Gabal	67	El Gezira	NT	_____	_____
2	Gelan Akl Fawzy	69	Heliopolis	NT	_____	_____
3	Zenab Anwar Al Said Al Kabany	68	Heliopolis	NT	_____	_____
4	Nisren Saad	66	Sporting	NT	_____	_____
5	Ingrid Wassmann	61	El Gezira	NT	_____	_____
6	Maha Mohmoud El Kholy	63	Heliopolis	NT	_____	_____
7	Nazla Faeidalla	64	Ahly	NT	_____	_____
8	Elham Mostafa Esmail	61	Heliopolis	NT	_____	_____
9	Gada Ali Gony	60	El Gezira	NT	_____	_____

Heat 9 of 10 Timed Finals

0	Nageya Salah El Din Zolfakar	81	El Gezira	NT	_____	_____
1	Madiha Sherif	81	Heliopolis	NT	_____	_____
2	Samira Hussein Kamal	82	Ahly	NT	_____	_____
3	Nagwa Yousef Gharab	81	Heliopolis	NT	_____	_____
4	Sahar Mansour	73	Ahly	NT	_____	_____
5	Nahed Hassan Roshdy	73	El Gezira	NT	_____	_____
6	Douriea Ahmed Nazzmy	73	Maadi	NT	_____	_____
7	Nadia Esmail Mohamed	70	Heliopolis	NT	_____	_____

Heat 10 of 10 Timed Finals

3	Nabela Ahmed Sayed Ahmed	87	El Gezira	NT	_____	_____
4	Inas Elattar Ahm. Anwar Elattar	77	El Gezira	NT	_____	_____
5	Sohair el Attar Ahm. Anwar el Attar	75	El Gezira	NT	_____	_____

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Event 34 Men 20 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 11 Timed Finals						
3	Abdelrahman Ayman Sayed	21	Fayoum Club	NT	_____	_____
4	Ahmed Moh. Ahm. Abd Elaziz	24	El Gezira	NT	_____	_____
5	Youssef Amr Mahmoud	22	Rowad	NT	_____	_____
6	Mohamed Samy Mahmoud	20	El Ghaba	NT	_____	_____
Heat 2 of 11 Timed Finals						
0	Farid Tadros Morad Tadros	25	El Gezira	NT	_____	_____
1	Omar Gad Abdelsadek Gad	27	Shooting	NT	_____	_____
2	Amr Tamer Farid Madbouly	28	Shooting	NT	_____	_____
3	Mohamad Sayed Ahmad Elsaify	29	Shooting	NT	_____	_____
4	Mohamed Ali Mohamed Abd Elha	29	Smouha	NT	_____	_____
5	Mohamed Nour Ibrahim	29	Ahly	NT	_____	_____
6	Amen Saad Kamel	28	Shooting	NT	_____	_____
7	Shady Medhat Hassn	27	Ahly	NT	_____	_____
8	Shady Mostafa Wagih	26	El Ghaba	NT	_____	_____
9	Mohamed Khaled El Barawy	25	Ahly	NT	_____	_____
Heat 3 of 11 Timed Finals						
1	Ebrahim Mohamad Mokhtar Sator	31	Shooting	NT	_____	_____
2	Basem Mohmed Baha Eldin	32	Cairo	NT	_____	_____
3	Ahmed Hesham Hosny	33	Smouha	NT	_____	_____
4	Amr Mostafa Kamal	34	Ahly	NT	_____	_____
5	Amro Essam Aly Abd El Naby	33	El Gezira	NT	_____	_____
6	Omar Abdelhamied Radwan	33	El Shams	NT	_____	_____
7	Mohamad Hesham Ahmad Mostafa	32	Shooting	NT	_____	_____
8	Omar Atef Abdel Moghny Ragab	30	Shooting	NT	_____	_____
Heat 4 of 11 Timed Finals						
0	Hosam Mohammad Alghazaly	35	Shooting	NT	_____	_____
1	Amr Saber Abdelgaber	36	Shooting	NT	_____	_____
2	Islam Ahmed Abdelaziz	39	Canal El Suez	NT	_____	_____
3	Mohmed Hossam Eldin Mohmed	37	Cairo	NT	_____	_____
4	Ahmed Mohamed Sayed Mohamady	36	Ahly	NT	_____	_____
5	Gouzeif Georg Demetry Ghaly	40	El Gezira	NT	_____	_____
6	Mohamed Fathy Mohamed	42	El Shams	NT	_____	_____
7	Khaled Mahmoud Elsayed	41	Shooting	NT	_____	_____
8	Mohamed Shafiee Shazly	40	El Shams	NT	_____	_____
Heat 5 of 11 Timed Finals						
1	Ahmed Salah Mohamed	45	Ahly	NT	_____	_____
2	Sheref Wahed Emam	46	Heliopolis	NT	_____	_____
3	Ahmed Nabil Abdel Aziz	46	El Shams	NT	_____	_____
4	Mohamed Abdelhamid Elebiary	49	Ahly	NT	_____	_____
5	Hossam Elden Hussien	48	Cairo	NT	_____	_____
6	Haitham Hazim	46	Sporting	NT	_____	_____
7	Ahmed Ismail Zohny El Hefnawy	46	El Shams	NT	_____	_____
8	Mohamed Wagih Ahmed Elbedewi	45	El Shams	NT	_____	_____
Heat 6 of 11 Timed Finals						
2	Yaser Aseim Mahmoud	51	Heliopolis	NT	_____	_____
3	Ahmed Mohamed Samy Abdel Karin	51	Shooting	NT	_____	_____
4	Mohamed Ibrahim Moussa	53	Ahly	NT	_____	_____
5	Tarek Hassan Bakry	53	Heliopolis	NT	_____	_____
6	Hassam Mohamad Yassin Ebaid	51	Shooting	NT	_____	_____
7	Hany Farouk Mostafa Abelhamed	50	Shooting	NT	_____	_____

