

National Swimming Championship 2025-2026 - 4/4/2026 to 4/10/2026

Meet Program - 9/4/2026 Evening

Event 58 Girls 15 & Over 800 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 11 Finals				
3	Aysel Sameh Mahmoud	18	ZOHUR	11:28.99
4	Mariam Ahmed Hassan	19	ZOHUR	10:59.51
5	Farida Ahmed Fouad	20	Wadi Degla	11:08.07
Heat 2 of 11 Finals				
1	Rodaina Ayman Mohamed	19	AHLY	10:58.87
2	Yara Ahmad Nageb Ahmad	18	SMOHA	10:55.22
3	Iymy Ahmed Galey	15	Baladyat El Maha	10:47.56
4	Mariam Ahmed Zahran	19	Sporting	10:45.94
5	Lamar Hany Shokry Ibrahim	15	6 OCT	10:46.52
6	Malak Mohamed Abou Bakr	19	Wadi Degla	10:55.06
7	Gudy Walied Adly	17	SHAMS	10:55.33
Heat 3 of 11 Finals				
1	Mariam Mohamed Ibrahim	15	Bank Ahly Alex	10:43.44
2	Mena Mossaad Hassan	15	SMOHA	10:37.71
3	Nourhan Sherif SalahEldin	18	Elethead	10:35.96
4	Nada Sameh Elsayed	17	GHABA	10:33.12
5	Lojain Mokhtar Fayez Mokh	15	Pegasus Club	10:33.60
6	Rokaia Ayman Mohamed M	18	ZOHUR	10:35.99
7	Mariam Yasser Mohamed SI	19	AHLY	10:41.26
8	Aya Sameh Said Hafez	15	SMOHA	10:45.31
Heat 4 of 11 Finals				
1	Malak Wael Taher Mohame	15	Al Hawar	10:26.60
2	Hoda Goma Sobhy Mohame	17	SHAMS	10:25.83
3	Farida Ahmed Esmat	16	AHLY	10:25.16
4	Joudy Mostafa Abd Elraouf	16	Elethead	10:23.57
5	Malak Youssef Abdelrahmar	17	SMOHA	10:24.96
6	Malak Mahmoud Elsayed Al	15	6 OCT	10:25.50
7	Rawan Ahmed Mohamed Al	15	6 OCT	10:26.17
8	Aysel Sameh Elsayed	15	GHABA	10:29.57
Heat 5 of 11 Finals				
1	Mariam Sameh Abdelmaks	17	Stad Mansoura	10:22.26
2	Marim Ahmad Samier	17	TALBE	10:20.62
3	Jana Hesham Mohsen	17	SMOHA	10:20.22
4	Karma Ahmed Said	15	MAADI	10:17.25
5	Hana Nasser El Safty	19	SHOOT	10:19.36
6	Maya Mohamed Mostafa	16	Wadi Degla	10:20.35
7	Hana Mohamed Ibrahim	17	Pegasus Club	10:21.28
8	Lojain Mohamed Gamal ali	16	ZMALK	10:23.16
Heat 6 of 11 Finals				
1	Malikah Ahmed Moussa	15	AHLY	10:16.78
2	Yara Adel Anwar Ahmed	16	Wadi Degla	10:14.30
3	Haneen Muhammad Gamal	15	ROYAL	10:12.32
4	Gana Mohamed Abdul Maw	16	SHAMS	10:11.55
5	Tasneem Mohamed Mahros	17	AHLY	10:12.09
6	Rahma Ayman Mohamed	15	Kharaya Ms	10:12.35
7	Jana Adel Shaaban	17	Wave	10:16.40
8	Sedra Karim Mohamed Dar	15	Wadi Degla	10:16.89

Heat 7 of 11 Finals

1	Joudy Emad Ashmawy	16	Sporting	10:11.15
2	Talin Ahmed Mohamed	15	Wadi Degla	10:09.67
3	Maya Mohamad Mahmud H	18	SMOHA	10:03.70
4	Gody Ahmed Moharm	15	El Obour	10:03.36
5	Farida Amr Tarek Zaied	18	ZOHUR	10:03.68
6	Tia Mohamed Maher	16	SHOOT	10:08.61
7	Fatema Tamer Ahmed Saye	19	Wadi Degla	10:10.92
8	Farida Elamir Fessal Bahgat	15	SHAMS	10:11.21

