

Egypt Swimming National Championship2020-2021 - 4/5/2021 to 4/10/2021

Meet Program - 09-04-2021 Evening

Event 44 Women 16 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 15 Timed Finals						
4	Jana Mohamed Rashad	16	Helwan Club	NT	_____	_____
5	Rahaf Ahmed Esmaeel	16	Zamalek	NT	_____	_____
6	Shaza Wael Mostafa	19	Zamalek	NT	_____	_____
Heat 2 of 15 Timed Finals						
2	Malak Medhat Abdallah	16	Talbeia	NT	_____	_____
3	Ziena Ahmed El Sayed	17	Wadi Degla	NT	_____	_____
4	Jana Khaled Daghsh	18	Smouha	NT	_____	_____
5	Nada Hosam El Said	16	Shooting	NT	_____	_____
6	Malak Wesam Badr	18	Tanta	NT	_____	_____
7	Salma Mohamedf Abdel Salam Moha	17	Heliolido	NT	_____	_____
8	Afrosena Sameh Kamel	16	Hadak Al Ahram	NT	_____	_____
9	Mariam Nasr Ahmed Said	16	15 May	NT	_____	_____
Heat 3 of 15 Timed Finals						
1	Shahd Yasser	19	Smouha	NT	_____	_____
2	aya Moharam Mohamed	17	Talbeia	NT	_____	_____
3	Amira Ahmed Adel Aly	17	El Shams	NT	_____	_____
4	Dalia Ahmed Abdelsalam	17	15 May	NT	_____	_____
5	Hana Tadrous Morad Tadrous	19	El Gezira	NT	_____	_____
6	Razan Ahmed Hosny	17	Wadi Degla	NT	_____	_____
7	Jody Essam	19	Smouha	NT	_____	_____
8	Shery Ashraf Lamie	19	Wadi Degla	NT	_____	_____
9	Mariam Mohamed Osama Mostafa	18	Shooting	NT	_____	_____
10	Nada Khaled Salah	18	Wadi Degla	NT	_____	_____
Heat 4 of 15 Timed Finals						
1	Dareen Mohamed Ahmed	16	Beni Suef Club	NT	_____	_____
2	Menna Allah Mohamed Esmail	16	El Shrook	NT	_____	_____
3	Nour Ayman Abdel Hafeiz	18	Shooting	NT	_____	_____
4	Malak Gamal Matwally	16	El Zohour	1:54.29	_____	_____
5	Rana Walied Mahmoud	18	Zamalek	1:51.38	_____	_____
6	Gana Hesham Rabiaa	16	Ahly	1:51.75	_____	_____
7	Hania Haytham Mahmoud	16	Ahly	2:02.66	_____	_____
8	Roqaya Mahmoud Mohamed mah	16	Zamalek	NT	_____	_____
9	Farah Hassan Rageb	16	A S E C	NT	_____	_____
10	Nour Said Mohamed Abdel Galel	16	Senzo	NT	_____	_____
Heat 5 of 15 Timed Finals						
1	Kenzy AlMoaataz Bdin Alla	16	Ahly	1:44.06	_____	_____
2	Yara Ahmed Nasr	17	Moasasa Riadiah Askaria	1:42.30	_____	_____
3	Gana Mohamed abd el Salam	16	Hadak Al Ahram	1:40.51	_____	_____
4	Rana Rame Ahmed	16	El Mekaweloun	1:39.93	_____	_____
5	Meshkat Mohamed Abdel Aziz	16	Wadi Degla	1:39.71	_____	_____
6	Sawsan Wael Ahmed	16	Al Tersana	1:39.78	_____	_____
7	Arwa Ahmed Huossien	17	Fayoum Club	1:40.46	_____	_____
8	Eman Kamal Mohamed	17	15 May	1:42.04	_____	_____
9	Fayroz Mohamed Farouk	18	Zamalek	1:42.62	_____	_____
10	Joumana Yaser Rifaat	16	Shooting	1:47.12	_____	_____