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Heat 7 Timed Finals... (Event 34 Men 20 & Over 50 LC Meter Backstroke)

0	Ihab Gamil Labib Salib	55	El Shams	NT	_____	_____
1	Hisham Samy Abdel Khaleik	57	Shooting	NT	_____	_____
2	Ashraf Hamdy Zeiyada	58	Shooting	NT	_____	_____
3	Mohamed Wael Mohamed	59	Smouha	NT	_____	_____
4	Sherif Salah Eldin Mahmoud	58	Shooting	NT	_____	_____
5	Amin Ahmed Amin Amer	58	Ahly	NT	_____	_____
6	Magdy Farouk Fouad Hanna	57	El Shams	NT	_____	_____
7	Essam Elsayed Abdalla	63	Ahly	NT	_____	_____
8	Hany Aziz Sedky	61	Shooting	NT	_____	_____

Heat 8 of 11 Timed Finals

1	Osman Ahmed Ali	65	Ahly	NT	_____	_____
2	Yaser Ahmed Al Maghraby	67	Heliopolis	NT	_____	_____
3	Mohamed Saad Younes	67	Shooting	NT	_____	_____
4	Ibrahim Ahmed Elaidy	68	Canal El Suez	NT	_____	_____
5	Mohamed Ashraf Al Banna	68	El Gezira	NT	_____	_____
6	Samy Wahby Sief	67	Heliopolis	NT	_____	_____
7	Taher Mohamdy Moh. Soleman	66	El Gezira	NT	_____	_____

Heat 9 of 11 Timed Finals

0	Ashraf Elwy Lasheen	71	Smouha	NT	_____	_____
1	Mohamed Kamel Mazen	71	Ahly	NT	_____	_____
2	Atef abd Elghany Abdelgawad	72	El Zohour	NT	_____	_____
3	Moaataz Mohamed Talaat	72	Heliopolis	NT	_____	_____
4	Mohamed Mahmoud Abas	74	Shooting	NT	_____	_____
5	Magdy Elshahir Mamdo Osman	74	Ahly	NT	_____	_____
6	Mohamed Mosaad Fayed	72	Heliopolis	NT	_____	_____
7	Ali Selim Al Halaby	71	Heliopolis	NT	_____	_____
8	Adel Boutrous Zaghlol	71	Heliopolis	NT	_____	_____
9	Alsayed Mohamad Boraiei	70	Shooting	NT	_____	_____

Heat 10 of 11 Timed Finals

2	Gharib Ahmed Attia	75	Canal El Suez	NT	_____	_____
3	Hatem Omar Sedky	76	Shooting	NT	_____	_____
4	Mohamed Abdelfatah	79	Sporting	NT	_____	_____
5	Mohamed Ragy Reda	79	El Gezira	NT	_____	_____
6	Mohamed Hassan Elkady	76	Smouha	NT	_____	_____
7	Montaser Mohamed Awad	70	Ahly	NT	_____	_____