Heat 8 of 11 Finals

1	Fayrouz Ehab Osman	15	AHLY	10:02.18
2	Salma Abdelfatah Saad Abd	16	Gezira El Ward	9:57.60
3	Jannat Safwat Saleh	18	ZOHUR	9:56.77
4	Heba Amr Ali Ahmed	15	SHOOT	9:54.48
5	Fayrouz Mohamed Hussien	18	Pegasus Club	9:55.16
6	Fareda Eslam Ahmed Solim	16	SMOHA	9:56.77
7	Menatalla Morsy	19	SMOHA	9:59.98
8	Leeann Ahmed Zakareya	15	SMOHA	10:03.20

Heat 9 of 11 Finals

1	Sama Wael Ahmed Mohame	16	ZOHUR	9:52.25
2	Salma Mohamed Eltokhy	16	AHLY	9:50.84
3	Khadija Sameh Abd Eihame	17	ZOHUR	9:49.75
4	Dima Khaled Mohamed	18	Wadi Degla	9:47.81
5	Gana Mohamed Yahia	15	AHLY	9:49.19
6	Salma Saad Mohamed	18	SHOOT	9:50.54
7	Diala Mohamed Amin Ali	17	ZOHUR	9:51.86
8	Login Osama Sayed	16	HADAK	9:52.92

Heat 10 of 11 Finals

1	Yasmin Youssef Ali	16	Elethead	9:42.30
2	Sofia Ahmed Khalifa	16	AHLY	9:38.35
3	Rofida Amro Abas	16	OLMPA	9:35.94
4	Zina Ahmed Medhat	18	AHLY	9:34.78
5	Nabila Hassan Ismail	19	OLMPA	9:35.28
6	Sara Ayman Abdelmageed Z	17	ZOHUR	9:36.50
7	Ayten Ahmed Elmanzalawi	17	SHOOT	9:40.84
8	Kenzy Hazem Moneeb	20	HADAK	9:46.93

Heat 11 of 11 Finals

1	Roudaina Samy Mohamed	17	AHLY	9:30.10
2	Farah Tarek	20	AHLY	9:21.13
3	Lamees Amr Mahmoud Elsc	19	AHLY	9:16.04
4	Logain Abdallah Salah	22	AHLY	8:53.47
5	Arwa Faysal Al Sherif	18	AHLY	9:15.27
6	Mariam Mohamed Bakr	18	HADAK	9:17.02
7	Jana Ahmed Othman Yassin	15	SHOOT	9:27.98
8	Noran Mohamed Emad Fah	17	MAADI	9:31.29

Event 59 Boys 15 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 20 Finals				
2	Hamza Mohamed Riad Moh	19	SHAMS	2:41.62
3	Ali Hesham Moh. Fekre Shri	22	GEZIR	2:34.98
4	Youssef Ahmed Ibrahim	20	A S E C	2:32.32
5	Youssef Mostafa Gamal	19	AHLY	2:32.83
6	Marwan Tarek Rashed Abd	19	SHAMS	2:35.05

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Meet Program - 9/4/2026 Evening

Heat 2 Finals (#59 Boys 15 & Over 200 LC Meter IM)

1	Omar Mohamed Hassan Kai	15	Olympic Champion	2:31.41	___
2	Zaid Mohamed Hassan	15	OLMPA	2:30.99	___
3	Mazen Mohamed Hagag Oth	15	Bank Ahly Alex	2:30.48	___
4	Ziad Khaled Mohamed Moa	15	Wadi Degla	2:30.20	___
5	Yousif Hany Abd-elghfar	15	GHABA	2:30.37	___
6	Ryan Mahmoud Sayed	15	Elethead	2:30.60	___
7	Ahmed Faied	15	Baladyat El Maha	2:31.31	___
8	Hazem Ahmed Elsayed	15	Sporting	2:31.87	___

