

## National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

## Meet Program - 4/4/2026 Evening

## Event 8 Boys 15 &amp; Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 21 Finals</b>				
1	Hazem Husien Idrees	15	OLMPA	59.43
2	Hazem Ahmed Elsayed	15	Sporting	59.36
3	Mohamed Ahmed Mohamec	15	A S E C	59.13
4	Yahia Hani Mohamed Tharv	15	SHOOT	59.08
5	Mansour Mohamed Mansou	15	Palm Hills	59.12
6	Omar Khaled Nabil Shedid	15	AHLY	59.17
7	Selim Mostafa Mohamed	15	AHLY	59.40
8	Ahmed Eslam Abdel Samed	15	SHOOT	59.52
<b>Heat 2 of 21 Finals</b>				
1	Youssef Mohamad Gamal	15	AHLY	58.69
2	Youssef Moataz Mohamed A	15	Wadi Degla	58.54
3	Adam Sherif Mohamed	15	HADAK	58.34
4	Shady Mohamed Abo Shady	15	Elethead	58.20
5	Yousef Hessen Atia	15	OLMPA	58.20
6	Youssef Mostafa ElSayed Me	15	SHOOT	58.34
7	Anas Waled Basuony Ibrahi	15	Bank Ahly Alex	58.63
8	Yehia Mohamed Sherif	15	Sporting	58.88
<b>Heat 3 of 21 Finals</b>				
1	Yousef Ahmed Elsarty	15	AHLY	58.15
2	Yasein Hany Mohamed Kam	15	ZMALK	58.03
3	Yousef Ahmed Elgaml	16	Alaab Damanhour	57.93
4	Yousif Waled Yousif Moham	15	GHABA	57.80
5	Ebrahim Mohamed Ebrahim	15	Olympic	57.84
6	Yasin Ahmed Hamdy	15	HADAK	57.99
7	Ali Ahmed Adel Ibrahim	15	6 OCT	58.13
8	Amr Tamer Alsaad	15	SHRKS	58.17
<b>Heat 4 of 21 Finals</b>				
1	Mohamed Ayman Mokhtar	16	AHLY	57.58
2	Mohamed Fathy Mohamed	16	Olympic	57.54
3	Omar Tarek Abdel Aliem	16	AHLY	57.46
4	Omar Samir Sabry	15	OLMPA	57.40
5	Yassine Essam Sedky	16	BNK.G	57.44
6	Hamza Ahmed Mohamed Sa	15	Wadi Degla	57.51
7	Gasser Mohamed El Said	16	SMOHA	57.58
8	Yahya Hani Ahmed Mohame	16	Olympic	57.67
<b>Heat 5 of 21 Finals</b>				
1	Mohamed Alaa Eldien Moha	15	SHAMS	57.27
2	Yasein Marwan Abdallah	16	ZMALK	57.22
3	Adel Mohamed Laialy	15	Wadi Degla	57.00
4	Amr Ahmed Mahmoud Abo	16	Wadi Degla	56.92
5	Ahmed Ali Hassanain	15	6 OCT	56.99
6	Ali Elkateb	15	Sporting	57.17
7	Mohamed Ahmed Mohsen	16	Pegasus Club	57.23
8	Badr Ahmed Sadat	16	Canal Suez Port	57.28
<b>Heat 6 of 21 Finals</b>				
1	Youssef Dweidar Mostafa	16	Marina Sporting	56.86
2	Yossief Ahmed Wafik Sobhy	15	SHAMS	56.75
3	Anas Awad Algazar	17	OLMPA	56.66
4	Omar Shady Mohamed Saye	16	SHAMS	56.62
5	Yassien Walied Mahmood Ah	16	GHABA	56.62
6	Mahmoud Ahmed Youssef	16	BNK.G	56.71
7	Amr Osama Ibrahim	16	MAADI	56.78
8	Yousef Ahmed Magdy	15	City Club	56.87

## Heat 7 of 21 Finals

1	Youssef Mohamed Khalil	17	Wadi Degla	56.37
2	Ezz Eldein Haytham Ezz Eld	17	SMOHA	56.31
3	Omar Basem Hassan Mohar	17	MAADI	56.23
4	Omar Adel Saeid Hassan	17	ZMALK	56.11
5	Yassin Mostafa Mohamed	17	AHLY	56.14
6	Omar Ahmed Abdelmohsen	16	Alaab Damanhour	56.26
7	Ahmed Hossam Saeied	17	SHOOT	56.33
8	Mohamed Hosam el din Mo	16	Sporting	56.53