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Heat 6 Timed Finals... (Event 44 Women 16 & Over 100 LC Meter Breaststroke)

1	Salma Abd Ella Abd Elhameed	16	Talbeia	1:38.31	_____	_____
2	Sama Yaser Mohamed Shafeik	19	Ahly	1:37.91	_____	_____
3	Hanin Ahmed Hassan	17	Ahly	1:37.56	_____	_____
4	Gana Mahmoud ali Agme	16	El Mekaweloun	1:37.38	_____	_____
5	Roujan Ayman Mohamed	17	Talbeia	1:35.36	_____	_____
6	Maram Mohamed Omar	20	Shooting	1:35.87	_____	_____
7	Gana Sayed Shaker	18	Al Tersana	1:37.55	_____	_____
8	Judy Awwad Mohamed	16	El Zohour	1:37.88	_____	_____
9	Sagda Moamen Srour	17	Olympic	1:37.91	_____	_____
10	Iten Hisham Ibrahim	17	Ahly	1:38.44	_____	_____

Heat 7 of 15 Timed Finals

1	Salama Mahmoud Khorshed	17	El Obour	1:34.81	_____	_____
2	Alia Mohamed Soleman	17	Zamalek	1:34.25	_____	_____
3	Salma Samir abd el Azim	16	Al Tersana	1:33.71	_____	_____
4	Amal Atef Ahmed	16	Zamalek	1:33.28	_____	_____
5	Yasmen Samer Mahmoud	18	Ahly	1:33.06	_____	_____
6	Shorok Ahmed Mostafa	19	Shooting	1:33.19	_____	_____
7	Yasmen Mostafa Reyad	19	Ahly	1:33.68	_____	_____
8	Rawan Ahmed Abdelwahab	16	Smouha	1:34.10	_____	_____
9	Merna Adel Elsayed	17	Ahly	1:34.64	_____	_____
10	Laila Khaled Faheem	17	El Mekaweloun	1:35.19	_____	_____

Heat 8 of 15 Timed Finals

1	Donia Ebrahim Ebid	16	Sporting	1:32.16	_____	_____
2	Yara Medhat Mahmoud	19	Zamalek	1:31.56	_____	_____
3	Jana Alaa	16	Sporting	1:31.02	_____	_____
4	Gana Amr Sayed	19	Ahly	1:30.90	_____	_____
5	Nouran Ahmed Hanfy	17	A S E C	1:30.55	_____	_____
6	Hania Sherif Mohamed	16	Ahly	1:30.81	_____	_____
7	Gana Ragab Ramdan	17	Zamalek	1:30.98	_____	_____
8	Yara Waled Saed	16	Tagamoa Heljhts	1:31.48	_____	_____
9	Laila Hassan Mohamed	17	Elethead	1:31.90	_____	_____
10	Malak Islam Mohamed	16	Ahly	1:32.91	_____	_____

Heat 9 of 15 Timed Finals

1	Jana Mohamed Mahmoud	16	El Zohour	1:30.40	_____	_____
2	Wessam Kamal Mohamed	19	15 May	1:30.29	_____	_____
3	Lamar Ebrahim Foaad	16	El Mekaweloun	1:29.87	_____	_____
4	Yasmin Ahmed El Tahlawy	16	Ahly	1:29.70	_____	_____
5	Sara Mohamed Ezzat	16	Heliopolis	1:28.89	_____	_____
6	Reham Amr Basha	16	Tanta	1:29.02	_____	_____
7	Gana Mahmoud Abdel Menaam	16	Royal	1:29.75	_____	_____
8	Rana Walid Ahmed	16	Shooting	1:30.05	_____	_____
9	Gana Ashraf Abd El Hafez Mohamed	16	Shooting	1:30.30	_____	_____
10	Nour Mohamed Fathy	16	Shooting	1:30.54	_____	_____

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Heat 10 Timed Finals... (Event 44 Women 16 & Over 100 LC Meter Breaststroke)