Heat 3 of 20 Finals

1	Yassien Yaser Atef	20	MRAC	2:29.99	___
2	Yassen Gehad AbdelMonem	15	SHOOT	2:28.95	___
3	Hussien El Khashab	15	Sporting	2:28.23	___
4	Yassin Mohamed Abd Elazir	17	ZOHUR	2:28.16	___
5	Adam Ahmed Mohamed	15	Wadi Degla	2:28.21	___
6	Basel Hany Salem	15	ZOHUR	2:28.81	___
7	Yassin Waleed Mohamed M	20	Olympic	2:29.81	___
8	Youssef Mostafa Hamdy	15	AHLY	2:30.12	___

Heat 4 of 20 Finals

1	Omar Khaled Saber Ahmed	15	SMOHA	2:27.90	___
2	Omar Mohamed Hosny	17	HADAK	2:27.36	___
3	Tayem Hossam Eldeen Moh	15	SMOHA	2:26.80	___
4	Aly Ahmed Aly	17	AHLY	2:26.74	___
5	Seif Ehab Abo Meshaal	16	Wadi Degla	2:26.78	___
6	Marwan Ehab Abdelkader	20	ZMALK	2:26.87	___
7	AbdelRahman Karim Moha	15	SHOOT	2:27.86	___
8	Shady Mohamed Abo Shady	15	Elethead	2:28.06	___

Heat 5 of 20 Finals

1	Youssef Waleed Adel	15	Wadi Degla	2:26.56	___
2	Youssef Alaeldin Mohamed	16	Olympic	2:26.35	___
3	Hamza Mohamed Abdelwah	16	Bank Ahly Alex	2:26.22	___
4	Mohamed Mahmoud Esmai	16	SMOHA	2:26.00	___
5	Hamza Walid Abdelaziz	17	Elethead	2:26.10	___
6	Eyad Abdelkereem Mohame	15	SHOOT	2:26.23	___
7	Zein Tallal	17	Sporting	2:26.49	___
8	Adam Sameh Mohamed Kar	17	Bank Ahly Alex	2:26.57	___

Heat 6 of 20 Finals

1	Yassin Khaled Shrif Moham	17	Bank Ahly Alex	2:25.75	___
2	Mohanad Ahmed Mohamed	17	TRSAN	2:25.69	___
3	Abdel Rahman Hany Adel	17	AHLY	2:25.57	___
4	Kamal Mohamed Kamal	18	AHLY	2:25.49	___
5	Eyad Mohamed Yousry	18	Wadi Degla	2:25.54	___
6	Adham Ahmed Hamouda Al	15	Bank Ahly Alex	2:25.63	___
7	Yassin Ahmed Mostafa	16	Wadi Degla	2:25.72	___
8	Loaay Motasem Alaaeldin	19	ZMALK	2:25.78	___

Heat 7 of 20 Finals

1	Adam Ahmed Mohamed Ab	15	Gezira El Ward	2:25.42	___
2	Amr Faisal Mohamed Ahme	17	TRSAN	2:25.31	___
3	Ziad Mohamed Abdelqader	16	ZOHUR	2:25.10	___
4	Adam Hatem Mohamed Mo	17	ZMALK	2:24.97	___
5	Omar Mahamed Karam Ali J	18	HELDO	2:25.07	___
6	Yehia SeifEL din EL Margha	21	SHAMS	2:25.16	___
7	Omar Adel Saeid Hassan	17	ZMALK	2:25.33	___
8	Ahmad Ehab Ebrahim Abde	18	SMOHA	2:25.43	___

Heat 8 of 20 Finals

1	Mazen Ahmed Elsaid Ahme	17	Bank Ahly Alex	2:24.95	___
2	Zyad Hany Mosaad Ramada	16	Al Hawar	2:24.50	___
3	Amr Tamer Alsaad	15	SHRKS	2:24.29	___
4	Zeyad Mohamed Hedaya	18	M.S Tagamoa	2:23.62	___
5	Eyad Mohamed Ali Saleh	16	SHOOT	2:24.05	___
6	Ali Ahmed Adel Ibrahim	15	6 OCT	2:24.40	___
7	Hamza Mohamed Emad	16	Wadi Degla	2:24.68	___
8	Marwan Akaram Rajab Sobc	16	ZOHUR	2:24.95	___