## Heat 8 of 21 Finals

1	Omar Mohamed Kamal	19	Al Shehk Zaeid	56.04
2	Ziad Nabil Ahmed Mohamec	19	SMOHA	55.98
3	Ahmed Magdy Mohamed	16	Pegasus Club	55.92
4	Yehia Moamen Hany	16	Wadi Degla	55.71
5	Abdallah Mohmed Abdelfat	17	TANTA	55.80
6	Marawan Wael Mohamed H	16	Gezira El Ward	55.96
7	Hassan Mohamed Hassan T	16	SMOHA	55.99
8	Mohamed Ahmed Ibrahim	17	A S E C	56.05

## Heat 9 of 21 Finals

1	Ahmed Hossam Ahmed Abt	16	AHLY	55.68
2	Adam Ahmed Hussein Ahm	17	ZMALK	55.65
3	Omar Mohamed Kawod	17	Baladyat El Maha	55.50
4	Mazen Mostafa Mohamed A	15	SMOHA	55.43
5	Omar Maged Mahmoud Elg	16	Wadi Degla	55.47
6	Ziad Mohamed Hassan	17	Sporting	55.62
7	Zeyad Saber Abd el Fatah	19	HADAK	55.68
8	Mohamed Ahmed Elswaf	16	SMOHA	55.71

## Heat 10 of 21 Finals

1	Hamza Mohamed Ahmed Al	17	Wadi Degla	55.40
2	Eslam Mohamed Abdelraze	17	6 OCT	55.33
3	Youssef Mohamed Negm	19	Wadi Degla	55.25
4	Ayman Ramy Ibrahim Mors	16	MAADI	55.14
5	Omar Mohamed Ibrahim	19	Wadi Degla	55.20
6	Yassin Akram Ragab Sobih	19	ZOHUR	55.26
7	Ahmed Yasser Mahmoud Sa	18	ZOHUR	55.34
8	Ammar Yasser Farahat	17	MAADI	55.42

## Heat 11 of 21 Finals

1	Yossef Ayman Said	18	GHABA	55.04
2	Ali Hisham Ali	17	SHAMS	54.93
3	Karim Magdy Mohamed	17	ZMALK	54.89
4	Eyad Sherif Hassan	19	Wadi Degla	54.76
5	Adam Kaled Mahmood Samy	15	HELOP	54.84
6	Adham Amr Ahmed ElShar	18	Wadi Degla	54.90
7	Amar Haitham Mohamed Sa	19	SHAMS	54.99
8	Moustafa Maghraby	16	SHOOT	55.08

## Heat 12 of 21 Finals

1	Abdelrahman Mohamed Sai	18	Sporting	54.63
2	Tayem Ahmed Kamal ElAlay	17	SMOHA	54.56
3	Omar Mahmoud Hassan Ela	18	TRSAN	54.50
4	Mohamad Wesam Mohama	18	SMOHA	54.39
5	Tamer Ahmed Ali	18	Elethead	54.44
6	Yehia Mohamed Saad Eldin	21	Wadi Degla	54.53
7	Aly Ahmed Nagy	19	AHLY	54.61
8	Yihia Waled Ahmed	15	Bank Ahly Alex	54.75

## National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

## Meet Program - 4/4/2026 Evening

**Heat 13 Finals (#8 Boys 15 & Over 100 LC Meter Freestyle)**

1	Mohamed Sherif Ahmed Fel	17	SMOHA	54.38	___
2	Omar Abdelaziz Hussain	18	BNKG	54.35	___
3	Yehia Mohamed el Bawab	18	HELOP	54.29	___
4	Abdelrahman Mohamed Ali	17	Elethead	54.24	___
5	Marawan Mohamed Sayed	18	AHLY	54.27	___
6	Ahmed Khaled Farouk	18	HADAK	54.30	___
7	Mohamed Ahmed Salem	22	GHABA	54.36	___
8	Mazen Emad Hamed	19	AHLY	54.39	___

**Heat 14 of 21 Finals**

1	Gaser Khaled Fattouh	17	ZOHUR	54.23	___
2	Yousef Mahmoud Mohamed	20	SHAMS	54.21	___
3	Amar Hazem Zakey Zakarey	18	SMOHA	54.17	___
4	Marwan Mahmoud Moham	15	Olympic	54.09	___
5	Adham Nader Samir Mohan	19	SMOHA	54.17	___
6	Adham Ayman Hussein	17	HADAK	54.20	___
7	Yehia Mohamed Khalil Ibral	16	SMOHA	54.22	___
8	Yassen Osama Yosef Ebrahe	18	SMOHA	54.23	___