Heat 11 of 11 Timed Finals

1	Marwan Ghazawy	80	Sporting	NT	_____	_____
2	Mosaad Hassan Shehab	81	Shooting	NT	_____	_____
3	Mohamed Salah El Din Mortagy	84	Shooting	NT	_____	_____
4	Ahmed Abdel Baset	82	El Gezira	NT	_____	_____
5	Mohamed Refaat Ahmed Refaat	80	Ahly	NT	_____	_____
6	Mahfouz Gerges Ghabreial	91	Ahly	NT	_____	_____
7	Ahmed Hamada	85	Sporting	NT	_____	_____

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Meet Program - 01-11-2024 Eve

Event 35 Women 20 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
0	Merhan Yasser Mohamed Salem	25	El Zohour	NT	_____	_____
1	Berehan Ali Musad	25	Smouha	NT	_____	_____
2	Mariem Mohmed Saeid	29	Cairo	NT	_____	_____
3	Rafif Hesham Sayed Eid	29	El Shams	NT	_____	_____
4	Selvia George Wadea Kamel	29	Shooting	NT	_____	_____
5	Salma Abd EL Hakeem Mohame	28	El Shams	NT	_____	_____
6	Zena Essam Mohamad Saber Farid	25	Shooting	NT	_____	_____
7	Aya Azz Eldein Abdel Haliem	36	Ahly	NT	_____	_____
8	Nadien Adel Ageb Wasef	36	El Shams	NT	_____	_____
9	Fatma AlZahraa Taha Abdel Hameed	31	Maadi	NT	_____	_____
Heat 2 of 3 Timed Finals						
0	Nadine Adel Kamal Wassfy	40	Maadi	NT	_____	_____
1	Ghada Salah Omar	41	Ahly	NT	_____	_____
2	Nehal Moh. Ahmed Nashed	42	El Gezira	NT	_____	_____
3	Riham Maher Loutfy Elsid	40	El Gezira	NT	_____	_____
4	Soha Chahine	53	Sporting	NT	_____	_____
5	Salam Taha Houssein	53	Shooting	NT	_____	_____
6	Marie Elhage	59	Sporting	NT	_____	_____
7	Nadein Ali Azmy	55	Maadi	NT	_____	_____
8	Samaa Sultan	45	Sporting	NT	_____	_____
9	Noha Farouk	45	Yacht Alex	NT	_____	_____
Heat 3 of 3 Timed Finals						
1	May Mohamed Ossman Neiazzy	60	Shooting	NT	_____	_____
2	Maha Mohmoud El Kholy	63	Heliopolis	NT	_____	_____
3	Douriea Ahmed Nazzmy	73	Maadi	NT	_____	_____
4	Mona Kamel Youseif	70	Heliopolis	NT	_____	_____
5	Nadya Zakareia El Araby	78	El Gezira	NT	_____	_____
6	Inas Elattar Ahm. Anwar Elattar	77	El Gezira	NT	_____	_____
7	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	_____	_____
8	Mona Mostafa Fouda	67	Heliopolis	NT	_____	_____