1	Fareh Shiref Hassan Ahmed Azab	16	El Shams	1:28.18	_____	_____
2	Ganna Ahmed Yousof	16	Tanta	1:27.68	_____	_____
3	Salma Said Hanfe	19	Wadi Degla	1:27.53	_____	_____
4	Hana Tarek Fared	18	Shooting	1:26.78	_____	_____
5	Radwa Abdel Mogeid Abdou	19	15 May	1:26.69	_____	_____
6	Lele Mohamed Mostafa	17	Enppi	1:26.71	_____	_____
7	Leina Waled Farouk	18	Shooting	1:27.35	_____	_____
8	Habiba Mohamed Abdallah	17	Wadi Degla	1:27.67	_____	_____
9	Noran Khaled Saad	19	Smouha	1:27.75	_____	_____
10	Wedad Khaled Said Mohamed	19	Zamalek	1:28.76	_____	_____

Heat 11 of 15 Timed Finals

1	Fatma Mohamed Khaled	16	Royal	1:26.56	_____	_____
2	Malak Mohamed Ezzat Al Hadydy	18	6th	1:26.30	_____	_____
3	Haidy Ashraf Farouk	23	El Zohour	1:26.26	_____	_____
4	Farida Tamer Farouk abd ElMonsif	17	El Shams	1:25.92	_____	_____
5	Maia Ashraf Hakam	18	Wadi Degla	1:25.40	_____	_____
6	Nour Amr Ibrahim	20	Sporting	1:25.87	_____	_____
7	Malak Khaled Ahmed Abdallah	16	Wadi Degla	1:26.17	_____	_____
8	Hana Mohamed Ashour	18	Heliopolis	1:26.26	_____	_____
9	Salma Tarek Shehata Ahmed	18	Smouha	1:26.41	_____	_____
10	Rawda Mohamed Mobark Abdel Aze	16	Wadi Degla	1:26.67	_____	_____

Heat 12 of 15 Timed Finals

1	Sandra Medhat Mohamed	16	Ahly	1:24.96	_____	_____
2	Zeina Rafik Elsaady	17	Wadi Degla	1:24.52	_____	_____
3	Nada Ahmed Samer	21	Sporting	1:24.34	_____	_____
4	Malk Mamduh Hammad	18	Heliopolis	1:24.02	_____	_____
5	Maryam Emad Mohamed Elhadid	16	Gezira El Ward	1:23.54	_____	_____
6	Mariam amr Mohamed	16	Wadi Degla	1:23.96	_____	_____
7	Razan Mohamed Beshar Adbel Mota	16	Wadi Degla	1:24.06	_____	_____
8	Renada Ayman Ismail Emam	18	6th	1:24.36	_____	_____
9	Lobna Ahmed Khalifa	17	Bank Ahly Alex	1:24.93	_____	_____
10	Haya Amr Kamal Eldin	18	Heliopolis	1:25.01	_____	_____

Heat 13 of 15 Timed Finals

1	Kanzy Hesham Rashad	18	Shooting	1:23.21	_____	_____
2	Jomana Ehab Shabana	17	Smouha	1:22.66	_____	_____
3	Rewan Sherief Zayan	16	Olympic	1:22.58	_____	_____
4	Ranim Mohamed Wagih	19	Bank Ahly Alex	1:21.94	_____	_____
5	Nadin Ayman Hessien	16	Wadi Degla	1:21.52	_____	_____
6	Alya Mostafa Mohamed	18	Ahly	1:21.84	_____	_____
7	Gana Mohamed Ahmed Salama	16	El Ghaba	1:22.15	_____	_____
8	Rawan Wael	16	Ahly	1:22.61	_____	_____
9	Ro'oya Mashaly	23	Sporting	1:22.76	_____	_____
10	Basmalah Goma Ali	16	Bank Ahly Alex	1:23.31	_____	_____