**Heat 15 of 21 Finals**

1	Yasen Mohamed Nabil	17	HELOP	54.00	___
2	Omar Tarek Abdel-Rahman	19	AHLY	53.88	___
3	Karim Tamer Rizk	17	AHLY	53.85	___
4	Yasin Hatem Sery	22	HELOP	53.80	___
5	Saleh Hossam El Din Saleh	23	ZOHUR	53.85	___
6	Marwan Ali Mahmoud	18	AHLY	53.86	___
7	Aser Mohamed Mosaad Mol	17	MAADI	53.96	___
8	Ahmed Tamer Gamal Eldin	18	Wadi Degla	54.02	___

**Heat 16 of 21 Finals**

1	Saif Mohamed Mahmoud M	18	SHOOT	53.78	___
2	Ahmed Adel Abdel aal	18	SHOOT	53.74	___
3	Hady Mohamed Foad	20	MRAC	53.70	___
4	Anas Haythm Mohamad Els	18	SMOHA	53.51	___
5	Ziad Tarek Mohamed	20	SHOOT	53.64	___
6	Mohamed Ahmed abd Elmo	19	Wadi Degla	53.72	___
7	Nour Eldin AlaaEldin Abdal	20	6 OCT	53.74	___
8	Eyad Islam Mahmoud Elsaic	17	SMOHA	53.79	___

**Heat 17 of 21 Finals**

1	Anas Mohamed Saad	17	Wadi Degla	53.42	___
2	Mohamed Khaled Mohamec	18	SHOOT	53.30	___
3	Hossam Eslam Ghazy	16	Sporting	53.23	___
4	Zeyad Osama Zedan	20	Bank Ahly Alex	53.20	___
5	Yousif Mohamed Soliman O	21	SMOHA	53.22	___
6	Mohaned Ashraf Mohamed	17	Bank Ahly Alex	53.27	___
7	Adam Mohamed Mahmoud	18	SHOOT	53.33	___
8	Omar Mohamed Ahmed Fat	19	SHOOT	53.47	___

**Heat 18 of 21 Finals**

1	Yehia Karim Nabil Elzawaw	20	SMOHA	52.99	___
2	Omar Mohamed Hassan	18	AHLY	52.84	___
3	SifEldin Hossam Mohamed	22	SMOHA	52.71	___
4	Mohamed Salama Gaber Sal	23	SMOHA	52.46	___
5	Mohamed Walid Azouz	22	AHLY	52.69	___
6	Khaled Abdel Naser Ali	27	SHOOT	52.74	___
7	Ahmed Gamal abd el Hafiz	19	SHOOT	52.87	___
8	Hamza Khaled Mohamed Al	18	Olympic	53.00	___

**Heat 19 of 21 Finals**

1	Ahmad Hatam Ahmed Ahm	21	BNKG	52.25	___
2	Abdelrahman Mahmoud Mc	18	SHAMS	52.20	___
3	Omar Ahmed Eidawoody	19	HADAK	52.16	___
4	Seif Mohamed Mehrez	25	ZOHUR	52.10	___
5	Mohamed Hatem Mohamed	19	HELOP	52.16	___
6	Khaled Wael Sabre Abdelha	19	SMOHA	52.19	___
7	Seif Walaa Antar	21	Wadi Degla	52.25	___
8	Selim Shrif Osama Helmy M	18	GEZIR	52.43	___

**Heat 20 of 21 Finals**

1	Hamza Ahmed Mohamed Al	19	Bank Ahly Alex	52.04	___
2	Eyad Ahmed Zakaria	21	AHLY	51.66	___
3	Zain Akram Ahmed	17	AHLY	51.31	___
4	Abdel Rahman Amr Farag	19	SHOOT	51.07	___
5	Zeyad Gamal Ashry	16	AHLY	51.14	___
6	ali Soliman	17	Sporting	51.65	___
7	Ahmed Hazem Akram	21	AHLY	52.03	___
8	Mohamed Abdalla el Bosati	19	SHROK	52.06	___