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Event 36 Men 20 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 8 Timed Finals						
0	Mostafa Mohamed Ramadan	30	Ahly	NT	_____	_____
1	Omar Abdelmonem Mohamed	31	Cairo	NT	_____	_____
2	Mohamed Ebrahim Al Bakaly	34	Shooting	NT	_____	_____
3	Sherif Samy Ahmed	32	El Zohour	NT	_____	_____
4	Moataz Mahmoud abd Elmonem	30	Cairo	NT	_____	_____
5	Ahmed Mohamed Lotfy	26	Ahly	NT	_____	_____
6	Marwan El Amrawy	29	Sporting	NT	_____	_____
7	Omar Hesham Abdel Latif Hassan	27	Cairo	NT	_____	_____
8	Saleh Shady Mohamad Saeed	22	Shooting	NT	_____	_____
Heat 2 of 8 Timed Finals						
2	Mohamad Mostafa Almahdy	35	Shooting	NT	_____	_____
3	Ahmed Abd Elrehim	37	Sporting	NT	_____	_____
4	Ahmed Yousry Moktar	38	Shooting	NT	_____	_____
5	Yousef Hesham Yousef Sayed Gomaa	37	Shooting	NT	_____	_____
6	Amr Mohamed Asaad	36	Zamalek	NT	_____	_____
Heat 3 of 8 Timed Finals						
1	Mohamed Ahmed Mahmoud Hamza	40	El Shams	NT	_____	_____
2	Amr Adel Ibrahim	40	Ahly	NT	_____	_____
3	Mohammad Hassan Abdelatef Qmar	41	Shooting	NT	_____	_____
4	Waleed Ahmed Fouad	43	Shooting	NT	_____	_____
5	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT	_____	_____
6	Hussin Mohamad Ebrahim Badran	41	Shooting	NT	_____	_____
7	Ahmed Emad Mohamed Neihad	40	Heliopolis	NT	_____	_____
Heat 4 of 8 Timed Finals						
3	Haytham Fouad Zaky	45	Smouha	NT	_____	_____
4	Emad El Din Yosef Mostafa	49	Shooting	NT	_____	_____
5	Mohamed Ahmad Hany Yossef	45	Shooting	NT	_____	_____
6	Ali Mohamed Ali Salman	45	El Gezira	NT	_____	_____
Heat 5 of 8 Timed Finals						
1	Ahmad Hassn Abdo Elkhyal	50	Smouha	NT	_____	_____
2	Mohmed ali Mahmoud	52	Cairo	NT	_____	_____
3	Ayman Al Quidy	52	Yacht Alex	NT	_____	_____
4	Waleed Hassan Hussien Zayed	54	Shooting	NT	_____	_____
5	Karim Assem Moh. Abou El Enein	53	El Gezira	NT	_____	_____
6	Yasser Hamdy Abdel Khalek	52	Maadi	NT	_____	_____
7	Nabil Fayeze Hanin	52	Shooting	NT	_____	_____
8	Waleed Mohamad Abden	50	Shooting	NT	_____	_____
Heat 6 of 8 Timed Finals						
0	Zahrn Abdel Aziz Zahrn	55	Shooting	NT	_____	_____
1	Walid Mohamed Ibrahim ElSheikh	57	Maadi	NT	_____	_____
2	Mostafa Amer	57	Ahly	NT	_____	_____
3	Mohamed Farouk Twfeek	58	Smouha	NT	_____	_____
4	Waleed Mahmoud Diab	57	Shooting	NT	_____	_____
5	Ahmed Rashad Mah. Salam	56	El Gezira	NT	_____	_____
6	Tarek Mohamed Soltan	60	Ahly	NT	_____	_____
7	Ahmed Mohamed Ibrahim	64	Shooting	NT	_____	_____
8	Mohamed Ahmed Fouad Abdou	64	El Shams	NT	_____	_____
9	Sherif Mohamed Samy Hassan	60	El Shams	NT	_____	_____

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Heat 7 Timed Finals... (Event 36 Men 20 & Over 800 LC Meter Freestyle)

0	Ahmad Azmy	65	Smouha	NT	_____	_____
1	Hesham Fouad Mahmoud	66	Cairo	NT	_____	_____
2	Amr Abdellateif El Ghayesh	67	Maadi	NT	_____	_____
3	Ragaa Ahmed Taha Maarouf	67	Shooting	NT	_____	_____
4	Ahmed Shafek Ismael Mah.Abd Elm	67	El Gezira	NT	_____	_____
5	Osman Ahmed Ali	65	Ahly	NT	_____	_____
6	Sherin Mohamed Eltayeb	72	Ahly	NT	_____	_____
7	Taher Khaled Mohamed Abou Samm	74	Shooting	NT	_____	_____
8	Ezzeldin Abdelhalim Abdelhamis El	73	El Shams	NT	_____	_____

Heat 8 of 8 Timed Finals

2	Said Ahmed Kamal	80	Ahly	NT	_____	_____
3	Mostafa Mohamed Rashad	83	Ahly	NT	_____	_____
4	Ehab Shalabi	84	Heliopolis	NT	_____	_____
5	Bahgat Mohamed Farag Hamza	81	El Gezira	NT	_____	_____
6	Khamis Eladawy	77	Sporting	NT	_____	_____
7	Karam Mohamed Habieb	77	Heliopolis	NT	_____	_____