

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 7/4/2026 Morning

Event 34 Boys 15 & Over 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
Heat 1 of 20 Finals					
2	Abd El Monaem Mahmoud	21	ZOHUR	2:12.03	___
3	Marwan Mohamed Ismail	15	A S E C	2:11.73	___
4	Adam Ahmed Amin	15	A S E C	2:11.41	___
5	AbdelRahman Karim Moha	15	SHOOT	2:11.64	___
6	Yahia Hani Mohamed Tharv	15	SHOOT	2:11.94	___
7	Seif Ekramy Wanns	21	SAS	2:12.18	___
Heat 2 of 20 Finals					
1	Hazem Ahmed Elsayed	15	Sporting	2:10.76	___
2	Ebrahim Mohamed Ebrahim	15	Olympic	2:10.41	___
3	Adam Mohamed Elrashidi	15	Ghazl El Mahala	2:10.24	___
4	Mohamed Mahmoud Elsaee	15	AHLY	2:09.71	___
5	Hazem Husien Idrees	15	OLMPA	2:09.72	___
6	Yousef Ahmed Elsarty	15	AHLY	2:10.41	___
7	Mostafa Mohamed Ibrahim	15	SMOHA	2:10.45	___
8	Malek Ahmed Elsayed	15	SMOHA	2:10.98	___
Heat 3 of 20 Finals					
1	Yassien Ahmed Mohamed M	15	MRAC	2:09.52	___
2	Mohamed Amr Ahmed Sale	15	AHLY	2:08.82	___
3	Ali Elkateb	15	Sporting	2:08.43	___
4	Asser Yasser Farouk Ramad	15	Wadi Degla	2:07.87	___
5	Yassin Waleed Mohamed M	20	Olympic	2:08.34	___
6	Yehia Khaled Ahmed Aboze	15	SMOHA	2:08.54	___
7	Adham Ahmed Hamouda Al	15	Bank Ahly Alex	2:08.98	___
8	Selim Mostafa Mohamed	15	AHLY	2:09.63	___
Heat 4 of 20 Finals					
1	Amr Tamer Alsaad	15	SHRKS	2:07.81	___
2	Omar Maged Mahmoud Elgi	16	Wadi Degla	2:07.76	___
3	Youssef Moataz Mohamed A	15	Wadi Degla	2:07.40	___
4	Yousef Mohamed ElSayed	16	Haras	2:06.81	___
5	Mohamed Mamdoh Abdelfa	16	HADAK	2:07.25	___
6	Hamza Ahmed Mohamed Sa	15	Wadi Degla	2:07.73	___
7	Adam Mohamed Maher	16	Hurghada	2:07.78	___
8	Mohamed Amr Mohamed E	16	ZOHUR	2:07.87	___
Heat 5 of 20 Finals					
1	Ahmed Wael El Shamaa	19	Sporting	2:06.25	___
2	Gasser Mohamed El Said	16	SMOHA	2:06.06	___
3	Yasin Ahmed Hamdy	15	HADAK	2:05.97	___
4	Omar Shady Mohamed Saye	16	SHAMS	2:05.73	___
5	Fares Karm Refaay	18	AHLY	2:05.88	___
6	Adam Sherif Mohamed	15	HADAK	2:05.98	___
7	Mohamed Mahmoud Rafat	15	El Temsah	2:06.24	___
8	Asser Nouman Samir Abdal	15	Al Hawar	2:06.41	___
Heat 6 of 20 Finals					
1	Yassine Essam Sedky	16	BNK.G	2:05.53	___
2	Karim Magdy Mohamed	17	ZMALK	2:05.25	___
3	Yassin Khaled Ahmed Youss	15	6 OCT	2:05.14	___
4	Mohamed Alaa Eldien Moh	15	SHAMS	2:05.07	___
5	Abdala Ahmed Samir Abdo	16	6 OCT	2:05.10	___
6	Omar Hisham Hussien	17	ZOHUR	2:05.17	___
7	Ahmad Nabil Ahmad	17	HADAK	2:05.29	___
8	Yassen Ahmed Mahmoud El	16	ZOHUR	2:05.65	___