**Heat 21 of 21 Finals**

1	Seif Tarek Mohamed Raslan	26	ZMALK	50.79	___
2	Mohanad Yasser Abdelmen	19	SMOHA	50.69	___
3	Mohamed Ayman Abdelsar	19	AHLY	50.35	___
4	Yousif Tarik Reda	24	HELOP	48.77	___
5	Abdel Rahman Sameh Mahr	26	AHLY	49.94	___
6	Yosef Ahmed Shaabn	17	HADAK	50.59	___
7	Mohamed Yaser Omar	21	OLMPA	50.71	___
8	Adam Shref Mostafa	22	HELOP	50.83	___

**Event 9 Girls 15 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 12 Finals**

1	Zeina Amr Hussein	18	AHLY	3:09.06	___
2	Mariam Mohmed abd Elma	19	Cairo	3:05.86	___
3	Rawan Mamdouh Mohamec	17	Kharaya Ms	3:01.48	___
4	Ghena Mostafa Tawakul	17	AHLY	2:58.37	___
5	Goumana Waleid Fathy	17	ZMALK	2:58.60	___
6	Mariam Ahmed Hassan	19	ZOHUR	3:03.77	___
7	Farida Ahmed Abdrabo Aly	18	Olympic	3:06.03	___
8	Mayar Ahmed amr	18	ZMALK	3:13.51	___

**Heat 2 of 12 Finals**

1	Tamara Mohamed Abd Elka	17	HELOP	2:55.24	___
2	Nor Ebrahim Aly	15	HELOP	2:53.75	___
3	Lamis Hossam Eldin	15	ZMALK	2:51.14	___
4	Habiba Essam Wahba	17	Sporting	2:50.71	___
5	Gana Wael Youssef Mahmou	20	Wadi Degla	2:50.77	___
6	Jana Khaled El Sayed	18	Wadi Degla	2:52.68	___
7	Kinda Mostafa Samir	15	ZOHUR	2:53.80	___
8	Hana Ahmed Mohamed	18	Wadi Degla	2:56.82	___

**Heat 3 of 12 Finals**

1	Fatima Hassan Adel	15	Elethead	2:49.74	___
2	Kady Ahmed Sayed	15	Wadi Degla	2:48.63	___
3	Joudy Wael Ahmed	17	6 OCT	2:48.46	___
4	Hania Mohamed Nabil	16	SHOOT	2:48.01	___
5	Lamar Ahmed Mohamed	19	Elethead	2:48.16	___
6	Salma Mostafa Kamel Abou	18	Elethead	2:48.52	___
7	Sreen Eslam gab Allah	16	Sporting	2:48.73	___
8	Nada Ehab Hussein Saeed A	16	GEZIR	2:50.25	___

## National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

## Meet Program - 4/4/2026 Evening

**Heat 4 Finals (#9 Girls 15 & Over 200 LC Meter Backstroke)**

1	Nourhan Sherif SalahEldin	18	Elethead	2:47.37	___
2	Laila Tamer Said	15	HELOP	2:47.09	___
3	Fayrouz Wael Gamal	18	Pegasus Club	2:46.56	___
4	Hala Ahmed Abdelgawad M	16	Wadi Degla	2:45.89	___
5	Lougain amr Saeid	17	ZMALK	2:46.15	___
6	Ayten Mohamed Albrbry	16	Y.M.C.A	2:46.57	___
7	Alya Hany Mohamed	15	Elethead	2:47.23	___
8	Gana Ahmad Shreif	17	TALBE	2:47.62	___

**Heat 5 of 12 Finals**

1	Zena amr Khalid	16	HELOP	2:45.56	___
2	Goumana aly Abdelgafar	17	ZMALK	2:45.10	___
3	Haneen Khaled Mohamed	15	SHOOT	2:44.75	___
4	Zeina Wael Abdel Aziz	17	SHOOT	2:43.45	___
5	Yara Ahmed Mohamed Abd	15	SMOHA	2:44.36	___
6	Jihan Hassan Hamdi	17	Marina Sporting	2:44.87	___
7	Lojain Ibrahim Mohamed S	16	SMOHA	2:45.37	___
8	Rodaina Khaled Mahmoud	17	HELOP	2:45.84	___

**Heat 6 of 12 Finals**

1	Malak Youssef Abdelrahmar	17	SMOHA	2:42.15	___
2	Rodiena Khalid Yousef	15	SHOOT	2:41.88	___
3	Farida Ahmed Esmat	16	AHLY	2:41.25	___
4	Jana Ameen Mohmoud	16	Wave	2:40.88	___
5	Malak Nasr Aldahshan	15	OLMPA	2:40.99	___
6	Habiba Mohamed Ahmed	16	Elethead	2:41.44	___
7	Alya Mohamed Khair Eldin	16	AHLY	2:41.89	___
8	Alaa Ahmed Bahaa El-Din	16	Wadi Degla	2:43.14	___