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Heat 14 Timed Finals... (Event 44 Women 16 & Over 100 LC Meter Breaststroke)

1	Farah Tarik Abdel Fattah	20	El Shams	1:21.37	_____	_____
2	Gana Nasr El Din Ali	17	Sporting	1:20.63	_____	_____
3	Malak Mohamed Haytham Rabeia	19	Shooting	1:20.16	_____	_____
4	Lian Shady Sabry	17	Heliopolis	1:19.08	_____	_____
5	Malak Mohamed Abbas Mohamed	16	Maadi	1:18.76	_____	_____
6	Habiba Hesham Mostafa Hamdy	18	Wadi Degla	1:18.96	_____	_____
7	Toka Ahmed Khalifa Mohame	18	Bank Ahly Alex	1:19.24	_____	_____
8	Laila Ahmed Adel El Kholy	17	Maadi	1:20.18	_____	_____
9	Sara Elhamy Foad Abd El Sallam	16	Maadi	1:20.64	_____	_____
10	Rahma Ahmed Hesham Mohamed M	20	Heliolido	1:21.40	_____	_____

Heat 15 of 15 Timed Finals

1	Goudy Abdelhalem Fathala Z	16	Bank Ahly Alex	1:18.28	_____	_____
2	Shahd Mohamed Ismael	16	Smouha	1:17.60	_____	_____
3	Hana Mostafa Ahmed Hamdy	20	Ahly	1:16.99	_____	_____
4	Hedy Amr Moustafa Hamouda	22	Heliopolis	1:13.93	_____	_____
5	Sara Soliman Said	17	Ahly	1:12.57	_____	_____
6	Rewida Hisham Tolba Ibrahim	26	Ahly	1:13.32	_____	_____
7	Dina Mosaad El Taiybe	18	Sporting	1:16.54	_____	_____
8	Karma Ahmed Nabil	17	Shooting	1:17.28	_____	_____
9	Souhaila Abou El Mgd Ahmed	20	6th	1:18.13	_____	_____
10	Shantal Essam Rimon Nassana	26	El Gezira	1:18.39	_____	_____

Event 45 Men 16 & Over 400 LC Meter IM

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 10 Timed Finals						
1	Ahmed abd el Hady Hassan	16	Zamalek	NT	_____	_____
2	Saif ElDIn Sameh A.Elmoaez	18	Wadi Degla	NT	_____	_____
3	Marawan Ramadan Abdel-Fattah	18	Ahly	NT	_____	_____
4	Ahmed Essam Mohamed	19	Cairo	NT	_____	_____
5	Ali Mohamed Abdel Azeim	21	6th	NT	_____	_____
6	Eyad Osama Ramadan	17	Ahly	NT	_____	_____
7	Aly Shref El Shamy	17	Heliopolis	NT	_____	_____
8	Badr Ali Ahmed	16	Elethead	NT	_____	_____
9	Mohamed Samy Mohamed	24	Ahly	NT	_____	_____
10	Abdel Rahman Hesham Tallat	20	Ahly	NT	_____	_____
Heat 2 of 10 Timed Finals						
1	Belal Maged Soliman	18	Ahly	NT	_____	_____
2	Abdel Rahman Khaled Zakaria	16	Ahly	NT	_____	_____
3	Ahmed Akram Hamdy Mohamed	17	El Nasr Club	NT	_____	_____
4	Ahmed Taher Al Sayed Allam	17	Olympia	NT	_____	_____
5	Ahmed Mohamed Ghobashy	19	Smouha	NT	_____	_____
6	Bahy Mohy Mohamed	17	Zamalek	NT	_____	_____
7	Fathey Ahmed Fathey abd el Fatah	16	Stad Mansoura	NT	_____	_____
8	Ahmed Tamer Mostafa Seed	16	6th	NT	_____	_____
9	AbdAllah Ashraf	19	Smouha	NT	_____	_____
10	Yousef Samy Mahmoud Dawoud	19	Hadak Al Ahram	NT	_____	_____