Heat 7 of 20 Finals

1	Hamza Mohamed Mohy Eld	16	Wadi Degla	2:04.81	___
2	Mahmoud Tarik Ahmed Elg	19	SMOHA	2:04.78	___
3	Youssef Ramez Mohamed	16	Wadi Degla	2:04.63	___
4	Omar Osama Mohamed	17	AHLY	2:04.50	___
5	Omar Haitham Bahaa	17	Wadi Degla	2:04.52	___
6	Ibrahim Mohamed Ibrahim	15	Elethead	2:04.64	___
7	Eyad Sherif Hassan	19	Wadi Degla	2:04.80	___
8	Omar Mahamed Karam Ali I	18	HELDO	2:04.99	___

Heat 8 of 20 Finals

1	Mohamed Mahmoud Esmail	16	SMOHA	2:04.49	___
2	Eyad Mohamed Abdelstar	19	ZMALK	2:04.13	___
3	Safyelrhan Ebrahim Souli	18	Olympic	2:03.90	___
4	Mahmoud Mohamed Ahme	20	SHAMS	2:03.83	___
5	Yassin Ahmed Nagy	16	AHLY	2:03.87	___
6	Ali Mohammed Elatroush	17	OLMPA	2:04.05	___
7	Ahmed Mohamed Badawy	19	Wadi Degla	2:04.34	___
8	Ezz Eldein Haytham Ezz Eld	17	SMOHA	2:04.50	___

Heat 9 of 20 Finals

1	Zeyad Mohamed Hedaya	18	M.S Tagamoa	2:03.82	___
2	Eslam Mohamed Abdelraze	17	6 OCT	2:03.70	___
3	Yousef Islam	17	Sporting	2:03.58	___
4	Omar Mohamed Kawod	17	Baladyat El Maha	2:03.50	___
5	Adham Ahmed Mohamed	18	SHOOT	2:03.54	___
6	Omar Mohamed Ahmed Fat	19	SHOOT	2:03.65	___
7	Belal Osama Abdelmoneim	15	6 OCT	2:03.75	___
8	Moustafa Maghraby	16	SHOOT	2:03.83	___

Heat 10 of 20 Finals

1	Mohamed Hosam el din Mo	16	Sporting	2:03.47	___
2	Adam Ahmed Yakoub Ahme	17	ZMALK	2:03.22	___
3	Yousef Ahmed Elshabany	16	OLMPA	2:03.04	___
4	Ali Tamer Abbas Marei	16	MAADI	2:03.01	___
5	Yihia Waled Ahmed	15	Bank Ahly Alex	2:03.03	___
6	Ahmed Magdy Mohamed	16	Pegasus Club	2:03.17	___
7	Mostafa Mahmoud Elbosat	19	Wadi Degla	2:03.45	___
8	Youssef Mohamed Saad	16	AHLY	2:03.49	___

Heat 11 of 20 Finals

1	Ali Ahmed El Prince	18	Wadi Degla	2:02.86	___
2	Zein Elabedin Aly Ragb	16	SMOHA	2:02.61	___
3	Rayan Amr Mohamed	17	M.S Tagamoa	2:02.61	___
4	Moamen Khalid Mohamed	21	ZMALK	2:02.54	___
5	Tarek Mohamed Hassan	15	PETRO	2:02.56	___
6	Amar Hazem Zakey Zakarey	18	SMOHA	2:02.61	___
7	Zeyad Mohamed Magdy	20	MAADI	2:02.78	___
8	Youssef Mohamed Khalil	17	Wadi Degla	2:02.92	___

Heat 12 of 20 Finals

1	Hamza Mohamed Ahmed Al	17	Wadi Degla	2:02.48	___
2	Selim Abdallah Mohamed	16	HADAK	2:02.40	___
3	Ahmed Khaled Farouk	18	HADAK	2:01.88	___
4	Adham Nader Samir Mohan	19	SMOHA	2:01.62	___
5	Ahmed Tamer Rabea	19	SHOOT	2:01.72	___
6	Hady Mahmoud Efat	17	Bank Ahly Alex	2:02.05	___
7	Omar Basem Hassan Mohar	17	MAADI	2:02.47	___
8	Mahmoud Walid Mahmoud	16	SHOOT	2:02.51	___