Heat 9 of 20 Finals

1	Ahmed Nader Mohamed	16	Elethead	2:23.25	___
2	Seif Mohamed Saad Baioum	17	Wadi Degla	2:23.20	___
3	Yousef Hessen Atia	15	OLMPA	2:22.43	___
4	Omar Hashem Mohamed	17	Wave	2:22.32	___
5	Ammaar Mohamed Samy	19	ZOHUR	2:22.34	___
6	Yassen Ahmed Mahmoud El	16	ZOHUR	2:23.02	___
7	Omar Mohamedm Hamza O	21	BNKG	2:23.23	___
8	Adham Elsayed Ali	19	Wadi Degla	2:23.43	___

Heat 10 of 20 Finals

1	Youssef Haitham Bahaa Abd	19	Wadi Degla	2:22.22	___
2	Omar Ehab Mostafa	17	AHLY	2:22.05	___
3	Yasien Hytham Fayez	19	Cairo	2:21.90	___
4	Ahmed Mohamed Abd El Ra	17	ZOHUR	2:21.86	___
5	Omar Haitham Bahaa	17	Wadi Degla	2:21.89	___
6	Malek Mohamed Abd Elwar	15	Bank Ahly Alex	2:21.91	___
7	Mohamed Ahmed Zayed	16	Alaab Damanhour	2:22.05	___
8	Ezz Eldein Haytham Ezz Eld	17	SMOHA	2:22.26	___

Heat 11 of 20 Finals

1	Yihia Waled Ahmed	15	Bank Ahly Alex	2:21.78	___
2	Mahmoud Moustafa Abdels	20	HADAK	2:21.13	___
3	Youssef Ahmed Attia	15	ZOHUR	2:20.99	___
4	Moamen Amr Mohamad Ha	18	SMOHA	2:20.93	___
5	Omar Shalaby Mohamad El	17	ZOHUR	2:20.95	___
6	Mo'az Hassan Elsaid Mohan	16	Bank Ahly Alex	2:21.05	___
7	Mansour Mohamed Mansou	15	Palm Hills	2:21.18	___
8	Yazid Mohamed Youssef Ali	16	Olympic	2:21.80	___

Heat 12 of 20 Finals

1	Moustafa Wael Kasem	18	ZMALK	2:20.67	___
2	Ahmed Mohamed Moustafa	16	SMOHA	2:20.36	___
3	Saif Eldin Omar Abdel Latif	18	Pegasus Club	2:20.24	___
4	Abdala Ahmed Samir Abdo	16	6 OCT	2:19.89	___
5	Yousif Gaseer Migahed	19	ZMALK	2:20.23	___
6	Omar Hany Adel Abdelaziz	16	Bank Ahly Alex	2:20.32	___
7	Mostafa Mohamed Jawhar	15	GEZIR	2:20.59	___
8	Yehia Moustafa Abd Elkree	17	N.Elnasr SC	2:20.69	___

Heat 13 of 20 Finals

1	Hussin Mohamed Hussein	15	HADAK	2:19.52	___
2	Adham Ahmed Mohamed	18	SHOOT	2:18.24	___
3	Yassin Mohamed Fawzy	16	AHLY	2:17.74	___
4	Karim Osama Ibrahim Abd l	19	MAADI	2:17.48	___
5	Mohamed Amer Hosny	16	Gezira El Ward	2:17.56	___
6	Anas Mohamed Abdelsid	16	HADAK	2:18.21	___
7	Mohamed Ahmed abd Elmo	19	Wadi Degla	2:18.66	___
8	abd Elrhman Mosad Abosre	18	SHAMS	2:19.88	___

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Meet Program - 9/4/2026 Evening

Heat 14 Finals (#59 Boys 15 & Over 200 LC Meter IM)

1	Ammar Yasser Farahat	17	MAADI	2:17.41	___
2	Mazen Karim Fawzy	15	SMOHA	2:17.18	___
3	Nour Eldin AlaaEldin Abdal	20	6 OCT	2:17.06	___
4	Zein el den Tamer Mohamec	18	HELOP	2:16.86	___
5	Mohamed Ayman Mohamec	17	Bank Ahly Alex	2:16.89	___
6	Khaled Hammad Mohamed	22	Wadi Degla	2:17.11	___
7	Ahmed Yasser Asfour	16	Sporting	2:17.29	___
8	Essa Shref Abd EL Monem	18	HELOP	2:17.44	___