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Heat 3 Timed Finals... (Event 45 Men 16 & Over 400 LC Meter IM)

1	Ahmed Hazem Akram	16	Wadi Degla	NT	_____	_____
2	Ahmed Hossam abd el Moneam	16	Al Tersana	6:07.05	_____	_____
3	abd Elrahman Saeed Mohamed Ebra	17	Zamalek	5:56.49	_____	_____
4	Ahmed Mohmed Gmal Eprahem	16	6th	5:47.63	_____	_____
5	Mokhtar Emad Abdelhamied	16	Moasasa Riadiyah Askaria	5:46.04	_____	_____
6	Mohamed Ehab Elsaeyd	18	Wadi Degla	5:46.52	_____	_____
7	Mostafa Mohamed Mourad	16	Wadi Degla	5:50.87	_____	_____
8	ezz Elden Marouf Mayaz	16	Al Tersana	5:59.54	_____	_____
9	Youseef Hany Fayez	16	Zamalek	NT	_____	_____
10	Karim Tarek Ibrahim Mohamed	21	Ahly	NT	_____	_____

Heat 4 of 10 Timed Finals

1	Mohamed Mostafa Barka	19	Smouha	5:42.74	_____	_____
2	Youssef Ahmed Taha	17	Zamalek	5:42.04	_____	_____
3	Ali Nader Ali Mohamed	16	Wadi Degla	5:36.55	_____	_____
4	Yasin Mahmoud Mostafa	16	Shooting	5:32.20	_____	_____
5	Mohamed Yasser Mohmoud	16	Zamalek	5:31.19	_____	_____
6	Youssef amr Elsayed Nasr	16	Olympic	5:31.68	_____	_____
7	Yassin Abdalah Abd El Wahab	16	Wadi Degla	5:34.70	_____	_____
8	Mohamed Ahmed Salah	19	Al Hawar	5:37.69	_____	_____
9	Zeyad Amgd Mohamed Kamel	18	Bank Ahly Alex	5:42.26	_____	_____
10	Yousf Aymn Ebrahim Ahmed	16	6th	5:43.72	_____	_____

Heat 5 of 10 Timed Finals

1	Abd El Rahman Mohamed Farouk	16	Shooting	5:28.56	_____	_____
2	Omar Medhat Hassan	18	Ahly	5:26.92	_____	_____
3	Mohamed Tarek Seiam	16	Heliopolis	5:25.48	_____	_____
4	Adham Ahmed Mahmoud	16	Ahly	5:21.31	_____	_____
5	Mohamed Emad Mohamed Mahmoud	17	Al Tersana	5:18.64	_____	_____
6	Yousif Ahmed Hamdy Borham	17	Smouha	5:19.60	_____	_____
7	Feloubater Basem Farouk	19	El Shams	5:23.35	_____	_____
8	Abdla Mohmd Ahmd Ali Almhdi	16	6th	5:25.55	_____	_____
9	Ahmed Amr Magdy	16	Shooting	5:27.78	_____	_____
10	Yehia Mohamed Saad Eldin	16	Wadi Degla	5:28.77	_____	_____

Heat 6 of 10 Timed Finals

1	Abdelrahmanmff Ashraf Mhsen	19	Al Hawar	5:15.13	_____	_____
2	Ahmed Hesham Nageib	18	Zamalek	5:11.92	_____	_____
3	Ahmed Wael Ibrahim	17	Wadi Degla	5:11.53	_____	_____
4	Yousf Mohmed Mdht Mohmed	16	6th	5:10.69	_____	_____
5	Mohamed Hamed Abas Masoud	18	Talbeia	5:10.57	_____	_____
6	Ismael Ahmed Refaat	17	Sporting	5:10.66	_____	_____
7	Ahmed Hesham Mohsen	16	Ahly	5:10.87	_____	_____
8	Omar Mohsen Ramdan AbdElm	16	Smouha	5:11.74	_____	_____
9	Omar Ehab Elfaham	17	Sporting	5:12.89	_____	_____
10	Houssen Talal Houssen Sayd	17	6th	5:18.16	_____	_____