**Heat 7 of 12 Finals**

1	Layan Mohamed Aziz	15	PETRO	2:40.55	___
2	Habiba Elamier Fiesl	17	SHAMS	2:40.18	___
3	Dareen Ahmad Abdel Waha	15	AHLY	2:39.35	___
4	Mariam Osama Hassan	15	OLMPA	2:39.04	___
5	Login Osama Sayed	16	HADAK	2:39.30	___
6	Jana Wael Ahmed	17	6 OCT	2:40.01	___
7	Talia Mohamed Younis Hou	16	Olympic Champion	2:40.52	___
8	Farida Hossam Ahmed Elha	15	AHLY	2:40.82	___

**Heat 8 of 12 Finals**

1	Roaa Tamer ali	16	Swim Home	2:38.95	___
2	LiLi Karim Alaa EIDin	15	SHOOT	2:38.60	___
3	Halla Wael Mohamed	17	Wadi Degla	2:38.53	___
4	Habiba Ali Ahmed Ebrahim	18	Olympic	2:38.05	___
5	Rumaisa Yaser Mohamed	16	GHABA	2:38.10	___
6	Farida Haitham Mohamed	16	MAADI	2:38.54	___
7	Retag Mohamd Ghareeb	17	SMOHA	2:38.90	___
8	Salma Mohamed Eltokhy	16	AHLY	2:39.00	___

**Heat 9 of 12 Finals**

1	Joudy Emad Ashmawy	16	Sporting	2:37.84	___
2	Roussayl Ahmed Samir Sha	15	SMOHA	2:36.89	___
3	Salma Ahmed Ibrahim	15	Qaroun	2:36.05	___
4	Joudy Ibrahim abd Allha	16	SHOOT	2:35.79	___
5	Hala Osama Fatehy	17	SHOOT	2:35.93	___
6	Shantal Hany Nagy Milad	15	Wadi Degla	2:36.07	___
7	Fayrouz Ehab Osman	15	AHLY	2:36.93	___
8	Goudy Ahmed Hanafy	19	AHLY	2:37.97	___

**Heat 10 of 12 Finals**

1	Nancy Mostafa Ibrahim Mol	18	ZOHUR	2:35.71	___
2	Logain Amir Mohamed	17	Bank Ahly Alex	2:35.36	___
3	Mariem Mohamed Emad Fa	21	MAADI	2:34.69	___
4	Goudy Ahmed Gamil	15	AHLY	2:33.35	___
5	Jasmine Waleed Ibrahim	17	SMOHA	2:34.60	___
6	Farah Mohamed Fekre Most	18	SHRKS	2:35.35	___
7	Retaal Mohamd Ghareeb	17	SMOHA	2:35.60	___
8	Gana Allaeldin Mohamed	18	SHAMS	2:35.76	___

**Heat 11 of 12 Finals**

1	Jana Mowafy Mahmoud Mo	15	SMOHA	2:32.69	___
2	Marem Ahmad Abdelgafar /	18	SMOHA	2:31.90	___
3	Marila Hany Khalil	15	SMOHA	2:31.59	___
4	Jody Mohamed Bassiony	16	Alaab Damanhour	2:30.84	___
5	Yara Kamel Masamer	16	Alaab Damanhour	2:31.01	___
6	Shaza Eslam Adel Yasin	16	AHLY	2:31.89	___
7	Nada Hesham Medhat	17	AHLY	2:32.29	___
8	Rodaina Elsadany	15	ELABD	2:32.91	___

**Heat 12 of 12 Finals**

1	Jana Ahmed Othman Yassin	15	SHOOT	2:29.49	___
2	Karma Ahmed Mohamed	16	HADAK	2:27.70	___
3	Hla Mohamed Naanoush	19	Sporting	2:26.52	___
4	Salma Ahmed Elsaid	18	Gezira El Ward	2:23.97	___
5	Lamar Mohamed Nabil	16	Wadi Degla	2:26.48	___
6	Loujain Hazem Samir Omra	18	ZOHUR	2:27.36	___
7	Jana Mohamed Omar Elderv	20	AHLY	2:28.59	___
8	Fayroz Mohamed Elmtwaly	16	Bank Ahly Alex	2:29.91	___