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Heat 13 Finals (#34 Boys 15 & Over 200 LC Meter Freestyle)

1	Mahmoud Haytham Mahmc	18	SHAMS	2:01.51	___
2	Adham Ayman Hussein	17	HADAK	2:01.46	___
3	Ziad Mohamed Hassan	17	Sporting	2:01.00	___
4	Eyad Islam Mahmoud Elsaic	17	SMOHA	2:00.90	___
5	Youssef Ehab Mostafa	21	AHLY	2:00.91	___
6	Nour Eldin Atef El Gabbani	16	Sporting	2:01.39	___
7	Adam Kaled Mahmud Samy	15	HELOP	2:01.50	___
8	Amr Ahmed Mohamed Fath	25	ZOHUR	2:01.57	___

Heat 14 of 20 Finals

1	Yousef Mahmoud Mohamed	20	SHAMS	2:00.85	___
2	Karim Osama Ibrahim Abd	19	MAADI	2:00.76	___
3	Adham Shady Mohsen El Ha	18	ZOHUR	2:00.51	___
4	Amr Osama Ibrahim	16	MAADI	2:00.39	___
5	Yehia Ashraf Farag	19	AHLY	2:00.48	___
6	Saif Mohamed Mahmoud M	18	SHOOT	2:00.68	___
7	Moustafa Essam Wahba	19	Sporting	2:00.80	___
8	Abdelrahman Mohamed Sai	18	Sporting	2:00.85	___

Heat 15 of 20 Finals

1	Amr Zakaria	19	SHOOT	2:00.29	___
2	Mohamed Ibrahim Zakreya	18	A S E C	2:00.10	___
3	Ahmed Tamer Gamal Eldin	18	Wadi Degla	1:59.77	___
4	Abdullah Eldafrawy	18	REHAB	1:59.66	___
5	Ahmed Mohamed Ahmed A	16	AHLY	1:59.71	___
6	Marwan Mahmoud Moham	15	Olympic	1:59.88	___
7	Karim Hesham Moh. Fakry	18	GEZIR	2:00.21	___
8	Hisham Bahgat Mohamed	17	HADAK	2:00.30	___

Heat 16 of 20 Finals

1	Yossef Sherif Ibrahim	20	MAADI	1:59.19	___
2	Zein el den Tamer Mohamed	18	HELOP	1:59.08	___
3	Mohamed Hassan Abd El W	18	MAADI	1:59.02	___
4	Ahmed Hossam Ahmed Abt	16	AHLY	1:58.78	___
5	Mohaned Alaa Mahmud Ali	22	SMOHA	1:58.98	___
6	Yehia Mohamed Khalil Ibral	16	SMOHA	1:59.02	___
7	Karim Ahmed Naser Abdelr	20	SMOHA	1:59.11	___
8	Yehia Mohamed el Bawab	18	HELOP	1:59.31	___

Heat 17 of 20 Finals

1	Yousif Mohamed Soliman O	21	SMOHA	1:58.49	___
2	Tarek Kamel Farouk	23	ZMALK	1:58.37	___
3	Abed Emad Abed	19	TRSAN	1:58.08	___
4	Mazen Emad Hamed	19	AHLY	1:57.75	___
5	Mohamed Amr Nabil	17	Wadi Degla	1:57.78	___
6	Ali Amr Zoalfakar	17	SMOHA	1:58.36	___
7	Marawan Mohamed Sayed	18	AHLY	1:58.44	___
8	Gaser Khaled Fattouh	17	ZOHUR	1:58.61	___