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Heat 7 Timed Finals... (Event 45 Men 16 & Over 400 LC Meter IM)

1	Zeiad Hamdy Amin Ossman	18	Zamalek	5:08.93	_____	_____
2	Nour El-Din Mostafa Mohamed	18	Ahly	5:07.44	_____	_____
3	Mohaned LiwaaEldin Ali	16	Smouha	5:07.00	_____	_____
4	Yosef Amr Ali Emad El Din	19	6th	5:06.32	_____	_____
5	Ahmed Emad Samir Hassan	16	Heliolido	5:04.91	_____	_____
6	Omar Gaber Aly	16	Ahly	5:05.18	_____	_____
7	ali Mohamed Sarwat	16	Heliopolis	5:06.44	_____	_____
8	Omar Ahmed Salem Hamoda	18	Smouha	5:07.04	_____	_____
9	Ahmed Tarek ali Fatehalla	18	Nasr City	5:08.42	_____	_____
10	Mohamed Gamal Ebrahim	18	Wadi Degla	5:09.48	_____	_____

Heat 8 of 10 Timed Finals

1	Ahmed Khaled Moustafa	21	Zamalek	5:04.50	_____	_____
2	Aly Hesham Alkabany	17	Ahly	5:02.43	_____	_____
3	Mohamed Walid Abdel Aziz	16	Elethead	5:01.75	_____	_____
4	Mazin Taha Ebrahim	18	Wadi Degla	5:01.50	_____	_____
5	Omar Ahmed Hassan Ryaan	16	El Shams	5:01.10	_____	_____
6	Youssef Ehab Mostafa	16	Ahly	5:01.31	_____	_____
7	Zeiad Omr Atteia	20	El Ghaba	5:01.74	_____	_____
8	Ahmed Tarek Mohamed	17	Shooting	5:02.17	_____	_____
9	Mooataz Tarek Ibrahim Mohamed	17	Ahly	5:04.17	_____	_____
10	Ahmed Sameh Awad	18	Rowad	5:04.59	_____	_____

Heat 9 of 10 Timed Finals

1	Nour El Din Ayman	16	Sporting	4:59.39	_____	_____
2	Mahmoud Yasser AbdElFatah	18	A S E C	4:59.13	_____	_____
3	Ahmed Mohamed Moharam Elmanz	16	Al Hawar	4:56.09	_____	_____
4	Yousef Mohamed Abdel Halim	17	Wadi Degla	4:53.22	_____	_____
5	Yousef Adel Ramadan	16	El Shams	4:52.34	_____	_____
6	Ali Mohamed Ali Hasan El	16	Bank Ahly Alex	4:53.11	_____	_____
7	Yassin Esam El Din	17	Sporting	4:55.81	_____	_____
8	Omar Sherif Sayed	18	Zamalek	4:57.20	_____	_____
9	Ahmed Ayman Ali Mohamed	16	El Shams	4:59.36	_____	_____
10	Mohamed Ahmed Essam Akl	18	Smouha	5:00.32	_____	_____

Heat 10 of 10 Timed Finals

1	Seif Ahmed Hegazy	17	Ahly	4:47.71	_____	_____
2	Omar Hany Abdalla	19	Ahly	4:43.17	_____	_____
3	Yosef Hany Mohamed	19	Ahly	4:38.94	_____	_____
4	Mohamed Essam Hegazy Mohamed	22	Ahly	4:32.18	_____	_____
5	Yasin Wael Elshmaa	22	Sporting	4:23.87	_____	_____
6	Salah Mohamed Amin	29	Smouha	4:31.38	_____	_____
7	Karem Magdy Ismail	21	Sporting	4:34.72	_____	_____
8	Selim Moh. Ahm. Moktar Hasan	17	El Gezira	4:41.68	_____	_____
9	Mohamed Ashraf Abdel Hay	20	Ahly	4:47.46	_____	_____
10	Ramiz Elsaeyd Abdoh	18	Wadi Degla	4:50.00	_____	_____