Heat 20 of 20 Finals

1	Youssef Adel Ramadan	21	HADAK	2:07.30	___
2	Farouk Mohamad Elgedely	19	SMOHA	2:06.95	___
3	Zeyad Gamal Ashry	16	AHLY	2:06.56	___
4	Karem Magdy Ismail	26	Sporting	2:04.45	___
5	Moahmed Ahmed Salem Ha	19	SMOHA	2:06.32	___
6	Abdel Rahman Amr Farag	19	SHOOT	2:06.58	___
7	Hamza Moahmed Mhmoud	19	SMOHA	2:06.96	___
8	Yassen Mohamed Abdelgwa	20	Sporting	2:07.88	___

Heat 15 of 20 Finals

1	Adam Mohamed Mahmoud	18	SHOOT	2:16.79	___
2	Zein Elabedin Aly Ragb	16	SMOHA	2:16.75	___
3	Ahmed Elsaeed Kasem	17	OLMPA	2:16.31	___
4	Yossef Ayman Abdalla Moha	18	SMOHA	2:15.83	___
5	Khaled Waleed Adel	17	Wadi Degla	2:16.05	___
6	Youssef Tamer Mohamed H	21	Wadi Degla	2:16.48	___
7	Saif Mohamed Mahmoud M	18	SHOOT	2:16.77	___
8	Amr Zakaria	19	SHOOT	2:16.85	___

Heat 16 of 20 Finals

1	Adham Amr Mahmoud	17	MAADI	2:15.72	___
2	Eyad Mohsen Esmail	19	AHLY	2:15.50	___
3	Adam Bahaeldein Salah	17	SMOHA	2:15.28	___
4	Yassin Ahmed Mohamed Ad	17	HADAK	2:15.05	___
5	Mazen Ahmed Algalgamony	15	SMOHA	2:15.26	___
6	Adam Wagiuh Rawash	16	AHLY	2:15.34	___
7	Adham Mohamed Hassanin	16	Elethead	2:15.57	___
8	Ahmed Samy Hassan	18	AHLY	2:15.75	___

Heat 17 of 20 Finals

1	Yassin Emam Ahmed	16	AHLY	2:14.96	___
2	Hazem Hossam Nady	18	AHLY	2:14.54	___
3	Ahmed Tarek Mohamed	22	SHOOT	2:14.36	___
4	Omar Karim Galal Samy	19	MAADI	2:14.28	___
5	Omar Ahmed Salah	20	AHLY	2:14.36	___
6	Hamza Khaled Mohamed Al	18	Olympic	2:14.42	___
7	Hamza Mohamed Hassan M	18	HELOP	2:14.81	___
8	Hamza Said	17	Sporting	2:14.96	___

Heat 18 of 20 Finals

1	Marwan Mohmed Hamed	19	Cairo	2:13.55	___
2	Malek Mohamed Bazan	19	MAADI	2:13.46	___
3	Abdelrahman Mohamed Ali	17	Elethead	2:12.71	___
4	Omar Ahmed Mohamed	17	Sporting	2:12.41	___
5	Abd El Rahman Hisham Fatl	20	Sporting	2:12.46	___
6	Youssef Abdel Aziz Alaa	20	Wadi Degla	2:13.13	___
7	Yasen Mohamed Nabil	17	HELOP	2:13.47	___
8	Youssef Ehab Mostafa	21	AHLY	2:13.91	___

Heat 19 of 20 Finals

1	Khaled Hesham Ahmed	19	Elethead	2:12.22	___
2	Zein Hisham Hamdy	17	AHLY	2:11.24	___
3	Omar Tamer Ahmed	20	AHLY	2:09.63	___
4	Omar Mohamed Hassan	18	AHLY	2:09.18	___
5	Saied Mohamed Abd Elgaw	23	Sporting	2:09.19	___
6	Abdelrahman Mahmoud Mc	18	SHAMS	2:10.41	___
7	Anas Mostafa Shaker	18	Wadi Degla	2:11.98	___
8	Sohayb Nabel Abdelsalm Za	19	Bank Ahly Alex	2:12.28	___