Heat 18 of 20 Finals

1	Anas Mostafa Shaker	18	Wadi Degla	1:57.25	___
2	Ahmed Mahmoud Elhouran	19	AHLY	1:56.97	___
3	Anas Haythm Mohamad Els	18	SMOHA	1:56.85	___
4	Mohamed Tarek Rashad Ab	21	ZOHUR	1:56.03	___
5	Yasen Mohamed Nabil	17	HELOP	1:56.72	___
6	Hamza Ahmed Mohamed Al	19	Bank Ahly Alex	1:56.92	___
7	Adham Amr Mahmoud	17	MAADI	1:57.19	___
8	Nour Eldin AlaaEldin Abdal	20	6 OCT	1:57.59	___

Heat 19 of 20 Finals

1	Ahmed Hazem Akram	21	AHLY	1:55.65	___
2	Omar Karim Galal Samy	19	MAADI	1:55.12	___
3	Mohamed Adel Mohamed M	25	AHLY	1:54.29	___
4	Tarek el Shaer	17	Sporting	1:53.83	___
5	Yosef Ahmed Shaabn	17	HADAK	1:54.08	___
6	Sherief Reda Metwaally	18	ZOHUR	1:55.04	___
7	Mohamed Salama Gaber Sal	23	SMOHA	1:55.13	___
8	Mohamed Abdalla el Bosati	19	SHROK	1:55.67	___

Heat 20 of 20 Finals

1	Seif Tarek Mohamed Raslan	26	ZMALK	1:53.08	___
2	ali Mohamed Sarwat	21	HELOP	1:53.01	___
3	Mohamed Yaser Omar	21	OLMPA	1:51.14	___
4	Mohanad Yasser Abdelmen	19	SMOHA	1:49.90	___
5	Mohamed Ayman Abdelsan	19	AHLY	1:50.31	___
6	Omar Ahmed Eidawoody	19	HADAK	1:52.83	___
7	Eyad Ahmed Zakaria	21	AHLY	1:53.07	___
8	Zain Akram Ahmed	17	AHLY	1:53.61	___

Event 35 Girls 15 & Over 50 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 16 Finals

1	Nour Ayman eid Abdelhami	20	ZMALK	47.31	___
2	Jana Tymour Abdellhamiel	17	Y.M.C.A	44.51	___
3	Karel Rafeek Nader	17	HELOP	43.81	___
4	Norma Joun Zaref	18	M.S.Obour	43.43	___
5	Hana Tamer Samy Mohama	18	SMOHA	43.64	___
6	Karma Hesham Saied	17	HELOP	44.01	___
7	Rana Mohamed Ramdan Ah	19	Olympic	45.08	___

Heat 2 of 16 Finals

1	Aseel Osama Abdelsalam	17	Alaab Damanhour	43.03	___
2	Arwa Tamer Mohy Eldin	20	NASR	42.92	___
3	Karma Ahmad Ebrahim Ab	18	SMOHA	42.56	___
4	Haneen Essam Mohamed	17	GHABA	42.15	___
5	Joudy Mohamed Saied	18	ZOHUR	42.20	___
6	Sagda Mohamed Salah	18	Elethad	42.91	___
7	Nourhan Mahmoud Moham	19	El Obour	42.95	___
8	Swlaf Samer Abdalla Sharar	20	Y.M.C.A	43.16	___

Heat 3 of 16 Finals

1	Logy Aly Abbady	17	Wadi Degla	42.02	___
2	Reem Mohamed Omar Abd	17	El Obour	41.18	___
3	Jasmin Ahmed Kenawi	17	Alaab Damanhour	40.72	___
4	Karma Ihab Ali	18	Wadi Degla	40.58	___
5	Salma Sherief Mohamed Ma	18	Olympic	40.61	___
6	Mariam Ahmed Zahran	19	Sporting	40.74	___
7	Renad Mohamed Rafeek Farc	18	Bank Ahly Alex	41.75	___
8	Lojin Taha Mohamed Taha	17	A S E C	42.04	___

Heat 4 of 16 Finals

1	Nataly Goarge Atif Tawfik	18	Wadi Degla	40.29	___
2	Gody Wael Saeed	15	SMOHA	40.15	___
3	Nour Alaa Samy	17	AHLY	39.98	___
4	Mariam Mohammed Hamdy	21	SHOOT	39.94	___
5	Nefeen Mohamad Amer Tav	18	SMOHA	39.95	___
6	Habiba Mohamed Ahmed	16	Elethad	40.12	___
7	Retag Mohamd Ghareeb	17	SMOHA	40.18	___
8	Rose Rafeek Mohamed	17	Rowad	40.31	___