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Event 46 Women 16 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 8 Timed Finals						
2	Dina Ahmed Elkharash	18	Smouha	NT	_____	_____
3	Jannah Mohamed Farouk	16	Sporting	NT	_____	_____
4	Farida Tamer Farouk abd ElMonsif	17	El Shams	NT	_____	_____
5	Nada Mohamed Mahmoud Amin	18	Helwan Club	NT	_____	_____
6	Somia Ahmed Mohamed	16	El Ghaba	NT	_____	_____
7	Menatalah Amer Moh. Amer Sharaw	22	El Gezira	NT	_____	_____
8	Habiba Mohamed Younis	17	Wadi Degla	NT	_____	_____
Heat 2 of 8 Timed Finals						
1	Dorra Hesham Sayed Zahran	16	Wadi Degla	NT	_____	_____
2	Sylvia Georges Wadie Kamel	26	Heliolido	NT	_____	_____
3	Jana Mohamed Mahmoud	16	El Zohour	NT	_____	_____
4	Tasnem Mohamed Mohamed Gala	17	Smouha	NT	_____	_____
5	Nouran Mahmoued Mohamed	16	Wadi Degla	NT	_____	_____
6	Jana Khaled Daghsh	18	Smouha	NT	_____	_____
7	Mayar Hassan Ali	18	Ahly	NT	_____	_____
8	Anan Abdelrahman Ahmed	17	Police Club	NT	_____	_____
9	Hania Mohamed Hany Moro	25	Ahly	NT	_____	_____
10	Farida Tharwat Maher	18	Ahly	NT	_____	_____
Heat 3 of 8 Timed Finals						
1	Haidy Hosam Nabil Cotore	22	El Gezira	NT	_____	_____
2	Nouran Mohamed Ali Mohamed	16	Rowad	11:49.47	_____	_____
3	Lina Ahmed Abu El Khair	18	Sporting	11:30.80	_____	_____
4	Mayar Abdelazem Ahmed	16	El Mekaweloun	11:23.71	_____	_____
5	Kenzy amr Ahmed	16	Zamalek	11:07.75	_____	_____
6	Nour Mohamed Abd El Hady	16	Sporting	11:08.27	_____	_____
7	Afrosena Sameh Kamel	16	Hadak Al Ahram	11:23.98	_____	_____
8	Salma Yaser Saad Hassan Houssein	19	Bank Ahly Geza	11:45.25	_____	_____
9	Mariam Hussin Fawzy	19	Smouha	12:17.65	_____	_____
10	Mariam Khaleed Moustafa	19	Zamalek	NT	_____	_____
Heat 4 of 8 Timed Finals						
1	Shado Abd Elaziz Fayez Mohamed	16	El Shams	11:00.74	_____	_____
2	Berehan Khaled Khalaf	16	Wadi Degla	10:57.52	_____	_____
3	Shadwa Shady Mohamed Elhenawy	16	Stad Mansoura	10:44.99	_____	_____
4	Laila Mostafa Beshir	16	Ahly	10:42.55	_____	_____
5	Reem Mohamed Ibrahim	16	Zamalek	10:39.32	_____	_____
6	Jana Hassan Abdel Fattah	16	Wadi Degla	10:39.88	_____	_____
7	Salam Mohamed Hassan Abdel Gawz	19	6th	10:43.27	_____	_____
8	Shorouk Mohamed Belal	17	Ahly	10:49.95	_____	_____
9	Maryem Sobhy abd el Fatah	16	Al Tersana	10:59.49	_____	_____
10	Ziena Ahmed Abo ElKhir	20	Sporting	11:02.52	_____	_____