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Meet Program - 7/4/2026 Morning

Heat 5 Finals (#35 Girls 15 & Over 50 LC Meter Breaststroke)

1	Joud Ahmed Hassan Nasr	15	HELOP	39.90	___
2	Alia Ahmed Mostafa Kamel	15	SHOOT	39.63	___
3	Shadw Mohamed Zikri	16	SHAMS	39.54	___
4	Judy Mohamed Zu El Fakar	16	AHLY	39.47	___
5	Mariam Mahmoud Radwan	16	SMOHA	39.50	___
6	Laila Tawfik Wafik Gomaa	16	GEZIR	39.54	___
7	Tala Feras Mostafa Mohreb	17	SMOHA	39.86	___
8	Malak Abdel Razik Mohame	15	AHLY	39.93	___

Heat 6 of 16 Finals

1	Yossra Mostafa Kamel	19	Elethead	39.31	___
2	Renad Rada Hasan	15	Bank Ahly Alex	39.26	___
3	Nada Ahmed Saber	15	PETRO	39.22	___
4	Jolin Hany Gamal	20	Sporting	39.20	___
5	Marwa Mohamed Hanfy	20	Y.M.C.A	39.20	___
6	Mariam Mohamed Ibrahim	15	Bank Ahly Alex	39.24	___
7	Cady Amr Mohamed	16	SHOOT	39.27	___
8	Sama Hesham Abdel Fattah	16	SHAMS	39.45	___

Heat 7 of 16 Finals

1	Malak Mohamed Fayek Elsa	19	SMOHA	39.15	___
2	Hala Ahmed Fathy	15	OLMPA	39.03	___
3	Nourhan Mohamed Magdy	16	Elethead	38.99	___
4	Afrosena Sameh Kamel	21	HADAK	38.88	___
5	Mona Mohamed Adel Metw	15	Olympic	38.92	___
6	Mariam Hossam Eldin Heus	15	SMOHA	38.99	___
7	Hala Hazem Mohamed Toso	16	GHABA	39.03	___
8	Menna Tallah Kharboush	18	AHLY	39.18	___

Heat 8 of 16 Finals

1	Fareda Ahmed Hosam	16	HELOP	38.84	___
2	Farida Ibrahim	15	Sporting	38.66	___
3	Retal Ahmed Hassan Elsaye	16	City Club	38.53	___
4	Retaj Mohamed Elsayed An	20	SMOHA	38.44	___
5	Goudy Ashour Eid	17	AHLY	38.47	___
6	Kenzy Yasser Dawood	16	TRSAN	38.58	___
7	Malak Mohamed Samier	17	SHOOT	38.75	___
8	Malak Amr	17	SHOOT	38.86	___

Heat 9 of 16 Finals

1	Rama Magdy Mohamed	15	Wadi Degla	38.40	___
2	Sarah Ahmed Helmy	15	Elethead	38.33	___
3	Laila Ossama	17	Sporting	38.26	___
4	Ghada Wael Abdullah	17	PETRO	38.15	___
5	Habiba Moustafa Refaat	19	GEZIR	38.25	___
6	Jannat Hany Hassan Ali	16	SMOHA	38.31	___
7	Farida Mostafa el Barawy	16	Sporting	38.39	___
8	Judy Mohamed Hussein	15	SHOOT	38.41	___

Heat 10 of 16 Finals

1	Haya Mohamed Mahmoud	19	AHLY	38.03	___
2	Salma Nader Magdy	16	REHAB	37.91	___
3	Lara Mohamed Farouk Khal	15	SMOHA	37.87	___
4	Laila Mohamed Fathy	19	SHOOT	37.84	___
5	Nour Mohamed Ahmed	16	AHLY	37.84	___
6	Bessan Ahmed Mahmoud	15	ZOHUR	37.90	___
7	Joner Ehab Latef	17	Olympic	38.01	___
8	Laila Mohamed Magdy	15	REHAB	38.04	___