Egypt Swimming National Championship2020-2021 - 4/5/2021 to 4/10/2021

Meet Program - 09-04-2021 Evening

Heat 5 Timed Finals... (Event 46 Women 16 & Over 800 LC Meter Freestyle)

1	Maya Ahmed Adel Ali	19	El Shams	10:33.18	_____	_____
2	Salma Alaa Mahdy	18	Ahly	10:27.23	_____	_____
3	Salma Waled	17	Smouha	10:25.08	_____	_____
4	Sohila Amr Gamal	19	Ahly	10:23.34	_____	_____
5	Malak Amr Abdel Monaem	19	Zamalek	10:19.64	_____	_____
6	Habeba Maysara Abdelhamed	16	El Mekaweloun	10:19.73	_____	_____
7	Yasmine Yasser Mamdouh	17	Shooting	10:24.99	_____	_____
8	Fareda Yasser Mohamed Abdel Alsla	17	6th	10:26.25	_____	_____
9	Hana Mohie el den Osman	17	Heliopolis	10:30.03	_____	_____
10	Lougin Adel Mohamed	16	Ahly	10:36.65	_____	_____

Heat 6 of 8 Timed Finals

1	Aya Mohamed Osama Taha Hossein	20	Shooting	10:19.01	_____	_____
2	Maya Osama Handosa	17	Al Hawar	10:10.33	_____	_____
3	Merna Mohamed adb Elhady	17	Zamalek	10:07.27	_____	_____
4	Amina Ahmed El Sharkawy	18	Sporting	10:05.22	_____	_____
5	Rodaina Wael Mohamed	18	Rowad	10:02.83	_____	_____
6	Aisha Ahmed Nabil	17	Ahly	10:03.52	_____	_____
7	Sara Ahmed Alsaed Abdow	17	6th	10:05.48	_____	_____
8	Malak Wael Amin	17	Ahly	10:09.45	_____	_____
9	Salma Ahmed ali Mostafa	16	El Ghaba	10:15.28	_____	_____
10	Malak Ahmed Nagy Ali	17	Heliolido	10:19.03	_____	_____

Heat 7 of 8 Timed Finals

1	Yara ali el Koshy	16	Zamalek	9:57.77	_____	_____
2	Marim Mhmod Elsaid Elshik	17	Smouha	9:55.55	_____	_____
3	Shahd Sameh Safouat Shaaban	17	Heliolido	9:50.15	_____	_____
4	Nadin Adam Ahmed Foad Mohamed	18	El Shams	9:47.06	_____	_____
5	Mena Tarek Aly	16	Ahly	9:42.25	_____	_____
6	Gana Emad Gaad Hosny	18	El Shams	9:42.88	_____	_____
7	Retag Ashraf Abdel Naby Amin	19	Ahly	9:49.00	_____	_____
8	Lialy Tamer Nagm	17	Al Hawar	9:51.96	_____	_____
9	Kenzi Magdy Elshahat	16	Elethead	9:55.79	_____	_____
10	Mariam Mohamed ali	17	Pegasus Club	10:00.54	_____	_____

Heat 8 of 8 Timed Finals

1	Kenzy Ibrahim Ibrahim	17	Ahly	9:37.53	_____	_____
2	Mariam Hesham Mohamed	17	Ahly	9:36.54	_____	_____
3	Hana Khaled Samy Hassan	19	Shooting	9:32.59	_____	_____
4	Salma Hany Mostafa Abdelkader	18	Maadi	9:27.62	_____	_____
5	Sandy Ayman Atef	21	Ahly	9:10.98	_____	_____
6	Loujin Abd Alla Slah Zkey	17	Esf	9:18.97	_____	_____
7	Sara Mohamed Bhaa	16	Heliopolis	9:29.43	_____	_____
8	Zaina Mohamed Haitham Hassn	16	Shooting	9:33.51	_____	_____
9	Nada Ahmed Othman	22	Bank Ahly Alex	9:36.97	_____	_____
10	Joudy Mohamed Aly	16	Sporting	9:42.15	_____	_____