Heat 11 of 16 Finals

1	Goumana Wael Hosny	19	AHLY	37.73	___
2	Alaa Karem Mohamed Hafe	16	AHLY	37.60	___
3	Lemar Samer Elsaied Anwa	18	SMOHA	37.53	___
4	Zina Alaa Moustafa	15	ZMALK	37.49	___
5	Farida Arafat Mahdy	15	AHLY	37.50	___
6	Khadiga Yasser Fattouh	19	AHLY	37.55	___
7	Jana Hany Mohamed Ewies	17	6 OCT	37.63	___
8	Lyan Mohamed Mahmoud	15	Wadi Degla	37.80	___

Heat 12 of 16 Finals

1	Malak Yasser Elsayed	17	A S E C	37.42	___
2	Raghad Ragab Mohsen Moh	16	Swim Home	37.25	___
3	Tema Mohamed Salem	16	Sporting	37.15	___
4	Maram Hossam Mohamed	16	Wadi Degla	36.84	___
5	Farah El Shazly	15	SHOOT	37.05	___
6	Laila Ahmed Elamrosy	19	MRAC	37.16	___
7	Yomna Gomaa Ali Abdo	17	Bank Ahly Alex	37.37	___
8	Juumana Mohamed Gabr	16	Bitash	37.44	___

Heat 13 of 16 Finals

1	Kenzy Maged Abdel Gawad	17	Wadi Degla	36.63	___
2	Jana Mohamed Ibrahim	15	N.Elnasr SC	36.61	___
3	Malak Mohamed Nagy	19	Sporting	36.55	___
4	Habiba Mohamed Abdelaziz	15	Olympic	36.24	___
5	Jodi Yaser al Khatap	16	SHOBR	36.25	___
6	Farida Ahmed Ibrahim	20	GHABA	36.58	___
7	Ghina Mohamed Salah	16	GHABA	36.61	___
8	Karma Ahmed El Dessouki	15	HELOP	36.72	___

Heat 14 of 16 Finals

1	Salma Tarek Shehata Ahme	23	SMOHA	36.13	___
2	Nada Mohamed Magdy	18	Elethead	36.10	___
3	Jana Sherif Mohamed	17	HADAK	35.87	___
4	Yara Hassan Fathy	19	TWFIK	35.84	___
5	Hana Ahmed Mohamed	15	ZOHUR	35.84	___
6	Ayten Tamer Abdel Azi	15	REHAB	35.90	___
7	Jana Shady Medhat	16	AHLY	36.12	___
8	Zeina Mohamed Darwish	17	SMOHA	36.18	___

Heat 15 of 16 Finals

1	Aisha Yasser Amin	17	AHLY	35.70	___
2	Nour Mohamed aly el Sobky	19	Wadi Degla	35.33	___
3	Gana Nasr El Din Ali	22	Sporting	35.15	___
4	Habiba Mohamed el Hadad	16	Sporting	35.05	___
5	Dana Rafeq Elsaade	18	HELOP	35.05	___
6	Rokaya Saad Mohamed Ade	18	AHLY	35.28	___
7	Jana Mowafy Mahmoud Mo	15	SMOHA	35.45	___
8	Kanzy Hesham Rashad	23	SHOOT	35.76	___

Heat 16 of 16 Finals

1	Mariam Ahmed Abdel Hakn	18	AHLY	34.96	___
2	Hedy Amr Moustafa Hamou	27	HELOP	34.68	___
3	Shahd Mohamed Ismael	21	SMOHA	33.99	___
4	Julie Akram Ahmed	20	AHLY	33.86	___
5	Janat Karem Mohamed Hafi	18	AHLY	33.90	___
6	Mariam Mohamed Soliman	19	Wadi Degla	34.34	___
7	Mariam Mahmoud Ahmed S	17	AHLY	34.76	___
8	Lily Mohamed Negm	15	HADAK	35.04	___